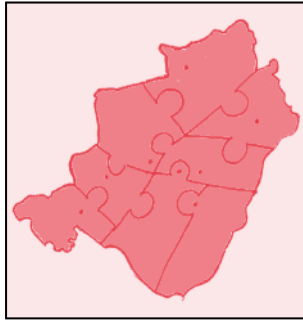


Pieces of Eight



February 2018 Issue 237
News, views and issues
from: Chapel Amble,
Pendoggett, St Kew, St
Kew Highway, Trelill,
Tregellist, Trequite,
Trewethern

Email: stkewmag@gmail.com

FEBRUARY



St James the Great, St Kew

Photograph by David Balmford

Your free guide to news and events within and around St Kew Parish

Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

We can post issues to households outside the parish at a cost of £11.00 per annum.

There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their site*).

Editorial

I do hope you've all had a lovely Christmas and New Year.

Unfortunately the new year gales blew some slates from our roof but luckily no rain came in, this time! All fixed by one of our advertisers early the following morning - it was hardly light when they arrived. Thanks guys!

So many people are unfortunately going down with nasty viruses and flu. Let's hope a cold snap kills all the bugs off.

January is the time we invoice our advertisers for another year. We are pleased to say that we've had some lovely comments from our loyal advertisers saying how many of you use their services. Almost all of them have signed up for another year. Thank you all so much!

We've had some new articles this month which is brilliant - in fact there's not enough room for them all. Next month we will have an article about growing up in the 1920's - life was certainly very different from the experiences of today's children!

Although sadly the Nature Club will no longer be running, Trevor has kindly agreed to contribute a few articles over the year to satisfy your interest in the natural world and environment.

Nicky

The Editorial Team:
Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

*PoE is printed by Parish Magazine Printing,
Northmoor, Whitstone, Holsworthy, Devon, EX22 6TD.
www.communitymagazineprinting.co.uk
01288 341617*

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the March issue is:

Monday 19th February

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Could all contributors please send us your copy or advertisement as soon as possible, ideally **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight! This shows our advertisers that the magazine is *the* place to reach local customers.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied. The magazine does not accept any responsibility for any issues arising from advertisements.

Cornwall Exterior Cleaning



HOMEOWNERS:-

We are a small company specialising in all aspects of external cleaning both for domestic and commercial properties.

We can provide a wide range of cleaning which include gutters, walls, conservatories, paths and driveways.

We use gutter vacs to clear debris and our high reach poles will easily clean over Conservatories.

Our pressure washing is carried out to keep all hard surfaces both clean and safe.

Softwash cleaning is a highly effective cleaning process and is used to clean render, roofs, pebble dash, concrete and brick.

We use a high grade biocide which has long lasting results without damaging the surfaces. In addition, all our cleaning solutions have a low environmental footprint and are user friendly.

All technicians are fully trained and have public liability insurance

ESTATE AGENTS:-

First impressions can be key to successful selling and to ensure this we offer a full external house package to fit your requirements.

LANDLORDS:-

External maintenance is important to keeping your property in good repair – overflowing gutters, mouldy walls need not be a problem as we can look after your property for you.

If you feel that any of our services could be of interest to you please telephone and we would be happy to discuss your requirements.

Mobile – 07921 957356

Or email:

enquiries@cornwallexteriorcleaning.co.uk

12/18



CORNISH COOKER
CONVERSIONS LTD

GET CONNECTED
...ELECTRICKIT

CONVERT YOUR AGA (OTHER RANGES TO FOLLOW) TO ELECTRIC WITH ELECTRICKIT & BENEFIT FROM

- **DRASTICALLY REDUCED AGA RUNNING COSTS**
- **WARM IN WINTER, COOL IN SUMMER**
- **INDEPENDENT HOB AND OVEN CONTROL**
- **SPECIFIC OVEN TEMPERATURES TO SUIT YOUR RECIPE**
- **PROFESSIONAL INSTALLATION**

WE CAN ALSO HELP WITH OIL SERVICING & REPAIRS

PLEASE CALL ALAN OR ELIZABETH ON 01208 812272

www.ccconversions.co.uk

12/18



North Cornwall Pest Solutions

Controlling in your area

- Ants**
- Cockroaches**
- Fleas**
- Flies**
- Moths**
- Moles**
- Rabbits**
- Rodents**
- Wasp/Hornets**

BPCA Level 2 in Pest Management

24hr call out

Fully insured

07770677029

finnmore2000@aol.co.uk

Prompt, Discreet, Friendly Service



St Kew Highway
Tel: 01208 841470

St Pirans Garden Services

Hedge Cutting/Pruning

Strimming/lawn mowing

All aspects of home and garden maintenance

No Job too big or too small

Fully insured

01208 221397

Would you prefer to have a FEMALE to do your Painting &

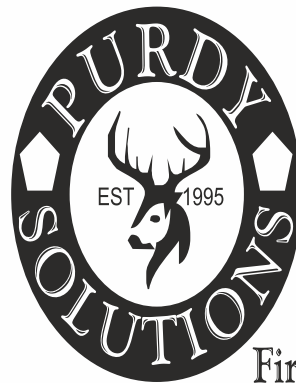
- can also Maintain your Garden & Power Wash your Patios, Decking, Walls, Driveways etc. with a Pressure washer

For free quote 'Phone:

07754 346457



Your first step in property preservation and maintenance



- Carpentry ◆
- Property Care ◆
- Kitchens ◆
- Bathrooms ◆
- Vinyl Flooring ◆
- Fire Door Maintenance ◆

T: 01208 841 528
M: 07816 899 649

E: jandbathome@aol.com

Working in association with



CONSTRUCTION SKILLS CERTIFICATION SCHEME

Aunt Avice's Pasty Shop

REAL CORNISH PASTIES HOMEMADE EVERY DAY (except Sundays)

**FEELING HUNGRY?
JUST CAN'T WAIT?
COME TO AUNT AVICE'S
THEY'RE ALWAYS FRESH BAKED!**

WE ARE AT UNIT 1, ST KEW SERVICES,
ST KEW HIGHWAY. TELEPHONE ORDERS
WELCOME: 01208 841895 OR 841740 (HOME)

THESE ARE "THE REAL THING"

12/18

Garden Services



Clearing
Grass Cutting
Hedge Trimming
Hedge Laying
Tree Work
etc...

**Stephen Lambert
CALL:
01208 850241
07891 828313**

12/18



We use local suppliers where possible eg.

- *Barnecutt's fresh bread, cakes, pasties.
- *Button's meats.
- *Tinten potatoes.
- *St Kew Biscuits.
- *Trewithen Dairy products.
- *Local Preserves & Honey.

STCS

St Tudy Community Shop and Post Office

Monday to Friday 8am – 6pm
Saturday 8am – 2pm
Sunday 9am – 12 noon
Deliveries can be arranged
TRY US FIRST !!!

12/18

We stock fresh fruit and veg all delivered daily. Orders for fresh fish. Off Licence. Newspapers & Magazines Our own "brand" of dry goods as well as well known ones. We sell eggs, stamps, stationery, sweets, toiletries, coal, frozen food. **And lots more!**

12/18

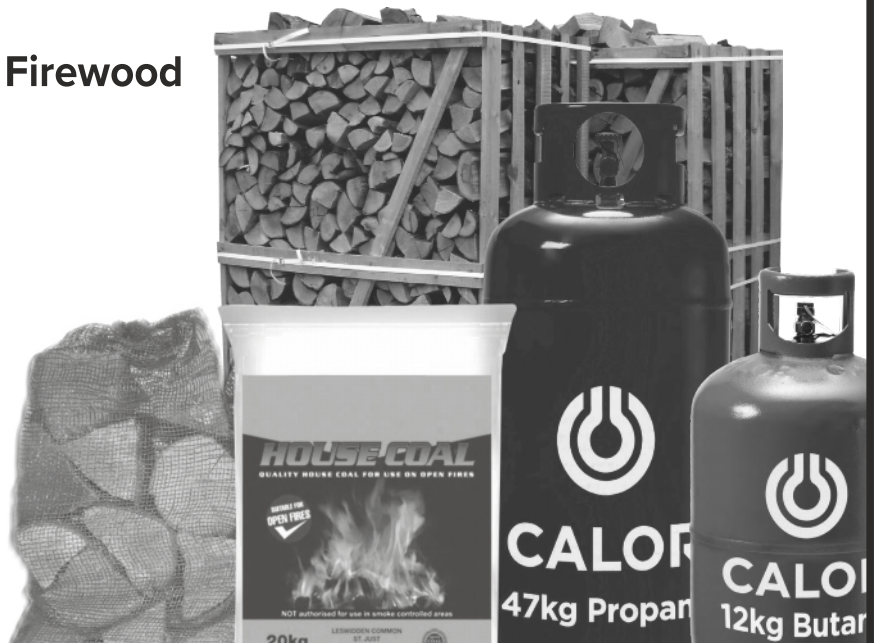


- Kiln Dried & Seasoned Firewood
- Coal & Smokeless Fuel
- Calor Bottled Gas
- Free Delivery
- Free Installation
- No Contracts

Great Regular-Reliable Service From a Cornish Family Owned Business.



CALOR



01208 816827

sales@loganslogs.co.uk
www.loganslogs.co.uk

All the news and highlights from St Kew School – but don't forget, you can keep up with all the school antics in our weekly newsletters, published on our website: www.st-kew.cornwall.sch.uk

THE END OF ONE AND THE START OF A NEW



After a showing of the many talents the children at school have in their Christmas Production of 'Porridge' and the Nativity 'Born in a Barn', we have moved on to...

NEW YEAR BEGINNINGS

At the beginning of 2018, the children have been thinking about the 'Next Steps' in their learning by writing a 'Resolution' for our Next Steps Tree Display. They have been incredibly honest and we look forward to the pleasure of teaching them how to accomplish their goals! The Topics studied in each of the classes this term are:

The **Pre-School** children are learning all about 'Stories' and the things they can learn from these. So far, they have been looking at the Three Little Pigs and have been building straw, stick and brick houses in their construction site.

Class 1 will also be inspired by 'Stories' this term in order to help them to learn more about their environment, everyday materials and other cultures.

Class 2 will go to 'Ancient Civilisations' with a trip to Ancient Egypt where they will be looking at how people lived in 'the olden days'. In **Class 3**, 'Has there ever been a better time to live here?' has been the question to kick start the term with a focus on the Endelienta Story Box project. They have been working with members of the community to make it an inter-generational project utilising the knowledge of 'older' locals!

OUTDOOR LEARNING

We have been working hard on creating more outdoor learning opportunities for the children and Class 3 have been creating shelters with natural

materials. Their brief: it must protect the inhabitants from the elements – some good examples are shown below!



DO YOU HAVE GREEN FINGERS?

Pete Homans, our volunteer gardener, has decided that it is time for him to retire and will be finishing working with the children at St Kew in February. We have two polytunnels and many vegetable patches that we would like to continue to grow plants in but we are in need of volunteers to help us to continue in this venture. We would like to grow flowers, fruits and vegetables to supply both the school kitchen and create our own school shop. If you have the time, and would like to help the children continue to create a kitchen garden by volunteering at school, please contact Rachel Murray, Head of School via the school office or by email on rachelm@st-kew.cornwall.sch.uk

Please note: you will be required to complete a DBS check before working with the children.

AFTER SCHOOL CLUBS

We are always looking for ways to further enhance the opportunities for the children after school and would like to know if there are any hidden talents out there in our local community members? If you would like to pass your skills and knowledge onto the next generation, we would love to hear from you! *Please note: the same DBS requirements as stated above apply here also.*

Julie's
MOBILE CATERING VAN



Contact Julie on 01566 781339 or 07572 412421
juliewalters@uwclub.net Join us!  Julies-Catering-Van

Pulled Pork, Burgers, Bacon, Hot Dogs, Chips, Homemade
Coleslaw, Wraps, Hot & Cold Drinks, Extras: Cheese,
Mushrooms & Eggs
Available for any event

Geoff, Karen and the team welcome customers
old and new to the
The Cornish Arms, Pendoggett



A 16th Century Inn

Open all day every day from 11:30 a.m
offering Real Ales, Good Wines, and a large selection of
Gins, Craft beers & Lagers plus Cornish Ciders

Our Quality Pub Food is served everyday from 12 noon to 2.30 p.m & 5.30 p.m to 8:30 p.m.

A Sunday lunchtime roast is also available

A smaller appetite 2 course lunch menu Monday -Thursday for £7.95

Monday-Thursday evening 2 MAIN COURSE FOR £15 (excludes steaks)

Friday-Sunday evening a FREE BOTTLE OF HOUSE WINE with any two main courses

Free Parking • Beer Garden • 7 En-suite rooms • Free Wi-Fi

Well behaved dogs and children are welcome.

Please see our website for details of our live music events.

T: 01208 880335 or email: contact@cornisharmspendoggett.co.uk

Website: www.cornisharmspendoggett.co.uk

CHILDREN'S CORNER

Colour both pictures in



VALENTINES DAY IS ON THE 14th FEBRUARY EVERY YEAR
CHINESE NEW YEAR IS ON THE 16th FEBRUARY THIS YEAR

WOMEN'S WORLD DAY OF PRAYER (International and Interdenominational)

All God's Creation is Very Good!

The interdenominational movement of the Women's World Day of Prayer invites everyone to attend one of over 5,000 services being held on **Friday 2nd March** with the title 'All God's Creation is Very Good!'

We will join an estimated 3 million people around the world that day in a service which has been written this year by the women of Suriname in South America. Starting in Samoa as the sun rises, and ending as the sun sets off the coast of American Samoa, the service will have been translated into more than 95 languages and 1000 dialects as we are reminded that we have responsibilities in caring for this wonderful world we live in.

With its vast rainforests and wealth of resources, Suriname asks us to pray for conservation and the protection of wildlife, through an awareness of pollution, misuse and abuse, as well as for the situation in Suriname and concerns for the future.

This is not simply a day of prayer for women, but for everyone who cares about our world and those who live in it.

Our service will be held in St James the Great Church, St Kew at 2.30pm

Fairtrade goods will be available to buy.

ST KEW NATURE CLUB



It is with regret that I must announce that St Kew Nature Club will end. Due to restrictions on parking on the grass at Tregellist it is no longer practicable to meet.

I would like to take this opportunity to thank everyone who has supported the club over the last 20 years. There is a whole generation of young people who have had an opportunity to appreciate the wonderful environment we share in St Kew.

That environment will remain wonderful, and I hope you continue to enjoy it.

Trevor Renals

12/18

Clearview Solutions

Offering the latest environmentally friendly water fed pole cleaning service for windows and frames conservatories fascias / soffits Guttering Caravans / motorhomes Decking Patios Pathways Algae removal Biocidal treatments etc just call Rob to arrange a visit and no obligation quote

07875639548

St Kew 01208 841653



BREAKFAST. LUNCH. SUNDAY ROAST. CREAM TEAS. HOME MADE CAKES. CELEBRATION CAKES. ICE CREAM. HOME PRODUCED BEEF, LAMB & FREE RANGE EGGS. FRESH FRUIT AND VEG. LOCAL BREAD & CHEESES. GIFTS & CRAFTS.

Shop and Restaurant

Re-opening Friday 9th February

7am.. Open 7 days a week

Bookings now being taken for Mothering Sunday

WINTER WARMER LUNCH

2 course lunch including tea or coffee only..£9.95

Offer available daily 9th -28th February excluding Sundays.

Don't forget we serve Breakfast 9am-11am, Lunch 12noon-3pm. Coffee, tea, homemade cakes,ice cream etc served all day.

Pop in -you will be sure of a warm welcome- open every day!!




Book now for our **Traditional Sunday Roast**, choice of meats including home produced Beef followed by a selection of homemade desserts.

Booking essential!

Tel: 01208 880164. www.trevathanfarm.com

CHILDRENS PLAY AREA. RIDE-ON TRACTORS AND

DIGGERS. PETS CORNER...

Find us on the B3314 at St Endellion. Follow us:   

12/18

AUTOTEC

ST KEW HIGHWAY

PL30 3ED

MOT CENTRE

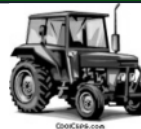
full diagnostics

Servicing & repairs

Tyres

01208 841238

PROPRIETOR - A. EDDY autotec_stkew@aol.co.uk



KEN GODDEN Contractors



Lawn Mowing - Fencing - Rustic Stonework

Tractor and Hedgetrimmer - Landscaping

Pasture Topping - Paddock Maintenance

Hay Making - Slurry Spreading - Bale Wrapping

Square/Round Baling - Rolling

07968 481520 / 01208 850743

12/18

ST KEW GOLF CLUB



- ★ PAY AND PLAY
- ★ Challenging 9hole/18 tee (Par 64)
- ★ Covered driving range
- ★ Pro Shop & Professional Tuition
- ★ Club Hire ★ Coffee Lounge

2½ miles from Wadebridge on main A39 towards Camelford

St Kew Golf Club, St Kew Highway, Bodmin, Cornwall PL30 3EF. Tel/Fax: (01208) 841500

12/17

J.R.CLEAVE

CARPENTRY & JOINERY

Mobile: 07598 699126

THE MAKING OF BESPOKE FINE WOODWORK, HARD WOOD, SOFTWOOD DOORS, WINDOWS, FURNITURE, KITCHENS AND STAIRS

jake.cleave@icloud.com



12/18



12/18
Create your dream...



WADEBRIDGE KITCHENS

KITCHENS BEDROOMS STUDIES

Polmorla Road Wadebridge Cornwall PL27 7NB

Call us on 01208 813231 sales@wadebridgekitchens.co.uk | www.wadebridgekitchens.co.uk

HOP OILS

Heating Oils, Farm Fuels, Tank Supplies



Unit 3, The Glebe
Blisland, Bodmin, Cornwall PL30 4JE
12/18 **01208 851195**

12/18

Your local Electrician.

Ivan Jones Electrical Services Ltd



- Established 1995 -

Domestic - Commercial - Agricultural - Industrial

For all your electrical requirements

01840 213 683 - 07738 824 181
Email: info@ijesltd.com

"A local service to national standards"



The Office. 30 High Street. Delabole. Cornwall.



Colour Scheme Keith Parkyn

Painter & Decorator.
Property Maintenance Interior &
Exterior Work carried out.
Laburnham, Wadebridge Road
St Mabyn, PL30 3BQ



For friendly service & advice call:
Tel: 01208 841828
Mob: 07747 399503
Free Estimates

12/18

S. Goodman Plumbing & Heating

- All Aspects of Plumbing
- Oil Heating
- Biomass Heating
- Wood Burning Stoves
- Geo-Thermal Heating
- Servicing



12/18

- Central Heating & Underfloor Heating
- Solar Heating
- Bathroom Installations & Tiling
- Water Harvesters
- Septic Tanks
- Drainage

Tel: 01840 213196 Mob: 07968 984305
98 HIGH STREET, DELABOLE, PL33 9AQ



ST. KEW FARMSHOP & CAFÉ RE-OPENS FOR BUSINESS.

This December St. Kew Farmshop & Café, which is situated next to St. Kew Golf course on the A39, re-opened under new management.

Both the new managers are from farming families: Sarah Reskelly is local from Chapel Amble, and her partner, Josh Robinson, is from Somerset. Together they are aiming to provide quality farm-fresh local produce. Therefore currently they are sourcing cheeses from Amble Creamery, breads from Da Bara Bakery in Grampond Road, meats from Kittos of Par, and coffees and teas and soft drinks from speciality Cornish supplier in Falmouth and Penzance along with local suppliers of seasonal vegetables.

The décor is pleasantly contemporary in greys and pale blues, and the light and airy deli-café uses the same local produce to provide a range of made-to-measure sandwiches and delicious snacks – and Josh, who is a specialist pizza-maker, is using the purpose-built wood-fired oven to create a range of pizzas to suit all tastes.

They are open daily:

Monday - Saturday from 9am - 5pm, and 9.30am - 4.30pm on Sundays. Plus late night Friday evening opening from 6.30pm - 9pm.

The business is not currently licensed, but customers may 'bring your own bottle'.

There is also a facebook page-link: facebook.com/StKewFarmshop&Cafe

Please can you help

I am trying to help an Italian man find his family here in Cornwall, as I have been touched by his story told by his friend who travelled over from Italy to try and find information for him.

His father, Antonio Guarini, was a POW in WW2 and was sent to Cornwall to work on farms around the Delabole & St. Teath area in June 1944. Antonio has since died in Italy and apparently he never forgot his family here in Cornwall and constantly talked about his twin sons.

He wanted his son, Franco, to find the two sons he had to leave behind when he returned to Italy in October 1946. The Government wouldn't allow him to return to England as he had refused to work in a munitions factory. The twin boys would have been born between April 1945 and October 1946.

Antonio and another prisoner, Francesco Sirago, lived and worked on a farm with a family in Delabole who consisted of the mother and father and twin

daughters who were around 18 years of age, and would have been born in about 1926.

I have been looking through records online and nothing matches, and have been delving through local Parish records for the birth of twin boys, and again, nothing as yet, but as the father was an Italian POW they may not be listed under our Parish information.

So, I would be delighted to hear from anyone who has any information on Italian POW's or possible families, or any information at all.

Many thanks.

Pam Free

Tel: 01208 850450

e-mail: pam.free@live.co.uk

(We'd love to follow up on this story, please let us know the outcome - Ed)

From our Parish notice board - public information announcement.

The Independent Local Government Boundary Commission for England is asking for your views on its electoral review of Cornwall Council. The review will draw new council divisions boundaries across Cornwall. a) Do you have suggestions about where your division boundaries should be?

b) Which areas do you identify as your local community?

Review Officer (Cornwall)

LGBCE

14th floor, Millbank Tower

London, SW1P 4QP

Email: reviews@gbce.org.uk

Deadline for response is 19 February 2018

Magazine update - Richard Godden

Richard has been a member of the Pieces of Eight Magazine committee for many years and has been especially instrumental during the last couple of years during the transition to the current editorial / management team.

Richard is resigning from the position of Treasurer as of the end of January and will also be leaving the committee.

The members of the committee wish Richard all the very best for the future and thank him for all of the hard work, effort and long hours he has put in over many years.

Thank you Richard.

Steve, Nicky, Mike, Philippa and David.

FRED CRAHART

We have been saddened to hear of the death of Fred. He died at the age of 92, one of our oldest residents, he was known by many.

The Chapel at Rock was full to overflowing. A lovely, very Cornish service.

Our thoughts are with Sybil.

SOUPER LUNCH FRIDAY 19th JANUARY

Raised £92 for the Sunrise appeal, raising funds for The Sunrise Centre (Oncology dept) Truro.

Wadebridge Foodbank Extra

There is also a lot of concern about the impact of Universal Credit. If you think it will affect you or someone you know, we can offer help and support with our **FREE Moneybox Course**. The course is for anyone who is a tenant, unemployed aged 16-64 and it will help people to budget, build their confidence and manage their finances and find out how Universal Credit will affect them. Courses are for 6 sessions, one day per week from 9.15am to 2.30pm to fit in with the school term.

If anyone would like more details of the course, please contact us on 01208 815374 or email contact@wadebridgefoodbank.org It's a great way to learn in a relaxed environment.

'KEW & A'

Twenty Questions & Answers

This month: Richard Man, life-long teacher, resident of St Kew Highway.

Childhood Hero: *David Attenborough - having admired him since childhood.*

Hobbies: *Board games (eg chess and backgammon), maths, acting, poetry & languages.*

Favourite Music: *Frank Zappa - 'Peaches in Regalia', Bob Marley - 'No Woman No Cry'.*

Favourite Book: *'One Hundred Years of Solitude' by Gabriel Garcia Marquez.*

Favourite Film: *'Good Will Hunting' (dir.Gus Van Sant 1997) or any film featuring Robin Williams.*

Favourite TV Programme: *'Casualty'.*

What's good about living in your village? *Peace, close friends, the countryside, limited crime.*

What would you improve? *Direct community communication and involvement.*

I'm very good at.... *Filling my drawers with ideas.*

I'm very bad at.... *Keeping my desk tidy.*

A phrase I use too often is.... *'I'm under control'*

Three people, dead or alive, I'd invite to dinner are.... *Isaac Newton, Nelson Mandela, David Attenborough, (with Robin Williams as waiter!)*

I'd like to be stranded on a desert island with.... *A rowing boat.*

I'm embarrassed by.... *Other people's prejudice.*

My proudest moment was.... *Forcing chess grand-master, Harry Golombek, to a draw.*

The best things about Cornwall is... *Its coastline.*

The worst thing about Cornwall is.... *The distance from diverse cultures.*

Which of our country's laws would you change? *Assisted suicide should be allowed.*

An over-rated public figure is.... *Michael Gove.*

In another life I would be.... *A resident of Samos in the time of Pythagoras.*

Parish Council News

Chairman: Cllr John Lethbridge
Clerk: Cindy Powell, 6 Greenhill Villas
Wadebridge PL27 6HN Tel: 01208 815591
Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.30pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

St Kew Parish Council Meeting held on Tuesday 12th of December 2017 at 7.30 pm in the Parish Hall.

Present: Chairman J Lethbridge, councillors T Mott, R Godden, J Rowe and B Finnemore. J Rickard and 1 member of the public was also present. Apologies: A Godden.

The budget was presented to the council by the Responsible Financial Officer and after discussion was accepted, with the precept set at £7,500.00. This meant that for the 6th year running the council has not raised its precept and remains one of the lowest spending in Cornwall, despite costs rising.

The ongoing problem of flooding and mud at Pennyhayle, St Kew Highway, has been reported on many occasions to CC but so far without resolving the problem.

Planning Applications

PA17/10224

Mr K Turner. Approval of reserved matters on outline approval previously given.

Recommend refusal

Planning decisions by Cornwall Council

PA17/08996 & listed building consent PA17/08912

Mr & Mrs Derbyshire, Maidenland, St Kew.

Approved

PA17/08139

Mr Miller, Hazel Cottage, Chapel Amble.

Approved.

Meeting held on the 9th January 2018

Present: Chairman J Lethbridge, Councillors, A Godden, T Mott, B Finnemore, J Rickard, R Godden and 2 members of the public. Apologies: J Rowe.

A concern was raised about the deteriorating condition of the church steps by the war memorial

in St Kew. It was decided to write to the Church and request a meeting to decide what could be done. Councillors were please to see that after the council's request, the large signs marking St Kew Academy have been replaced with smaller ones.

Parish Awards

There is an award form enclosed with this magazine for anyone who wishes to nominate a person for an award. Please return in a **sealed** envelope marked "Award" to any councillor or the clerk by the closing date.

Planning applications considered.

PA17/11770

Mr & Mrs Cleave, The Lower Yard, Lower Trewiggett, St Teath. Change of use from former agricultural yard to domestic curtilage.

Recommend approval

PA17/11968

Mr K Godden, Trelulla Farm, Trelill. Prior notification of a new agricultural shed for the storage of hay and machinery.

Recommend approval

PA17/11669

Mr M Tiplady, Lana Vale, St Kew. Two storey extension with pitched roof and glazed link, and demolition of derelict garage. The council did not like the application and thought it was out of keeping with the area and existing cottage, but struggled to find a valid reason for recommending refusal.

Planning decisions by Cornwall Council

PA17/07025

Mrs C Hill, Bothy Posset Cottage, Hendra Lane

Refused

PA17/10224

Mr K Turner, land north east of 10 Whitehall Estate

Approved

St James Bellringing News



Unfortunately the New Year started with the sad news that one of our ringers has passed away over the Christmas period. Roger Richards of Trewetha who was Captain of St Endellion Tower also rang at St Kew for over 25 years. Roger was born at Poltreworgy Farm, Trelill then later moved to Trewetha. Many of us will remember Roger helping his uncle Jack Chapman at Tregoid Manor Farm, and driving buses for Prouts Coaches of Port Isaac. Roger was also a well respected ringer who was always very helpful in many ways. We think Roger has rung at all but

two towers in Cornwall and always supported other towers. Roger will be greatly missed.

On Friday 12th St Kew Ringers hosted the East Cornwall League Competition. Competing were Lanlivet, Lansallos and St Neot.

On Friday 19th St Kew will be competing at St Stephens Church against St Columb and St Germans.

Anyone interested in learning to ring the bells then please contact Ken Godden on 01208 850743 or message us on our Facebook page.

 **Allen Valley Singers**

The New Year is upon us and we are already starting the session with its revision of the old and the learning of the new music for the year that stretches before us. The Old Year finished in a mixed fashion as the dreaded lurgy (now called Australian 'flu I believe) laid some of us low. I was hit very forcibly with this virus and missed some of the Christmas choir events, which did not please me at all. They apparently managed very well without me!

On Monday 11th December, Allen Valley Singers joined with the Seriously (Awe)ful Symphonia at the Clease Hall in Camelford. With both the choir and the orchestra plus a good audience, the evening was highly successful - full of good music and cheerful entertainment. The conductor for the choir and the orchestra was Janette Man, so you could say that she had a busy evening. We salute her professionalism and that of our accompanist, Steve Tyrrell.

December 19th was the ultimate concert for the year 2017 and took place at the Red Lion Inn in St Kew

Highway. Again, a happy and enjoyable evening was had by the Singers and audience alike and a substantial sum was raised for the Memory Cafe in Wadebridge as nominated by the Red Lion.

Herewith a reminder to contact our Musical Director, Janette Man, if you would like to join the choir. New voices are always welcome, from the younger singers with their natural clarity to the older and experienced. All are valuable and make for a well rounded choir.

Visit us on Tuesday evenings at the Community Hall in St Kew Highway from 7.15 pm to 8.45 pm, listen to our music and have a chat with Jan. Contact her also if you would like to book us for a wedding or any other event that would benefit from our music.

Jan's telephone number is 01208 841784.

All best wishes to you all for 2018.

Joyce Hargrave-Wright (Publicity/Reporter)

St. Kew Community Gardens Association

The View from the Allotments

..... and a view is all it is at the moment, since very few of us have managed to do any meaningful work on the gardens over the past few weeks.

I would say that normally by this stage of the year, we would at least have turned over parts of the plots and dug in some manure but to be honest, the weather has been so depressing and the ground so heavy after all the rain that it doesn't really seem worth taking the fork out of the shed. Not to mention the 'orrible flu which has hit so many of us during the past two or three weeks, and saps all energy. Anyway, that's my excuse.

I do intend, however, to write a few paragraphs each month to let you know how our community gardens are doing and even though they're not doing much at the moment, there certainly will be some activity soon.

In the meantime, we are busily eating the produce we worked so hard to seed and plant and weed during the latter half of 2017. We personally will be eating purple sprouting broccoli, sprouts, cavolo nero (posh cabbage), massive leeks and huge parsnips, and I expect these to keep us going until April, as has been the case in previous years. And I am

delighted to report that the asparagus which we planted over two years ago seems to have bedded in well and I am promising myself some tender bundles to have with some smoked salmon in May. But I really must go and weed their beds again, just to encourage them.....

Last year we had our first 'best-kept plot' competition, with a cup and prizes handed out at our AGM. Our Judge, Jim Godden, was not looking for an immaculately tidy plot (just as well!) but rather searching for one which had clearly BEEN cropping for some time, WAS currently producing vegetables and fruit, and showed much promise of things TO COME. He felt that a good many of our plots were producing well and making good use of this community facility. Let's hope we can impress him again this year.

If anyone is interested in joining the association, we currently have four plots vacant at an annual fee of £38.

This fee includes free water from three standpipes, free manure delivered two or three times a year, and the use of the communal shed. All for £38 – not bad, eh?

Just call us on 01208 841312 or email judithmott@btinternet.com for further information.

Puzzle Page

codeword

12		5		26				4		21		15
15	7	15	13	8	26		2	15	26	18	9	25
21		11		14		3		21		2		18
14	15	2	13	8	6	18		12	21	13	15	19
8		18		12		2		18		21		10
20	18	18	16		17	13	2	9	13			
6		7		17		23		17		23		26
			17	13	21	12	16		13	8	15	2
5		1		9		15		25		12		9
2	18	9	20	11		17	22	9	21	12	8	11
15		11		15		17		24		13		8
21	20	6	8	20	21		21	24	12	18	21	13
11		15		13				10		25		10

1	2	3	4	5	6	7	8	9	10	11	12	13
							I			D		
14	15	16	17	18	19	20	21	22	23	24	25	26
						N						

A
B
C
D
E
F
G
H
I
J
K
L
M
N
O
P
Q
R
S
T
U
V
W
X
Y
Z

S					2			6
U		1			5		8	
D		2			4	5		
O	7			6				1
K		3	2			4		
U		9						7
		5	3			2		
	6		4			9		
	8		1					

nonogram

I	S	N
E	C	G
N	D	A

How many words of 4 letters or more can you find? You must use the centre letter in each word.

No plurals or proper nouns are allowed. There are 30 listed in the solution which includes **1 nine letter** word to find.

EVENTS OUTSIDE OUR PARISH

February

- 3rd Malija. 7.30pm at St Endellion Church. Mark Lockheart (jazz saxophonist), Jasper Hoiby (bassist) & Liam Noble (pianist). They are a sophisticated trio playing blue grass, tango, abstract grooves and shimmering landscapes delivered with flair and playful abandon. Tickets £10, accompanied under 16's free.
- 5th Beach clean at Polzeath. Meet 9.30 in the car park.
- 23rd Truro Cathedral Choir. 7.30pm at St Endellion. Sacred music and organ solos from across the centuries. Tickets £10.

Regular events at St Endellion:

Endelienta Poetry group, Book Club and family Make Club - please visit their website, or phone or email for details.

For Reflective Days please book by contacting rev.judith@btinternet.com, or 01208 880181.

More information can be found on the following websites:

Concerts: endelienta.org.uk or by email tickets@endelienta.org.uk or Wadebridge Bookshop (concert tickets only).

Beach Clean: polzeathmarineconservation.com.



J.T.Martin Plumbing and Heating

Qualified for the installation, servicing
& maintenance of

OIL FIRED HEATING SYSTEMS AND
APPLIANCES

Unvented Hot Water System Installations and
Upgrades

OIL BOILER BREAKDOWNS AND REPAIRS

Tel: Mobile: 07812 127257

12/18

Ron Bendell Driving School

Changing the world of driving,
one lesson at a time.....



Ron Bendell
ADI

Mobile: 07539933615

Office: 01208 880691

Email: ron@rbsom.co.uk

www.ronbendelldrivingschool.co.uk

R Mears & Sons Chimney Sweeps

Established over 30 years



Thorough vacuum &
brush cleaning.

Full CCTV investigations.

Chimney linings, pots,
cowlings & bird
protection fitted.

Solid fuel appliances,
Rayburns, woodburners
and stoves installed and
serviced

Tel: 01840 261221

Mob: 07737 533392

www.sweepcornwall.co.uk

12/18



THE SIGN OF SUCCESS

Contact us for a free valuation

Views from our local MP Scott Mann

I greatly welcome the Prime Minister's recent speech where she outlined the Government's commitment to protecting the environment and clamping down on plastic waste.

Launching the Government's new Environment Plan, Theresa May highlighted our steps for a cleaner, greener Britain that will leave our environment in a better state than we found it for the next generation.

This includes a pledge to eliminate all avoidable plastic waste, encouraging supermarkets to introduce plastic-free aisles, extending the 5p charge for plastic bags to all retailers and issuing a consultation on taxing the most environmentally damaging plastics.

To date, we have used nine billion fewer plastic bags as a consequence of introducing the 5p charge. This has led to a reduction of 83 per cent and £95 million has been donated to environmental educational, and other good causes.

The Government has also launched a public consultation on introducing a bottle deposit return scheme which could significantly increase the amount that we recycle. A system already exists in Germany whereby customers get money or vouchers when returning plastic bottles, which means that they save money on their next shop as well as helping to protect the environment.

It is our duty to leave our planet in a better state for the next generation, with cleaner air, stronger protections for animal welfare and greener spaces. Readers will no doubt be aware of the challenges facing the NHS this winter,

which has seen longer waits at A&E and wards filling up with people suffering from winter illnesses.

In the lead up to this winter, the Government allocated an additional £100 million to A&Es across England, including £1.6m for the Royal Cornwall Hospitals Trust, £2.4m for Plymouth Hospitals Trust and over £800,000 for North Devon.

It is inevitable that during the winter the NHS faces extra pressure, however, after a recent meeting with NHS Kernow, I was told that one-third of people who turn up at A&E don't need to be there and should be going to minor injury units or GPs, and we need to get better at signposting people to the best place for their treatment.

Readers may also have seen recent reports that ten Minor Injury Units were likely to close in Cornwall, including three in North Cornwall. These reports, which were false and politicised, caused great concern amongst people in Cornwall, and NHS Kernow have assured me in person that there are no plans to close MIUs.

A much-needed review is currently underway into the county's health and social care systems, and this includes looking at how best to deliver local NHS services while integrating health and social care to make sure that people can be cared for in their communities instead of in hospital. The review is being undertaken by NHS Kernow, Cornwall Council and other parties, and the people of North Cornwall can be confident that I will hold these organisations to account and that I want an NHS which delivers high quality local services to everyone.

Follow Scott Mann via his Website, Facebook and Twitter

GILL'S RECIPE OF THE MONTH

It is real 'Irish Stew with Crusted Dumplings' weather so here we go:

Irish Stew with Crusted Dumplings

For the stew:

- 3lb (1.35 kg) neck fillets of lamb and best end of neck cutlets mixed
- 2 tablespoons seasoned plain flour
- 12oz (350g) onions, thickly sliced
- 8 oz (225g) carrots cut into chunks
- 2 medium leeks washed and sliced
- 1 large potato, peeled and cut into chunks
- 1 rounded tablespoon pearl barley
- Salt and pepper

For the dumplings:

- 6 oz (175g) self raising flour
- 3 tablespoon chopped parsley
- 3 oz (90g) shredded suet
- Salt and pepper

Chopped fresh parsley to garnish.

You will need a 6 pint casserole dish.

Method

- Dry the fillets, trim any excess fat and cut into 4cm rounds. Dip them along with cutlets in the flour.
- Arrange layer of meat on base of the casserole followed by layer of onion, carrot, leek and potatoes. Season and continue layering until everything is in.
- Sprinkle in the pearl barley and pour in approximately 2 pints water and bring to the boil. Cover and simmer for 2 hours.
- About 15 minutes before the end of cooking time mix the flour and parsley with a seasoning of salt and pepper. Add sufficient cold water to make a stiff dough. Knead it lightly and shape into 12 dumplings.
- When the stew is ready, place the dumplings all over the surface, transfer the casserole to the highest shelf in the oven at 180c and leave for about 30 minutes until the dumplings are golden brown and crusty. Serve the meat surrounding the vegetables and dumplings with some of the gravy poured over.
- Sprinkle with chopped parsley and serve the rest of the gravy in a gravy boat.



Lanow Logs

Nets, full & half loads

Are your logs at the correct moisture level of 20% or less ?

IF NOT YOUR CHIMNEY IS IN DANGER

Dry barn-stored logs with a moisture reading prior to delivery.

GUARANTEED

For dry logs without the kiln dried premium,

ring Rob on 07967 683902

Very competitive prices

Local business of over 100 years.



Tea & Toast

For parents,
carers & the
community.

Includes a
Toddler play
Area

No
charge

9-11 am Wednesdays St kew parish Hall

Starts 17th January



2018

St Kew Parish Supper

Saturday 3rd February,

7 for 7:30pm

Parish Hall

3 course meal with
entertainment.

All welcome!

Tickets £12 adults, £5 children

Buy in advance from

Rob Soley 841 366,

Pippa Bishop 841 630,

Joanna Pratt 841 420,

or Andrew Campbell 841 115



St Kew AFC Duchy Division 4 Team 2017/18

Photo taken at St Kew before the league game against Lostwithiel on Saturday November 25th 2017.

Site: - Trellill Road, St Kew Highway, Bodmin, Cornwall, PL30 3DP
 Managing Trustees : *Chairman*: Robert W Knight, *Treasurer*: David Edwards, Philip Scott, Jacqui White, Robert Eggins, Trevor Wellington, Jeanette Rowe, Jeremy Chancellor, Youth Rep Ryan Rowe & Gerry McGowan

Back row (l-r): Steve Terry (Assistant Manager), Sam Brown, Scott Robinson, Rolando Jimenez, Dave Irons, Adam Clements, Grant Fulton, Kelvin Hayes (Captain) and Connor Wilden (Manager).



Front row: Dom Dalley, Jack McGrath, Craig Terry, Jordan Carthew and Louis Wilden.

Photo by David Flower.

St Kew AFC joined the Duchy League this season and at the time of writing are in 5th position of League 4 which consists of 13 teams.

Copyright Photo Courtesy of David Flower www.tintagelweb.co.uk

St Kew AFC results so far: played 10, won 6, drawn 1, lost 3. Goal difference 0, points 19.

The Eden Tree

Some poems write themselves, just seed and grow
 as saplings push down roots and grip,
 drawing water from the well below
 to make strong timbers for the gospel ship.

How seasons concertina, chant and sing,
 so setting sail was easy, like child's play –
 a girl reclines, stares up at summer scudding,
 a boy whoops headlong through the hanger hay.

A sharp wind blows and scatters the crow's nest:
 allotted time encompasses the place,
 so tracing Penventinue's little forest
 is like trying to recall a lost lover's face.

And sailing back to ash, holm oak and beech,
 is learning what a fall from grace can teach.

David Penhale

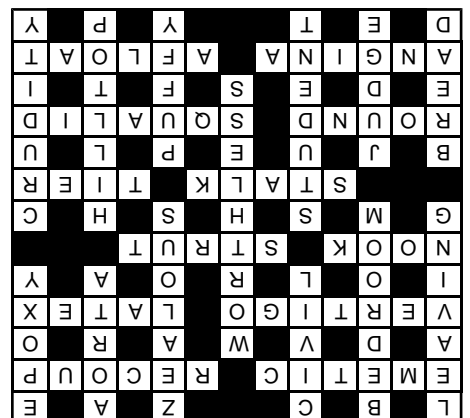
Puzzle page solutions

8	3	9	1	2	7	6	5	4
2	6	7	4	5	8	9	3	1
4	1	5	3	9	6	2	7	8
1	9	6	5	4	3	8	2	7
5	8	3	2	7	1	4	6	9
7	2	4	6	8	9	3	1	5
6	7	2	8	1	4	5	9	3
3	4	1	9	6	5	7	8	2
9	5	8	7	3	2	1	4	6



acid, acne, ascend, ASCENDING,
 asdic, cadge, cage, caged, cane,
 caned, canine, caning, canned,
 case, cased, casing, ceasing, ced-
 ing, cine, dace, dance, dancing,
 dice, disc, encasing, iced, nice,
 scan, scanned, since.

Nonogram



Codeword

Group Travel

Enterprise Park, Midway Road, Bodmin
Cornwall PL31 2FQ. Tel: 01208 77989



BODMIN M.O.T. CENTRE at Group Travel

Class 4, 5 and 7. Trade enquiries available upon request. Tel: 01208 77989

2018 COACH EXCURSIONS

22nd MAR - MYSTERY TOUR
10th APR - OLYMPIA
18th - 24th APR - SCOTTISH HIGHLANDS TOUR
28th APR - TOBY'S GARDEN FESTIVAL, EXETER
12th - 13th MAY - WINDSOR HORSE SHOW OR LONDON
22nd MAY - KILLERTON HOUSE & GARDENS
19th JUN - HELFORD RIVER CRUISE
2nd - 6th JUL - LLANDUDNO TOUR

21st JUL - EXMOUTH SEA CRUISE
4th AUG - COUNTRYFILE LIVE
5th AUG - FESTIVAL OF BRITISH EVENTING
17th AUG - ROSEMOOR FLOWER SHOW
21st AUG - DARTMOOR ZOO
25th - 26th AUG - DORSET STEAM FAIR
31st - 2nd SEP - BURGHELEY HORSE TRIALS
11th SEP - WIDECOMBE FAIR

16 TO 70 SEAT COACHES AVAILABLE FOR PRIVATE HIRE

CORPORATE/ VIP, EVENTS & CONFERENCES, WEDDINGS (CAN INCLUDE STAG & HEN PARTY PACKAGE), HOLIDAY TRANSFERS, FUNERALS, DAYS OUT, GROUP TOURS, GOLFING HOLIDAYS & SPORTING EVENTS.

FOR BOOKINGS AND A BROCHURE PLEASE CALL

01208 77989 / 01208 72669

Website: grouptravelcoachhire.com Email: benneymoon@btinternet.com

3/18

SUMMIT LOGS

**BE PREPARED FOR WINTER AND
STOCK UP YOUR FIREWOOD WITH
SEASONED LOGS FROM YOUR
LOCAL SUPPLIER
OUR PRODUCT HAS A LOW CARBON
FOOTPRINT
AS IT IS SOURCED LOCALLY FROM
SUSTAINABLE WOODLAND**

PLEASE CALL FOR MORE INFORMATION

**01208 841391
07860 784557**

FREE DELIVERY IN THE WADEBRIDGE AREA
STACKING SERVICE ALSO AVAILABLE

Andreas Construction Building & Roofing

Landscaping / Patios	Roof Repairs
Property Maintenance	Re-Roofs
Extensions	Flat Roofing
Kitchens & Bathrooms	Delabole Slating
Conservatories	Slate Hanging
Loft Conversions	Lead Work
Barn Conversions	
Bespoke New Builds	Digger & Dumper Hire

All work is always to the highest of standards.
Any job undertaken.
Please call for a free quote.

07967 816968 01208 851387
andreas-construction.com
andreamjones@icloud.com

Find us on

Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



Martin Brooks - 07812 959 879
martin@northcornwallpilates.co.uk
www.northcornwallpilates.co.uk

12/18

Western Supply



Timber & Builders Merchants Paint & Decorating Supplies

Atlantic Road
Delabole

Tel: 01840 212580

www.westernsupply.co.uk

(open 7 days a week, Sat & Sun mornings only)



12/18

ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

January – February 1918

From the Parish Magazine

The Reverend H Dalton Jackson writes. "The year 1917, with all its hopes and possibilities, has gone. As we look back we realise what momentous happenings have taken place, both at home and on the battlefields of this world-wide war. Sorrow has crushed many; the hand of death has pressed heavily upon many houses in this parish. Yet, through it all, I trust we have realised something of the presence of our Saviour.

As we look forward into the unknown future let us remember the reassuring and comforting promise, "I will never leave thee, nor forsake thee." The future we do not know; but the promise we DO. The wish uppermost in the minds and hearts of all is that a victorious peace may be ours, and that the stricken world may know something of the peace and brotherhood of man."

Home Front



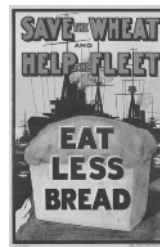
Rationing. Although any area in the country that could grow food was converted to allotments, and livestock were kept in people's back gardens, malnutrition was returning to poor areas. The average weekly consumption of sugar and meat halved. Despite a policy of maximising food production (the wheat harvest of 1917 was the highest ever recorded), some commodities, such as potatoes, were often in short-supply. In late



1917, a fear spread that the nation was running out of food. Panic buying led to shortages and, in January 1918, the Ministry of Food decided to introduce ration cards and everyone had to register with a butcher and grocer. Rationing started with sugar, meat, butter, cheese and margarine.

1917, a fear spread that the nation was running out of food. Panic buying led to shortages and, in January 1918, the Ministry of Food decided to introduce ration cards and everyone had to register with a butcher and grocer. Rationing started with sugar, meat, butter, cheese and margarine.

Western Front



Rations for the troops on the western front were something else! The static nature of the Western Front made it easy for the delivery of food to the men through a complex system of trains, motor vehicles, horse-drawn limbers and hand-carts.

Space in the supply lines was always at a premium, so compact, calorifically dense food with a long shelf-life suited the army best. Tinned bully beef was easier to store, transport and serve than fresh or frozen meat, and hardtack biscuit was preferable to bread. The rock-hard biscuit meant that even men with good teeth found it a challenge. The biscuit made better kindling than eating, and the meat was likened to mule. In fact, mule or horse meat did unofficially find its way into the rations, as many units ate the animal casualties of shelling rather than waste the meat.

William

St Kew Historical Society Proudly Presents

St Kew Parish Hall
Thursday 8th February 2018. 7.30pm
Local historian and raconteur
Mr Terry Faulk

Will give an illustrated talk on:

The Forgotten Garden at Lewtrenchard

Please support this and other events, they are interesting, entertaining and informative. We need your support to safeguard the future of Your Historical Society.

Please see our AGM notification. You are all welcome

Notification of Annual General Meeting

St Kew Historical Society

St Kew Historical Society

AGM

You are cordially invited to the
Ninth Annual General Meeting Of

The St Kew Historical Society

Thursday 8th March 2018

Venue: St Kew Parish Hall,

7.30 pm

Light refreshments will be provided

RSVP to Secretary John Raybould 01208 841682

FEBRUARY

info@redlionstkew.com
01208841271

Red Lion News Flash

FEBRUARY

OPEN MIC
Wednesday 7th
All welcome

**VALENTINES
DINNER**
WEDNESDAY 14th
BOOK NOW

SUPPER CLUB
Thursday 15th
FOOD
MEDITERRANEAN

QUIZ
SUNDAY 25th

Join us and enjoy an
evening of fun to get your
minds working

**ST PIRANS DAY
DINNER**
3rd MARCH

FEBRUARY NEWS

**VALENTINES DINNER BOOK
NOW**

AND **MAD MONDAY** IS BACK!

WHAT'S MAD MONDAY YOU ASK?

A 2 COURSE DINNER FOR ONLY **£12**

CHOOSE A STARTER AND MAIN OR

MAIN AND DESSERT

FOR ONLY **£12**

EARLY MARCH WE ARE PUTTING ON LIVE MUSIC AND A SPECIAL MENU FOR ST PIRANS DAY, SO COME ALONG AND HAVE SOME GOOD OLD FASHIONED CORNISH FUN.



OR WHY NOT JOIN US
FOR OUR SUNDAY NIGHT
QUIZ ALL WELCOME
TEAMS OF ANY NUMBER



ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

Calendar for February

4th Rev Sally Long
 11th N Houghton
 18th Rev Alistair Sharp. Communion
 25th Sally Long

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

Catholic Church Services

Wadebridge

St Michael's Church
 Tel:01208 72833
 Mass Sundays 8.30am
 Confessions
 Friday 10.30-11.00am

Tintagel

St Paul The Apostle
 Tel:01840 770663
 Mass Mon-Thur 10am
 Fri & Sat 6pm
 Sunday 10.00am
 Confessions:
 Before/after Mass.
 Other times on request.

St James the Great at St Kew



Calendar for February

Sun 4th 9.30am, Holy Communion with Rev Dr Elizabeth Wild.
 (2nd before Lent)

Sun 11th 9.30am, All Age Worship.
 (Sunday before Lent)

Weds 14th 10am, Holy Communion and Ashing at St Minver with Rev Dr Elizabeth Wild.
 7pm Eucharist and Ashing at St Endellion with Rev Prof Andrew Lewis.
 (Ash Wednesday)

Sun 18th 9.30am, Holy Communion with Rev Dr Elizabeth Wild.
 (Lent 1)

Sun 25th 9.30am All, Age Worship.
 (Lent 2)

Calendar for March

Fri 2nd 2.30pm, Women's World Day of Prayer.

Sun 4th 9.30am, Holy Communion with Rev Dr Elizabeth Wild.
 (Lent 3)

Reflection

When does winter end and spring start? Do you go by the meteorologists or the sun? So, is it March 1st or 21st? Or by the climate, and how many daisies there are on the lawn? The seasons, no matter how we decide, are changing, becoming blurred. This winter has seen spring plants out in December, summer plants lasting until Christmas, the grass still needing to be cut.

When I lived in Newcastle as a child, my mother said we'd lost spring and autumn, there was only summer and winter. As we approach 'springtime', a time of more light, hopefully a bit of warmth, of new growth, of leaf buds bursting open, of more colour in the garden, it is also a time to spring clean! A time of clearing up and cleaning out both inside and outside. C.S Lewis wrote "He gives them the seasons, each season different yet every year the same, so that spring is always felt as a novelty...."

The church calendar has the 40 days leading up to Easter as a time of reflection, called Lent.

The word Lent comes from the old English, 'lencten', which means 'spring' or 'lengthening days'. That reflection for some includes fasting, for others setting aside time to meditate and reflect on where we are in life. A time to step aside, to stop the business of life.

So, whenever spring arrives or has arrived, whether you have spring cleaned the house and tidied up the garden or not, take time out to look at your life whatever season it is in. Rejoice in the good, reflect on the bad, see what must be thrown out, what must be cleaned and polished. Enjoy the new growth in the garden of your life and the lengthening days.

David Elliot

We'd like to wish everyone a very happy & peaceful New Year.

Thank you to everyone who donated their Reverse Advent Calendars to our Foodbank. Your donations made a huge difference and helped local people in crisis. At Christmas we see an increase up to 40% in the number of people referred to our Foodbank by a professional organisation. Thanks to your donations, we were able to deliver our special Christmas boxes to 60 families in need of food.

For many families during the winter months, there just isn't enough money coming in. Higher energy bills as temperatures drop and the cost of extra meals when the kids aren't at school during the Christmas holiday, combined with year-round pressures like the rising cost of living, seasonal work and issues with the Universal Credit roll-out. Thanks to everyone who are donating their winter fuel allowance to someone in need.

We have now fed 20,240 people since we opened our doors in 2009. A lot of people see Cornwall as a luxury holiday destination but for the people living here, our statistics tell a different story. The harsh reality is that poverty is evident within our community. With the help from individual donors, all the surrounding schools including Wadebridge and St Kew ACE Academy and local businesses and the Council offices we are able to provide support.

Thanks to all the generous Tesco customers in Padstow and Wadebridge who donated at our Neighbourhood Food Collection which took place before Christmas. We had a



lovely visit from the pupils at St Kew ACE Academy who donated food from the money raised at their Harvest Festival.

For many people in food poverty, emergency food is just the first step in helping them access other services and support which can help get their lives back on track, so the impact of a food donation cannot be underestimated.

Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374

Registered Charity No. 1166301

Email: contact@wadebridgefoodbank.org Website: www.wadebridgefoodbank.org



On Wednesday 10th January, we held our first meeting of the 2018 - unexpectedly owing to car problems, our guest speaker was unable to come along. Instead our speaker for February, Mr Rod Harrison was able to come along and share many anecdotes of his life as a milkman. Rod told many stories and was very amusing.

He then judged the competition for an item found on the beach - he gave first prize to Jackie's beautiful piece of wood, but gave third prize to his wife, she had brought a sponge - he didn't know it was an item from their home!

Next month sees us meeting on Valentine's Day, February 14th and the competition is to bring along a home-made heart - we are hoping that our speaker from Surfers Against Sewage will be able to come as we are very eager to hear about the problems caused by our use of plastic. You will have seen the news just this week from

Perranporth and the huge amounts of plastic items being washed up on beaches.

Just to share that in the Autumn our WI celebrated its 95th birthday - we are one of the oldest groups in the Cornwall Federation. In 2020 Cornwall WI will be 100 years old, so we were in very close to the start - what a forward thinking community. The WI give women a national voice - although times have changed over the years, many campaigns have made life considerably better for women across the country as a result of our resolutions.

We are planning our programme which starts in April so come along and join us in this New Year. We don't all do crafts or flower arranging but we are a very friendly bunch of ladies ranging in age from 20 to 85 - come and give us a try.

Members were saddened to learn of the passing of Mr Fred Crahart, husband of our member and friend Sybil. Members stood for a minutes' silence to show their respect.

Alison



ST KEW GARDENING CLUB

We held our social evening on Wednesday the 17th January in the Community Hall at St Kew Highway and despite the terrible weather we all had a very enjoyable evening. Thank you to all who contributed to the food, which was of a very high standard, and the raffle prizes. Special thanks must go to Connie Skewes and Jane Powell for organising the event.

There will not be a meeting in February, but on Wednesday 14th March we will have a talk on bees from the Portreath Bee Centre, they have promised not to forget this time! Coming up, AGM Wednesday the 18th of April, all are welcome, including new members.

Contact the club on stkewgardeningclub@gmail.com.

RG

Events Diary - February

- 1st Chair aerobics, Community Hall, 2.00pm
 3rd Parish Supper, Parish Hall, 7 for 7.30pm
 7th 'Tea and Toast', Parish Hall, 9-11.00am
 Bellringing practice, 7.30-9.00pm
 8th Chair aerobics, Community Hall, 2.00pm
 History Society, Parish Hall, 7.30pm
 9th Trevathan Farm reopens
 14th 'Tea and Toast' Parish Hall, 9-11.00am
 WI, Community Hall, 7.00pm
 Bellringing practice, 7.30-9.00pm
 15th Chair aerobics, Community Hall, 2.00pm
 16th Souper Lunch, Community Hall, 12.30pm
 21st 'Tea and Toast', Parish Hall, 9-11.00am
 Bellringing practice, 7.30-9.00pm
 22nd Chair aerobics, Community Hall, 2.00pm
 25th Quiz at The Red Lion, 8.00pm
 28th 'Tea and Toast', Parish Hall, 9-11.00am
 Bellringing practice, 7.30-9.00pm

News from St Kew Parish Hall

Many thanks to everyone who bought raffle tickets and contributed to making our draw successful. We raised £730 for the maintenance of the hall. Our AGM will take place on Thursday 22nd March and everyone is welcome.

The Parish Hall would like to thank everyone who contributed to the Night Shelter appeal. The goods have been taken to St Petroc's in Bodmin for distribution to those in need.

Kathy

To book the hall, please contact Joanna Pratt on 01208 841420.

The Regal in Wadebridge

Tel: 01208 812791



February

- 2nd Den of Thieves
 Phantom Thread
 Journey's End
 9th Fifty Shades Freed
 The 15.17 to Paris
 16th Black Panther
 Father Figures
 23rd Finding Your Feet

Please check our website for the next Autism friendly screening - watch newly released films with friends and family in an inclusive environment.

Live Screenings: book online or contact the Cinema

- Weds 7th Tosca, Royal Opera House, live, 7pm
 Weds 14th Twelfth Night, RSC, live, 7pm
 Thurs 22nd Cat on a Hot Tin Roof by T. Williams.
 NT, recorded, 7pm
 Weds 28th The Winter's Tale, Royal Ballet, live
 7.15pm

Please ring or check our website for more details
www.wtvcinemas.co.uk

Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 12th and 26th February.

ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

(Registered Charity No 294140)

- Sun:** Methodist Church Service Marion Dingle 01208 841388
Mon: Yoga 10.30am Fiona Crompton 01208 851735
 Pilates 2.30pm - 5.15pm Martin Brooks 07812 959 879
Tues: Allen Valley Singers 7.15pm - 9pm Janette Man 01208 841784
 Pilates 1.15pm-2.30pm Martin Brooks 07812 959 879
Wed: 1st, 3rd and 5th in month -
 West Country Embroiderers 10am - 3pm Pat Scarborough 01841 521323
 1st in month - St Kew Playing Field Trust 7.00pm
 2nd in month - St Kew WI 7pm Becky Allen 01208 841798
 3rd in month- Gardening Club 7.30pm Richard Godden
Thurs: Chair Aerobics 2pm Pat 01208 841260

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
 CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

Souper Lunch

Our next Souper Lunch will take place on Friday 16th February at 12.30 in the St Kew Highway Community Hall.

You are all very welcome. We enjoy a bowl of home-made soup together, have a nice chat and raise some money for a good cause.



DO JOIN US



Pengenna
Manor

Exclusively yours

Trelill
01208 612221
www.pengenna.co.uk



St Kew Inn

*A beautiful 15th Century Inn, bursting with character.
We serve delicious home made food using the best local produce.
You will always find a friendly welcome in this traditional local "pub".*

St Kew Inn, Churchtown, St Kew, Wadebridge. tel: 01208 841259 email: stkewinn@btconnect.com

Because accidents happen



If you have had an accident you may be entitled to compensation. We deal with most cases on a "No win No Fee basis." We are here to help, talk to Sproull.

SPROULL

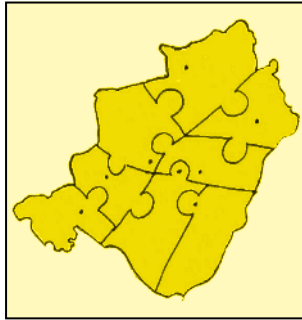
SOLICITORS

01208 72328

www.sproulllp.co.uk

Pieces of Eight

MARCH



March 2018, Issue 238

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern

Email: stkewmag@gmail.com

Pictures from the Parish Supper

Report inside



STOP PRESS

There will be a mobile Post Office service from 19th March on Mondays and Thursdays adjacent to the Community Hall between 1.00pm and 3.00pm. Also at Port Isaac in the overflow car park on Wednesdays 12.30 - 1.30pm.

MAD MONDAY'S

ARE BACK

2 COURSES FOR ONLY £12

EVERY MONDAY

RED LION ST KEW HIGHWAY SPONSORING THE MAGAZINE

with the QUIZ NIGHT SUNDAY 25th MARCH at 8:00pm (all proceeds to the parish magazine)
Book your table now the more players the more money we can raise, teams of any number all welcome

MOTHERS DAY LUNCH

11TH MARCH 12:00 NOON - 4:00PM

Your free guide to news and events within and around St Kew Parish

Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their site*).

EDITORIAL

Welcome to the March 2018 edition of our Parish Magazine, we hope you find it informative and useful.

As I look out of the window thinking about what to write about I can't help thinking that maybe spring is on its way.

The sky is blue and it's currently 10°C, the grass is growing (and so are the daisies), the snowdrops and daffodils are flowering, buds are appearing on the trees and the evenings are getting gradually lighter. It's a good job I wasn't writing this yesterday as I might not have been as inspired as we had a fog for most of the day which covered many of the signs of spring like we have today. It won't be long before we hear the sounds of lawn mowers and strimmers (which reminds me I must get the mower serviced or replaced). It also isn't too long before the clocks change giving us an extra hour of light in the evenings (even if it robs us of the hour in the morning).

With luck we will have a slightly drier year this year, giving the ground a chance to recover from its boggy state and flourish once again.

We would also like to thank the Spar shop for allowing us to put our postbox up again.

Steve

The Editorial Team:

Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager & Treasurer
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

*PoE is printed by Parish Magazine Printing,
Northmoor, Whitstone, Holsworthy, Devon, EX22 6TD.
www.communitymagazineprinting.co.uk
01288 341617*

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the April issue is:

Monday 19th March

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Could all contributors please send us your copy or advertisement as soon as possible, ideally **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight! This shows our advertisers that the magazine is *the* place to reach local customers.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied. The magazine does not accept any responsibility for any issues arising from advertisements.

Cornwall Exterior Cleaning



HOMEOWNERS:-

We are a small company specialising in all aspects of external cleaning both for domestic and commercial properties.

We can provide a wide range of cleaning which include gutters, walls, conservatories, paths and driveways.

We use gutter vacs to clear debris and our high reach poles will easily clean over Conservatories.

Our pressure washing is carried out to keep all hard surfaces both clean and safe.

Softwash cleaning is a highly effective cleaning process and is used to clean render, roofs, pebble dash, concrete and brick.

We use a high grade biocide which has long lasting results without damaging the surfaces. In addition, all our cleaning solutions have a low environmental footprint and are user friendly.

All technicians are fully trained and have public liability insurance

ESTATE AGENTS:-

First impressions can be key to successful selling and to ensure this we offer a full external house package to fit your requirements.

LANDLORDS:-

External maintenance is important to keeping your property in good repair – overflowing gutters, mouldy walls need not be a problem as we can look after your property for you.

If you feel that any of our services could be of interest to you please telephone and we would be happy to discuss your requirements.

Mobile – 07921 957356

Or email:

enquiries@cornwallexteriorcleaning.co.uk

12/18



**CORNISH COOKER
CONVERSIONS LTD**

**GET CONNECTED
... ELECTRICKIT**

CONVERT YOUR AGA (OTHER RANGES TO FOLLOW) TO ELECTRIC WITH ELECTRICKIT & BENEFIT FROM

- **DRASTICALLY REDUCED AGA RUNNING COSTS**
- **WARM IN WINTER, COOL IN SUMMER**
- **INDEPENDENT HOB AND OVEN CONTROL**
- **SPECIFIC OVEN TEMPERATURES TO SUIT YOUR RECIPE**
- **PROFESSIONAL INSTALLATION**

WE CAN ALSO HELP WITH OIL SERVICING & REPAIRS

PLEASE CALL ALAN OR ELIZABETH ON 01208 812272

www.ccconversions.co.uk

12/18



North Cornwall Pest Solutions

Controlling in your area

- Ants
- Cockroaches
- Fleas
- Flies
- Moths
- Moles
- Rabbits
- Rodents
- Wasp/Hornets

BPCA Level 2 in Pest Management

24hr call out

Fully insured

07770677029

finnmore2000@aol.co.uk

Prompt, Discreet, Friendly Service



St Kew Highway

Tel: 01208 841470 or 07581197622

St Pirans Garden Services

Hedge Cutting/Pruning

Strimming/lawn mowing

All aspects of home and garden maintenance

No Job too big or too small

Fully insured

01208 221397

Would you prefer to have a FEMALE to do your Painting &

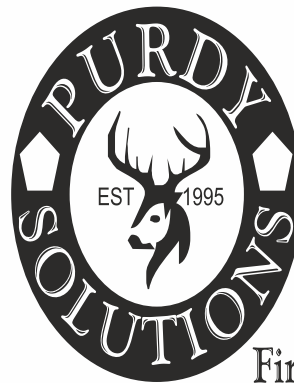
- can also Maintain your Garden & Power Wash your Patios, Decking, Walls, Driveways etc. with a Pressure washer

For free quote 'Phone:

07754 346457



Your first step in property preservation and maintenance



- Carpentry ◆
- Property Care ◆
- Kitchens ◆
- Bathrooms ◆
- Vinyl Flooring ◆
- Fire Door Maintenance ◆

T: 01208 841 528

M: 07816 899 649

E: jandbathome@aol.com

Working in association with



CONSTRUCTION SKILLS CERTIFICATION SCHEME

Aunt Avice's Pasty Shop

REAL CORNISH PASTIES HOMEMADE
EVERY DAY (except Sundays)

**FEELING HUNGRY?
JUST CAN'T WAIT?
COME TO AUNT AVICE'S
THEY'RE ALWAYS FRESH BAKED!**

WE ARE AT UNIT 1, ST KEW SERVICES,
ST KEW HIGHWAY. TELEPHONE ORDERS
WELCOME: 01208 841895 OR 841740 (HOME)

THESE ARE "THE REAL THING"

12/18

Garden Services



Clearing
Grass Cutting
Hedge Trimming
Hedge Laying
Tree Work
etc...

**Stephen Lambert
CALL:
01208 850241
07891 828313**

12/18

YOUR AWARD WINNING LOCAL STORE !!!

We use local suppliers where possible eg.

- *Barnecutt's fresh bread, cakes, pasties.
- *Button's meats.
- *Tinten potatoes.
- *St Kew Biscuits.
- *Trewithen Dairy products.
- *Local Preserves & Honey.

STCS

St Tudy Community Shop and Post Office

Monday to Friday 8am – 6pm
Saturday 8am – 2pm
Sunday 9am – 12 noon
Deliveries can be arranged
TRY US FIRST !!!

12/18

We stock fresh fruit and veg all delivered daily. Orders for fresh fish. Off Licence. Newspapers & Magazines Our own "brand" of dry goods as well as well known ones. We sell eggs, stamps, stationery, sweets, toiletries, coal, frozen food. **And lots more!**

12/18



- Kiln Dried & Seasoned Firewood
- Coal & Smokeless Fuel
- Calor Bottled Gas
- Free Delivery
- Free Installation
- No Contracts

**Great Regular-Reliable
Service From a Cornish
Family Owned Business.**



CALOR

01208 816827

sales@loganslogs.co.uk
www.loganslogs.co.uk

All the news and highlights from St Kew School – but don't forget, you can keep up with all the school antics in our weekly newsletters, published on our website: www.st-kew.cornwall.sch.uk

NEW TOPICS

The Topics studied in each of the classes this term are: The Pre-School and Class 1 will be looking at the types of transport that travels on the Ground, in the Air and in the Water and will be taking a journey through History as they explore the very first types of vehicles in each of these categories. Class 2 will be looking 'Through a Window' with a focus on improving the local area. They will be using the book 'Window' as a stimulus and investigate different types of fossils. In Class 3, the 'Fairground' will be the location of their learning! They will be focusing their work on fairground rides and work towards making scale models of these rides.

SWIMMING FESTIVAL

An absolutely wonderful swimming festival was attended on Wednesday 31st January with the St Kew team coming 1st in the small schools group! A huge well done to Barny, Leah, Zienna, Jools, Harry B, Archie P, Oliver M, Sarah, James, Bethany, Kaya, Jacob, Toby, Tristan, Lola, Willow, Jenna and Abbi. You all showed great team spirit and amazing TALENT!!

READING IS FUNDAMENTAL!

The first tea party of 2018 saw 17 children attending to enjoy an Afternoon of Books and Cakes. They enjoyed hearing about something their friends had learnt from a book they have read, a slice of homemade cake and a cup of hot chocolate – Reading at St Kew is not just FUNDamental, it is FUN!!!



ENDELIENTA STORY TELLING PROJECT

The Class 3 children welcomed their parents and local community members to a Coffee Morning on Monday 5th February for the showcase of their art work and stories from the Story Telling project with Endelienta. They shared their amazing work, ate cake and thoroughly enjoyed themselves with the different generations of people attending.



COMMUNITY PLEA: DO YOU HAVE GREEN FINGERS?

We have two polytunnels and many vegetable patches that we would like to continue to grow plants in but we are in need of volunteers to help us to continue in this venture. We would like to grow flowers, fruits and vegetables to supply both the school kitchen and create our own school shop. If you have the time, and would like to help the children continue to create a kitchen garden by volunteering at school, please contact Rachel Murray, Head of School via the school office or by email (FAO Rachel Murray) on secretary@st-kew.cornwall.sch.uk

Please note: you will be required to complete a DBS check before working with the children.

AFTER SCHOOL CLUBS

We are always looking for ways to further enhance the opportunities for the children after school and would like to know if there are any hidden talents out there in our local community members? If you would like to pass your skills and knowledge onto the next generation, we would love to hear from you! Please note: The same requirements as stated above apply here also.

Julie's
MOBILE CATERING VAN



Contact Julie on 01566 781339 or 07572 412421
juliewalters@uwclub.net Join us!  Julies-Catering-Van

Pulled Pork, Burgers, Bacon, Hot Dogs, Chips, Homemade
Coleslaw, Wraps, Hot & Cold Drinks, Extras: Cheese,
Mushrooms & Eggs
Available for any event

12/18

Geoff, Karen and the team welcome customers old and new to the
The Cornish Arms, Pendoggett



A 16th Century Inn

Open all day every day from 11:30 a.m

offering Real Ales, Good Wines, and a selection of 50 Gins,
Craft beers & Lagers plus a range of Cornish Ciders

Our Quality Pub Food is served everyday from 12 noon to 2.30 p.m & 5.30 p.m to 8:30 p.m.

A Sunday lunchtime roast is now available

OUR SPRING MEAL OFFERS (Valid until March 18th)

A smaller appetite 2 course lunch menu Monday -Thursday for £7.95

Monday-Thursday evening **2 MAIN COURSE FOR £15** (Excludes steaks)

Friday-Sunday evening a **FREE BOTTLE OF HOUSE WINE** with any two main courses

MOTHERS DAY SPECIAL - MUMS EAT FREE- Lunch time or evening

Must be accompanied by one of your children, no matter what age they are. Booking recommended

Free Parking • Beer Garden • 7 En-suite rooms • Free Wi-Fi

Well behaved dogs and children are welcome.

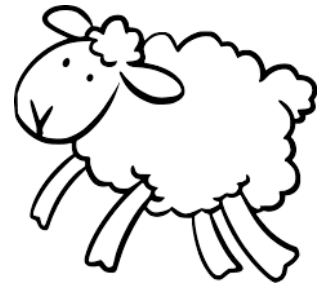
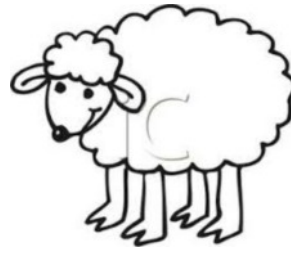
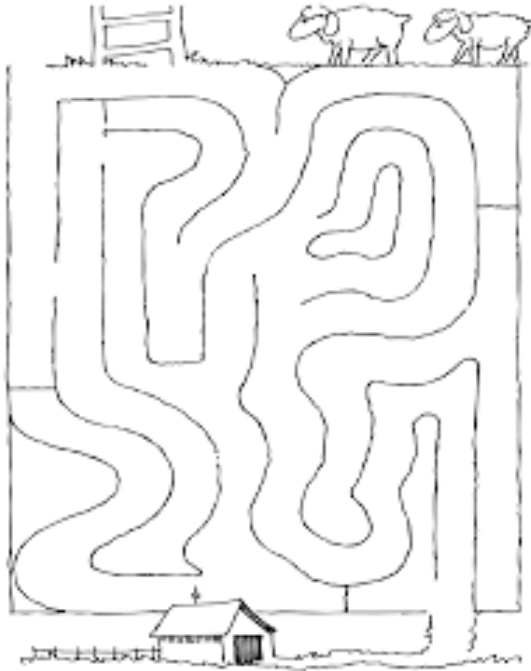
Tel: 01208 880335 or email: contact@cornisharmspendoggett.co.uk

Website: www.cornisharmspendoggett.co.uk

CHILDREN'S CORNER

Have you seen the little new-born lambs in the fields? Can you help these poor lost ones find their way home?

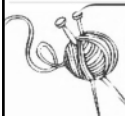
Colour us in!



Tea & Toast



St Kew Parish Hall



Knitting for others: novices and masters of knitting are invited to join us in making baby beanie hats for premature baby units and squares for blankets to give to those in need.

Tea & Toast Café

Every Wednesday morning 9am till 11am

Come & join us for some breakfast fellowship in the Parish hall behind St. Kew Church, every Wednesday at 9am or whatever time you drop the kids off at school.

Free tea/coffee and toast with toppings, and a great opportunity to have a natter & catch up with some old friends & meet some new ones. Play area for kids.

Over the weeks we will have newspapers & magazines to read & knitting/crafts to take part in. We are currently knitting small squares & tiny hats for Treliske neonatal unit, which is a part of the Mother's Union Initiative. No previous skill necessary!

Very informal & everyone is welcome. Look forward to seeing you there.

Geraldine

Ordinand, North Cornwall Cluster of Churches.

12/18

Clearview Solutions

Offering the latest environmentally friendly water fed pole cleaning service for windows and frames conservatories fascias / soffits Guttering Caravans / motorhomes Decking Patios Pathways Algae removal Biocidal treatments etc just call Rob to arrange a visit and no obligation quote

07875639548

St Kew 01208 841653



BREAKFAST. LUNCH. SUNDAY ROAST. CREAM TEAS. HOME MADE CAKES. CELEBRATION CAKES. ICE CREAM. HOME PRODUCED BEEF, LAMB & FREE RANGE EGGS. FRESH FRUIT AND VEG. LOCAL BREAD & CHEESES. GIFTS & CRAFTS.

9am. Open 7 days a week
Bookings now being taken for
Mothering Sunday 11th March



Annual Charity Easter Egg hunt
Wednesday 11th April
Booking essential

WINTER WARMER LUNCH

2 course lunch including tea or coffee
only..£9.95

Offer available daily 1st-30th March excluding Sundays.




Book now for our **Traditional Sunday Roast**, choice of meats including home produced Beef followed by a selection of homemade desserts.

Booking essential!

Tel: 01208 880164. www.trevathanfarm.com

CHILDRENS PLAY AREA. RIDE-ON TRACTORS AND DIGGERS. PETS CORNER...

12/18

Find us on the B3314 at St Endellion. Follow us:   

12/18

AUTOTEC

ST KEW HIGHWAY

PL30 3ED

MOT CENTRE

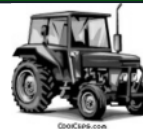
full diagnostics

Servicing & repairs

Tyres

01208 841238

PROPRIETOR - A. EDDY autotec_stkew@aol.co.uk



KEN GODDEN Contractors



Lawn Mowing - Fencing - Rustic Stonework

Tractor and Hedgetrimmer - Landscaping

Pasture Topping - Paddock Maintenance

Hay Making - Slurry Spreading - Bale Wrapping

Square/Round Baling - Rolling

07968 481520 / 01208 850743

12/18

ST KEW GOLF CLUB



- ★ PAY AND PLAY
- ★ Challenging 9hole/18 tee (Par 64)
- ★ Covered driving range
- ★ Pro Shop & Professional Tuition
- ★ Club Hire ★ Coffee Lounge

2½ miles from Wadebridge on main A39 towards Camelford

St Kew Golf Club, St Kew Highway, Bodmin, Cornwall PL30 3EF. Tel/Fax: (01208) 841500

12/17

J.R.CLEAVE

CARPENTRY & JOINERY

Mobile: 07598 699126

THE MAKING OF BESPOKE FINE WOODWORK, HARD WOOD, SOFTWOOD DOORS, WINDOWS, FURNITURE, KITCHENS AND STAIRS

jake.cleave@icloud.com



12/18



12/18
Create your dream...



WADEBRIDGE KITCHENS

KITCHENS BEDROOMS STUDIES

Polmorla Road Wadebridge Cornwall PL27 7NB

Call us on 01208 813231 sales@wadebridgekitchens.co.uk | www.wadebridgekitchens.co.uk

HOP OILS

Heating Oils, Farm Fuels, Tank Supplies



Unit 3, The Glebe
Blisland, Bodmin, Cornwall PL30 4JE
12/18 **01208 851195**

12/18

Your local Electrician.

Ivan Jones Electrical Services Ltd



- Established 1995 -

Domestic - Commercial - Agricultural - Industrial

For all your electrical requirements

01840 213 683 - 07738 824 181
Email: info@ijesltd.com

"A local service to national standards"



The Office. 30 High Street. Delabole. Cornwall.



Colour Scheme Keith Parkyn

Painter & Decorator.
Property Maintenance Interior &
Exterior Work carried out.
Laburnham, Wadebridge Road
St Mabyn, PL30 3BQ



For friendly service & advice call:
Tel: 01208 841828
Mob: 07747 399503
Free Estimates

12/18

S. Goodman Plumbing & Heating

- All Aspects of Plumbing
- Oil Heating
- Biomass Heating
- Wood Burning Stoves
- Geo-Thermal Heating
- Servicing

12/18



- Central Heating & Underfloor Heating
- Solar Heating
- Bathroom Installations & Tiling
- Water Harvesters
- Septic Tanks
- Drainage

Tel: 01840 213196 Mob: 07968 984305
98 HIGH STREET, DELABOLE, PL33 9AQ

The Red Lion at St Kew Highway supports local charity

The Red Lion raised funds for the Wadebridge Memory Cafe with a Christmas raffle and one of their monthly quizzes.

The photograph shows Wendy and Bella Randall of the Red Lion presenting a cheque for £500 to Wendy Dalley (Treasurer) and Paul Brocklebank (Chairman) of the Memory Cafe.

The Memory Cafe is open on the second and fourth Saturdays of the month between 2pm and 4pm at the John Betjeman centre.

For more information please contact Margaret on 07551 395188.



Fred Crahart



A celebration of the life of a man well known to thousands of customers and friends after running a taxi business in North Cornwall for over 60 years has taken place at Rock Methodist Church.

Fred Crahart, who died aged 92, was born in the family cottage at Pendoggett, the eldest of four, but lived most of his life at St Kew Highway. Water for the cottage had to be fetched from a nearby well, and he had to walk nearly two miles each way to school.

He helped his Dad and Granddad working on farms from around the age of 10, learning how to drive lorries for short distances. This started as soon as he was tall enough for his feet to reach the pedals, and allowed the others to keep working without stopping. Fred never actually took a driving test, despite driving for so many years and hundreds of thousands of miles – he obtained his licence before the test became a requirement. Leaving school at 14, he went to work on a farm for 10 shillings a week, then to Tregildren Quarry, Trelill, for 14 shillings, where he worked with his father.

At 18 he was conscripted into the Army during the Second World War. After training in Ireland he was deployed to the Far East, travelling in a troop ship (which he hated), and spending time in India, Sumatra and Hong Kong. He came back to the UK very poorly with tuberculosis and

weighing just eight stone, needing extensive treatment between 1947 and 1950 - a period when he nearly died. This put Fred off travelling away from Cornwall for the rest of his life, only occasionally crossing the Tamar into Devon.

In 1952, he started his taxi firm, operating from St. Kew Highway, alongside keeping chickens and pigs. His first car was an Austin 12, followed by Morris Oxfords and an Austin Cambridge. The director of Ford UK wrote a personal letter to him after Fred appeared in the local papers singing the praises of his 10 year old Ford Orion, which was still going well after 360,000 miles.

Fred worked full time until he was 73, but kept driving part-time until he was 88. He was a very courteous and careful driver, and took pride in keeping his cars impeccably clean.

Fred met Sybil Rush of St Teath in 1958 through chapel meetings, and they married on February 29 1964.

In 1962, Fred bought an orchard in the village where he and Sybil oversaw the building of their home, a bungalow named Polmarick, where they brought up their only child, Susan, born in 1968. When Sue married Steve Hambly in 1991 Fred would travel weekly up to her home in Saltash.

In recent weeks, Fred was driven around some of his old haunts, the cottage at Pendoggett and the quarry by his cousin Ken Finmore, and chuckle at how the quarry now hosts luxury tepee holidays. Fred had a fantastic day with his family on Christmas Day before he was taken into hospital, showing that, until the end, he lived life to the full.

He leaves a widow, Sybil, daughter Susan, grandchildren Ellen and James, and two sisters.

The celebration, followed by burial at Chapel Amble cemetery, was conducted by the Rev Alistair Sharp. Singing was led by The Shipwrecks Choir, the organist was John Godwin, and the eulogy was given by John Bennallick. Bearers were David Armstrong, Ian Gillbard, David Hambly, James Hambly, Paul Harris and Martin Langdon.

Funeral directors R J Bray & Son of Wadebridge.

Growing up in the 1920s

Last night I was reminiscing about my life as a young child in the nineteen twenties and was struck by the large change in the pace of life between then and now.

Our day would start with the arrival of the milkman in his pony cart with a milk churn on the back. We would go out with our largest jugs which he would fill with milk from the churn, using a long handled ladle. Once a week our next caller would be the 'Dust Cart' with the dustmen to empty our dustbins of rubbish. This was a large wagon drawn by two beautiful Suffolk Punch horses. They usually arrived at about midday and took their lunch break outside our house. They were given their lunch in two large nosebags slipped around their necks. This gave us children the chance to go out and stroke their lovely golden coats.

In the afternoon we might be visited by an organ grinder (no he didn't have a monkey but I'm told some did!). He would push his organ (which was like a huge musical box) to the side of the road and play music by turning a handle on the side. We would be given coins to put in his cap, which he'd placed on the pavement to receive contributions.

Late in the day we would see the lamplighter arrive on his bicycle, clutching a long pole. He would prop his bike against the lamppost and with his long pole reach up and switch on the gas supply to the lamp and produce a spark to ignite it.



A friend of mine tells me that the arrival of the lamplighter in her road was a signal to the children playing outside that it was time to return home.

Finally at the end of the day those arriving at the railway station would hire a cab - horse drawn of course!

How life has changed!

Meriel

Chapel Amble

Historic village trough returned to Pendoggett

The Pendoggett community braved a cold Saturday morning to come together as one to commemorate the return of their historic village blacksmith forge trough.

The noteworthy 15th century Cornish trough was used by successive generations of the Finnemore and Thyer families who operated the village blacksmith's forge throughout the 19th and early 20th centuries. After the forge's closure and conversion into a shop in the late 1940s, the trough was moved across the road to the Cornish Arms and placed on behalf of the community into the safekeeping of successive pub landlords where it remained a popular village feature until its sudden removal from Pendoggett in mid-2017.

Five-year old Locryn Finnemore, youngest grandson of David and Fran Finnemore, and the direct descendent of the blacksmith's family, cut the celebratory ribbon on behalf of his family, watched by proud great-aunt Heather Harris. Locryn's father, Ben, informed the assembled well-wishers that his relatives in Australia were delighted to learn of its return. Local historian William Garland, who has written an interesting book on the history of the Thyer family, spoke about their role in the local

community. Guest of honour was Port Isaac resident Terry Gifford who, as the oldest living person to be born in Pendoggett and who worked in the village for most of his life, kindly shared his memories of the sadly bygone colourful pub characters who often lent against the trough outside the Cornish Arms waiting for the doors to open again!

Firmly secured in its new position, the village looks forward to future generations admiring its history. As the Cornish trough might say "we have seen 'em come and seen 'em go, but I am back to stay!"



Patrick Newton

Parish Council News

Chairman: Cllr John Lethbridge
Clerk: Cindy Powell, 6 Greenhill Villas
 Wadebridge PL27 6HN Tel: 01208 815591
 Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.30pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

St Kew Parish Council Meeting held on Tuesday 13th February at 7.30 pm in the Parish Hall.

Present: Chairman: J Lethbridge, Councillors T Mott, A Godden, R Godden, J Rowe, J Rickard. Cornwall Councillor S Knightley and 4 members of the public.

A member of the public enquired what was happening with the Post Office situation at St Kew Highway. The Council had not heard anything of late and would write to find the latest situation.

Please note ~ since the meeting we have heard that the Post Office is providing a mobile Post Office service commencing the 19th of March. This will call at St Kew Highway on Mondays and Thursdays at 13.00 to 15.00. It will also be at Port Isaac at the overspill car park on Wednesdays at 12.30 to 13.30.

With regard to the company that enquired about a possible interest in affordable housing at St Kew Highway, the Council has had no further contact.

We have had a couple of complaints regarding the 'no parking on grass' signs on Common Land around the parish. They are there to protect the green areas for us all to enjoy. Over the whole of the UK approximately 8,000 acres of grass common has been lost in the past two years by the pressure of parking vehicles.

The Council keeps reporting pot holes, but recently the reply back from Cornwall Council is that they are not all pot holes as they are not deep enough!!

Planning Applications

PA17/12023

Peter Nicholson, Panscape. Land SW of the Olde House, Chapel Amble. Raising of the footpath above flood levels. Path to remain public right of way.
Recommend approval

PA18/00267

LM & MJ Cleave, Meadow View, Tregellist. Removal of existing agricultural buildings and construction of two 4 bedroom dwellings.
Recommend approval

PA18/00597

Fore Investments (UK) Ltd. Land west of Cornish Arms, Pendoggett. Outline application for the erection of a 3 bedroom dwelling.
Recommend refusal, on grounds that if approved would considerably reduce parking in the car park to an extent that would either make the public house unviable or lead to parking in the road.

Planning Decisions by Cornwall Council.

PA17/09952

Mr K Godden, Trelulla Farm, Treill.
Approved.

PA17/09952

Meadow View, Tregellist Road.
Approved

RG

O	P	L	K	M	N	B	Y	T	G	O	L	N	B	V	S	F	S	Q	C
D	X	S	E	W	Y	H	M	P	L	W	Q	A	Z	X	U	H	U	F	T
H	D	A	F	F	O	D	I	L	S	H	G	B	Y	T	P	H	N	F	R
E	B	T	Y	L	A	M	B	S	F	L	P	C	L	O	U	D	S	U	T
M	S	N	O	W	D	R	O	P	S	D	I	O	P	J	H	T	H	R	D
X	B	N	M	E	R	D	P	R	I	M	R	O	S	E	S	V	I	X	Z
I	N	M	U	F	D	B	V	I	G	F	J	K	M	Y	D	T	N	G	D
R	O	B	I	N	X	V	B	N	P	U	I	O	Y	T	R	J	E	H	N
L	O	K	J	H	G	R	D	F	Z	M	U	Y	Q	W	S	A	Z	X	R

WORD SEARCH

Find the hidden words:

- Spring
- Daffodils
- Lambs
- Snowdrops
- Clouds
- Sunshine
- Primroses
- Robin



Allen Valley Singers

As I write the snow is falling and the skies are very dark. The trees in the Avenue where I live are bare of leaves, as is right and proper this time of the year, but the shapes of the branches, especially with the snow resting on them, is strangely attractive. However, I still feel grateful that the daffodils that have appeared under the trees, are a promise that Spring and the sun may be just around the corner.

The choir are well underway with new songs, especially exciting because the new and the known will be used for events that are already arranged for this year. We already have been offered a slot on the Padstow Bandstand and this time the occasion will be in the late Spring and maybe this time we will not have the wind, the cold and the rain of previous years. I well remember the music of our MD flying off from the music stand and floating over the railings onto the beach below.

We are hopeful too of entering the Charity Big Event to be held at Wadebridge Town Hall on Friday 16th March, with a workshop prior to the public concert, which is from 7.00 - 8.30 pm. This will be a

fascinating concert as many choirs will be singing a song from their own repertoires. Watch out for public details of this evening.

We look forward too, to the wedding of Sian, the daughter of Colleen, one of our members and our webmaster. Under the baton of our valued M.D., Janette, we have the honour of singing at the wedding and of course the accompanist will be Steve Tyrrell, our brilliant pianist and organist.

We welcome two new members and we wish them all musical and social enjoyment with us.

If you would like to join us, please contact our M.D., Janette Man for all details. Telephone 01208 841784. Get in touch with her too if you would like to book the choir for concerts or weddings, or any event that would be enhanced by our music.

On our banner we have a motto. 'Go forth with a song'. So let us all do that!!

Joyce Hargrave-Wright (Reporter)

St. Kew Community Gardens Association

The View from the Allotments

..... and not much has changed since I wrote a month ago.

I have only seen one person round at the site in the past few weeks, which I suppose is an indication of how inviting the idea of gardening is at the moment! I do go there on a regular basis to get produce for ourselves and for friends, and when I lifted three leeks last week they came up with such enormous clods of earth it was difficult to carry them. That means, of course, that digging is virtually out of the question – even with an efficient motivator you wouldn't make much headway. In the meantime though, all our seeds have arrived and it is really annoying that we can't get going with anything. The only comfort is that we all seem to be in the same boat and I don't feel so guilty.

We did see another allotment recently which was clearly producing well. We were in Southern Spain for a (very cold) week and did a lot of walking and one day we stood on the roadside and watched two elderly chaps feeding a horde of cats in a garden way down the bank from the highway. We waited until the men staggered up the path, each carrying

large bags of vegetables. We spoke to them for a while and admired the cats and told them about our own allotments back in Cornwall. We were envying their ability to work the ground at this stage of the year and they dug in to their bags and came out with seasonal gifts for us – radishes and an avocado pear – all ripe and ready to eat. How about that on a cold day in February?

I comfort myself with the fact that we are using our own vegetables all the time – parsnips, leeks, purple-sprouting broccoli and sprouts, all of which appeared on the table during the past seven days. So we must be doing something right, and of course our onions have been magnificent and I hope we have as good a crop this year. Tony buys a variety which doesn't "bolt" and last year's crop was terrific. I think I planted 160, of which only two or three failed. AND we got prizes for them at the Parish Show.

I am keeping my fingers crossed that by the time April's Magazine appears, I shall be able to boast about how much we have tilled, mulched, seeded and planted. Until then, keep calm, and hope the rain stops before the hosepipe ban takes effect.

Still got four vacant plots by the way, so do ask if you would like to see them.

Judith Mott
judithmott@btinternet.com

Puzzle Page

codeword

16	24	17	3		8		11		17			9
	14		10	26	26	10	13	9	10	17	11	10
	21		4		26		6		18			17
26	12	6	3	3	10	13	15		24	14	21	3
	6				14		8		10		14	
17	3	6	7	10	19		14	21	14	10	3	15
	10		6					11		10		
20	13	6	5	10	14		22	8	10	3	13	15
	6		22		24		13					1
26	12	10	6		19	6	21	14	3	21	10	13
6			11		21		8		10		5	
23	6	17	2	10	3	10	13	21	6		5	
14			8		15		15		25	14	8	23

A
B
C
D
E
F
G
H
I
J
K
L
M
N
O
P
Q
R
S
T
U
V
W
X
Y
Z

S					1				8
U	9			4				2	
7									3
D		5						6	
⊙	2				8			9	
K	4		3			7			
U	6								1
	8			2				5	
	3			7					

nonogram

G	V	T
R	I	N
O	E	H

How many words of 4 letters or more can you find? You must use the centre letter in each word.

No plurals or proper nouns are allowed. There are 64 listed in the solution which includes **1 nine letter** word to find.

1	2	3	4	5	6	7	8	9	10	11	12	13
		T			A						L	
14	15	16	17	18	19	20	21	22	23	24	25	26

SOUPER LUNCH

On 16th February we raised £85 for Shelterbox. Thanks to everyone who came along.

THANK YOU

Marion Dingle and the local community would like to thank the Parish Council for not giving up on the Post Office.

EVENTS OUTSIDE OUR PARISH

Concerts at St Endellion

Friday 16th March, 7.30pm

Juan Martin Solo

The supreme artist of the flamenco guitar in a concert of melodic beauty and rhythmic passion. Voted one of the top three guitarists in the world. Tickets £15 and £10 (accompanied under 16s free) from www.endelienta.org.uk or 07787 944935.

Saturday 31st March to Sun 8 April St Endellion Easter Festival

A feast of choral and orchestral music, featuring Handel's Messiah, Beethoven's 3rd (Eroica) Symphony, and music by Bach, Brahms, Britten,

Butterworth, Chopin, Finzi, Holst, Ireland, MacMillan, Mozart, Mendelssohn, and Tchaikovsky.

Tickets £5 - £25. For booking details visit www.endellionfestivals.org.uk.

Regular events at St Endellion:

Endelienta Poetry group, Book Club and family Make Club - please visit the website, or phone or email for details.

Saturday 10th March 3.00pm

Mega Beach Clean at Polzeath beach with Polzeath Marine Conservation Group and National Trust. See polzeathmarineconservation.com for details.



J.T.Martin Plumbing and Heating

Qualified for the installation, servicing
& maintenance of

OIL FIRED HEATING SYSTEMS AND
APPLIANCES

Unvented Hot Water System Installations and
Upgrades

OIL BOILER BREAKDOWNS AND REPAIRS

Tel: Mobile: 07812 127257

12/18

Ron Bendell Driving School

Changing the world of driving,
one lesson at a time.....



Ron Bendell
ADI

Mobile: 07539933615

Office: 01208 880691

Email: ron@rbsom.co.uk

www.ronbendelldrivingschool.co.uk

R Mears & Sons Chimney Sweeps

Established over 30 years



Thorough vacuum &
brush cleaning.

Full CCTV investigations.

Chimney linings, pots,
cowlings & bird
protection fitted.

Solid fuel appliances,
Rayburns, woodburners
and stoves installed and
serviced

Tel: 01840 261221

Mob: 07737 533392

www.sweepcornwall.co.uk

12/18



THE SIGN OF SUCCESS

Contact us for a free valuation

PARISH SUPPER

The Parish Supper took place on Saturday 3rd February in the St Kew Parish Hall and great fun was had by all.

We were treated to a delicious three course meal, with coffee and mints, all provided by Leonie, Pip, Nicky and their team of fantastic helpers and volunteer chefs. We had a quiz, sing-along songs from Michael, Jennifer, Katie, Geraldine and Rob, and bagpipes by Marcus to go out with a blast. We had a raffle and lots of chatting and laughter and good cheer.

Rob cheered everyone along with his usual style and it was another fantastic Parish Supper evening.

Many thanks to all who helped it to happen and to all who came along and enjoyed it. We raised £975 which gets split between the church and the Parish Hall.

Philippa

Two extracts from 'A Cornish Lexicon'

Drang (noun)

the slip-way below those stumbling steps
of the roly-poly sailor's walk
down dark Mixtow
which ends with a drunken splash
between pub and cobbled quay;

the drag of metallised scales that skate and
glitter
like fish-eyed day
scraped and clean
all rowed in boxes numbered for market;

the shout as day clangs shut
where billhook hanger meets jackdaw night.

Kieve (noun)

the artful pool that cleanses souls,
the holy basin where all quests begin;

a silvery-bell to warn all sailors
trim the sail
batten hatches
head for shelter
clutch the caul.

David Penhale

GILL'S RECIPE OF THE MONTH

Haddock au Gratin

Ingredients

- 1-½ lb haddock
- Salt and pepper
- ¼ lb button mushrooms

For the sauce:

- 1oz butter
- 1 rounded tablespoon flour
- ½ pt milk
- Grated cheese, breadcrumbs and butter

Method

- Skin the fish and cut into portions, place at the bottom of a buttered dish and season.
- Chop the mushrooms and place on top of the fish.

For the sauce:

- Make a roux with the butter, flour and milk, and extra cheese if you want a cheesy sauce, season to taste.
- Pour the sauce over the fish.
- Mix some grated cheese with the breadcrumbs (melted in butter) and sprinkle over the sauce.
- The sauce should be thicker than normal to allow for the dilution of the juices.
- Bake for 20-25 minutes at 350° F.

Other white fish such as cod or plaice can be used if preferred.

Mashed potato can be put on the top of the dish once cooked and placed under the grill to brown.

■ MARCH

info@redlionstkew.com

01208841271

Red Lion News Flash

MARCH

OPEN MIC
Wednesday 7th
All welcome

MOTHERS DAY
LUNCH
SUNDAY 11th
BOOK NOW

SUPPER CLUB
Thursday 15th
FOOD
*Asian Hawker
Market Food*

QUIZ
SUNDAY 25th
in aid of the
Parish Magazine

*Join us and enjoy an
evening of fun to get
your minds working
Teams of any number*

MARCH NEWS

MOTHERS DAY LUNCH BOOK NOW

AND **MAD MONDAY** IS BACK!

WHAT'S MAD MONDAY YOU ASK?

A 2 COURSE DINNER FOR ONLY **£12**

CHOOSE A STARTER AND MAIN OR

MAIN AND DESSERT

FOR ONLY **£12**

We've put together a special Sunday lunch menu especially for mums check out our web site or call 01208841271

OR WHY NOT JOIN US
FOR OUR SUNDAY NIGHT
FUN QUIZ

ALL WELCOME TEAMS OF
ANY NUMBER

It's for your mag
this month



'KEW & A'

Twenty Questions & Answers

This month: Sarah Reskelly, co-owner of St Kew Farm Shop.

Childhood Hero: *Scary Spice (Mel B from the Spice Girls).*

Hobbies: *Surfing.*

Favourite Music: *All genres with special favourites Rolling Stones, Drake, and Childish Gambino.*

Favourite Book: *'We Need to Talk About Kevin' by Lionel Shriver.*

Favourite Film: *Either 'Pulp Fiction' (dir. Q.Tarrantino, 1994 or 'Superbad' (dir. G. Mottola, 2007).*

Favourite TV Programme: *'Take Me Out'.*

What's good about living in your village?
St Kew Farm Shop!

What would you improve? *Fine the way it is.*

I'm very good at.... *Being hospitable.*

I'm very bad at.... *Being told what to do.*

A phrase I use too often is.... *'No worries!'*

Three people, dead or alive, I'd invite to dinner are.... *my nannie Connie, Amy Winehouse, Mrs Doubtfire (Robin Williams).*

I'd like to be stranded on a desert island with....
Bear Grylls (wilderness survivor).

I'm embarrassed by.... *Not a lot.*

My proudest moment was.... *opening the Farm Shop.*

The best things about Cornwall is... *Clotted cream.*

The worst thing about Cornwall is.... *The weather (currently raining 90% of the time!)*

Which of our country's laws would you change? *Nothing.*

An over-rated public figure is.... *Donald Trump.*

In another life I would be.... *Kim Kardashian.*

St Kew Historical Society

On Thursday 8th February Local Historian and Racer Mr Terry Faull gave an illustrated talk on 'The Forgotten Garden at Lewtrenchard'

A touching tale of the life and times of Sabine Baring-Gould, his wife Grace and his extended family.

Describing how they met and lived, how he became a renowned author of repute, Rector and Squire of Lewtrenchard and builder of a garden surrounding his manor for his wife's enjoyment.

The garden that became neglected and overgrown and subsequently lost after her death has only recently been rediscovered and recovered by the

forgotten garden society of Lewtrenchard, www.forgottengarden.co.uk (look it up).

This talk was most informative and entertaining, enjoyed by our usual audience of members and guests who look forward to future events.

Please support this and other events, they are interesting, entertaining and informative. We need your support to safeguard the future of your Historical Society.

Please see our AGM notification - you are all welcome.

Puzzle page solutions

2	6	4	5	3	1	9	7	8
5	9	3	8	4	7	1	2	6
7	1	8	2	6	9	5	4	3
9	3	5	1	7	4	8	6	2
1	2	7	6	5	8	3	9	4
8	4	6	3	9	2	7	1	5
6	7	9	4	8	5	2	3	1
4	8	1	9	2	3	6	5	7
3	5	2	7	1	6	4	8	9



eight, envoi, gift, girth, give, given,
giver, goitre, grin, grit, groin, heir,
heroic, hinge, hint, hire, hive, hoe-
ing, hovering, ignore, inert, ingot,
inter, into, intro, invert, iron, neigh,
nigh, night, nitre, nitro, orient,
OVERNIGHT, ovine, region, reign,
rein, rhino, right, ring, riot, rite,
rive, riven, rivet, roving, their, thin,
rine, thing, thrive, tier, tiger, tine,
ting, tinge, tire, toeing, trio, vein,
vertigo, vetoing, vine, voting

W	O	N	K		Y		Y		O		N
	Z		A	I	R	E	T	E	H	S	V
	Z		E		O		I		C		A
R					T	I	E		F	L	E
	M				R		U		P		A
Y					P	O	E		N	Z	E
	E		C						A		E
Y					N	I	N		D	E	G
	N		E		O		N				A
					U	N	I		F	L	A
S			Q		A		F		F	X	
E			S		C		V		E	R	
V			S		C		O			S	T

Nonogram

Codeword

Group Travel

Enterprise Park, Midway Road, Bodmin
Cornwall PL31 2FQ. Tel: 01208 77989



BODMIN M.O.T. CENTRE at Group Travel

Class 4, 5 and 7. Trade enquiries available upon request. Tel: 01208 77989

2018 COACH EXCURSIONS

22nd MAR - MYSTERY TOUR
10th APR - SOUTH DEVON RAILWAY & TOTNES CRUISE
18th - 24th APR - SCOTTISH HIGHLANDS TOUR
28th APR - TOBY'S GARDEN FESTIVAL, EXETER
12th - 13th MAY - WINDSOR HORSE SHOW OR LONDON
22nd MAY - KILLERTON HOUSE & GARDENS
19th JUN - HELFORD RIVER CRUISE
2nd - 6th JUL - LLANDUDNO TOUR
22nd JUL - EXMOUTH SEA CRUISE
4th AUG - COUNTRYFILE LIVE
5th AUG - FESTIVAL OF BRITISH EVENTING

17th AUG - ROSEMOOR FLOWER SHOW
21st AUG - DARTMOOR ZOO
25th - 26th AUG - DORSET STEAM FAIR
31st - 2nd SEP - BURGHLEY HORSE TRIALS
11th SEP - WIDECOMBE FAIR
16th SEP - TOBY'S HARVEST FESTIVAL
27th - 1st OCT - SHROPSHIRE BY COACH, RAIL & CANAL
3rd NOV - BRIDGWATER CARNIVAL
17th NOV - FESTIVAL OF LIGHT @ LONGLEAT
23rd - 26th NOV - TURKEY & TINSEL @ BOURNEMOUTH
24th NOV - CLARKS SHOPPING VILLAGE, STREET

16 TO 70 SEAT COACHES AVAILABLE FOR PRIVATE HIRE. CORPORATE/ VIP, EVENTS & CONFERENCES, WEDDINGS (CAN INCLUDE STAG & HEN PARTY PACKAGE), HOLIDAY TRANSFERS, FUNERALS, DAYS OUT, GROUP TOURS, GOLFING HOLIDAYS & SPORTING EVENTS.

FOR BOOKINGS AND A BROCHURE PLEASE CALL

01208 77989 / 01208 72669

Website: grouptravelcoachhire.com Email: benneymoon@btinternet.com

3/18

SUMMIT LOGS

**BE PREPARED FOR WINTER AND
STOCK UP YOUR FIREWOOD WITH
SEASONED LOGS FROM YOUR
LOCAL SUPPLIER
OUR PRODUCT HAS A LOW CARBON
FOOTPRINT
AS IT IS SOURCED LOCALLY FROM
SUSTAINABLE WOODLAND**

PLEASE CALL FOR MORE INFORMATION

**01208 841391
07860 784557**

FREE DELIVERY IN THE WADEBRIDGE AREA
STACKING SERVICE ALSO AVAILABLE

Andreas Construction Building & Roofing

Landscaping / Patios	Roof Repairs
Property Maintenance	Re-Roofs
Extensions	Flat Roofing
Kitchens & Bathrooms	Delabole Slating
Conservatories	Slate Hanging
Loft Conversions	Lead Work
Barn Conversions	
Bespoke New Builds	Digger & Dumper Hire

All work is always to the highest of standards.
Any job undertaken.
Please call for a free quote.

07967 816968 01208 851387
andreas-construction.com
andreamjones@icloud.com

Find us on

Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



Martin Brooks - 07812 959 879
martin@northcornwallpilates.co.uk
www.northcornwallpilates.co.uk

12/18

Western Supply



Timber & Builders Merchants Paint & Decorating Supplies

Atlantic Road
Delabole

Tel: 01840 212580

www.westernsupply.co.uk

(open 7 days a week, Sat & Sun mornings only)



12/18

ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

February - March 1918

Home Front.

After the introduction of compulsory food rationing, coal was the next commodity on which action was required in order to conserve supplies, so a 'Curfew Order' was announced: no lights could be used for illuminating shop windows; no food to be cooked in any hotel, club, inn, restaurant or boarding house between 9.30pm and 5.00am; all lights in the dining room of these places must be put out at 10.00pm; no performances in theatres, music-halls, cinemas or other places of amusement shall be continued after 10.30pm.

Western Front

During the period 21st March – 5 April, the Germans attempted to win the war with their Spring Offensive, by a series of operations in Flanders. Reinforced with 500,000 troops from the Eastern Front, they made strong breakthroughs using gas, artillery, air power, and shock troops to bypass defensive positions in foggy conditions that hampered the defenders. 21,000 British prisoners were taken. French reinforcements were rushed in, while tired and hungry German troops slowed having driven well ahead of their supply lines, and sustained losses of over a quarter of a million casualties, so the offensive was halted.

We Will Remember Them

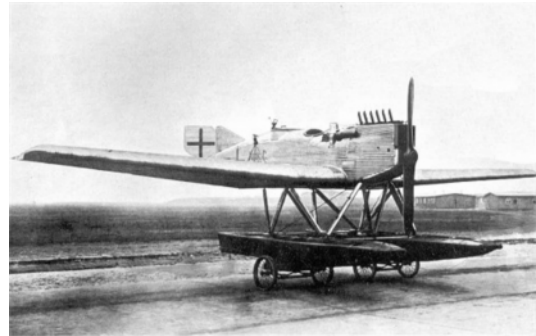
During the German advance, Private Reginald Harris was killed on 24th March 1918, aged 23. He was serving with the 7th Battalion of the Duke of Cornwall's Light Infantry. He was the son of Daniel and Ellen Mabel (formerly Hawken) who farmed, on own account, at Tregear, Pendoggett.



Reginald is commemorated on the Pozieres Memorial in Picardie, France.

First All-Metal Plane Developed

The German Hugo Junkers, Professor of Mechanics, designed the world's first all-metal plane in 1915 and the prototype was built in 1917 and began full production in 1918. It was made from a lightweight form of aluminium called duralumin. He also provided the Junkers CL-1, the best German ground attack plane of the war. After the Armistice Junkers established his own company - Lufthansa.



Drone Bombs

The first pilotless drone was designed for the US Navy in 1916 and developed by two inventors, Elmer Sperry and Peter Hewitt, as an unmanned aerial bomb. Measuring less than 19 feet across with a 12 horse-power motor, it weighed 175lbs and was stabilised and directed with gyroscopes and a barometer to determine altitude. The first flight in history occurred on Long Island on 6th March 1918. In the end, its targeting technique, 'point and fly', was too imprecise for it to be useful against ships during the war.



Notification of Annual General Meeting

St Kew Historical Society

You are cordially invited to the
Ninth Annual General Meeting of
The St Kew Historical Society

Thursday 8th March 2018

Venue: St Kew Parish Hall,

7.30 pm

Light refreshments will be provided

RSVP to Secretary John Raybould

01208 841682

St Kew Highway Community Hall

(Registered Charity No: 294140)

The Community Hall offers a variety of activities for the community, and for all age groups. During the day there is a choice of yoga and pilates, and chair aerobics for the less able. There are also art classes and a thriving Cornish embroidery group.

On Tuesday evening the Allen Valley singers meet and I am sure would welcome new members.

Wednesday evenings are reserved for meetings: the WI, the Gardening Club and the Playing Field group.

Once a month there is a Souper lunch which is run by the local church, and every Sunday morning the Methodist church hold services.

These groups would also welcome new members and we could offer more activities if there is anyone who would like to start something new.

The hall is also available for private events such as parties, fund raising, jumble sales, fetes, etc. There is a small committee that supports all these things and we would also welcome newcomers. Come to our AGM and find out more.

Notice of the ANNUAL GENERAL MEETING

To be held on

**Wednesday 25th April 2018 at 7.30pm
In the Community Hall**

You are cordially invited to the above meeting. All residents of St Kew Parish, aged 18 and above are entitled to attend and vote at the Annual General Meeting.

Please come along and enjoy a glass of wine and other refreshments and have your say about what you want from **YOUR** village hall and select the people you want to run it.

All the members of the management committee retire from office at the end of the meeting and a new board of trustees elected by you takes over.

Younger members of the community are also very welcome to attend and may stand for election onto the management committee to advise what the younger residents of the community would like to happen at the hall for them.

A local problem - rubbish in our lanes

My niece & I took the dog for a walk today, along a mile stretch of local (unclassified) road in St Kew parish. We were equipped with rubbish bags and gloves, and were on a purposeful mission to litter-pick the hedgerows, verges & road. The attached photo shows the results – in just 50 minutes!



We were pretty keen to do this before the spring growth hides a lot of nastiness in the hedges, and spurred on by the amount of rubbish I'd picked solo in the last couple of weeks (going along the same road in the opposite direction).

We'd find it rather disheartening for 'fresh' litter to build up again too rapidly, and wondered if: (a) locals might like to do similar on their local stretches of country lanes, and (b) the parish might like to push a 'bin your rubbish' policy to discourage litter being chucked out of car windows?

Plastics in the sea have been highlighted lately by programmes like Blue Planet 2, and we often hear of community litter-picks on beaches; but our green environment is often forgotten (not overlooking that wind and rainfall & streams can carry this rubbish into the sea!)

When I was a child there was a TV advert featuring a cartoon couple which made littering the countryside almost anti-social; for an area that relies on tourism and farming a return to this mind-set would surely be ideal? Perhaps we could lead the way...

Juliet Cleave





ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

Calendar for March

4th Rev Alistair Sharp
11th Church Fellowship
18th Rev Michael White
25th Rev Sally Long

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

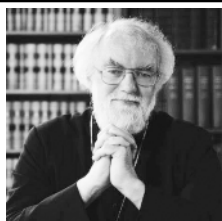
Catholic Church Services

Wadebridge

St Michael's Church
Tel:01208 72833
Mass Sundays 8.30am
Confessions
Friday 10.30-11.00am

Tintagel

St Paul The Apostle
Tel:01840 770663
Mass Mon-Thur 10am
Fri & Sat 6pm
Sunday 10.00am
Confessions:
Before/after Mass.
Other times on request.



Religious poetry when the Church is in ruins: Henry Vaughan and the Seventeenth Century Crisis in the Church, led by Dr. Rowan Williams.

**Saturday 17th March, 10am
3pm, St Endellion Church.**

We are delighted that Rowan Williams, Master of Magdalene College Cambridge, former Archbishop of Canterbury and a poet himself, will present our March Reflective Day at St Endellion.

Henry Vaughan, (1621 -1695) was a Welsh metaphysical poet, author, translator and physician, chiefly known for the religious poetry contained in *Silex Scintillans*.

The day will begin with coffee in the Church Hall followed by the first session starting at 10.30am in the Church. Bring a picnic lunch. Cost £12.00. Book with Judith Pollinger, 01208 880181 or 07736 173519 or via www.endelienta.org.uk

NB: Please note that this day is expected to attract a large number of participants. If you are able to car-share in your travel arrangements, it would greatly ease the pressure on our available car parking spaces.

Judith Pollinger

St James the Great at St Kew



Calendar for March

Fri 2nd *Lent 2.* 2.30pm, Women's World Day of Prayer led by Diane Garland.
Sun 4th *Lent 3.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild.
Sun 11th *Mothering Sunday.* 9.30am, All Age service with Marcus Jones.
Sun 18th *Lent 5.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild.

Holy Week - Sunday 25th to Saturday 31st

Sun 25th *Palm Sunday.* 9.30am, All Age Service with Rob Soley.
Tues 27th 7pm, Tenebrae at St Michaels Church, Porthilly.
Thurs 29th *Maundy Thursday.* Holy Communion with Foot Washing and Vigil at St Peters Church, Port Isaac with Rev Dr Elizabeth Wild and Ordinand Geraldine Ashton.
Fri 30th *Good Friday.* 10.30am, All Age Passion Play.
12 noon, Reflections at the Cross at St Minver.
12-3pm, Service of Three Hours at St Endellion.
Sun 1st *Easter Sunday.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild and Ordinand Geraldine Ashton.
4.30pm, Festival Evensong and Installation of Prebendaries, with Bishop Chris at St Endellion.

Preparing for Easter

Many people, including those who attend church, sometimes regard Lent as a rather dreary and depressing time, but that wasn't the intention. The keeping of Lent was always meant to be characterised by simplicity, self-discipline and joyful expectation, for the whole purpose of Lent is to prepare for the glorious celebration of Easter. So it's helpful to give up something during this time, as many people still do, and especially if it makes us more thankful for the many good things in our lives.

Lent always coincides with Spring, even when the weather isn't Spring-like!

So as well as perhaps giving up something you enjoy, why not a few moments to look around you, to pause to marvel at God's creation, and let that sense of wonder lead you into praise of the God who created it.

Judith Pollinger



It's not just about food.....

Our Foodbanks are currently in need of household cleaning products (*no bleach please*), men's and ladies deodorant and razors. All donations make a big impact!! There are a number of reasons why someone might be referred to our Foodbanks and they are not always what people think! It could be anything from a mum who has lost her job and is struggling to find work that fits around her children, or a sudden health condition which results in a long stay in hospital and incurs an increased spend in fuel and parking costs, or a builder who has been laid off and is waiting for his first benefit payment to come through while he looks for a new job. Foodbank volunteers talk with people in similar situations every day.

When people are referred to us for a food parcel, they've most likely tried everything they can to get back on their feet, but it just hasn't worked. That's why we're here to give them a cup of tea, a listening ear and some food. We work hard to give people hope and extra support so that they recover from their crisis.

ASDA-Thanks to everyone who donated at our Collection in the ASDA Store, Bodmin. All donations help to provide for people in need in our community.

Our Foodbank Manager, Jacqui, met Connor Donithorne who recently visited our Foodbank with a generous donation. Connor, from Wadebridge is a student at University and when he came back for the holidays, he decided to raise some money for us. Huge thanks to Connor's friends and family who donated a fantastic £165. Such a thoughtful and refreshing idea from a student who wanted to help his community.

Free Money Box Course

Find out how Universal Credit will help you if you are a tenant, unemployed aged 16-64. Please contact us for details.

CAMPING WEEKEND AT MOTHER IVEY'S BAY HOLIDAY PARK

If you're thinking of booking a mini-break this year, we have the perfect holiday destination! We will be holding our Fun Camping Weekend at Mother Ivey's Bay Holiday Park from the **15th-17th June 2018**. £25 PER CAMPING PITCH FOR THE WHOLE WEEK-END OR £28 FOR A PITCH WITH ELECTRIC HOOK-UP. We're hoping for some lovely warm and sunny weather. Tickets are available from Wadebridge Foodbank (cash or cheque), at Unit 2, Trevanson Street PL27 7AR (opposite Lidl), Tel. 01208 815374 we're open from 10am-1pm Monday to Thursday.

Email: contact@wadebridgefoodbank.org
Registered Charity No. 1166301
Website: www.wadebridgefoodbank.org



Our February meeting was held on St Valentines Day and so we looked at turning our hearts green. This is a WI campaign which started in 2017 and so we looked at the issue of the use of plastic in our homes and in our supermarkets.

We looked at the eco-problems the world is currently facing and hence looked at turning our hearts green!

In our national magazine there was an idea about making green hearts - these have flower seeds in them - they were to be left out in our community, hopefully one of you will have found them and planted them.

We are making plans for our next programme and looking to do some special evenings to invite people to - watch this space!

This month we have our Annual General Meeting - at 7pm on Wednesday 14th March.

We are always eager to welcome new members and hope that some of you may be interested - you don't need to be retired or to be able to "do" or be interested in crafts so come along and receive a good welcome.

Just to let you into a secret - we don't often sing 'Jerusalem' either!

Alison



ST KEW GARDENING CLUB

I don't think I've ever known it so wet for so long. There's not a lot us gardeners can do at present, only hope that it dries up soon.

There wasn't a meeting in February, but don't forget

21st March is the talk from Portreath Bee Centre. *Apologies - in February's magazine it said 14th.*

The AGM on April the 18th. All are welcome, including new members.

Contact the club on:
stkewgardeningclub@gmail.com.

RG

Events Diary - March

- 1st Chair aerobics, Community Hall, 2.00pm
 7th 'Tea and Toast', Parish Hall, 9-11.00am
 Bellringing practice, 7.30-9.00pm
 8th Chair aerobics, Community Hall, 2.00pm
 History Society, Parish Hall, 7.30pm
 14th 'Tea and Toast' Parish Hall, 9-11.00am
 WI, Community Hall, 7.00pm
 Bellringing practice, 7.30-9.00pm
 15th Chair aerobics, Community Hall, 2.00pm
 16th Souper Lunch, Community Hall, 12.30pm
 21st 'Tea and Toast', Parish Hall, 9-11.00am
 Bellringing practice, 7.30-9.00pm
 22nd Chair aerobics, Community Hall, 2.00pm
 Mothers Union at St Endellion Hall 7.30pm
 25th Quiz at The Red Lion, 8.00pm (for your mag)
 28th 'Tea and Toast', Parish Hall, 9-11.00am
 Bellringing practice, 7.30-9.00pm

News from St Kew Parish Hall

**The AGM of the Hall will take place on
 22nd March
 at 7.30pm in the Parish Hall,
 Everyone is welcome.**

Kathy

To book the hall, please contact Joanna Pratt on
 01208 841420.

The Regal in Wadebridge

Tel: 01208 812791



March

- 2nd Red Sparrow
 16th Peter Rabbit
 Tomb Raider
 23rd A Wrinkle in Time
 Pacific Rim: Uprising

Please check our website for the next Autism friendly screening - watch newly released films with friends and family in an inclusive environment.

Live Screenings: book online or contact the Cinema

- 6th 'Carmen' - ROH. Live 7.30pm
 20th Oscar Wilde Season - 'Lady Windermere's Fan' (Jennifer Saunders) 7.15pm
 22nd 'Julius Caesar' by W Shakespeare, NT. Live; David Calder, David Morrissey, Michael Fairley, Ben Wishaw, 7.00pm
 25th Wurlitza present 'A Cottage on Dartmoor' (dir. A. Asquith, 1929), 8.15pm (Special screening - black & white silent movie with **live music**)
 27th Leonard Bernstein Centenary Celebrations Royal Ballet. Live, 7.15pm
 28th Handel's 'Messiah' Bristol Old Vic. Live, 7.30pm

Please ring or check our website for more details
www.wtwcinemas.co.uk

Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning **26th Feb, 12th and 26th March.**

ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

(Registered Charity No 294140)

- | | | | |
|---------------|---|----------------|------------------------------|
| Sun: | Methodist Church Service | Marion Dingle | 01208 841388 |
| Mon: | Yoga 10.30am | Fiona Crompton | 01208 851735 |
| | Pilates 2.30pm - 5.15pm | Martin Brooks | 07812 959 879 |
| Tues: | Allen Valley Singers 7.15pm - 9pm | Janette Man | 01208 841784 |
| | Pilates 1.15pm-2.30pm | Martin Brooks | 07812 959 879 |
| Wed: | 1st, 3rd and 5th in month - | | |
| | West Country Embroiderers | 10am - 3pm | Pat Scarborough 01841 521323 |
| | 1st in month - St Kew Playing Field Trust | 7.00pm | |
| | 2nd in month - St Kew WI | 7pm | Becky Allen 01208 841798 |
| | 3rd in month- Gardening Club | 7.30pm | Richard Godden |
| Thurs: | Chair Aerobics | 2pm | Pat 01208 841260 |

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
 CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

Souper Lunch

Our next Souper Lunch will take place on Friday 16th March at 12.30 in St Kew Highway Community Hall. You are all very welcome. We enjoy a bowl of home-made soup together, have a nice chat and raise some money for a good cause.



PLEASE DO JOIN US



Pengenna
Manor

Exclusively yours

Trelill
01208 612221
www.pengenna.co.uk



St Kew Inn

*A beautiful 15th Century Inn, bursting with character.
We serve delicious home made food using the best local produce.
You will always find a friendly welcome in this traditional local "pub".*

St Kew Inn, Churchtown, St Kew, Wadebridge. tel: 01208 841259 email: stkewinn@btconnect.com

Life's tough sometimes



Relationship breakdowns and disputes about children or finance can be the most stressful time in your life. We are here to help, talk to Sproull.

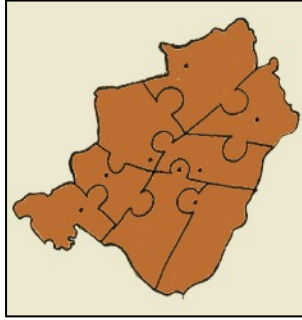
SPROULL

SOLICITORS

01208 72328

www.sproulllp.co.uk

Pieces of Eight



April 2018, Issue 239

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern

Email: stkewmag@gmail.com



Fieldfare Photograph by Glynis Evans

Fieldfares and Redwings are winter visitors from Scandinavia. Fieldfares love apples, but Redwings prefer berries. These two thrushes are easily distinguishable from each other, however Redwings can be confused with the Song Thrush, whilst the Fieldfare is similar in size and appearance to the Mistle Thrush.



Redwing Photograph by David Balmford

Peacock Butterfly

Photographed by David Balmford on 13th March.

Maybe Spring is just around the corner after all. Or possibly not, as we've since had more snow and cold weather!



Many thanks to our keen-eyed photographers, keep them coming!

Your free guide to news and events within and around St Kew Parish

Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their site*).

EDITORIAL

Welcome to the April edition of the magazine.

Steve was rather optimistic last month talking about spring! No sooner had the magazines arrived from the printer and we'd bagged them up to take to our loyal distributors, than it was snowing on the south coast while we still had sunshine. Luckily I delivered all my bags that day as how our weather changed in the next 24 hours!

Our lane, which is on a hill, went very quiet except for the the odd tractor going past. Unfortunately our under-floor heating decided it needed a 'rest' - not the best time to choose but the log-burner warmed the downstairs up and by the following afternoon the heating was working again - very strange.

Last month we had several interesting articles arrive in our in-box, so please keep them coming.

We've also received a lovely email from Australia about last month's Pendoggett blacksmiths' trough article. I've included it along with a follow-up article from William.

I do hope you read Juliet's article about litter in our lanes last month. She has followed this up with another article this month, and the Parish Council have agreed to consider organising a litter-picking day. Let's all get behind this great initiative to help keep our Parish tidy.

Nicky

The Editorial Team:

Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager & Treasurer
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

*PoE is printed by Parish Magazine Printing,
Northmoor, Whitstone, Holsworthy, Devon, EX22 6TD.
www.communitymagazineprinting.co.uk
01288 341617*

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the May issue is:

Monday 16th April.

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Could all contributors please send us your copy or advertisement as soon as possible, ideally **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight! This shows our advertisers that the magazine is *the* place to reach local customers.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied. The magazine does not accept any responsibility for any issues arising from advertisements.

Cornwall Exterior Cleaning



HOMEOWNERS:-

We are a small company specialising in all aspects of external cleaning both for domestic and commercial properties.

We can provide a wide range of cleaning which include gutters, walls, conservatories, paths and driveways.

We use gutter vacs to clear debris and our high reach poles will easily clean over Conservatories.

Our pressure washing is carried out to keep all hard surfaces both clean and safe.

Softwash cleaning is a highly effective cleaning process and is used to clean render, roofs, pebble dash, concrete and brick.

We use a high grade biocide which has long lasting results without damaging the surfaces. In addition, all our cleaning solutions have a low environmental footprint and are user friendly.

All technicians are fully trained and have public liability insurance

ESTATE AGENTS:-

First impressions can be key to successful selling and to ensure this we offer a full external house package to fit your requirements.

LANDLORDS:-

External maintenance is important to keeping your property in good repair – overflowing gutters, mouldy walls need not be a problem as we can look after your property for you.

If you feel that any of our services could be of interest to you please telephone and we would be happy to discuss your requirements.

Mobile – 07921 957356

Or email:

enquiries@cornwallexteriorcleaning.co.uk

12/18



**CORNISH COOKER
CONVERSIONS LTD**

**GET CONNECTED
... ELECTRICKIT**

CONVERT YOUR AGA (OTHER RANGES TO FOLLOW) TO ELECTRIC WITH ELECTRICKIT & BENEFIT FROM

- **DRASTICALLY REDUCED AGA RUNNING COSTS**
- **WARM IN WINTER, COOL IN SUMMER**
- **INDEPENDENT HOB AND OVEN CONTROL**
- **SPECIFIC OVEN TEMPERATURES TO SUIT YOUR RECIPE**
- **PROFESSIONAL INSTALLATION**

WE CAN ALSO HELP WITH OIL SERVICING & REPAIRS

PLEASE CALL ALAN OR ELIZABETH ON 01208 812272

www.ccconversions.co.uk

12/18



North Cornwall Pest Solutions

Controlling in your area

- Ants
- Cockroaches
- Fleas
- Flies
- Moths
- Moles
- Rabbits
- Rodents
- Wasp/Hornets

BPCA Level 2 in Pest Management

24hr call out

Fully insured

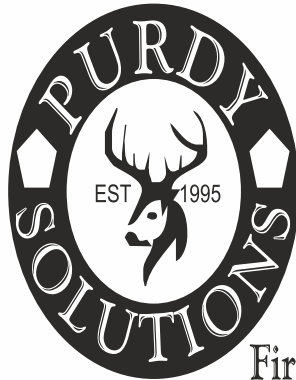
07770677029

finnmore2000@aol.co.uk

Prompt, Discreet, Friendly Service



Your first step in property preservation and maintenance

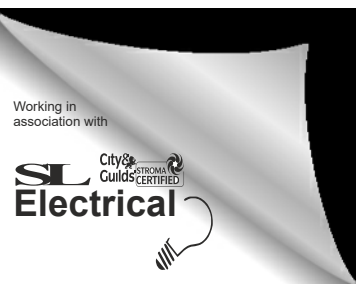


- Carpentry ◆
- Property Care ◆
- Kitchens ◆
- Bathrooms ◆
- Vinyl Flooring ◆
- Fire Door Maintenance ◆

T: 01208 841 528

M: 07816 899 649

E: jandbathome@aol.com



Would you prefer to have a FEMALE to do your Painting & to do your



- can also Maintain your Garden & Power Wash your Patios, Decking, Walls, Driveways etc. with a Pressure washer

For free quote 'Phone: 07754 346457

St Pirans Garden Services

Hedge Cutting/Pruning

Strimming/lawn mowing

All aspects of home and garden maintenance

No Job too big or too small

Fully insured

01208 221397



St Kew Highway
Tel: 01208 841470 or 07581197622

Aunt Avice's Pasty Shop

REAL CORNISH PASTIES HOMEMADE
EVERY DAY (except Sundays)

**FEELING HUNGRY?
JUST CAN'T WAIT?
COME TO AUNT AVICE'S
THEY'RE ALWAYS FRESH BAKED!**

WE ARE AT UNIT 1, ST KEW SERVICES,
ST KEW HIGHWAY. TELEPHONE ORDERS
WELCOME: 01208 841895 OR 841740 (HOME)

THESE ARE "THE REAL THING"

12/18

Garden Services



Clearing
Grass Cutting
Hedge Trimming
Hedge Laying
Tree Work
etc...

**Stephen Lambert
CALL:
01208 850241
07891 828313**

12/18



We use local suppliers where possible eg.

- *Barnecutt's fresh bread, cakes, pasties.
- *Button's meats.
- *Tinten potatoes.
- *St Kew Biscuits.
- *Trewithen Dairy products.
- *Local Preserves & Honey.

STCS

St Tudy Community Shop and Post Office

Monday to Friday 8am – 6pm
Saturday 8am – 2pm
Sunday 9am – 12 noon
Deliveries can be arranged
TRY US FIRST !!!

12/18

We stock fresh fruit and veg all delivered daily. Orders for fresh fish. Off Licence. Newspapers & Magazines Our own "brand" of dry goods as well as well known ones. We sell eggs, stamps, stationery, sweets, toiletries, coal, frozen food. **And lots more!**

12/18

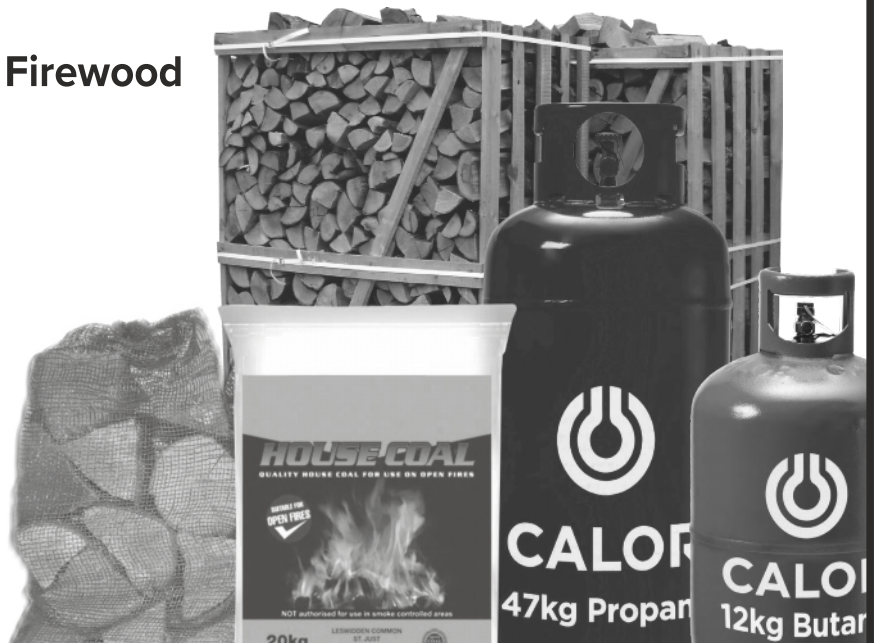


- Kiln Dried & Seasoned Firewood
- Coal & Smokeless Fuel
- Calor Bottled Gas
- Free Delivery
- Free Installation
- No Contracts

**Great Regular-Reliable
Service From a Cornish
Family Owned Business.**



CALOR



01208 816827

sales@loganslogs.co.uk
www.loganslogs.co.uk

Please vote for St Kew ACE Academy and Pre-School's project to build an outdoor classroom.

The new pre-school, within the rural village of St Kew, needs local support by voting for a project to create a timber outdoor classroom. Votes can be



cast between 26th March and 8th April via RGB Building Supplies Facebook page, by emailing RGB@pmwco.m.co.uk and putting 'Community Fund –

St Kew' in the subject box, or in the Bodmin store. The grant of £1,000 worth of building materials is part of the Well Built Community Grant provided by RGB Building Supplies that has been running for the past 5 years.

A small but growing group of pre-school children are benefiting from a curriculum at St Kew pre-school where the natural environment plays an essential part of the 3 and 4 year old's daily routine. The range of stimulating learning areas both in the outdoor pre-school and the wider primary school initiate self-motivated learning and give the children a love of the outdoors. We want to enable children to be outdoors whatever the weather by providing a timber outdoor classroom, not just for the pre school, but for the whole school to use all year round.

St Kew ACE Academy and Pre-School are working with Eden Project Garden and Landscape Design students to design a really inspiring outdoor pre-school that not only nurtures a love of nature but facilitates all forms of learning and play outdoors. Once a design has been chosen, the shelter will be part of the first phase of the physical works. To find out more about the pre-school please visit the school website – www.st-kew.cornwall.sch.uk

We are holding a Summer Celebration on Friday 27th April from 9.30am – 12.00pm to celebrate summer being finally on its way and to show visitors the pre-school now and the selected design. Everyone is welcome, no need to book.

Rachel Murray, Head of School at St Kew ACE Academy, said:

"We are passionate about outdoor learning at St Kew and the freedom of an outdoor learning experience, where the children will be able to explore many new learning opportunities, learn to take risks

and use this unique environment to engage in a meaningful way. We hope that this will provide a richly-resourced, natural space where children will be able to develop in all areas of learning. On a typical day in the pre-school, children will participate in the growing of vegetables, cooking over a camp-fire, creativity using natural resources, plus numeracy and phonics activities using the natural environment in a play-based curriculum."

Steve Best, Branch Manager at RGB Bodmin, commented:

"Our Well Built Community Fund continues to prove extremely popular and once again we were inundated with nominations from schools, community groups, projects and charities from the region, so congratulations to the pre-school for being chosen as a finalist. As it's a local branch, we're encouraging people in the area to get involved and vote for them."

Sam Kendall, Eden Project Education Manager, said:

"The Eden Project's charitable mission is to connect people with the living world and with each other. Working with teachers, students, schools and nurseries is a fabulous opportunity for us and we're excited to be working in partnership with St Kew ACE Academy to bring the benefits of outdoor learning and play to the pre-school children there."

About the Atlantic Centre of Excellence Trust:

The Atlantic Centre of Excellence Multi-Academy Trust brings together a family of seven academies; Beacon, Charlestown, St Agnes, St Columb Major, St Columb Minor, St Kew and Upton Cross in a collaborative way, to share, learn from and support each other for the benefit of all. Our aim is to provide both rigorous and effective school improvement and financial stability to ensure that all of our academies continue to provide the very best education in the communities that they serve. Our promise is to do our very best to give each and every ACE pupil the opportunity to reach their full potential.

For further details, please contact Rachel Murray, Head of School, rachelm@st-kew.cornwall.sch.uk Tel: 01208 841306.

About the Eden Project:

The Eden Project is an educational charity. We work on projects, programmes and partnerships to share our mission and ideas with the widest possible audience. Our learning programmes include welcoming nearly 50,000 school visitors to the Eden Project each year, apprenticeship and intern programmes, University-level courses based at Eden with our partners Cornwall College and leadership schemes for business.

The Eden Project. Home of the Eden Trust. Charity No. 1093070

Julie's
MOBILE CATERING VAN



Contact Julie on 01566 781339 or 07572 412421
juliewalters@uwclub.net Join us!  Julies-Catering-Van

12/18

Pulled Pork, Burgers, Bacon, Hot Dogs, Chips, Homemade
Coleslaw, Wraps, Hot & Cold Drinks, Extras: Cheese,
Mushrooms & Eggs
Available for any event

12/18

Geoff, Karen and the team welcome customers old and new to
The Cornish Arms, Pendoggett



A 16th Century Inn

Open all day every day from 11:30 a.m
offering Real Ales, Good Wines, a selection of 50 Gins,
and a range of Cornish beers, lagers and ciders.

Our Quality Pub Food is served everyday from 12 noon to 2.30 p.m & 5.30 p.m to 8:30 p.m.

A Sunday lunchtime roast is now available.
Cream teas available every day until 5.30pm.

OUR MEAL OFFERS

A SMALLER APPETITES 2 COURSE LUNCH MENU Monday-Friday for £7.95

THURSDAY NIGHT IS BURGER NIGHT any of our Burger range for £8.95

SATURDAY EVENING 2 MAIN COURSES & A FREE BOTTLE OF HOUSE WINE FOR £20 (excludes steaks)

Regular live music on Friday evenings, please see our website for details

Free Parking • Beer Garden • 7 En-suite rooms • Free Wi-Fi

Well behaved dogs and children are welcome.

Tel: 01208 880335 or email: contact@cornisharmspendoggett.co.uk

Website: www.cornisharmspendoggett.co.uk We are also on facebook.

CHILDREN'S CORNER



EASTER WORD PUZZLE

Find and circle these words:

Easter
Decorate
Basket
Flowers

Bunny
Paint
Chocolate
Primroses

Egg
Sunday
Crème Egg
Sunshine

Hunt
April
Holiday
Beach

D	E	C	O	R	A	T	E	N	M	U	H	C*	G	R	E	W	B	U	O
V	Y	R	E	S	A	Q	M	C	Z	J	L	R	K	J	U	Y	T	R	V
L	F	L	O*	W	E	R	S	V	I	T	D	E	R	D	V	C	X	Z	P
M	J	I	U	Y	T	R	D	S	N	A	T	M	C	D	E	W	S	Z	R
K	H	G	H	E	A	S*	T	E	R*	I	V	E	D	S	U	A	W	E	I
M	K	L	O	G	I	U	Y	T	E	N	C	E	S	D	N*	A	S	X	M
S*	K	M	L	G	Y	T	F	C	X	T	D	G	S	X	N	F	G	T	R
U	V	G	I	Y	B*	E	A	C	H*	Q	A	G	Z	E	Y	Z	D	C	O
N	I	U	D	N	B	V	C	F	G	H	Y	T	R	C	X	C	B	H	S
D	Y	G	A	P	R	I	L	F	J	B	V	C	B	A	S*	K	E	T*	E
A	R	E	Y	Z	X	C	V	B	N	M	M	K	J	H	G	F	D	I	S
Y	U	Y	T	R	E	W	D	H	U	N	T	S	X	D	C	S	A	Q	W
I	O	S	U*	N	S	H	I	N	E	N	B	V	C	X	Z	D	S	E	B
P	H	G	J	I	C	H	O	C	O*	L	A	T	E	P	U	V	C	F	Y

The starred letters make up a special yummy phrase.
Can you find it?



12/18

Clearview Solutions

Offering the latest environmentally friendly water fed pole cleaning service for windows and frames conservatories fascias / soffits Guttering Caravans / motorhomes Decking Patios Pathways Algae removal Biocidal treatments etc just call Rob to arrange a visit and no obligation quote

07875639548

St Kew 01208 841653



BREAKFAST. LUNCH. SUNDAY ROAST. CREAM TEAS. HOME MADE CAKES. CELEBRATION CAKES. ICE CREAM. HOME PRODUCED BEEF, LAMB & FREE RANGE EGGS. FRESH FRUIT AND VEG. LOCAL BREAD & CHEESES. GIFTS & CRAFTS.



9am. Open 7 days a week. Annual Charity Easter Egg hunt Wednesday 11th April Booking essential






Book now for our **Traditional Sunday Roast**, choice of meats including home produced beef followed by a selection of homemade desserts. **Booking essential!**

Don't forget we serve Breakfast 9am-11am, Lunch 12 noon-3pm. Coffee, tea, homemade cakes, ice cream, etc served all day. Open every day. Pop in, you can be sure of a warm welcome.

TEL: 01208 880164 www.trevathanfarm.com

CHILDRENS PLAY AREA. RIDE-ON TRACTORS AND DIGGERS. PETS CORNER...

12/18

Find us on the B3314 at St Endellion. Follow us:   

12/18

AUTOTEC

ST KEW HIGHWAY

PL30 3ED

MOT CENTRE

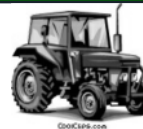
full diagnostics

Servicing & repairs

Tyres

01208 841238

PROPRIETOR - A. EDDY autotec_stkew@aol.co.uk



KEN GODDEN Contractors



Lawn Mowing - Fencing - Rustic Stonework

Tractor and Hedgetrimmer - Landscaping

Pasture Topping - Paddock Maintenance

Hay Making - Slurry Spreading - Bale Wrapping

Square/Round Baling - Rolling

07968 481520 / 01208 850743

12/18

ST KEW GOLF CLUB



- ★ PAY AND PLAY
- ★ Challenging 9hole/18 tee (Par 64)
- ★ Covered driving range
- ★ Pro Shop & Professional Tuition
- ★ Club Hire ★ Coffee Lounge

2½ miles from Wadebridge on main A39 towards Camelford

St Kew Golf Club, St Kew Highway, Bodmin, Cornwall PL30 3EF. Tel/Fax: (01208) 841500

12/18

J.R.CLEAVE

CARPENTRY & JOINERY

Mobile: 07598 699126

THE MAKING OF BESPOKE FINE WOODWORK, HARD WOOD, SOFTWOOD DOORS, WINDOWS, FURNITURE, KITCHENS AND STAIRS

jake.cleave@icloud.com



12/18



12/18 *Create your dream...*



WADEBRIDGE KITCHENS

KITCHENS BEDROOMS STUDIES

Polmorla Road Wadebridge Cornwall PL27 7NB

Call us on 01208 813231 sales@wadebridgekitchens.co.uk | www.wadebridgekitchens.co.uk

HOP OILS

Heating Oils, Farm Fuels, Tank Supplies



Unit 3, The Glebe
Blisland, Bodmin, Cornwall PL30 4JE
12/18 **01208 851195**

12/18

Your local Electrician.

Ivan Jones Electrical Services Ltd



- Established 1995 -

Domestic - Commercial - Agricultural - Industrial

For all your electrical requirements

0 1 8 4 0 2 1 3 6 8 3 - 0 7 7 3 8 8 2 4 1 8 1
Email: info@ijesltd.com

"A local service to national standards"



The Office. 30 High Street. Delabole. Cornwall.



Colour Scheme Keith Parkyn

Painter & Decorator.
Property Maintenance Interior &
Exterior Work carried out.
Laburnham, Wadebridge Road
St Mabyn, PL30 3BQ



For friendly service & advice call:
Tel: 01208 841828
Mob: 07747 399503
Free Estimates

12/18

S. Goodman Plumbing & Heating

- All Aspects of Plumbing
- Oil Heating
- Biomass Heating
- Wood Burning Stoves
- Geo-Thermal Heating
- Servicing



12/18

- Central Heating & Underfloor Heating
- Solar Heating
- Bathroom Installations & Tiling
- Water Harvesters
- Septic Tanks
- Drainage

Tel: 01840 213196 Mob: 07968 984305
98 HIGH STREET, DELABOLE, PL33 9AQ

Letter to the Magazine

Hi. My name is Jim Finnemore and I reside on the Sunshine Coast of Queensland, Australia.

I read with great interest the article in your magazine Pieces of Eight, issue 238, regarding the return and dedication of the Finnemore/Thyer Trough in Pendoggett. My paternal grandfather, James Henry Finnemore was the Blacksmith there at Pendoggett. On behalf of my brother Robert, and sisters Mary and Lillian we would like to thank everyone involved in getting the trough returned to its rightful place, and to the community who attended on the day.

Also a special mention to my cousin Ben Finnemore and his son Locryn for their part in the celebration.

This was very much appreciated by our family here in Australia.

Regards, Jim

Are you ready for Universal Credit?

Join our **FREE Moneybox Course** to find out more.



If you think Universal Credit will affect you or someone you know, we can offer help and support. We are currently working with Cornwall Housing and Eccabi as part of the European Social Fund running the **FREE Moneybox Courses**. Our next course starts on Friday 20th April 2018 at the Chestnuts Centre in Bodmin.

This is for anyone who is a tenant, unemployed aged 16-64 and it will help people to budget, build their confidence and manage their finances and find out how Universal Credit will affect them. If you would like more details please contact us on 01208 815374 or email:

contact@wadebridgefoodbank.org It's a great way to learn in a relaxed environment.

The Blacksmith's Trough of Pendoggett.

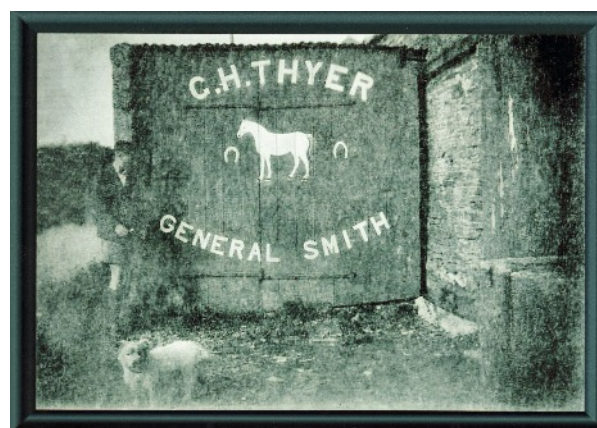
Reference the historically interesting well-written piece by Patrick Mewton in last month's edition, "Historic Village trough returned to Pendoggett". Attached is a photograph of the trough – bottom right in the photograph – when it was in use by George Henry Thyer when he became the village smithy in 1912.

Patrick Mewton, whose family has long connections with Pendoggett, is to be congratulated, together with the other community-minded individuals, on the detective work and persistence in ensuring the trough was returned to where it belongs in Pendoggett.

Not only did he organise the celebration he also got relatives to attend (some are now living in the village) of another Pendoggett smithy James Henry Finnemore.

The original picture is held by Kim Appleby, Archivist of the St Kew History Society. In 1912 the Thyer family were living at "Lydcott",

opposite the Cornish Arms, with the forge and the trough, to the left of the house, now modern homes. Wouldn't it be wonderful if the History Society received more snippets of information, which, through modern technology, can be researched and thus open up the past for the enjoyment of us all. The St Kew History Society is in existence to ensure essential information is not lost. Keep on eye open for their monthly meetings and news.



William



At the **Souper Lunch** today (16th) we raised £91.50 for Fleet. Fleet provide equipment for ambulances in Cornwall - apparently we are the only county that has oxygen in their ambulances, thanks to Fleet.

Philippa

St. Kew Community Gardens Association

The View from the Allotments

..... *getting boring, isn't it?*

I wish I could point to great swathes of land under cultivation and seedlings coming up all over the place but I can't. I don't know how other allotment sites are faring, but this winter's weather seems to have disheartened us all. Every time we have one dry day and think "tomorrow I might tackle the", the next day it's pouring with rain again and all hope of digging or rotavating is gone.

Actually we did make a start about ten days ago and went at it with a will, lifting all the old brassicas, the (very heavy and awkward) maize plants and putting the parsnips into a sort of clamp for storage. We fully intended going round again the next day to carry on the good work, but no luck. Rain again.

We did a little wander round the site yesterday (no rain!) to see that several of our members have actually started to turn over their plots and make use of the excellent manure that we buy from Graham Tiplady. I noticed that a couple of plots have clearly been put under potatoes, as

you can see the mounding up of the rows. Apart from that not much is going on.

We had a check on the greenhouse, which has stood up well to the winds and have decided that weather or no, now is the time to put some seeds in trays and start thinking ahead to the planting.

Tony is getting some special covered seed trays which work without constant watering, which means that we can leave them on their own from time to time. Of course, since the greenhouse is DRY we can get on with that, weather or no. In the meantime we have received our onion sets through the post and I am aiming to get them in well before the end of the month. So we shall have to have at least one small section rotavated and raked over in the next ten days or so, even if we get soaked in the process.

I really hope I can write in a month's time of hard work and RESULTS – keep fingers crossed!

There are still four vacant plots by the way, so do ask if you would like to see them. We plan to have them rotavated too, so they are a much more attractive proposition for prospective tenants. Do please get in touch.

Judith Mott, judithmott@btinternet.com

Bring back the crib bag! (update from a litter-picker)



I'm delighted that the Parish Council is considering an organised litter-pick, and hope as many people get involved (one way or another) as possible.

Perhaps it could count towards volunteering (Duke of Edinburgh participants), community projects (parish organisations – do we have any Brownies or Scouts?), or the lone dog walker that would like to enjoy a plastic-free countryside. If none of these tick your boxes, perhaps a greater commitment to always binning your rubbish; and expecting family/friends to do the same might be your thing. Did you know it takes 12 years for a cigarette butt to disintegrate, and 450 years for a plastic bottle!

One thing I've noticed since litter-picking my local stretch of road is that I have a far greater sense of pride in keeping it litter-free. It doesn't take much effort to stop the car (in a safe spot) or pause on a dog walk, to pick up a lone crisp packet (now known

as pick-it-up-yoga!) This also discourages more litter being flung out of other passing vehicles – somehow rubbish breeds more rubbish: if people see litter on the road they seem to think it absolves them of responsibility for their own litter-louting.

The vast majority of 'fresh litter' I've collected is lunch-on-the-go items (drink cans/bottles, branded coffee cups, crisp and sweet wrappers along with occasional sandwich/pasty/chip bags). I reckon these things have been picked up en-route during the working day, and tossed out of the vehicle window as convenience food is consumed. Works traffic passing through the parish obviously rate the state of their car interior over the countryside, how we educate them I'm unsure. I'm tempted to start a 'bring back the crib bag' campaign so everyone takes their lunch-litter home!

For anyone that's interested, North Hill parish organised a community litter project (details of which can be found at: <http://www.cleancornwall.org/north-hill-parish-community-litter-project.html>) which might be something to strive towards.

Juliet



Parish Council News

Chairman: Cllr John Lethbridge

Clerk: Cindy Powell, 6 Greenhill Villas
Wadebridge PL27 6HN Tel: 01208 815591

Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.30pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

St Kew Parish Council Meeting held on Tuesday 12th of December 2017 at 7.30 pm in the Parish hall.

Present: Vice Chairman A Godden, councillors T Mott, R Godden, J Rowe, B Finnemore and J Rickard. Cornwall councillor S Knightly and 3 members of the public were also present. Apologies: J Lethbridge.

Concern was expressed by a member of the public at the vandalism of the new parking sign on the car park at Chapel Amble. The matter has now been reported to the police.

The enforcement department of Cornwall Council was discussed with councillor Knightly and he said he would discuss our concerns with the relevant parties.

The council received a complaint about the amount of litter around the parish. This is an on-going problem, mainly due to people throwing rubbish out of their car windows, **put it in a bag and take it home**. The council will be trying to organise a litter picking day to clear some of the mess. Anyone interested please contact the clerk or any councillor.

It has been decided to have the Annual Parish Meeting on the same night as the AGM of the council which will be on the 8th of May. The Parish Council is still short of two councillors, if anyone is interested in applying to become a member of the council, please contact the clerk.

Planning Applications

PA18/00839

Mrs Craig-Wood, Treharrick Lodge, Pendoggett. New access and parking area.

Recommended approval.

Planning decisions by Cornwall Council.

PA18/0039

Wenrin. Chapel Amble Road.

Approved.

PA17/11938

Penbre, St Teath Road, Trelill.

Approved.

PA17/11669

Lana Vale, St Kew.

Approved.

RG

HIDDEN INDUSTRIAL ARCHAEOLOGY OF ST KEW - A GUIDED WALK AROUND TREGILDTRANS QUARRY

Thursday 12th April at 5.00pm

By kind permission of Cornish Tipi Holidays & Weddings, come and explore the largest quarry in the parish (now a peaceful woodland lake) and learn about our earlier mining & railway heritage. This area is not usually open to the general public so now is your chance to see some of the secret historical treasures of St Kew.

We'll be meeting in the meadow car park near the main entrance at 5pm for a guided walk, please wear walking boots or wellies as you'll be on woodland tracks for approximately 1.5 hours.

Everyone welcome: History Society members & children free, non-members £3.

To find Cornish Tipi Holidays & Weddings, the postcode for the main entrance is PL30 3HZ, it's opposite *No Mans Land* cottage on the lane heading north from Trelill towards the B3314 (signposted Delabole at the crossroads north of Trelill). See their website for a location map: www.cornishtipiholidays.co.uk/location. When you arrive, come in under the welcome sign and drive straight into the field in front of you for ample parking. Please check our Facebook page for further photographs and details:

www.facebook.com/StKewHistoricalSociety

Please support this and other events, they are interesting, entertaining and informative.

We need your support to safeguard the future of your Historical Society.

You are all welcome.

ST JAMES THE GREAT CHURCH AT ST KEW

The Annual Parochial Church Meeting will be held in the Parish Hall at 7.30pm on Monday 30th April 2018. All parishioners are welcome to attend.



Allen Valley Singers

As an unknown poet once said, 'The sun is shining, the sun is ris', I wonder where the birdies is'. In fact I know where they are, as the crows have returned to the trees along my Avenue and are busily nesting. After the last weeks of snow and cold and disruption, today is a pleasure, with the sun giving us light and at least the pretence of warmth.

It was the choir AGM this week and this yearly meeting - to discuss the past year and make plans for the future - is important to all members. Fresh input is vital to keep the impetus going and we always welcome new ideas. Also, three new members were welcomed, always a pleasure. Plans were made for the future, including concerts and fund-raising and importantly, songs that we need to keep in our repertoire and new songs to be added. Reports were made by the Chairman, Treasurer and Janette, our Musical Director. The important elections for the Committee for the coming year were short as the present Committee were prepared to stay in office, and we are pleased that Di Prentice is happy to stay as our worthy Chairman - not always the easiest of jobs. We thanked Richard Man for his continuance of the Treasurer role and he was thanked for the clarity of the accounts. Jan and our pianist Steve Tyrrell were thanked heartily for their work during the years and for the standards that they have set for us. It has been a difficult year for both of them in that there have been illnesses and poor weather reducing the choir numbers at times. Jan and Steve have always been there however, in spite of rain and blustery winds and their own coughs and colds and work commitments, and all the fences in life that we have to get over. However the evening is always constructive, cheerful and we go home feeling 'better for going'. We sing well too.

Maybe some would say that the most important element of the evening came after the formal ending

to the meeting, as 'Refreshments' was the last item on the agenda!

Last week, for the first time in maybe twenty years, our MD did not wave her baton for us. Was she in the Bahamas, we asked ourselves? Actually, as a valued Cornish Schools Music Teacher offering singing, dance and instrument training, she was in the Hall for Cornwall with 250 Cornish school children in a corporate concert. Jan's specific portion was 40 children whom she had trained. The evening was a huge success and she was delighted with her group who performed so well.

Whatever the education 'chiefs' feel, in their lofty towers who are, sad to say, far removed from the reality of schools and what is vital to children's & student's lives, music is a necessary element of school life and fulfils a part of life that is essential to us all. Appreciation of music and art is food for the soul and a part of our lives that we should ignore at our peril.

During Jan's unusual absence, thanks to Di, our Chairman, we still went through our breathing paces and sang several songs, aided enormously by Steve our pianist. Thanks to them both.

If you would like to book us for a concert or for a wedding or other important event, or would like to join the choir, please contact our Musical Director Janette Man, Telephone 01208 841784. Join us for an evening to hear our music and to have a chat with Jan. We meet every Tuesday evening from 7.15-8.45 pm at St Kew Highway Community Hall.

All best wishes.

Joyce Hargrave-Wright, Publicity/Reporter

ST JAMES CHURCH – ELECTORAL ROLL 2018 -2019

The Church Electoral Roll is the church's register of electors, which is the list of those qualified to attend and to vote at the Annual Parochial Church Meeting where elections take place for the Parochial Church Council and the parish's representatives on the deanery synod. The system is intended to enable parishioners at every level to be in touch with the Church as a whole and to play their part in decision-making.

Briefly, to be eligible to be placed on the roll, the applicant should be: baptised, at least 16 years old, and a member of the Church of England (CE), or of a church in communion with the CE. There are some other rules too complicated to list here.

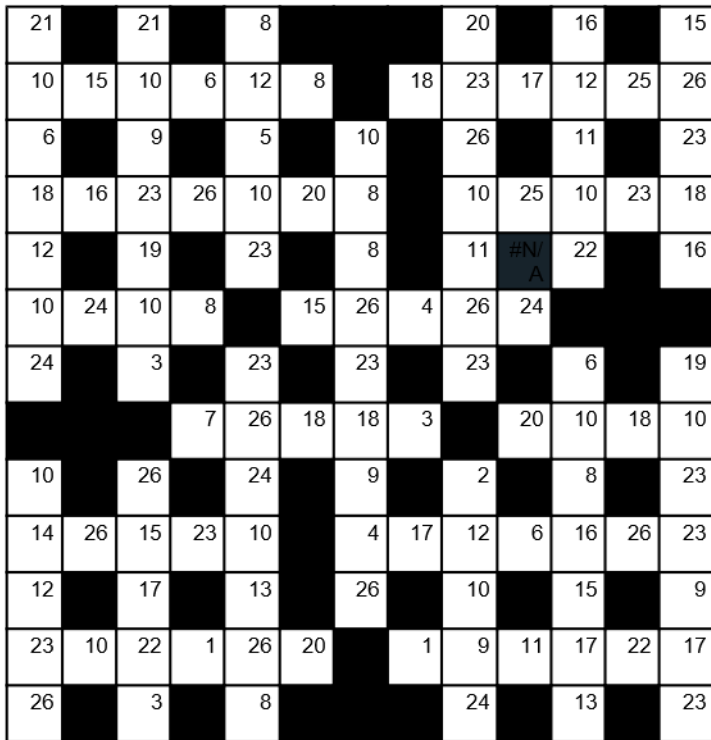
Those parishioners who are on the current list will be accepted for the 2018 list unless they ask to be removed. If there is anyone in the Parish who wishes to be placed on the Church Electoral Roll for the first time should contact Andrew Campbell for a registration form.

It would be appreciated if all completed forms be returned, or left in the church, as soon as possible, certainly before the date of the APCM, which is on Monday 30th April at 7.30pm in the Parish Hall.

*Andrew Campbell
Churchwarden and Church Electoral Roll Officer
01208 841115, or andrew_campbell9@sky.com*

Puzzle Page

codeword



A
B
C
D
E
F
G
H
I
J
K
L
M
N
O
P
Q
R
S
T
U
V
W
X
Y
Z



		4		3		7
		1		6		2
		8		9		
2			8	7		5
	3			1		6
9				5		4
				2		1
7			5			9
1			6			4

1	2	3	4	5	6	7	8	9	10	11	12	13
									M			
14	15	16	17	18	19	20	21	22	23	24	25	26
	B		O									

nonogram

A	E	O
D	O	F
H	L	S

How many words of 4 letters or more can you find? You must use the centre letter in each word.

No plurals or proper nouns are allowed. There are 44 listed in the solution which includes 1 nine letter word to find.

EVENTS OUTSIDE OUR PARISH

April

Saturday 31st March to Sunday 8th April - Easter Festival at St Endellion.

A feast of choral and orchestral music, featuring Handel's Messiah, Beethoven's 3rd (Eroica) Symphony, and music by Bach, Brahms, Britten, Butterworth, Chopin, Finzi, Holst, Ireland, MacMillan, Mozart, Mendelssohn and Tchaikovsky.

Plus a Festival exhibition at St Endellion Hall: Paintings by Sarah Bryant.

Saturday 31st March: Come & sing the Fauré Requiem: Open to all.

Tickets: £5-£25. For booking details visit www.endellionfestivals.org.uk

Saturday 14th April: 10.00am-3.00pm, Bach and Peacebuilding. The Revd Donald Reeves MBE, an Anglican priest, musician and a former Rector of St James Piccadilly. St Endellion Church. Cost £10.

Regular events at St Endellion: Endelienta Poetry group, Book Club and family Make Club - please visit the website, or phone or email for details.

Wednesday 18th April: Beach Clean at Polzeath beach with Polzeath Marine Conservation Group and National Trust. Meet in the car park at 9.30am. See polzeathmarineconservation.com for details.

May

Saturday 5th May: St Endellion, Joyful Company of singers, 7.30pm. Details on: www.endelienta.org.uk.

SAVE THE DATE

Tuesday 14th August: The St Endellion & St Peter's, Port Isaac Fete in St Endellion Rectory Garden at 2.00 pm.

For Reflective Days please book by contacting judithpollinger262@gmail.com or 01208 880181.

More information can be found on the following websites:

Concerts: endelienta.org.uk. or by email to tickets@endelienta.org.uk or from Wadebridge Bookshop (concert tickets only).



J.T.Martin Plumbing and Heating

Qualified for the installation, servicing
& maintenance of

OIL FIRED HEATING SYSTEMS AND
APPLIANCES

Unvented Hot Water System Installations and
Upgrades

OIL BOILER BREAKDOWNS AND REPAIRS

Tel: Mobile: 07812 127257

12/18

Ron Bendell Driving School

Changing the world of driving,
one lesson at a time.....



Ron Bendell
ADI

Mobile: 07539933615

Office: 01208 880691

Email: ron@rbsom.co.uk

www.ronbendelldrivingschool.co.uk

R Mears & Sons Chimney Sweeps

Established over 30 years



Thorough vacuum &
brush cleaning.

Full CCTV investigations.

Chimney linings, pots,
cowlings & bird
protection fitted.

Solid fuel appliances,
Rayburns, woodburners
and stoves installed and
serviced

Tel: 01840 261221

Mob: 07737 533392

www.sweepcornwall.co.uk

12/18



THE SIGN OF SUCCESS
Contact us for a free valuation

Andreas Construction Building & Roofing

Landscaping / Patios	Roof Repairs
Property Maintenance	Re-Roofs
Extensions	Flat Roofing
Kitchens & Bathrooms	Delabole Slating
Conservatories	Slate Hanging
Loft Conversions	Lead Work
Barn Conversions	
Bespoke New Builds	Digger & Dumper Hire

All work is always to the highest of standards.
Any job undertaken.
Please call for a free quote.

07967 816968 01208 851387
andreas-construction.com
andreasnjones@icloud.com

Find us on 

St Kew Playing Field Trust St Kew Playing Field Trelill Road St Kew Highway

Notice of Annual General Meeting

The AGM of St Kew Playing Field Trust will take place Wednesday 4th April 2018.
Venue: New Pavilion, St Kew Playing Field at 7.30pm.

All Holding Trustees, Managing Trustees and Committee Members should attend.

All facility users, partners, associates and other interested parties, along with any members of the public, local parish and surrounding area are invited to attend.

The purpose of this AGM is to re-establish all trustees, elect the managing committee, present annual accounts and to receive and give feedback of the last 12 months. The future of the Playing Field Trust and all it means to the local community, suggestions for future development and the future-proofing of the St Kew Playing Field is important to us all. So, pay a visit, have your say, join us and contribute to our aspirations.

ALL ARE WELCOME!

GILL'S RECIPE OF THE MONTH

Three Onion Soup *serves 4*

Ingredients

- 4 tablespoons extra virgin olive oil
- 750g red onions, finely sliced
- 340g shallots, finely sliced
- 6 spring onions, chopped
- 3 teaspoons plain flour
- 2 teaspoons mustard powder
- 1.2 litres chicken stock
- 4 sprigs of thyme
- 3 tablespoons Greek natural yoghurt

Method

- Heat the oil in a saucepan, and fry the red onions and shallots for 20 - 30 minutes stirring frequently until golden and caramelised.
- Stir in the flour and mustard, and cook gently for 2 minutes.

- Add the stock and the thyme, and bring to the boil, stirring well.
- Cover and simmer for 30 minutes. Remove from the heat and remove the thyme sprigs.
- Season to taste, and stir in the yoghurt.
- Pour the soup into warmed bowls and scatter with the chopped spring onions.
- Serve with chunks of good crusty bread.

Delicious as a warming supper on a chilly evening.

APRIL

info@redlionstkew.com

01208841271

Red Lion News Flash

MARCH

OPEN MIC
Wednesday 4th
All welcome

EASTER
WEEKEND
OPEN FOR
FOOD and DRINK

SUPPER CLUB
Thursday 19th
FOOD
Small Spring Plates

QUIZ
SUNDAY 29th

*Join us and enjoy an evening of fun to get your minds working
Teams of any number*

APRIL NEWS

SUNDAY BBQ ROAST LUNCH
BOOK NOW

AND **MAD MONDAY** IS BACK!

WHAT'S MAD MONDAY YOU ASK?

A 2 COURSE DINNER FOR ONLY **£12**

CHOOSE A STARTER AND MAIN OR
MAIN AND DESSERT

COME AND JOIN US FOR EASTER

FOR

CHOCOLATE, GREAT FOOD, ALES AND WINES. WE ARE
OPEN FOR LUNCH AND DINNER OVER THE WHOLE OF THE
EASTER WEEKEND

FUN FOR THE KIDS TOO



OR WHY NOT JOIN US
FOR OUR SUNDAY NIGHT
FUN QUIZ

ALL WELCOME TEAMS OF
ANY NUMBER

'KEW & A'

Twenty Questions & Answers

This month: Adam Eddy, owner of Autotec Garage , St Kew Highway.

Childhood Hero: My dad.

Hobbies: Go-Karting.

Favourite Music: Pirate FM.

Favourite Book: 'What You See is What You Get' by Alan Sugar

Favourite Film: 'Pearl Harbour' (dir. Michael Bay, 2001)

Favourite TV Programme: 'Top Gear'.

What's good about living in your village?
The friendliness of the locals.

What would you improve? More for the kids.

I'm very good at.... Running my business.

I'm very bad at.... Finishing a project car.

A phrase I use too often is.... 'Not a problem'.

Three people, dead or alive, I'd invite to dinner are.... Three good chefs!

I'd like to be stranded on a desert island with....
Someone who can help me get away!.

I'm embarrassed by.... This form!

My proudest moment was.... Becoming a father.

The best things about Cornwall is... The beaches, and when it's sunny.

The worst thing about Cornwall is.... There's not enough snow.

Which of our country's laws would you change? Road Tax.

An over-rated public figure is.... Sebastian Vettel (Mel).

In another life I would be.... A racing driver.

St Kew Historical Society AGM 2018

March 8th, 2018 7.00pm

The St Kew Historical Society 9th AGM was held on the above date at St Kew Parish Hall.

With only current committee members present the Chairman's, Treasurer's and Archivist's reports were presented and accepted by all present.

All current members stood for re-election and following thanks for the previous year from President Mr Jim Godden an election for new committee was held.

Without opposition or objections the following committee was therefore elected:

Chairman: Mrs. Sandy Chadwick

Archivist: Ms. Kim Appleby

Secretary: Mr John Raybould

Joint acting treasurers: Kim Appleby and John Raybould

Committee members elected:

Mr Barry Cuff

Mr Thom. Chadwick

Ms. June Bentley

Mrs. Judy Gray.

Life President Mr Jim Godden also serves as committee member and vice chairman.

The proceedings closed at 9.00pm.

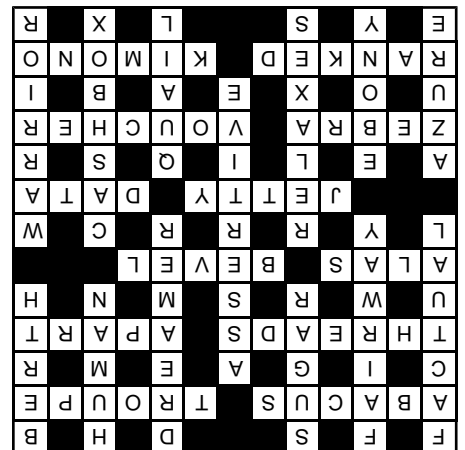
Puzzle page solutions

6	2	4	1	5	3	8	9	7
3	9	1	8	7	6	5	4	2
5	7	8	4	9	2	6	3	1
2	4	6	9	8	7	3	1	5
8	3	5	2	4	1	7	6	9
9	1	7	3	6	5	2	8	4
4	6	9	7	2	8	1	5	3
7	8	3	5	1	4	9	2	6
1	5	2	6	3	9	4	7	8



aloof, also, does, dose, dole, dose,
FALSEHOOD, floe, flood, foal,
foaled, fold, food, fool, fooled,
U, UN, M, S, W, R, W, R, W,
A, L, A, S, B, E, V, E, L,
W, C, R, R, R, R, Y, L, L,
A, T, A, J, E, T, Y, D, A, T, A,
A, E, L, I, Q, S, R,
Z, E, B, R, A, V, O, U, C, H, E, R,
I, B, A, E, X, O, U,
O, N, O, N, O, M, K, I, M, E, D, K, E, N, K, E, R, A, V, A, N, R,

Nogram



Codeword

Group Travel

Enterprise Park, Midway Road, Bodmin
Cornwall PL31 2FQ. Tel: 01208 77989



BODMIN M.O.T. CENTRE at Group Travel

Class 4, 5 and 7. Trade enquiries available upon request. Tel: 01208 77989

2018 COACH EXCURSIONS

28th APR - TOBY'S GARDEN FESTIVAL, EXETER
12th - 13th MAY - WINDSOR HORSE SHOW OR LONDON
22nd MAY - KILLERTON HOUSE & GARDENS
19th JUN - HELFORD RIVER CRUISE
2nd - 6th JUL - LLANDUDNO TOUR
22nd JUL - EXMOUTH SEA CRUISE
4th AUG - COUNTRYFILE LIVE
5th AUG - FESTIVAL OF BRITISH EVENTING
21st AUG - DARTMOOR ZOO
25th - 26th AUG - DORSET STEAM FAIR
31st - 2nd SEP - BURGHLEY HORSE TRIALS

11th SEP - WIDECOMBE FAIR
16th SEP - TOBY'S HARVEST FESTIVAL
27th - 1st OCT - SHROPSHIRE BY COACH, RAIL & CANAL
3rd NOV - BRIDGWATER CARNIVAL
17th NOV - FESTIVAL OF LIGHT @ LONGLEAT
23rd - 26th NOV - TURKEY & TINSEL @ BOURNEMOUTH
24th NOV - CLARKS SHOPPING VILLAGE, STREET
8th DEC - BATH CHRISTMAS MARKET
16th DEC - MOUSEHOLE & ANGARRACK LIGHTS
2019
26th APR - 1st MAY - ISLE OF MAN SPRING TOUR

16 TO 70 SEAT COACHES AVAILABLE FOR PRIVATE HIRE. CORPORATE/ VIP, EVENTS & CONFERENCES, WEDDINGS (CAN INCLUDE STAG & HEN PARTY PACKAGE), HOLIDAY TRANSFERS, FUNERALS, DAYS OUT, GROUP TOURS, GOLFING HOLIDAYS & SPORTING EVENTS.

FOR BOOKINGS AND A BROCHURE PLEASE CALL

01208 77989 / 01208 72669

Website: grouptravelcoachhire.com Email: benneymoon@btinternet.com

Based in
Wadebridge

Cornish Roofing Company PL11 *Covering Cornwall*

ALL ROOF WORK UNDERTAKEN

Flat Roofing • Solar • Tiling • Heritage • Leadwork • Repairs
Rag, Reclaimed and Natural Slating

Wadebridge, Cornwall **Tel: 01208 816991**

info@cornishroofing.co.uk www.cornishroofing.co.uk



Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



Martin Brooks - 07812 959 879
martin@northcornwallpilates.co.uk
www.northcornwallpilates.co.uk

12/18

Western Supply



Timber & Builders Merchants Paint & Decorating Supplies

Atlantic Road
Delabole

Tel: 01840 212580

www.westernsupply.co.uk

(open 7 days a week, Sat & Sun mornings only)



12/18

ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

March/ April 1918

From The Parish Magazine.

Extract from the Vicar's entry – "... Notwithstanding the severe weather of Easter Day, both our 7 and 8 o'clock celebrations of the Holy Communion (when we especially remembered our absent soldier boys) were well attended, some coming several miles in the wet to make their communion... At this supremely critical moment in the history of our Empire, when the future of humanity hangs in the balance, when our heroic men are courageously holding the line of defence against fearful odds, when thousands are making the great sacrifice, - let us daily beseech the Lord of Hosts to have mercy upon us, and to stretch forth His Arm to help and defend us... The whole day, with its recollections and bright services, brought us very near to those we are thinking much of at the present moment, and made us feel in God's good time the agony of the world's calvary will be followed by the exultant joy of the children of God because of the overthrow of the powers of evil, and the final triumphant purposes of God."

"Easter Vestry Meeting. – Owing to the Vicar, as a member of the V.T.C. [Voluntary Training Corps] being on parade for General Inspection on Easter Monday, the Vestry Meeting is postponed till Friday, 5th inst., at 7.30, when our report and financial statement will be presented."

"Our Day School Children have knitted several pairs of Navy blue socks for Mrs Jackson, who sends them on to Mrs Roy Jackson for distribution to our wounded sailors. The children's work, under Miss Mehennick, is much appreciated."

"A Lecture in the Institute [Every Institute, now a private house] on "War-time and Domestic Cooking" was given by Miss Reece. There was quite a large number present, and some valuable hints and receipts were carried away by those present."

Home Front

Despite the imposition of rationing on the nation, it was reported in the national press that, because the throwing of rice at weddings was not banned, there were reports that groups of youths were going round the churchyards picking up individual grains of rice to feed their chickens.

The British dealt with the rationing with humour. A typical joke was: When the charlady turned up to do her half day, the mistress was a little disconcerted by her smile of welcome. "Why Eliza", she said, "What have you done with your teeth?" "Well, mum", replied the charlady, "We ain't goin' to 'ave anyfin' to chew until the war's over, so I've pawned 'em."

Rationing in Germany was also a problem for the Germans. It is said their system for controlling the food distribution was flawed. Everyone was issued with tickets, but the wealthy bought up supplies on the black market, leaving the poor with nothing but tickets.

Western Front

In their second major offensive, the Germans drove for Ypres and the chance to reach the important channel ports. Depleted British units which had been involved in the fighting the previous month, were stationed on what was seen as a 'quiet sector'. However, under-strength Portuguese troops, who were in the line, suffered heavy casualties when the Germans broke through; therefore, Allied reserves were hastily moved to stem the tide. Since the French did not have any spare troops to send to the British Expeditionary Forces they were on their own. With the Allies under severe threat by the onslaught, the British Commander General Douglas Haig issued a famous order of 11th April: "There is no other course open to us but to fight it out. Every position must be held to the last man; there must be no retirement. With our backs to the wall and believing in the justice of our course each one of us must fight on to the end." On 24th April the very first tank versus tank battle took place when three British tanks faced three German tanks. The British were victors in this historic engagement. The defence against the German offensive, proved resolute and German commanders called off their offensive on 29th April. This was in part due to the bravery of American troops who fought alongside the British in the Battle of Lys. The American Expeditionary Force began to make a difference.

During the fighting, 58613 Driver WJ Penaligon of the Royal Field Artillery with the 39th Division Ammunition Column died 12th April 1918. He is commemorated at the Pozieres Memorial (Panel 7 to 10), in the Parish Church of St Breocke and Egloshayle, as well as on the War Memorials on Egloshayle Road and Coronation Park, Wadebridge, and in the publication "Wadebridge Casualties of The Great War" compiled by Ann Trebilcock. William John Penaligon is mentioned in the St Kew Parish Magazine as being listed at the Thanksgiving Service at St James Church in 1918. His father was William Penaligon, born at Egloshayle in 1865 and was a Quarryman; his mother Barbara was born at St Kew in 1864; they had 5 children: William, Edith, Nicholas, Charles and Alex. They were living at Trevilling Farm, Wadebridge, at the time of William's death.

William John Penaligon married Hilda Amy Long in 1916 and they had a daughter Dorothy; they were living at Pendoggett at the time of his death. Hilda was a sister to Private Douglas S Long (who died 7th March 1917) and is buried in St James Churchyard.

St Kew Highway Community Hall

(Registered Charity No: 294140)

The Community Hall offers a variety of activities for the community, and for all age groups. During the day there is a choice of yoga and pilates, and chair aerobics for the less able. There are also art classes and a thriving Cornish embroidery group. On Tuesday evening the Allen Valley Singers meet and I am sure would welcome new members.

Wednesday evenings are reserved for meetings: the WI, the Gardening Club and the Playing Field group. Once a month there is a Souper lunch which is run by the local church, and every Sunday morning the Methodist church hold services.

These groups would also welcome new members and we could offer more activities if there is anyone who would like to start something new.

The hall is also available for private events such as parties, fund raising, jumble sales, fetes, etc. There is a small committee that supports all these things and we would also welcome newcomers. Come to our AGM and find out more.

Notice of the ANNUAL GENERAL MEETING

To be held on

Wednesday 25th April 2018 at 7.30pm
In the Community Hall

You are cordially invited to the above meeting. All residents of St Kew Parish, aged 18 and above are entitled to attend and vote at the Annual General Meeting.

Please come along and enjoy a glass of wine and other refreshments and have your say about what you want from **YOUR** village hall and select the people you want to run it.

All the members of the management committee retire from office at the end of the meeting and a new board of trustees elected by you takes over.

Younger members of the community are also very welcome to attend and may stand for election onto the management committee to advise what the younger residents of the community would like to happen at the hall for them.

ARE YOU NEW TO OUR PARISH? HAVE YOU BEEN HERE BEFORE?

Do you want to know more about the area you live in, the history of your home, the history of any of the many splendid building and structures in the parish? Have you ever wondered why a place has the unusual name it bears? Would you like to find out more about the history of people of this parish, what they did, how they got here. What about you family history - make use of the facilities at our command for your research. All this and much, much more is available for you to see, get involved in and investigate if you come along to our monthly meetings. Held on the second Thursday of every month except January and August, meetings of the Historical Society are held in St Kew Parish Hall commencing

7.00pm. Speaker evenings start 7.30pm - see adverts in Pieces of Eight and our Facebook page for details. Open evenings start about 8.00pm after committee meetings.

You can join as members for £12.00 per year or pay per speaker/guest evening at £3.00 per person (children free).

Come along for a free taster at our next open evening on Thursday 10th May, give us your e-mail address and be on our mailing list. Check our diary dates in this magazine and/or see our Facebook page:

www.facebook.com/StKewHistoricalSociety/

Please contact me if you want further information
John Raybould - secretary 01208 841682 or 07521 983721

Granada - Holy Thursday

where we clambered up out of the simmering
city,
the jangling crowds and the columns of hooded
penitentes
clutching their lachrymose candles,
away from the sinners shuffling on their calloused
knees
carrying the dead weight of the world on their
shoulders –
on up and away from the procession of giant tottering
Madonnas,
tearful on their rose-covered catafalques,
swaying like precarious blue dolls through an ocean
of mourning –

leaving the cacophony, the dirges below,
ascending the slow hill to the evening Alhambra,

past the luthier's shop, where
row on row of wooden carcasses hung suspended,
incomplete, like baby-coffins,
strung-up, half-finished at Easter-tide,
the shavings curling out onto the street,
flowing like a river of notes
echoing, re-echoing where roses bloom
cascade into fountains
enfolding the gardens in heavenly
music.

David Penhale



ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

April

1st Easter Sunday Church Fellowship

8th Rev Sally Long

15th Rev Michael White

22nd Rev Alistair Sharp

29th Rod Harrison

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

Catholic Church Services

Wadebridge

St Michael's Church

Tel:01208 72833

Mass Sundays 8.30am

Confessions

Friday 10.30-11.00am

Tintagel

St Paul The Apostle

Tel:01840 770663

Mass Mon-Thur 10am

Fri & Sat 6pm

Sunday 10.00am

Confessions:

Before/after Mass.

Other times on request.

St James the Great at St Kew



Calendar for April

Sun 1st *Easter Day.* 9.30am, Holy Communion with Dr Elizabeth Wild and Ordinand Geraldine Ashton.

Thurs 5th 1.15pm, Concert.

Sun 8th *Easter 2.* 9.30am, All Age service with Marcus Jones.

Sun 15th *Easter 3.* 9.30am, Holy Communion service with Revd Canon Judith Pollinger.

Sun 22nd *Easter 4.* 9.30am, All Age service with Rob Soley.

Sun 29th *Easter 5.* 9.30am, Holy Communion with a Baptism with the Rev Dr Elizabeth Wild.

Mon 30th 7.30pm, Annual Parish Church Meeting in the Parish Hall.

Calendar for May

Sun 6th 9.30am Holy Communion with the Rev Dr Elizabeth Wild.

Thurs 10th *Ascension Day.* 7.00pm, Holy Communion with the Rev Dr Elizabeth Wild.

Easter Foolishness

Easter Day this year falls on April 1st, April Fools' Day. Our God is a God of surprises so this is an opportunity to exploit not an embarrassment to hide! If you get caught out by someone's trick at Easter, don't repine but seize the moment to reflect upon the surprise. Jesus Christ is not always, if ever, what we expect. Even if we think we know what to expect – and Church people are particularly prone to thinking this – he has a habit of catching us unawares, choosing to come at unexpected moments, in the guise of unexpected people. So it is well to be prepared to find Christ in everyone and anyone, on any occasion. And to expect the unexpected, a call to follow Him.

St Paul thought that the message about Jesus which he preached was foolishness – certainly that it appears foolish to those who cannot or will not understand it. The foolishness of God does not really consist of tricks and surprises. Rather it is God's

overwhelming generosity which appears foolish in human eyes. God's giving and giving, over and over again without stint, even to giving up his Son to die on a cross, seems foolish to us because we are always minded to consider the bottom line. Is it really worth it? Does it offer value-for-money? But such ways of thinking spring from the limitations of our minds. God's endless generosity is indeed challenged by human greed and want of regard for this, his earth, but it is not stifled by our incompetence or unwillingness to engage with him.

This Easter God offers again his love and blessing to all who have the will to accept what he comes to give.

Andrew Lewis



Huge thanks to the Manager and Area Manager of the new Aldi store in Wadebridge who braved the elements during the cold snowy weather to deliver a very generous donation to our Foodbank. They are pictured here with Cherry, our

Foodbank Volunteer. It's great to have such amazing support within our community.

Anonymous Donation

Thank you to the ex-prison officer who was injured at work and gave us an anonymous donation of food.

Also to the people who have donated to us from the homes of their bereaved relatives. Your donations are much appreciated. We provide approximately 1,729 meals per week and with your help we are able to continue supporting people in crisis in our community.

Tickets are selling fast for our Camping Weekend at Mother Ivey's Bay Holiday Park

If you're thinking of booking a mini break this year, we have the perfect holiday destination! We will be holding our Fun Camping Weekend at Mother Ivey's Bay Holiday Park from the **15th-17th June 2018**. **£25 PER CAMPING PITCH FOR THE WHOLE WEEKEND OR £28 FOR A PITCH WITH ELECTRIC HOOK-UP**. Dogs are welcome (at an additional cost of £2 per dog). We're hoping for some lovely warm and sunny weather. Tickets are available from Wadebridge Foodbank (cash or cheque), at Unit 2 Trevanson Street PL27 7AR (opposite Lidl), we're open from 10am-1pm Monday to Thursday. More exciting details to follow.



Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374
Registered Charity No. 1166301
Email: contact@wadebridgefoodbank.org
Website: www.wadebridgefoodbank.org



We held our Annual General Meeting on Wednesday 14th March and we listened to the reports from our committee members which outlined the busy year that we had. We had held

a cake sale down on the garage forecourt - part of the Cornwall Hospice Cake Bake. Also we raised money for the Grenfell Tower Disaster Fund.

We invited Reduce Plastics in Wadebridge to come along and speak to us at our AGM and this was very informative. They told us about the two strands of their campaign - to get rid of plastic straws and also to use refill points rather than buying more bottles of water. There are currently 4 points in Wadebridge and they were able to tell us that in Polzeath there are businesses which are joining in with this and also the village have purchased water fountain/taps for public use.

The WI nationally have been trying to fight to lessen plastic soup - we have seen this on our own coastline but some of this is OUR fault, we may use washing powder and then the manmade clothing that we all

wear will be agitated when washed and particles will end up in the water system.

So we are hoping to encourage the village to support us with this. We are planning a programme of events for the whole village - watch out for our posters and exciting events.

On 11th April we have our first meeting of our new year and we have Emma Scott coming from Mellingey Mill Willow Centre, she will be showing us how to make a willow bird feeder - there will be a charge for this and if anyone would like to come along as a visitor on that night then please let us know so that we can make sure Emma has enough supplies - 01208 841798.

Why not come along - we are a very mixed age group from 20 right up to 80 and although this will be a practical night, some of us never do any craft and very few of us make jam! And usually we don't sing Jerusalem!!

Alison



ST KEW GARDENING CLUB

The club held the Bee talk evening on the 21st March. We had a very interesting and enlightening talk from Heather and Eddie from the Porteath Bee Centre. There is a lot more to bees

than I think we all knew. The next meeting, on the 18th April, will be our AGM. Everyone is welcome, especially new members. Membership is only £2.00 per year. The annual plant sale will be on 5th May in the Community Hall at 10.30am.

RG

Events Diary - April

- 4th 'Tea and Toast', Parish Hall, 9-11.00am
Bellringing practice, 7.30-9.00pm.
- 11th 'Tea and Toast', Parish Hall, 9-11.00am
WI, Community Hall, 7.00pm
Bellringing practice, 7.30-9.00pm
- 12th History Society, Parish Hall, 7.30pm
- 18th 'Tea and Toast' Parish Hall, 9-11.00am
Bellringing practice, 7.30-9.00pm
Gardening Club, Community Hall 7.30pm
- 19th Chair aerobics, Community Hall, 2.00pm
- 20th Souper Lunch, Community Hall, 12.30pm
- 25th 'Tea and Toast', Parish Hall, 9-11.00am
Bellringing practice, 7.30-9.00pm
- 26th Chair aerobics, Community Hall, 2.00pm
- 29th Quiz at The Red Lion, 8.00pm
- May
- 5th Plant sale, Community Hall, 10.30am
- 12th Spring Fair Parish Hall, 10.30am

News from St Kew Parish Hall

Our next fund-raiser will be the Spring Fair and coffee morning to be held on 12th May, starting at 10.30am.

There will be a plant stall, cakes for sale, bric-a-brac and games. Put the date in your diary.

Kathy

To book the hall, please contact Joanna Pratt on 01208 841420.

The Regal in Wadebridge

Tel: 01208 812791



April

- 13th Rampage
- 20th The Guernsey Literary & Potato Peel Society
- 27th Avengers: Infinity War

Please check our website for the next Autism friendly screening - watch newly released films with friends and family in an inclusive environment.

Live Screenings: book online or contact the Cinema

- 4th 'Macbeth' Royal Opera House, Live, 7.15pm
- 11th 'Macbeth' RSC Stratford, (Christopher Eccleston & Niamh Cusack) 7.00pm

Please ring or check our website for more details
www.wtwcinemas.co.uk

Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 9th and 23rd April.

ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

(Registered Charity No 294140)

- | | | | |
|---------------|---|-----------------|--------------------------|
| Sun: | Methodist Church Service | Marion Dingle | 01208 841388 |
| Mon: | Yoga 10.30am | Fiona Crompton | 01208 851735 |
| | Pilates 2.30pm - 5.15pm | Martin Brooks | 07812 959 879 |
| Tues: | Allen Valley Singers 7.15pm - 9pm | Janette Man | 01208 841784 |
| | Pilates 1.15pm-2.30pm | Martin Brooks | 07812 959 879 |
| Wed: | 1st, 3rd and 5th in month - | | |
| | West Country Embroiderers 10am - 3pm | Pat Scarborough | 01841 521323 |
| | 1st in month - St Kew Playing Field Trust | | 7.00pm |
| | 2nd in month - St Kew WI | 7pm | Becky Allen 01208 841798 |
| | 3rd in month- Gardening Club | 7.30pm | Richard Godden |
| Thurs: | Chair Aerobics | 2pm | Pat 01208 841260 |

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

Souper Lunch

Our next Souper Lunch will take place on Friday 20th April at 12.30 in the St Kew Highway Community Hall.

You are all very welcome. We enjoy a bowl of home-made soup together, have a nice chat and raise some money for a good cause.





Pengenna
Manor

Exclusively yours

Trelill
01208 612221
www.pengenna.co.uk



St Kew Inn

*A beautiful 15th Century Inn, bursting with character.
We serve delicious home made food using the best local produce.
You will always find a friendly welcome in this traditional local "pub".*

St Kew Inn, Churchtown, St Kew, Wadebridge. tel: 01208 841259 email: stkewinn@btconnect.com

Don't leave behind a tangled mess



Many people are reluctant to make wills. It is a common mistake to think your nearest and dearest will "get it all." We are here to help, talk to Sproull.

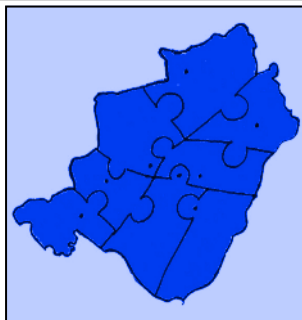
SPROULL

SOLICITORS

01208 72328

www.sproulllp.co.uk

Pieces of Eight



May 2018, Issue 240

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern

Email: stkewmag@gmail.com



HOORAY! THE POST OFFICE IS BACK IN TOWN - OUTSIDE THE COMMUNITY HALL - see *inside* for details.



New at Pengenna Manor – regular pop-up supper nights in our brand new event space – The Cowyard Barn!

Saturday 16th June - paella night!

Turn to our advert on the inside back cover for more information.

Your free guide to news and events within and around St Kew Parish

Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their site*).

EDITORIAL

Welcome to the May 2018 edition of Pieces of Eight. We hope you continue to find the magazine informative and useful.

I wonder if you have noticed a small addition to the April edition of the magazine - well it wasn't really an addition, just a smaller format version which I must admit does look good. For several months the editorial team have been discussing the ongoing format and size of the magazine, so last month we produced a number of copies in A5 format - half the size of the usual magazine. These copies were sent to the church, the doctors surgery, Aunt Avice and our local pubs; and the feedback we have received has been favourable. Printing in the smaller format has helped to reduce our production costs.

We will continue to produce and deliver A4 versions to all households within the parish, but the smaller versions will be available to be picked up by people passing through.

We are also considering introducing a little more colour in the magazine, mainly on the front and back covers, more news on this to follow.

Due to increasing demand and space constraints we have introduced a waiting list for new advertisers. If you are looking to advertise later in the year please let us know as soon as you can so that we can plan accordingly.

Steve

The Editorial Team:

Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager & Treasurer
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

PoE is printed by Parish Magazine Printing,
Northmoor, Whitstone, Holsworthy, Devon, EX22 6TD.
www.communitymagazineprinting.co.uk
01288 341617

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the June issue is:

Monday 14th May.

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Could all contributors please send us your copy or advertisement as soon as possible, ideally **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight! This shows our advertisers that the magazine is *the* place to reach local customers.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied. The magazine does not accept any responsibility for any issues arising from advertisements.

Cornwall Exterior Cleaning



HOMEOWNERS:-

We are a small company specialising in all aspects of external cleaning both for domestic and commercial properties.

We can provide a wide range of cleaning which include gutters, walls, conservatories, paths and driveways.

We use gutter vacs to clear debris and our high reach poles will easily clean over Conservatories.

Our pressure washing is carried out to keep all hard surfaces both clean and safe.

Softwash cleaning is a highly effective cleaning process and is used to clean render, roofs, pebble dash, concrete and brick.

We use a high grade biocide which has long lasting results without damaging the surfaces. In addition, all our cleaning solutions have a low environmental footprint and are user friendly.

All technicians are fully trained and have public liability insurance

ESTATE AGENTS:-

First impressions can be key to successful selling and to ensure this we offer a full external house package to fit your requirements.

LANDLORDS:-

External maintenance is important to keeping your property in good repair – overflowing gutters, mouldy walls need not be a problem as we can look after your property for you.

If you feel that any of our services could be of interest to you please telephone and we would be happy to discuss your requirements.

Mobile – 07921 957356

Or email:

enquiries@cornwallexteriorcleaning.co.uk

12/18



**CORNISH COOKER
CONVERSIONS LTD**

**GET CONNECTED
... ELECTRICKIT**

CONVERT YOUR AGA (OTHER RANGES TO FOLLOW) TO ELECTRIC WITH ELECTRICKIT & BENEFIT FROM

- **DRASTICALLY REDUCED AGA RUNNING COSTS**
- **WARM IN WINTER, COOL IN SUMMER**
- **INDEPENDENT HOB AND OVEN CONTROL**
- **SPECIFIC OVEN TEMPERATURES TO SUIT YOUR RECIPE**
- **PROFESSIONAL INSTALLATION**

WE CAN ALSO HELP WITH OIL SERVICING & REPAIRS

PLEASE CALL ALAN OR ELIZABETH ON 01208 812272

www.ccconversions.co.uk

12/18



North Cornwall Pest Solutions

Controlling in your area

- Ants
- Cockroaches
- Fleas
- Flies
- Moths
- Moles
- Rabbits
- Rodents
- Wasp/Hornets

BPCA Level 2 in Pest Management

24hr call out

Fully insured

07770677029

finnmore2000@aol.co.uk

Prompt, Discreet, Friendly Service



St Kew Highway

Tel: 01208 841470 or 07581197622

St Pirans Garden Services

Hedge Cutting/Pruning

Strimming/lawn mowing

All aspects of home and garden maintenance

No Job too big or too small

Fully insured

01208 221397

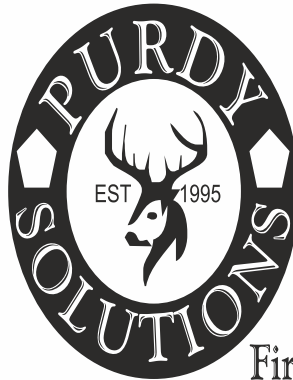
Would you prefer to have a FEMALE to do your Painting & - can also Maintain your Garden & Power Wash your Patios, Decking, Walls, Driveways etc. with a Pressure washer



For free quote 'Phone: 07754 346457

12/18

Your first step in property preservation and maintenance

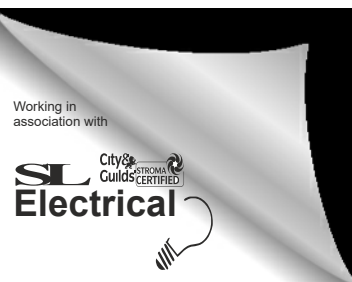


- Carpentry ◆
- Property Care ◆
- Kitchens ◆
- Bathrooms ◆
- Vinyl Flooring ◆
- Fire Door Maintenance ◆

T: 01208 841 528

M: 07816 899 649

E: jandbathome@aol.com



Aunt Avice's Pasty Shop

REAL CORNISH PASTIES HOMEMADE
EVERY DAY (except Sundays)

**FEELING HUNGRY?
JUST CAN'T WAIT?
COME TO AUNT AVICE'S
THEY'RE ALWAYS FRESH BAKED!**

WE ARE AT UNIT 1, ST KEW SERVICES,
ST KEW HIGHWAY. TELEPHONE ORDERS
WELCOME: 01208 841895 OR 841740 (HOME)

THESE ARE "THE REAL THING"

12/18

Garden Services



Clearing
Grass Cutting
Hedge Trimming
Hedge Laying
Tree Work
etc...

**Stephen Lambert
CALL:
01208 850241
07891 828313**

12/18

YOUR AWARD WINNING LOCAL STORE !!!

We use local suppliers where possible eg.

- *Barnecutt's fresh bread, cakes, pasties.
- *Button's meats.
- *Tinten potatoes.
- *St Kew Biscuits.
- *Trewithen Dairy products.
- *Local Preserves & Honey.



St Tudy Community Shop and Post Office

Monday to Friday 8am – 6pm
Saturday 8am – 2pm
Sunday 9am – 12 noon
Deliveries can be arranged
TRY US FIRST !!!

12/18

We stock fresh fruit and veg all delivered daily. Orders for fresh fish. Off Licence. Newspapers & Magazines Our own "brand" of dry goods as well as well known ones. We sell eggs, stamps, stationery, sweets, toiletries, coal, frozen food. **And lots more!**

12/18



- Kiln Dried & Seasoned Firewood
- Coal & Smokeless Fuel
- Calor Bottled Gas
- Free Delivery
- Free Installation
- No Contracts

**Great Regular-Reliable
Service From a Cornish
Family Owned Business.**



01208 816827

sales@loganslogs.co.uk
www.loganslogs.co.uk

All the news and highlights from St Kew School – but don't forget, you can keep up with all the school antics in our weekly newsletters, published on our website: www.st-kew.cornwall.sch.uk

We are looking forward to a wonderful term of activities where the children will **Discover, Learn** and **Develop**. If you haven't seen the sign near the Tesco store, please do have a look: it really captures the feelings of our children when they are at school.

NEW TOPICS

With the beginning of the Summer Term, as always, we have new Topics being studied in each of the classes. The **Pre-School** and **Class 1** will be continuing to look at their topic from last term (there's just so much to learn!): **Ground, Air** and **Water** and will be taking a journey up the beanstalk from Jack and the Beanstalk, sharing in a Commotion in the Ocean to learn about sea creatures and flying high with The Blue Balloon. We couldn't miss the opportunity of learning some science with Jack and the Beanstalk and have already planted beans – we will be looking after these to ensure they have the right growing conditions. **Class 2** will be investigating the question "**Are Bugs Important?**" They have made an excellent start by asking many interesting "I wonder.....?" questions, exploring the school grounds to locate a suitable site for a "bug hotel" and have created a collage of Spring from the school grounds and fantastic designs for the hotels. They will be working collectively to create a deluxe one! 'Caterpillar Shoes' and the film 'A Bug's Life' will inspire character descriptions and reports on a bug of their choice. **Class 3** will be developing entrepreneurial skills: being challenged to develop a business idea. They will manufacture a product, market it and calculate the costings so they can attempt to make a profit. All of the businesses will be based on life in the outdoors. These can be either equipment for an activity in the outdoors or something grown outside. We are fortunate to have such a fantastic outdoor area at the school and plan on using it to the maximum to get our budding entrepreneurs growing, making and selling!

WORLD BOOK DAY

An amazing selection of characters were seen at the

St Kew version of World Book Day on 9th March. The children thoroughly enjoyed the day's events based around famous authors: Julia Donaldson - making Stick Man, Roald Dahl - making chocolate and Alex Rider - with a TOP SECRET mission. With a Fancy Dress competition and book swap to finish things off, Harmony, Morley, Zienna and Nathan were rewarded for their character costumes of Gangsta Granny, Saucepan Man, Pocahontas and Diary of a Wimpy Kid respectively – their costumes looked amazing! A HUGE thank you to Miss Osborne and the Librarians for organising such a wonderful selection of book activities.

READING IS FUNDAMENTAL!

We delighted in three tea parties in the Spring Term with an amazing 99% of children having received at least one reading reward. An Afternoon of Books and Cakes allows children to enjoy hearing stories friends have read, a homemade cake (the type differing at each one!) and a drink – Reading at St Kew is not just FUNDamental, it is FUN!!!

WRAP AROUND CARE

We would be delighted to hear from anyone who would like to apply for a position within our school for Wrap Around Care provision – AKA after school care sessions (based on a planned timetable from the school). We would like to get this provision up and running in the not too distant future and would ask that anyone interested, or seeking further information, contact the school office on 01208 841306 or secretary@st-kew.cornwall.sch.uk (FAO Rachel Murray, Head of School). Please note: You will be required to complete a DBS check before working with the children.

AFTER SCHOOL CLUBS

We are always looking for ways to further enhance opportunities for the children after school and are keen to know about any hidden talents out there in our community members. If you would like to pass your skills onto the next generation, we would love to hear from you! Please note: The same requirements as stated above apply here also.

RGB BUILDING SUPPLIES: COMMUNITY FUND

Thank to everyone who voted for us to receive this funding – we await news as to whether we have been successful and will keep you posted.

Julie's
MOBILE CATERING VAN



Contact Julie on 01566 781339 or 07572 412421
juliewalters@uwclub.net Join us!  Julies-Catering-Van

12/18

Pulled Pork, Burgers, Bacon, Hot Dogs, Chips, Homemade
Coleslaw, Wraps, Hot & Cold Drinks, Extras: Cheese,
Mushrooms & Eggs
Available for any event

12/18

Geoff, Karen and the team welcome customers old and new to
The Cornish Arms, Pendoggett



A 16th Century Inn

Open all day every day from 11:30 a.m
offering Real Ales, Good Wines, a selection of 60 Gins,
and a range of Cornish beers, lagers and ciders.

Our Quality Pub Food is served everyday from 12 noon to 2.30 p.m & 5.30 p.m to 8:30 p.m.

A Sunday lunchtime roast is now available.

Cream teas available every day until 5.30 p.m.

OUR MEAL OFFERS(valid until May 27th)

A SMALLER APPETITES 2 COURSE LUNCH MENU Monday-Friday for £7.95

TUESDAY NIGHT IS BURGER NIGHT any of our Burger range for £8.95

SATURDAY EVENING 2 MAIN COURSES & A FREE BOTTLE OF HOUSE WINE FOR £20 (excludes steaks)

LIVE MUSIC on Friday evenings, please see our website for details

Free Parking • Beer Garden • 7 En-suite rooms • Free Wi-Fi

Well behaved dogs and children are welcome.

Tel: 01208 880335 or email: contact@cornisharmspendoggett.co.uk

Website: www.cornisharmspendoggett.co.uk We are also on facebook.

CHILDREN'S CORNER

How would you like to discover who comes visiting in your garden while you are asleep??



RABBIT

BIRD

SQUIRREL

Find a shallow tray and fill it with sand. Pat in down until it is all smooth. Place a little pot of bird seed in the middle of the tray. Wait for a calm dry day and place the tray in your garden in the afternoon.



DEER

GOOSE

Next morning take a peek and see if there are any tracks in the sand. Can you figure out who has visited you?



DOG

CAT



Sunday 10th June 11am St Minver Church

All well behaved adults, children, pets and soft toys welcome. If your pet is shy or struggles to be with other pets you may wish to bring a photo instead.

For more information about the Church activities for children please see:

facebook: [childrenandfamilyNCC](https://www.facebook.com/childrenandfamilyNCC)
ncc.childrenfamily@gmx.com
www.northcornwallclusterofchurches.org.uk



AGM of St James' Trust

This will be held at 7.30pm on 11th May in the Parish Hall.

Tea 'n' Toast - every Wednesday in term time, 8.45-11.00am

Tea 'n' Toast is a midweek morning cafe, a safe space for everyone to chat, to relax and to be yourself with a cuppa and something toasted.

We have toys for young children and even some knitting projects on the go. You are welcome join us on a Wednesday morning at St Kew Parish Hall.

12/18

Clearview Solutions

Offering the latest environmentally friendly water fed pole cleaning service for windows and frames conservatories fascias / soffits Guttering Caravans / motorhomes Decking Patios Pathways Algae removal Biocidal treatments etc just call Rob to arrange a visit and no obligation quote

07875639548

St Kew 01208 841653



BREAKFAST. LUNCH. SUNDAY ROAST. CREAM TEAS. HOME MADE CAKES. CELEBRATION CAKES. ICE CREAM. HOME PRODUCED BEEF, LAMB & FREE RANGE EGGS. FRESH FRUIT AND VEG. LOCAL BREAD & CHEESES. GIFTS & CRAFTS.

Shop and Restaurant

Open 9am..7 days a week.

ANNUAL TASTING DAY Thursday 31st May 10am-2pm...everyone welcome.

Come and try beer, cider, cheese, biscuits, fudge, pate, wine and much more.

Book now for our **Traditional Sunday Roast**, choice of meats including home-produced beef followed by a selection of homemade desserts. **Booking essential!**

Don't forget we serve Breakfast 9am-11am, Lunch 12 noon-3pm.

Tea, coffee, homemade cakes, ice cream, cream teas, etc served all day.




Open every day. Pop in, you can be sure of a warm welcome.

TEL: 01208 880164 www.trevathanfarm.com

CHILDRENS PLAY AREA. RIDE-ON TRACTORS AND

12/18

DIGGERS. PETS CORNER...

Find us on the B3314 at St Endellion. Follow us:   

12/18

AUTOTEC

ST KEW HIGHWAY

PL30 3ED

MOT CENTRE

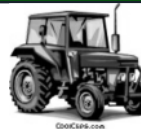
full diagnostics

Servicing & repairs

Tyres

01208 841238

PROPRIETOR - A. EDDY autotec_stkew@aol.co.uk



KEN GODDEN Contractors



Lawn Mowing - Fencing - Rustic Stonework

Tractor and Hedgetrimmer - Landscaping

Pasture Topping - Paddock Maintenance

Hay Making - Slurry Spreading - Bale Wrapping

Square/Round Baling - Rolling

07968 481520 / 01208 850743

12/18

ST KEW GOLF CLUB



- ★ PAY AND PLAY
- ★ Challenging 9hole/18 tee (Par 64)
- ★ Covered driving range
- ★ Pro Shop & Professional Tuition
- ★ Club Hire ★ Coffee Lounge

2½ miles from Wadebridge on main A39 towards Camelford

St Kew Golf Club, St Kew Highway, Bodmin, Cornwall PL30 3EF. Tel/Fax: (01208) 841500

12/18

J.R.CLEAVE

CARPENTRY & JOINERY

Mobile: 07598 699126

THE MAKING OF BESPOKE FINE WOODWORK, HARD WOOD, SOFTWOOD DOORS, WINDOWS, FURNITURE, KITCHENS AND STAIRS

jake.cleave@icloud.com



12/18



12/18
Create your dream...



WADEBRIDGE KITCHENS

KITCHENS BEDROOMS STUDIES

Polmorla Road Wadebridge Cornwall PL27 7NB

Call us on 01208 813231 sales@wadebridgekitchens.co.uk | www.wadebridgekitchens.co.uk

HOP OILS

Heating Oils, Farm Fuels, Tank Supplies



Unit 3, The Glebe
Blisland, Bodmin, Cornwall PL30 4JE
12/18 **01208 851195**

12/18

Your local Electrician.

Ivan Jones Electrical Services Ltd



- Established 1995 -

Domestic - Commercial - Agricultural - Industrial

For all your electrical requirements

01840 213 683 - 07738 824 181
Email: info@ijesltd.com

"A local service to national standards"



The Office. 30 High Street. Delabole. Cornwall.



Colour Scheme Keith Parkyn

Painter & Decorator.
Property Maintenance Interior &
Exterior Work carried out.
Laburnham, Wadebridge Road
St Mabyn, PL30 3BQ



For friendly service & advice call:
Tel: 01208 841828
Mob: 07747 399503
Free Estimates

12/18

S. Goodman Plumbing & Heating

- All Aspects of Plumbing
- Oil Heating
- Biomass Heating
- Wood Burning Stoves
- Geo-Thermal Heating
- Servicing

12/18



- Central Heating & Underfloor Heating
- Solar Heating
- Bathroom Installations & Tiling
- Water Harvesters
- Septic Tanks
- Drainage

Tel: 01840 213196 Mob: 07968 984305
98 HIGH STREET, DELABOLE, PL33 9AQ

Fred Crahart

Sybil would like to thank all those who contributed at, and following, Fred's funeral. The amount raised was £900. This will be divided equally between The British Heart Foundation and the Port Isaac Medical Practice.

Telephone box at Trequite

Just to give some feedback on the book swap in the phone box at Trequite. I recently had some visitors from Kent staying with us. They told me that whilst out on a walk around the area, they came across the phone box. They were absolutely over the moon to find an old book in there that he had been looking for everywhere for.... 50 YEARS!! He went home very happy.

Fran

The Red Lion Inn, St Kew Highway

The Editorial team of Pieces of Eight would like to thank Wendy and Steve, and everyone who took part in the Quiz at the Red Lion on 25th March.

£220 was raised to help boost our funds to help cover future increases in the cost of printing the magazine.

The Red Lion also raised £99 for Wadebridge Lions from the sale of tickets for the draw to win an Easter Egg.

The winners were Isabell and Tim.

Thank you Wendy and Steve!

St Endellion Easter Festival: A Tale of Two Concerts

Recently we have been treated to two remarkable music concerts:

The first, on Thursday 5th April, was a St. Kew Church Lunchtime Prom featuring the renowned pianist, Viv McLean, in a Chopin recital.

For well over an hour he held a packed audience spellbound, as he beautifully and tenderly explored four of Chopin's twenty-one Nocturnes. Interspersing these were two Ballades, (the No.3 and the No.1) and the dramatic and lyrical Scherzo in B-flat minor.

It was an afternoon to savour and showed just why he has been described as 'a poet of the key-board'. Some of his recordings are available and well worth the search.

The second concert took place as the finale of the Easter Festival at St. Endellion Church on Sunday 8th April. This was a terrific performance of Frideric Handel's, 'The Messiah'.

Brilliantly conducted by David Watkin, both the orchestra, chorale and four soloists gave a powerful and deeply-felt interpretation of this master-work. It was all the more special special in that it was performed specifically 'in memoriam' for Bridget 'Biddy' Holden, who passed away in late December. As well as being a foremost painter and local artist, Biddy had also been one of the key founding organisers of the St. Endellion Festival.

It was appropriate, therefore, that the concert was preceded by a moving tribute to Biddy from her friend and festival organiser, Frances Hickox.

David

St Kew Historical Society Hidden Industrial Archaeology of St Kew - a guided walk around Tregildrans Quarry

Thursday 12th April - a warm & sunny spring evening saw an enthusiastic group of around 2 dozen members and guests attend this most interesting and informative excursion.

By kind permission of Cornish Tipi Holidays & Weddings, the group explored the largest quarry in the parish (now a peaceful woodland lake) and learnt about our earlier quarrying, mining & railway heritage. A very well presented and researched talk (supplemented by a tithe map, field map and several historical photographs) was given by Kim Appleby, our Archivist and founder, along with anecdotes from Juliet Cleave (née Tom) whose father and

grandfather owned and operated the quarry, and Jim Godden who has extensively researched its history (see his publication 'The Parish of St Kew: People and Places in The History of St Kew'.)

This was an extremely entertaining and fun evening enjoyed by all and a 1½ hour walk up hill and down dale was certainly good exercise!

Thank you for your support for this and other Historical Society events, they are interesting, entertaining and informative.

Look out for our next event/talk Thursday 10th May. 7.30 pm, St Kew Parish Hall.

We need your support to safeguard the future of your Historical Society. You are all welcome.

John

St. Kew Community Gardens Association

The View from the Allotments

..... and yes! There is progress at last!

I was beginning to think that we should never have the chance to get digging or seeding or planting this year – or at least, not until mid-summer! But suddenly the site has begun to look a little more tended and cared-for and I am feeling altogether more positive.

We asked Graham Tiplady to bring his heavy-duty rotavator onto the site – it looks like a mini-tractor and makes short work of turning over heavy ground which has been left for some months, not to mention the weeds which have still been growing, despite frost and snow.

Anyway, we first wanted to turn over the four plots which are vacant, so that they would at least look a bit more inviting for anyone who wanted to take them over. We also offered the chance to tenants to have their own plots rotavated at the same time. It can be really hard work with the ground as water-laden it is and is a back-breaking job, even when one is young and fit (which a lot of us aren't!). We took the opportunity and Graham has cleared one of our two small plots. The other one we didn't want to touch as it has asparagus beds, strawberry plants and fruit bushes.

Obviously, it will need to be gone over again with a smaller machine and then raked over to produce what my father used to call a "fine tilth" and THEN I can put in my onions. We had such a brilliant crop

last year (won a first and a second at the Parish Show) that I am anxious to get going before too long. In previous years I have always got the onions in before the end of March, but not this year. Keeping fingers crossed, but I reckon onions and other plants will catch up later so there's no point in worrying.

There are now plans to get a skip on site to get rid of all the rubbish which has accumulated over the past two years. Within the month, it should all look much tidier and more welcoming.

Back at home, Tony has filled a big covered seed-tray with cosmos (which we love), cavolo nero (a posh cabbage), red curly kale and sprouts while at the greenhouse at the allotment, he has a tray each of leeks and broad beans. It's a start.

The trouble is, even when we have a few hours dry, the weather has been so cold and grey and gloomy that we don't feel like going outside! There are plenty of little jobs I could be doing out at the front of the house, and a lot of tidying up too, but I feel completely disincentivised (if there is such a word). Sunshine would make all the difference. Or is that just an excuse?

We've still got four vacant plots by the way, so do ask if you would like to see them (now dug over and rotavated and a much more attractive proposition).

Do please get in touch.

*Judith Mott, judithmott@btinternet.com
Tel: 01208 841312*

St Kew Playing Field Trust

A jumble sale, bric-a-brac & book sale

Will be held on Saturday 5th May at
Wadebridge Town Hall
10.00 am to 12.00 noon.

Refreshments will be available
Your support will be welcome.

All proceeds towards the continuing upkeep of
St Kew Playing Field.

St Kew Historical Society

is proud to present: **Living Oral History - The Reminiscences of Mary 'Brom' Bromfield**

District nurse and midwife for St Kew Parish for many years - more deliveries than Santa!

An intimate evening with Mary that promises to be most entertaining.

Thursday 10th May 2018 at 7.30 pm
St Kew Parish Hall.
Refreshments available,
all members and guests welcome.

ST KEW PARISH COUNCIL

Chairman: Cllr J Lethbridge
Clerk: Cindy Powell, Rockhurst, Trethurgy, St Austell, PL26 8YF
Tel: 07988 451241
Email: clerk@stkewparish.org.uk
www.stkewparish.org.uk

INVITES TENDERS FOR FOOTPATH CUTTING IN ST KEW and CHAPEL AMBLE.

PLEASE CONTACT THE CLERK FOR FULL DETAILS.

CLOSING DATE: 7th MAY 2018

Parish Council News

Chairman: Cllr John Lethbridge
Clerk: Cindy Powell, Rockhurst, Trethurgy,
St Austell, PL26 8YF. 07988 481241
Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.30pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

St Kew Parish Council Meeting held on Tuesday 8th April 2018 at 7.30 pm in the Parish Hall.

Present: Chairman J Lethbridge, Cllrs R Godden and J Rowe. Cornwall Councillor S Knightly and 22 members of the public.

Before the chairman opened the meeting he apologised for the low number of councillors present, this was due to holidays and sickness.

In the public discussion section of the meeting, there was a great deal of discussion regarding the planning application for the Tipi site. Members of the public expressed the views for and against the application.

The new Data Protection Legislation was discussed and it was decided that, owing to the complex and severe legislation, the Council would wait until further advice was received.

Planning Applications

PA17/12200

Mr J Brown, land south west of St Kew Golf Club. Erection of six holiday cottages.

The Parish Council **supports** this application provided there is adequate screening, and for holiday use only.

PA18/00949

Mr J Brown, Benbole Farm, St Kew Highway. Change of use from agricultural land to site 2 mobile temporary 'glamping' accommodation units from May to September with composting toilet and solar shower.

The Parish Council **supports** this application.

PA18/02050

Mr & Mrs Boyne, Tomphanny Farm, Tregellist Road. Double extension to the side of property.

The Parish Council **supports** this application.

PA18/02964

Mr K Godfrey, St Kew Service Station, St Kew Highway.

Proposed extension to provide storeroom. Due to the number of Councillors present, and that an agreement could not be reached, the Council will make no comment.

PA18/02533

Mrs Priscilla Hannam, Pendoggett House Pendoggett Road.

Demolition and replacement of existing conservatory. The Parish Council **supports** this application.

PA18/00597

Fore Investments (UK), land west of Cornish Arms, Pendoggett Road.

Outline application for the erection of a dwelling.

The Parish Council recommends **refusal** as this will severely limit parking for the public house, restaurant and hotel, and existing surrounding properties therefore pushing car parking on to the B3314.

PA18/01221

Mrs E Tom, Cornish Tipi Weddings with Cornish Tipi holidays, land west of No Mans Land, Trewiggett Lane, Pendoggett.

Change of use to seasonal camping field with seasonal/temporary wedding marquee, cafe tent and permanent staff shed (retrospective).

After much discussion expressing concern about noise levels whilst appreciating the ethos of the present business it was proposed that the Parish Council **supports** this application provided there is adequate noise mitigation and monitoring.

Planning Decisions by Cornwall Council

PA18/00839

Mrs Craig-Wood, Treharrock Lodge, Port Isaac. New access on to a Class 2 highway with parking area.

Approved

RG

St Kew Parish Council THE ANNUAL PARISH MEETING

Will be held on Tuesday 8th May 2018
at 7.00 pm
in the Parish Hall.
All welcome.

St Kew Parish Council THE ANNUAL GENERAL MEETING

Will be held on Tuesday 8th May 2018
at 7.30 pm
in the Parish Hall.
All welcome.



Allen Valley Singers

There have been so many infections this winter that few of the choir have escaped one or the other. However, we have learned new music and revised the known, and had our social evenings when we hold a raffle after choir practice to raise funds, if only to pay the rent. We are stalwart creatures, we do not let a virus stop play.

I have just been to a service to celebrate the 100th anniversary of the RAF. It was splendid and I did make use of my store of tissues when I remembered my colleagues and when the evocative music brought back memories. The Wadebridge Male Voice choir sang two songs, one of which was written especially for this anniversary occasion. ('Wings of the Morning', an anthem written by Tony Hart, set to music by Schubert and arranged by Mel Jones, originally dedicated to a Battle of Britain Pilot, Flying Officer Geoffrey Wellum DFC). Their excellent sound filled the church and was both nostalgic and yet expressed the pride we all felt for our service days. More than that, I realised how important music was in our lives and how through singing, in particular, we can express so many of the emotions which reflect all the aspects of our lives.

Allen Valley Singers, took part in the 'Big Sing' that was held at the Wadebridge Town Hall on the 16th March. Seven choirs were represented and we enjoyed the prior workshop, where all the participants were shown the correct way to breathe, as well as being given vocal exercises. Each choir then sang their own song, so that we had a chance to listen to our fellow singers. A delightful evening was had by all the choirs. Thanks for all the Musical Directors and the accompanists.

We are now looking forward to the coming year with concerts ranging from our yearly 'outdoors' entertainment by the sea in Padstow, to the happy occasion of a Wedding later on in the Autumn.

Please contact our Musical Director if you would like to join us, or book us for a concert or other important event. Why not ring Janette on 01208 841784 to have a chat and even perhaps join us for an evening to listen to our music. We meet on Tuesday evenings from 7.17-8.45 pm at St. Kew Highway Community Hall.

Best wishes.

Joyce Hargrave-Wright, Publicity/Reporter



Cricket returns to the St Kew Playing Fields at the end of April.

The Wadebridge 3rd XI will be playing all of their home games there.

The team play in the LWC Drinks Cornwall Cricket League Division 5 East.

All games are scheduled to begin at 13:30. We wish them all the best for the season.

DIVISION 5 EAST FIXTURES 2018

Sat 28 th April	Wadebridge 3 v Tintagel 2
Sat 12 th May	Wadebridge 3 v St Blazey 2
Mon 28 th May	Wadebridge 3 v St Stephen
Sat 9 th June	Wadebridge 3 v Werrington 4
Sat 16 th June	Wadebridge 3 v St Minver 2
Sat 30 th June	Wadebridge 3 v Tideford 2
Sat 14 th July	Wadebridge 3 v Saltash St Stephens
Sat 21 st July	Wadebridge 3 v Launceston 3
Sat 4 th August	Wadebridge 3 v Ladock 2
Sat 25 th August	Wadebridge 3 v Buckland Mon
Sat 1 st September	Wadebridge 3 v Gunnislake

Fixtures may be subject to change.

THE POST OFFICE IS BACK!



Monday
 St Merryn 08.45-10.00
 Rock 11.00-12.30
St Kew Highway (Community Hall) 13.30-15.00

Tuesday
 Tintagel 09.30-11.30
 South Petherwin 12.45-13.45

Wednesday
 Tintagel 09.30-11.30
 Port Isaac 12.30-13.30
 St Issey 14.00-15.00

Thursday
 St Merryn 08.45-10.00
 Rock 11.00-12.30
St Kew Highway (Community Hall) 13.30-15.00

Friday
 Tintagel 09.30-11.30
 South Petherwin 12.45-13.45

We urge everyone to make good use of it - we don't want to lose it again!

Puzzle Page

codeword

17		17		10				18		15		16
8	16	8	7	12	10		4	20	25	12	13	26
7		3		2		8		26		19		20
4	15	20	26	8	18	10		8	13	8	20	4
12		22		20		10		19		14		15
8	1	8	10		16	26	5	26	1			
1		11		20		20		20		7		22
			23	26	4	4	11		18	8	4	8
8		26		1		3		24		10		20
6	26	16	20	8		5	25	12	7	15	26	20
12		25		21		26		8		16		3
20	8	14	9	26	18		9	3	19	25	14	25
26		11		18				1		21		20

A
B
C
D
E
F
G
H
I
J
K
L
M
N
O
P
Q
R
S
T
U
V
W
X
Y
Z

S		8	5		1							3
U	7				2							6
D						9						
K	3		1									4
						6						
		2			9	5	3	8	1	7		
					4							
	3					7						1
	6					8		5	2			

nonogram

A	E	O
D	O	F
H	L	S

How many words of 4 letters or more can you find? You must use the centre letter in each word.

No plurals or proper nouns are allowed. There are 42 listed in the solution which includes **1 nine letter** word to find.

1	2	3	4	5	6	7	8	9	10	11	12	13
											U	
14	15	16	17	18	19	20	21	22	23	24	25	26
				D		R						

EVENTS OUTSIDE OUR PARISH

Regular events at St Endellion: Endelienta Poetry group, Book Club and family Make Club. Please visit the website, or phone or email for details.

Beach Clean at Polzeath beach with Polzeath Marine Conservation Group and National Trust. Meet in the car park at 9.30am.

See polzeathmarineconservation.com for details.

May Concerts

Saturday 5th - St Endellion, Joyful Company of singers, 7.30pm. Details on: www.endelienta.org.uk.

Sunday 13th - Young Musicians from Wells Cathedral School. 3.00pm

Friday 18th - Neil Maya Quartet - The Dave Brubeck Project.

Exhibition

5th to 20th May - weekends, 11.30 - 4.30pm
Drawing: Experimentation and Expression.
Entry free.

Saturday 19th - Beach Clean at Polzeath. Meet 9.30 am in the car park.

Art Exhibition

Friday 25th May - Sunday 3rd June

Daily from 10.00 - 5.30pm

David Penhale - Exhibition at Rock Institute Gallery.

SAVE THE DATE

Tuesday 14th August: The St Endellion & St Peter's, Port Isaac Fete in St Endellion Rectory Garden at 2.00 pm.

For Reflective Days please book by contacting judithpollinger262@gmail.com or 01208 880181.

More information can be found on the following websites:

Concerts: endelienta.org.uk. or by email to tickets@endelienta.org.uk or from Wadebridge Bookshop (concert tickets only).



J.T.Martin Plumbing and Heating

Qualified for the installation, servicing
& maintenance of

OIL FIRED HEATING SYSTEMS AND
APPLIANCES

Unvented Hot Water System Installations and
Upgrades

OIL BOILER BREAKDOWNS AND REPAIRS

Tel: Mobile: 07812 127257

12/18

Ron Bendell Driving School

Changing the world of driving,
one lesson at a time.....



Ron Bendell
ADI

Mobile: 07539933615

Office: 01208 880691

Email: ron@rbsom.co.uk

www.ronbendelldrivingschool.co.uk

R Mears & Sons Chimney Sweeps

Established over 30 years



Thorough vacuum &
brush cleaning.

Full CCTV investigations.

Chimney linings, pots,
cowlings & bird
protection fitted.

Solid fuel appliances,
Rayburns, woodburners
and stoves installed and
serviced

Tel: 01840 261221

Mob: 07737 533392

www.sweepcornwall.co.uk

12/18



THE SIGN OF SUCCESS
Contact us for a free valuation

Andreas Construction Building & Roofing

Landscaping / Patios	Roof Repairs
Property Maintenance	Re-Roofs
Extensions	Flat Roofing
Kitchens & Bathrooms	Delabole Slating
Conservatories	Slate Hanging
Loft Conversions	Lead Work
Barn Conversions	
Bespoke New Builds	Digger & Dumper Hire

All work is always to the highest of standards.
Any job undertaken.
Please call for a free quote.

07967 816968 01208 851387
andreas-construction.com
andreamjones@icloud.com

Find us on 

St James Bellingring News



In March we competed in the final of the 'East Cornwall League' competition. We were delighted to come fourth. This was held at Egloshayle Church.

Visiting ringers from St. Columb and Tintagel joined us over the Easter period. It was a great fun evening with good ringing and lots of friendly banter.

We rang our first wedding of the season for the St Kew Church Warden's daughter Maya Soley to Daniel Berhe.

We have a busy season ahead with many weddings booked between now and December.

If you are interested in learning to ring the church bells then please join us on a Wednesday evening at 7.30 pm. Phone Ken Godden on 07968 481520, or message us on our Facebook page.

Gemma

GILL'S RECIPE OF THE MONTH

Rogan Josh Pasta

A fast and fabulous version of the traditional Indian lamb stew.

Ingredients

- 250g dried or fresh Tagliatelle, kettle full of boiling water
- Low fat cooking spray
- 1 onion, finely chopped
- 400g lean lamb mince
- 2 tablespoons Rogan Josh curry paste
- 300g passata
- 175g cherry tomatoes halved
- 2 tablespoon fresh chopped coriander.

Method

- Put the tagliatelle into a saucepan and cover with boiling water, bring to the boil and simmer for 10 -12 minutes until al dente.

- Meanwhile, heat a lidded non-stick saucepan and spray with cooking fat. Cook the onion for 3 minutes or until beginning to soften.
- Add the lamb mince and curry paste and cook on high for 1 minute, stirring constantly.
- Stir in the passata and cherry tomatoes and bring to the boil. Cover and simmer gently for 5 minutes.
- Drain the pasta and add to the lamb sauce along with the coriander. Toss to coat and serve immediately.

Variation: Replace the lamb mince with vegetarian mince if preferred.

■ MAY

info@redlionstkew.com

01208841271

Red Lion News Flash

RED LION INN MAY NEWS

SUNDAY BBQ ROAST LUNCH

Our prime Sirloin of Beef, Lamb and Pork are all slow cooked on our barbecues and served with all the traditional sides

MAD MONDAY IS BACK!

WHAT'S MAD MONDAY YOU ASK?

A 2 COURSE DINNER FOR ONLY **£12**

CHOOSE A STARTER AND MAIN OR

MAIN AND DESSERT

We are now making our own 12" thin and crispy PIZZA'S and cooking them on our barbecue in the kitchen, for TAKEAWAY see our web site for more details or phone Wendy on 01208841271 for more details and flavours

MARSHFIELD Farm Dairies are now supplying their fantastic premium ice-cream to us, so keep an eye open for our new SUNDAE and CONES new to the Dessert menu

'KEW & A'

Twenty Questions & Answers

This month: Dr Joyce Hargrave-Wright, President of the Allen Valley Singers.

Childhood Hero: *Huckleberry Finn.*

Hobbies: *Writing and singing.*

Favourite Music: *Generally, German lieder; Specifically, the cornet solo in the title music to the TV series, 'Hetty Walthropp Investigates'.*

Favourite Book: *Generally, historical and travel non-fiction; Specifically, 'Journey To The Centre Of The Earth' by Jules Verne.*

Favourite Film: *'The Way To The Stars' about RAF fighter pilots, (directed by Anthony Asquith, 1945)*

Favourite TV Programme: *'University Challenge'.*

What's good about living in your village?
The surrounding hills and woods.

What would you improve? *Undo the so-called 'costly improvements'.*

I'm very good at.... *Understanding and listening to problems.*

I'm very bad at.... *All technology.*

A phrase I use too often is.... *'Give me a call'.*

Three people, dead or alive, I'd invite to dinner are.... *Mark Twain, Prof. Fieldhouse (my University tutor), John Man (writer).*

I'd like to be stranded on a desert island with....
Ray Mears (he can cope anywhere!).

I'm embarrassed by.... *Loud laughter and clapping in the audience.*

My proudest moment was.... *Passing my driving test (50 years ago).*

The best things about Cornwall is... *The variety of scenery, from moors to sea.*

The worst thing about Cornwall is.... *The damp.*

Which of our country's laws would you change? *Parents with no other choice being prosecuted for taking their children away on holiday in term time.*

An over-rated public figure is.... *Piers Morgan.*

In another life I would be.... *Younger!*



At the **Souper Lunch** today (20/4/18) we raised £91 for the Brandon Trust which helps those with learning disabilities here in Cornwall.

Philippa

My neighbour knocked on my door at 2:30am this morning. Can you believe that. 2:30am?! Luckily for him I was still up playing my bagpipes.

A teddy bear is working on a building site. He goes for a tea-break and when he returns he notices his pick has been stolen. The bear is angry and reports the theft to the foreman. The foreman grins at the bear and says "Oh, I forgot to tell you, today's the day the teddy bears have their pick nicked."

Puzzle page solutions

2	8	5	7	1	6	4	9	3
7	4	9	2	3	8	1	6	5
1	6	3	5	4	9	2	7	8
3	5	1	8	7	2	6	4	9
9	7	8	1	6	4	3	5	2
4	2	6	9	5	3	8	1	7
8	1	2	4	9	5	7	3	6
5	3	4	6	2	7	9	8	1
6	9	7	3	8	1	5	2	4

Nonogram

aloof, aloof, does, dole, dose,
FALSEHOOD, flood, foal, foaled,
fold, food, fool, fooled, halo, hoed,
THERESA, ADS, APART, hold, hole, holed, hood, hoof,
hoofed, hose, hosed, load, loaf,
loafed, lode, loose, loosed, lose,
seafood, shoal, shoaled, shod,
shoe, shoe, soda, sofa, sold,
sole, soled, solo.



Codeword

Group Travel

Enterprise Park, Midway Road, Bodmin
Cornwall PL31 2FQ. Tel: 01208 77989



BODMIN M.O.T. CENTRE at Group Travel

Class 4, 5 and 7. Trade enquiries available upon request. Tel: 01208 77989

2018 COACH EXCURSIONS

22nd MAY - KILLERTON HOUSE & GARDENS
19th JUN - HELFORD RIVER CRUISE
2nd - 6th JUL - LLANDUDNO TOUR
22nd JUL - EXMOUTH SEA CRUISE
4th AUG - COUNTRYFILE LIVE
5th AUG - FESTIVAL OF BRITISH EVENTING
21st AUG - DARTMOOR ZOO
25th - 26th AUG - DORSET STEAM FAIR
31st - 2nd SEP - BURGHLEY HORSE TRIALS
11th SEP - WIDECOMBE FAIR

15th SEP - TOBY'S HARVEST FESTIVAL
27th - 1st OCT - SHROPSHIRE BY COACH, RAIL & CANAL
3rd NOV - BRIDGWATER CARNIVAL
17th NOV - FESTIVAL OF LIGHT @ LONGLEAT
23rd - 26th NOV - TURKEY & TINSEL @ BOURNEMOUTH
24th NOV - CLARKS SHOPPING VILLAGE, STREET
8th DEC - BATH CHRISTMAS MARKET
16th DEC - MOUSEHOLE & ANGARRACK LIGHTS
2019
26th APR - 1st MAY - ISLE OF MAN SPRING TOUR

16 TO 70 SEAT COACHES AVAILABLE FOR PRIVATE HIRE. CORPORATE/ VIP, EVENTS & CONFERENCES, WEDDINGS (CAN INCLUDE STAG & HEN PARTY PACKAGE), HOLIDAY TRANSFERS, FUNERALS, DAYS OUT, GROUP TOURS, GOLFING HOLIDAYS & SPORTING EVENTS.

FOR BOOKINGS AND A BROCHURE PLEASE CALL

01208 77989 / 01208 72669

Website: grouptravelcoachhire.com Email: grouptravelcornwall@btconnect.com

Based in
Wadebridge

Cornish Roofing Company PLC LTD
Covering Cornwall

ALL ROOF WORK UNDERTAKEN

Flat Roofing • Solar • Tiling • Heritage • Leadwork • Repairs
Rag, Reclaimed and Natural Slating

Wadebridge, Cornwall **Tel: 01208 816991**

info@cornishroofing.co.uk www.cornishroofing.co.uk



Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



Martin Brooks - 07812 959 879
martin@northcornwallpilates.co.uk
www.northcornwallpilates.co.uk

12/18

Western Supply



Timber & Builders Merchants Paint & Decorating Supplies



Atlantic Road
Delabole
Tel: 01840 212580
www.westernsupply.co.uk

(open 7 days a week, Sat & Sun mornings only)

12/18

ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

April/May 1918

Home Front

On 18 May, the British launched the first retaliatory air raid on German towns by bombing Cologne by day. The following day, the largest (and what would be the last) German night raid on London killed 49 and injured 177 civilians. The total number of civilian casualties from air raids since 1915, within the London Metropolitan Police District, was 668 killed and 1,938 injured. Londoners had every reason to believe they were on the front line.

On 19 May, the German also dropped bombs on British Camps and hospitals at Etaples with heavy casualties. Etaples was the location for a large (and infamous) training and rehabilitation depot in northern France.

Western Front

After the cessation of the recent German offensive on 30 April, four battle-weary British Divisions were 'resting', in a sector near the River Aisne, detached from the rest of the Army. They were recuperating but also guarding the trench line. On 25 May the French HQ reported that there were no indications of an enemy attack in the Aisne area. However, on the morning of 27 May 1918 the Germans began a bombardment and the British suffered heavy losses; this was followed by a poison gas drop. Once the gas had lifted, the Germans attacked. The Allies were taken by surprise and the Germans advanced through a 40-kilometre gap in the Allied lines.

During this period, the US Forces were ordered to take Cantigny on 28 May. This was the first offensive action of the war by the 28 Infantry Regiment (The Big Red One). They succeeded quite swiftly but lost 522 men killed or wounded. German coun-

ter attacks were ineffective. However, on 29 May the Germans launched a major offensive on the Aisne front. Soissons fell and the French government was preparing to flee Paris. Reserves from every quarter were rushed to the front to meet the threat. Included was the US 2 Division, which went into position north-west of Chateau Thierry near a patch of forest – Belleau Wood. More about Belleau Wood next month.

The Germans smashed through the Allied Divisions, capturing over 50,000 Allied soldiers by 30 May. It was here that the 2nd Battalion, the Devonshire Regiment (2 Devons), earned everlasting glory and a citation in the French Orders of the Day, by sacrificing themselves almost to a man in their stand.

It was during this Battle of Aisne, that 45606 Private Richard Henry Andrew of the 2 Devons was killed on 31 May 1918, aged 26. He is commemorated not only our War Memorial but also on the Soissons Memorial, located on the banks of the River Aisne. He was born at Chapel Amble in 1892, the son of William Willcocks Andrew and Thirza Ann Andrew (formerly Bassett) who was born at St Columb in 1850 and was buried at St James Churchyard on 11 January 1918. William, a highway labourer, born 1845, died at Hustyn Mill, St Breock on 11 February 1923. The father of William was John Andrew who married Jane Woolcock of Endellion, in St James Church, St Kew, on 22 July 1833 (both signed the register with "their mark"). John died 10 April 1870 at the Union Workhouse at Bodmin, and Jane died 16 August 1875 at Trequite, St Kew.

Richard Henry was brother to Susan, Richard, Mary, Jane, Elizabeth, John, Ada and William, and husband of Lilian Andrew (Kendall) whom he married on 25 July 1912, of Amble Street, St Kew (in the next house to Percy May who died on 8 August 1917). Lilian was born in 1890 and her father was Thomas, a farm labourer, and mother Mary Jane. She had a brother William, and sisters: Annie, Bessie and Marian – all the family were born at St Kew.

Richard Henry and Lilian had a son, Thomas, who was born 29 December 1912 and who married Marjorie Jan Power in 1938. Thomas and Marjorie had two girls: Valerie Ann, born 1943, and Lorna Joan, born 1945. A relative, David Andrews, a frequent visitor to this area, continues with the family history.

William



Maytime

*so I walk the green lanes
hoping to meet Matsuo Basho,
netsuke swinging from his belt*

*as he weaves haiku
out of the quickening air -
my boots feel like lead*

*and here (at last)
white blossoms burst from blackthorn,
cloaking each hedge,
as primrose and celandine,
bluebell and sweet violet
anticipate the crowning of the hawthorn -*

*and I am stopped by a dancing stream,
(see how it laughs in the dappling sun)*

so, how many raindrops?

*this brook out-runs time
as I try to count the flow -
quick-silver moment*

David Penhale



It is the Annual Cake Bake in aid of Cornwall Hospice, and on Saturday 5th May at 10.00 am we will be having a cake sale - we will be near the Doctor's Surgery at St Kew Highway. Last year we raised over £200 in just an hour, so do pop along and get some tasty treats.



The fight against litter in our lanes is still happening in the background. Juliet's latest letter to the Parish Council has been deferred till the May meeting, which is unfortunate.

In the mean-time if you are out for a walk on the lanes or the beach please take a bag with you and pick up any litter where it is safe to do so. Some litter thrown out of car windows on our lanes is already conveniently bagged up. Quite why you'd do that if you've bagged it up is beyond me. It seems too many people don't respect of our environment.

Nicky

From Scott Mann MP

I was delighted to meet with Cornwall's Girl Guides last month during their annual celebration event at the Royal Cornwall Showground. The event highlighted the great achievements of the Girl Guides over the past 12 months and to commend those who help such a wonderful organisation. The Girl Guides do terrific work in bringing young people together to learn new skills and to socialise with others. Skills that are learnt through the Girl Guides as well as the Scouts, Cubs and Beavers can last with you forever, and it was great to meet with the Girl Guides and talk about what they've been learning and how they've helped their local communities.

The Showground also held a Farm and Country Day event the same week where schools came to learn about agriculture and country life.

This is a fantastic initiative which teaches children about where their food comes from and the benefits of good animal husbandry. Unfortunately there are a lot of scare stories in parts of the media which try to paint our agricultural sector in a bad light, and these events help to bust those myths by championing the high animal welfare standards that we have in the UK and how farmers look after their livestock.

The Department for Environment, Food and Rural Affairs (DEFRA) just recently published its proposals for a post-Brexit agricultural policy, and I have spoken with the Environment Secretary to give my feedback. This includes encouraging farmers to engage with schools by

holding educational visits and to have more of an input in managing public rights of way.

We have many paths around the countryside which need managing, and I think part of the future farming subsidy should include the upkeep of public rights of way so that people can enjoy the countryside, as well as farmers having the ability to move paths which hinder their farming.

The Government's proposals are open for public consultation and can be found on the DEFRA website.

DEFRA has also confirmed that it will be launching a bottle deposit return scheme to increase recycling rates and tackle plastic pollution, which I greatly welcome. Schemes like this already exist in Denmark, Sweden and Germany, where consumers are rewarded with cash or vouchers when returning plastic bottles or metal containers to local shops.

There is currently a big shift in attitudes towards plastic and the development of a scheme like this couldn't come at a better time. The UK is becoming more conscious about the effects of plastic waste, but there is more to do and I think deposit return schemes are a huge step in protecting the environment.

Here in the South West we all too often see the impact of plastic pollution on our beaches and in our seas, and I want to commend the hard work of campaign groups throughout the region who have been working to clean up their local areas and raise public awareness about plastic waste, including Bude Cleaner Seas and Surfers Against Sewage.



ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

May

6 th	Rev Alistair Sharp
13 th	Gordon Rowe
20 th	No morning service. Church Anniversary 4.00pm followed by tea. Led by Rev Alistair Sharp
27 th	Church Fellowship, led by members

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110, wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

Catholic Church Services

Wadebridge

St Michael's Church
Tel:01208 72833
Mass Sundays 8.30am
Confessions
Friday 10.30-11.00am

Tintagel

St Paul The Apostle
Tel:01840 770663
Mass Mon-Thur 10am
Fri & Sat 6pm
Sunday 10.00am
Confessions:
Before/after Mass.
Other times on request.

St James the Great at St Kew



Calendar for April

- Sun 29th *Easter 5.* 9.30am, Holy Communion with a Baptism with the Rev Dr Elizabeth Wild.
- Mon 30th 7.30pm, Annual Parish Church Meeting in the Parish Hall.

Calendar for May

- Sun 6th *Easter 6. Rogation and Godparents Sunday.* 9.30am, Holy Communion with the Rev Dr Elizabeth Wild.
- Thurs 10th *Ascension Day.* 7.00pm, Holy Communion with the Rev Dr Elizabeth Wild.
- Sun 13th *Easter 7.* 9.30am, All Age Service with Marcus Jones/Rob Soley
- Sat 19th 1.00pm, Wedding. Canon Judith Pollinger.
- Sun 20th *Pentecost.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild and Henry Compertz.
- Sat 26th 1.00pm, Wedding. Rev Dr Elizabeth Wild.
- Sun 27th *Trinity Sunday.* 9.30am, All Age Service with Marcus Jones/ Rob Soley

Calendar for June

- Sun 3rd 9.30am, Holy Communion with Rev Dr Elizabeth Wild.

Holding onto the Easter Promise throughout the year.

The Easter services around the North Cornwall Cluster of Churches were just brilliant this year! The churches were awash with spring flowers and the altar fronts and priestly robes were bright and decorated with the most beautiful gold embroidery.

It was all an expression of the excitement and gloriousness of the celebration. Christ is Risen! He is Risen indeed, Hallelujah! Families, old friends and new took part in the uplifting services and Easter eggs and celebration lunches followed.

But what happens as we journey on through the year and the joy of Easter day becomes a memory? Life returns to normal with all its stresses and strains, its ups and downs? The times when some days feel more like Good Friday and we are being wrongly accused, beaten or even crucified. Or Easter Saturday when we are grieving loss and wondering

where God is in it all. The answer remains in the Easter day and the promise that Christ is not here, He is Risen! He didn't rise from the dead and die again, He is alive and is with us. Although we can't see Him, we can experience His love and grace in our lives and through the actions of others and we can hear His word to us through creation and the Bible. Because He is alive we are not alone, we have a Saviour and friend who is always with us and fully understands the dark days, the bewildering days as well as the glorious ones.

Our faith is based on the truth of the resurrection and we can experience that all year round. Be encouraged, hold onto the promise of Easter every day, He is with you, He is Risen.

Blessings.

Geraldine

Tickets are selling fast for our Camping Weekend at Mother Ivey's Bay Holiday Park

If you're thinking of booking a mini break this year, we have the perfect holiday destination! We will be holding our Fun Camping Weekend at Mother Ivey's Bay Holiday Park from the **15th-17th June 2018. £25 PER CAMPING PITCH FOR THE WHOLE WEEKEND OR £28 FOR A PITCH WITH ELECTRIC HOOK-UP.** Dogs are welcome (at an additional cost of £2 per dog). We're hoping for some lovely warm and sunny weather. Tickets are available from Wadebridge Foodbank (cash or cheque), at Unit 2 Trevanson Street PL27 7AR (opposite Lidl), we're open from 10.00am - 1.00pm Monday to Thursday. More exciting details to follow.

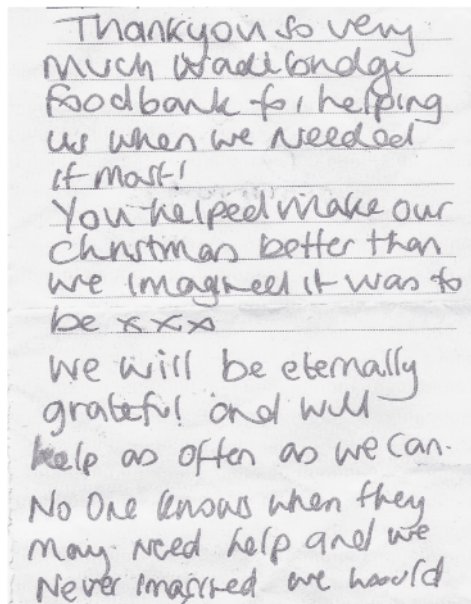
EASTER Donations

We are eggstremely thankful for all your Easter Egg donations. We received a large gift of chocolate eggs from Pirate FM which were a welcome addition to our foodboxes.

Universal Credit

If you think Universal Credit will affect you or someone you know, we can offer help and support. We are currently working with Cornwall Housing and Eccabi as part of the European Social Fund running the **FREE Moneybox Courses**. Our next course starts this June in Wadebridge.

Your donations make a huge difference to people's lives. We received this anonymous note from a family who were in an unexpected crisis and needed some help:



Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374 Registered Charity No. 1166301 Email: contact@wadebridgefoodbank.org Website: www.wadebridgefoodbank.org



What a fantastic evening we shared with Emma Scott from Mellingey Mill Willow. The group were interested to hear of the different kinds of willow and how different effects could be achieved. Emma demonstrated making a bird feeder and then it was our turn. How easy she made it look!

Some of us got the hang of it quickly, others struggled and some of us just gave up! Although it was very easy! We were delighted to welcome 4 visitors on the night, it really was a fun evening and we are keen to book onto one of Emma's workshops.

It is the Annual Cake Bake in aid of Cornwall Hospice and so on Saturday 5th May we will be having

a cake sale - we will be near the Doctor's Surgery, last year we raised over £200 in just an hour, so pop along and get some tasty treats.

On 9th May it will be our monthly meeting and Fran and Judith are helping us to Dabble with Art - so if you fancy trying something new, come along. Our meeting is at 7.00pm and visitors are always welcome.



ST KEW GARDENING CLUB

The AGM of the club was held on Wednesday the 18th Election of officers was as follows:

Chairman: R Godden, Secretary: K Alford and Treasurer: J Powell. It was decided that the monthly

speaker evening would be discontinued through lack of interest. The club will still hold a plant sale in May at 10.30am, and the annual Garden Show on the 1st September.

Because of the late growing season this year the plant sale has been deferred until Saturday 19th of May.

Events Diary - May

- 2nd 'Tea and Toast', Parish Hall, 8.45-11.00am
Bellringing practice, 7.30-9.00pm.
- 3rd Chair aerobics, Community Hall, 2.00pm
- 5th WI Cake Sale outside the Surgery, St Kew Highway, 10.00am
- 9th 'Tea and Toast', Parish Hall, 8.45-11.00am
WI, Community Hall, 7.00pm
Bellringing practice, 7.30-9.00pm
WI, Community Hall, 7.00pm
- 10th Chair aerobics, Community Hall, 2.00pm
- 12th Spring Fair, Parish Hall, 10.30am
- 16th 'Tea and Toast' Parish Hall, 8.45 -11.00am
Bellringing practice, 7.30-9.00pm
Gardening Club, Community Hall, 7.30pm
- 17th Chair aerobics, Community Hall, 2.00pm
- 18th Souper Lunch, Community Hall, 12.30pm
- 19th Plant sale, Community Hall, 10.30am
- 23rd 'Tea and Toast', Parish Hall, 8.45-11.00am
Bellringing practice, 7.30-9.00pm
- 24th Chair aerobics, Community Hall, 2.00pm

News from St Kew Parish Hall

Our next fund-raiser will be the Spring Fair and coffee morning to be held on 12th May, starting at 10.30am.

There will be a plant stall, cakes for sale, bric-a-brac and games. Put the date in your diary.

Kathy

To book the hall, please contact Joanna Pratt on 01208 841420.

The Regal in Wadebridge

Tel: 01208 812791



May

- 4th I Feel Pretty
11th Sherlock Gnomes
18th Deadpool: 2
25th Show Dogs
Solo: A Star Wars Story

Please check our website for the next Autism friendly screening - watch newly released films with friends and family in an inclusive environment.

Live Screenings: book online or contact the Cinema

- 3rd 'Manon'- Royal Ballet. Live, 7.15pm
10th 'Macbeth'. NT. Live (Roy Kinnear & Anne-Marie Duff)
15th Matthew Bourne's 'Cinderella' (plus live Q&A with the choreographer, Matthew Bourne), 7.00pm
16th 'An American in Paris - the Musical' 7.15pm

Please ring or check our website for more details
www.wtwcinemas.co.uk

Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 7th and 21st May.

ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

(Registered Charity No 294140)

- | | | | |
|---------------|---|-----------------|--------------------------|
| Sun: | Methodist Church Service | Marion Dingle | 01208 841388 |
| Mon: | Yoga 10.30am | Fiona Crompton | 01208 851735 |
| | Pilates 2.30pm - 5.15pm | Martin Brooks | 07812 959 879 |
| Tues: | Allen Valley Singers 7.15pm - 9pm | Janette Man | 01208 841784 |
| | Pilates 1.15pm-2.30pm | Martin Brooks | 07812 959 879 |
| Wed: | 1st, 3rd and 5th in month - | | |
| | West Country Embroiderers 10am - 3pm | Pat Scarborough | 01841 521323 |
| | 1st in month - St Kew Playing Field Trust | | 7.00pm |
| | 2nd in month - St Kew WI | 7pm | Becky Allen 01208 841798 |
| | 3rd in month- Gardening Club | 7.30pm | Richard Godden |
| Thurs: | Chair Aerobics | 2pm | Pat 01208 841260 |

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

Souper Lunch

Our next Souper Lunch will take place on Friday 18th May at 12.30 in the St Kew Highway Community Hall.

You are all very welcome. We enjoy a bowl of home-made soup together, have a nice chat and raise some money for a good cause.



PLEASE DO JOIN US



Pengenna
Manor

TICKETS:
01208 612221
www.pengenna.co.uk



New at the Manor – regular pop-up supper nights in our brand new event space – The Cowyard Barn!

Pop-up supper for June - paella night! Saturday 16th June from 7pm

Feast on delicious paella from guest chefs Big Pan Parties in the rustic splendour of our new barn and enjoy some live music. Tickets £20 to include sharing platter starter, paella main course, welcome drink and live music. The new Cowyard bar (cash and cards taken) will be open throughout the evening.



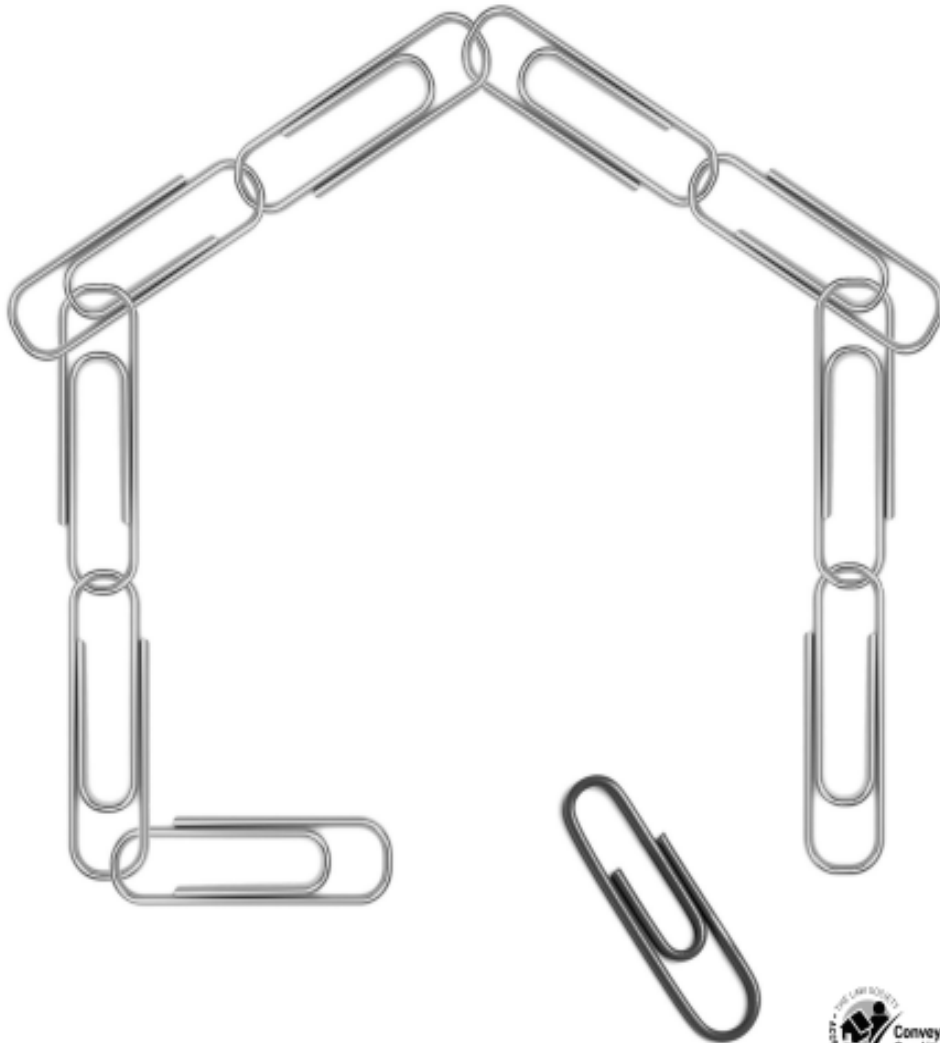
St Kew Inn

*A beautiful 15th century Inn, bursting with character
We serve delicious home made food using the best local produce
You will always find a friendly welcome in this traditional local "pub"*

12/18

St Kew Inn, Churchtown, St Kew, Wadebridge. tel: 01208 841259 email: stkewinn@btconnect.com

Helping you complete the chain



Moving house is exciting but can be stressful, let us take the strain.
We are here to help, talk to Sproull.

SPROULL

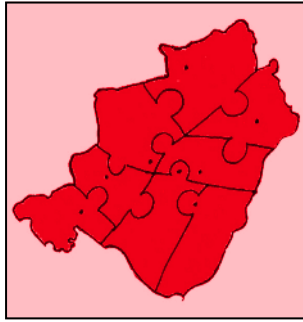
SOLICITORS

01208 72328

www.sproulllp.co.uk

Pieces of Eight

JUNE



June 2018, Issue 241

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern

Email: stkewmag@gmail.com

Our shiny new Post Office - the official opening ceremony



Viv Adams, Post Office assistant and driver.



Scott Mann MP, St Breward Postmaster Darren Wills & Viv Adams.



Scott Mann MP, Darren Wills, Viv Adams, Cllr Brian Gisbourne (Chairman of St Minver Parish Council, Cllr John Lethbridge (Chairman of St Kew Parish Council) and customers.



Scott Mann MP, Darren Wills & Viv Adams

Slightly old news, but unfortunately these photographs arrived just after last month's magazine went to press.

Your free guide to news and events within and around St Kew Parish



THIS SUMMER

Summer

@ the Red Lion

*Why not hire for your private
bbq or drinks party, our new
walled herb garden*

DIARY DATES

OPEN MIC 6TH JUNE ~

FATHERS DAY SUNDAY 17TH JUNE ~

SUPPER CLUB THURSDAY 21ST JUNE

QUIZ NIGHT SUNDAY 24TH JUNE ~

FOR DETAILS 01208 841271

Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their site*).

EDITORIAL

Welcome to the June 2018 edition of Pieces of Eight.

Included this month is the press release and photos of the official opening of the mobile Post Office - it arrived just after we went to press last month. The fight is still on to get our own Post Office counter back but in the meantime we should support the van - I have been told they do have a supply of Euros for your holidays.

The new A5 format of the magazine has proved popular. After the first limited A5 test print run last month we've had a number of comments. Here are a few:

'I thought it would be difficult to read but not difficult at all', 'Much lighter to hold for my arthritic hands', 'Much prefer the smaller magazine' Visitors have also been heard to say it's easier to pop into their bag to take away to read.

Given the comments we thought we would give you all an opportunity to try the smaller format. We will therefore print all copies of July's bumper summer edition in A5 and would welcome your comments, both for and against. **Please do let us know what you think.**

In September we will go back to A4 for residents and A5 for the pubs and shops, then later in the year we will decide which format to use ongoing so your opinion counts!

The last couple of weeks have been hectic for us, with a lot of family visits, including to our daughter and her partner whose first baby is due imminently. Our first grandchild - exciting times!

The hottest spring bank holiday weekend ever and where were we? Up a ladder painting. Painting skirting boards now involves lying down as neither of us can kneel down comfortably any more!

Right, back to the knitting needles as soon as I've finished putting the magazine together.

Nicky

The Editorial Team:

Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager & Treasurer
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the July issue is: **Monday 18th June.**

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Could all contributors please send us your copy or advertisement as soon as possible, ideally **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight! This shows our advertisers that the magazine is *the* place to reach local customers.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied. The magazine does not accept any responsibility for any issues arising from advertisements.

PoE is printed by Parish Magazine Printing, Northmoor, Whitstone, Holsworthy, Devon, EX22 6TD.
www.communitymagazineprinting.co.uk
01288 341617

Cornwall Exterior Cleaning



HOMEOWNERS:-

We are a small company specialising in all aspects of external cleaning both for domestic and commercial properties.

We can provide a wide range of cleaning which include gutters, walls, conservatories, paths and driveways.

We use gutter vacs to clear debris and our high reach poles will easily clean over Conservatories.

Our pressure washing is carried out to keep all hard surfaces both clean and safe.

Softwash cleaning is a highly effective cleaning process and is used to clean render, roofs, pebble dash, concrete and brick.

We use a high grade biocide which has long lasting results without damaging the surfaces. In addition, all our cleaning solutions have a low environmental footprint and are user friendly.

All technicians are fully trained and have public liability insurance

ESTATE AGENTS:-

First impressions can be key to successful selling and to ensure this we offer a full external house package to fit your requirements.

LANDLORDS:-

External maintenance is important to keeping your property in good repair – overflowing gutters, mouldy walls need not be a problem as we can look after your property for you.

If you feel that any of our services could be of interest to you please telephone and we would be happy to discuss your requirements.

Mobile – 07921 957356

Or email:

enquiries@cornwallexteriorcleaning.co.uk

12/18



**CORNISH COOKER
CONVERSIONS LTD**

**GET CONNECTED
... ELECTRICKIT**

CONVERT YOUR AGA (OTHER RANGES TO FOLLOW) TO ELECTRIC WITH ELECTRICKIT & BENEFIT FROM

- **DRASTICALLY REDUCED AGA RUNNING COSTS**
- **WARM IN WINTER, COOL IN SUMMER**
- **INDEPENDENT HOB AND OVEN CONTROL**
- **SPECIFIC OVEN TEMPERATURES TO SUIT YOUR RECIPE**
- **PROFESSIONAL INSTALLATION**

WE CAN ALSO HELP WITH OIL SERVICING & REPAIRS

PLEASE CALL ALAN OR ELIZABETH ON 01208 812272

www.ccconversions.co.uk

12/18



North Cornwall Pest Solutions

Controlling in your area

- Ants
- Cockroaches
- Fleas
- Flies
- Moths
- Moles
- Rabbits
- Rodents
- Wasp/Hornets

BPCA Level 2 in Pest Management

24hr call out

Fully insured

07770677029

finnmore2000@aol.co.uk

Prompt, Discreet, Friendly Service



St Kew Highway

Tel: 01208 841470 or 07581197622

St Pirans Garden Services

Hedge Cutting/Pruning

Strimming/lawn mowing

All aspects of home and garden maintenance

No Job too big or too small

Fully insured

01208 221397

Would you prefer to have a FEMALE to do your Painting &

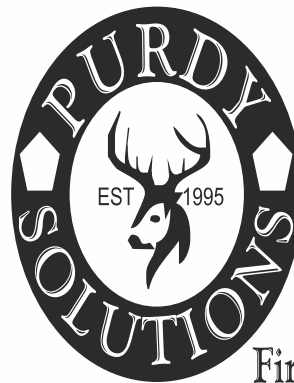
- can also Maintain your Garden & Power Wash your Patios, Decking, Walls, Driveways etc. with a Pressure washer

For free quote 'Phone:

07754 346457



Your first step in property preservation and maintenance



- Carpentry ◆
- Property Care ◆
- Kitchens ◆
- Bathrooms ◆
- Vinyl Flooring ◆
- Fire Door Maintenance ◆

T: 01208 841 528

M: 07816 899 649

E: jandbathome@aol.com

Working in association with



CONSTRUCTION SKILLS CERTIFICATION SCHEME

Aunt Avice's Pasty Shop

REAL CORNISH PASTIES HOMEMADE EVERY DAY (except Sundays)

**FEELING HUNGRY?
JUST CAN'T WAIT?
COME TO AUNT AVICE'S
THEY'RE ALWAYS FRESH BAKED!**

WE ARE AT UNIT 1, ST KEW SERVICES,
ST KEW HIGHWAY. TELEPHONE ORDERS
WELCOME: 01208 841895 OR 841740 (HOME)

THESE ARE "THE REAL THING"

12/18

Garden Services



Clearing
Grass Cutting
Hedge Trimming
Hedge Laying
Tree Work
etc...

**Stephen Lambert
CALL:
01208 850241
07891 828313**

12/18



We use local suppliers where possible eg.

- *Barnecutt's fresh bread, cakes, pasties.
- *Button's meats.
- *Tinten potatoes.
- *St Kew Biscuits.
- *Trewithen Dairy products.
- *Local Preserves & Honey.

STCS

St Tudy Community Shop and Post Office

Monday to Friday 8am – 6pm
Saturday 8am – 2pm
Sunday 9am – 12 noon
Deliveries can be arranged
TRY US FIRST !!!

12/18

We stock fresh fruit and veg all delivered daily. Orders for fresh fish. Off Licence. Newspapers & Magazines Our own "brand" of dry goods as well as well known ones. We sell eggs, stamps, stationery, sweets, toiletries, coal, frozen food. **And lots more!**

12/18



- Kiln Dried & Seasoned Firewood
- Coal & Smokeless Fuel
- Calor Bottled Gas
- Free Delivery
- Free Installation
- No Contracts

Great Regular-Reliable Service From a Cornish Family Owned Business.



CALOR



01208 816827

sales@loganslogs.co.uk
www.loganslogs.co.uk

All the news and highlights from the top of the hill! Don't forget, you can keep up with all the school antics in our weekly newsletters, published on our website: www.st-kew.cornwall.sch.uk

Having experienced another month of activities where the children **Discover, Learn and Develop** we are also looking forward to a number of exciting opportunities this term.

Sporting Events

Our children continue to amaze us with their enthusiasm for trying new sporting activities. We have recently participated in the Camel Challenge Football festival...



...and the Key Stage 1 Cross Country event.



Both teams of children performed well, winning matches, proving they are good sports people and being placed high in the Cross Country rankings. We are now looking forward to the 'Go Bike' event later this month – a cycling challenge similar to that of the professionals' Team Pursuit event.

Open Day

We held our Open Day on Thursday 10th May and were delighted to see many faces visiting the school. Visitors shared in class activities, both inside and outside the classroom to get a proper flavour of what goes on at the 'top of the hill' – showing why St Kew children look like this



and really do '**Discover, Learn and Develop**'!

School Council

Our School Council are busy working on choosing Class names and creating a project to enter for consideration to be awarded '**Healthy Schools**' status. We look forward to seeing the ideas they come up with to make every one of them 'healthier'.



Auction of Promises

On Friday 6th July we will be hosting a PTA fundraising event – an 'Auction of Promises'. This is an evening where the 'Lots' are Promises that people have donated. These promises can range from an evening of babysitting to a year of grass cutting, a celebration cake to a 3-course meal being prepared for you! We extend a warm welcome to you to make promises for people to bid for and to join us for the event. If you would like more information about the event, or would like to make your own 'Promise' please call the school. We look forward to seeing you there!

Julie's
MOBILE CATERING VAN



Contact Julie on 01566 781339 or 07572 412421
juliewalters@uwclub.net Join us!  Julies-Catering-Van

12/18

Pulled Pork, Burgers, Bacon, Hot Dogs, Chips, Homemade
Coleslaw, Wraps, Hot & Cold Drinks, Extras: Cheese,
Mushrooms & Eggs
Available for any event

12/18

Geoff, Karen and the team welcome customers old and new to
The Cornish Arms, Pendoggett



A 16th Century Inn

Open all day every day from 11:30 a.m
offering Real Ales, Good Wines, a selection of 60 Gins,
and a range of Cornish beers, lagers and ciders.

Our Quality Pub Food is served everyday from 12 noon to 2.30 p.m & 5.30 p.m to 8:30 p.m

OUR FULL MENU INCLUDING A ROAST IS NOW AVAILABLE ON SUNDAY LUNCHTIME

CREAM TEAS AVAILABLE EVERY DAY 1.00-5.30 p.m

A SMALLER APPETITES 2 COURSE LUNCH MENU
Monday -Friday for £7.95

LIVE MUSIC on Friday evenings, please see our website for details
Free Parking • Beer Garden • 7 En-suite rooms • Free Wi-Fi
Well behaved dogs and children are welcome.

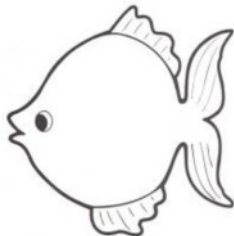
Tel: 01208 880335 or email: contact@cornisharmspendoggett.co.uk
Website: www.cornisharmspendoggett.co.uk We are also on facebook.

CHILDREN'S CORNER

How many different fish names can you find hiding in the grid?

Shark
Flounder
Nemo

Whale
Moby Dick
Cod

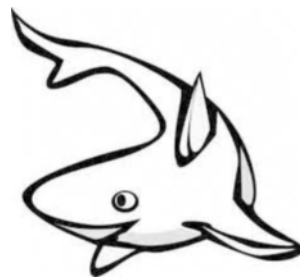
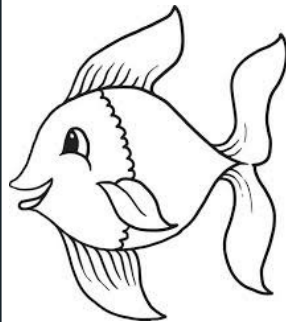


Goldfish
Pollock
Dory

Salmon
Trout
Swordfish

M	S	W	O	R	D	F	I	S	H
F	W	E	S	T	V	U	C	J	P
M	S	H	A	R	K	P	O	H	B
O	A	F	L	O	U	N	D	E	R
B	L	F	C	U	H	E	Q	W	E
Y	M	Q	Z	T	U	M	Y	T	R
D	O	R	Y	I	O	O	P	Z	X
I	N	M	B	W	H	A	L	E	C
C	P	O	L	L	O	C	K	Y	F
K	X	G	O	L	D	F	I	S	H

Colour me in!



Fishy Facts....

- Fish are vertebrate animals that live in water.
- Vertebrate means they have a spinal cord surrounded by bone and cartilage.
- Fish have gills that take oxygen from the water around them.
- Some flatfish use camouflage to hide out on the ocean floor!
- Fish have quite small brains compared to other animals.
- Some fish nibble parasites and dead skin off other fish - a cleaning service!
- There are over 3,000 kinds of fish!
- They have scales all over their bodies and often have a layer of slime to help them glide through the water!

St Kew Historical Society

Living Oral History - The Reminiscences of Mary 'Brom' Bromfield. District nurse and midwife in St Kew Parish for many years.

On the evening of Thursday 10th May an audience of more than two dozen members and guests were treated to memories, both amusingly poignant and quite hilarious, as Mary treated us to a journey into the past of training, nursing and midwifery from the 1930's to the 1980's - from Bedford to London to Port Isaac and Wadebridge, via most of North Cornwall.

This was recorded for the History Society - our first living-history session. We hope for many more from our local friends before it's too late.

Look out for our next entertaining evening at St Kew Parish Hall: Thursday June 14th at 7.30pm.

All members and guests are welcome to examine our archives, documents, books, maps and many items of local interest, presented by our archivist Kim Appleby, with a host of photographs and online research access.

John Raybould, Secretary

12/18

Clearview Solutions

Offering the latest environmentally friendly water fed pole cleaning service for
 windows and frames
 conservatories
 fascias / soffits
 Guttering
 Caravans / motorhomes
 Decking
 Patios
 Pathways
 Algae removal
 Biocidal treatments
 etc
 just call Rob to arrange a visit and no obligation quote

07875639548

St Kew 01208 841653



BREAKFAST. LUNCH. SUNDAY ROAST. CREAM TEAS. HOME MADE CAKES. CELEBRATION CAKES. ICE CREAM. HOME PRODUCED BEEF, LAMB & FREE RANGE EGGS. FRESH FRUIT AND VEG. LOCAL BREAD & CHEESES. GIFTS & CRAFTS.



Shop and Restaurant
Open 9am..7 days a week.

PYO and ready picked Strawberries & Gooseberries ready now. please ring to check availability

Bookings now being taken for Fathers Day lunch Sunday 17th June ...

Tel: 01208 880164

Book now for our **Traditional Sunday Roast**, choice of meats including home-produced beef followed by a selection of homemade desserts. **Booking essential!**

Don't forget we serve Breakfast 9am-11am,
 Lunch 12 noon-3pm.

Tea, coffee, homemade cakes, ice cream, cream teas, etc served all day.

Open every day. Pop in, you can be sure of a warm welcome.

TEL: 01208 880164 www.trevathanfarm.com
 CHILDRENS PLAY AREA. RIDE-ON TRACTORS AND

12/18

DIGGERS. PETS CORNER...



Find us on the B3314 at St Endellion. Follow us:

12/18

AUTOTEC

ST KEW HIGHWAY

PL30 3ED

MOT CENTRE

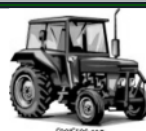
full diagnostics

Servicing & repairs

Tyres

01208 841238

PROPRIETOR - A. EDDY autotec_stkew@aol.co.uk



KEN GODDEN Contractors



Lawn Mowing - Fencing - Rustic Stonework

Tractor and Hedgetrimmer - Landscaping

Pasture Topping - Paddock Maintenance

Hay Making - Slurry Spreading - Bale Wrapping

Square/Round Baling - Rolling

07968 481520 / 01208 850743

12/18

ST KEW GOLF CLUB



- ★ PAY AND PLAY
- ★ Challenging 9hole/18 tee (Par 64)
- ★ Covered driving range
- ★ Pro Shop & Professional Tuition
- ★ Club Hire ★ Coffee Lounge

2½ miles from Wadebridge on main A39 towards Camelford

St Kew Golf Club, St Kew Highway, Bodmin, Cornwall PL30 3EF. Tel/Fax: (01208) 841500

12/18

J.R.CLEAVE

CARPENTRY & JOINERY

Mobile: 07598 699126

THE MAKING OF BESPOKE FINE WOODWORK,
 HARD WOOD, SOFTWOOD DOORS, WINDOWS,
 FURNITURE, KITCHENS AND STAIRS

jake.cleave@icloud.com



12/18



12/18
Create your dream...



WADEBRIDGE KITCHENS

KITCHENS BEDROOMS STUDIES

Polmorla Road Wadebridge Cornwall PL27 7NB

Call us on 01208 813231 sales@wadebridgekitchens.co.uk | www.wadebridgekitchens.co.uk

HOP OILS

Heating Oils, Farm Fuels, Tank Supplies



Unit 3, The Glebe
Blisland, Bodmin, Cornwall PL30 4JE
12/18 **01208 851195**

12/18

Your local Electrician.

Ivan Jones Electrical Services Ltd



- Established 1995 -

Domestic - Commercial - Agricultural - Industrial

For all your electrical requirements

01840 213 683 - 07738 824 181
Email: info@ijesltd.com

"A local service to national standards"



The Office. 30 High Street. Delabole. Cornwall.



Colour Scheme Keith Parkyn

Painter & Decorator.
Property Maintenance Interior &
Exterior Work carried out.
Laburnham, Wadebridge Road
St Mabyn, PL30 3BQ



For friendly service & advice call:
Tel: 01208 841828
Mob: 07747 399503
Free Estimates

12/18

S. Goodman Plumbing & Heating

- All Aspects of Plumbing
- Oil Heating
- Biomass Heating
- Wood Burning Stoves
- Geo-Thermal Heating
- Servicing

12/18



- Central Heating & Underfloor Heating
- Solar Heating
- Bathroom Installations & Tiling
- Water Harvesters
- Septic Tanks
- Drainage

Tel: 01840 213196 Mob: 07968 984305
98 HIGH STREET, DELABOLE, PL33 9AQ

John Newton

Rachael, Patrick, Liz and Marion Mewton would like to thank everyone who attended John's funeral, kindly sent cards or thoughtfully conveyed other messages of condolence.

Whilst failing health required John to move to St Teath a couple of years ago, he remained a Pen-doggett man through-and-through having moved there with his parents in 1952.

The Mewton family wish to express particular thanks to their friend and true Christian, Peter Coster, for conducting John's committal and memorial services and also to Su Coster for her infinite compassion.

Patrick Mewton



St James' Fete

21st July at 2.00pm

The St James' Fete this year will be held on Saturday 21st July at 2.00pm at Trescobel, courtesy of the Matheson family.

We would be grateful for items for the stalls; which can be left at the back of the church from 16th July.

Items required are: books, bottles, bric-a-brac, cakes, jumble, plants and produce, nearly new & previously-loved clean clothing.

Please donate!

There's going to be a great fete!

The time is coming round for **Bodmin Hospital Fete** on **30th June**, and plans are in full swing!

We are delighted to say that we have the Bodmin Town Crier to open the proceedings and introduce the young X Factor star Benji Matthews to open the fete at 2.00pm.

There will be music galore and entertainment from the wonderful Tina Roberts, Firebird International, with, among other excitements, her amazing miniature performing stallion, Star. Kernow Party Karts will be there with their Karts, Wipeout, Bouncy Castle, and Toddler Playzone. Future Youth Dance of Bodmin will be performing some amazing dance routines. There will be a Miniature Steam Engine giving rides, and a family dog show, along with lots of other attractions and stalls.

The fete is being held on the land adjacent to previous years - the site which has housed the fete in past years is now being developed – but this development is such good news – a Mental Health Unit for Adolescents.

We do hope you will come and enjoy the fun and, at the same time, you'll be helping a very worthy cause – **OUR LOCAL HOSPITAL**.

The fete is organised by the Bodmin Hospital League of Friends who work to raise funds for the patients and staff in the hospital, purchasing equipment and services not supplied by the NHS. We endeavour to make the patient's stay in hospital a little more comfortable, and it would not be possible without the support of so many local businesses who help to sponsor the costs of the fete and a wonderful band of friends and helpers.

Sponsors to date are: Mid-Cornwall Brokers, Hawkins Motors, Gynn Construction, Bodmin Flooring Centre, Bodmin Funeral Services, Nutes Veterinary Surgery, West End Motors, Bridge Bike Hire, Regal Cinema, Sharps Brewery, Wadebridge Wines, Trehellas House, Ruses Gas, Moorpets and Brandon Hire. We are so very grateful to all of them.

League of Friends' Secretary, 01208 841552

St Kew Playing Field Trust

We Need Your Help!

For more than 18 years the Playing Field Trust committee have provided in St Kew Highway a playing field for the use of people of all ages in St Kew Parish and its surrounding area. Providing facilities for Cricket, Soccer and Rugby Union as well as play equipment and a variety of facilities for younger people. These include pitches, a pavilion, changing rooms, toilet block and a variety of adventure play equipment.

NOW WE NEED YOUR HELP!

Our committee needs strengthening with new, younger parents and teenagers with a vested interest in the future of the facilities in their parish. Can you spare just a few hours a year to help secure the future of this valuable asset for you, your children and, perhaps, their children?

On **Saturday 23rd June** from 9.00am – 12.00 we are holding an open morning and field clean-up. Why not come along, see what we are about, lend a hand and perhaps join our committee – it only takes an hour or so once a month, and one FunDay a year.

Come along and see us at the Playing Field, Trelill Road, St Kew Highway. Help with the clean-up, have a chat, a cuppa and a sandwich and find out more. We look forward to seeing you.

Now put it in your diary: **Sunday 29th July 2018**, Annual FunDay and Dog Show. Fun for all the family! Full details in the next edition of Pieces of Eight.

Thank you!

St. Kew Community Gardens Association

The View from the Allotments

..... and gosh, wow, my word - what a difference a month makes!

I wasn't exactly despairing, but was getting a bit depressed at our lack of progress. We reckoned we were a good month behind and talking to fellow plot-holders, that was the general opinion. But the past four weeks have seen several days of warm sunshine and only the occasional downpour, which means that the ground is drying out and we can actually produce whole patches which are ready for planting.

Tony has been growing broad beans in the greenhouse and we put them out a week ago to harden off and then I planted all 60 of them yesterday. Back-breaking, as I am not too good at kneeling, but it Will Be Worth It!

Last week we were in St. Columb Major and discovered a wonderful shop called Glanvilles, opposite the Silver Ball. We had been searching for runner-bean seeds and nobody had them, and chanced upon this shop which had packets of just about everything. They also had chunky grow-bags and very happy and healthy-looking tomato plants so we went away with a lot more than we intended. Going back for some bean-poles this week, when we're in the neighbourhood – a magical shop which seems to stock everything and as for the customer care – second to none. Meanwhile, up at the allotment, the skip is now on site and slowly filling up with rubbish – sadly other people's

as well as our own. Which allotment-holder do you know who would dump eight scrambler-bike tyres and two surf-boards?? But we are managing to clear quite a lot of old bits and pieces, and the site is slowly getting tidier. Having said that, Phil has used the surf-boards to make a little "walled" container and Andy has used the tyres to weigh down some plastic sheeting, while planting something (Courgettes?) in the centre of each tyre. We are nothing if not innovative.

It must be a sign of progress as Adam has his Great Wall of St. Kew up and the beans have already reached six inches all along the bottom. When in full bloom, it's quite a sight. He has also very kindly strimmed all along the lane fence – a big help.

We and Andy are proudly eating our own asparagus – what a flavour when you've just cut the spears barely half-an-hour ago. Further up the site, Adrian has made wonderful progress with a formerly deserted plot and his strawberry cage is a work of art. Monika and Babs' neat and attractive "back garden" is an example to us all. Mark has been digging hard and erecting a useful shed, so we've all been making use of the warmer, sunnier weather.

In fact, all up and down the site, work is visibly surging ahead and it raises the spirits, even if it destroys the back.

We've still got a couple of vacant plots by the way, so do ask if you would like to see them.

Judith Mott, judithmott@btinternet.com

Tel: 01208 841312

Pengenna Manor, Trelill

Exclusive local wedding and events venue Pengenna Manor near Trelill has announced a very exciting addition to its offering – The Cowyard Barn. This 200-year-old building has been restored and re-purposed to create a gorgeous permanent undercover space for all sorts of parties and events. It can seat up to 150 theatre style (for wedding ceremonies, film showings, meetings and presentations) and up to 100 seated for a dinner (for wedding receptions but also birthdays, anniversaries and parties), or host around 100 guests more informally.



The space has been left purposefully blank for guests to decorate and style with concrete floors and bare stone walls, but with the addition of atmospheric strings of festoon light bulbs amongst the old beams, and also some funky hidden feature lighting. Bespoke rustic trestle tables and wooden folding chairs are available, or organisers can hire-in their own furniture.

External caterers can set up a pop-up kitchen inside the barn, or in the courtyard outside. A very cool rustic bar clad in corrugated metal has been installed – and even this is on wheels so it can be re-located for total flexibility!



For evening events and parties the hidden feature lighting transforms into a colour changing disco mode and DJ's or bands can set up wherever they like with plenty of space for dancing the night away.

Richard Blewett, proprietor at Pengenna said: "We're so excited to be able to offer this fabulous new permanent event space that can be used to host all sorts of private event bookings as well as the different public events we stage here and it's funny to think that where we used to milk and calve the cows, guests will now be partying!"

For more information, extra photos, to book an appointment to discuss your event, or to find what their next public event is, visit the Manor's website at www.pengennamanor.co.uk

Parish Council News

Chairman: Cllr John Lethbridge
Clerk: Cindy Powell, Rockhurst, Trethurgy,
St Austell, PL26 8YF. 07988 481241
Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.30pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

The Annual Parish Meeting of St Kew Parish Council was held at The St Kew Parish Hall Tuesday the 8th May at 7.00pm

Present: Chairman J Lethridge, Councillors A Godden, T Mott, J Rickard, B Finnemore, J Rowe and R Godden. Two members of the public were in attendance.

In the chairman's address, he said that in the year the council had dealt with 43 plans, each one viewed by the council, and maintained the common land at Chapel Amble, Trequite and Tregellist. He also remarked that dealing with Cornwall Council was becoming more difficult as they seemed not to take into account the views of the local residents, and the enforcement action was next to useless.

Mr Shergold of Bokelly Bungalow raised that he was trying to re-form the Neighbourhood Watch for the Trelill area, and asked if the council could help in pushing it forward. The council agreed to contact the relevant authorities. Anyone interested in the scheme, please contact Mr Shergold.

There was no other business and the meeting closed at 7.20pm

The AGM of St Kew Parish Council Meeting held on Tuesday 8th May 2018 at 7.30 pm in the Parish hall.

Present were the councillors above and six members of the public.

The first item on the agenda was the election of officers, they were:

- Chairman - J Lethbridge.
- Vice-chairman - A Godden.
- Responsible Finance Officer - R Godden.
- Churchyard liaison Officer - R Godden.
- Tree Officer - Jenny Mcgann.
- Footpath co-ordinator - J Rickard, R Godden.
- Parish Hall representative - B Finnemore.
- Community Hall representative - John Lethbridge,
- Parish Magazine representative - Richard Godden.
- Playing Fields representative - J Rowe.
- Planning coordinator - Richard Godden.
- Community Network Coordinator - John Rickard.

In the adjournment section of the meeting, lack of parking at St Kew Highway Services especially around the Doctor's surgery was raised, the situation was becoming dangerous for people on foot crossing the forecourt. The council will write to Euro Garages and Mr Godfrey expressing their concern.

Parking of vans on the slip road at Pennyhayle was also brought to the attention of the council.

Parking on common land is still a concern and the council will be seeking legal advice on the problem.

The contractor who cuts the grass in the church yard reported that glass containers are being left on graves, these cannot be seen when covered in grass and smash when hit by grass cutting equipment. Please do not leave glass containers on or by the gravesides.

There is still a litter problem in the parish. If you see someone dropping litter from a vehicle, please try to get the registration number and report it to the council - we must try to stop this happening. To those who throw their litter from a vehicle, **TAKE IT HOME.**

Planning Applications

PA18/02356

Mr & Mrs Rochford, Little Brightor, St Kew Highway. Construction of 2 new-build holiday lets to support existing business.

Recommend approval.

Planning Decisions by Cornwall Council

PA18/02050

Mr & Mrs Boyne, Tomphanny Farm, Tregellist
Approved.

Only one tender was received for the cutting of the footpaths and Graham Tiplady was awarded the contract.

RG



Allen Valley Singers

Today there is real sunshine and - 'every day a beginning, spirits rise and their dance is unrehearsed', to paraphrase one of our songs, 'Evergreen'. People are smiling today.

The choir is learning new material for concerts ahead and especially look forward to the latter end of the year when we sing at the wedding of the daughter of one of our members, Colleen Waugh.

Wednesday June 13th is the date of our yearly 'Sing' at Padstow, between 6.30pm and 8.30pm. A full report will be contributed in the August publication. When compiling the programme, our MD announced that we needed at least 15 songs. Luckily we have plenty in our repertoire but I now realise how much material is eaten-up for concerts.

Singing is obviously the most important issue in a choir but there are many other factors which make up to a successful and well-run choir. For instance, I write these reports and out in the big wide world, there are other magazines and newspapers which take these reports, all with their involved staff. It is important to have a good rapport but sometimes it is not possible to put faces to names. I was lucky enough recently to be invited to a coffee morning at Trewane Manor in Trelill to meet all the folk connected with the 'Pieces of Eight' magazine who

serve the St. Kew area. It was such a pleasure to meet those with whom I have communicated for some years. Real people, real problems and real successes. A really enjoyable morning.

Another area we enjoy is meeting fellow choirs. It is a great treat to visit other singers and realise the breadth, styles and differences that there are, not only in the choirs of Cornwall, but all over the country, indeed over the world. Maureen Murray, one of our members, and I recently attended a concert at Pencarrow given by the 'Monday Choir', from Herefordshire. They had a great variety of songs and music including solos from a bass singer and a 'cellist. It was an interesting evening as our singing styles were very different and it is always possible to exchange ideas and techniques.

Contact our Musical Director if you would like to join us or book us for a concert or a wedding or any other important event. So ring Janette on 01208 841784 to have a chat with her and perhaps join us for an evening to listen to our music. We meet on Tuesday evenings from 7.15pm to 8.45pm at St. Kew Highway Community Hall.

All best wishes.

Joyce Hargrave-Wright (Publicity)

Mobile Post Office



Monday

St Merryn 08.45-10.00

Rock 11.00-12.30

St Kew Highway 13.30-15.00

(Community Hall)

Tuesday

Tintagel 09.30-11.30

South Petherwin 12.45-13.45

Wednesday

Tintagel 09.30-11.30

Port Isaac 12.30-13.30

St Issey 14.00-15.00

Thursday

St Merryn 08.45-10.00

Rock 11.00-12.30

St Kew Highway 13.30-15.00

(Community Hall)

Friday

Tintagel 09.30-11.30

South Petherwin 12.45-13.45

We urge everyone to make good use of it - we don't want to lose it again!

At an abandoned Sea-Garden

the morning fret is burnt away reveals
senecio, Cappa Blanca,
cotton lavender, the Cloth of Gold

squeals of children from the beach below
where waves threaten to wash them away

above
the sun is a blank
omnipotent

casts no shadow
on the midsummer dial
nothing to measure the gap between
distance and memory
save this sempervivum from that broken urn.

David Penhale

Puzzle Page

codeword

26	17	23	22	21	26	1	9		20	7	18	12	
	6		21		6		26		7		6		
	14	26	6	19	19	26	16	13	17	26	5		
	3		17					8		9		26	
9	6	10	7			8	25	26	6	19	6	1	9
			11		6		14					18	
18	6	1	15	23	1		6	4	6	17	26	6	
	13				9		9		5				
5	23	3	26	18	23	9	26		24	21	14	15	
	17		1		6				23		21		
	7	1	19	9	7	1	18	9	21	6	17		
	19		21		6		23		14		26		
19	25	23	26		26	5	2	7	1	26	19	19	

A
B
C
D
E
F
G
H
I
J
K
L
M
N
O
P
Q
R
S
T
U
V
W
X
Y
Z

		5		9			7
	8			2	1		
				3	4		
		6		5			9
		7		1	2		
3				8	4	6	
		9	7				
		4		5			8
2			4			7	

nonogram

S	N	A
O	G	L
E	F	T

How many words of 4 letters or more can you find? You must use the centre letter in each word.

No plurals or proper nouns are allowed. There are 46 listed in the solution which includes **1 nine letter** word to find.

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26
R				C					O			

Events Outside Our Parish

Regular events at St Endellion: Endelienta Poetry group, Book Club and family Make Club. Please visit the website, or phone or email for details.

For June's events at St Endellion please see separate advert.

Royal Cornwall Show

7th, 8th & 9th - Royal Cornwall Show at the Show Ground, Wadebridge. For more details please see the RCS website: royalcornwallshow.org

Beach Clean

Friday 15th - Beach Clean at Polzeath beach with Polzeath Marine Conservation Group and National Trust. Meet in the car park at 9.30am.

See polzeathmarineconservation.com for details.

Theatre

Wednesday 13th - Open-air theatre production of Sense & Sensibility at Pencarrow House, check their website or visit the shop for details.

Art Exhibition

Friday 25th May - Sunday 3rd June

David Penhale - Exhibition at Rock Institute Gallery, daily from 10.00 - 5.30pm

Save the dates - August:

Friday 3rd - Marie Curie Garden Party at Pencarrow House.

Tuesday 14th The St Endellion & St Peter's, Port Isaac Fete in St Endellion Rectory Garden at 2.00 pm.

Friday 17th Wadebridge Lions present: 'Hits from the Blitz' with Company B at Pencarrow House, 7.00pm.

More information can be found on the following websites:

Concerts: endelienta.org.uk. or by email to tickets@endelienta.org.uk or from Wadebridge Bookshop (concert tickets only).

Pencarrow House: pencarrow.co.uk



J.T.Martin
Plumbing and Heating

Qualified for the installation, servicing
& maintenance of

OIL FIRED HEATING SYSTEMS AND
APPLIANCES

Unvented Hot Water System Installations and
Upgrades

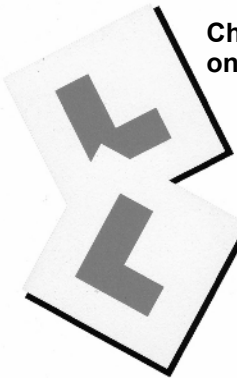
OIL BOILER BREAKDOWNS AND REPAIRS

Tel: Mobile: 07812 127257

12/18

Ron Bendell Driving School

Changing the world of driving,
one lesson at a time.....



Ron Bendell
ADI

Mobile: 07539933615
Office: 01208 880691
Email: ron@rbsom.co.uk

www.ronbendelldrivingschool.co.uk

R Mears & Sons
Chimney Sweeps
Established over 30 years



Thorough vacuum &
brush cleaning.
Full CCTV investigations.
Chimney linings, pots,
cowlings & bird
protection fitted.

Solid fuel appliances,
Rayburns, woodburners
and stoves installed and
serviced

Tel: 01840 261221

Mob: 07737 533392

www.sweepcornwall.co.uk

12/18



Cole Rayment & White

WADEBRIDGE • ROCK
CAMELFORD
PADSTOW

Contact us for a Free Valuation

01208 813595

www.crw.co.uk

— THE —
ESTAS

ESTATE AGENT
AWARDS 2018

GOLD WINNER

BEST LOCAL AGENCY GROUP
SOUTH WEST

Andreas Construction Building & Roofing

Landscaping / Patios	Roof Repairs
Property Maintenance	Re-Roofs
Extensions	Flat Roofing
Kitchens & Bathrooms	Delabole Slating
Conservatories	Slate Hanging
Loft Conversions	Lead Work
Barn Conversions	
Bespoke New Builds	Digger & Dumper Hire

All work is always to the highest of standards.
Any job undertaken.
Please call for a free quote.

07967 816968 01208 851387
andreas-construction.com
andreasjmjones@icloud.com

Find us on 

St James Bellingring News



We were pleased to have five scouts from St.Mabyn join us on our Wednesday practice evening to learn to ring the bells for their bellringing badge. All the scouts rang the bells and had a tour of the bell tower. Also for a bit of fun they rang the hand bells. Rikki, the Scout Leader, took lots of pictures throughout the evening and a great video clip of one of our church bells ringing up close. Please have a look on our Facebook page to see these great pictures and the video clip.

We have finished our evening practice ringing on a Wednesday for the summer and will start again in October. Listen out for our ringing every Sunday morning at 9.00am before the Sunday service and there will be several weddings to ring for over the summer also. At the end of July we will be ringing to open St. James Fete and welcome anyone to pop over and have ago at ringing the bells throughout the afternoon.

For information on bellringing please contact Ken Godden on 07968 481520, or message us on our Facebook page.

GILL'S RECIPE OF THE MONTH

It's a beautiful morning, and thoughts turn to barbecues....

Barbecued Spare Ribs

Ingredients

- 3lbs spare ribs
- 1 tablespoon brown sugar
- 1 teaspoon salt
- 3 tablespoons tomato ketchup
- 2 tablespoons soy sauce
- 2 tablespoons runny honey
- 1 cup chicken stock

Method

- Thoroughly mix the salt, soy sauce, sugar, ketchup, honey and stock together.
- Mix the spare ribs in the marinade until well coated and leave for at least an hour, longer if possible.
- Either cook on the barbecue, turning from time to time, or in the oven at 180°C for about an hour, turning from time to time.
- Put the spare ribs on a serving dish.

- Dilute the marinade with a little extra stock.
- Either pour over the ribs or serve separately. If more sauce is required double the amount of stock.

Delicious served with a salad and some crusty bread to mop up the sticky sauce.



'KEW & A'

Twenty Questions & Answers

This month: Kym Hall.

Childhood Hero: Steve Austin - 'The Six Million Dollar Man' !!

Hobbies: Singing, gardening, crafting, reading, cooking - to start with.....

Favourite Music: Anything - I couldn't imagine life without music.

(Editor's note: Until 2004, Kym managed the last independent music record shop in Wadebridge).

Favourite Book: 'The Wind in the Willows' by Kenneth Grahame - superlative writing, gorgeous characters - timeless.

Favourite Film: 'Paris, Texas' (dir. Wim Wenders, 1984) and 'Jean de Florette' (dir. Claude Berri, 1986).

Favourite TV Programme: Anything foodie.

What's good about living in your village?
Natural sounds.

What would you improve? Water run-off.

I'm very good at.... Organising my work-load.

I'm very bad at.... Being in a crowd.

A phrase I use too often is.... "C'mon Kym, you can do this'.

Three people, dead or alive, I'd invite to dinner are.... David Attenborough, Mozart, and sister Sue who would come with some fabulous wine.

I'd like to be stranded on a desert island with....
A piano.

I'm embarrassed by.... Loud and lewd people.

My proudest moment was.... My son, of course.

The best things about Cornwall is... The scenery, and ever-changing patterns of colour.

The worst thing about Cornwall is.... Nope, can't think of anything significant.

Which of our country's laws would you change? Inheritance tax.

An over-rated public figure is.... Most of them.

In another life I would be.... An opera singer, or a pianist.

Events at St Endellion in June



Endelienta

Friday 15 June, 7.30pm

Bristol University Madrigal Ensemble.

As part of its annual tour to Cornwall, the highly popular Ensemble returns to St Endellion with a delightful mixed programme of madrigals and part songs.

Entry by suggested donation £5.

Saturday 16 June, 10.00am

The Endelienta Make Club for children and parents
This month: colourful mixed media workshop,
£5 per family.

Friday 22 June, 7.30pm

The Dante Quartet. One of the UK's finest ensembles, international award-winners the Dante Ensemble play Tchaikovsky No 1 in D; Shostakovich No. 4; and Beethoven Op 135.

£15 nave / £10 aisle. Accompanied under 16s free (aisle seats only)

Book tickets online at www.endelienta.org.uk; by e mail tickets@endelienta.org.uk; by phone 07787 944935; or from the Wadebridge Bookshop (concerts only)

Puzzle page solutions

6	2	5	1	4	9	8	3	7
4	8	3	5	2	7	1	9	6
9	7	1	8	6	3	4	5	2
8	4	6	2	7	5	3	1	9
5	9	7	3	1	6	2	4	8
3	1	2	9	8	4	6	7	5
1	6	9	7	3	8	5	2	4
7	3	4	6	5	2	9	8	1
2	5	8	4	9	1	7	6	3

Nonogram
agent, along, angel, angle, angst, tagot, tang, flag, flagon, FLAG-STONE, flange, flog, gale, gaol, gate, glean, gien, gloat, gnat, goal, goat, goes, golf, gone, lags, long, longest, nags, ogie, on-stage, sage, sago, slag, slang, slog, slogan, snag, snog, song, stag, stage, tang, tangle, tango, toga, tong.

S	S	E	N	I	G	D	E	E	O	H	S
E	R	O	M	U	S						
L	V	A	L	C	T	I	N	S	T	I	N
U	O					M	N	L			
Y						E	C	O	T	E	D
						D	T	T			B
A						A	Z	A	L	E	A
C						R	A		F		
T						N	P	H	E	A	S
E						T	P		L		V
						D					R
A						I					A
E						L					U
K						W					I

Codeword

Group Travel

Enterprise Park, Midway Road, Bodmin
Cornwall PL31 2FQ. Tel: 01208 77989



BODMIN M.O.T. CENTRE at Group Travel

Class 4, 5 and 7. Trade enquiries available upon request. Tel: 01208 77989

2018 COACH EXCURSIONS

2nd - 6th JUL - LLANDUDNO TOUR

22nd JUL - EXMOUTH SEA CRUISE

4th AUG - COUNTRYFILE LIVE

5th AUG - FESTIVAL OF BRITISH EVENTING

21st AUG - DARTMOOR ZOO

25th - 26th AUG - DORSET STEAM FAIR

31st - 2nd SEP - BURGHLEY HORSE TRIALS

11th SEP - WIDECOMBE FAIR

15th SEP - TOBY'S HARVEST FESTIVAL

27th - 1st OCT - SHROPSHIRE BY COACH, RAIL & CANAL

3rd NOV - BRIDGWATER CARNIVAL

17th NOV - FESTIVAL OF LIGHT @ LONGLEAT

23rd - 26th NOV - TURKEY & TINSEL @ BOURNEMOUTH

24th NOV - CLARKS SHOPPING VILLAGE, STREET

8th DEC - BATH CHRISTMAS MARKET

16th DEC - MOUSEHOLE & ANGARRACK LIGHTS

2019

26th APR - 1st MAY - ISLE OF MAN SPRING TOUR

16 TO 70 SEAT COACHES AVAILABLE FOR PRIVATE HIRE. CORPORATE/ VIP, EVENTS & CONFERENCES, WEDDINGS (CAN INCLUDE STAG & HEN PARTY PACKAGE), HOLIDAY TRANSFERS, FUNERALS, DAYS OUT, GROUP TOURS, GOLFING HOLIDAYS & SPORTING EVENTS.

FOR BOOKINGS AND A BROCHURE PLEASE CALL

01208 77989 / 01208 72669

Website: grouptravelcoachhire.com Email: benneymoon@btinternet.com

Based in
Wadebridge

Cornish Roofing Company

Covering Cornwall

ALL ROOF WORK UNDERTAKEN

Flat Roofing • Solar • Tiling • Heritage • Leadwork • Repairs
Rag, Reclaimed and Natural Slating

Wadebridge, Cornwall Tel: 01208 816991

info@cornishroofing.co.uk www.cornishroofing.co.uk



Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



Martin Brooks - 07812 959 879
martin@northcornwallpilates.co.uk
www.northcornwallpilates.co.uk

12/18

Western Supply



Timber & Builders Merchants Paint & Decorating Supplies



Atlantic Road
Delabole
Tel: 01840 212580
www.westernsupply.co.uk

(open 7 days a week, Sat & Sun mornings only)

12/18

ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

May for June 1918

From The Parish Magazine

The Reverend H Dalton Jackson writes: "*The Pause Continues*. – To the surprise of many, the pause on the Western Front continues. Germany is said to have her men in shelters ready to spring forth. The weather has been favourable, and yet the attack has not taken place. But the attack is bound to come, and the position throughout the summer will be an anxious one. A cause for general thanksgiving is that the total Allied and neutral shipping losses for April were less than in any month since the "ruthless warfare." A solemn duty rests with us at home. On the events of the coming weeks the future of the war may depend. Let us then have recourse to God in private and public prayer. Special intercessions and prayers will be offered in church every Friday evening at 6.30 p.m. for a speedy and righteous peace to be established, and that an end may be put to the slaughter of the men who are the bulwark and mainstay of our community."

"*Prisoners of War*. – Humanity revolts at the narratives of returned prisoners of war from German hands. Everyone who has a relative or friend among prisoners is distressed to think that brave men should be treated with such brutality. France has abandoned the argument that to refuse to exchange helps the war. Italy has opened negotiations for exchange, and our Government will do well to anticipate public opinion by taking the necessary steps to secure the return of our soldiers to their homes."

Home Front

On 10th June 1918, the Representation of the People Act 1918 gave the vote to women over 30 years of age. Those between 21 and 30 years of age had to wait until 1928.

Western Front

After advancing to the River Marne, within 56 kilometres of Paris on 3rd June, the Germans experienced supply shortages, fatigue, lack of reserves, and many casualties, along with counter attacks by the newly arrived 2nd US Division and the reinforced

French troops. The US Marine Corps won a major battle of Belleau Wood on 4th - 6th June on the banks of the River Aisne; on the first day they lost 1,087 men – more than had been lost in the whole of the Marines' history. "Retreat? Hell, we only just got here." said Captain Lloyd Williams, US Marines. The French were so grateful they renamed the area *Bois de la Brigade de Marine*.

The German advance was halted on 6th June 1918 with some 100,000 casualties. Another German attack on 9th June based on the River Matz, was repulsed by the American and French-led combined Allied forces. The German leadership dithered.

At the first battle of Marne French troops brought 72 pigeon lofts with them as they pushed the Germans back and, despite the troops frequent change of location, all "on-duty" pigeons made it back to their lofts. The lofts could be in unusual places – even London buses were converted to house pigeons. Occasionally, individual pigeons found fame, one being 'Cher Ami', whose message-carrying exploits allowed 194 US troops to be rescued after being stranded behind enemy lines in 1918, a feat that earned the bird the *Croix de Guerre*.

Plonk. We have the troops fighting in France to thank for the word which is now generally used to describe most cheap wine. Encountering French white wine, the British soldier soon substituted the word 'plonk' for '*vin blanc*' and English speakers throughout the Commonwealth have been knocking back plonk from wine producing countries over the world ever since.

William

(Editor's note: I've always wondered about the origin of the word 'Plonk'. Thank you William!)



Souper Lunch

The report on May's Souper Lunch will be included in next month's edition.

MP "CUTS THE RIBBON" TO OFFICIALLY LAUNCH NEW MOBILE POST OFFICE

- New services for St Merryn, St Issey, St Kew Highway, Tintagel, South Petherwin, Port Isaac and Rock.
- New Post Office mobile service.
- Wide range of Post Office services available.
- Banking services for personal customers and small businesses.

Scott Mann, MP for North Cornwall, "cut the ribbon" today with Postmaster Darren Wills to officially open a new Post Office mobile service to help serve seven rural communities in Cornwall.

The travelling Post Office, which is aboard a specifically designed vehicle, now delivers vital Post Office services to people in St Merryn, St Issey, St Kew Highway, Tintagel, South Petherwin, Port Isaac and Rock all within Scott Mann's constituency.

This is the first time that a Post Office mobile van vehicle has operated on a permanent basis in Cornwall.

The mobile service can offer a wide range of services including banking on behalf of all the major banks, postal, foreign currency and financial services.

Mr Mann, said: "I am delighted that the first permanent Post Office mobile service restores vital Post Office services to seven communities in my constitu-

ency. The mobile service offers a wide range of services, which will really benefit these rural communities, including banking on behalf of all the major banks."

Postmaster Darren Wills and his team operate the mobile service provide a real lifeline to many Cornish communities.

Last year, Mr Wills, who is a local man and successful publican of The Old Inn & Restaurant St Breward for 18 years, saved his local village shop and Post Office from closing. When the previous Postmaster wanted to retire Mr Wills extended his double garage at the pub to host and relocate the newly built St Breward Stores and Post Office which opened in June 2017.

Mr Wills, said: "People are so delighted with the new Post Office mobile. They feel that it is a real lifesaver to their rural communities. They really appreciate the service."

Sarah Cottrell, Post Office Network Operations Area Manager, said: "Since the closure of Post Office services at these Cornish communities we worked hard to find a solution to enable us to restore services. A Post Office Mobile service is a tried and tested way of maintaining service to smaller communities in other parts of the UK."

Editors note: This is the Post Office's official press release.

Discover, Learn, Develop



Our pre-school is managed by a qualified teacher with a nature-based curriculum. Come and enjoy outdoor activities in our roundhouse, polytunnels and nature areas such as fire pit cooking, story telling and nature crafts.



Pre-school

All-year outdoor pre-school. Up to 30 hours funded childcare, with wraparound care available.

Little Kews

Starting Friday 22nd June
Every Friday during term time for ages 0-4s.
1:30-3pm. £5 per child



Call 01208 841306

Visit st-kew.cornwall.sch.uk



ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

May

27th Church Fellowship, led by members.

June

3rd Sarah Yardley.

10th Church Fellowship led by members.

17th Rev Sally Long.

24th Rev Alistair Sharp.

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

Catholic Church Services

Wadebridge

St Michael's Church
Tel:01208 72833
Mass Sundays 8.30am
Confessions
Friday 10.30-11.00am

Tintagel

St Paul The Apostle
Tel:01840 770663
Mass Mon-Thur 10am
Fri & Sat 6pm
Sunday 10.00am
Confessions:
Before/after Mass.
Other times on request.

St James the Great at St Kew



Calendar for May

Sat 26th 1.00pm, Wedding. Rev Dr Elizabeth Wild.

Sun 27th *Trinity Sunday.* 9.30am, All Age Service with Marcus Jones/Rob Soley.

Calendar for June

Sun 3rd *Trinity 1.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild.

Sun 10th *Trinity 2.* 9.30am, All Age Service with Marcus Jones/Rob Soley.

Sun 17th *Trinity 3.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild and Henry Gompertz.

Sun 24th *Trinity 4.* 9.30am, All Age Service with Marcus Jones/Rob Soley.

Calendar for July

Sun 1st *Trinity 5.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild.

Sat 21st St James Fete. 2.00pm, Trescobel, St. Kew. *Items for the stalls can be left at the back of the church from 16th July.*

Reflections

A few years ago, when we first moved to Cornwall, a man came to our house to help us with something or other. I offered him a cup of tea, which he accepted, and asked if he would like sugar. "Oh no" he said "I'm Cornish". I couldn't see the connection but then he explained that when the Wesley brothers were preaching in Cornwall in the mid to late 1700's they taught that, since sugar was a product of the slave trade, one shouldn't take sugar. The teaching was accepted and still holds as a tradition today even though Fairtrade sugar is available.

On a beautiful, sunny weekend day, as I watch my infant grandchildren play in the garden, surrounded by spring flowers and birdsong, I wonder what World they will inherit. What have previous generations, and this generation of us in particular, done to alter what our grandchildren can enjoy.

Environmental challenges, modern slavery and poverty are all part of the World that we live in.

But we can all make a difference. Buying locally to support our producers and reduce transport costs and pollution, buying Fairtrade to protect workers, and being "green" in our use of resources, particularly fossil fuels, will all make a contribution to the future for humankind and for the planet.

As we enjoy the beauty of spring in Cornwall and reflect on the wonders of the World that God has given us we might all reflect on how best we can play a part in stewarding that gift.

Henry Gompertz

Last chance to buy your tickets for our Camping Weekend at Mother Ivey's Bay Holiday Park.

£25 PER CAMPING PITCH FOR THE WHOLE WEEKEND (only non-electric pitches now available). Dogs are welcome (at an additional cost of £2 per dog). We're hoping for some lovely warm and sunny weather. Tickets are available from Wadebridge Foodbank (cash or cheque), at Unit 2 Trevanson Street PL27 7AR (opposite Lidl), we're open from 10.00am-1.00pm Monday to Thursday.

Saturday activities include:

11.00am - 1.00pm - Activities on the beach with Badger Forest School.

Late afternoon/early evening – Face Painting

From 6:30pm: Wild Bake Pizza.

Paella option from the Chefs at Keep Cornwall Fed
Hog Roast by Gary Dutton.

Live music from 'The Swing Empire' and jazz group 'Melange'.

ASDA Collection

Thank you to everyone who donated during our collection at the ASDA store in Bodmin. We provide approximately 1,600 meals per week to people in crisis so your donations make a real impact.

This month we are in need of.....

Long-life fruit juice, rice, tinned tomatoes, tinned potatoes and instant mash.

Are you ready for the new benefit system?

Join our FREE Moneybox Course to find out more.

Do you need help with budgeting? If so, we can offer help and support. We are currently working with Cornwall Housing and Eccabi as part of the European Social Fund running the **FREE Moneybox Courses**. Our next course starts on June 12th in Wadebridge.

'I suffer from anxiety and wasn't sure if I could cope but everyone was so lovely.'

'I've been able to sleep better because I have been sorting out my finances.'

The course is available to anyone aged 16+ who is a tenant and unemployed. It will help with budgeting, building confidence and managing finances. If you would like more details please contact us on 01208 815374 or email contact@wadebridgefoodbank.org

Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374

Registered Charity No. 1166301

Email: contact@wadebridgefoodbank.org

Website: www.wadebridgefoodbank.org



Several things to report on this month!

Our Cake Bake Sale in aid of Cornwall Hospice Care - we have sent £200, thank you to all those that purchased when we were selling our cakes down at the Garage. We were so pleased that we were able to use the Garage forecourt again - this year to keep our cakes in the shade!

At our May meeting, we were pleased to welcome two local ladies, Fran Finnemore and Judith Mott, for a dabble with art. They brought along materials and resources for us to have a go at some art. All of us were able to achieve something - some coloured pages from one of those lovely colouring books, some of us used pastels, others used charcoal and drew their own design, there were watercolour pencils, pots of blossom, pictures of cottages and different designs for us to copy or we could create something of our own.

If you look at our Facebook page you will be able to see a selection of the work. One comment from the group was that the level of concentration meant that there was no talking!

We continue to work at our Picnic on the Beach display for the Royal Cornwall Show competition - such hard work for those concerned, but we enjoy the social time together planning and making.

Next month our meeting is on 13th June at 7.00pm. Lyn Gould is coming to speak on Historical Fowey. This should be a very interesting evening - we are hoping to follow it up with a guided walk around Fowey during the summer.

If you are new to the village or know someone that lives close by, then tell them about us. We like to see new people, come along for an evening and meet us all.

Alison



ST KEW GARDENING CLUB

No club report this month

Events Diary - JUNE

- 6th 'Tea and Toast', Parish Hall, 8.45-11.00am
 7th Chair aerobics, Community Hall, 2.00pm.
 13th 'Tea and Toast' Parish Hall, 8.45 -11.00am
 WI , Community Hall, 7.00pm.
 14th Chair aerobics, Community Hall, 2.00pm.
 16th Paella Night, Pengenna Manor, 7.00pm.
 20th 'Tea and Toast', Parish Hall, 8.45-11.00am
 21st Chair aerobics, Community Hall, 2.00pm.
 22nd Souper Lunch, Community Hall, 12.30pm.
 23rd Playing Fields. Open morning and field
 clean-up, 9.00-12.00.
 24th Quiz Night at the Red Lion. 8.00pm.

News from St Kew Parish Hall

Many thanks to everyone who attended our Spring Fair on Saturday 12th May and helped us raise **£293** for the running costs of the hall. Despite the poor growing season there was an excellent range of plants for sale.

Kathy

To book the hall, please contact Joanna Pratt on 01208 841420.

The Regal in Wadebridge
Tel: 01208 812791



JUNE

- 1st Book Club
 8th Jurassic World – Fallen Kingdom 2D
 22nd Ocean's 8

Please check our website for the next Autism friendly screening - watch newly released films with friends and family in an inclusive environment.

Live Screenings: book online or contact the Cinema

Tues 5th 'An Ideal Husband' - Oscar Wilde
 Season, live - 7.15pm

Tues 12th 'Swan Lake' - Royal Ballet, live –
 7.15pm

Please ring or check our website for more details
www.wtwcinemas.co.uk

Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 4th & 18th June.

ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

(Registered Charity No 294140)

- | | | | |
|---------------|---|-----------------|---------------|
| Sun: | Methodist Church Service | Marion Dingle | 01208 841388 |
| Mon: | Yoga 10.30am | Fiona Crompton | 01208 851735 |
| | Pilates 2.30pm - 5.15pm | Martin Brooks | 07812 959 879 |
| Tues: | Allen Valley Singers 7.15pm - 9pm | Janette Man | 01208 841784 |
| | Pilates 1.15pm-2.30pm | Martin Brooks | 07812 959 879 |
| Wed: | 1st, 3rd and 5th in month - | | |
| | West Country Embroiderers 10am - 3pm | Pat Scarborough | 01841 521323 |
| | 1st in month - St Kew Playing Field Trust | | 7.00pm |
| | 2nd in month - St Kew WI 7pm | Becky Allen | 01208 841798 |
| | 3rd in month- Gardening Club 7.30pm | Richard Godden | |
| Thurs: | Chair Aerobics 2pm | Pat | 01208 841260 |

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
 CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

Souper Lunch

Our next Souper Lunch will take place on Friday 22nd June at 12.30 in the St Kew Highway Community Hall.

You are all very welcome. We enjoy a bowl of home-made soup together, have a nice chat and raise some money for a good cause.



PLEASE DO JOIN US



Pengenna
Manor

TICKETS:
01208 612221
www.pengenna.co.uk



Pop-up
supper for
July - pizza
night!
Details coming
soon

New at the Manor – regular pop-up supper nights in our brand new event space – The Cowyard Barn!

Pop-up supper for June - paella night! Saturday 16th June from 7pm

Feast on delicious paella from guest chefs Big Pan Parties in our new barn and enjoy live music from renowned Spanish guitarist Mark Barnwell. Tickets £20 to include sharing platter starter, paella main course, welcome drink and live music. The new Cowyard bar (cash and cards taken) will be open throughout the evening.



St Kew Inn

*A beautiful 15th century Inn, bursting with character.
We serve delicious home made food using the best local produce
You will always find a friendly welcome in this traditional local “pub”*

St Kew Inn, Church Town, St Kew, Wadebridge. Tel: 01208 841259
email: stkewinn@btconnect.com

Because accidents happen



If you have had an accident you may be entitled to compensation. We deal with most cases on a "No win No Fee basis." We are here to help, talk to Sproull.

SPROULL

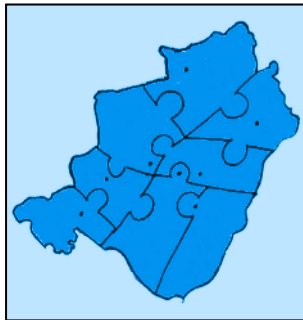
SOLICITORS

01208 72328

www.sproulllp.co.uk

Disputes | Family | Property | Wills

Pieces of Eight



July 2018, Issue 242

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern

Email: stkewmag@gmail.com



ST. JAMES
FETE
AT TRESCOBEL, ST.KEW
PL30 3HB
21ST JULY 2018
AT 2PM
STALLS CHILDREN'S RACES
GAMES PUNCH AND JUDY
ST. MINVER SILVER BAND

Your free guide to news and events within and around St Kew Parish



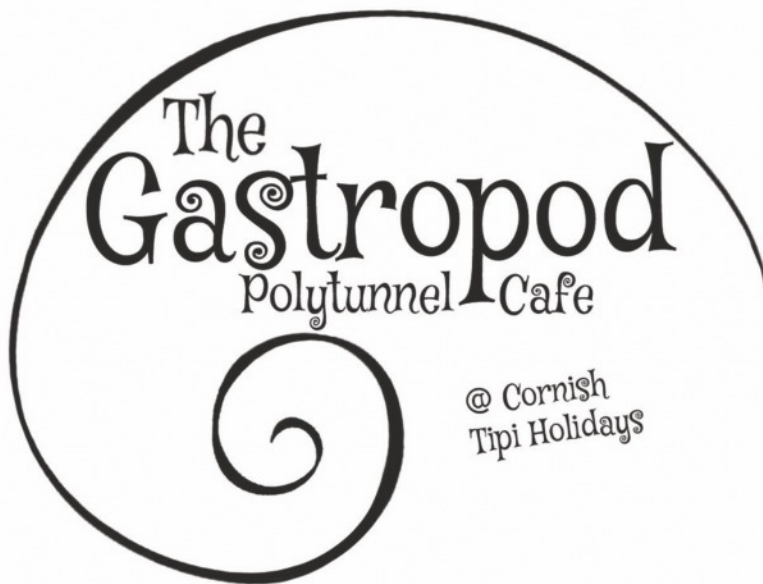
- Kiln Dried & Seasoned Firewood
- Coal & Smokeless Fuel
- Calor Bottled Gas
- Free Delivery
- Free Installation
- No Contracts

Great Regular-Reliable
Service From a Cornish
Family Owned Business.



01208 816827

sales@loganslogs.co.uk
www.loganslogs.co.uk



*Friday - wood-fired
pizza - 6pm onwards*

*Saturday and Sunday
Brunch 9am - 2pm*

*Open 7 days 09:00 -
14:00 from 7th July*

*To be notified about our upcoming evening events
please follow us on facebook or instagram*

*@CornishGastropod
@TheGastropodCafe*

07722 056121



**Winner of TripAdvisor
Certificate of Excellence Hall of Fame**
for winning certificates of excellence 5 years
in a row 2014,15,16,17 & 18

St Kew Highway

PL30 3DN

OPEN 7 NIGHTS A WEEK



**Book our new hidden
walled Garden**

Choose your favourite Night and
BOOK

**Gin or Prosecco
Bbq
Tapas
Paella**

Red Lion Inn St Kew Highway



PLEASE KEEP OUR LANES LITTER FREE - A QUICK COMPETITION!



WHERE AM I?

Do you know where this lane is in our parish?

Answers on a postcard please via our post box in Spar, or by email to stkewmag@gmail.com (with 'Where am I' as the heading). Answer in the next edition, along with the name of the person with the first correct answer drawn out of the hat.



An extra photographic treat this month.

We couldn't resist this amazing photo of a seagull captured as it flew in front of the moon, taken by David Balmford.

If you have a photo that showcases our local area or natural environment please let us know by email - your picture might even appear on a future cover.

Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their site*).

EDITORIAL

Welcome to the slightly larger and a little more colourful July & August 2018 edition of our Parish Magazine, we hope you continue to find the magazine informative and useful.

I find it amazing just how quickly times goes by, it hardly seems a moment since we were putting together the first magazine of the year back in January with its wet and windy days and long dark nights. Now here we are with a splendid (weather-wise that is) May and June behind us with the prospect of a long sunny summer ahead of us.

The summer is a busy time for many within the parish especially for the organisers of and the contributors to the St James' Fete and the St Kew Playing Field Trust Fun Day. I have always found the two events very enjoyable and entertaining. The two events also give us a chance to catch up and chat with people we might not have seen for a while. Let's hope that the weather is kind, and that both events are well supported. We will include reports for both events in the September issue. Dates for the events can be found on front and back covers of the magazine.

The summer brings many visitors and extra traffic to the parish, I hope our visitors enjoy their stay in Cornwall and have a fantastic time enjoying the sights and trying out the local produce and amenities.

The next magazine will be in September - the editorial team get a few weeks off to re-charge our batteries and enjoy the summer.

Enjoy.

Steve

The Editorial Team:

Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager & Treasurer
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the September issue is:

Monday 13th August

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Could all contributors please send us your copy or advertisement as soon as possible, ideally **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight! This shows our advertisers that the magazine is *the* place to reach local customers.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied. The magazine does not accept any responsibility for any issues arising from advertisements.

PoE is printed by Parish Magazine Printing, Northmoor, Whitstone, Holsworthy, Devon, EX22 6TD.
www.communitymagazineprinting.co.uk
01288 341617

Cornwall Exterior Cleaning



HOMEOWNERS:-

We are a small company specialising in all aspects of external cleaning both for domestic and commercial properties.

We can provide a wide range of cleaning which include gutters, walls, conservatories, paths and driveways.

We use gutter vacs to clear debris and our high reach poles will easily clean over Conservatories.

Our pressure washing is carried out to keep all hard surfaces both clean and safe.

Softwash cleaning is a highly effective cleaning process and is used to clean render, roofs, pebble dash, concrete and brick.

We use a high grade biocide which has long lasting results without damaging the surfaces. In addition, all our cleaning solutions have a low environmental footprint and are user friendly.

All technicians are fully trained and have public liability insurance

ESTATE AGENTS:-

First impressions can be key to successful selling and to ensure this we offer a full external house package to fit your requirements.

LANDLORDS:-

External maintenance is important to keeping your property in good repair – overflowing gutters, mouldy walls need not be a problem as we can look after your property for you.

If you feel that any of our services could be of interest to you please telephone and we would be happy to discuss your requirements.

Mobile – 07921 957356

Or email:

enquiries@cornwallexteriorcleaning.co.uk

12/18



CORNISH COOKER
CONVERSIONS LTD

GET CONNECTED
...ELECTRICKIT

CONVERT YOUR AGA (OTHER RANGES TO FOLLOW) TO ELECTRIC WITH ELECTRICKIT & BENEFIT FROM

- **DRASTICALLY REDUCED AGA RUNNING COSTS**
- **WARM IN WINTER, COOL IN SUMMER**
- **INDEPENDENT HOB AND OVEN CONTROL**
- **SPECIFIC OVEN TEMPERATURES TO SUIT YOUR RECIPE**
- **PROFESSIONAL INSTALLATION**

WE CAN ALSO HELP WITH OIL SERVICING & REPAIRS

PLEASE CALL ALAN OR ELIZABETH ON 01208 812272

www.ccconversions.co.uk

12/18



North Cornwall Pest Solutions

Controlling in your area

- Ants
- Cockroaches
- Fleas
- Flies
- Moths
- Moles
- Rabbits
- Rodents
- Wasp/Hornets

BPCA Level 2 in Pest Management

24hr call out

Fully insured

07770677029

finnmore2000@aol.co.uk

Prompt, Discreet, Friendly Service



St Kew Highway

Tel: 01208 841470 or 07581197622

St Pirans Garden Services

Hedge Cutting/Pruning

Strimming/lawn mowing

All aspects of home and garden maintenance

No Job too big or too small

Fully insured

01208 221397

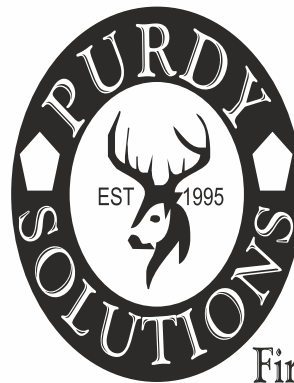
Would you prefer to have a FEMALE to do your Painting & - can also Maintain your Garden & Power Wash your Patios, Decking, Walls, Driveways etc. with a Pressure washer



For free quote 'Phone: 07754 346457

12/18

Your first step in property preservation and maintenance



- Carpentry ◆
- Property Care ◆
- Kitchens ◆
- Bathrooms ◆
- Vinyl Flooring ◆
- Fire Door Maintenance ◆

T: 01208 841 528

M: 07816 899 649

E: jandbathome@aol.com



Aunt Avice's Pasty Shop

REAL CORNISH PASTIES HOMEMADE
EVERY DAY (except Sundays)

**FEELING HUNGRY?
JUST CAN'T WAIT?
COME TO AUNT AVICE'S
THEY'RE ALWAYS FRESH BAKED!**

WE ARE AT UNIT 1, ST KEW SERVICES,
ST KEW HIGHWAY. TELEPHONE ORDERS
WELCOME: 01208 841895 OR 841740 (HOME)

THESE ARE "THE REAL THING"

12/18

Garden Services



Clearing
Grass Cutting
Hedge Trimming
Hedge Laying
Tree Work
etc...

**Stephen Lambert
CALL:
01208 850241
07891 828313**

12/18

We use local suppliers where possible eg.

- *Barnecutt's fresh bread, cakes, pasties.
- *Button's meats.
- *Tinten potatoes.
- *St Kew Biscuits.
- *Trewithen Dairy products.
- *Local Preserves & Honey.

STCS

St Tudy Community Shop and Post Office

Monday to Friday 8am – 6pm
Saturday 8am – 2pm
Sunday 9am – 12 noon
Deliveries can be arranged
TRY US FIRST !!!

12/18

We stock fresh fruit and veg all delivered daily. Orders for fresh fish. Off Licence. Newspapers & Magazines Our own "brand" of dry goods as well as well known ones. We sell eggs, stamps, stationery, sweets, toiletries, coal, frozen food. **And lots more!**

12/18

W J Clancy Oil Fired Boilers and Ranges

www.wjclancy.co.uk

Servicing and Repair of Domestic Oil Fired
Boilers, Agas and Rayburns.

07792 595 719

oilwilliam@yahoo.com



All the news and highlights from the top of the hill! Don't forget, you can keep up with all the school antics in our weekly newsletters, published on our website: www.st-kew.cornwall.sch.uk

This month we have thrown ourselves into 'Healthy Lifestyles' and are in the process of applying for the Healthy School awards from Cornwall Council. As part of our work on this we held 'Healthy Lifestyles Week' where the children took part in physical challenges and nutrition activities throughout the week. Keep reading to find out more!

Physical Activity Days

We were delighted to have a visit from Rob Mitchell (High Jump medal winner) from Sports for Champions to lead a sponsored event,



Morwenna from Star Makers for a dance session,



We were delighted to spend a day on Polzeath Beach on Wednesday with all the children having a surfing lesson from Surf's Up,

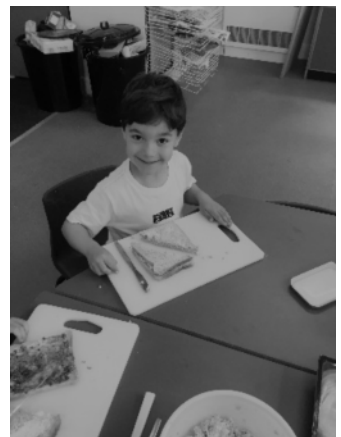


Plymouth Argyle Football Club delivered Ultimate Frisbee and Handball, nature trails were completed around the school, gardening sessions where weeding and planting were of equal focus and our annual Sports Day and Summer Fayre on Friday finished off the week in style!



Nutrition focus

Throughout the week the children became more Sugar Smart, understanding just how many sugar cubes are in their favourite foods, they made their own healthy packed lunches for the beach and went on a Fish Fact Finding mission on Thursday with David Sharland, a professional chef from Flying Fish Seafood. He



showed the children many different types of fish and cooked mussels for the children to taste as part of his work with the Royal Academy of Culinary Arts. We had mixed reactions as I'm sure you can guess! Our huge thanks to all those involved in this

week!

Auction of Promises

Remember our 'Auction of Promises' takes place on Friday 6th July where we will be auctioning 'Promises' that people have donated. These promises range from a family fishing trip in Newquay, a night in a Shepherd's hut to a vegan cake being prepared for you! We would love for you to join us for the event. If you would like more information about the event, or would like to make your own 'Promise' please call the school. We look forward to seeing you there!

Julie's
MOBILE CATERING VAN



Contact Julie on 01566 781339 or 07572 412421
juliewalters@uwclub.net Join us!  Julies-Catering-Van

12/18

Pulled Pork, Burgers, Bacon, Hot Dogs, Chips, Homemade
Coleslaw, Wraps, Hot & Cold Drinks, Extras: Cheese,
Mushrooms & Eggs
Available for any event

12/18

Geoff, Karen and the team welcome customers old and new to
The Cornish Arms, Pendoggett



A 16th Century Inn

Open all day every day from 11:30 a.m
offering Real Ales, Good Wines, a selection of 70 Gins,
and a range of Cornish beers, lagers and ciders.

**OUR QUALITY PUB FOOD IS SERVED ALL DAY
FROM 12 NOON UNTIL 8.30 p.m.
IN JULY AND AUGUST
CREAM TEAS AVAILABLE EVERY DAY 1.00-5.30 p.m**

LIVE MUSIC on Friday evenings
TINTAGEL KNIGHTS July 6th
TREE HOUSE July 13th & 27th
CALLUM FLEW Saturday July 22nd

Free Parking • Beer Garden • 7 En-suite rooms • Free Wi-Fi
Well behaved dogs and children are welcome.

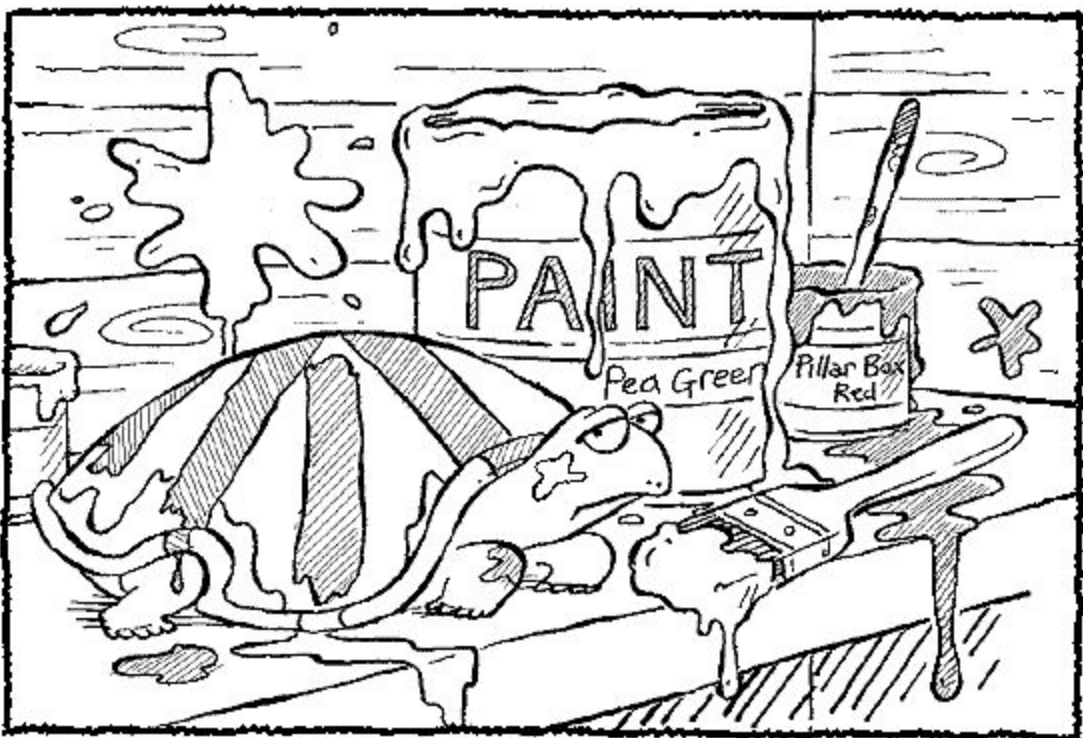
Tel: 01208 880335 or email: contact@cornisharmspendoggett.co.uk

CHILDREN'S CORNER

Mr Tortoise has got in a bit of a muddle with his painting!
Can you guess what colour paint he has used?

Colour the pictures in to show us.

Can you spot 20 differences between these pictures?



Endelienta

Fostering the Arts and
Spirituality in North Cornwall



Endelienta

Events at St Endellion July & August 18

Saturday 21 July The Endelienta Ensemble

Chamber orchestra of young musicians from London and Cambridge, conducted by Adam Hickox and Rees Webster, play Prokofiev Classical Symphony and Mendelssohn Symphony No. 4.

£10, accompanied under 16s free

Saturday 18 August Karitas

Three singers from Normandy bring us a gorgeous programme of medieval choral music (continental and English). Afternoon workshop 3-5pm, open to all.

Workshop & concert £15, concert only £8.
Accompanied under 16s free.

Book tickets online at www.endelienta.org.uk; by e mail: tickets@endelienta.org.uk; by phone 07787 944935; or from the Wadebridge Bookshop.

31 July – 10 August 60th St Endellion Summer Music Festival

Ten spectacular performances over ten days. The opera this year is Berlioz – La Damnation de Faust. There will be chamber, choral and orchestral, and late night concerts. For full details and booking information go to www.endellionfestivals.org.uk.

WOMEN'S WORLD DAY OF PRAYER

'ALL GOD'S CREATION IS VERY GOOD'

A service of prayer and song to be held in St James Church. St Kew on Friday July 13th at 2.30pm.

Service prepared by the Christian Women of Suriname.

Caring for God's creations is highly important and highly relevant to people of all ages and beliefs.

There will be Fairtrade goods for sale and refreshments available.

A WARM WELCOME TO ALL

Duchy Hypnotherapy Amanda Godfrey

Clinical Hypnotherapist and Psychotherapist
Registered member of the AfSFH, NBMP,
CNHC and the Hypnotherapy Directory

Tel: 07446 870 220

Email: amanda@duchy-hypnotherapy.co.uk
www.duchy-hypnotherapy.co.uk

Solution Focused Hypnotherapy based in
Wadebridge

Home visits can be arranged

Free Initial Consultation

For Sale



Surplus to requirements

A 4 pack of HP 364 Ink Cartridges
and 2 single, a black and a magenta.

Please contact:
William Garland 01208 881134

FIRST PARISH LITTER PICK

Litter in the parish is still a problem! There is a litter picking event at the playing fields at St Kew Highway on **Saturday 23rd June 9-12 am**. Anyone interested please just attend.

This will start a session of litter picking events all round the parish with dates and times to be announced. To those who are responsible for the litter: just do the right thing - we all have a dustbin at home, put it in there.

12/18

Clearview Solutions

Offering the latest environmentally friendly water fed pole cleaning service for
 windows and frames
 conservatories
 fascias / soffits
 Guttering
 Caravans / motorhomes
 Decking
 Patios
 Pathways
 Algae removal
 Biocidal treatments
 etc
 just call Rob to arrange a visit and no obligation quote

07875639548

St Kew 01208 841653



BREAKFAST. LUNCH. SUNDAY ROAST. CREAM TEAS. HOME MADE CAKES. CELEBRATION CAKES. ICE CREAM. HOME PRODUCED BEEF, LAMB & FREE RANGE EGGS. FRESH FRUIT AND VEG. LOCAL BREAD & CHEESES. GIFTS & CRAFTS.



Shop and Restaurant
Open 9am..7 days a week.

PYO and ready picked Strawberries & Gooseberries ready now. Please ring to check availability

Book now for our **Traditional Sunday Roast**, choice of meats including home-produced beef followed by a selection of homemade desserts.

Booking essential!

Don't forget we serve Breakfast 9am-11am,
 Lunch 12 noon-3pm.

Tea, coffee, homemade cakes, ice cream,
 cream teas, etc served all day.

Open every day. Pop in, you can be sure of a warm welcome.

TEL: 01208 880164 www.trevathanfarm.com

CHILDRENS PLAY AREA. RIDE-ON TRACTORS AND

12/18

DIGGERS. PETS CORNER...



Find us on the B3314 at St Endellion. Follow us:

ST KEW GOLF CLUB



- ★ PAY AND PLAY
- ★ Challenging 9hole/18 tee (Par 64)
- ★ Covered driving range
- ★ Pro Shop & Professional Tuition
- ★ Club Hire ★ Coffee Lounge

2½ miles from Wadebridge on main A39 towards Camelford

St Kew Golf Club, St Kew Highway, Bodmin, Cornwall PL30 3EF. Tel/Fax: (01208) 841500

12/18

12/18

AUTOTEC

ST KEW HIGHWAY

PL30 3ED

MOT CENTRE

full diagnostics

Servicing & repairs

Tyres

01208 841238

PROPRIETOR - A. EDDY autotec_stkew@aol.co.uk



KEN GODDEN Contractors



Lawn Mowing - Fencing - Rustic Stonework

Tractor and Hedgetrimmer - Landscaping

Pasture Topping - Paddock Maintenance

Hay Making - Slurry Spreading - Bale Wrapping

Square/Round Baling - Rolling

07968 481520 / 01208 850743

12/18

J.R.CLEAVE

CARPENTRY & JOINERY

Mobile: 07598 699126

THE MAKING OF BESPOKE FINE WOODWORK, HARD WOOD, SOFTWOOD DOORS, WINDOWS, FURNITURE, KITCHENS AND STAIRS

jake.cleave@icloud.com



12/18



12/18
Create your dream...



WADEBRIDGE KITCHENS

KITCHENS BEDROOMS STUDIES

Polmorla Road Wadebridge Cornwall PL27 7NB

Call us on 01208 813231 sales@wadebridgekitchens.co.uk | www.wadebridgekitchens.co.uk

HOP OILS

Heating Oils, Farm Fuels, Tank Supplies



Unit 3, The Glebe
Blisland, Bodmin, Cornwall PL30 4JE
12/18 **01208 851195**

12/18

Your local Electrician.

Ivan Jones Electrical Services Ltd



- Established 1995 -

Domestic - Commercial - Agricultural - Industrial

For all your electrical requirements

01840 213 683 - 07738 824 181
Email: info@ijesltd.com

"A local service to national standards"



The Office. 30 High Street. Delabole. Cornwall.



Colour Scheme Keith Parkyn

Painter & Decorator.
Property Maintenance Interior &
Exterior Work carried out.
Laburnham, Wadebridge Road
St Mabyn, PL30 3BQ



For friendly service & advice call:
Tel: 01208 841828
Mob: 07747 399503
Free Estimates

12/18

S. Goodman Plumbing & Heating

- All Aspects of Plumbing
- Oil Heating
- Biomass Heating
- Wood Burning Stoves
- Geo-Thermal Heating
- Servicing

12/18



- Central Heating & Underfloor Heating
- Solar Heating
- Bathroom Installations & Tiling
- Water Harvesters
- Septic Tanks
- Drainage

Tel: 01840 213196 Mob: 07968 984305
98 HIGH STREET, DELABOLE, PL33 9AQ



Souper Lunch

The Souper Lunches continue to attract a good number of parishioners who obviously enjoy the company of each other. The last couple of Lunches raised the following for charity:

20th April: £91 for the Brandon Foundation in Bodmin, which is a charity supporting adults and children with learning difficulties and autism.

18th May: £80 for the British Lung Foundation.

22nd June: £108 for Devon & Cornwall Food Association.

The next Souper Lunch will be on Friday 23rd September.

There will be a warm welcome to all. Bring a friend.

A date for your diary: The Christmas lunch will be on Friday 7th December.

William



St Kew Gardening Club Annual Show

At the Parish Hall, St Kew.
1st September 2018, doors open at 4.00pm

Entries for the show must be in by the
29th July.



St James' Fete

21st July at 2.00pm

The St James' Fete this year will be held on Saturday 21st July at 2.00pm at Trescobel, courtesy of the Matheson family.

We would be grateful for items for the stalls; which can be left at the back of the church from 16th July.

Items required are: books, bottles, bric-a-brac, cakes, jumble, plants and produce, nearly new & previously-loved clean clothing.

Please donate!

St Kew Playing Field Trust

We Need Your Help!

For more than 18 years the Playing Field Trust committee have provided in St Kew Highway a playing field for the use of people of all ages in St Kew Parish and its surrounding area. Providing facilities for Cricket, Soccer and Rugby Union as well as play equipment and a variety of facilities for younger people. These include pitches, a pavilion, changing rooms, toilet block and a variety of adventure play equipment.

NOW WE NEED YOUR HELP!

Our committee needs strengthening with new, younger parents and teenagers with a vested interest in the future of the facilities in their parish. Can you spare just a few hours a year to help secure the future of this valuable asset for you, your children and, perhaps, their children?

Now put it in your diary: **Sunday 29th July 2018**, Annual FunDay and Dog Show. Fun for all the family! See back page for details.

Thank you!

Feedback Please!



This is the first time the whole print run of Pieces of Eight has been in A5 format. The Editorial Team would love to have your comments, thoughts and feedback on this format, and on the magazine more generally. We're open to all views, both for and against, and don't forget Pieces of Eight is **your** magazine and **your** views count!

Simply email stkewmag@gmail.com, or put pen to paper and drop a note into our post box at Spar at St Kew Highway, anonymously if you prefer.

Editor's note: The September edition will revert to A4 (pubs & shops A5) while we consider your comments.

St. Kew Community Gardens Association

The View from the Allotments

..... and with a very few exceptions, all our plots are flourishing.

Last month I expressed delight and pride that, despite our long and hard winter, we now seemed to be getting the plots under control. We reckon we're about a month behind but plants do catch up quickly and our plots are beginning to look quite acceptable.

We've planted three different sorts of peas – the "normal" Early Onward, a row of Mangetouts and a row of Sugarsnap. Then there are three sorts of beans – runners in two wigwams, green beans in a clever contraption Tony made out of left-over wood-and-net panels and a healthy-looking patch of broad beans, which we love.

In addition to this, we have a patch of courgettes, lots of onions which we're usually very good at, a few potatoes and some tomatoes in the greenhouse. And the parsnip seeds are just beginning to put forth shoots and of course we're eating lots of strawberries from our (sadly neglected but still productive) patch. We've also got several different patches of brassicas already planted out AND there will be a leek patch any day now. So you see, all our depression during the winter was unnecessary, as Nature will always catch up in the end.

The only problem is – Nature is also producing a magnificent crop of weeds! In some places the weeds are higher than the crop and we're tackling them as much as we can. But it's hard work, especially if you can't kneel down because of your knees and you can't bend because of your back! I'm exaggerating of course but sometimes it feels that way!

I had some visitors with me recently and took them over the site because they have an allotment back at home. It was good to see how many of our members are also well underway with their own crops. Adam's Great Wall of St. Kew (beans!) is looking very solid and Phil's neat strips of produce (he won the Best-kept Allotment last year) looking enviably efficient. One or two of the plots do need some attention but we're all very good at the site and quick to offer help if needed. So I am guessing that by the time we ask our Judge to come and look over the plots with a view to awarding this year's best-kept plot prize, he will be impressed with our efforts.

Must be off – need to free up another few yards of onions from the WEEDS!

Still got a couple of vacant plots, by the way, so do ask if you would like to see them.

Judith Mott, judithmott@btinternet.com,
Tel: 01208 841312



During the last financial year, over 29 tonnes of food was distributed. That's the equivalent of 420 shopping trolleys.

We fed 3,284 people last year, bringing our total to 21,462 people since we opened in 2009.

We received 1,269 referrals to our Foodbanks, this is a 4% increase compared to the previous year.

A crisis can happen to anyone. People are referred to our Foodbanks for many reasons, it could be due to sickness, redundancy or a change in circumstances.



We provide approximately 1,800 meals per week.



Thank you to everyone donating in the Bodmin ASDA Store, our collection point is behind the checkouts.

This month we are in need of: tinned tomatoes, tinned potatoes, tinned meat, long-life fruit juice and long-life milk.

Wadebridge Foodbank, Unit 2 Trevanson Street,
Wadebridge PL27 7AR Tel. 01208 815374
Registered Charity No. 1166301
Email: contact@wadebridgefoodbank.org
Website: www.wadebridgefoodbank.org



Allen Valley Singers

June already. The daffodils have gone and the roses are opening their buds. By the time this article is printed, the Singers will have visited Padstow to sing in their allotted spot, 6.30 to 8.30- p.m, adding to the choirs who have been entertaining all day. We have often performed at this venue, in all weathers, rain, hail, wind and sun and have always enjoyed our visit, as have the audience who are of course, moving and changing all the time.

We have been invited to sing at a christening later in the year and have already been booked for a wedding nearer to Christmas and you can be sure that all the details of these lovely events will be reported – such a joy.

We have also been invited to discuss details for a possible joint concert with the Cape Cornwall Male Voice Choir. It is always a pleasure to meet and sing with other choirs.

Sadly, we have members who are very poorly, either at home or in some cases, in hospital. Our thoughts particularly are with Pat London and Janet Tiplady and we send our thoughts and affection to them and to all those who are not at their best at the moment.

If you would like to join our choir and enjoy the wide variety of music, contact our Musical Director Janette Man (telephone 01208 841784) and perhaps join us for an evening to listen to our music and to have a chat with Jan. We meet on Tuesday evenings from 7.15 – 8.45 p.m. at St. Kew Highway Community Hall. Also contact Jan if you would like to book us for any event that would be enhanced by music. Steve Tyrrell is our brilliant pianist, and for church weddings he can also offer his services as an organist.

All best wishes.

Joyce Hargrave-Wright (Publicity)



Do you need help with budgeting? If so, we can offer help and support. We are currently working with Cornwall Housing and Eccabi as part of the European Social Fund running the **FREE Moneybox Courses**.

'I suffer from anxiety and wasn't sure if I could cope but everyone was so lovely'.

'I've been able to sleep better because I have been sorting out my finances'.

The course is available to anyone aged 16+ who is a tenant and unemployed. It will help with budgeting, building confidence and managing finances. If you would like more details please contact us on 01208 815374 or email contact@wadebridgefoodbank.org

Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374

Registered Charity No. 1166301

Email: contact@wadebridgefoodbank.org

Website: www.wadebridgefoodbank.org

(From 'a Cornish Lexicon'):

Men Gurta (noun)

that patient splintered
Stone of Waiting
up-top St. Breock Down;

next to the burnt-out red fiesta
rusting in the furze
(some Wadebridge heller's
dream of speed
like Midsummer's bonfires,
up in smoke);

where a faded
E-ON
sign
dangles from barbed-wire and twine,
(new clever-Venturers
who buy and sell(!)
the wind);

where Eternity still holds its breath
beneath a glitter of
wheeling stars.

David Penhale

Puzzle Page

codeword

19		1		23				14		7		26
25	1	24	7	12	3		8	17	12	15	1	25
12		19		25		20		25		12		1
14	4	25	1	4	20	2		6	18	7	5	1
21		7		10		7		1		3		3
1	4	20	2		19	12	14	13	3			
4		1		22		25		3		7		7
			11	13	18	18	10		14	20	7	4
9		22		16		12		14		8		2
2	13	12	14	4		22	7	20	4	17	7	18
12		1		25		4		7		12		1
14	7	18	24	13	3		20	18	7	25	1	4
21		23		4				26		1		1

A
B
C
D
E
F
G
H
I
J
K
L
M
N
O
P
Q
R
S
T
U
V
W
X
Y
Z

S		1		2			5		
U	6			3				9	
D			4			8			
O		2		5			7		
K		8			1	9		6	
U			7	4				3	
				6			2		
	5					7			4
		1				4		7	

nonogram

O	N	S
E	C	D
R	L	U

How many words of 4 letters or more can you find? You must use the centre letter in each word.

No plurals or proper nouns are allowed. There are 62 listed in the solution which includes **1 nine letter** word to find.

1	2	3	4	5	6	7	8	9	10	11	12	13
			T									O
14	15	16	17	18	19	20	21	22	23	24	25	26
					B							

Events Outside Our Parish

Regular events at St Endellion: Endelienta Poetry group, Book Club and family Make Club. Please visit the website, or phone or email for details. For June's events at St Endellion please see separate advert.

July

Wednesday 18th - Beach Clean at Polzeath beach with Polzeath Marine Conservation Group and National Trust. Meet in the car park at 9.30am. See polzeathmarineconservation.com for details.

Wednesday 13th - Open-air theatre production of Sense & Sensibility at Pencarrow House, check their website or visit the shop for details. Pencarrow House: pencarrow.co.uk

Thursday 26th - Launceston Agricultural Show www.launcestonshow.co.uk for details.

August

Friday 3rd - Marie Curie Garden Party at Pencarrow House.

Friday 3rd - Beach Clean at Polzeath beach with Polzeath Marine Conservation Group and National Trust. Meet in the car park at 9.30am. See polzeathmarineconservation.com for details.

Tuesday 14th The St Endellion & St Peter's, Port Isaac Fete in St Endellion Rectory Garden at 2.00 pm.

Friday 17th Wadebridge Lions present: 'Hits from the Blitz' with Company B at Pencarrow House, 7.00pm.

More information can be found on the following websites:

Concerts: endelienta.org.uk. or by email to tickets@endelienta.org.uk or from Wadebridge Bookshop (concert tickets only).



J.T.Martin Plumbing and Heating

Qualified for the installation, servicing
& maintenance of

OIL FIRED HEATING SYSTEMS AND
APPLIANCES

Unvented Hot Water System Installations and
Upgrades

OIL BOILER BREAKDOWNS AND REPAIRS

Tel: Mobile: 07812 127257

12/18

R Mears & Sons Chimney Sweeps

Established over 30 years



Thorough vacuum &
brush cleaning.

Full CCTV investigations.

Chimney linings, pots,
cowlings & bird
protection fitted.

Solid fuel appliances,
Rayburns, woodburners
and stoves installed and
serviced

Tel: 01840 261221

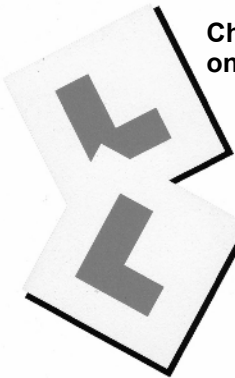
Mob: 07737 533392

www.sweepcornwall.co.uk

12/18

Ron Bendell Driving School

Changing the world of driving,
one lesson at a time.....



Ron Bendell
ADI

Mobile: 07539933615

Office: 01208 880691

Email: ron@rbsom.co.uk

www.ronbendelldrivingschool.co.uk



Contact us for a Free Valuation

01208 813595

www.crw.co.uk

THE ESTAS

ESTATE AGENT
AWARDS 2018

GOLD WINNER

BEST LOCAL AGENCY GROUP
SOUTH WEST

Andreas Construction Building & Roofing

Landscaping / Patios	Roof Repairs
Property Maintenance	Re-Roofs
Extensions	Flat Roofing
Kitchens & Bathrooms	Delabole Slating
Conservatories	Slate Hanging
Loft Conversions	Lead Work
Barn Conversions	
Bespoke New Builds	Digger & Dumper Hire

All work is always to the highest of standards.
Any job undertaken.
Please call for a free quote.

07967 816968 01208 851387
andreas-construction.com
andreamjones@icloud.com

Find us on 

CORNISH ROCK GIN



DISTILLED & CRAFTED IN NORTH CORNWALL

Made with unique botanicals and
Cornish spring water

 **WWW.ROCKGIN.ROCKS**

PENVOSE COTTAGE . ST TUDY . BODMIN
CORNWALL . PL30 3NP Call: 01208 851718

GILL'S RECIPE OF THE MONTH

Strawberries and Cream Layer

Ingredients

- 375g all butter pastry
- 4 tbsp icing sugar
- 450g/1 lb ripe strawberries
- 1 vanilla pod or 1 tsp vanilla extract
- 284 ml pot of double cream
- 140 g/ 5oz golden caster sugar

Method

- Heat oven to 220 °C
- Roll the pastry out to a square.
- Lay on a large baking sheet. Place another sheet on top and bake for about 20 minutes until golden brown.
- Heat the grill to high, dust the pastry with icing sugar and carefully caramelize under the grill, repeat again.

- While warm, cut the pastry biscuits into 12 neat rectangles, trimming the edges as you go.
- Halve or quarter the strawberries then dust with a little icing sugar and set aside.
- Split the vanilla pod and scrape the seeds into the cream, then whip lightly with the caster sugar until it holds its shape.
- To assemble, place a blob of cream on each plate and at jaunty angles, stack the biscuits cream and strawberries.

Perfect for a summer tea!

'KEW & A'

Twenty Questions & Answers

This month: William Garland, Pendoggett.

Childhood Hero: *Ferdy Forbes - School Rugby Captain.*

Hobbies: *Reading, researching writing projects & genealogy.*

Favourite Music: *Trad jazz, Big band, Choral, East/West crossover, C&W, Sacred Music & Transatlantic Sessions.*

Favourite Book: *(After the dictionary), 'The Valley of Decision' by Marcia Davenport.*

Favourite Film: *'Seven Brides for Seven Brothers' (1954, dir. Stanley Donen).*

Favourite TV Programme: *Any sport, especially rugby union games.*

What's good about living in your village?
The quiet.

What would you improve? *Make our road a no-through road!*

I'm very good at.... *Empathising - so I'm told.*

I'm very bad at.... *Anything mechanical or technical.*

A phrase I use too often is.... *Unrepeatable!*

Three people, dead or alive, I'd invite to dinner are.... *Les Dawson, 'Monsewer' Eddie Gray, St. Charles of Sezze (17th century Italian religious).*

I'd like to be stranded on a desert island with....
A pile of books, including the Bible and a Visitors' Book.

I'm embarrassed by.... *Praise.*

My proudest moment was.... *Winning my first athletics medal.*

The best things about Cornwall is... *The countryside and people who stop and chat.*

The worst thing about Cornwall is.... *Speed-limit-blind drivers.*

Which of our country's laws would you change? *Voting at elections should be made compulsory.*

An over-rated public figure is.... *Anyone who accepts an automatic bonus..*

In another life I would be.... *A sloth!*



ST KEW GARDENING CLUB

The plant sale held at the Playing Fields this year was a great success, with a larger turn-out than normal. Thanks to all who attended as this helps fund the garden show in September.

A little confusion at the start meant the the doors were opened before 10.30, we apologise to any

one disappointed at the time, it will not happen again.

Next event is the Garden Show on 1st September at the Parish Hall, St Kew, so get growing, sewing, baking and making and have a go, entry is free.

Schedules are available around shops and pubs. Cant find one? Ring 01208 880007 for more information.

Puzzle page solutions

8	1	3	2	9	6	5	4	7
6	7	2	3	4	5	1	9	8
5	9	4	1	7	8	6	2	3
4	2	9	5	6	3	7	8	1
3	8	5	7	1	9	4	6	2
1	6	7	4	8	2	9	3	5
7	4	8	6	3	1	2	5	9
9	5	6	8	2	7	3	1	4
2	3	1	9	5	4	8	7	6

closed, source, ulcer, uncle, unclose, unscour, scoured, scud, second, scorn, scorned, SCOUNDREL, scolder, score, scored, locus, incre, once, ounce, scold, curse, cursed, decor, dunce, ecru, curdle, cure, cured, curl, curled, coursed, crone, crude, cruel, curd, corned, could, counsel, course, consul, cord, core, cored, corn, cold, colder, colous, cone, coned, cloud, clue, clued, code, coder, closed, closer, closure, cloured, censor, clod, clone, cloned, close,

E		E		P		T		D		K
S	A	L	M	O	N	C	L	A	R	E
E		I		A		T		R		I
H	O	I	S	T	F	A	C	T	U	A
H		Q		S		I		X		F
A		A		N		R		F		E
E	T	C	H	B	I	S	O	N		
K		A		Y		A		Y		K
S	T	R	E	T	C	H		G	L	A
I		B		R		C		R		I
R	E	M	A	I	N	Q		U	I	V
B		E		D		S		A		P

Nonogram

Codeword

Group Travel

Enterprise Park, Midway Road, Bodmin
Cornwall PL31 2FQ. Tel: 01208 77989



BODMIN M.O.T. CENTRE at Group Travel

Class 4, 5 and 7. Trade enquiries available upon request. Tel: 01208 77989

2018 COACH EXCURSIONS

4th AUG - COUNTRYFILE LIVE
5th AUG - FESTIVAL OF BRITISH EVENTING
21st AUG - DARTMOOR ZOO
25th - 26th AUG - DORSET STEAM FAIR
31st - 2nd SEP - BURGHLEY HORSE TRIALS
11th SEP - WIDECOMBE FAIR
15th SEP - TOBY'S HARVEST FESTIVAL
27th - 1st OCT - SHROPSHIRE BY COACH, RAIL & CANAL

3rd NOV - BRIDGWATER CARNIVAL
17th NOV - FESTIVAL OF LIGHT @ LONGLEAT
23rd - 26th NOV - TURKEY & TINSEL @ BOURNEMOUTH
24th NOV - CLARKS SHOPPING VILLAGE, STREET
8th DEC - BATH CHRISTMAS MARKET
16th DEC - MOUSEHOLE & ANGARRACK LIGHTS
2019
26th APR - 1st MAY - ISLE OF MAN SPRING TOUR

16 TO 70 SEAT COACHES AVAILABLE FOR PRIVATE HIRE. CORPORATE/ VIP, EVENTS & CONFERENCES, WEDDINGS (CAN INCLUDE STAG & HEN PARTY PACKAGE), HOLIDAY TRANSFERS, FUNERALS, DAYS OUT, GROUP TOURS, GOLFING HOLIDAYS & SPORTING EVENTS.

FOR BOOKINGS AND A BROCHURE PLEASE CALL

01208 77989 / 01208 72669

Website: grouptravelcoachhire.com Email: benneymoon@btinternet.com

Based in
Wadebridge

Cornish Roofing Company PLC
Covering Cornwall



ALL ROOF WORK UNDERTAKEN

Flat Roofing • Solar • Tiling • Heritage • Leadwork • Repairs
Rag, Reclaimed and Natural Slating

Wadebridge, Cornwall **Tel: 01208 816991**

info@cornishroofing.co.uk www.cornishroofing.co.uk



Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



Martin Brooks - 07812 959 879
martin@northcornwallpilates.co.uk
www.northcornwallpilates.co.uk

12/18

Western Supply



Timber & Builders Merchants Paint & Decorating Supplies



Atlantic Road
Delabole
Tel: 01840 212580
www.westernsupply.co.uk

(open 7 days a week, Sat & Sun mornings only)

12/18

ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

From the Parish Magazine 1918

July

"School Religious Instruction. - The Inspector again visited our Schools, and he was very pleased with the result of his inspection. Mr Taylor also carried away with him an armful of beautiful flowers which the children had brought him. [These flowers must have been passed on to the Military Hospital at Devonport because the vicar received the following letter:

"Military Hospital, Devonport,

June 7, 1918.

Dear Sir, - We are most grateful for the very nice flowers, which arrived quite safely this morning. They travelled very well, and are giving so much pleasure in the wards. We are always so glad to have flowers, and the men thoroughly appreciate them.

With many thanks. - Yours truly,
C.M., for the Matron."

August

"The Western Front. – The Turning Point. – The wonderful fighting spirit of the allied forces under that splendid leader, General Foch, has put almost everything else in the background. With ever-increasing pride we have read, almost daily, of magnificent spirit of Frenchmen, British, Americans, and Italians, exhibited in this titanic struggle. As General Maurice says, we may regard General Foch's brilliant counter attack, as the turning point in the campaign of 1918. The Germans had crossed the river Marne, and were slowly, but apparently steadily, advancing to Eperuas, happy in the supposition that the French had used up their reserves, and had no troops to attack their lines. Suddenly, without any artillery preparation, General Foch launched an offensive of his own, which has transformed the situation. Taken by surprise, the enemy failed to withstand this assault, and saw the ground he had recently won slipping from his grip. Thousands of prisoners have fallen into the hand of the Allies together with some 400 guns. The first battle of the Marne in 1914 ruined the invader's plans; the second battle of the Marne in 1918 promises to be the opening phase of the final defeat of Germany.

The position of the enemy's masses, packed into a narrow salient of rough country less than twenty-four miles square, with poor communications, and harassed on three sides and from the air, is not enviable.

The U Boats!! – The Admiralty (British) returns for the month of June shows that the total losses of merchant tonnage from all causes was the smallest recorded for any month since September, 1916. The total for the past quarter of tonnage sunk was 946,578 tons, as compared with 2,236,934 for the quarter ending June, 1917. This is a cause of real thanksgiving, and speaks volumes for the bravery of our sailors in the Navy and Mercantile Service. But for the wonderful spirit of our sailors, it makes one shudder how we might have been on the brink of starvation."

Home Front

It was during a heat-wave, and the Chilwell Ammunition Factory was continuing around the clock. On 1st July 1918, the night shift had just started at 6pm when there was a huge explosion. 134 Nottingham workers were killed and hundreds injured. Many bodies were not found and a mass grave was dug at Attenborough Church. This was the biggest loss of life during a single explosion during World War 1. It was kept a secret at the time. The Inquiry Report was never published.

Western Front

After dithering during June, the German's committed all their remaining troops to an attack, in the Rheims area, against the Allies in what is called the second Battle of the Marne. This battle was fought between 15th July and 7th August. In what was to be the last offensive in the West, the German troops attempted a two-pronged attack across the Marne and advanced as far as Chateau-Thierry. When the Germans began their advance after an initial artillery bombardment, they found that the French had set up a line of false trenches, manned by very few soldiers. The real front line was further back and had been scarcely affected by the bombardment. When the Germans reached the real front line they were decimated by French, British, Italian, and American fire – the Germans were halted. The German thinking now was to withdraw to defensive lines last held in 1917! Petain, the French General, had predicted "If we can hold on until the end of June our situation will be excellent. In July we can resume the offensive, after that victory will be ours."

In July Allied attacks had shown the effectiveness of 'all arms' battle tactics: troops and tanks advancing behind an artillery 'creeping barrage' as ground-attacks aircraft swept overhead.

At Amiens these were put into operation with great effect from 8 – 11 August. The offensive began with British, Australian, Canadian and French troops attacking east of the city. This effectively was the start of the Allies Hundred Days Offensive. On the first day the Australians met their objectives by early afternoon, taking 8,000 prisoners. The Canadian Corps advanced the furthest: 8 miles. They took 5,000 prisoners. The advance slowed as attackers outreached their heavy artillery support and ran up against troops defending from their 1917 trench positions, but it had given an indication of how the war could be progressed. The Germany declared 8th August as a black day of the German Army; Lieutenant Ernest Rollings, MC, of the 17th Armoured Car Battalion declared "it was by far the best fighting day I have ever had."

By this time, it became clear that Germany was running out of both men and materiel. In Germany, the population was close to starving and industrial unrest was rife with opposition to the Kaiser's government spreading. It was the Allied counter offensives during August and September, planned by the French General Foch, the Allied Commander-in-Chief, that would lead Germany to ask for an armistice in November.

The Greatest Medical Holocaust in History – Spanish Flu.

The influenza pandemic of 1918–1919 changed the lives of between 20 and 40 million people around the world.. More died in a single year than were killed in the 4 years of the Black Death 1347–1351. In the Spring of 1918 the disease emerged in pockets across the globe and at first seemed as benign as the common cold. Soldiers in the trenches in France became ill with what was known as *la grippe*.

Although the illness was highly infectious, and the primitive, crowded conditions made rapid spread inevitable, recovery was swift and Doctors at first called it "three-day-fever".

However, it was realised this was no ordinary flu. Glasgow was the first British city to be affected, in May 1918, and within weeks the illness had spread south, reaching London by June. During the next few months 228,000 people died in Britain. Those most at risk were the sick and elderly, and the new illness disproportionately struck those aged 20–30.

The cause of the outbreak is unknown, but the war was most certainly a contributing factor. The war encouraged large-scale movements of people back and forth around the globe, which accelerated the spread of the virus. Also it is thought that the numerous war-ravaged regions of the world experienced poorer nutrition and less sanitary conditions, leaving their population especially susceptible.

At the same time, the spread of the disease directly affected the war itself. All sides lost soldiers to the flu outbreak, but Germany and Austria-Hungary were hit especially hard, with the armies of both countries severely weakened as the Allies were beginning to take the offensive.

The second wave of the disease began in France, Sierra Leone and the United States.

To be continued...

William

St Kew Historical Society

You are ALL invited to
"Take a Walk On the Wild Side"
A journey through time and the village of Trewethern
(between St Kew and Chapel Amble)

Your Tour Guide and event organiser – Ms. Kim Appleby.
Thursday 12th July 2018
Gather at Trewethern Green 7.00 pm

Wear boots and come prepared for the weather – and a visit to one of our two historic and ancient pubs!

We look forward to seeing you all.

John Raybould - Secretary



ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

July

- 1st No service at Highway. We are at Rock Methodist Church
- 8th Gordon Rowe
- 15th Nicky Houghton
- 22nd Rev Alistair Sharp
- 29th Rev John Harrod

August

- 5th Delarre Irving
- 12th Church Fellowship
- 19th Rev Alistair Sharp
- 26th Rev Sally Long

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110, wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

REFLECTIONS

As I write this in June, the African migrants refused permission to land in Italy are coming ashore in Valencia in Spain. Politics being what they are we should not be too surprised either that a new patriotic government in Italy is keen to be seen to be defending its shores against unwelcome visitors nor that an equally new socialist government in Spain is willing to be seen as including the marginalised. But from the point of the view of the rescued it is clear what is preferable, at least in the short term. How do we stand on this issue? Are we prepared to welcome the stranger and the migrant to our shores? Or are we anxious to defend ourselves against unwelcome visitors? Some would see the Brexit vote in these terms.

But is there a Christian perspective on this?

St Paul, writing to the newly converted congregation at Corinth, expresses the view that, for the Christian there is no longer a need to view other human beings "from a human point of view". By this he means that we should no longer see ourselves as in some sort of competition for resources with others

St James the Great at St Kew



Calendar for June

Sun 24th *Trinity 4.* 9.30am, All Age Service with Marcus Jones/Rob Soley.

Calendar for July

- Sun 1st *Trinity 5.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild.
- Weds 4th 7.30pm, Healing service with Canon Judith Pollinger.
- Fri 6th 1.00pm Wedding, Rev Dr Elizabeth Wild.
- Sun 8th *Trinity 6.* 9.30am, All Age Service with Rob Soley.
- Sat 14th 11.30am, Interment of Ashes, Rev Dr Elizabeth Wild.
Installation of a wooden angel on the internal roof.
- Sun 15th *Trinity 7.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild.
- Sat 21st St James Fete. 2.00pm, Trescobel, St. Kew. *Items for the stalls can be left at the back of the church from 16th July.*
- Sun 22nd *Trinity 8.* 9.30am, All Age Morning Worship with Ord Geraldine Ashton.
- Sun 29th *Trinity 9.* 9.30am, Holy Communion with Canon Judith Pollinger.

See next page for August and early September.

or in search of worldly success. Rather we should be able to see each other as God sees us, as equals and all of us equally in need of love. If we put love first, as God requires, then all other considerations fall into place. This is undoubtedly a tall order as we seem to be programmed as humans to seek our own well-being and that of those close to us. But that is why St Paul tells us that we should no longer look with human eyes, "from a human point of view".

This is what Bishop Curry, preaching at the royal wedding, meant by the power of love. Just as love can transform relationships between individuals so that they are willing to put the other's well-being before their own, so love, powered by God, can transform communities so that they, and each member of them, can offer to put others' needs before their own. Wouldn't we wish to live in such a world?

Andrew Lewis

Catholic Church Services

Wadebridge

St Michael's Church
Tel:01208 72833
Mass Sundays 8.30am
Confessions
Friday 10.30-11.00am

Tintagel

St Paul The Apostle
Tel:01840 770663
Mass Mon-Thur 10am
Fri & Sat 6pm
Sunday 10.00am
Confessions:
Before/after Mass.
Other times on request.

"A common mistake that people make when trying to design something completely foolproof is to underestimate the ingenuity of complete fools".

The late, great, Douglas Adams

St James the Great at St Kew



Calendar for August

Sat 4th 1pm, Wedding with Rev Dr Elizabeth Wild
Sun 5th *Trinity 10.* 9.30am, Holy Communion with Rev Elizabeth Wild and Ord Geraldine Ashton.
Sun 12th *Trinity 11.* 9.30am, All Age Worship with Ord Geraldine Ashton.
Sun 19th *Trinity 12.* 9.30, Holy Communion with Preb prof Andrew Lewis.
Sun 26th Trinity 13. 9.30am, All Age Worship with Marcus Jones.
Mon 27th 1pm, Wedding with Canon Judith Pollinger.

Calendar for September

Sun 2nd *Trinity 14.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild.



Congratulations to those who took part in our entry for the Royal Cornwall Show - 'Picnic on the Beach'.

We had the best placing we believe we have ever had - 9th, out of approximately 30 WIs. Well done everyone - it is lovely that so many of the group can take part in this, whether we thought we were every good at crafts or not!

Lynn Gould was our guest speaker came from Fowey, she is a Blue Badge Guide for the fishing town. What a lot of information we learnt, about the fishing and the port, the china clay involvement, boat builders, historic families including the Treffry Family, and Daphne Du Maurier. We are hoping to go on a visit to spot all of the places that Lynn showed us. Growing up near Fowey, I found it very interesting and so the time just flew by.

Our next meeting will be on Wednesday 11th July when Bridgit Presik will be coming to tell us about Complimentary Therapies. She works with reflexology, aromatherapy, Indian head massage and other forms of massage. This should be a very interesting

night - come along and find out about these alternative forms of treatment.

Our September meeting will be an evening with the Real Junk Food Project - should be an exciting evening. It's on 12th September.

Finally, we are hoping to hold an Archive night in August to look at all of our Records. It is always nice to look back on photographs and remember.

Don't forget new members are always welcome - we are a really friendly bunch of ladies - some of us work, some are retired but we have a lot of fun and enjoy spending time together. This was the first campaigning group for women - it is important to get our voices heard. Our campaign currently is supporting Mental Health.

Come along and meet us - 7pm on any group night at St Kew Highway Community Hall. Any questions then give our President a ring - 01208 841798.

Mobile Post Office

Monday

St Merryn	08.45-10.00
Rock	11.00-12.30
St Kew Highway (Community Hall)	13.30-15.00

Tuesday

Tintagel	09.30-11.30
South Petherwin	12.45-13.45

Wednesday

Tintagel	09.30-11.30
Port Isaac	12.30-13.30
St Issey	14.00-15.00

Thursday

St Merryn	08.45-10.00
Rock	11.00-12.30
St Kew Highway (Community Hall)	13.30-15.00

Friday

Tingagel	09.30-11.30
South Petherwin	12.45-13.45

Events Diary - JULY

- 4th 'Tea and Toast', Parish Hall, 8.45-11.00am
- 5th Chair Aerobics, Community Hall, 2.00pm.
- 11th 'Tea and Toast', Parish Hall, 8.45 - 11.00am.
WI, Community Hall, 7.00pm.
- 12th Chair Aerobics, Community Hall, 2.00pm.
- 18th 'Tea and Toast', Parish Hall, 8.45-11.00am
Gardening club
- 19th Chair Aerobics, Community Hall, 2.00pm.
- 21st Parish Fete, 'Trescobel', St Kew, from 2.00pm.

News from St Kew Parish Hall

Summer is a quiet time for us. Our next fund raiser is a quiz and curry night on 29th September starting at 7.30pm.

See you there.

Kathy

To book the hall, please contact Joanna Pratt on 01208 841420.

The Regal in Wadebridge

Tel: 01208 812791



July

- 6th Tag
- 13th Incredibles 2
Skyscraper
- 20th Mamma Mia- Here We Go Again
- 27th Mission Impossible -Fallout
Hotel Transylvania 3: Summer Vacation

August

- 3rd Ant-Man and the Wasp
- 17th Christopher Robin

Please check our website for the next Autism friendly screening - watch newly released films with friends and family in an inclusive environment.

Live Screenings: book online or contact the Cinema

July

- 5th 'Everybody's Talking About Jamie',
Live from London's Apollo Theatre -7.20pm
- 18th 'Romeo and Juliet'- RSC, live - 7.00pm
- 28th Andre Rieu Maastricht concert 2018
7.00pm

Please ring or check our website for more details
www.wtwcinemas.co.uk

Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 5th & 19th July, 2nd, 16th & 30th August

ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

(Registered Charity No 294140)

- | | | | |
|---------------|---|-----------------|---------------|
| Sun: | Methodist Church Service | Marion Dingle | 01208 841388 |
| Mon: | Yoga 10.30am | Fiona Crompton | 01208 851735 |
| | Pilates 2.30pm - 5.15pm | Martin Brooks | 07812 959 879 |
| Tues: | Allen Valley Singers 7.15pm - 9pm | Janette Man | 01208 841784 |
| | Pilates 1.15pm-2.30pm | Martin Brooks | 07812 959 879 |
| Wed: | 1st, 3rd and 5th in month - | | |
| | West Country Embroiderers 10am - 3pm | Pat Scarborough | 01841 521323 |
| | 1st in month - St Kew Playing Field Trust | | 7.00pm |
| | 2nd in month - St Kew WI 7pm | Becky Allen | 01208 841798 |
| | 3rd in month- Gardening Club 7.30pm | Richard Godden | |
| Thurs: | Chair Aerobics 2pm | Pat | 01208 841260 |

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

Souper Lunch

June was the last lunch until Friday 21st Sept. Christmas Lunch will be on Friday 7th December!

You are all very welcome. We enjoy a bowl of home-made soup together, have a nice chat and raise some money for a good cause.





CLEAR YOUR
MIND OF
CAN'T

SPROULL

SOLICITORS

01208 72328

www.sproulllp.co.uk

Disputes | Family | Property | Wills

Parish Council News

Chairman: Cllr J Lethbridge

Clerk: Cindy Powell,

Rockhurst, Trethburgy, St Austell, PL26 8YF

Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.30pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

St Kew Parish Council Meeting held on Tuesday 11th June at 7.00 pm in the Parish hall.

Present: Chairman J Lethbridge councillors T Mott, R Godden, J Rowe and 15 members of the public.

The Chairman announced that the meeting was a special one, as we were here to present awards to two people who had given their time over many years to help the parish. He presented Shirley Rowe and Marion Dingle with a lifetime award for their efforts in running the Community Hall and other events in the parish.

The council meeting followed the presentation. Councillors heard what the boundary changes would mean. At present St Kew Highway was part of the Wadebridge East ward with the rest of St Kew, the changes would mean that it would be cut off from the rest of St Kew would be in the Wadebridge West St Mabyn ward. This would mean that the Parish council would still have to pay for two elections, costing £1,500 each.

We would ask the parishioners to help to get this overturned by commenting to Cornwall Council - the map and website address are shown below. The more that complain, the more chance of getting it changed back into one ward for the whole of St Kew.

Litter in the parish is still a problem. There is a litter picking event at the playing fields at St Kew Highway on Saturday 23rd June 9-12 am anyone interested please just attend. This will start a session of litter picking events all round the parish with dates and times to be announced. To those who are responsible for the litter, just do the right thing, we all have a dustbin at home, put it in there.

Marion Dingle and Shirley Rowe receiving their Parish Awards



Planning Applications

PA18/03637

Mr D Wellington, Land to the north of Trelulla, Trelill. Erection of a 4 bedroom detached dwelling and single garage.

Recommend approval.

PA18/03157

Mr & Mrs Garland, Campion Cottage, Pendoggett. Erection of prefabricated granny annexe for ancillary residential use.

Recommend approval

Planning decisions by Cornwall Council

PA18/02907

St Kew Inn trees. **Approved**

PA18/02964

K Godfrey St Kew Service station. **Approved**

PA18/02533

Mrs Priscilla Hannam, Pendoggett House.

Approved

PA18/00597

Fore Investments, Land west of Cornish Arms, Pendoggett. **Approved**

PA17/12200

Mr J Brown Land west of St Kew Golf Club.

Approved.

RG



Website for comments:
<https://consultation.lgbce.org.uk>



Pengenna
Manor

TICKETS:
01208 612221
www.pengenna.co.uk



Pop-up
supper for
August -
BBQ feast!
Details coming
soon

New at the Manor – regular pop-up supper nights in our brand new event space – The Cowyard Barn

Pop-up supper for July - pizza & prosecco night! Friday 20th July from 7pm

Feast on gourmet woodfired pizza from guest chefs Kernow Forno in our new barn and enjoy live vocals from talented Tintagel crooner Callum Flew. Tickets £20 to include prosecco welcome drink, choice of 12" pizza, choice of dessert, and live music. The new Cowyard bar (cash and cards taken) will be open throughout the evening.



St Kew Inn

*A beautiful 15th century Inn, bursting with character.
We serve delicious home made food using the best local produce
You will always find a friendly welcome in this traditional local "pub"*

St Kew Inn, Church Town, St Kew, Wadebridge. Tel: 01208 841259
email: stkewinn@btconnect.com

ST KEW PLAYING FIELD TRUST.

The Playing Field, Trelill Road, St. Kew Highway



SUNDAY 29th JULY FUNDAY & FAMILY DOG SHOW. 1.30 pm

ALL DAY BBQ FROM 12.00

Smash the crocks

Teddy Tombola, Splat the Rat. Other games

Children's Races

Car Boot.

Jumble and Bric-a-Brac.

Cake Stall

Cream Teas.

Refreshments.

Live Music.

Wadebridge Folk band



FOOTBALL PENALTY
SHOOT OUT
St. Kew Highway F.C.



Proceeds in aid of the continued development of our Playing Field.

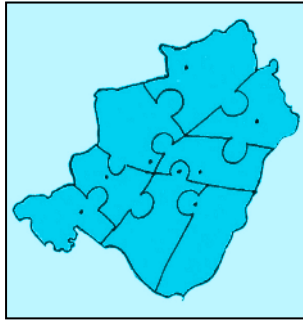
Providing facilities for St Key Highway FC, Wadebridge Cricket and Camels Rugby.

St. Kew Playing Field Trust - Registered Charity Number: 1103642. Visit our website: www.stkewplayingfield.org

Trustees : Robert Knight, David Edwards, Rob Eggins, Jeanette Rowe, Philip Scott, Jacqui White, Trevor Wellington,

Gerry Mcgowan, Stephen Terry & Ryan Rowe

Pieces of Eight



Sept 2018, Issue 242

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern

Email: stkewmag@gmail.com



ST KEW PARISH FETE



Shirley Rowe being presented with flowers by Edith.



We hope the Trescobel lawn has recovered!



The best way to keep cool!



Rat Splatting was very popular, but not very easy!

Many thanks to Kim Appleby for the lovely photos, more inside.

Your free guide to news and events within and around St Kew Parish

St Kew Parish Fete

The Fete took place at Trescobel, by kind permission of the Matheson family, on Saturday 21st July - a beautifully hot sunny day. There was something to please everyone and great fun was had by all.

The tea stall was busy throughout, with delicious home-made cakes.

There were books, bric-a-brac, clothes stalls, cakes, plants, face painting, games, races, raffles, and the wonderful St Minver Silver Band.

Our thanks to everyone who set up, manned stalls, baked and served teas, washed up, cleared up and most importantly took part, had fun and spent their money - all of which helped us to raise the fantastic amount of £2,469.10.

Philippa



Shirley Rowe formally declaring the Fete 'open'



The children enjoyed the races despite the fierce summer heat!



Photograph of the month

This beautiful cock pheasant resplendent in full summer plumage was spotted standing on the garden wall.

He looks as if he posing for the photograph, or perhaps sitting for a painting!

Many thanks to David Balmford for this colourful image.

If you have photo that showcases our local area or natural environment please send it to us by email at stkewmag@gmail.com - your picture might even appear on the cover of a future edition.



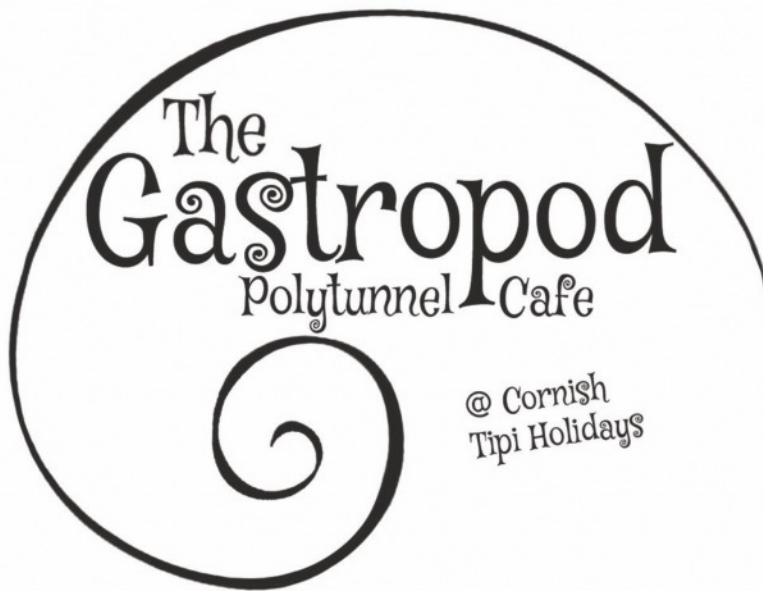
- Kiln Dried & Seasoned Firewood
- Coal & Smokeless Fuel
- Calor Bottled Gas
- Free Delivery
- Free Installation
- No Contracts

Great Regular-Reliable
Service From a Cornish
Family Owned Business.



01208 816827

sales@loganslogs.co.uk
www.loganslogs.co.uk



@ Cornish
Tipi Holidays

*Friday - wood-fired
pizza - 6pm onwards*

*Saturday and Sunday
Brunch 9am - 2pm*

*Open 7 days 09:00 -
14:00 from 7th July*

*To be notified about our upcoming evening events
please follow us on facebook or instagram*

@CornishGastropod
@TheGastropodCafe

07722 056121

Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their site*).

EDITORIAL

Hello again, and welcome back to Pieces of Eight after our summer break - we do hope you missed us!

It has been a summer of mixed emotions for me and Nicky. My younger brother sadly passed away after a long battle with a brain tumour - it was a distressing time for all the family, especially for my mother. Set against this we also celebrated the birth of our first grandchild. In the midst of sadness there are always pockets of joy and consolation - some obvious like our beautiful grand-daughter and others less so - happy memories of a summer holiday perhaps, or simply the kindness of friends and family in times of adversity.

Reading through this month's magazine at proof stage two articles in particular caught my eye. Both are great examples of the strong sense of community we have here, and the effort so many selfless people put in to make this such a special place to live.

Juliet Cleave has taken the issue of litter on our roads to heart. As well as raising the profile of the problem she is also doing something practical about it, including her new community facebook page initiative - @RISKlitter (www.facebook.com/RISKlitter/) to help promote a community 'bin it' ethos, and for everyone to share information and publicise events.

The second example is the FunDay and Family Dog Show organised by the committee of the St Kew Playing Fields Trust. A large amount of effort by lots of people went into putting this on and it is such a shame that that it didn't get the level of support it deserved.

These are just two examples and there are plenty more of course. We would urge all our readers to support both Juliet and the Playing Fields Trust, and all our other community groups, events and initiatives. We all lead very busy lives, but life without a sense of social and community spirit would be very dull and unfulfilled indeed.

Mike Pickard

The Editorial Team:

Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager & Treasurer
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the October issue is:

Monday 17th September

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Could all contributors please send us your copy or advertisement as soon as possible, ideally **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight! This shows our advertisers that the magazine is *the* place to reach local customers.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied. The magazine does not accept any responsibility for any issues arising from advertisements.

PoE is printed by Parish Magazine Printing, Northmoor, Whitstone, Holsworthy, Devon, EX22 6TD.
www.communitymagazineprinting.co.uk
01288 341617

Cornwall Exterior Cleaning



HOMEOWNERS:-

We are a small company specialising in all aspects of external cleaning both for domestic and commercial properties.

We can provide a wide range of cleaning which include gutters, walls, conservatories, paths and driveways.

We use gutter vacs to clear debris and our high reach poles will easily clean over Conservatories.

Our pressure washing is carried out to keep all hard surfaces both clean and safe.

Softwash cleaning is a highly effective cleaning process and is used to clean render, roofs, pebble dash, concrete and brick.

We use a high grade biocide which has long lasting results without damaging the surfaces. In addition, all our cleaning solutions have a low environmental footprint and are user friendly.

All technicians are fully trained and have public liability insurance

ESTATE AGENTS:-

First impressions can be key to successful selling and to ensure this we offer a full external house package to fit your requirements.

LANDLORDS:-

External maintenance is important to keeping your property in good repair – overflowing gutters, mouldy walls need not be a problem as we can look after your property for you.

If you feel that any of our services could be of interest to you please telephone and we would be happy to discuss your requirements.

Mobile – 07921 957356

Or email:

enquiries@cornwallexteriorcleaning.co.uk

12/18



**CORNISH COOKER
CONVERSIONS LTD**

**GET CONNECTED
... ELECTRICKIT**

CONVERT YOUR AGA (OTHER RANGES TO FOLLOW) TO ELECTRIC WITH ELECTRICKIT & BENEFIT FROM

- **DRASTICALLY REDUCED AGA RUNNING COSTS**
- **WARM IN WINTER, COOL IN SUMMER**
- **INDEPENDENT HOB AND OVEN CONTROL**
- **SPECIFIC OVEN TEMPERATURES TO SUIT YOUR RECIPE**
- **PROFESSIONAL INSTALLATION**

WE CAN ALSO HELP WITH OIL SERVICING & REPAIRS

PLEASE CALL ALAN OR ELIZABETH ON 01208 812272

www.ccconversions.co.uk

12/18

12/18



North Cornwall Pest Solutions

Controlling in your area

- Ants
- Cockroaches
- Fleas
- Flies
- Moths
- Moles
- Rabbits
- Rodents
- Wasp/Hornets

BPCA Level 2 in Pest Management

24hr call out

Fully insured

07770677029

finnmore2000@aol.co.uk

Prompt, Discreet, Friendly Service



BEARDS



BABES

HAIR PARLOUR

St Kew Highway

Tel: 01208 841470 or 07581197622

12/18

St Pirans Garden Services

Hedge Cutting/Pruning

Strimming/lawn mowing

All aspects of home and garden maintenance

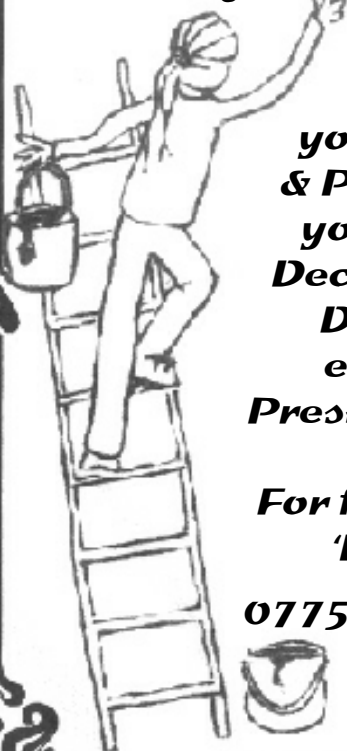
No Job too big or too small

Fully insured

01208 221397

12/18

Would you prefer to have a FEMALE to do your Painting &



- can also Maintain your Garden & Power Wash your Patios, Decking, Walls, Driveways etc. with a Pressure washer

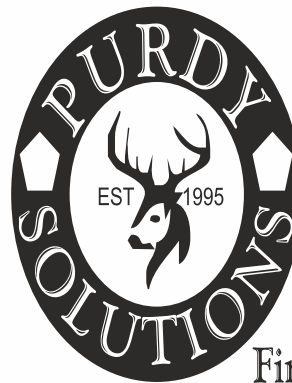
For free quote 'Phone:

07754 346457

12/18

12/18

Your first step in property preservation and maintenance



Carpentry ◆

Property Care ◆

Kitchens ◆

Bathrooms ◆

Vinyl Flooring ◆

Fire Door Maintenance ◆

T: 01208 841 528

M: 07816 899 649

E: jandbathome@aol.com

Working in association with

SL Electrical

City & Guilds STRONGA CERTIFIED



PASMA

City & Guilds

IPAF

CSCS

CONSTRUCTION SKILLS CERTIFICATION SCHEME

Aunt Avice's Pasty Shop

REAL CORNISH PASTIES HOMEMADE
EVERY DAY (except Sundays)

**FEELING HUNGRY?
JUST CAN'T WAIT?
COME TO AUNT AVICE'S
THEY'RE ALWAYS FRESH BAKED!**

WE ARE AT UNIT 1, ST KEW SERVICES,
ST KEW HIGHWAY. TELEPHONE ORDERS
WELCOME: 01208 841895 OR 841740 (HOME)

THESE ARE "THE REAL THING"

12/18

Garden Services



Clearing
Grass Cutting
Hedge Trimming
Hedge Laying
Tree Work
etc...

**Stephen Lambert
CALL:
01208 850241
07891 828313**

12/18

YOUR AWARD WINNING LOCAL STORE !!!

We use local suppliers where possible eg.

- *Barnecutt's fresh bread, cakes, pasties.
- *Button's meats.
- *Tinten potatoes.
- *St Kew Biscuits.
- *Trewithen Dairy products.
- *Local Preserves & Honey.



St Tudy Community Shop and Post Office

Monday to Friday 8am – 6pm

Saturday 8am – 2pm

Sunday 9am – 12 noon

Deliveries can be arranged

TRY US FIRST !!!

12/18

We stock fresh fruit and veg all delivered daily.
Orders for fresh fish.
Off Licence.

Newspapers & Magazines
Our own "brand" of dry goods as well as well known ones.

We sell eggs, stamps, stationery, sweets, toiletries, coal, frozen food. **And lots more!**

12/18

W J Clancy Oil Fired Boilers and Ranges

www.wjclancy.co.uk

Servicing and Repair of Domestic Oil Fired
Boilers, Agas and Rayburns.

07792 595 719

oilwilliam@yahoo.com



All the news and highlights from the top of the hill! Don't forget, you can keep up with all the school antics in our weekly newsletters, published on our website: www.st-kew.cornwall.sch.uk

What a busy end of term it was for all at St Kew. Keep on reading to find out what's been going on!

SATs results

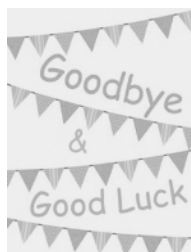


We are delighted that the Year 6 children achieved amazing results in their end of year Standard Assessment Tasks. With **82%** of the year group achieving the expected standard in Reading, **100%** in Writing, **91%** in Maths and **100%** in Grammar, Punctuation and Spelling, we couldn't be more proud of them. Alongside this, 2 children achieved Greater Depth in Reading, 1 in Maths and 2 in the Grammar, Punctuation and Spelling tasks. Not only are these results a great achievement, but they surpassed the National expectation of 75% reaching the expected standard in Reading, 78% in Writing, 76% in Maths and 78% reaching it in Grammar, Punctuation and Spelling. Well done all!

Fond farewells to Year 6...

We said fond farewells to Leo, Adele, Kyle, Toby, Kaya, Jenna, Lola, Tristan, Jools, James and Abbi as they left St Kew ready to tackle the next stage of their school careers at Wadebridge. We wish them all the best knowing they are well prepared for this!

...Steve Osborne...



It was also Mr Osborne's last day at the end of the Summer Term with many people joining us for a farewell afternoon tea. We will miss Mr O in September but wish him all the very best in his new job at St Columb Major!

...and Emma Fowle and Mike Boyne

Our thanks to Emma Fowle and Mike Boyne who stepped down as Chair of Governors and Parent Governor respectively. We thank them for their time and support over the years as Governors and for their role in School Improvement throughout this time. We hope they will be able to pursue other ventures and wish them all the best with these!

Hello to Miss Taylor

We welcome Miss Stephanie Taylor to St Kew this term. Stephanie joins us as a Newly Qualified Teacher and will be teaching Class 2 (our Year 2 and 3 children) lots of exciting things.

Healthy Schools

After all of the excitement, learning and physical activities enjoyed during Healthy Week, we have been honoured with the Healthy Schools Award from Cornwall Council. We are delighted with this award and look forward to celebrating all things healthy in school!



St Kew's Got Talent



Our guitarists show-cased their talents in an assembly at the end of term with Mark, their teacher, showing his pride at their achievements. All children played a piece of music to the rest of the school and proved how hard they practise to be as good as they are!

Little Kew's

Our Outdoor Learning Toddler Group enjoyed the last session of the school year on Friday 20th July with stone painting, play-dough making (using our tried and tested recipe), storytelling, bubbles and sparkles! Sessions begin again on 5th October and we warmly invite you and your toddler to attend. Please let the school office know if you would like to join us.



Open Days

If you'd like to come and see for yourselves what makes us ACE at St Kew, please come and join us on one of our Open Days this term: Friday 28th September and Wednesday 7th November from 9am until 12pm. We look forward to showing you all we enjoy at school!



Discover, Learn, Develop



Our pre-school is managed by a qualified teacher with a nature-based curriculum. Come and enjoy outdoor activities in our roundhouse, polytunnels and nature areas such as fire pit cooking, story telling and nature crafts.



Pre-school

All-year outdoor pre-school. Up to 30 hours funded childcare, with wraparound care available.

Little Kews

Starting Friday 22nd June
Every Friday during term
time for ages 0-4s.
1:30-3pm. £5 per child



eden project



Call 01208 841306

Visit st-kew.cornwall.sch.uk

St Kew Historical Society

Forthcoming Events

All talks and meetings are held at St Kew Parish Hall on 2nd Thursday in the month from 7.30 pm.

Thursday 13th September

Following our Committee meeting, come and see our archives and many items of local historical interest. Meet Kim Appleby, our archivist, and research your house and family history, and look at our online facilities for old news archives, our local historical books and pamphlets.

Thursday October 11th

A very special visitor: Mr Paul Holden, House and Collections Manager, Lanhydrock House National Trust property.

Paul is an excellent and knowledgeable speaker, and a wonderfully colourful raconteur. He will present an illustrated lecture entitled 'Researching the Cornish Country House and Other Stories...'

This promises to be a most entertaining evening, not to be missed.

John Raybould- Secretary

Dog Days

These are the dog days
when heat is a hammer
and you long to plunge in Treyarnon Bay
to find a secluded cove to cool off –

these are the dog days
between thunder-showers
plucking ripe strawberries up Trevathan
to escape down green lanes to a shady inn –

these are the dog days
of tailgating drivers
crowded road and irreversible RV's
before wild autumn blows them into the sea –

and these are the dog days
when Time's a stopped clock
as you dream of glaciers sliding into the arctic
of your ice-cabin up on Svalbard.

David Penhale

CHILDREN'S CORNER

We hope you have all enjoyed the beautiful summer weather and that it has been fun over the holidays.



Whether you are starting at a new school, just changing classes, or starting for the very first time, we hope you settle in quickly and enjoy new beginnings and new friends!!



Have fun colouring us in!!

Julie's
MOBILE CATERING VAN



Contact Julie on 01566 781339 or 07572 412421
juliewalters@uwclub.net Join us!  Julies-Catering-Van

12/18

Pulled Pork, Burgers, Bacon, Hot Dogs, Chips, Homemade
Coleslaw, Wraps, Hot & Cold Drinks, Extras: Cheese,
Mushrooms & Eggs
Available for any event

12/18

Geoff, Karen and the team welcome customers old and new to
The Cornish Arms, Pendoggett



A 16th Century Inn

Open all day every day from 11:30 a.m
offering Real Ales, Good Wines, a selection of 75 Gins,
Plus Cornish beers, lagers and ciders.

OUR QUALITY PUB FOOD IS SERVED FROM 12 NOON-2.30 & 5.30-8.30 pm.

**Our “SMALLER APPETITES” menu is available from 3rd September
Monday-Friday lunchtimes with 2 courses for £7.95.**

LIVE MUSIC most Friday evenings from 8.45 pm.

Free Parking • Beer Garden • 7 En-suite rooms • Free Wi-Fi
Well behaved dogs and children are welcome.

Tel: 01208 880335 or email: contact@cornisharmspendoggett.co.uk
Website: www.cornisharmspendoggett.co.uk We are also on facebook.

Thinking of letting
your holiday property?



For more information and free impartial
advice call us on **01208 607700** or
check out our website
www.toadhallcottages.co.uk



Duchy Hypnotherapy

Amanda Godfrey

Clinical Hypnotherapist and
Psychotherapist
Registered member of the AfSFH,
NBMP, CNHC and the Hypnotherapy
Directory

Tel: 07446 870 220

Email: [amanda@duchy-
hypnotherapy.co.uk](mailto:amanda@duchy-hypnotherapy.co.uk)
www.duchy-hypnotherapy.co.uk

Solution Focused Hypnotherapy based
in Wadebridge

Home visits can be arranged
Free Initial Consultation

DJA Education Ltd.

Behavioural Specialist Teacher offering a wide range of
educational and other services for children and adults with:

Specific:

- Autistic Spectrum Conditions (ASC/ASD/PDA).
- Mental Health Conditions.
- Dyslexia/ Dyscalculia.
- ADHD.

Educational:

- Early intervention.
- Catch up sessions ranging from Primary to A Level in all core subjects; especially Maths and Science.
- Levelling and grading.
- Home Tuition and Full Home Schooling.

Needs:

- Advice on services and other help available.
- EHCP advice.
- Career advice, support and planning and social inclusion.
- Help with form filling, letter writing and all other communications.

Qualified for fifteen years and rated Outstanding by
OFSTED May 2018.

Please contact: **07790 245 033** between 4pm and 9pm
Mon - Thurs

@RISKlitter

Rubbish In St Kew



We need your help!

Our country lanes are attracting litter from passing traffic,
mostly food wrappers & drink containers

**please place your litter in a rubbish bin
at your next stop with facilities**

As a rural parish, the locals value the landscape in which they live and wish to preserve it—
not just for themselves & for environmental reasons; but also for the enjoyment of visitors.
Litter-picks are an ongoing commitment within the parish, but we'd appreciate your help...

What's not dropped, will encourage others to also be responsible.

Your support would be much appreciated.

Find us on Facebook @RISKlitter

12/18

Clearview Solutions

Offering the latest environmentally friendly water fed pole cleaning service for
 windows and frames
 conservatories
 fascias / soffits
 Guttering
 Caravans / motorhomes
 Decking
 Patios
 Pathways
 Algae removal
 Biocidal treatments
 etc
 just call Rob to arrange a visit and no obligation quote

07875639548

St Kew 01208 841653



BREAKFAST. LUNCH. SUNDAY ROAST. CREAM TEAS. HOME MADE CAKES. CELEBRATION CAKES. ICE CREAM. HOME PRODUCED BEEF, LAMB & FREE RANGE EGGS. FRESH FRUIT AND VEG. LOCAL BREAD & CHEESES. GIFTS & CRAFTS.

Shop and Restaurant
Open 9am..7 days a week.



Macmillan Cancer Support
Big Coffee Morning

Friday 28th September
10am till 12 noon...everyone welcome.

Book now for our **Traditional Sunday Roast**, choice of meats including home-produced beef followed by a selection of homemade desserts.

Booking essential!

Don't forget we serve Breakfast 9am-11am,
 Lunch 12 noon-3pm.
 Tea, coffee, homemade cakes, ice creams, cream teas, etc served all day.
 Open every day. Pop in, you can be sure of a warm welcome.

TEL: 01208 880164 www.trevathanfarm.com

CHILDRENS PLAY AREA. RIDE-ON TRACTORS AND DIGGERS. PETS CORNER...

12/18



Find us on the B3314 at St Endellion. Follow us:

12/18

AUTOTEC

ST KEW HIGHWAY

PL30 3ED

MOT CENTRE

full diagnostics

Servicing & repairs

Tyres

01208 841238

PROPRIETOR - A. EDDY autotec_stkew@aol.co.uk



KEN GODDEN Contractors



Lawn Mowing - Fencing - Rustic Stonework

Tractor and Hedgetrimmer - Landscaping

Pasture Topping - Paddock Maintenance

Hay Making - Slurry Spreading - Bale Wrapping

Square/Round Baling - Rolling

07968 481520 / 01208 850743

12/18

ST KEW GOLF CLUB



- ★ PAY AND PLAY
- ★ Challenging 9hole/18 tee (Par 64)
- ★ Covered driving range
- ★ Pro Shop & Professional Tuition
- ★ Club Hire ★ Coffee Lounge

2½ miles from Wadebridge on main A39 towards Camelford

St Kew Golf Club, St Kew Highway, Bodmin, Cornwall PL30 3EF. Tel/Fax: (01208) 841500

12/18

J.R.CLEAVE

CARPENTRY & JOINERY

Mobile: 07598 699126

THE MAKING OF BESPOKE FINE WOODWORK,
 HARD WOOD, SOFTWOOD DOORS, WINDOWS,
 FURNITURE, KITCHENS AND STAIRS

jake.cleave@icloud.com



12/18



12/18
Create your dream...



WADEBRIDGE KITCHENS

KITCHENS BEDROOMS STUDIES

Polmorla Road Wadebridge Cornwall PL27 7NB

Call us on 01208 813231 sales@wadebridgekitchens.co.uk | www.wadebridgekitchens.co.uk

HOP OILS

Heating Oils, Farm Fuels, Tank Supplies



Unit 3, The Glebe
Blisland, Bodmin, Cornwall PL30 4JE
12/18 **01208 851195**

12/18

Your local Electrician.

Ivan Jones Electrical Services Ltd



- Established 1995 -

Domestic - Commercial - Agricultural - Industrial

For all your electrical requirements

01840 213 683 - 07738 824 181
Email: info@ijesltd.com

"A local service to national standards"



The Office. 30 High Street. Delabole. Cornwall.



Colour Scheme Keith Parkyn

Painter & Decorator.
Property Maintenance Interior &
Exterior Work carried out.
Laburnham, Wadebridge Road
St Mabyn, PL30 3BQ



For friendly service & advice call:
Tel: 01208 841828
Mob: 07747 399503
Free Estimates

12/18

S. Goodman Plumbing & Heating

- All Aspects of Plumbing
- Oil Heating
- Biomass Heating
- Wood Burning Stoves
- Geo-Thermal Heating
- Servicing

12/18



- Central Heating & Underfloor Heating
- Solar Heating
- Bathroom Installations & Tiling
- Water Harvesters
- Septic Tanks
- Drainage

Tel: 01840 213196 Mob: 07968 984305
98 HIGH STREET, DELABOLE, PL33 9AQ



July's 'Where am I'? Competition Results

This lane is off the B3314 between Pendoggett and St Endellion, leading towards Treharrock. Point of interest: Juliet Cleave's father's family (the Toms) planted these trees when they owned/lived at Treharrock; before her grandparents Tom built & moved into Penhill, Pendoggett in 1925 when her father was a small boy.

The first correct answer pulled from the hat was: **Tamar Longmuir of St Kew.** *Well done Tamar!*



Just to let you all know I've started a community Facebook page: **@RISKlitter** (*RISK = Rubbish in St Kew*), www.facebook.com/RISKlitter/

The page's 'about' section reads:-

Promoting a litter-free parish, encouraging a 'don't-drop-it' on rural roads, promoting a bin-it attitude; and a central point for parish litter-pickers.

Set up as a central point for news of parish litter, including litter-picks (group or individuals, organised or ad hoc), publicising a 'bin-it, not drop-it'

attitude; and related issues. Individuals, businesses and other organisations are encouraged to participate by liking the page, sharing what we're up to, and posting relevant things. Please let us know of any litter-picks or associated activities. If there's enough interest we'll create a 'litter-picker' group from the page and publicise organised events. All photos welcome, especially of walkers on their home stretch of country road keeping the parish as it belongs to be!

Juliet Cleave

Editor's note: And yes, our competition picture was taken by Juliet.....

**St James the Great Church
at St Kew**

HARVEST THANKSGIVING

Sunday

September 30th at 6 pm



HARVEST SERVICE
with Ordinand Geraldine Ashton
and Marcus Jones



**HARVEST SUPPER
&
CHARITY AUCTION OF PRODUCE**

Donations of flowers, fruit & vegetables for
decoration and auction would be most welcome!



Could you please bring them
along to the church on the
morning of Saturday 29th
September.



The St Kew Annual Garden Show

Free Admission

Saturday the 1st September 2018

at the St Kew Parish hall,

**Doors open at 4.00 pm raffle at
5.00pm.**



St. Kew Community Gardens Association

The View from the Allotments

..... and what on earth am I going to enter in the Annual Show???

We're not experts by any means but we have grown vegetables throughout our married life and get a lot of pleasure out of growing and eating our own produce. Even when we had a small and narrow back garden in Ealing, we still had a few vegetables down the bottom and some magnificent tomatoes against a south-facing wall.

We'd never "shown" our veg. though until we lived in St. Kew and it was Burnard Hawken who persuaded us to enter a show back in 2006 (I think), when we were using a small part of his vegetable garden at Lanow. I entered a selection of vegetables on a tray and won second prize! I don't know who beamed more – me or Burnard, when he handed the prize over.

After that there was no stopping us and we have over the years amassed a few firsts, some seconds and thirds and the occasional highly commended each year. Our onions in particular have been amazingly good and last year won a first and a second. Courgettes, too and last year we got a first for our runners – oh, the triumph!

But this year is going to be a bit different, as I can't find enough produce to make a goodly showing.

The long weeks without rain have really taken their toll, despite our faithful watering every day.

I was just reading through the schedule of classes for the show to see what I could put our name down for, and came to the conclusion that there will be very little fit to show on 1 September. The onions are OK and will probably last us through the winter but are much too small to impress, the leeks aren't anywhere near looking like leeks, the courgettes are doing really well but will I have three perfect ones ready on the day and the runner beans are doing all right after a slow start. I'll just have to nurture a few straight ones in the week prior to the Show and keep my fingers crossed. In all, I think we shall be able to show only four items, whereas in the past, we've entered eight or ten classes.

But, hey! What does it matter when we're eating our own beans and courgettes and tomatoes daily and have bags (a few, anyway) of broad beans and peas in the freezer! Looks aren't everything, as my mother used to say!

I'll let you know in the next magazine what, if anything, we won – or you can wander down to the Parish Hall yourselves on Saturday 1 September at 4 pm and find out who managed to beat the heat and win some prizes.

We've still got a couple of vacant plots by the way, so do ask if you would like to see them.

Judith Mott, judithmott@btinternet.com
Tel: 01208 841312



Do you need help with budgeting?
Come and join our FREE & FRIENDLY
Moneybox Course.

Our next course starts on Friday 14th September at the Chestnuts Centre in Bodmin.

'The course is really easy to understand & I learned a lot about managing my money'

'I suffer from anxiety & wasn't sure if I could cope but everyone was so lovely'

'I didn't like school but it's not like that & it actually helped me to make things better for me & my family'

The course is available to anyone aged 16+ who is a tenant and unemployed. It will help with budgeting, building confidence and managing finances.

If you would like more details please contact us on 01208 815374, or email contact@wadebridgefoodbank.org

ST KEW GARDENING CLUB



Our next event is the Garden Show on 1st September at the Parish Hall, St Kew, so get growing, sewing, baking and making and have a go, entry is free.

Schedules are available in local shops and pubs.

Can't find one? Ring 01208 880007 for more information.



Allen Valley Singers

The choir have experienced many emotions during the past weeks. Our final meeting for the session took place at the home of our musical director and we thank both Janette and Richard for their hospitality. We concluded the evening with a delicious supper of fish and chips, and just chatted in the remaining sunshine whilst sitting in their lovely garden.

Sadly, a day or two later we heard of the death of our great friend and singing companion, who had died after a very long illness. Janet Tiplady had been one of our choir in the 'Middles' section, for very many years and we remember her smile, which always cheered us each time she entered the Hall.

Her two beloved daughters and their families invited us to sing at the beautiful church service for her funeral, on August 7th, which we did with full hearts, led by Janette Man and accompanied by Steve Tyrrell, who also played the organ throughout the service. We sang 'Psalm 23' (arr. Howard Goodall),

'May It Be' (words and music by Eithne Ni Bhraonain) and 'You Raise Me Up', (arr. Roger Emerson), as Janet always loved them. We will miss her greatly.

Life tends to move in circles and on September 9th, we will be singing at a christening in St. Merryn's church. We look forward to that occasion and to the programme for the Autumn session.

We return on September 4th and you would be very welcome to join us on that day, to listen to our music and to meet our Musical Director Janette Man, and perhaps then become a member of the choir. We meet at the St. Kew Highway Community Hall from 7.15 pm - 8.45 pm on Tuesday evenings.

Contact Jan (01208 841784) if you would like to book us for a concert or if you would like us to enhance your wedding, christening or any event in your lives.

Best wishes.

Joyce Hargrave-Wright (Publicity)

Road incidents near St Kew

The summer always brings more people and traffic to Cornwall, and with more traffic we seem to get more incidents involving vehicles.

On the 31st of July a serious incident involving two vehicles at the turning for St Kew from the A39, one of the vehicles ended up rolling onto its side, emergency services attended the incident including police, fire service and paramedics. The A39 was closed for a couple of hours disrupting many people.

On the same morning another incident occurred on the slip road into St Kew Highway when a car appeared to drive under a trailer connected to a tractor, the car did not seem to have too much damage again the police attended.

On the 1st of August another serious incident occurred just outside the parish when vehicles collided between Bodieve and Little Dinham, the fire services had to free people from the vehicles. Due to the injuries sustained two people were airlifted to Derriford. The road remained closed for many hours.

Hopefully the roads will become a little quieter soon and the number of incidents reduce too.

Please drive carefully.

Steve

St Kew Historical Society

Forthcoming Event

Something completely different:

“The Wild and Woolly West”

An illustrated talk by Rick Gould using extracts from his ancestor's journal: Driving 2,000 sheep and 400 cattle 2,131 miles across America from east coast of Massachusetts to the west coast of California in 1853.

Come along, be surprised and entertained.

Thursday 8th November 2018

from 7.30 pm
St Kew Parish Hall

As usual, members entrance is free, visitors and guests £2.50 per person.

Refreshments will be provided, any donations are gratefully received.

John Raybould, Secretary

Puzzle Page

codeword

20	11	19	1	9	25		14	20	6	9	17	4
19		8		8		25		23		25		25
18	1	21	8	2		12	9	25	25	2	1	6
1				17		12		6		25		18
12	25	2	17	1	15	25		17	25	11	19	8
17		6				5		25		13		17
	25	16	19	25	5	17	6	23	17	18	3	
24		6		26		1				25		13
6	11	19	18	25		15	6	18	1	21	18	3
11		24		5		25		6				18
18		8	5	17	6	18		7	20	6	15	6
25		23		8		3		25		9		10
17	24	25	8	9	3			9	6	22	25	2

A
B
C
D
E
F
G
H
I
J
K
L
M
N
O
P
Q
R
S
T
U
V
W
X
Y
Z

S		1					9	4	
U				8	6				
D	5					3			7
O	7			2				8	
K			3			4	1		
U		9							6
	2			7					9
					5	1			
		4	6					3	

nonogram

E	I	C
N	L	A
C	O	H

How many words of 4 letters or more can you find? You must use the centre letter in each word.

No plurals or proper nouns are allowed. There are 56 listed in the solution which includes **1 nine letter** word to find.

1	2	3	4	5	6	7	8	9	10	11	12	13
							O	R				
14	15	16	17	18	19	20	21	22	23	24	25	26
								N				

Events Outside Our Parish

Regular events at St Endellion

Endelienta Poetry group, Book Club and family Make Club. Please visit the website, or phone or email for details. For September's events at St Endellion please see separate advert.

September

- 1st St Teath Village show.
- 15th Annual FLEET charity cycle ride from Wadebridge. Check website for entry details.
- 16th-27th Mega Book sale in the Peacock Cafe, Pencarrow House. Sunday - Thursday, 10.00 - 4.00.
- 22nd Mega beach clean at Polzeath with Polzeath Marine Conservation Group & National Trust.

- 28th Macmillan Big Coffee Morning
Trevathan Farm shop, 10.00 - 12.00.

October

- 12th Gilbert and Sullivan evening with the Wandering Minstrels at Pencarrow House.

More information about these events can be found on the following websites:

endelienta.org.uk
fleet.org.uk
pencarrow.co.uk
polzeathmarineconservation.com
trevathanfarm.com



J.T.Martin
Plumbing and Heating

Qualified for the installation, servicing
& maintenance of

OIL FIRED HEATING SYSTEMS AND
APPLIANCES

Unvented Hot Water System Installations and
Upgrades

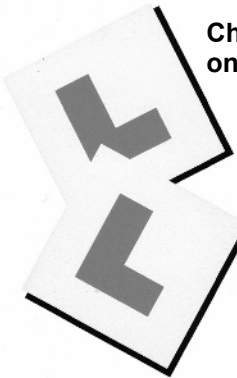
OIL BOILER BREAKDOWNS AND REPAIRS

Tel: Mobile: 07812 127257

12/18

Ron Bendell Driving School

Changing the world of driving,
one lesson at a time.....



Ron Bendell
ADI

Mobile: 07539933615
Office: 01208 880691
Email: ron@rbsom.co.uk

www.ronbendelldrivingschool.co.uk

R Mears & Sons
Chimney Sweeps
Established over 30 years



Thorough vacuum &
brush cleaning.
Full CCTV investigations.
Chimney linings, pots,
cowlings & bird
protection fitted.

Solid fuel appliances,
Rayburns, woodburners
and stoves installed and
serviced

Tel: 01840 261221

Mob: 07737 533392

www.sweepcornwall.co.uk

12/18



Cole Rayment & White

WADEBRIDGE • ROCK
CAMELFORD
PADSTOW

Contact us for a Free Valuation

01208 813595

www.crw.co.uk

— THE —
ESTAS

ESTATE AGENT
AWARDS 2018

GOLD WINNER

BEST LOCAL AGENCY GROUP
SOUTH WEST

Andreas Construction Building & Roofing

Landscaping / Patios	Roof Repairs
Property Maintenance	Re-Roofs
Extensions	Flat Roofing
Kitchens & Bathrooms	Delabole Slating
Conservatories	Slate Hanging
Loft Conversions	Lead Work
Barn Conversions	
Bespoke New Builds	Digger & Dumper Hire

All work is always to the highest of standards.
Any job undertaken.
Please call for a free quote.

07967 816968 01208 851387
andreas-construction.com
andreamjones@icloud.com

Find us on 

CORNISH ROCK GIN



DISTILLED & CRAFTED IN NORTH CORNWALL

Made with unique botanicals and
Cornish spring water

 **WWW.ROCKGIN.ROCKS**

PENVOSE COTTAGE . ST TUDY . BODMIN
CORNWALL . PL30 3NP Call: 01208 851718

GILL'S RECIPE OF THE MONTH

Prawn and Shellfish Rice

A delicious supper for a warm summer evening.

Ingredients

- 12 large unshelled prawns
- 300 - 400g cleaned fresh mussels, or a mix of mussels and clams
- 1l fish or chicken stock
- 175ml dry white wine
- 5 tbsp olive oil
- 2 banana shallots, diced
- 1 small onion, diced
- 1 small fennel bulb, finely chopped
- sea salt flakes and white pepper
- 1 tsp smoked paprika, or to taste
- bunch of coriander leaves, finely chopped
- finely grated zest & juice of 1 lemon
- 2 garlic cloves, crushed
- 1/2 long red chilli, finely chopped
- 4 ripe plum tomatoes, finely chopped
- 200g short grain rice

Method

- Heat the olive oil in a pan, add the shallots, onion and fennel and cook gently for 10 minutes.
- Season and add the coriander, garlic, lemon zest, chilli and smoked paprika, cook for a few minutes, then stir in the tomatoes.
- Increase the heat to gently caramelize the vegetables.
- Add the rice and cook for a few minutes
- Add the stock and bring to the boil, then simmer until almost cooked. Top up with a splash of water if it gets too dry.
- A few minutes before the rice is cooked add the white wine and tip in the mussels.
- Cover with a lid and shake a few times.
- Cook for three to four minutes, then remove from the heat.
- Discard any unopened shells. Taste the rice and season.
- Add the prawns and cook until they turn pink.
- Stir in a squeeze of lemon juice, a little olive oil and the coriander leaves.
- Serve in shallow bowls with nice crusty bread and a green salad, if liked.

'KEW & A'

Twenty Questions & Answers

This month: Andrew Campbell, Tipton Farm.

Childhood Hero: Admiral Lord Nelson.

Hobbies: Shooting, working my dogs, gardening.

Favourite Music: Anything but Trad. Jazz.

Favourite Book: 'Master and Commander' by Patrick O'Brien.

Favourite Film: 'Zulu' (1964, dir. Cy Endfield).

Favourite TV Programme: Masterchef.

What's good about living in your village?
The community spirit.

What would you improve? Broadband speed.

I'm very good at.... Getting things done.

I'm very bad at.... Remembering people's names.

A phrase I use too often is.... 'It's on the list'.

Three people, dead or alive, I'd invite to dinner are.... Norman Wisdom, Dame Maggie Smith, Lord Carrington.

I'd like to be stranded on a desert island with.... Bridget Bardot.

I'm embarrassed by.... Not a lot.

My proudest moment was.... The birth of my children.

The best things about Cornwall is... The light and the clean air.

The worst thing about Cornwall is.... Summer traffic.

Which of our country's laws would you change? The ban on hunting.

An over-rated public figure is.... Boris Johnson.

In another life I would be.... Better organised.



Size Matters.....

We have had quite a few comments on last month's A5 sized version of the magazine. Here's a few:

'Firstly, speaking as a distributor, the smaller ones are easier to deliver. Secondly, my lot on the whole are in favour of them but I think that the large one is more reader-friendly.'

'Just to say I really like the improved A5 version with quality paper - I vote to keep it as A5!'

'Well I'd just like to ask whether you are prepared to fund a visit to Specsavers for more powerful

reading glasses as that would be the only way I could read it?'

'Of the people we've asked face to face all have generally been in favour of A5.'

'Definitely need my reading glasses for the small one but I think it is an improvement.'

We will make a final decision on the future format before the end of the year. For now we will print A4 for households and A5 for public areas like shops, pubs and churches.

In the meantime we're still open for comments - just email us at stkewmag@gmail.com. **Please get in touch!**

Puzzle page solutions

6	1	8	5	2	7	9	4	3
3	7	4	8	6	9	2	5	1
5	2	9	1	4	3	8	6	7
7	6	1	2	9	5	3	8	4
8	5	3	6	7	4	1	9	2
4	9	2	3	1	8	5	7	6
2	8	5	7	3	6	4	1	9
9	3	7	4	5	1	6	2	8
1	4	6	9	8	2	7	3	5

Nonogram

alien, aloe, alone, anile, anole,
calico, cancel, cell, celliac, chalice,
chancel, clan, clean, clench, cliché,
clinch, cline, cloche, clone, coal,
COCHINEAL, cochlea, coil, cola,
colic, conceal, conical, elan, hall,
hale, halo, heal, helicon, ilea, ileac,
hale, halo, heal, helicon, ilea, ileac,
inhale, lace, lacconic, lance, lane,
leach, lean, lice, lichen, lien, line,
lino, lion, loach, loan, loch, loin,
lone, nail, noel, olican.

Codeword

U	M	P	I	R	E	Q	U	A	R	T	Z
P	O	O	O	E	N	E	E	E	S	I	A
L	I	D	O	S	F	R	E	E	S	I	A
I	T	F	A	T	F	A	E	L	L	L	L
F	E	S	T	I	V	E	T	E	M	P	O
T	A	C	T	A	N	T	L	Y	B	E	B
H	A	J	A	J	I	E	E	B	E	B	E
A	M	P	L	E	V	A	L	I	D	L	Y
M	H	C	E	A	A	V	A	L	I	D	L
L	O	C	T	A	L	G	U	A	V	A	V
E	N	O	Y	E	Y	E	R	E	R	W	W
T	H	E	O	R	Y	B	R	A	K	E	S

Group Travel

Enterprise Park, Midway Road, Bodmin
Cornwall PL31 2FQ. Tel: 01208 77989



M.O.T.
TESTING STATION

BODMIN M.O.T. CENTRE at Group Travel

Class 4, 5 and 7. Trade enquiries available upon request. Tel: 01208 77989

2018 COACH EXCURSIONS

27th - 1st OCT - SHROPSHIRE BY COACH, RAIL & CANAL
3rd NOV - BRIDGWATER CARNIVAL
17th NOV - FESTIVAL OF LIGHT @ LONGLEAT
23rd - 26th NOV - TURKEY & TINSEL @ BOURNEMOUTH
24th NOV - CLARKS SHOPPING VILLAGE, STREET

8th DEC - BATH CHRISTMAS MARKET
16th DEC - MOUSEHOLE & ANGARRACK LIGHTS
2019
26th APR - 1st MAY - ISLE OF MAN SPRING TOUR

16 TO 70 SEAT COACHES AVAILABLE FOR PRIVATE HIRE. CORPORATE/ VIP, EVENTS & CONFERENCES, WEDDINGS (CAN INCLUDE STAG & HEN PARTY PACKAGE), HOLIDAY TRANSFERS, FUNERALS, DAYS OUT, GROUP TOURS, GOLFING HOLIDAYS & SPORTING EVENTS.

FOR BOOKINGS AND A BROCHURE PLEASE CALL

01208 77989 / 01208 72669

Website: grouptravelcoachhire.com Email: benneymoon@btinternet.com

Based in
Wadebridge

Cornish Roofing Company Ltd
Covering Cornwall



ALL ROOF WORK UNDERTAKEN

Flat Roofing • Solar • Tiling • Heritage • Leadwork • Repairs
Rag, Reclaimed and Natural Slating

Wadebridge, Cornwall **Tel: 01208 816991**
info@cornishroofing.co.uk www.cornishroofing.co.uk



Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



Martin Brooks - 07812 959 879
martin@northcornwallpilates.co.uk
www.northcornwallpilates.co.uk

12/18

Western Supply



Timber & Builders Merchants Paint & Decorating Supplies

Atlantic Road
Delabole

Tel: 01840 212580

www.westernsupply.co.uk



(open 7 days a week, Sat & Sun mornings only)

12/18

ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

From the Parish Magazine 1918

September

British Red Cross Society and Order of St. John-
Mrs Braddon, Skisdon, Wadebridge, Cornwall. 11th
Sept, 1918.

Dear Madam, - The Air Board has decided not to
open the hospital under Lady Rachel Byng, for
which you so kindly sent up 2 pillow and 4 slips
received to-day, so I have taken the liberty of pre-
senting the lot to the British Red Cross Society who
are very grateful indeed.

Owing to various causes, the Red Cross are in great
need of everything; and I hope you will urge your
workers to do all they can towards making pyjamas
and operation socks.

Thanking you for all you have done,
I am, sincerely,
MARY MORSE, J.P.M.A., Hon. Sec.

N.B. – Mrs Braddon wishes to thank those who
kindly gave their time and work both at home and in
the Institute, and also those who kindly lent their
sewing machines. Mrs Braddon will be pleased to
give out further work.

Home Front

HMS Glatton, in Dover Harbour, was originally built
as a coastal defence ship for the Royal Norwegian
Navy but was requisitioned by the Royal Navy. On
16th September 1918, before she had even gone
into action, she suffered a large fire in one of her
6-inch magazine and had to be scuttled by torpe-
does from nearby destroyers. This was to prevent
an explosion in her main magazines which would
have blown Dover Naval Base to smithereens. One
hundred men of HMS Glatton lost their lives.

Western Front



On 12th September 1918 the
First American Army were
involved in their first major
battle at St Mihiel, and by
16th September had
achieved their first victory.

The Battles of the Hindenburg Line



The Hindenburg Line was a
German defence position built
in France during the winter of
1916-1917. In 1917 the Ger-
man forces had to retire to his
line, but the Line was broken in
September 1918 during the
Allied Forces Hundred Days
Offensive. The September
battles included: 12th – Battle

of Harrincourt, which also involved a New Zealand
Division; 18th - Epehy, which included an Australian
Corps; 27th September to 1st October – Canal du
Nord, included 3 Canadian Divisions and a New
Zealand Division; 29th September to 2nd October –
St Quentin Canal, included 3 Australian Division
and 2 American Divisions.

To be continued.

The Greatest Medical Holocaust in History – Spanish Flu - Conclusion

The second wave of the disease began in France,
Sierra Leone and the United States. The virus had
mutated into a much deadlier form than the first
wave. This has been attributed to the circumstances
of the First World War. Soldiers with a mild strain
stayed where they were, while the severely ill were
sent on crowded trains to crowded field hospitals,
spreading the deadlier virus. The second wave
began and the flu spread quickly around the world
again. Most of those who survived the first wave
were now immune so it must have been the same
strain of flu. Now the most vulnerable people were
those like soldiers in the trenches, young and
healthy adults.

An estimated 10-20% of those who were infected
died. With about a third of the world population
infected, this means 3-6% of the entire global popu-
lation died. As many as 17 million died in India,
about 5% of the population. In Japan, 23 million
people were affected, and 390,000 died. In Samoa,
in November and December 1918, 20% of the pop-
ulation of 38,000 died. In the USA about 28% of the
population suffered, and 500,000-675,000 died. In
Britain, as many as 250,000 died, and in France,
more than 400,000. Every continent suffered. Many
of those who survived had lifelong health problems.

Snippets

A visiting General asked a young cavalry officer
mounted on a forlorn-looking horse 'Where did you
get your Military Cross?' 'Borrowed it for the occa-
sion', replied the young officer nervously, to the
horror of everyone present. However, there were
smiles all round when a staff officer explained that
the young officer thought that the General had
asked him 'Where did you get your miserable horse?'

During the Great War ladies were asked to collect
and save hair when they combed their pet dogs, and
then take it to their nearest hospital. This hair was
needed to provide soft chest coverings for badly
wounded soldiers who could not wear pyjamas.

William Garland

BATTLE'S OVER – A NATION'S TRIBUTE

Readers are probably aware that on 11th November 2018 it is the anniversary of the cessation of World War 1 and that the UK and Commonwealth nations are going to pay tribute to those who lost their lives in this war.

An organisation called BATTLE'S OVER is organising various events in which the nation and Commonwealth countries are encouraged to join in. Their website, Battle's Over – A Nation's Tribute, is well worth a look.

The list of events on the day includes the following, which also shows what the Parish Church is planning.

6.00 am - Battle's O'er - Playing the bagpipes
Marcus Jones has agreed to play at the War Memorial and at an evening service to be held in St James the Great Church 6.45 – 7.15 pm.

Many of you attended the evening service held on 4th August 2014, when the "lights went out over Europe" and we were then at war with Germany and the First World War started.

7.00 pm - The Last Post

We don't have a bugler yet; however, a CD is available for our evening service.

7.00 pm - Beacon of Light

Beacons will be lighted throughout the countries.

7.05 pm - Ringing Out for Peace

Our church Bell Ringers have agreed to ring at this time.

7.05 pm - A Cry for Peace

In Cornwall only the Bodmin and Newquay Town Criers are registered.

There will be the usual Remembrance Service at St James in the morning at 10.30am. The evening service will start at 6.45pm so as to include the Last Post, Bell Ringing, and Bagpipes.

It is hoped that as many people as possible will join in the Battle's Over events to mark the conclusion of the first World War and pay tribute to those who played their part.

William Garland

Events at St Endellion September 2018

Saturday 8 September 7.30pm

Viva la Musica – 'I Praise the Tender Flower'
A concert of vocal music inspired by the beauty of nature, including works by Britten, Pearsall, Elgar and Debussy. Conductor – Simon Lumby. £8. Accompanied under 16s free.

Saturday 15 September 7.30pm

Mark Padmore – War and Peace
Internationally acclaimed tenor Mark Padmore and Julius Drake perform a song recital to commemorate the end of the First World War, including songs by Schubert, Schumann, Wolf, Mahler, Ravel, Poulenc and Britten, interspersed with readings from Wilfred Owen, Charles Causley and Edward Thomas. £15 (nave) £10 (aisle). Accompanied under 16s free (aisle only).

Book tickets online at www.endelienta.org.uk; by e mail tickets@endelienta.org.uk; by phone 07787 944935; or from the Wadebridge Bookshop. Accompanied under 16s free to most events – please check the website.

4 – 7 October

The North Cornwall Book Festival

2 days of schools' events followed by a long weekend including internationally acclaimed authors Anne Enright, Joanna Trollope and Patrick Gale.

Evening events:

Thursday 4 October – Uprooted

Short poetry films about migration. £6

Friday 5 October - Kit & McConnel

An evening of unbridled cabaret. £12

Saturday 6 October - India Electric Co.

Foot tapping folk rock. £10.

Tickets from www.ncornbookfest.org or 07787 944935



ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

Preachers for September

- 2nd Rev Michael White.
 9th No morning service. Harvest Festival at 4.00pm with John Bellallick, followed by tea.
 16th Rev Alistair Sharp. Communion.
 23rd Rev Sally Long.
 30th Rev Michael White.

Catholic Church Services

Wadebridge

St Michael's Church
 Tel:01208 72833
 Mass Sundays 8.30am
 Confessions
 Friday 10.30-11.00am

Tintagel

St Paul The Apostle
 Tel:01840 770663
 Mass Mon-Thur 10am
 Fri & Sat 6pm
 Sunday 10.00am
 Confessions:
 Before/after Mass.

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

St James the Great at St Kew



Calendar for September

- Sun 2nd *Trinity 14.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild.
- Sun 9th *Trinity 15.* 9.30am, All Age Service with Rob Soley.
- Sat 15th 3pm, Wedding with Rev Prof Andrew Lewis officiating.
- Sun 16th *Trinity 16.* 9.30am, Holy Communion and Baptism with Rev Dr Elizabeth Wild.
- Sun 23rd *Trinity 17.* 9.30am, All Age Service with Marcus Jones.
- Sun 30th *St Michael & All Angels.* 9.30am, Holy Communion with Canon Judith Pollinger. (*Being celebrated a day later.*)
- October**
- Sun 7th 9.30am, Holy Communion with Rev Dr Elizabeth Wild.

Why harvest is important to me

After all the waiting is over, the hard work is done and what we have is what we have and trusting that it will be enough to see us through the winter. We celebrate the harvest with cheer and thankfulness for what has been and hopefulness for what will come.

In today's world much of our consumption comes from harvests from around the world and so we give thanks to all farmers, fishermen and producers here in Cornwall and throughout the world. In our prayers and in our buying we share our concern for their welfare and for ethical and sustainable practices knowing that the planet is not just for humans.

During the celebration of harvest we become mindful of those without a harvest, and so we share from our bounty. Among my earliest memories of going to church is clutching onto a tin of sweetcorn.

For me then, harvest is being connected to my food and clothing, to their producers, to hard work, to those in need of assistance and to hope in the future. The mystery of the harvest festival is that somehow these connections help me to be connected to God at the same time.

Marcus Jones

*Reader and Children and family worker
 North Cornwall Cluster of Churches*



September 2018

Foodbank demand is high but our stocks are low....

Last month we gave out 350kg more food than we had in. We provide around 1,300 meals per week to people referred to us who are in crisis for a variety of reasons. For example, the young professional working mum who lost her job and struggled to make ends meet, a victim of domestic violence who fled her home and came to Cornwall, the self-employed builder who sustained an injury at work.

All your kind donations make a huge impact on people's lives and enable them to feed themselves and their family, especially during the school holidays when children are not receiving school meals. We

have no reserves of anything except beans and soup and we are currently in need of:

- Tinned tomatoes**
- Tinned potatoes**
- Tinned meat and fish**
- Rice**
- Pasta**
- Long-life fruit juice and long-life milk.**

We have a collection at the **Sainsburys** store in Bodmin on Saturday 22nd September. All donations will be much appreciated.

Thank you to everyone donating in the Bodmin **ASDA** Store, we now have a permanent collection point which is at the end of the tills.

Bodmin, Camelford and Wadebridge Foodbank
 Wadebridge Foodbank, Unit 2 Trevanson Street,
 Wadebridge PL27 7AR Tel. 01208 815374
 Registered Charity No. 1166301
 Email: contact@wadebridgefoodbank.org Website:
www.wadebridgefoodbank.org



We held an extra meeting this year in August - a lovely evening looking at old photographs, minute books and other items before they get placed into the County Records Office as part of our St Kew WI Archives. We did enjoy ourselves and also talked about how we might put together a banner for a competition to celebrate 100 years of Cornwall Federation of Women's Institutes.

We also had a very tempting supper - cheese, biscuits, strawberry cakes, plus some healthy grapes, carrot sticks and peppers! Thank you to those that contributed.

Next month we meet on Wednesday 12th September in the Hall at 7pm. We are looking at the changes we need to make with regard to food waste.

We are always pleased to welcome anyone to our meetings - we like to see new people or anyone that was a member long ago.

AG

Mobile Post Office

The mobile Post Office calling points each week are as follows:

Mondays
 St Merryn 08.45-10.00
 Rock 11.00-12.30
St Kew Highway 13.30-15.00
(Community Hall)

Tuesdays
 Tintagel 09.30-11.30
 South Petherwin 12.45-13.45

Wednesdays
 Tintagel 09.30-11.30

Port Isaac 12.30-13.30
 St Issey 14.00-15.00

Thursdays
 St Merryn 08.45-10.00
 Rock 11.00-12.30
St Kew Highway 13.30-15.00
(Community Hall)

Fridays
 Tingagel 09.30-11.30
 South Petherwin 12.45-13.45

Events Diary - September

- 1st St Kew Garden Show, Parish Hall, 4.00pm for viewing.
- 5th 'Tea and Toast', Parish Hall, 8.45 - 11.00am.
- 6th Chair Aerobics, Community Hall, 2.00pm.
- 12th 'Tea and Toast', Parish Hall, 8.45 - 11.00am.
WI, Community Hall, 7.00pm.
- 13th Chair Aerobics, Community Hall, 2.00pm.
History Society, Parish Hall, 7.30pm.
- 17th **** COPY DATE ******
- 19th 'Tea and Toast', Parish Hall, 8.45 - 11.00am.
- 20th Chair Aerobics, Community Hall, 2.00pm.
- 21st Souper Lunch, Community Hall, 12.30pm.
- 26th 'Tea and Toast', Parish Hall, 8.45 - 11.00am.
- 27th Chair Aerobics, Community Hall, 2.00pm.
- 29th Quiz and Curry night, Parish Hall, 7.30pm.

Bell Ringing at St James starts again in October.

News from St Kew Parish Hall

Summer is a quiet time for us. Our next fund raiser is a Quiz and Curry night on 29th September starting at 7.30pm.

See you there.

Kathy

To book the hall, please contact Joanna Pratt on 01208 841420.

The Regal in Wadebridge

Tel: 01208 812791



September

- Aug 31st The Happytime Murders
The Childrens Act
- 7th The Nun
- 14th The Predator
King of Thieves
- 21st The House with the Clock on its Walls

Live Screenings: book online or contact the Cinema:

- 6th 'Julie' – NT. Live - 7.00pm.
- 12th 'The Merry Wives of Windsor' - RSC. Live - 7.00pm.
- 13th 'La Boheme' on Sydney Harbour - 7.00pm.
- 27th 'King Lear' (with Sir Ian McKellen), NT. Live - 7.00pm

Please ring or check our website for more details
www.wtwcinemas.co.uk

Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 10th & 24th September

ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

(Registered Charity No 294140)

- | | | | |
|---------------|---|-----------------|--------------------------|
| Sun: | Methodist Church Service | Marion Dingle | 01208 841388 |
| Mon: | Yoga 10.30am | Fiona Crompton | 01208 851735 |
| | Pilates 2.30pm - 5.15pm | Martin Brooks | 07812 959 879 |
| Tues: | Allen Valley Singers 7.15pm - 9pm | Janette Man | 01208 841784 |
| | Pilates 1.15pm-2.30pm | Martin Brooks | 07812 959 879 |
| Wed: | 1st, 3rd and 5th in month - | | |
| | West Country Embroiderers 10am - 3pm | Pat Scarborough | 01841 521323 |
| | 1st in month - St Kew Playing Field Trust | | 7.00pm |
| | 2nd in month - St Kew WI | 7pm | Becky Allen 01208 841798 |
| | 3rd in month- Gardening Club | 7.30pm | Richard Godden |
| Thurs: | Chair Aerobics | 2pm | Pat 01208 841260 |

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

Souper Lunch

Our next Souper Lunch will take place on Friday 21st September at 12.30 in the St Kew Highway Community Hall.

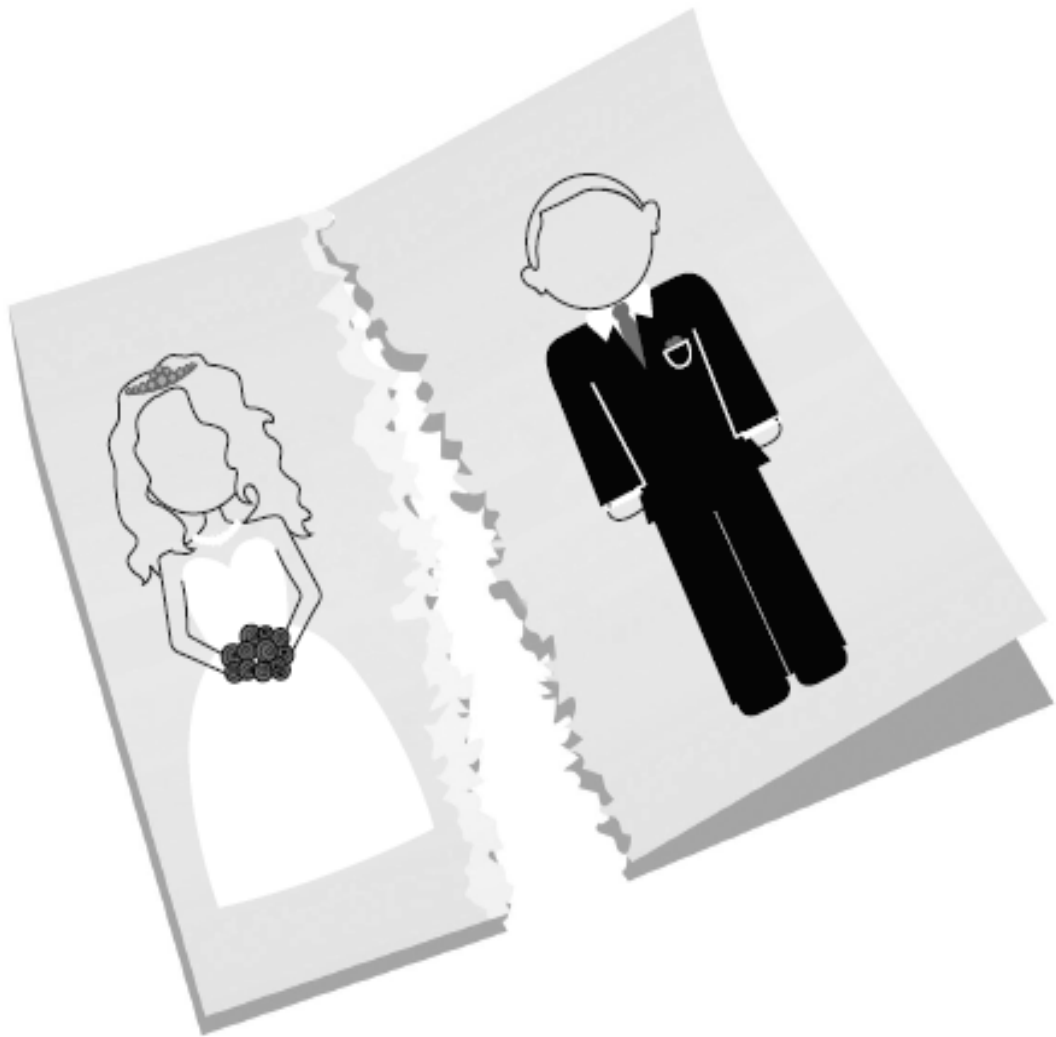
You are all most welcome. Bring a friend! We enjoy a bowl of homemade soup, have a nice chat and raise some money for a good cause.



SAVE THE DATE

Christmas Lunch will be on
Friday 7th December

Life's tough sometimes



Relationship breakdowns and disputes about children or finance can be the most stressful time in your life. We are here to help, talk to Sproull.

SPROULL

SOLICITORS

01208 72328

www.sproulllp.co.uk

Disputes | Family | Property | Wills

Parish Council News

Chairman: Cllr J Lethbridge

Clerk: Cindy Powell,

Rockhurst, Trethburgy, St Austell, PL26 8YF

Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.00pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

Meeting of St Kew Parish Council on Tuesday the 10th July at 7.30pm

Present: Chairman J Lethbridge, Vice chairman A Godden, Councillors J Rowe, B Finnemore, J Rickard, T Mott and R Godden, Cornwall Councillor Stephen Knightley and 4 members of the public.

It was hoped to attract funding through the Cornwall Council for mobile flashing speeding signs.

The Council was pleased to hear that Juliet Cleave is leading a crackdown on litter. She has created a Facebook page "Rubbish in St Kew".

It was decided to start a 6 month trial of starting Parish Council meetings at 7.00pm instead of 7.30pm from August.

Planning Applications

PA18/05235 - Mr Hawkey, Penpont Farm, Chapel Amble. Section 1 of new range beef buildings.
Recommend approval with reservations.

PA18/05446 - Mrs C Hill, The Bothy, Hendra Lane, St Kew. Certificate of lawfulness for existing use of the building known as the Bothy as an independent dwelling house.

Recommend refusal. The Council disputes there has been constant residence of the building for the last 4 years.

Planning Decisions

PA18/03157- Mr & Mrs Garland, Champion Cottage, Pendoggett.
Approved.

PA18/00949 - Mr J Brown, Benbole Farm, St Kew.
Approved.

PA18/00267 JM & MJ Cleave, land West of Meadow Views, Tregellist.
Approved.

Meeting of St Kew Parish Council on Tuesday the 14th August at 7.00pm

Present: Chairman J. Lethbridge, Vice Chairman A. Godden, Councillors B. Finnemore, J. Rickard,

T. Mott, P Bishop and R. Godden; Cornwall Councillor Stephen Knightley and 1 member of the public.

The Chairman opened the meeting and welcomed Pippa Bishop to her first meeting as newly co-opted Councillor. Apologies were received from Councillor J. Rowe.

Following St Kew Parish Council raising road safety concerns in the St Kew Highway Services area, Cormac have repainted all the roadway delineation markings.

Correspondence was received from the PCC regarding maintenance in the churchyard at St Kew. There have been broken glass containers and dog fouling in the lower churchyard causing problems for the grass cutting contractor, while fly-tipping had occurred in the upper churchyard. The Parish Council will erect dog fouling signs in the lower churchyard.

Following several recent incidents on Pub Hill, St Kew, the Council will write to Cornwall Highways and ask for width restriction signs.

Planning Applications

PA18/06497 - Mr A Hawkey, land at Penpont Farm, Chapel Amble. New livestock housing immediately to north west of the implement shed.
Recommend approval.

PA18/06649 – Mr A Hawkey, land east of the Olde House, Chapel Amble. New livestock housing immediately to east of existing lambing shed.
Recommend approval.

PA18/06088 – Mr Paul Frost, Rumbletums Fish and Chip Shop, Trelill Rd, St Kew Highway. Demolition of existing fish and chip shop, construction of detached dwelling.

Recommend refusal, mainly on the grounds of over development of site.

Planning Decisions

PA18/02356 - Mr & Mrs Rochford, Little Brightor, St Kew Highway. Construction of 2 new-build holiday lets to support an existing business.
Approved.

RG/TM



Your local marquee and barn venue for weddings and receptions, private parties and events

Why not visit us during our annual wedding open day on Sunday 23rd September? For FREE tickets and more info:
www.marvellousweddings.co.uk

Pengenna Manor

Just off the A39 near Trelill
www.pengennamanor.co.uk



*A most marvellous
wedding experience
Sunday 23rd
September*

St Kew Inn

*A beautiful 15th century Inn, bursting with character.
We serve delicious home made food using the best local produce
You will always find a friendly welcome in this traditional local "pub"*

St Kew Inn, Church Town, St Kew, Wadebridge. Tel: 01208 841259
email: stkewinn@btconnect.com

St Kew Playing Field Trust

FunDay and Family Dog Show 29th July 2018

Rain did not stop play, despite the inclement weather in the morning.



Marques erected, Barbeque up and running, Folk Bands tuning up to play.

Aunt Sally and Plate Smashing all ready to be bombarded with wet sponges and blocks.



Kernow Kys Flyball Team raring to go with doggie demonstrations and judge with dogged determination.

Thanks to all of our sponsors - you know who you are.

A rain delayed start but away we went. However, a minor success only!



Where were the people of the parish and surrounding areas? a handful of stalwarts, a few visitors, only 5 children all afternoon.



25 dogs - who all got rosettes for competing in the various classes of our dog show, very well judged by Stacy Luscombe –

Best in Show was a lurcher- saluki greyhound cross named Lightning with partner Lynda Hammond.

As the afternoon went on the weather continued to improve and a few older members of the community arrived and enjoyed cream teas, cakes, burgers and the entertainment, but overall, we were very disappointed by the attendance and wonder why.



The FunDay, as well as being an opportunity for the community to get together and enjoy themselves, is our major fundraiser of the year and vital for us to pay our rent, insurance, maintain the facility and to invest in new improvements. We, as ever, thank our committee and small band of volunteers for their efforts on the day and throughout the year.

So come on people of St Kew Parish, do you want your Playing Field, a valuable community asset, to thrive and continue?

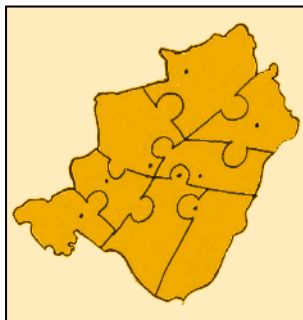
Would you care to comment, give your opinion, come up with some new, fresh ideas?

We would welcome any comment, to this magazine, by letter, e-mail to me or piece of paper pushed through my letter box (1 Victoria Cottage), no need to sign, no names, no pressure, **we want your help!**

Many thanks.
John Raybould - secretary
01208841682- djohnraybould@btinternet.com

Pieces of Eight

OCTOBER



Oct 2018, Issue 243

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern

Email: stkewmag@gmail.com

The St Kew Gardening Club Annual Show



*Cohen with his hoard of prizes.
Well done Cohen!*



A fine display of vegetables and children's pictures.



Steve Howard clearly knows his onions!

Your free guide to news and events within and around St Kew Parish

NEWS LETTER Red Lion St Kew



Takeaway Fish and Chips now available from the Red Lion Inn St Kew Highway

Yet another local facility is closing in our village (the fishy) but not to worry you can still get your takeaway fish and chips, burgers, curries and pizza from us just phone 01208841271 and pre-order or just come in order and have a quite pint, our full takeaway menu is on our website

CHRISTMAS DAY LUNCH BOOKING'S ARE NOW BEING TAKEN

We are now taking bookings for Christmas Day Lunch (limited numbers available)

And for your Christmas works or just friends party lunch or dinner, just pop in to pick up our festive season brochure and design a menu to suit your needs

NEW YEARS EVE DINNER DANCE

We are lucky to have the fantastic Steve Winchester returning to play and get you up on the dance floor this new years eve so hurry and book your table

Steve and Wendy hope you all had a wonderful Summer, we now look forward to the Festive Winter season

Diary Dates to remember

October 3rd OPEN MIC

October 18th SUPPER CLUB

October 28th QUIZ (riding for the disabled)

November 8th OPEN MIC

November 15th SUPPER CLUB

November 25th QUIZ (foodbank christmas)

DECEMBER 2nd LIGHTS GO ON

December 16th CANAPE PARTY

December 20th SUPPER CLUB

December 25th CHRISTMAS DAY LUNCH

December 26th BOXING DAY QUIZ

December 31st NEW YEARS EVE DANCE

LOTS MORE TO ADD KEEP AN EYE ON OUR WEB SITE

www.redlionstkew.com

WE ARE HIRING PART-TIME KITCHEN STAFF NOW. APPLY IN PERSON



- Kiln Dried & Seasoned Firewood
- Coal & Smokeless Fuel
- Calor Bottled Gas
- Free Delivery
- Free Installation
- No Contracts

Great Regular-Reliable
Service From a Cornish
Family Owned Business.



01208 816827

sales@loganslogs.co.uk
www.loganslogs.co.uk

'PIECES OF EIGHT' POETRY COMPETITION

(Kindly sponsored by Wadebridge Bookshop)

Ever fancied trying your hand at poetry?

We **know** there are other writers out there, so here's **your chance to be published** in the magazine **and win a prize!**

Wadebridge Bookshop are sponsoring us with a **Prize of a £15 book voucher**, redeemable at their bookshop.

Simply follow the rules below and submit your poem to us:
either at stkewmag@gmail.com
or by post to:

'Po8' Poetry Competition,
Old Court
Trellill Road
ST. KEW HIGHWAY
PL30 3DP

Nothing could be simpler.

The Competition will be judged by myself and members of the Wadebridge Bookshop team.

Rules

1. Entries are to be in English: no limit to style or form.
2. Entrants need to be resident within the parish of St.Kew.
3. Each entry should be on **A4 paper** with the **author's name and details attached.**
4. Limit of two poems per entrant.
5. Line limit: 20 lines.
6. **Optional** prompt as a theme: 'Arrivals and Departures'.
7. **Deadline** for entries: **Saturday 15th December 2018.**
8. The judges' decision is final.

The winning entry will be published in the February edition of the magazine.

So get writing – we look forward to reading your poems.

Good luck!

David Penhale

Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their site*).

EDITORIAL

The autumnal equinox has passed and the days will continue to get shorter until the winter solstice in December. The days are drawing in, the children have gone back to school, the visitors are departing and the clocks will change soon, but there is still plenty to be thankful for and plenty to look forward to in the month ahead.

Harvest Festivals remind us of the bounty of nature and this year in particular we have enjoyed the most amazing summer weather. Although some crops have struggled with the heat and the drought, others have been amazingly abundant like our fig tree which has provided fruit for us (and the birds and bees and our dog!) for about 6 weeks now. Not sure I can face another fig for a while though!

As we put away our flip flops and shorts for another year and turn up the heating or light a fire, we should spare a thought for those who are homeless or hungry and for the wonderful work done by so many people to help them out. There are collection points at the back of St Kew Church for St Petroc's Society who help the homeless, and the Wadebridge food bank has a collection box in Tesco's. If you are able, please remember to buy a bit extra to contribute to those in need.

Kev and Laura of Nice Baps are grateful for the support of Cornwall Council and the Parish Councils, and have decided to stay put and not sell out to a major chain – a heart-warming story.

We hope you enjoy the magazine, the autumn colours, the falling leaves, the conkers, the bonfires, and the company of those around you!

Philippa Harkness

The Editorial Team:

Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager & Treasurer
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the November issue is:

Monday 15th October

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Could all contributors please send us your copy or advertisement as soon as possible, ideally **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight! This shows our advertisers that the magazine is *the* place to reach local customers.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied. The magazine does not accept any responsibility for any issues arising from advertisements.

PoE is printed by Parish Magazine Printing, Northmoor, Whitstone, Holsworthy, Devon, EX22 6TD.
www.communitymagazineprinting.co.uk
01288 341617

Cornwall Exterior Cleaning



HOMEOWNERS:-

We are a small company specialising in all aspects of external cleaning both for domestic and commercial properties.

We can provide a wide range of cleaning which include gutters, walls, conservatories, paths and driveways.

We use gutter vacs to clear debris and our high reach poles will easily clean over Conservatories.

Our pressure washing is carried out to keep all hard surfaces both clean and safe.

Softwash cleaning is a highly effective cleaning process and is used to clean render, roofs, pebble dash, concrete and brick.

We use a high grade biocide which has long lasting results without damaging the surfaces. In addition, all our cleaning solutions have a low environmental footprint and are user friendly.

All technicians are fully trained and have public liability insurance

ESTATE AGENTS:-

First impressions can be key to successful selling and to ensure this we offer a full external house package to fit your requirements.

LANDLORDS:-

External maintenance is important to keeping your property in good repair – overflowing gutters, mouldy walls need not be a problem as we can look after your property for you.

If you feel that any of our services could be of interest to you please telephone and we would be happy to discuss your requirements.

Mobile – 07921 957356

Or email:

enquiries@cornwallexteriorcleaning.co.uk

12/18



**CORNISH COOKER
CONVERSIONS LTD**

**GET CONNECTED
... ELECTRICKIT**

CONVERT YOUR AGA (OTHER RANGES TO FOLLOW) TO ELECTRIC WITH ELECTRICKIT & BENEFIT FROM

- **DRASTICALLY REDUCED AGA RUNNING COSTS**
- **WARM IN WINTER, COOL IN SUMMER**
- **INDEPENDENT HOB AND OVEN CONTROL**
- **SPECIFIC OVEN TEMPERATURES TO SUIT YOUR RECIPE**
- **PROFESSIONAL INSTALLATION**

WE CAN ALSO HELP WITH OIL SERVICING & REPAIRS

PLEASE CALL ALAN OR ELIZABETH ON 01208 812272

www.ccconversions.co.uk

12/18

12/18



North Cornwall Pest Solutions

Controlling in your area

- Ants
- Cockroaches
- Fleas
- Flies
- Moths
- Moles
- Rabbits
- Rodents
- Wasp/Hornets

BPCA Level 2 in Pest Management

24hr call out

Fully insured

07770677029

finnmore2000@aol.co.uk

Prompt, Discreet, Friendly Service



BEARDS



&



BABES

HAIR PARLOUR

St Kew Highway

Tel: 01208 841470 or 07581197622

12/18

St Pirans Garden Services

Hedge Cutting/Pruning

Strimming/lawn mowing

All aspects of home and garden maintenance

No Job too big or too small

Fully insured

01208 221397

12/18

Would you prefer to have a FEMALE to do your Painting &

- can also Maintain your Garden & Power Wash your Patios, Decking, Walls, Driveways etc. with a Pressure washer

For free quote 'Phone:

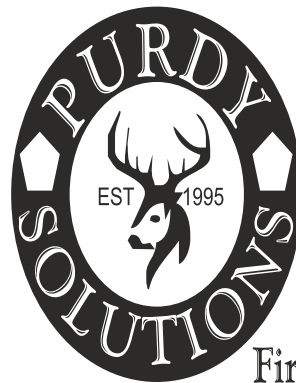
07754 346457



12/18

12/18

Your first step in property preservation and maintenance



Carpentry ◆

Property Care ◆

Kitchens ◆

Bathrooms ◆

Vinyl Flooring ◆

Fire Door Maintenance ◆

T: 01208 841 528

M: 07816 899 649

E: jandbathome@aol.com

Working in association with

SL Electrical

City & Guilds STRIMA CERTIFIED



PASMA

City & Guilds

IPAF

CSCS

CONSTRUCTION SKILLS CERTIFICATION SCHEME

Aunt Avice's Pasty Shop

REAL CORNISH PASTIES HOMEMADE
EVERY DAY (except Sundays)

**FEELING HUNGRY?
JUST CAN'T WAIT?
COME TO AUNT AVICE'S
THEY'RE ALWAYS FRESH BAKED!**

WE ARE AT UNIT 1, ST KEW SERVICES,
ST KEW HIGHWAY. TELEPHONE ORDERS
WELCOME: 01208 841895 OR 841740 (HOME)

THESE ARE "THE REAL THING"

12/18

Garden Services



Clearing
Grass Cutting
Hedge Trimming
Hedge Laying
Tree Work
etc...

**Stephen Lambert
CALL:
01208 850241
07891 828313**

12/18

YOUR AWARD WINNING LOCAL STORE !!!

We use local suppliers where possible eg.

- *Barnecutt's fresh bread, cakes, pasties.
- *Button's meats.
- *Tinten potatoes.
- *St Kew Biscuits.
- *Trewithen Dairy products.
- *Local Preserves & Honey.



St Tudy Community Shop and Post Office

Monday to Friday 8am – 6pm

Saturday 8am – 2pm

Sunday 9am – 12 noon

Deliveries can be arranged

TRY US FIRST !!!

12/18

We stock fresh fruit and veg all delivered daily.
Orders for fresh fish.
Off Licence.

Newspapers & Magazines
Our own "brand" of dry goods as well as well known ones.

We sell eggs, stamps, stationery, sweets, toiletries, coal, frozen food. **And lots more!**

12/18

W J Clancy Oil Fired Boilers and Ranges

www.wjclancy.co.uk

Servicing and Repair of Domestic Oil Fired
Boilers, Agas and Rayburns.

07792 595 719

oilwilliam@yahoo.com



All the news and highlights from the top of the hill! Don't forget, you can keep up with all the school antics in our monthly newsletters, published on our website: www.st-kew.cornwall.sch.uk.

A delightful start to the 2018-2019 term has been enjoyed by all pupils at St Kew. Keep on reading to find out what's been going on!

We're ready for School!!!!

It has been lovely to see so many happy, smiling



faces returning to St Kew at the beginning of the month and to new faces joining us on the start of their school career! Into Reception we welcomed Thomas, Gracie, Katelyn, Joshua, Hollis, Fraser, Eli and Natalia to their first taste of 'big school' and the start of their school career. In other year groups, we are delighted to have Amélie in Year 1, Logan in Year 2, Ella in Year 4, Izzie in Year 5 and Brodie in Year 6.

Fire Doors, System and Emergency Lighting



Over the Summer Holidays, we have been fortunate enough to have had an upgrade to our fire and emergency lighting system throughout the whole

school, including replacement fire doors for all internal doors in the building. The successful CIF funding bid, obtained by our Multi-Academy Trust, The Atlantic Centre of Excellence, means we have had the 'full works' during the summer and the school is looking like a brand new building!

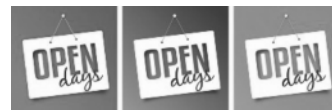
BikeLights 2018

We are so excited to be part of this project this year and are eagerly awaiting our workshops with Reg Payne and Janie MacDonald, this month! The theme for the parade this year is 'FLYING CIRCUS' and the children in Class 3



will be creating innovative design ideas to transform our bike to illustrate this theme! The Year 4, 5 & 6 pupils are delighted to be supported by The Wadebridge Bike Shop, who have helped us with the supply of the bicycle and they are beginning to 'Think BOLD, FUN and QUITE SIMPLE' as instructed by the artists involved! Children will be using basic tools and materials like willow, bamboo, wire, tape, tissue & glue to adorn the bicycle! Come and see us parading on Saturday 13th October 'at twilight' in Wadebridge. We'll see you there ☺

Open Days



If you'd like to come and see for yourselves what makes us ACE at St Kew, please come and

join us on one of our Open Days this term: Friday 28th September and Wednesday 7th November from 9.30am until 12pm. We look forward to showing you all we enjoy at school!

Little Kews

We are looking forward to these sessions beginning again on 5th October from 1.30 – 3pm and we warmly invite you and your toddler to attend. If you know of anyone in the local area with children aged 0 to 4, please invite them along to join us too! Please let the school office know if you would like to join us.



RM

Tea & Toast



For all parents, carers & the community.

Includes a Toddler play Area

8.45-11am
Wednesday Mornings
St Kew Parish Hall

Knitting for others: novices and masters of knitting are invited to join us in making baby beanie hats for premature baby units and squares for blankets to give to those in need.



The Souper Lunch on 21st September raised £80 for CLIC Sargent - Cancer and Leukemia in Children.
PH

Our Feathered Friends

August a time for our garden birds to relax and enjoy the weather? Not so, as eager pale plumaged fledglings demand to be fed food into noisy hungry mouths. A lot of people don't start feeding birds until the autumn through to winter, however parent birds take advantage of gardeners who put out fat balls, different types of seed and mealworms. This helps birds to conserve energy in seeking out extra food for themselves. Please remember to provide clean water too.

Overhead, acrobatic swallows feed up, putting on weight for their September & October journeys back to Africa. Look out for flocks on wires near your home gathering together ready for the off.

The 'Clutts' garden which backs onto fields has been host to a large number of house sparrows. A count of over 45 were feeding on seed put down for a pair of very tame pheasants throughout August. Very encouraging as this is a species in decline.

Bird counts in our garden throughout August & September have included 5 dunnock, 9 blue tit, 7 collared doves with a single greenfinch and smaller numbers of chaffinch, great tit and robin (feeding 2 young), a great spotted woodpecker and flock of 40 goldfinch feeding on seed heads.

It's a good idea to list the maximum number of each species weekly whatever garden you have or even wasteland or parks. By doing so you gather comparison counts that can be useful to the BTO or RSPB. It's fun too. How does your garden compare?

Bell Ringing News



A busy summer for the bellringers ringing for several weddings, and at St James Fete.

Practice nights will begin again on Wednesday evenings 7.30 pm - 9.00 pm this month onwards. We are in desperate need of new recruits. If anyone would be interested to learn to ring the bells then please pop down on a Wednesday evening, message us on our Facebook page or phone Ken Godden on 07968 481520. October also sees the start of 'The East Cornwall Ringing League' competition, starting at Pelynt Tower on the 19th. We will give you results in future editions.

Bellringing is a fun, free activity. You don't have to be musical or religious to join us. This is a dying local tradition which needs new blood. The bellringers give their time to teach people, ring for weddings, funerals and church events. Most of all it's a great social activity, meeting local characters.

Gemma

Autumn migration movement through the Parish is well under way, swifts have long gone but rarer birds on migration can turn up anywhere, indeed even in your garden, such as black redstarts, and small warblers.

Last September we enjoyed seeing a wryneck briefly, with 3 firecrest, and a spotted flycatcher all in one morning - all grounded thanks to the sea mist.

Finally, into October & November our starling flocks will be swelled by thousands arriving from northern Europe for the winter. How many of you have visited the starling murmuration at Roughtor? Thousands of starlings create a swirling mass of patterns in the sky during the winter, or wondered at the huge noisy flock in flight over your garden in the morning and again in the evening? Winter thrushes will also be arriving from northern Europe, both redwings and fieldfares.

Listen out at night when the clocks go back for the 'tsweep' noise of migrating redwings, or the 'chack-chack' call of fieldfares during the day.

Happy Birding!

Clutts – Pendoggett

Tell us about your St Kew Parish birding experiences, especially any unusual species you spot.

Please make sure you regularly clean your bird feeding stations and surrounding areas to stop disease and vermin.

CHILDREN'S CORNER

OCTOBER

From green to yellow,
to gold to brown,
October leaves
are swirling, twisting,
drifting to the ground.

Use Autumn shades to
COLOUR ME IN !!

I won't be green again -
Sniff!

Until next Spring!!



Defibrillator installed in Pendoggett

From an idea by Phil Roose & Rob Kitcher a new Defibrillator has been sited in the entrance to the Cornish Arms, Pendoggett, providing 24-hour access to all.

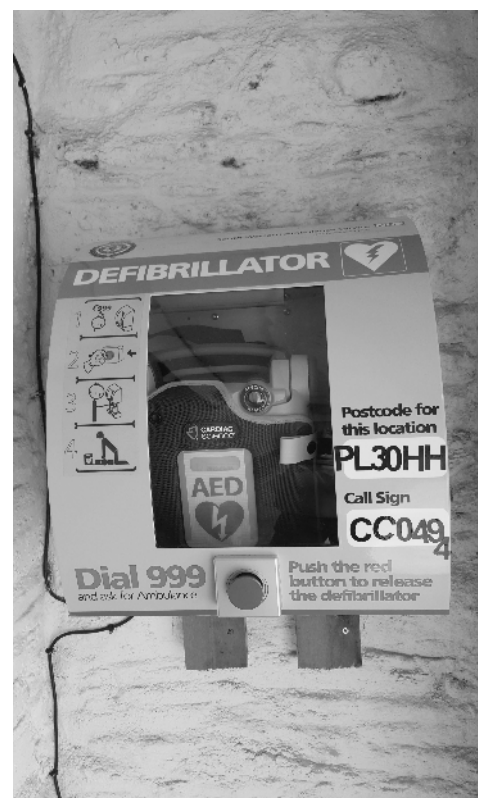
It was paid for by a number of fund-raising events and donations from the people of Pendoggett, and customers and visitors to the Cornish Arms.

The equipment has been purchased from South West Ambulance Service, with the help of electrical services kindly donated by Steve Hewitt & Son.

If you would like to know how to use the equipment a free training session is being held by South West Ambulance at the Cornish Arms on Thursday October 4th at 11:00 am.

All are welcome, after all you never know when you may need to use it.

Geoff



Julie's
MOBILE CATERING VAN



Contact Julie on 01566 781339 or 07572 412421
juliewalters@uwclub.net Join us!  Julies-Catering-Van

12/18

Pulled Pork, Burgers, Bacon, Hot Dogs, Chips, Homemade
Coleslaw, Wraps, Hot & Cold Drinks, Extras: Cheese,
Mushrooms & Eggs
Available for any event

12/18

Geoff, Karen and the team welcome customers old and new to
The Cornish Arms, Pendoggett



A 16th Century Inn

Open all day every day from 11:30 a.m
offering Real Ales, Good Wines, a selection of 75 Gins,
Plus Cornish beers, lagers and ciders.

OUR QUALITY PUB FOOD IS SERVED FROM 12 NOON-2.30 & 5.30-8.30 pm.

**Our "SMALLER APPETITES" menu is available
Monday-Friday lunchtimes with 2 courses for £7.95.
LIVE MUSIC most Friday evenings from 8.45 pm.**

CHARITY QUIZ NIGHT Saturday 27th October

In aid of the Cornish Air Ambulance appeal
Cash prizes to be won

Free Parking • Beer Garden • 7 En-suite rooms • Free Wi-Fi
Well behaved dogs and children are welcome.

Tel: 01208 880335 or email: contact@cornisharmspendoggett.co.uk
Website: www.cornisharmspendoggett.co.uk We are also on facebook.

Thinking of letting
your holiday property?



For more information and free impartial
advice call us on **01208 607700** or
check out our website
www.toadhallcottages.co.uk



Duchy Hypnotherapy

Amanda Godfrey

Clinical Hypnotherapist and
Psychotherapist
Registered member of the AfSFH,
NBMP, CNHC and the Hypnotherapy
Directory

Tel: 07446 870 220

Email: [amanda@duchy-
hypnotherapy.co.uk](mailto:amanda@duchy-hypnotherapy.co.uk)

www.duchy-hypnotherapy.co.uk

Solution Focused Hypnotherapy based
in Wadebridge

Home visits can be arranged
Free Initial Consultation

DJA Education Ltd.

Behavioural Specialist Teacher offering a wide range of
educational and other services for children and adults with:

Specific:

- Autistic Spectrum Conditions (ASC/ASD/PDA).
- Mental Health Conditions.
- Dyslexia/ Dyscalculia.
- ADHD.

Educational:

- Early intervention.
- Catch up sessions ranging from Primary to A Level in all core subjects; especially Maths and Science.
- Levelling and grading.
- Home Tuition and Full Home Schooling.

Needs:

- Advice on services and other help available.
- EHCP advice.
- Career advice, support and planning and social inclusion.
- Help with form filling, letter writing and all other communications.

Qualified for fifteen years and rated Outstanding by
OFSTED May 2018.

Please contact: **07790 245 033** between 4pm and 9pm
Mon - Thurs

Need a plumber or gas engineer?

The Reliable Plumber is a small, fully qualified & fully insured,
local family run plumbing business.

The **RELIABLE** Plumber

Tel: 07534 311 366

contact.reliableplumber@gmail.com

- Bathroom installations including tiling
- Boiler servicing, maintenance and repairs
 - General plumbing and breakdowns
 - Work done correctly and explained
- No call out charge (diagnostic charge may apply)
- Local, friendly, knowledgeable engineer
 - Your house treated with respect
 - All work carries 6 month warranty



12/18

Clearview Solutions

Offering the latest environmentally friendly water fed pole cleaning service for windows and frames conservatories fascias / soffits Guttering Caravans / motorhomes Decking Patios Pathways Algae removal Biocidal treatments etc just call Rob to arrange a visit and no obligation quote

07875639548

St Kew 01208 841653



BREAKFAST. LUNCH. SUNDAY ROAST. CREAM TEAS. HOME MADE CAKES. CELEBRATION CAKES. ICE CREAM. HOME PRODUCED BEEF, LAMB & FREE RANGE EGGS. FRESH FRUIT AND VEG. LOCAL BREAD & CHEESES. GIFTS & CRAFTS.

Shop and Restaurant
Open 9am..7 days a week.

WINTER WARMER LUNCH

** 2 Course lunch plus tea or coffee £10.50 **
Offer available daily 1st - 19th October (excluding Sundays)

Now taking bookings for Christmas functions please ask for further details.

Book now for our **Traditional**

Sunday Roast, choice of meats including home-produced beef followed by a selection of home-made desserts.

Booking essential!

Don't forget we serve Breakfast 9am-11am,
Lunch 12 noon-3pm.

Tea, coffee, homemade cakes, ice creams, cream teas, etc served all day.

Open every day. Pop in, you can be sure of a warm welcome.

TEL: 01208 880164 www.trevathanfarm.com

CHILDRENS PLAY AREA. RIDE-ON TRACTORS AND

12/18

DIGGERS. PETS CORNER...



Find us on the B3314 at St Endellion. Follow us:

12/18

AUTOTEC

ST KEW HIGHWAY

PL30 3ED

MOT CENTRE

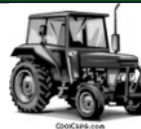
full diagnostics

Servicing & repairs

Tyres

01208 841238

PROPRIETOR - A. EDDY autotec_stkew@aol.co.uk



KEN GODDEN Contractors



Lawn Mowing - Fencing - Rustic Stonework

Tractor and Hedgetrimmer - Landscaping

Pasture Topping - Paddock Maintenance

Hay Making - Slurry Spreading - Bale Wrapping

Square/Round Baling - Rolling

07968 481520 / 01208 850743

12/18

ST KEW GOLF CLUB



- ★ PAY AND PLAY
- ★ Challenging 9hole/18 tee (Par 64)
- ★ Covered driving range
- ★ Pro Shop & Professional Tuition
- ★ Club Hire ★ Coffee Lounge

2½ miles from Wadebridge on main A39 towards Camelford

St Kew Golf Club, St Kew Highway, Bodmin, Cornwall PL30 3EF. Tel/Fax: (01208) 841500

12/18

J.R.CLEAVE

CARPENTRY & JOINERY

Mobile: 07598 699126

THE MAKING OF BESPOKE FINE WOODWORK, HARD WOOD, SOFTWOOD DOORS, WINDOWS, FURNITURE, KITCHENS AND STAIRS

jake.cleave@icloud.com



12/18



12/18
Create your dream...



WADEBRIDGE KITCHENS

KITCHENS BEDROOMS STUDIES

Polmorla Road Wadebridge Cornwall PL27 7NB

Call us on 01208 813231 sales@wadebridgekitchens.co.uk | www.wadebridgekitchens.co.uk

HOP OILS

Heating Oils, Farm Fuels, Tank Supplies



Unit 3, The Glebe
Blisland, Bodmin, Cornwall PL30 4JE
12/18 **01208 851195**

12/18

Your local Electrician.

Ivan Jones Electrical Services Ltd



- Established 1995 -

Domestic - Commercial - Agricultural - Industrial

For all your electrical requirements

01840 213 683 - 07738 824 181
Email: info@ijesltd.com

"A local service to national standards"



The Office. 30 High Street. Delabole. Cornwall.



Colour Scheme Keith Parkyn

Painter & Decorator.
Property Maintenance Interior &
Exterior Work carried out.
Laburnham, Wadebridge Road
St Mabyn, PL30 3BQ



For friendly service & advice call:
Tel: 01208 841828
Mob: 07747 399503
Free Estimates

12/18

S. Goodman Plumbing & Heating

- All Aspects of Plumbing
- Oil Heating
- Biomass Heating
- Wood Burning Stoves
- Geo-Thermal Heating
- Servicing

12/18



- Central Heating & Underfloor Heating
- Solar Heating
- Bathroom Installations & Tiling
- Water Harvesters
- Septic Tanks
- Drainage

Tel: 01840 213196 Mob: 07968 984305
98 HIGH STREET, DELABOLE, PL33 9AQ

Events at St Endellion October 2018

4th - 7th The 6th Cornwall Book Festival

A weekend of talks, readings and workshops from some of the country's leading writers including Anne Enright, Joanna Trollope, Patrick Gale and Nina Stibbe, preceded by two days of events for young readers. Café, bar, bookshop, exhibitions and concerts. Tickets from £6. Book online at www.ncornbookfest.org or phone 07787 944935.

Thursday 4th 7.30pm Uprooted – Liberated Words

Liberated Words screen a series of short poetry films from their Home from Home project exploring the effects of war in the Middle East, the refugee crisis, and interpretations of home, interspersed with poetry readings. £6.

Friday 5th 7.30pm Kit & McConnel

An evening of unbridled cabaret from ferociously witty Kit Hesketh-Harvey (formerly of Kit and the Widow) and pianistic sparring partner James McCo-

nnel. No foible of modern life will go unmocked. **Contains adult material.** £12.

Saturday 6th 7.30pm India Electric Co.

Sometimes folk, sometimes not.... The band use traditional instruments in contemporary styles to explore diverse themes from Eastern Europe, Irish traditions and urban alienation. They wowed audiences at Glastonbury – now it's our turn. £10.

COMING SOON IN NOVEMBER Friday 2nd 7.30pm Baka Beyond – 25th anniversary tour

The Afro-Celtic dance band celebrate 25 years of ground-breaking music. The band uses the rhythms of the Baka people of the Cameroon rain forest to fuse their Celtic and African roots. A highly infectious and joyous celebration. £12. Standing event.

Book tickets online at www.endelienta.org.uk; by email tickets@endelienta.org.uk; by phone 07787 944935; or from the Wadebridge Bookshop. Accompanied under 16s are at most events – please check the website.

St James the Great Church
at St Kew

HARVEST THANKSGIVING

Sunday

September 30th at 6 pm



HARVEST SERVICE
with Ordinand Geraldine Ashton
and Marcus Jones



**HARVEST SUPPER
&
CHARITY AUCTION OF PRODUCE**

Donations of flowers, fruit & vegetables for
decoration and auction would be most welcome!



Could you please bring them
along to the church on the
morning of Saturday 29th
September.

St Kew Historical Society

Forthcoming Event

Something completely different:

“The Wild and Woolly West”

An illustrated talk by Rick Gould using extracts from his ancestor's journal: Driving 2,000 sheep and 400 cattle 2,131 miles across America from the east coast in Massachusetts to the west coast of California in 1853.

Come along, be surprised and entertained.

Thursday 8th November 2018

from 7.30 pm
St Kew Parish Hall

As usual, members entrance is free, visitors and guests £2.50 per person.

Refreshments will be provided, any donations are gratefully received.

John Raybould, Secretary

St. Kew Community Gardens Association

The View from the Allotments

..... and after my dire prognostications, we did actually get a few sustificates!

In the end, I decided to bite the bullet and enter six classes at the show, if only to support local efforts, and we were rewarded with a few of the coveted certificates.

I had a first for my bouquet of herbs (but since it was the only one in the class, I can't really boast about that!!), seconds for our beeyootiful runner beans and deep red apples, a third for our lovely little yellow courgettes and a highly commended for my pen-and-ink sketch of trees at Blisland (though here again, there were only four entries so I came fourth anyway!!)

My only disappointment was with my lovely red onions. Last year I got a first and a second for the onions and this year nuffink! I don't know what went wrong. I still think they looked beautiful but maybe I took too many outer leaves off or something esoteric like that. Never mind – they taste fantastic, so who cares?

What we're looking forward to now are the corn-cobs. The plants have done better than ever before and are simply laden with cobs. About a month ago, when our grand-daughters were with us, the wind was very strong one day and half the stand of corn went over to a seriously dangerous angle. I spent two hours with bamboo canes, propping each plant up individually and it has certainly rewarded me for

the effort. I have opened up a couple of cobs and they look pretty much ready to me so we are going to try some at the weekend.

We are slightly disappointed with our "other" runner beans this year – the ones with white flowers which cover Tony's patent wire edifice. There have been masses of flowers, covered with masses of bees but very few beans. Perhaps we covered the edifice too densely and all the veg. will be found on the inside when we finally take it down! But it's very attractive to look at so again, who cares!!

We have lifted all the onions now and laid them up against the shed. So of course it's raining now, isn't it and I shall have to bring them home to dry out here in the back greenhouse. Not such a prolific crop as last year, but very tasty. Actually I had to throw quite a few away back in April or so, as they had gone soft and nasty. Perhaps with fewer onions, we shan't have any leftovers next Spring.

We had the first parsnips at the weekend and though they look good and went well roasted with a good beef joint, they were a bit lacking in flavour. My father always said they needed the first frost to make them taste good. Not that I'm hoping for cold weather, you understand!

We shall have our AGM in the Red Lion on Thursday 25 October – 7.00 pm. for a 7.30 start, so if anyone is interested to come along and talk to us about taking on a plot, do give me a ring and I can give you details.

Judith Mott, judithmott@btinternet.com
Tel: 01208 841312



ST KEW GARDENING CLUB

Owing to circumstances beyond our control, a report on the show will be included in next month's magazine.

Please call 01208 880007 for more information.



You are invited to: The Alpha Course

A friendly and informal chance to explore the Christian faith, ask questions and share your point of view. Each evening starts with supper, and includes a short film and time for discussion.
All are welcome.

1st October-26th November, 7pm starting with supper
St Kew Parish Hall

Contact: Geraldine Ashton: 07957 609085
email: Gezzalou@aol.com

Nice Baps, national news....

The news that Nice Baps roadside cafe has been rated as the best restaurant in Cornwall on TripAdvisor made national headlines this month, including the BBC news website, Radio 5 Live and several national dailies. Reviewers say they love the warm welcome of the owners as much as the food (although we think the bacon baps are the best anywhere).

The cafe in the lay-by on the A39 near Wadebridge, was voted No. 1 out of 2,215 Cornwall eateries, including Nathan Outlaw's restaurants. On top of that the owners, Kevin and Laura Baker have turned down an offer for their cafe from a large coffee shop chain.

Kevin said: "We're giving customers a little bit of what people need these days: Comfort and a friendly face."

Read the full story on cornwalllive.com.

Good for you Kev & Laura!



Allen Valley Singers

We were driving to our Hall for the first choir practice of the Autumn session. Carol, driving without looking round, said musingly, 'This August has just flown by, where has that time gone?'

Later when our MD mentioned the words 'Christmas music', we did give a minute's shocked silence to the passing of the year so far and knew that we were now embarking on the programmes for the remainder of 2018. However, we are starting well in that our first event has been a welcome christening. We were invited to sing at the baptism of a lovely little girl, named Sophie Margaux Helena, at St. Merryn's church on Sunday 9th September. Alongside her parents, Jenny and George Pask, a full congregation under the splendid guidance of the vicar, Rev. Andrew Turner, enjoyed a beautiful service and I have to say that the little girl was impeccably behaved throughout. All best wishes to you Sophie for your life ahead. Under the direction of our MD, Janette Man, and accompanied by Steve Tyrrell, we sang a Brazilian lullaby, 'TutuMaramba' arranged by James Erb and 'Psalm 23', arranged by Howard Goodall.

Seventy nine years ago in this early part of September, the population were just realising that their country was at war. Children went to school with a gas mask strapped across their shoulders and windows were blacked out. All activities were curtailed drastically, so the teenage years for many young-

sters was lost and never regained. Food began to be severely rationed. It was a different world. One area that thrived was in music.

Music Festivals, concerts, singing competitions all carried on locally and countrywide and gave delight and often real meaning to the whole population. Choirs remained part of life throughout the war years. These days computers, TV, mobile phones, tablets etc., can give so much with little effort and choirs are sadly closing here and there. However, for those of us who are members of a choir and those in our appreciative audiences, singing together regularly and enjoying the benefits of music and especially in the production of delightful sounds ourselves, being members of a choir enhances and enriches our lives as no computer and TV can.

Think about it – there will be a choir near your locality. The Allen Valley Singers welcome newcomers and we invite you to join us any Tuesday to hear our music and have a chat with Jan, our Musical Director. We meet at the St.Kew Highway Community Hall from 7.15-8.45 pm.

Contact Jan also (01208 841784) if you would like to book us for any important occasion in your life, or of course, a concert.

All best wishes to all readers.

Joyce Hargrave-Wright (Dr.), Publicity

Open Studio

Tuesday October 23rd - Tuesday 30th:

Paintings by David Penhale

Open daily from 10.00am.

Old Court, Trelill Road,
St. Kew Highway, PL30 3DP.

All welcome.

Pipistrelles

are
 scything the light into
half-light
crepuscular creatures
nature's late chancers
 slicing the air above our garden
darting between
 twilight's gleam
 then gone –

but no!

all ears and taut wings
they pirouette and flicker
in a black and white movie

Nosferatu!

then vanish again
into the trees

to hang upside down
in our dream

David Penhale



children's hospice
SOUTH WEST
Registered Charity No. 1003314



Would you like a free talk to
hear about the work we do at

Children's Hospice South West

If you are part of a group and would like to hear more about
the vital work we do, we can provide free speakers at a
time suitable for you and can tailor the talk to suit your group.

For more information or to book a talk please email
reception.lh@chsw.org.uk or call 01726 871 800

Puzzle Page

Codeword

	13	26	22	1	25	24		24	7	3	24	2
22		17		22		19		17		15		22
26	17	13	22	6		16	2	13	23	1		7
10		24		14		8		24		1		7
24	25	24	23	24	20	7		2	15	4	22	25
12		9				24		2				24
	3	24	25	8	19		20	4	23	5	3	
7				25		14				24		6
22	12	11	13	25		15	1	26	24	2	18	24
16		8		8		26		3		21		11
7		11	15	16	13	26		22	1	13	26	24
8		7		8		8		2		2		2
16	2	4	5	7		5	22	5	22	4	22	

1	2	3	4	5	6	7	8	9	10	11	12	13
B		H										
14	15	16	17	18	19	20	21	22	23	24	25	26
		C										

A
B
C
D
E
F
G
H
I
J
K
L
M
N
O
P
Q
R
S
T
U
V
W
X
Y
Z

S	8		6									
U				7	8		5			1		
D		7			2							
O	2											9
K		6	9									
U				4	9		8				3	
		1	8							3	7	
	9	3		8						1		
	5		4			7	3					

nonogram

A	R	T
A	U	N
G	E	E

How many words of 4 letters or more can you find? You must use the centre letter in each word.

No plurals or proper nouns are allowed. There are 32 listed in the solution which includes **1 nine letter** word to find.

Events outside our Parish

Regular events at St Endellion

Endelienta Poetry Group, Book Club and Family Make Club. Please visit the website, or phone or email for details. For September's events at St Endellion please see separate advertisement.

September

28th Macmillan Big Coffee Morning, Trevathan Farm Shop, 10.00am - 12.00.

October

6th-7th British National Surf Championships, Fistril Beach, Newquay.

12th Gilbert and Sullivan evening, with the Wandering Minstrels at Pencarrow House.

17th Beach clean, Polzeath, 9.30am.

21st 'The History of St Tudy', Exhibition and guided walk, St Tudy Village Hall, 12 noon - 4.00pm. Contact Pam on 01208 850450 for more details.

More information about these events can be found on the following websites:

endelienta.org.uk
pencarrow.co.uk
polzeathmarineconservation.com
trevathanfarm.com

Please email details of any events you know about in the local area to the usual address: st.kewmag@gmail.com



J.T.Martin Plumbing and Heating

Qualified for the installation, servicing
& maintenance of

OIL FIRED HEATING SYSTEMS AND
APPLIANCES

Unvented Hot Water System Installations and
Upgrades

OIL BOILER BREAKDOWNS AND REPAIRS

Tel: Mobile: 07812 127257

12/18

Ron Bendell Driving School

Changing the world of driving,
one lesson at a time.....



Ron Bendell
ADI

Mobile: 07539933615
Office: 01208 880691
Email: ron@rbsom.co.uk

www.ronbendelldrivingschool.co.uk

R Mears & Sons Chimney Sweeps

Established over 30 years



Thorough vacuum &
brush cleaning.

Full CCTV investigations.

Chimney linings, pots,
cowlings & bird
protection fitted.

Solid fuel appliances,
Rayburns, woodburners
and stoves installed and
serviced

Tel: 01840 261221

Mob: 07737 533392

www.sweepcornwall.co.uk

12/18



Cole Rayment & White

WADEBRIDGE • ROCK
CAMELFORD
PADSTOW

Contact us for a Free Valuation

01208 813595

www.crw.co.uk

12/18

— THE — ESTAS

ESTATE AGENT
AWARDS 2018

GOLD WINNER

BEST LOCAL AGENCY GROUP
SOUTH WEST

Andreas Construction Ltd

Building & Roofing

Landscaping / Patios	Roof Repairs
Property Maintenance	Re-Roofs
Extensions	Flat Roofing
Kitchens & Bathrooms	Delabole Slating
Conservatories	Slate Hanging
Loft Conversions	Lead Work
Barn Conversions	
Bespoke New Builds	Digger & Dumper Hire

All work is always to the highest of standards.
Any job undertaken.
Please call for a free quote.

07967 816968 01208 851387

andreas-construction.com

Andreas_construction@icloud.com


Find us on 

CORNISH ROCK GIN



DISTILLED & CRAFTED IN NORTH CORNWALL

Made with unique botanicals and
Cornish spring water

 **WWW.ROCKGIN.ROCKS**

PENVOSE COTTAGE . ST STUDY . BODMIN
CORNWALL . PL30 3NP Call: 01208 851718

MIKE'S RECIPE OF THE MONTH

Provençal-style chicken

A delicious quick and easy supper dish, perfect for an early Autumn evening. *Serves 4.*

Ingredients

- 4 large or 8 small chicken thighs (bone in, skin on).
- 1 large onion, cut lengthways into 8 segments.
- 4 medium tomatoes, quartered.
- 2 garlic cloves, finely sliced.
- 1 medium-sized courgette, cut in half lengthways and then into 2 cm chunks.
- 1 red pepper, sliced lengthways into 8 segments.
- A good handful of pitted green olives.
- 200ml dry white wine (or chicken stock if preferred).
- 2 10cm sprigs of rosemary.
- 1 tsp herbes de Provence or dried mixed herbs.
- Sea salt & black pepper.
- 30g butter, plus a little more for greasing.
- 1 tbsp olive oil.
- Small handful of parsley, roughly chopped.

Method

- Pre-heat the oven to 180 °c, and butter a large rectangular oven-proof dish - large enough hold the chicken thighs and vegetables in one layer.

- Brown the chicken thighs all over in batches in a frying pan with the olive oil, and transfer to the oven dish skin side up, pouring any pan juices over the top.
- Tuck all the vegetables around and in between the chicken thighs, along with the olives, garlic and rosemary sprigs.
- Sprinkle over the dried herbs and season well.
- Pour over the wine (or stock if using).
- Bake uncovered in the oven for around 30-40 minutes, or until the chicken is thoroughly cooked through and the juices run clear.
- Remove the chicken pieces to a warmed plate, and carefully transfer the vegetables to a warmed dish with a slotted spoon, discarding the rosemary. Strain the cooking juices into a saucepan and boil rapidly to reduce by about half. Stir in the butter and adjust the seasoning if needed.
- Return the vegetables to the cooking dish, place the chicken thighs on top, pour over the thickened sauce and sprinkle with the parsley.

Serve with steamed green beans, and some crusty bread or creamy mashed potato to mop up the juices.

Gill is on holiday.

Group Travel

Enterprise Park, Midway Road, Bodmin
Cornwall PL31 2FQ. Tel: 01208 77989



BODMIN M.O.T. CENTRE at Group Travel

Class 4, 5 and 7. Trade enquiries available upon request. Tel: 01208 77989

2018 COACH EXCURSIONS

3rd NOV - BRIDGWATER CARNIVAL

17th NOV - FESTIVAL OF LIGHT @ LONGLEAT

23rd - 26th NOV - TURKEY & TINSEL @ BOURNEMOUTH

24th NOV - CLARKS SHOPPING VILLAGE, STREET

8th DEC - BATH CHRISTMAS MARKET

16th DEC - MOUSEHOLE & ANGARRACK LIGHTS
2019

26th APR - 1st MAY - ISLE OF MAN SPRING TOUR

16 TO 70 SEAT COACHES AVAILABLE FOR PRIVATE HIRE. CORPORATE/ VIP, EVENTS & CONFERENCES, WEDDINGS (CAN INCLUDE STAG & HEN PARTY PACKAGE), HOLIDAY TRANSFERS, FUNERALS, DAYS OUT, GROUP TOURS, GOLFING HOLIDAYS & SPORTING EVENTS.

FOR BOOKINGS AND A BROCHURE PLEASE CALL

01208 77989 / 01208 72669

Website: grouptravelcoachhire.com Email: grouptravelcornwall@btconnect.com

Based in
Wadebridge

Cornish Roofing Company Ltd
Covering Cornwall



ALL ROOF WORK UNDERTAKEN

Flat Roofing • Solar • Tiling • Heritage • Leadwork • Repairs
Rag, Reclaimed and Natural Slating

Wadebridge, Cornwall **Tel: 01208 816991**
info@cornishroofing.co.uk www.cornishroofing.co.uk



Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



Martin Brooks - 07812 959 879
martin@northcornwallpilates.co.uk
www.northcornwallpilates.co.uk

12/18

Western Supply



Timber & Builders Merchants Paint & Decorating Supplies

Atlantic Road
Delabole

Tel: 01840 212580

www.westernsupply.co.uk

(open 7 days a week, Sat & Sun mornings only)



12/18

ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

From the Parish Magazine

October

'War Notes'

Palestine. – The wonderful good news from the several seats of war has taken precedence over everything. The dramatic events in Palestine and Macedonia have completely changed the complexion of the war in these districts. The Turks have been broken up, and over 60,000 prisoners taken, with hundreds of guns. Palestine is delivered from the Turks, and is now under Christian rule.

Bulgaria. – The Franco-Serbian have gained a notable success. They have broken the resistance of the Bulgarians, having cut off their line of retreat, and have taken thousands of prisoners, and advanced on a wide front into the enemy's country. All the allied contingents seem to have fought superbly; but the Serbians, nerved by patriotism and righteous anger at their oppressors, have shown a superhuman courage.

On the Western Front. – There has been heavy fighting all along the Hindenburg Line. The British and French troops have occupied one after another of the Hindenburg defences, which the Germans considered impregnable. Soon we hope to hear of the whole of this line to have been broken. How long after the Germans may hold out is not of course known; but already the war tone of the Germans is changing – dramatic events are happening there, and it is quite possible a 'real' peace offer may come from Germany before Christmas.

The Coming Pinch. – With the approach of the Fifth War Winter we may have to suffer some of the privations already experienced by all the continental belligerents. We shall have less meat, and must pay more. But the great shortage will be in fuel and the products of fuel, light. Our coal supplies are almost unable to bear the strain placed upon them. This is due to the needs of our allies, and the shorthandedness of our mines. We shall have to economise every minute of light and every pound of coal. This shortage of coal and paraffin may need the altering of the hour of evening service. It has been suggested that evensong be held in the afternoon instead of the evening. However, this will not be done without first consulting the question at a public meeting.

British Red Cross Society and Order of St. John.
Mrs Braddon,
Skisdon, Wadebridge, Cornwall. 11th September, 1918.

Dear Madam, - The Air Board has decided not to open the hospital under Lady Rachel Byng, for which you so kindly sent up 2 pillow and 4 slips received to-day, so I have taken the liberty of presenting the lot to the British Red Cross Society who are very grateful indeed.

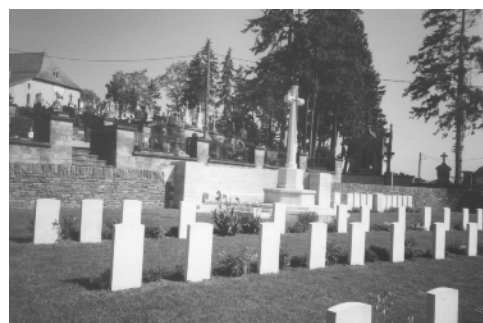
Owing to various causes, the Red Cross are in great need of everything; and I hope you will urge your workers to do all they can towards making pyjamas and operation socks.

Thanking you for all you have done,
I am, sincerely,
MARY MORSE, J.P. M.A., Hon. Sec.

N.B. – Mrs Braddon wishes to thank those who kindly gave their time and work both at home and in the Institute, and also those who kindly lent their sewing machines. Mrs Braddon will be pleased to give out further work.

During October 1918, two soldiers with St Kew connections lost their lives. They are remembered on the St Kew War Memorial.

Francis Lewis Lyle died on 16 October 1918 as a result of wounds as a prisoner-of-war. He was a Private in the 7th Battalion of The Duke of Cornwall's Light Infantry (DCLI). 7 DCLI were involved in the Acheville and Fresnoy areas in France during the period September-October 1918 when many soldiers were taken prisoner. Francis Lewis Lyle was born at Week St Mary in 1896; his parents Lewis and Rhoda (formerly Littlejohns) lived at St Teath and later at Trebarn, St Kew. Before enlisting, Francis worked at Bokelly as a farmhand. His father Lewis died at Tregildrens, St Kew in 1941, and Francis's brother died in 1945; both are buried at Trelill Cemetery. Francis Lewis Lyle is buried in Grave 10 at the Sarralbe Military Cemetery, close to the German border.



Reginald Thomas Carhart, a Private of 2/4 Battalion DCLI (Territorial Force) died on 29 October 1918 from non-battle illness and is buried at the Delhi War Cemetery. He was born in 1898 at Egloshayle to cattleman Marcina Carhart and St Kew-born Mary. He had an older sister Florrie and younger brothers



Harold Edward and Frederick Charles, both born at St Kew. The role of his unit was to reinforce 1/4 DCLI also in India who provided troops for France (via the UK), and to carry out duties in India

garrisons so Indian troops could be deployed to France. The unit Roll of Honour includes 54 soldiers all of whom succumbed to disease whilst in India.

Home Front

The peak mortality of the pandemic Spanish Flu in the UK was reached on 28th October.

William Garland

BATTLE'S OVER – A NATION'S TRIBUTE

Readers are probably aware that on 11th November 2018 it is the anniversary of the cessation of World War 1 and that the UK and Commonwealth nations are going to pay tribute to those who lost their lives in this war.

An organisation called BATTLE'S OVER is organising various events in which the nation and Commonwealth countries are encouraged to join in. Their website, Battle's Over – A Nation's Tribute, is well worth a look.

The list of events on the day includes the following, which also shows what the Parish Church is planning.

6.00 am - Battle's O'er - Playing the bagpipes

Marcus Jones has agreed to play at the War Memorial and at an evening service to be held in St James the Great Church 6.45 – 7.15 pm.

Many of you attended the evening service held on 4th August 2014, when the "lights went out over Europe" and we were then at war with Germany and the First World War started.

7.00 pm - The Last Post

We don't have a bugler yet; however, a CD is available for our evening service.

7.00 pm - Beacon of Light

Beacons will be lighted throughout the countries.

7.05 pm - Ringing Out for Peace

Our church Bell Ringers have agreed to ring at this time.

7.05 pm - A Cry for Peace

In Cornwall only the Bodmin and Newquay Town Criers are registered.

There will be the usual Remembrance Service at St James in the morning at 10.30am. The evening service will start at 6.45pm so as to include the Last Post, Bell Ringing, and Bagpipes.

It is hoped that as many people as possible will join in the Battle's Over events to mark the conclusion of the first World War and pay tribute to those who played their part.

William Garland

St Kew Historical Society

All talks and meetings take place at St Kew Parish Hall on the 2nd Thursday in the month from 7.30 pm.

Our next talk:

Thursday October 11th

A very special visitor - Mr Paul Holden, House and Collections Manager, Lanhydrock House National Trust property.

Paul is an excellent, knowledgeable speaker, and a wonderfully colourful raconteur.

He will present an illustrated lecture entitled 'Researching the Cornish Country House and Other Stories . . . '

This promises to be a most entertaining evening, not to be missed.

John Raybould - Secretary



ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

Preachers for October

- 7th Rev Alistair Sharp
- 14th Gordon Rowe
- 21st Rev Sally Long, Communion
- 28th Rev Michael White

Catholic Church Services

Wadebridge

St Michael's Church
Tel:01208 72833
Mass Sundays 8.30am
Confessions
Friday 10.30-11.00am

Tintagel

St Paul The Apostle
Tel:01840 770663
Mass Mon-Thur 10am
Fri & Sat 6pm
Sunday 10.00am
Confessions:
Before/after Mass.

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

St James the Great at St Kew



Calendar for September

- Sun 30th *St Michael & All Angels, being celebrated a day later. 9.30am, Holy Communion with Canon Judith Pollinger.*

Calendar for October

- Sun 7th *Trinity 19. 9.30am, Holy Communion with Rev Dr Elizabeth Wild.*
- Sun 14th *Trinity 20. 9.30am, All Age Service with Rob Soley.*
- Sun 21th *Trinity 21. 9.30am, Holy Communion with Rev Dr Elizabeth Wild.*
- Sun 28th *Bible Sunday. 9.30am, All Age Service with Ord. Geraldine Ashton.*

Calendar for November

- Sun 4th *All Saints. 9.30am, Holy Communion with Rev Dr Elizabeth Wild and Rev Prof Paul Fiddes.*
- Sun 11th *Remembrance Sunday. 10.30am with Marcus Jones in the church, and at the War Memorial. 6.45-7.15 Battle Over Service with William Garland - see previous page for details.*

The National Health Service is 70 years old this year.

I was born as the NHS was being debated and about to come into being, and worked in it for 37 years.

Whilst it is far from perfect for many reasons, we should not forget what was happening before it came about. My predecessor in general practice saw the changes first hand. He had 3 types of patients in the practice all treated in a different way! The private patients had priority both in time given to them and in appointments. Then there were the 'panel' patients - from back in the days of Lloyd George certain companies' workers and families were able to access a doctor paid for by the employers. He was the Post Office doctor and saw many postmen bitten by dogs amongst all the usual illnesses. Then there were those who could not pay.... Most family doctors (like solicitors of old) worked 'pro bono' offering free time to those less well-off in their community. Pre-1934 they looked after those in the workhouse as well.

1948 changed all that. All were to be treated equally and free at the point of access. There were no new hospitals, no extra doctors or nurses, just a radical change of organisation. It came about after many

years of discussion and we should thank Beveridge and the like for their passion for looking after the needs of all, not just a privileged few.

The NHS appeared at a time when Britain saw health care as crucial to one of the "five giants" that Beveridge declared should be slain during post-war reconstruction - want, disease, squalor, ignorance, idleness. The cataclysm of war provided an opportunity that might not have been taken in quieter times. It was just one of five post war problems that the NHS addressed, 70 years on we could question how we are dealing with the other 4. They are not new problems. The bible has almost 3,000 verses dealing with poverty and injustice and how they should be overcome, of God's heart for the poor and oppressed, about want and squalor, for healing. It is there in nearly every page. You can even buy a bible (The Poverty and Justice Bible) with them all highlighted in modern English.

So, 70 years of the NHS - rejoice and celebrate. Not perfect but way better than what was happening before. But it is only a start, Beveridge had ideas on the other 4 giants as well. God and the bible have a few ideas too!

David Elliot



Bodmin, Camelford and Wadebridge Foodbank
 Wadebridge Foodbank, Unit 2 Trevanson Street,
 Wadebridge PL27 7AR Tel. 01208 815374
 Registered Charity No. 1166301
 Email: contact@wadebridgefoodbank.org
 Website: www.wadebridgefoodbank.org

Hard at work in the Foodbank



Here is one of the NCS Teams working with our volunteers Hilary and Bob to create a food box for someone in crisis. We were fortunate to have the help of two NCS teams and, as well as supporting us in the Foodbank, they

promote the work we do in the community and donated a fantastic 425kg of food and money raised from local events.

Huge thanks to the **Rotary Club of Wadebridge** who kindly gave us a donation of proceeds from the Wadebridge Wheels event. It is thanks to your donations that we are able to continue helping local people.

Kind donations from the community

We have received a generous number of Harvest Festival donations from local schools and churches which have helped to replenish our stocks. Huge thanks to Springfield Fun Park who also gave a food donation.

Bob Knight from St Kew Biscuits has recently retired and gave us a donation from his stock. We wish him and his wife a happy retirement.

If you would like to donate to our Foodbank, we are currently in need of jam, tinned meat and fish, tinned tomatoes and tinned potatoes.



In September we had the Real Food Project from Liskeard visit us. They are given all the waste food (mainly fruit and vegetables) from Morrisons in Liskeard and either make it into usable food or sell it for donations. Mostly it is given away to various places... or where it is needed.

They are a catering company, and although they do weddings etc. for profit, the majority of their catering is for donation but only if you feel able. Over the summer they have been feeding over 200 children

during the holidays with meals for free! On TV we see that huge amounts of food are going to waste, this is staggering and so the project is a brilliant idea. There are other similar schemes across the County.

Next month our speaker is Victoria Cornish, the writer who is going to share how to write a novel! Any budding novelists should come to hear her expert advice! Come along to the St Kew Highway Community Hall, on Wednesday 10th October at 7pm.

We look forward to seeing any visitors.

Alison

Mobile Post Office

The mobile Post Office calling points each week are as follows:

Monday	
St Merryn	08.45-10.00
Rock	11.00-12.30
St Kew Highway (Community Hall)	13.30-15.00
Tuesday	
Tingael	09.30-11.30
South Petherwin	12.45-13.45
Wednesday	
Tingael	09.30-11.30

Port Isaac	12.30-13.30
St Issey	14.00-15.00

Thursday	
St Merryn	08.45-10.00
Rock	11.00-12.30
St Kew Highway (Community Hall)	13.30-15.00

Friday	
Tingael	09.30-11.30
South Petherwin	12.45-13.45

Events Diary - October

- 3rd 'Tea and Toast', Parish Hall, 8.45 - 11.00am.
Bellringing practice, 7.30-9.00pm.
- 4th Chair Aerobics, Community Hall, 2.00pm.
- 10th 'Tea and Toast', Parish Hall, 8.45 - 11.00am.
WI, Community Hall, 7.00pm.
Bellringing practice, 7.30-9.00pm.
- 11th Chair Aerobics, Community Hall, 2.00pm.
History Society, Parish Hall, 7.30pm.
- 15th **** COPY DATE ******
- 17th 'Tea and Toast', Parish Hall, 8.45 - 11.00am.
Bellringing practice, 7.30-9.00pm
- 18th Chair Aerobics, Community Hall, 2.00pm.
- 19th Souper Lunch, Community Hall, 12.30pm.
- 24th 'Tea and Toast', Parish Hall, 8.45 - 11.00am.
Bellringing practice, 7.30-9.00pm.
- 25th Chair Aerobics, Community Hall, 2.00pm.

News from St Kew Parish Hall

Thanks to everyone who supported our quiz on the 29th September. Our next fundraiser is our Christmas draw, held on 7th December and raffle tickets are now on sale.

Kathy

To book the hall, please contact Joanna Pratt on 01208 841420.

The Regal in Wadebridge

Tel: 01208 812791



October

- 5th A Star is Born
Venom
Johnny English Strikes Again
- 12th First Man
Smallfoot
- 19th Goosebumps: Haunted Halloween
Halloween
- 26th Bohemian Rhapsody

Live Screenings: book online or contact the Cinema:

- 4th 'The Winter's Tale', from Shakespeare's Globe, 7.15pm
- 9th 'The Importance of Being Ernest' Oscar Wild Season. Live, 7.15pm
- 15th 'Mayerling', Royal Ballet. Live, 7.15pm
- 24th 'Funny Girl - the Musical' (with Sheridan Smith), 7.15pm
- 28th 'Die Walkure' (Wagner), ROH, live, 5.00pm

Please ring or check our website for more details
www.wtwcinemas.co.uk

Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 8th & 22nd October

ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

(Registered Charity No 294140)

- | | | | |
|---------------|---|-----------------|--------------------------|
| Sun: | Methodist Church Service | Marion Dingle | 01208 841388 |
| Mon: | Yoga 10.30am | Fiona Crompton | 01208 851735 |
| | Pilates 2.30pm - 5.15pm | Martin Brooks | 07812 959 879 |
| Tues: | Allen Valley Singers 7.15pm - 9pm | Janette Man | 01208 841784 |
| | Pilates 1.15pm-2.30pm | Martin Brooks | 07812 959 879 |
| Wed: | 1st, 3rd and 5th in month - | | |
| | West Country Embroiderers 10am - 3pm | Pat Scarborough | 01841 521323 |
| | 1st in month - St Kew Playing Field Trust | | 7.00pm |
| | 2nd in month - St Kew WI | 7pm | Becky Allen 01208 841798 |
| | 3rd in month- Gardening Club | 7.30pm | Richard Godden |
| Thurs: | Chair Aerobics | 2pm | Pat 01208 841260 |

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

Souper Lunch

Our next Souper Lunch will take place on Friday 19th October at 12.30 in the St Kew Highway Community Hall.

You are all most welcome. Bring a friend! We enjoy a bowl of homemade soup, have a nice chat and raise some money for a good cause.



SAVE THE DATE

Christmas Lunch will be on
Friday 7th December.

Because accidents happen



If you have had an accident you may be entitled to compensation. We deal with most cases on a "No win No Fee basis." We are here to help, talk to Sproull.

SPROULL

SOLICITORS

01208 72328

www.sproulllp.co.uk

Disputes | Family | Property | Wills

Parish Council News

Chairman: Cllr J Lethbridge

Clerk: Cindy Powell,

Rockhurst, Trethburgy, St Austell, PL26 8YF

Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.00pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

The Meeting of St Kew Parish Council was held at St Kew Parish Hall on Tuesday the 11th September at 7.00pm.

Present: Chairman J. Lethbridge, Cllrs T. Mott, P. Bishop and four members of the public. Apologies were received from Cllrs J. Rickard, A. Godden, R. Godden, B. Finnemore and County Councillor S. Knightley.

Mr Chapman spoke to the Parish Council about his outline plans for a possible small housing development in Pendoggett, incorporating affordable housing. He has already had preparatory discussions with Cornwall Council planning officers and wished to brief the Parish Council on his intentions.

Following recently completed resurfacing work on the road near St Kew School, it was agreed to write a letter of thanks as these were rarely received by Cormac, the contractor involved.

The Community Infrastructure Levy (CIL) and how it should be spent was discussed following a request from Cornwall Association of Local Councils. It was agreed that there could be a division of these monies between all parishes and towns in Cornwall on a per capita basis, to be spent on capital projects for their communities.

Some slate kerb stones at Chapel Amble have been damaged as the result of cars parking too close to the junction and impeding traffic flow and agricultural vehicle access. It was agreed to discuss this in more detail at a later Parish Council meeting, possibly together with a site visit in order to investigate possible solutions to the problem.

Planning Applications

PA18/07990 – Mr Shane Julian, Upyours, Trelill Road Trelill. Proposed side extension.

Recommend approval.

Planning Decisions

PA18/06088 – Mr Paul Frost, Rumbletums Fish and Chip Shop, Trelill Road, St Kew Highway. Demolition of existing fish and chip shop, construction of detached dwelling.

Withdrawn.

PA18/06497 - Mr A Hawkey, land at Penpont Farm, Chapel Amble. New livestock housing immediately to north west of the implement shed.

Approved.

PA18/06649 – Mr A Hawkey, land east of the Olde House, Chapel Amble. New livestock housing immediately to east of existing lambing shed.

Approved.

PA18/05516 - Mr Mably, Carclaze Farm, Chapel Amble. To cover over a 90' x 60' silage clamp with a steel framed building which will replace the current rotted out sterling board and replace with dung boarding to 2.2m high with Yorkshire board cladding above.

Approved.

TM



A small shoebox can have a big impact.....

We know it's a bit early but we're already thinking about Christmas and how we can help others. This year we are involved in the Shoebox Appeal with Teams4U.

If you would like to donate a gift-filled shoebox along with a £2.50 donation to send it on its way please give us a call on 01208 815374 or pop in to Wade-

ridge Foodbank during our opening hours (Mon-Thurs 10am-1.00pm).

The shoeboxes make a huge difference to people at Christmas and this year they are going to deprived children, and vulnerable adults and families in Romania, Belarus, Bosnia, and the Ukraine.

MoneyBox Course

The course is available to anyone aged 16+ who is a tenant and unemployed. It will help with budgeting, building confidence and managing finances.

If you would like more details please give us a call on 01208 815374, or email contact@wadebridgefoodbank.org



Pengenna
Manor

Exclusively yours

Trelill
01208 612221
www.pengenna.co.uk



St Kew Inn

*A beautiful 15th century Inn, bursting with character.
We serve delicious home made food using the best local produce
You will always find a friendly welcome in this traditional local "pub"*

St Kew Inn, Church Town, St Kew, Wadebridge. Tel: 01208 841259
email: stkewinn@btconnect.com

A new local business - Cornish Rock Gin



Cornish Rock Gin is the latest in the boom of new small-scale gin distillers popping up across the UK.

Husband and wife George and Angie moved into their new home (nestled in woodlands just outside our parish) just over a year ago. While the house was being renovated they spent a lot of time walking Blue, their white Alsatian, at Rock. On the beach they met Mark and Carole from nearby St Tudy. They became friends and over drinks in the local pub the idea for making gin started.

“We have our own borehole water source in the property, which we had to open up to supply the house, so we thought we could use this to make our favourite drink” explains Angie. “It was loose talk to make gin at home” says Mark and George. “It was a bit of fun, just for ourselves to drink on a summer’s day in the garden.”

Using their own spring water to make gin changed from idea to reality when Angie started looking into what was involved in making gin, sparking a new passion. “I didn’t really know much about making gin, but I liked drinking good quality gin!” says Angie, so she began training at gin schools, including the Ginstute in London. The first 50-odd sample batches were taste-tested by friends, family, gin experts and, of course, themselves. Only once the recipe had been perfected did they start to produce Rock Gin, bottling in small batches and individually numbering each bottle.

Their enthusiasm soon took on a new dimension with a decision to up-scale. “Making it becomes a bit more technical, buying the alcohol and doing everything wasn’t simple, but we thought we would make 500 bottles and see what happened! At worst, we would drink it ourselves over a long time.” laughs Angie.

What helped them go from home-made for fun to a new business start-up was a visit from Mark Harris from The Growth Hub. Mark saw they had the right attitude and the right formula and encouraged the three friends to look at their cottage industry as a business



‘Bonanza Boy’ in action

“Mark coming to see us really set us going and encouraged us do it more professionally. He introduced us to Paul from South West Manufacturing Advisory Service and that’s when we considered buying our own kit. After the visit, we decided to buy the machinery, set it up and build a distillery here at the house” explains George. They made a grant application and were successful, receiving 50% funding from SWMAS to develop the business. As a result they now have their own still (named ‘Bonanza Boy’ after George and Angie’s favourite race horse - every still has to have a unique name) installed in an outbuilding.

George, Angie and Mark are proud of the fact that their gin is a bit different to the mass market brands. Most are distilled and bottled in 24 hours while Cornish Rock is matured for 30 days before bottling, creating a smooth, fresh taste. According to George its character is best appreciated in a large stemmed gin glass with plenty of ice, a quality tonic and garnished with a twist of orange or grapefruit peel.

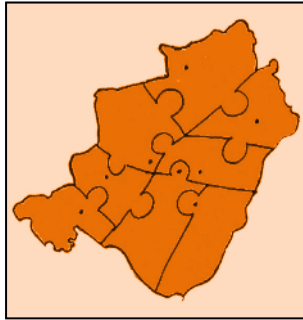
Production is already up to 500 bottles a week, sold through a large number of shops, pubs and restaurants in North and South Cornwall. The business doesn’t stand still however - they have already perfected a new pink gin which has just been released.

This business has a real family feel, with their passion for drinking gin in the summer sun coming through in every glass.

Locally, Rock Gin is now sold at The Red Lion, St Kew Highway; St Kew Inn, St Kew; The Cornish Arms Pendoggett; Wadebridge Wines and The Little Gin Shack in Wadebridge.

Pieces of Eight

November



Nov 2018, Issue 244

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern

Email: stkewmag@gmail.com

Harvest Festival at St Kew



The Harvest Festival raised £194. Two more pictures on the back page.

The Red Lion Inn

Christmas Day

Lunch

The Christmas Lights Switch On

Sunday the 2nd December starts at 4:00pm

New Years Eve

Dinner Dance

Your free guide to news and events within and around St Kew Parish

*It's Looking a
Lot Like
Christmas*



*NEW
YEARS
EVE
DANCE*

Red Lion Inn



*We all look forward to the
Festive Season especially us here
at the Red Lion, it's our favourite
time of the YEAR*

So come along and enjoy the season with us here at the Red Lion. We cater for your Christmas Party lunch or dinner and Christmas Day lunch. But the special night

for the kids as well as the adults this year is Sunday the 2nd of December when we turn our CHRISTMAS LIGHTS ON it all starts at 4:00pm when the pub is filled with the sounds of Christmas carols, Santa arrives at 5:00pm our Christmas story follows. With the lights (and snow) being magically switched on by local children around 6:00pm. Pop into the pub and pick up our Christmas Booklet it gives you all our menu choices and diary dates you' ll need this Festive Season, or visit www.redlionstkew.com





- ✓ LPG Bottled Gas
- ✓ Patio - BBQ & Camping Gas
- ✓ Kiln Dried Logs
- ✓ Coal & Smokeless Fuel
- ✓ Eco Heatlogs
- ✓ No Contracts
- ✓ FREE DELIVERY



01208 816827

orders@loganslogs.com
www.loganslogs.com

There's still time to enter the 'Pieces of Eight' Poetry Competition!

(Kindly sponsored by Wadebridge Bookshop)

Ever fancied trying your hand at poetry?

We **know** there are other writers out there, so here's **your chance to be published** in the magazine **and win a prize!**

Wadebridge Bookshop are sponsoring us with a **Prize of a £15 book voucher**, redeemable at their bookshop.

Simply follow the rules below and submit your poem to us:
either at stkewmag@gmail.com
or by post to:

'Po8' Poetry Competition,
Old Court
Trell Road
ST. KEW HIGHWAY
PL30 3DP

Nothing could be simpler.
The Competition will be judged by myself and members of the Wadebridge Bookshop team.

Rules

1. Entries are to be in English: no limit to style or form.
2. Entrants need to be resident within the parish of St.Kew.
3. Each entry should be on **A4 paper** with the **author's name and details attached**.
4. Limit of two poems per entrant.
5. Line limit: 20 lines.
6. **Optional** prompt as a theme: 'Arrivals and Departures'.
7. **Deadline** for entries: **Saturday 15th December 2018**.
8. The judges' decision is final.

The winning entry will be published in the February edition of the magazine.

So get writing – we look forward to reading your poems.

Good luck!

David Penhale

Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their site*).

EDITORIAL

11.00 am 11th November 2018

The centenary of the Armistice that finally brought an end to the fighting of the First World War.

For all of us who have only ever known 'peace' (a relative term of course) it is hard to imagine how the human race could wage war on such an industrial scale that it resulted in the deaths of anywhere between 15 and 19 million people, with countless millions more injured. The prevailing mood in November 1918 was 'never again' but, as we know, human conflict has continued to be a feature of life ever since with large- and small-scale wars around the globe right up to the present day. It seems we never learn the lessons of history and continue to allow political, religious and ethnic tensions to escalate out of control. Unfortunately, with modern high-tech. warfare, most of the victims are not military personnel. They are innocent, ordinary people living innocent, ordinary lives.

Although 11th November is a significant anniversary, it is also a day when we should remember everyone affected by conflict, and spend some time reflecting on the reasons for such conflicts. Now more than ever the world needs governments who turn away from conflict and join together to negotiate settlement of disputes rationally and peacefully. Unfortunately that seems to be increasingly unlikely as narrow self-interest is becoming the norm.

Finally, on behalf of the Editorial Team and all our readers, I'd like to thank William Garland for his 'Lest We Forget' column. Meticulously researched and well written, it is an insight into the horrors of the first truly modern war, a view of the impact on local communities, and a fitting tribute to the fallen from our villages.

Mike Pickard

The Editorial Team:

Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager & Treasurer
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the December issue is:

Monday 19th November

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Could all contributors please send us your copy or advertisement as soon as possible, ideally **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight! This shows our advertisers that the magazine is *the* place to reach local customers.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied. The magazine does not accept any responsibility for any issues arising from advertisements.

PoE is printed by Parish Magazine Printing, Northmoor, Whitstone, Holsworthy, Devon, EX22 6TD.
www.communitymagazineprinting.co.uk
01288 341617

Cornwall Exterior Cleaning



HOMEOWNERS:-

We are a small company specialising in all aspects of external cleaning both for domestic and commercial properties.

We can provide a wide range of cleaning which include gutters, walls, conservatories, paths and driveways.

We use gutter vacs to clear debris and our high reach poles will easily clean over Conservatories.

Our pressure washing is carried out to keep all hard surfaces both clean and safe.

Softwash cleaning is a highly effective cleaning process and is used to clean render, roofs, pebble dash, concrete and brick.

We use a high grade biocide which has long lasting results without damaging the surfaces. In addition, all our cleaning solutions have a low environmental footprint and are user friendly.

All technicians are fully trained and have public liability insurance

ESTATE AGENTS:-

First impressions can be key to successful selling and to ensure this we offer a full external house package to fit your requirements.

LANDLORDS:-

External maintenance is important to keeping your property in good repair – overflowing gutters, mouldy walls need not be a problem as we can look after your property for you.

If you feel that any of our services could be of interest to you please telephone and we would be happy to discuss your requirements.

Mobile – 07921 957356

Or email:

enquiries@cornwallexteriorcleaning.co.uk

12/18



CORNISH COOKER
CONVERSIONS LTD

GET CONNECTED
...ELECTRICKIT

CONVERT YOUR AGA (OTHER RANGES TO FOLLOW) TO ELECTRIC WITH ELECTRICKIT & BENEFIT FROM

- **DRASTICALLY REDUCED AGA RUNNING COSTS**
- **WARM IN WINTER, COOL IN SUMMER**
- **INDEPENDENT HOB AND OVEN CONTROL**
- **SPECIFIC OVEN TEMPERATURES TO SUIT YOUR RECIPE**
- **PROFESSIONAL INSTALLATION**

WE CAN ALSO HELP WITH OIL SERVICING & REPAIRS

PLEASE CALL ALAN OR ELIZABETH ON 01208 812272

www.ccconversions.co.uk

12/18

12/18



North Cornwall Pest Solutions

Controlling in your area

- Ants
- Cockroaches
- Fleas
- Flies
- Moths
- Moles
- Rabbits
- Rodents
- Wasp/Hornets

BPCA Level 2 in Pest Management

24hr call out

Fully insured

07770677029

finnmore2000@aol.co.uk

Prompt, Discreet, Friendly Service



BEARDS



BABES

HAIR PARLOUR

St Kew Highway

Tel: 01208 841470 or 07581197622

12/18

St Pirans Garden Services

Hedge Cutting/Pruning

Strimming/lawn mowing

All aspects of home and garden maintenance

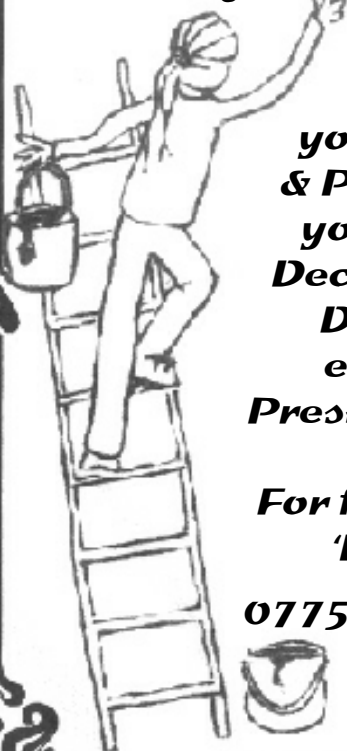
No Job too big or too small

Fully insured

01208 221397

12/18

Would you prefer to have a FEMALE to do your Painting &



- can also Maintain your Garden & Power Wash your Patios, Decking, Walls, Driveways etc. with a Pressure washer

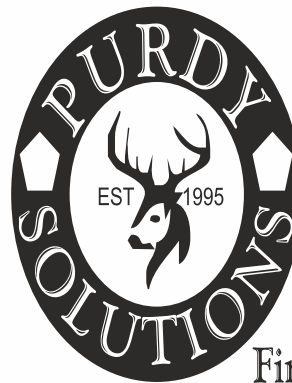
For free quote 'Phone:

07754 346457

12/18

12/18

Your first step in property preservation and maintenance



Carpentry ◆

Property Care ◆

Kitchens ◆

Bathrooms ◆

Vinyl Flooring ◆

Fire Door Maintenance ◆

T: 01208 841 528

M: 07816 899 649

E: jandbathome@aol.com

Working in association with

SL Electrical

City & Guilds STRONGA CERTIFIED



PASMA

City & Guilds

IPAF

cscs

CONSTRUCTION SKILLS CERTIFICATION SCHEME

Aunt Avice's Pasty Shop

REAL CORNISH PASTIES HOMEMADE
EVERY DAY (except Sundays)

**FEELING HUNGRY?
JUST CAN'T WAIT?
COME TO AUNT AVICE'S
THEY'RE ALWAYS FRESH BAKED!**

WE ARE AT UNIT 1, ST KEW SERVICES,
ST KEW HIGHWAY. TELEPHONE ORDERS
WELCOME: 01208 841895 OR 841740 (HOME)

THESE ARE "THE REAL THING"

12/18

Garden Services



Clearing
Grass Cutting
Hedge Trimming
Hedge Laying
Tree Work
etc...

**Stephen Lambert
CALL:
01208 850241
07891 828313**

12/18

We use local suppliers where possible eg.

- *Barnecutt's fresh bread, cakes, pasties.
- *Button's meats.
- *Tinten potatoes.
- *St Kew Biscuits.
- *Trewithen Dairy products.
- *Local Preserves & Honey.

STCS

St Tudy Community Shop and Post Office

Monday to Friday 8am – 6pm
Saturday 8am – 2pm
Sunday 9am – 12 noon
Deliveries can be arranged
TRY US FIRST !!!

12/18

We stock fresh fruit and veg all delivered daily.
Orders for fresh fish.
Off Licence.
Newspapers & Magazines
Our own "brand" of dry goods as well as well known ones.
We sell eggs, stamps, stationery, sweets, toiletries, coal, frozen food. **And lots more!**

12/18

W J Clancy Oil Fired Boilers and Ranges

www.wjclancy.co.uk

Servicing and Repair of Domestic Oil Fired
Boilers, Agas and Rayburns.

07792 595 719

oilwilliam@yahoo.com



Registered
Heating
Business



All the news and highlights from the top of the hill! Don't forget, you can keep up with all the school antics in our monthly newsletters, published on our website: www.st-kew.cornwall.sch.uk

The 2018-2019 first half term has been enjoyed by all pupils at St Kew. Keep on reading to find out what's been going on!

BikeLights 2018



The children in Class 3 (our Year 4, 5 & 6 pupils) have thoroughly enjoyed being part of this project this year and have worked their socks off and their magic at the workshops with Reg Payne and Janie MacDonald, in the

past month!

The children have been using basic tools and materials like willow, bamboo, wire, tape, tissue & glue to adorn the bicycle – turning it into the amazing elephant you



can see in the pictures here! We were disappointed to have the event postponed (but rightly so, due to bad weather) and are eagerly await-

ing the 'new' date for the parade 'at twilight' in Wadebridge. We'll look forward to seeing you at the next one ☺



Harvest Festival



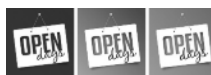
Our annual Harvest Festival brought many parents and grandparents out on a grotty morning to see a wonderful assembly full of facts, songs and even a play about the rea-

sons for Harvest. The watching audience were treated to beautiful singing, a play about a Greedy Farmer, information about how different foods are harvested and a rendition of the Big, Red Combine Harvester by our youngest children in the school!



Harvest donations were used to create hampers for people to buy raffle tickets for and proceeds, alongside donated tinned foods etc, will be given to The Wadebridge Food-bank.

Open Days



If you'd like to come and see for yourselves what makes us ACE at St Kew, please come and join us

on one of our Open Days this term: Wednesday 7th November from 9.30am until 12pm. We look forward to showing you all we enjoy at school!

POLITE REMINDER

Please can we take this opportunity to remind the St Kew community that the school grounds are **PRIVATE PROPERTY** and should not be used by anyone in the evenings or at weekends without the permission of the school, in advance. We have recently had to stop children from using some of our outdoor spaces due to dogs fouling the grounds. Thank you.

RM



Macmillan Big Coffee Morning

On Friday 28th September we held our annual Macmillan Cancer Support Big Coffee Morning here at Trevathan farm shop & restaurant. We had a very enjoyable morning serving coffee and tea along with a selection of our home-made cakes, all for this very worthwhile cause. A big thank you to everyone that came along to support this event. We would also like to thank everyone who generously gave items for the raffle and the bring and buy sale. A big thank you must also go to our team of volunteers and along with our own staff members for their hard work on the morning. We hope everyone enjoyed it as much as we did. We are delighted to have raised £1,080 for this wonderful charity.

Thank you again.

TEA AND CAKE



Wednesday 14th November 2018
1.30pm to 3.30pm

St Kew Highway Community Hall
ALL ARE WELCOME

*Sit and chat with neighbours and friends
or play cards or a board game.
Solve a jigsaw, or bring your knitting.*

There will be tea, coffee and home-made cake.

*There is NO CHARGE, just come along and
enjoy this community social event.*

*This is continuous and will take place on
the 2nd Wednesday of every month.*

Our Feathered Friends

Does anybody give a hoot about our native owls? A lot of us do, as we have grown up reading about the wise old Owl, as the Tawny Owl is often referred to in children's books and cartoons.

Wise cannot be said of the ghost-like Barn Owl often a casualty of our roads and lanes due to being hit by vehicles while flying low and at night. The British Trust for Ornithology are encouraging us to report sightings and sounds of Owls in autumn and winter.

Tawny Owls have a piercing 'keewick' call, as well as the familiar hoot, as they try to attract a mate. We have five resident species - Tawny Owl, Barn Owl, short- and long-eared Owls and the smaller Little Owl. The latter is a fairly rare bird in Cornwall, originally introduced from continental Europe. I will concentrate on our two main 'parish' resident owls - the Tawny Owl and Barn Owl.

In Pendoggett we usually hear Tawny Owls calling around end of January through to March, and again in the Autumn. They prefer broad-leaf woodlands and large rural gardens, calling for a mate usually prior to moving through if there is no response. Last February I came face to face with a Tawny in our garden tree. It set the security lights ablaze as it stared at me from the tree. It is a compact owl, with rufous and grey-brown plumage and large, dark eyes. I had another encounter on the river walk in Camelford, this time a single owl being mobbed by a Blackbird forcing it to move into thick ivy to get some peace. It is worth looking around if you hear bird alarm calls as you walk down a lane or through

woodland. Tawny Owls can sometimes call in daylight - confusing the listener as they are nocturnal in nature, hence heard more than seen!

The Barn Owl is a lovely owl to stumble across in our parish and beyond. We are lucky to find these owls from early evening through into the night. It is a very agile, pale owl sometimes seen floating along the verges and hedgerows picked out in the glow of our car headlights. The main road from Delabole towards Camelford is a good spot to see them, as is the road towards St Kew Inn and the Port Isaac Road. I have also seen a Barn Owl in the arched window of the old Chapel near St Kew Golf Club.

The Barn Owl can sometimes be seen hunting voles and mice in daylight - if the weather has been poor its soft wings can become waterlogged forcing it out in daylight to get enough food. We had a regular visitor in Pendoggett in the field backing on to our garden a few years ago. Sadly farm water troughs and horse buckets containing water can be a death trap to Barn Owls. The Barn Owl Trust are raising awareness of this, showing how to make simple floats to counteract this issue. Their web site www.barnowltrust.org.uk has the details. So, watch and listen out for the Tawny and Barn Owls in and around our parish. Happy Owling!

Clutts - Pendoggett

Please make sure you regularly clean your bird feeding stations and surrounding areas to stop disease and vermin.

CHILDREN'S CORNER

I made this Play Dough recipe for my grandchildren recently. It's great fun to make, and play with!

Ingredients

- 150g plain flour
- 2 tbsp of vegetable oil
- 75g salt
- 2 tbsp cream of tartar
- 240ml to 360ml of boiling water (add slowly until it feels right)
- gel food colouring
- glycerine (optional – but it does make it more stretchy and shiny!)



Method

- Mix the flour, salt, cream of tartar and oil in a large mixing bowl.
- Add the food colouring to the boiling water and then pour the water into the dry ingredients.
- Keep stirring until it becomes sticky and starts to come together.
- Add the glycerine if using.
- Allow the dough to cool and then take it out of the bowl and knead it for a few minutes until it isn't sticky any more. This is very important, so keep going until it feels nice and elastic.

Have fun making shapes with biscuit cutters, if you have them, or just different sized cups. Make faces and holes with a pencil or biro. The possibilities are endless!



North Cornwall Book Festival St. Endellion 2018

**Neil Ansell: 'The Last Wilderness -
a Journey into Silence' (Tinder Press - £9.99)**

The Festival is growing in strength every year, it certainly was the day I went to collect my ticket for Neil Ansell's talk on the Saturday lunchtime. The place was full of local primary school-children (160 - I was reliably informed) all present to take part in imaginative writing workshops. The noise was deafening!

I wanted to listen Neil Ansell as a couple of years ago I had picked up his book '**Deep Country - Five Years in the Welsh Hills**', and thoroughly enjoyed it. His writing resonates with me as he has a deep love of both the natural world and personal solitude. Both of these concepts are essential for our own well-being: without them we are impoverished.

Neil was interviewed by Lisa Cooper (a local author in her own right) and audience members in the beautifully decorated (Egyptian storks and papyrus) marquee of the Festival. Apart from the breeze springing up and enlivening the tent, there was no rain and the whole event was soundly appreciated by all.

Neil has had a very adventurous life, from hitch-hiking across the Sahara to being an undercover

investigative journalist for the BBC, but it is the love of landscape and wild life that is the basis of his whole being.

His most recent book, '**The Last Wilderness**', recounts his four solitary journeys to the far north-west of Scotland - arguably the wildest place our heavily populated islands can provide.

These journeys have allowed him to regain his sense of solitude from when he was younger. He is a single father of almost adult daughters living in Brighton at present. Scotland has also allowed him to begin to come to terms with his failing health - he has a serious heart condition and increasing deafness. However, these are not going to stop his solitary hill-walking as glimpses of wild animals, such as pine martens, in their natural habitat are all-important to him. He says that he has still not achieved his ambition of seeing a Scottish wildcat, although he has seen them in Africa.

What he was at pains to convey to us was that the natural world is not there for us to abuse and exploit. We are visitors to it and must treat it gently if we as a species are to survive. This is an attitude I wholly endorse and I was very pleased that I was able to thank him personally for his talk and his wonderful book about the Welsh hills.

Sue Joiner

Julie's
MOBILE CATERING VAN



Contact Julie on 01566 781339 or 07572 412421
juliewalters@uwclub.net Join us!  Julies-Catering-Van

12/18

Pulled Pork, Burgers, Bacon, Hot Dogs, Chips, Homemade
Coleslaw, Wraps, Hot & Cold Drinks, Extras: Cheese,
Mushrooms & Eggs
Available for any event

12/18

Geoff, Karen and the team welcome customers old and new to
The Cornish Arms, Pendoggett



A 16th Century Inn

Open all day every day from 11:30 a.m
offering Real Ales, Good Wines, Cornish beers, lagers & ciders
Plus a selection of over 80 Gins.

OUR QUALITY PUB FOOD is served everyday from 12 noon-2.30 & 5.30-8.30

Our "SMALLER APPETITES" menu is available

Monday-Friday lunchtimes with 2 courses for £7.95.

TWO MAIN COURSES for £15 (excludes steaks) Sunday- Thursday evenings

A 4 course **CHRISTMAS MENU** is available from 19th November until 23rd December
£19.95 per person. Booking is required with a £5 deposit per person.

Please see our website or contact us for more details.

Live music on Friday nights in November

2nd ,16th & 30th -**TREE HOUSE**-playing folk tunes on fiddle & Guitar

9th -**STEVE WINCHESTER**-Acoustic Folk, Rock, Reggae & his own original music

23rd- **THE NEWQUAY SINGERS**-bringing you traditional Cornish songs

Free Parking • Beer Garden • 7 En-suite rooms • Free Wi-Fi

Well behaved dogs and children are welcome.

Tel: 01208 880335 or email: contact@cornisharmspendoggett.co.uk

Website:www.cornisharmspendoggett.co.uk We are also on facebook.

Thinking of letting
your holiday property?



For more information and free impartial
advice call us on **01208 607700** or
check out our website
www.toadhallcottages.co.uk



Duchy Hypnotherapy

Amanda Godfrey

Clinical Hypnotherapist and
Psychotherapist
Registered member of the AfSFH,
NBMP, CNHC and the Hypnotherapy
Directory

Tel: 07446 870 220

Email: [amanda@duchy-
hypnotherapy.co.uk](mailto:amanda@duchy-hypnotherapy.co.uk)

www.duchy-hypnotherapy.co.uk

Solution Focused Hypnotherapy based
in Wadebridge

Home visits can be arranged
Free Initial Consultation

DJA Education Ltd.

Behavioural Specialist Teacher offering a wide range of
educational and other services for children and adults with:

Specific:

- Autistic Spectrum Conditions (ASC/ASD/PDA).
- Mental Health Conditions.
- Dyslexia/ Dyscalculia.
- ADHD.

Educational:

- Early intervention.
- Catch up sessions ranging from Primary to A Level in all core subjects; especially Maths and Science.
- Levelling and grading.
- Home Tuition and Full Home Schooling.

Needs:

- Advice on services and other help available.
- EHCP advice.
- Career advice, support and planning and social inclusion.
- Help with form filling, letter writing and all other communications.

Qualified for fifteen years and rated Outstanding by
OFSTED May 2018.

Please contact: **07790 245 033** between 4pm and 9pm
Mon - Thurs

Need a plumber or gas engineer?

The Reliable Plumber is a small, fully qualified & fully insured,
local family run plumbing business.

The **RELIABLE** Plumber

Tel: 07534 311 366

contact.reliableplumber@gmail.com

- Bathroom installations including tiling
- Boiler servicing, maintenance and repairs
 - General plumbing and breakdowns
 - Work done correctly and explained
- No call out charge (diagnostic charge may apply)
- Local, friendly, knowledgeable engineer
 - Your house treated with respect
 - All work carries 6 month warranty



12/18

Clearview Solutions

Offering the latest environmentally friendly water fed pole cleaning service for windows and frames conservatories fascias / soffits Guttering Caravans / motorhomes Decking Patios Pathways Algae removal Biocidal treatments etc

just call Rob to arrange a visit and no obligation quote

07875639548

St Kew 01208 841653



BREAKFAST. LUNCH. SUNDAY ROAST. CREAM TEAS. HOME MADE CAKES. CELEBRATION CAKES. ICE CREAM. HOME PRODUCED BEEF, LAMB & FREE RANGE EGGS. FRESH FRUIT AND VEG. LOCAL BREAD & CHEESES. GIFTS & CRAFTS.

**Shop and Restaurant
Open 9am..7 days a week.**

WINTER WARMER LUNCH

** 2 Course lunch plus tea or coffee £10.50 **

Offer available daily 5th -30th November
(excluding Sundays)

Christmas Fayre Saturday 1st December 10am till 3pm. Complimentary mulled wine and mince pies plus tastings of delicious Christmas products.

Everyone welcome

Now taking bookings for Christmas functions please ask for further details.

Fresh Christmas trees and wreaths arriving early December

Don't forget we serve Breakfast 9am-11am,
Lunch 12 noon-3pm.

Tea, coffee, homemade cakes, ice creams, cream teas, etc served all day.

Open every day. Pop in, you can be sure of a warm welcome.

TEL: 01208 880164 www.trevathanfarm.com

CHILDRENS PLAY AREA. RIDE-ON TRACTORS AND

12/18

DIGGERS. PETS CORNER...



Find us on the B3314 at St Endellion. Follow us:

12/18

AUTOTEC

ST KEW HIGHWAY

PL30 3ED

MOT CENTRE

full diagnostics

Servicing & repairs

Tyres

01208 841238

PROPRIETOR - A. EDDY autotec_stkew@aol.co.uk



KEN GODDEN Contractors



Lawn Mowing - Fencing - Rustic Stonework

Tractor and Hedgetrimmer - Landscaping

Pasture Topping - Paddock Maintenance

Hay Making - Slurry Spreading - Bale Wrapping

Square/Round Baling - Rolling

07968 481520 / 01208 850743

12/18

ST KEW GOLF CLUB



- ★ PAY AND PLAY
- ★ Challenging 9hole/18 tee (Par 64)
- ★ Covered driving range
- ★ Pro Shop & Professional Tuition
- ★ Club Hire ★ Coffee Lounge

2½ miles from Wadebridge on main A39 towards Camelford

St Kew Golf Club, St Kew Highway, Bodmin, Cornwall PL30 3EF. Tel/Fax: (01208) 841500

12/18

J.R.CLEAVE

CARPENTRY & JOINERY

Mobile: 07598 699126

THE MAKING OF BESPOKE FINE WOODWORK, HARD WOOD, SOFTWOOD DOORS, WINDOWS, FURNITURE, KITCHENS AND STAIRS

jake.cleave@icloud.com



12/18



12/18
Create your dream...



WADEBRIDGE KITCHENS

KITCHENS BEDROOMS STUDIES

Polmorla Road Wadebridge Cornwall PL27 7NB

Call us on 01208 813231 sales@wadebridgekitchens.co.uk | www.wadebridgekitchens.co.uk

HOP OILS

Heating Oils, Farm Fuels, Tank Supplies



Unit 3, The Glebe
Blisland, Bodmin, Cornwall PL30 4JE
12/18 **01208 851195**

12/18

Your local Electrician.

**Ivan Jones
Electrical
Services Ltd**



- Established 1995 -

Domestic - Commercial - Agricultural - Industrial

For all your electrical requirements

0 1 8 4 0 2 1 3 6 8 3 - 0 7 7 3 8 8 2 4 1 8 1
Email: info@ijesltd.com

"A local service to national standards"



The Office. 30 High Street. Delabole. Cornwall.



Colour Scheme Keith Parkyn

Painter & Decorator.
Property Maintenance Interior &
Exterior Work carried out.
Laburnham, Wadebridge Road
St Mabyn, PL30 3BQ



For friendly service & advice call:
Tel: 01208 841828
Mob: 07747 399503
Free Estimates

12/18

S. Goodman Plumbing & Heating

- All Aspects of Plumbing
- Oil Heating
- Biomass Heating
- Wood Burning Stoves
- Geo-Thermal Heating
- Servicing

12/18



- Central Heating & Underfloor Heating
- Solar Heating
- Bathroom Installations & Tiling
- Water Harvesters
- Septic Tanks
- Drainage

Tel: 01840 213196 Mob: 07968 984305
98 HIGH STREET, DELABOLE, PL33 9AQ

Events at St Endellion September to November 2018

Friday 2 November 7.30pm

Baka Beyond – 25th anniversary tour

The Afro-Celtic dance band celebrate 25 years of groundbreaking music. The band uses the rhythms of the Baka people of the Cameroon rain forest to fuse their Celtic and African roots. A highly infectious and joyous celebration bringing a festival atmosphere to St Endellion. £12. **Please note this is a standing event.**

Friday 16 November 7.30pm

Dale Storr – The Sounds of New Orleans

Dale takes us on a musical journey showcasing the legendary piano players of New Orleans. Breathtaking piano playing and singing accompanied by encyclopaedic storytelling. £10

Book tickets online at www.endelienta.org.uk; by email tickets@endelienta.org.uk; by phone 07787 944935; or from the Wadebridge Bookshop. Accompanied under 16s free to most events – please check the website.

Trevathan Farm Christmas Fayre

Join us on **Saturday 1st December** for our Christmas Fayre, from 10.00 am till 3.00 pm.

Complimentary mulled wine and mince pies will be on offer, as well as tastings of delicious Christmas goodies.

Browse through our ranges of gift ideas whilst trying some delicious festive treats.

Take this opportunity to order our home-made Christmas puddings and Mince pies, along with

turkeys, ham, beef, cheeses, hampers, fruit and vegetables etc.....We can have them already for you to collect nearer the big day. Look forward to seeing you on the

1st December

It will be sure to get you in the Christmas spirit!



St Kew Historical Society

Forthcoming Event

Something completely different:

“The Wild and Woolly West”

An illustrated talk by Rick Gould using extracts from his ancestor's journal: Driving 2,000 sheep and 400 cattle 2,131 miles across America from the east coast in Massachusetts to the west coast of California in 1853.

Come along, be surprised and entertained.

Thursday 8th November 2018

from 7.30 pm
St Kew Parish Hall

As usual, members entrance is free, visitors and guests £2.50 per person.

Refreshments will be provided, any donations are gratefully received.

John Raybould, Secretary



A professional laundry service that
meets your high expectations

HOLIDAY LETS, BED & BREAKFAST, HOTELS, RESTAURANTS

Call us on 01840 938010

Or for more information please visit our website
www.thelaundryroomcornwall.co.uk

Email: sayhello@thelaundryroomcornwall.co.uk

Tregath Business Park, Camelford, Cornwall PL32 9TX

St. Kew Community Gardens Association

The View from the Allotments

..... and it's all a bit of an anti-climax, now that autumn has arrived with 'orrible weather and we can't even get to the allotment to tidy it up a bit

We had a week's holiday at the end of September/beginning of October and since we've been back we've not actually done any real work on the plot. We've harvested the last of the runners and courgettes and have been picking and stripping the corn-cobs (best we've ever grown – must be a result of the long weeks of sunshine). We also had the first leeks with Sunday dinner last week, and Tony has made a magnificent pumpkin soup with one of our Queensland Blues. He does it with chicken stock, our own onions, potatoes and a couple of spoonfuls of curry powder. Very good indeed and we have enough left over for another dose this weekend.

The onions, by the way, are all in and actually not such a poor crop as I had expected. I put them in the back greenhouse here at the house to dry off, then hung them in nets in the garage. They will certainly last us until spring and are just as tasty as usual, only smaller.

One of the things we're engaged in at the moment (when the gales and rain permit) is to dismantle the various wigwams and pea-frames which have been holding up our crops. The allotment starts to look a

bit bare, but it does give us the space to put some manure on and turn over some of the patches.

Towards the end of August an independent judge came onto the site to inspect the plots and award our "Best-kept Allotment" prizes. We don't look for immaculate patches but rather evidence that the plot has been, is and will be productive. We also look for as wide a variety as possible of fruit and vegetables, with indications also of what will be used throughout the winter and on into Spring. So it's not beauty but productivity we were looking for and the results were as follows:

FIRST: Andy and Pippa Bishop.

SECOND: Tony and Judith Mott.

THIRD jointly: Sue and Terry Carthew and Phil and Carol Scott.

HIGHLY COMMENDED: Babs Potter and Monika Reinfelder.

All prize-winners will receive a Trelawney voucher at the AGM on 25th October and the winner receives a cup and commemorative shield. We're hoping to see lots of tenants at the AGM, so that the winners get a good round of applause.

We've still got a couple of vacancies which we'd love to fill, so please give me a ring if you would like to come over and have a look. It would be nice to have a full complement for the coming year.

Judith Mott, judithmott@btinternet.com,
Tel: 01208 841312



Tea & Toast

For all parents, carers & the community.

Includes a Toddler play Area

No charge

8.45-11am
Wednesday Mornings
St Kew Parish Hall

Knitting for others: novices and masters of knitting are invited to join us in making baby beanie hats for premature baby units and squares for blankets to give to those in need.



FOODBANK

Come & join us for a cuppa and a slice of cake at our **NEARLY NEW SALE**

on

Saturday 27th October

from

10am-12 midday

at:

The Basement (in Wadebridge Christian Centre at the top of Molesworth Street).

Why not start your Christmas shopping? There will be clothes, books, gifts, bric-a-brac and new soft furnishings for the home. Proceeds will be donated to the Shoebox Appeal.



Allen Valley Singers

Allen Valley Singers have sung at a funeral recently, and a christening, and now are working hard with the songs we will be singing at Sian's wedding on December 1st. Her mother Colleen is our webmaster, and a valued member of choir, and we are looking forward to enhancing this important occasion. Each one of these events have brought forth different styles of singing and songs befitting the occasion showing our versatility to a high degree.

Our autumn programme is under way with Christmas concerts at Wyndhurst Orchard Retirement home, Wadebridge on 4th December; a performance at the St. Kew Parish Hall on Friday 7th December at 7.30 pm; and an evening at the Red Lion Inn in St

Kew Highway on 18th December, also at 7.30pm. If you fancy a joyous, jolly evening at the pub please join us, listen to the singing and enjoy the festive atmosphere.

We always welcome newcomers and invite you to join us on a Tuesday rehearsal, St Kew Highway, Community Hall at 7.15pm - 8.45pm. You can listen to our music and have a chat with our Musical Director Janette Man. If you happen to choose the monthly 'raffle and social evening', you may even get tea and cake after the singing!

Contact Jan also, if you would like to book us for a concert, or any important event in your life. Telephone 01208 841784.

Joyce Hargrave-Wright (Publicity)

The Cousin Trail

Morley Woodley, age 6; Jacob Godden, age 11; and Bailey Mcilroy, age 6 created the 'Cousin Trail' and their project for the summer holidays was to practice riding their bikes along the trail in order to achieve the BIG ride at the end of the holidays to raise money towards having a Defibrillator built in a disused phone box in Bodieve.

Morley and Bailey's Grandad died in 2015 of a heart attack and since then they have been keen to help others who have poorly hearts. Initially the kids thought they could ask their grandparents and close friends for a few pounds so they could achieve raising pennies for their chosen charity after setting up a crowdfunding page. The popularity of this idea escalated and between them they have raised a staggering £555!! We as parents are so proud of their achievement and we wanted to share their success.



Chevi Mcilroy and Gemma Godden

WANTED

Senior lady's helper

For a mix of personal care, companionship & general domestic duties.


Some weekend hours leading to partial maternity cover spring 2019 & being part of a 3-way rota thereafter.
Driver & references essential.

To commemorate the Centenary of the Armistice that ended the First World War, this month we are publishing **Siegfried Sassoon's** famous poem:

Everyone Sang

Everyone suddenly burst out singing;
And I was filled with such delight
As prisoned birds must find in freedom,
Winging wildly across the white
Orchards and dark-green fields; on – on – and out
of sight.

Everyone's voice was suddenly lifted;
And beauty came like the setting sun:
My heart was shaken with tears; and horror
Drifted away...O, but Everyone
Was a bird; and the song was wordless; the singing
will never be done.



**You are invited to:
The Alpha Course**

A friendly and informal chance to explore the Christian faith, ask questions and share your point of view. Each evening starts with supper, and includes a short film and time for discussion. All are welcome.

1st October-26th November, 7pm starting with supper
St Kew Parish Hall
Contact: Geraldine Ashton: 07957 609085
email: Gezzalou@aol.com

Puzzle Page

Codeword

12	1	16	22	7		3	17	5	20	2	15	
16		26		6		16		3		6		11
20	23	16	212	22	1	17		7	16	26	17	1
2		19		5		17		1		26		21
8	6	14	14	13		6	22	14	21	5	8	1
16				5		8				14		
24	23	6	11	7	15		16	11	16	9	13	22
		22				5		16				5
13	26	4	6	13	5	7		20	13	17	6	20
22		1		10		5		16		15		17
20	17	6	11	26		21	1	25	5	6	14	1
1		18		13		1		5		22		16
	7	23	13	24	1	21		1	16	18	1	21

A
B
C
D
E
F
G
H
I
J
K
L
M
N
O
P
Q
R
S
T
U
V
W
X
Y
Z

	3			4	8	9		2
		8		3			1	5
		5			7		8	
1	7	2	4				5	
4								8
	8				3	2	9	4
	5		8			6		
3	6			5		8		
8		4	3	7			2	

1	2	3	4	5	6	7	8	9	10	11	12	13
												O
14	15	16	17	18	19	20	21	22	23	24	25	26
			L									B

Nonogram

O	E	I
T	C	R
D	Y	R

How many words of 4 letters or more can you find? You must use the centre letter in each word. No plurals or proper nouns are allowed. There are 44 listed in the solution which includes a nine letter word to find.

Call the Doula



Since ancient times women of the community have nurtured and cared for other women during childbirth and helped to ease their passage into motherhood. Today's doulas are experienced women (and sometimes men) who support women and families emotionally and practically no matter where or how they decide to give birth, or what their parenting

choices are. A doula is not just support for mothers, but for the whole family.

We nurture and support, listen without judgement, give reassurance and help parents to make informed choices by providing evidence based research and information. A doula will support you throughout the whole of your labour and birth until

you are settled with your new baby. In the early days after your baby is born we give lots of gentle encouragement and empathy. We can also help around the home or provide sibling care to give you more time to bond with your baby or just some precious 'me' time.

Evidence has shown that continuous support from a doula during pregnancy and birth can increase positive birth outcomes, shorten labour, reduce the risk of caesareans and the need for medicated pain relief.

I am Jo Kidman, a mother of three children and a birth and post-natal doula living in the Parish and working across North Cornwall. My birth package includes birth preparation during pregnancy, an on-call period from 38-42 weeks and support after your baby is born. I also offer Closing the Bones, a nurturing post-natal massage which can be booked separately and is beneficial to both new Mums and those with older children.

www.facebook.com/jokidmandoula/, 07396 172301



J.T.Martin Plumbing and Heating

Qualified for the installation, servicing
& maintenance of

OIL FIRED HEATING SYSTEMS AND
APPLIANCES

Unvented Hot Water System Installations and
Upgrades

OIL BOILER BREAKDOWNS AND REPAIRS

Tel: Mobile: 07812 127257

12/18

Ron Bendell Driving School

Changing the world of driving,
one lesson at a time.....



Ron Bendell
ADI

Mobile: 07539933615
Office: 01208 880691
Email: ron@rbsom.co.uk

www.ronbendelldrivingschool.co.uk

R Mears & Sons Chimney Sweeps

Established over 30 years



Thorough vacuum &
brush cleaning.

Full CCTV investigations.

Chimney linings, pots,
cowlings & bird
protection fitted.

Solid fuel appliances,
Rayburns, woodburners
and stoves installed and
serviced

Tel: 01840 261221

Mob: 07737 533392

www.sweepcornwall.co.uk

12/18



Cole Rayment & White

WADEBRIDGE • ROCK
CAMELFORD
PADSTOW

Contact us for a Free Valuation

01208 813595

www.crw.co.uk

12/18

THE ESTAS

ESTATE AGENT
AWARDS 2018

GOLD WINNER

BEST LOCAL AGENCY GROUP
SOUTH WEST

Andreas Construction Ltd Building & Roofing

Landscaping / Patios	Roof Repairs
Property Maintenance	Re-Roofs
Extensions	Flat Roofing
Kitchens & Bathrooms	Delabole Slating
Conservatories	Slate Hanging
Loft Conversions	Lead Work
Barn Conversions	
Bespoke New Builds	Digger & Dumper Hire

All work is always to the highest of standards.
Any job undertaken.
Please call for a free quote.

07967 816968 01208 851387

andreas-construction.com

Andreas_construction@icloud.com


Find us on 

CORNISH ROCK GIN



DISTILLED & CRAFTED IN NORTH CORNWALL

Made with unique botanicals and
Cornish spring water

 **WWW.ROCKGIN.ROCKS**

PENVOSE COTTAGE . ST TUDY . BODMIN
CORNWALL . PL30 3NP Call: 01208 851718

GILL'S RECIPE OF THE MONTH

Apple, Plum and Blackberry Cobbler

A proper autumn pudding!

Ingredients

- 800g less than perfect apples, peeled, cored and cubed
- 4tbsp apple juice
- 350g plums, halved and stoned
- 100g light brown muscovado sugar
- 225g blackberries
- 200g plain flour, sifted
- 1 tsp baking powder
- 50g butter
- 50g ground almonds
- 170ml soured cream
- 1 free range egg, beaten
- 25-50g flaked almonds
- 25g demerara sugar

Method

- Pre-heat the oven to 180c.
- Place the apples and apple juice in a pan and bring to the boil. Cover and simmer for 5 minutes.

- Add the plums and simmer for a further 8-10 minutes until the fruit is just softened.
- Remove from the heat and stir in the muscovado sugar and the blackberries.
- Transfer the mixture to an oven-proof dish.
- Place the flour, ground almonds and baking powder into a bowl and using fingertips, rub in the butter until the mixture resembles fine breadcrumbs.
- Stir in the soured cream and the beaten egg.
- Place spoonfuls of the scone mixture over the filling leaving little gaps.
- Mix together the flaked almonds and demerara sugar and scatter over the scone mixture.
- Bake for 35-40 minutes until the topping is well risen and golden.
- Remove from oven and leave to stand for 5 minutes.
- Serve with lovely Cornish cream, custard or ice cream.

This is a WI recipe.

'KEW & A'

Twenty Questions & Answers

This month: Christopher Gardner-Modlin, Pen-doggett.

Childhood Hero: *Dan Dare & Stanley Matthews (but in retrospect, my mother and father).*

Hobbies: *Architecture, joinery, photography, skiing, swimming and squash.*

Favourite Music: *'The Sounds of Silence' (Simon & Garfunkel)*

Favourite Book: *"Gaia", by James Lovelock.*

Favourite Film: *'The Man Who Never Was', (dir. Ronald Neame, 1957) - my first cinema visit!*

Favourite TV Programme: *'The Bridge' (Swedish-Danish noir, 2011 etc.) Or anything on Nature.*

What's good about living in your village?
The quiet, and the Atlantic views.

What would you improve? Speed control on the 'rat-runs'.

I'm very good at.... *Things with my hands.*

I'm very bad at.... *Things with my ears.*

A phrase I use too often is.... *'Can you say that again?'*

Three people, dead or alive, I'd invite to dinner are.... *James Lovelock, Germaine Greer & Audrey Hepburn.*

I'd like to be stranded on a desert island with....
A set of drums, so I can make as much noise as possible.

I'm embarrassed by.... *Other peoples intolerance, carelessness and bad manners.*

My proudest moment was.... *The moment of birth of my two boys.*

The best things about Cornwall is... *The coast and friendliness of the people.*

The worst thing about Cornwall is.... *Nothing!*

Which of our country's laws would you change? *Referendum voting rules.*

An over-rated public figure is.... *One who thinks s/he is better than the public (eg. Boris et al.)*

In another life I would be.... *A soaring bird, or a better human.*

Events outside our Parish

November

- 3rd Wadebridge Camels RFC are holding a bonfire from 6pm onwards.
- 5th Priory Park Bodmin Fireworks. Gates open 6pm Bonfire at 7pm.
- 16th Beach clean at Polzeath meet in the carpark at 9.30am

www.bodmin.gov.uk
polzeathmarineconservation.com

QUIZ NIGHT At The Red Lion



The Red Lion at St Kew Highway is having a quiz night on Sunday 25th November in aid of the Wadebridge Foodbank.

Need to book tickets? Simply use their online contact form or give them a call on 01208 841271

Puzzle page solutions

8	1	4	3	7	6	5	2	9
3	6	9	2	5	1	8	4	7
2	5	7	8	9	4	6	3	1
5	8	6	7	1	3	2	9	4
4	9	3	6	2	5	1	7	8
1	7	2	4	8	9	3	5	6
9	2	5	1	6	7	4	8	3
6	4	8	9	3	2	7	1	5
7	3	1	5	4	8	9	6	2



Cite, city, code, coed, coir, cord, core, deco, dice, iced, otic, rice, torc, cider, cited, coder, cored, cre-do, cried, crier, cryer, décor, decoy, decry, dicer, dicey, doric, edict, recto, riced, ricer, trice, coedit, corder, credit, direct, erotic, record, reactor, cordite, reactor, creditor, director, DIRECTORY.

Nonogram

J	E	A	N	S	P	L	U	C	K	Y	
A	B	I	A	P	I	M					
C	H	A	N	N	E	L	S	A	B	L	E
K	F	U	L	E	B	R					
D	I	T	T	O	I	N	T	R	U	D	E
A					D						
W	H	I	M	S	Y	A	M	A	Z	O	N
U					U						
O	B	V	I	O	U	S	C	O	L	I	C
N	E	X	U	A	Y	L					
C	L	I	M	B	R	E	Q	U	I	T	E
E					U	E					
A					N	U					
E					A	G	E	R			

Codeword

Group Travel

Enterprise Park, Midway Road, Bodmin
Cornwall PL31 2FQ. Tel: 01208 77989



M.O.T.

TESTING STATION

BODMIN M.O.T. CENTRE at Group Travel

Class 4, 5 and 7. Trade enquiries available upon request. Tel: 01208 77989

2018 COACH EXCURSIONS

18th NOV - FESTIVAL OF LIGHT @ LONGLEAT

24th NOV - CLARKS SHOPPING VILLAGE

8th DEC - BATH CHRISTMAS MARKET

16th DEC - MOUSEHOLE & ANGARRACK LIGHTS

2019 SPRING TOUR

26th APR - 1st MAY - ISLE OF MAN

PLUS MANY MORE EXCITING EXCURSIONS IN 2019

16 TO 70 SEAT COACHES AVAILABLE FOR PRIVATE HIRE. CORPORATE/ VIP, EVENTS & CONFERENCES, WEDDINGS (CAN INCLUDE STAG & HEN PARTY PACKAGE), HOLIDAY TRANSFERS, FUNERALS, DAYS OUT, GROUP TOURS, GOLFING HOLIDAYS & SPORTING EVENTS.

FOR BOOKINGS AND A BROCHURE PLEASE CALL

01208 77989 / 01208 72669

Website: grouptravelcoachhire.com Email: grouptravelcornwall@btconnect.com

Based in
Wadebridge

Cornish Roofing Company Ltd
Covering Cornwall



ALL ROOF WORK UNDERTAKEN

Flat Roofing • Solar • Tiling • Heritage • Leadwork • Repairs
Rag, Reclaimed and Natural Slating

Wadebridge, Cornwall **Tel: 01208 816991**

info@cornishroofing.co.uk www.cornishroofing.co.uk



Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



Martin Brooks - 07812 959 879
martin@northcornwallpilates.co.uk
www.northcornwallpilates.co.uk

12/18

Western Supply



Timber & Builders Merchants Paint & Decorating Supplies

Atlantic Road
Delabole

Tel: 01840 212580

www.westernsupply.co.uk



(open 7 days a week, Sat & Sun mornings only)

12/18

ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

From the Parish Magazine

December

" *'Thanks be to God.'* - The terrible war is over, and our first duty is to thank God, the many Giver of Victory, who has saved us from many and great dangers, and has given us complete victory. When we remember what this war has cost us, we bow our heads in gratitude to the dead who saved for mankind ordered liberty and the right to freedom. We honour the living who have fought to the end, and we look to the future with confidence born of experience of the goodness of God and of His Presence with those who strive to do His will. In that spirit we go forward fearlessly and hopefully.

Thanksgiving Sunday, November 17th. - On this date the whole nation gave thanks to God for our great deliverance and the glorious victory. We in St. Kew, also, remembered to return thanks to Almighty God, with special prayers, hymns, and sermons, and joyful peal of bells. The prevailing sickness, and the cold weather, prevented many from coming; but it was gratifying to find so large a number assembled at Holy Communion and at the evening service.

At all the services the Vicar read the list of our honoured dead; and at the Holy Eucharist we pleaded, specially, for God's saving grace to give rest to their souls, and peace of mind to their bereaved ones.

The following is the list of those who have died for their country:-

ROLL OF HONOUR

<i>Bate, Thomas</i>	<i>May, Percy</i>
<i>Benton, George</i>	<i>Smith, Edgar</i>
<i>Bray, Joe</i>	<i>Thyer, Geo</i>
<i>Crayhart, Wm [Crahart]</i>	<i>Hoskin, J.C.</i>
<i>Crayhart, Fred [Crahart]</i>	<i>Warne, T.O</i>
<i>Hawken, Percy</i>	<i>Penalligon, Wm*</i>
<i>Hawke, Wm</i>	<i>Keat, Samuel</i>
<i>Long, Douglas</i>	<i>Dunstan, John</i>

* William Penalligon's family was living at Pendoggett when he died. Although his mother was St Kew born, his father was from Wadebridge. He is not mentioned on the St Kew War Memorial but is remembered in the Parish Church of St Breocke, and on the War Memorials at Egloshayle and Coronation Park, Wadebridge.

This entry concludes the trawl of Parish Magazines from the 1914-1918 period.

THE ARMISTICE

An armistice is not a surrender or a truce, but a mutual agreement to cease fighting as a mechanism to negotiate a lasting peace. There have been many armistices through history but that of 1918 is the most significant, giving rise to the observance of Armistice Day on 11 November in many countries. The build up to the situation whereby all nations involved in this world war came to a negotiating table has been described in earlier articles in The Parish Magazine. Over 3 days: 7-10 November 1918, the two major powers discussed terms, amounting to a complete dismantlement of German war-making capability. With no negotiating room, the German delegation finally signed at 0510 hours on 11 November 1918. Hostilities ended at 1100 hours. Technically, the Armistice lasted a month, but was extended twice for two further months, then for a year until peace was ratified at 1615 hours on 10 January 1920.



The US President had proposed his 'Fourteen Points' in January 1918 as a way of justifying America's involvement in the war and ensuring future peace. Summarised they were: Open diplomacy with no secret treaties, Freedom of navigation at sea, Free trade, Disarmament where possible, Improved rights of colonies, Occupation of Russia to end, Occupation of Belgium to end, France to be liberated and Alsace-Lorraine given back, Italy's borders to be readjusted, Austro-Hungarian Empire people's to be free, Occupation of Romania, Serbia and Montenegro to end, Countries in the Ottoman Empire to be free, Poland to be independent, An Association of nations to be set up.

"God was satisfied with Ten Commandants. Wilson gives us fourteen." Georges Clemenceau, French Prime Minister.

William Garland

St Kew Annual Gardening Show



The visitors to the St Kew Annual Gardening Show on 1st September were treated to a remarkable display of vegetables and fruit. Despite a short, difficult growing season; a cold spell in late spring followed by a hot, dry summer, the gardeners of St Kew did themselves proud. Practically every class of vegetables was represented, apart from leeks which were noticeable by their absence. The displays of tomatoes and apples were second to none.

Flowers were not so well represented. This could be reflect the difficult growing season or the fact that a serious rethink is needed for the flower classes. Any

suggestions to improve these classes would be most gratefully received.

The produce and cookery classes were as well supported as ever with many delicious-looking items on show. A huge range of jams and chutneys were exhibited, but no honey this year. Hopefully somebody can remedy this next year.

Jim Godden presented the prizes for us and it was good to see several cups going to new faces. My overriding memories of the show include the size and quality of the displays and the pleasing number of new exhibitors or exhibitors returning after a short break.

Thanks to all those who supported us and we look forward to seeing you all again next year.

Happy gardening!

Kathy Alford



ST KEW GARDENING CLUB

No meetings now until January 2019.

Please call 01208 880007 for more information.



Numbers were low at the Souper Lunch on 19th October due to illness.

We wish everyone well and hope to see you on the 16th November for the next Lunch.

PH



House Sitters

- Long and Short stays
- Experienced and references available
- House and pet sitting

07543828360

jhterracan@gmail.com

ST JAMES THE GREAT CHURCH AT ST KEW

BATTLE'S OVER

THE PARISH'S PART
IN
THE NATION'S
TRIBUTE

SUNDAY 11TH NOVEMBER
2018

6.45 – 7.15 PM

100 YEARS OF REMEMBRANCE



ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

Preachers for November

- 4th Rod Harrison
 11th Rev Dom Whitting
 18th Church Fellowship
 25th Rev Alistair Sharp

Catholic Church Services

Wadebridge

St Michael's Church
 Tel:01208 72833
 Mass Sundays 8.30am
 Confessions
 Friday 10.30-11.00am

Tintagel

St Paul The Apostle
 Tel:01840 770663
 Mass Mon-Thur 10am
 Fri & Sat 6pm
 Sunday 10.00am
 Confessions:
 Before/after

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

St James the Great at St Kew



Calendar for October

Sun 28th *Bible Sunday.* 9.30am, All Age Service with Ord. Geraldine Ashton.

Calendar for November

- Sun 4th *All Saints.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild and Rev Prof Paul Fiddes.
 Sun 11th *Remembrance Sunday.* 10.30am with Ord Geraldine Ashton in the church, and at the War Memorial. 6.45-7.15 Battle Over Service with William Garland.
 Sun 18th *2nd before Advent.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild.
 Sun 25th *Christ the King.* 9.30am, All Age Service of Worship.

Calendar for December

- Sat 1st 11.00am, Wedding. Rev Dr Elizabeth Wild.
 Sun 2nd 9.30am, Holy Communion with Rev Dr Elizabeth Wild and Henry Gompertz.

Re-membering

To dismember is to break or tear apart, to re-member is to bring together. Remembering, or bringing together, is what many will be doing in a special way this year at 11.00am on 11th November as we recall the ending of the First World War at that time on that day 100 years ago. Many special services and events have been arranged, but soon that date will be just one more memorable date in the history of the world.

Now 100 years on, in the world for which so many fought and died in the hope of peace, wars and conflicts continue to erupt. We ask: 'Why do we still go on killing and injuring one another? And sometimes: 'Why does God allow there to be so much slaughter and bloodshed?'

I don't believe that it's ever God's will that human beings should fight, maim and kill one another or that there should be enmity, hatred and division between people and nations. I believe that God's will for us is always 'Shalom' - that ancient Jewish word which means Peace and yet so much more than peace. God longs for human beings to live together in peace and harmony, and when things go wrong to restore all things through Jesus Christ. Always God wants us live together as sisters and

brothers in one family and, like a loving parent, he doesn't impose his will on us. He allows us freely to choose how we react and respond to each other, especially when we feel we've been badly treated, offended or injured.

So, when we bewail, as we often do, the number of conflicts and acts of terrorism in our world today, let each of us take a moment to think about our own situation; our neighbours, our community and yes, our church congregations and ask ourselves: 'Am I living in peace and harmony within them?' 'Am I quick to take offence?' 'Am I still holding a grudge against someone many years after an incident?' 'Am I still seething with resentment at someone who did me harm and hoping they'll get their come-uppance one day?'

Think of the meaning of 're-membering' and let this year's blood-red poppies be more than a poignant symbol of remembrance of those who died. Let them also be a means of bringing us together, of inspiring us to let go of present anger and old resentments and bitterness, truly to forgive and to be at peace with one another. And, because this is something we really find hard to do, let's determine to ask God to give us the grace we need to enable us to do it.

Judith Pollinger



Wadebridge Foodbank, Unit 2 Trevanson Street,
Wadebridge PL27 7AR Tel. 01208 815374
Registered Charity No. 1166301
Email: contact@wadebridgefoodbank.org
Website: www.wadebridgefoodbank.org

Bodmin, Camelford and Wadebridge Foodbank

During November and December we will be providing our usual food boxes and some special Christmas hampers for local people who are nominated by the professional agencies we work with. All your donations make a huge difference.

This year the foodbank & Wadebridge Christian Centre are also involved in the Teams4U shoebox appeal. A small shoebox can have a big impact. The gift-filled shoeboxes will be sent to deprived children/vulnerable adults/families in Romania, Belarus, Bosnia, and Ukraine. Your gifts make a huge difference to people in need at Christmas. We are hoping to get the use of a local shop to collect the boxes – venue to be confirmed. In the meantime If you would like to donate a gift-filled shoebox along with a £2.50 donation please drop them in by mid-November to Wadebridge Foodbank during our opening hours (Mon-Thurs, 10am-1pm) or the Christian Centre at the top of Molesworth Street.

Here are some shoebox gift ideas; toothbrush and hairbrush/comb & facecloth and soap, toothbrush & toothpaste. Stationery, pens, pencils, paper. Gloves, hats & scarves.

Children’s box: Soft toy, ball, game, puzzle, bubbles, small musical instrument (eg harmonica or recorder) A photo of yourself, and a Christmas card.

Age groups are: 3-5 years, 6-11 years and 12+years.

Alternatively you can create a ‘Home box’ containing items for the home. More information can be found at www.teams4u.com.

Thank you for your support

Thanks to Sainsbury’s shoppers for your generous donations at our recent collection, we received a whopping 303 kg of food and also for everyone who has donated to the many harvest festival collections in our area.

Tesco Collection

We are getting ready to dig out our Christmas hats and spread some festive cheer. We will be at the Wadebridge and Padstow Tesco stores for this year’s Food Collection taking place on Friday 30th November & Saturday 1st December.

If you would like to donate to our Foodbank, we are currently in need of tinned meat and fish, tinned tomatoes, tinned potatoes and rice.



I wonder if any of you have ever thought of writing romantic fiction! How interesting it was to hear about the ups and downs of writing a novel. Local author, Victoria Cornwall, told us of the trials and tribulations of writing; how she plans, the research and marketing of her books. There were lots of questions at the end from the interesting audience. Her books are available locally and also on a certain website for e-readers!

We are celebrating our 97th Birthday currently - but next year Cornwall Federation will be 100 years old. To celebrate the century we have been asked to do 100 things - perhaps knit 100 squares - or even 100 blankets! Perhaps walk 100 miles, or make 100 cakes. We will share what we are doing and hope to have something that we can show to the village.

In November our planned speaker is unable to come and so we are having a craft night - there may be some ideas for Christmas! Come along and enjoy the fun on Wednesday 14th November at 7pm at the St Kew Highway Community Hall.

Alison

Mobile Post Office

The mobile Post Office calling points each week are as follows:

Monday
St Merryn 08.45-10.00
Rock 11.00-12.30
St Kew Highway (Community Hall) 13.30-15.00

Tuesday
Tintagel 09.30-11.30
South Petherwin 12.45-13.45

Wednesday
Tintagel 09.30-11.30
Port Isaac 12.30-13.30
St Issey 14.00-15.00

Thursday
St Merryn 08.45-10.00
Rock 11.00-12.30
St Kew Highway (Community Hall) 13.30-15.00

Friday
Tingagel 09.30-11.30
South Petherwin 12.45-13.45

Events Diary - November

- 1st Chair Aerobics, Community Hall, 2.00pm.
 7th 'Tea and Toast', Parish Hall, 8.45 - 11.00am.
 Bellringing practice, 7.30-9.00pm.
 8th Chair Aerobics, Community Hall, 2.00pm.
 History Society, Parish Hall, 7.30pm.
 14th 'Tea and Toast', Parish Hall, 8.45 - 11.00am.
NEW Tea & Cake, Community Hall 1.30-3.30pm
 WI, Community Hall, 7.00pm.
 Bellringing practice, 7.30-9.00pm.
 15th Chair Aerobics, Community Hall, 2.00pm.
 16th Souper Lunch, Community Hall, 12.30pm.
 19th **** **COPY DATE** ****
 21st 'Tea and Toast', Parish Hall, 8.45 - 11.00am.
 Bellringing practice, 7.30-9.00pm
 22nd Chair Aerobics, Community Hall, 2.00pm.
 25th Quiz at Red Lion 7.30 for 8pm
 28th 'Tea and Toast', Parish Hall, 8.45 - 11.00am.
 Bellringing practice, 7.30-9.00pm.
 29th Chair Aerobics, Community Hall, 2.00pm.

News from St Kew Parish Hall

The quiz and curry evening was a great success and raised £330 towards a dishwasher. Our next fundraiser is the raffle draw on 7th December starting at 7.30pm when we will be joined by the Allen Valley singers. They will perform some of their repertoire and Christmas carols. Do come and join in the Carol singing.
Kathy

To book the hall, please contact Joanna Pratt on 01208 841420.

ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

(Registered Charity No 294140)

- | | | | |
|---------------|---|-----------------|--------------------------|
| Sun: | Methodist Church Service | Marion Dingle | 01208 841388 |
| Mon: | Yoga 10.30am | Fiona Crompton | 01208 851735 |
| | Pilates 2.30pm - 5.15pm | Martin Brooks | 07812 959 879 |
| Tues: | Allen Valley Singers 7.15pm - 9pm | Janette Man | 01208 841784 |
| | Pilates 1.15pm-2.30pm | Martin Brooks | 07812 959 879 |
| Wed: | 1st, 3rd and 5th in month - | | |
| | West Country Embroiderers 10am - 3pm | Pat Scarborough | 01841 521323 |
| | 1st in month - St Kew Playing Field Trust | | 7.00pm |
| | 2nd in month - St Kew WI | 7pm | Becky Allen 01208 841798 |
| | 3rd in month- Gardening Club | 7.30pm | Richard Godden |
| Thurs: | Chair Aerobics | 2pm | Pat 01208 841260 |

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

The Regal in Wadebridge

Tel: 01208 812791



November

- 2nd The Nutcracker and the Four Realms
 Slaughterhouse Rulez
 9th The Grinch
 Peterloo
 Windows
 16th Fantastic Beasts: The Crimes of Grindelwald
 Robinhood
 23rd The Girl in the Spider's Web
 Wreck-It-Ralph: Breaks the Internet
 Creed II

Live Screenings: book online or contact the Cinema:

- 28th Oct 'Die Walkure' (Wagner). ROH, live, 5.00pm.
 1st 'Allelujah!'. NT, live, 7.00pm.
 13th 'La Bayadere'. Royal Ballet, live, 7.15pm.
 14th 'Troilus and Cressida'. RSC, live, 7.00pm.
 20th 'The Madness of George III by Alan Bennett. NT, live, 7.00pm.
 29th 'The King and I' from the London Palladium, 7.30pm.

Please ring or check our website for more details
www.wtwcinemas.co.uk

Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 5th & 19th.

Souper Lunch

Our next Souper Lunch will take place on Friday 16th November at 12.30 in the St Kew Highway Community Hall.

You are all most welcome. Bring a friend! We enjoy a bowl of homemade soup, have a nice chat and raise some money for a good cause.



SAVE THE DATE

Christmas Lunch will be on Friday 7th December.

Because accidents happen



If you have had an accident you may be entitled to compensation. We deal with most cases on a "No win No Fee basis." We are here to help, talk to Sproull.

SPROULL

SOLICITORS

01208 72328

www.sproulllp.co.uk

Disputes | Family | Property | Wills

Parish Council News

Chairman: Cllr J Lethbridge

Clerk: Cindy Powell,

Rockhurst, Trethburgy, St Austell, PL26 8YF

Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.00pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

St Kew Parish Council Meeting held on Tuesday 9th October 2018 at 7.00 pm in the Parish hall.

Present: Chairman A Godden, Cllrs T Mott, J Rowe, J Rickard, B Finnemore and 4 members of the public.

The matter of the erosion of the road by the stream in St Kew Churchtown was raised again. It was reported that the Clerk had written to County Highways again, with a copy to the ward member Steve Knightly and the local MP Scott Mann, but apart from acknowledgement from Scott Mann's office she had not heard anything further.

A letter from Crantock PC revealed that they are taking Cornwall Council to a Judicial Review over the way they have disregarded the neighbourhood plan and approved 22 houses. A further letter on the subject of Cornwall Council ignoring Neighbourhood Plans was received from the North Cornwall Cluster Group.

Road Closure

Prior notice was received of the road closure of Trelill Road to St Kew Highway on the 12th to the 16th of November.

Chapel Amble

Parking around the junction and the kerb stone at Chapel Amble was raised. The Clerk is to write to Mr Hambley for a date for completion of repairs to the kerb stone. The parking seem not to be a major problem and that enforcing a yellow line ban would be difficult. It was decided to monitor the situation for the time being.

Speeding at Pendoggett

Councillor Lethbridge had been approached by the licensee of the Cornish Arms at Pendoggett regarding the speed of traffic past the Inn and asked if speed

cameras could be installed to control the traffic. After investigation it was found that the matter has to be instigated by the Cornwall Councillor first for it to proceed. It was agreed to put this on next month's agenda.

Planning Applications

PA18/08313 - Mr Hawkey, Penpont Farm, Chapel Amble. New livestock housing with covered feed passage. **Recommend approval.**

PA18/08531 - Mr Paul Frost, Rumbletums, Trelill Road. Demolition of existing fish and chip shop and erection of a detached dwelling. The meeting was adjourned to allow representations from the applicant and neighbour. Issues were raised regarding the party wall and that the councillors had visited the site. It was agreed that a full site meeting would be held the next evening. At the site meeting the councillors looked at the site and the implications of the proposal in depth. It was agreed to **recommend refusal** of the application on grounds that the proposal over developed the site, leaving 200mm one side and 750mm the other side against the boundary walls. The proposed dwelling was also too high in relation to the surrounding properties. The finish of the proposed dwelling would not be in keeping with the streetscape, and parking would mean vehicles backing out onto a busy road.

Planning Decisions

PA18/07990 - Mr Shane Julian, 'Upyours', Trelill Road, Trelill.

Approved

PA18/07224 - Trecobel, St Kew. Works on trees in a Conversation Area.

Decided not to make a TPO.

PA18/05620 - Mr & Mrs Rowe. Discharge of condition 4 in respect of **PA18/01650**

Discharged.

RG

From Cormac's website:

Delays likely 12th -16th November for drainage work. The slip road to St Kew Highway will be closed. Emergency access will be maintained at all times.

Also from 26th November to 4th December there is road maintenance & gully emptying that will cause delays along the A39 from Wadebridge roundabout to Valley Truckle.

Check out these websites for up to date information:

www.cormacltd.co.uk/roadworks-and-traffic/ or www.cornwall.gov.uk/roadworks



Pengenna
Manor

Exclusively yours

Trelill
01208 612221
www.pengenna.co.uk



St Kew Inn

*A beautiful 15th century Inn, bursting with character.
We serve delicious home made food using the best local produce
You will always find a friendly welcome in this traditional local "pub"*

St Kew Inn, Church Town, St Kew, Wadebridge. Tel: 01208 841259
email: stkewinn@btconnect.com

Harvest Festival at St Kew



Starlings

Dear Clutts! Loved your article in the October magazine. I have a note on the calendar that the Starlings arrived last year on the 25th October. I wrote the following article for the magazine some years ago:

Brave little birds, they fly hundreds of miles to get here - I was once told some come from as far away as the Steppes of Russia. One would wonder why they bother to migrate as they spend a very good winter here each year. Why don't they stay for the summer? But I gather they have been doing this journey for hundreds of years.

We at St Kew and Kenwyn Park have our own group of about 35 starlings, perhaps a family group. They arrive on cue in October and take up residence in Jean Plater's tree doing her snow white pillow cases no good at all. Jean is not best pleased but feeds

them nevertheless, as do a number of us. However I digress.

In early March we were visited by or landed on by about 200 starlings. They usually pass over between 4 and 5pm. This evening they landed and perched on an ash tree at the side of our house. The noise of their twittering was incredible. I stood with my mouth open hoping they had not come to tea or had decided to roost here for a change. As I said, the noise they made was deafening. Suddenly about six of them flew up a couple of feet above the tree and then, just as suddenly, there was absolute silence. Not a single twitter!

These six birds fluttered over the tops of the branches for perhaps a quarter of a minute perhaps less. Complete silence reigned from the 200 or so sitting on the branches. These sentinels then landed back onto the tree and the horrendous chorus of twittering resumed.

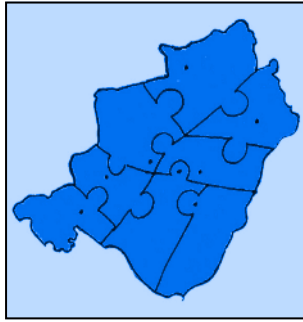
This amazing phenomenon happened twice more and then - the noise stopped. Absolute silence but this time no bird had moved. This quiet lasted maybe 20 seconds. Then, as though somebody had said "Jump!" every single bird rose up into the air. How they managed to miss the chap above I'll never know but they each became part of this huge 'bubble' of birds. They flew up into the air and did a circle of our house and garden. Some one must have shouted "Follow me!" and they flew away towards the Allen Valley.

Had something scared them that evening on their flight to their roost or was this a training exercise for their flight home? Who knows? Anybody got any answers?

At that time nobody had any answers. Have you?

Betty Balmford

Pieces of Eight



Dec 2018, Issue 245

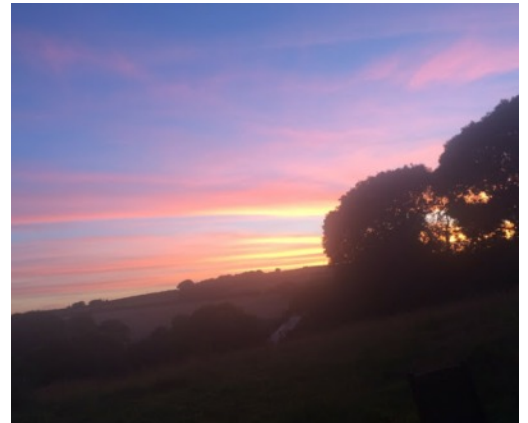
News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern



Email: stkewmag@gmail.com

With our best wishes for the festive season!

Views from Trelill during the year



Photos by Nicky Pickard

New Year

New Years Eve
Dinner Dance
With
Steve Winchester

THE RED LION INN

St Kew Highway
www.redlionstkew.com 01208841271

Your free guide to news and events within and around St Kew Parish

THE RED LION INN

St Kew Highway

www.redlionstkew.com 01208841271

DIARY DATES

December

Turning on the Christmas Lights and Santa arrives 2nd December 4:00pm till 8:00pm

Christmas Open Mic 5th December 8:30pm till 11:00pm

Carols by the Allen Valley Singers 18th December 7:30pm

Christmas Supper Club 20th December 7:30pm

Christmas Eve Dinner 24th December

Christmas Day Lunch 25th December 12:00pm till 4:00pm (bookings only)

Boxing Day Quiz and Dinner 26th December (bookings only)

January

Open Mic 2nd January 8:30pm till 11:00pm

Supper Club 17th January 7:30pm

Australia Day 26th January 7:30pm

Quiz Night 27th January

New Year

*New Years Eve
Dinner Dance
With
Steve Winchester*





- ✓ LPG Bottled Gas
- ✓ Patio - BBQ & Camping Gas
- ✓ Kiln Dried Logs
- ✓ Coal & Smokeless Fuel
- ✓ Eco Heatlogs
- ✓ No Contracts
- ✓ FREE DELIVERY



01208 816827

orders@loganslogs.com
www.loganslogs.com

There's still time to enter the 'Pieces of Eight' Poetry Competition!

(Kindly sponsored by Wadebridge Bookshop)

Ever fancied trying your hand at poetry?

We **know** there are other writers out there, so here's **your chance to be published** in the magazine **and win a prize!**

Wadebridge Bookshop are sponsoring us with a **Prize of a £15 book voucher**, redeemable at their bookshop.

Simply follow the rules below and submit your poem to us:
either at stkewmag@gmail.com
or by post to:

'Po8' Poetry Competition,
Old Court
Trell Road
ST. KEW HIGHWAY
PL30 3DP

Nothing could be simpler.
The Competition will be judged by myself and members of the Wadebridge Bookshop team.

Rules

1. Entries are to be in English: no limit to style or form.
2. Entrants need to be resident within the parish of St.Kew.
3. Each entry should be on **A4 paper** with the **author's name and details attached**.
4. Limit of two poems per entrant.
5. Line limit: 20 lines.
6. **Optional** prompt as a theme: 'Arrivals and Departures'.
7. **Deadline** for entries: **Saturday 15th December 2018**.
8. The judges' decision is final.

The winning entry will be published in the February edition of the magazine.

So get writing – we look forward to reading your poems.

Good luck!

David Penhale

Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their website*).

EDITORIAL

We wish all our readers, advertisers, contributors, and distributors a happy Christmas and a healthy, peaceful & prosperous New Year.

The year seems to have flown by, with plenty of extreme weather this year. The cold weather from the east chilled many of us in February and March, but it was not much later before the warm, and then hotter weather arrived. The summer seemed to carry on longer than usual delivering a lot of mild dry weather, it has only been the last few weeks where the cold has returned, I think it's safe to put the mower away as the grass has finally stopped growing. Maybe now it is time for comforting food, bracing walks and relaxing evenings by the fire before the build-up to the festive season.

During the summer we trialled the magazine in the smaller A5 format. We asked at the time for your views and the feedback we received was mixed (as you may have expected). The predominant view was that the larger A4 format better suited our readership. We will therefore continue to deliver A4 to each home (if you would prefer an A5 version instead please let us know and we will arrange that for you), and A5 versions for distribution via the pubs, shops and churches.

Thank you to all of the contributors to the magazine, the distributors who do a brilliant job of delivering the magazine to your door in all weathers, our advertisers and, last but not least, our printer Phil.

We welcome any feedback, letters and articles that you might want to share with the community. This is your magazine so do please let us know what you would like to read about.

We will be taking a break in January but will be back in February with the news and views of our community.

Happy Christmas!

Steve

The Editorial Team:

Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager & Treasurer
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the February issue is:

Friday 11th January

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Please could all contributors send us your copy or advertisement as soon as possible, **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight. This shows our advertisers that the magazine is **the** place to reach local customers.

The magazine does not accept any responsibility for any issues arising from advertisements.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied.

PoE is printed by Parish Magazine Printing, Northmoor, Whitstone, Holsworthy, Devon, EX22 6TD.
www.communitymagazineprinting.co.uk,
01288 341617

Cornwall Exterior Cleaning



HOMEOWNERS:-

We are a small company specialising in all aspects of external cleaning both for domestic and commercial properties.

We can provide a wide range of cleaning which include gutters, walls, conservatories, paths and driveways.

We use gutter vacs to clear debris and our high reach poles will easily clean over Conservatories.

Our pressure washing is carried out to keep all hard surfaces both clean and safe.

Softwash cleaning is a highly effective cleaning process and is used to clean render, roofs, pebble dash, concrete and brick.

We use a high grade biocide which has long lasting results without damaging the surfaces. In addition, all our cleaning solutions have a low environmental footprint and are user friendly.

All technicians are fully trained and have public liability insurance

ESTATE AGENTS:-

First impressions can be key to successful selling and to ensure this we offer a full external house package to fit your requirements.

LANDLORDS:-

External maintenance is important to keeping your property in good repair – overflowing gutters, mouldy walls need not be a problem as we can look after your property for you.

If you feel that any of our services could be of interest to you please telephone and we would be happy to discuss your requirements.

Mobile – 07921 957356

Or email:

enquiries@cornwallexteriorcleaning.co.uk

12/18



CORNISH COOKER
CONVERSIONS LTD

GET CONNECTED
...ELECTRICKIT

CONVERT YOUR AGA (OTHER RANGES TO FOLLOW) TO ELECTRIC WITH ELECTRICKIT & BENEFIT FROM

- **DRASTICALLY REDUCED AGA RUNNING COSTS**
- **WARM IN WINTER, COOL IN SUMMER**
- **INDEPENDENT HOB AND OVEN CONTROL**
- **SPECIFIC OVEN TEMPERATURES TO SUIT YOUR RECIPE**
- **PROFESSIONAL INSTALLATION**

WE CAN ALSO HELP WITH OIL SERVICING & REPAIRS

PLEASE CALL ALAN OR ELIZABETH ON 01208 812272

www.ccconversions.co.uk

12/18

12/18



North Cornwall Pest Solutions

Controlling in your area

- Ants
- Cockroaches
- Fleas
- Flies
- Moths
- Moles
- Rabbits
- Rodents
- Wasp/Hornets

BPCA Level 2 in Pest Management

24hr call out

Fully insured

07770677029

finnmore2000@aol.co.uk

Prompt, Discreet, Friendly Service



BEARDS



BABES

HAIR PARLOUR

St Kew Highway

Tel: 01208 841470 or 07581197622

12/18

St Pirans Garden Services

Hedge Cutting/Pruning

Strimming/lawn mowing

All aspects of home and garden maintenance

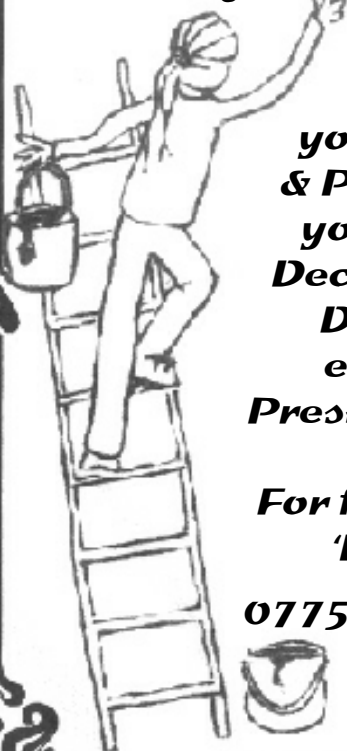
No Job too big or too small

Fully insured

01208 221397

12/18

Would you prefer to have a FEMALE to do your Painting &



- can also Maintain your Garden & Power Wash your Patios, Decking, Walls, Driveways etc. with a Pressure washer

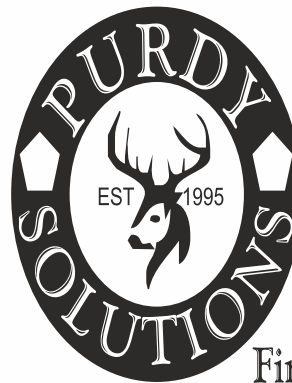
For free quote 'Phone:

07754 346457

12/18

12/18

Your first step in property preservation and maintenance



Carpentry ◆

Property Care ◆

Kitchens ◆

Bathrooms ◆

Vinyl Flooring ◆

Fire Door Maintenance ◆

T: 01208 841 528

M: 07816 899 649

E: jandbathome@aol.com

Working in association with



CONSTRUCTION SKILLS CERTIFICATION SCHEME

Aunt Avice's Pasty Shop

REAL CORNISH PASTIES HOMEMADE
EVERY DAY (except Sundays)

**FEELING HUNGRY?
JUST CAN'T WAIT?
COME TO AUNT AVICE'S
THEY'RE ALWAYS FRESH BAKED!**

WE ARE AT UNIT 1, ST KEW SERVICES,
ST KEW HIGHWAY. TELEPHONE ORDERS
WELCOME: 01208 841895 OR 841740 (HOME)

THESE ARE "THE REAL THING"

12/18

Garden Services



Clearing
Grass Cutting
Hedge Trimming
Hedge Laying
Tree Work
etc...

**Stephen Lambert
CALL:
01208 850241
07891 828313**

12/18

YOUR AWARD WINNING LOCAL STORE !!!

We use local suppliers where possible eg.

- *Barnecutt's fresh bread, cakes, pasties.
- *Button's meats.
- *Tinten potatoes.
- *St Kew Biscuits.
- *Trewithen Dairy products.
- *Local Preserves & Honey.



St Tudy Community Shop and Post Office

Monday to Friday 8am – 6pm

Saturday 8am – 2pm

Sunday 9am – 12 noon

Deliveries can be arranged

TRY US FIRST !!!

12/18

We stock fresh fruit and veg all delivered daily.
Orders for fresh fish.
Off Licence.

Newspapers & Magazines
Our own "brand" of dry goods as well as well known ones.

We sell eggs, stamps, stationery, sweets, toiletries, coal, frozen food. **And lots more!**

12/18

W J Clancy Oil Fired Boilers and Ranges

www.wjclancy.co.uk

Servicing and Repair of Domestic Oil Fired
Boilers, Agas and Rayburns.

07792 595 719

oilwilliam@yahoo.com



All the news and highlights from the top of the hill! Don't forget, you can keep up with all the school antics in our monthly newsletters, published on our website: www.st-kew.cornwall.sch.uk

As we roll on towards our exciting plans for the Christmas period, we would like to take the opportunity to let you know some of the exciting things that will be happening in school this month.

Horizon Club

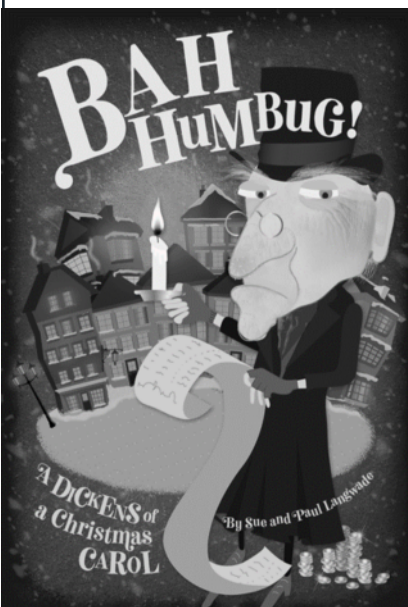
The school choir have been invited to sing at the Horizon Club in Bodmin, a community organisation promoting leisure, recreation and social opportunities for people with learning and physical disabilities, on Thursday 6th December and are busy practising songs and carols for this very special evening. We feel privileged to be offered this opportunity and look forward to bringing Christmas joy to Bodmin!



Church Family Service

We are delighted to be attending the St James' Church Christmas Family Service on Sunday 9th December when some of our children will be singing carols and sharing readings with you. Come and join us for an evening of carols and other traditional Christmas Service joy at 6.00pm.

Christmas Production: BAH HUMBUG!



This Year's Christmas Production, with all of our Year 2, 3 4, 5 & 6 children undertaking roles in the play, is **Bah Humbug** - a version of Charles Dickens' **A Christmas Carol!** The children will be showcasing their talents on stage in music and voice and you are more than welcome to come along and get in the festive spirit with them.

When can I come we hear you ask!

Performances will be held on: **Thursday 13th December at 1.30pm, Thursday 13th December at 7.00pm** and **Friday 14th December at 7.00pm**. Free tickets are available from the school office now – please call 01208 841306 and speak to the office staff if you would like to book some.

Come and see fantastic acting, beautiful singing and enjoy the Christmas Fair afterwards - grab yourselves a Christmas treat or something for the family. We look forward to showing you the amazing talents of the children at St Kew!

Nativity Story: THE INNKEEPER'S BREAKFAST

What's better than the Christmas Story at the end of the Autumn Term to get you in the mood for the Christmas holidays?



Class 1 would like to share the Nativity Story with you at St James' Church on **Thursday 20th December at 1.30pm** – no admission fee, just a wonderful story to share the true meaning of Christmas with you. We would also like to invite you back to school afterwards for the Christmas Fair and raffle draw.

Happy Christmas everyone from all at St Kew!



In reply to Betty Balmford

Many thanks Betty for your kind words and excellent article on 'revisiting your Starling experiences'.

As you reported at the time about six birds that fluttered over the top of the rest of the flock who remained silent until they re-joined. I cannot find any reason for this behaviour either, which is why ornithology is a hobby that we all constantly learn from. My personal thoughts: perhaps these were elder stalwarts that the others learn from and follow - assessing the risks or perhaps wind direction prior to the flock taking flight. The silence after constant twittering and chattering may have enabled the six birds to assess the situation by sound as well as sight so as not to distract them as they looked for potential danger? Starlings are intelligent birds and roost together for warmth and safety, with a pecking order too.

Thanks Betty, but apologies - we will continue to seek the answer!

Clutts - Pendoggett

TEA AND CAKE



Wednesday 9th January 2019
1.30pm to 3.30pm

St Kew Highway Community Hall
ALL ARE WELCOME

*Sit and chat with neighbours and friends
or play cards or a board game.
Solve a jigsaw, or bring your knitting.*

There will be tea, coffee and home-made cake.

*There is NO CHARGE, just come along and
enjoy this community social event.*

*This is continuous and will take place on
the 2nd Wednesday of every month.*

Our Feathered Friends

Who killed cock robin? Probably cock robin! The robin redbreast, Britain's national bird. This cheeky plump little bird is a firm favourite, unless you're a fellow robin! The robin is our most recognised song bird, neat and compact with thin bill, a rusty red bib and face contrasting with paler underparts, a beady eye and a warm brown back and tail. Both females and males are alike. Robins sing most of the year - a lovely trilling song advertising its presence for potential mate in the spring as well as a warning of 'keep out' to repel other males. Robins also have a distinct hard *tick*-like warning call which can become more rapid.

Once territory is established, the male and female's sole purpose is to sing to defend their realm, giving them the best opportunity to breed. Robins are quite sociable birds to us humans, gaining confidence alongside gardeners, and often feeding on easy pickings or regular visits to garden bird tables. They also perch on garden tools or flower pots waiting patiently. Robins enjoy gardens, but are also found in woodland, parks and the edges of forests. Garden visits tend to increase during cold weather as the birds seek out food.

The robin is a very ruthless, nasty and aggressive defender of its territory. Robins tend to peck or claw and flap their wings at intruders. Fighting birds attempt to see off the other with breasts puffed out in warning prior to striking each other. This can even be to the death, hence the shock introduction to our favourite bird!

At Pendoggett we have a regular Robin, as I'm sure most of you have, visiting the bird feeders. Throughout this year I have noted that the robin has adapted its feeding habits and can be seen acting like a blue tit hanging from the fat ball feeders instead of using the bird table or on the ground as they are supposed to do! Sparrows, rooks and jackdaws are game too.

Last winter's harsh weather brought in three robins. They tolerated each other (well almost), until the third robin came too close and we then witnessed it being chased off.

Robins look for mating partners between December and March, the female chasing after the male. Lucky male! Last May we had young robins in the garden, three being fed. They are comical - it's a robin gone wrong, with brown spotted feathers and the red breast not really established.

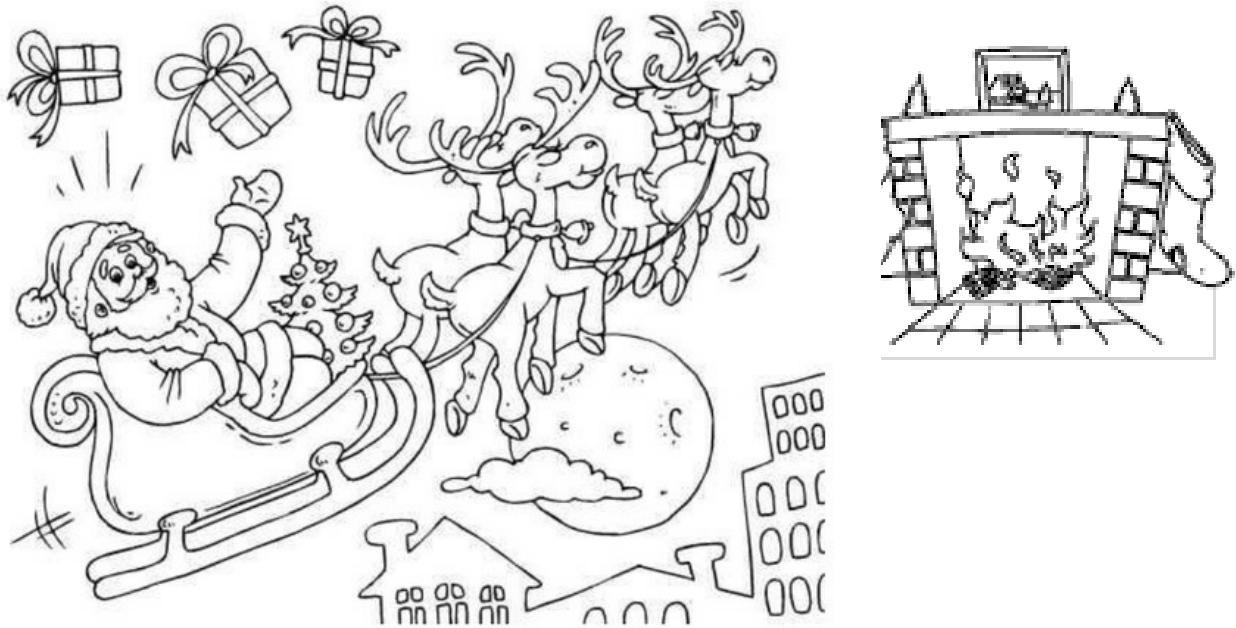
Christmas greetings - the robin comes into its own with its association with Christmas Cards and decorations at this time of year. Victorians loved Christmas cards and the robin adorned many a card. It is said that it depicts the Postman at the time who wore red coats and were nicknamed robins or red breasts. Everyone loves a Christmas card, a warm cheer of greeting at winter time.

Happy seasonal birding to you all.

Clutts - Pendoggett

CHILDREN'S CORNER

We wish you all a very Happy Christmas and we are sure Father Christmas' sleigh will be coming your way! Don't forget to leave him a snack. He is very partial to mince pies and his reindeer would really appreciate some carrots!



The Regal in Wadebridge

Tel: 01208 812791



December

- 7th The Old Man and the Gun
14th Aquaman
Spiderman: Into the Spider-Verse
21st Mary Poppins Returns
28th Bumblebee
Holmes and Watson

Live screenings: Book online or contact Cinema

December

- Mon 3rd 'The Nutcracker' - Royal Ballet, live, 7.15pm.
Thurs. 6th 'Antony & Cleopatra' by W. Shakespeare, with Ralph Fiennes & Sophie Okonedo. Live, 7.00pm.
Tues. 11th 'A Christmas Carol' - 8.00pm. Solo version with Simon Callow, using Dickens' performance script.

January's screenings are shown towards the back of this month's magazine.



Registered Charity No. 1003314

Supporting Cornwall's Children's Hospice 'Little Harbour'

STEVE'S FUN QUIZ

(It's certainly different, find out why!)

SUNDAY 27th JANUARY 2019

THE RED LION INN, ST KEW HIGHWAY

7.30 for 8.00pm start. Only £2.00 per person.

Bring a team (any number) or make up one on arrival. Raffle and 'heads or tails' for a bottle of wine.

**All proceeds to Cornwall's Children's Hospice
'Little Harbour.'**

To reserve a team table ring Wendy on 01208 441271. Enquiries: Bob Plater on 01208 841381.

Julie's
MOBILE CATERING VAN



Contact Julie on 01566 781339 or 07572 412421
juliewalters@uwclub.net Join us!  Julies-Catering-Van

12/18

Pulled Pork, Burgers, Bacon, Hot Dogs, Chips, Homemade
Coleslaw, Wraps, Hot & Cold Drinks, Extras: Cheese,
Mushrooms & Eggs
Available for any event

12/18

The Cornish Arms, Pendoggett



A 16th Century Inn

Open all day every day from 11:30 a.m
offering Real Ales, Good Wines, Cornish beers, lagers & ciders & over 80 Gins.

**Geoff, Karen and all the staff wish all our customers a very
MERRY CHRISTMAS & HAPPY NEW YEAR**

OUR QUALITY PUB FOOD is served everyday from 12 noon-2.30 & 5.30-8.30

Our "SMALLER APPETITES" menu is available

Monday-Friday lunchtimes with 2 courses for £7.95.

TWO MAIN COURSES for £15 (excludes steaks) Sunday- Thursday evenings

Please see our website & Facebook page for the details of live music at the Cornish Arms throughout December including

Steve Winchester on Sunday afternoon 16th December
and our Christmas & New Year opening times.

Free Parking • Beer Garden • 7 En-suite rooms • Free Wi-Fi
Well behaved dogs and children are welcome.

Tel: 01208 880335 or email: contact@cornisharmspendoggett.co.uk

Website: www.cornisharmspendoggett.co.uk We are also on facebook.

Thinking of letting
your holiday property?



For more information and free impartial
advice call us on **01208 607700** or
check out our website
www.toadhallcottages.co.uk



Duchy Hypnotherapy

Amanda Godfrey

Clinical Hypnotherapist and
Psychotherapist
Registered member of the AfSFH,
NBMP, CNHC and the Hypnotherapy
Directory

Tel: 07446 870 220

Email: [amanda@duchy-
hypnotherapy.co.uk](mailto:amanda@duchy-hypnotherapy.co.uk)

www.duchy-hypnotherapy.co.uk

Solution Focused Hypnotherapy based
in Wadebridge

Home visits can be arranged
Free Initial Consultation

DJA Education Ltd.

Behavioural Specialist Teacher offering a wide range of
educational and other services for children and adults with:

Specific:

- Autistic Spectrum Conditions (ASC/ASD/PDA).
- Mental Health Conditions.
- Dyslexia/ Dyscalculia.
- ADHD.

Educational:

- Early intervention.
- Catch up sessions ranging from Primary to A Level in all core subjects; especially Maths and Science.
- Levelling and grading.
- Home Tuition and Full Home Schooling.

Needs:

- Advice on services and other help available.
- EHCP advice.
- Career advice, support and planning and social inclusion.
- Help with form filling, letter writing and all other communications.

Qualified for fifteen years and rated Outstanding by
OFSTED May 2018.

Please contact: **07790 245 033** between 4pm and 9pm
Mon - Thurs

Need a plumber or gas engineer?

The Reliable Plumber is a small, fully qualified & fully insured,
local family run plumbing business.

The **RELIABLE** Plumber

Tel: 07534 311 366

contact.reliableplumber@gmail.com

- Bathroom installations including tiling
- Boiler servicing, maintenance and repairs
 - General plumbing and breakdowns
 - Work done correctly and explained
- No call out charge (diagnostic charge may apply)
- Local, friendly, knowledgeable engineer
 - Your house treated with respect
 - All work carries 6 month warranty



12/18

Clearview Solutions

Offering the latest environmentally friendly water fed pole cleaning service for
 windows and frames
 conservatories
 fascias / soffits
 Guttering
 Caravans / motorhomes
 Decking
 Patios
 Pathways
 Algae removal
 Biocidal treatments
 etc
 just call Rob to arrange a visit and no obligation quote

07875639548

St Kew 01208 841653



BREAKFAST. LUNCH. SUNDAY ROAST. CREAM TEAS. HOME MADE CAKES. CELEBRATION CAKES. ICE CREAM. HOME PRODUCED BEEF, LAMB & FREE RANGE EGGS. FRESH FRUIT AND VEG. LOCAL BREAD & CHEESES. GIFTS & CRAFTS.

**Shop and Restaurant
 Open 9am..7 days a week.**

**** Please note this year we are open every day throughout December, Christmas and New Year until Fri 4th January apart from Christmas day, Boxing Day and New year's day. We will then be closed until Wednesday 13th February**

WINTER WARMER LUNCH

**** 2 Course lunch plus tea or coffee £10.50 **
 Offer available daily 1st -21st December (excluding Sundays)**

Fresh Christmas Trees and locally made wreaths now in stock.

Don't forget we serve Breakfast 9am-11am,
 Lunch 12 noon-3pm.

Tea, coffee, homemade cakes, ice creams, cream teas, etc served all day.

Open every day. Pop in, you can be sure of a warm welcome.

TEL: 01208 880164 www.trevathanfarm.com

CHILDRENS PLAY AREA. RIDE-ON TRACTORS AND

12/18

DIGGERS. PETS CORNER...



Find us on the B3314 at St Endellion. Follow us:

12/18

AUTOTEC

ST KEW HIGHWAY

PL30 3ED

MOT CENTRE

full diagnostics

Servicing & repairs

Tyres

01208 841238

PROPRIETOR - A. EDDY autotec_stkew@aol.co.uk



KEN GODDEN Contractors



Lawn Mowing - Fencing - Rustic Stonework

Tractor and Hedgetrimmer - Landscaping

Pasture Topping - Paddock Maintenance

Hay Making - Slurry Spreading - Bale Wrapping

Square/Round Baling - Rolling

07968 481520 / 01208 850743

12/18

ST KEW GOLF CLUB



- ★ PAY AND PLAY
- ★ Challenging 9hole/18 tee (Par 64)
- ★ Covered driving range
- ★ Pro Shop & Professional Tuition
- ★ Club Hire ★ Coffee Lounge

2½ miles from Wadebridge on main A39 towards Camelford

St Kew Golf Club, St Kew Highway, Bodmin, Cornwall PL30 3EF. Tel/Fax: (01208) 841500

12/18

J.R.CLEAVE

CARPENTRY & JOINERY

Mobile: 07598 699126

THE MAKING OF BESPOKE FINE WOODWORK, HARD WOOD, SOFTWOOD DOORS, WINDOWS, FURNITURE, KITCHENS AND STAIRS

jake.cleave@icloud.com



12/18



12/18
Create your dream...



WADEBRIDGE KITCHENS

KITCHENS BEDROOMS STUDIES

Polmorla Road Wadebridge Cornwall PL27 7NB

Call us on 01208 813231 sales@wadebridgekitchens.co.uk | www.wadebridgekitchens.co.uk

HOP OILS

Heating Oils, Farm Fuels, Tank Supplies



Unit 3, The Glebe
Blisland, Bodmin, Cornwall PL30 4JE
12/18 **01208 851195**

12/18

Your local Electrician.

Ivan Jones Electrical Services Ltd



- Established 1995 -

Domestic - Commercial - Agricultural - Industrial

For all your electrical requirements

01840 213 683 - 07738 824 181
Email: info@ijesltd.com

"A local service to national standards"



The Office. 30 High Street. Delabole. Cornwall.



Colour Scheme Keith Parkyn

Painter & Decorator.
Property Maintenance Interior &
Exterior Work carried out.
Laburnham, Wadebridge Road
St Mabyn, PL30 3BQ



For friendly service & advice call:
Tel: 01208 841828
Mob: 07747 399503
Free Estimates

12/18

S. Goodman Plumbing & Heating

- All Aspects of Plumbing
- Oil Heating
- Biomass Heating
- Wood Burning Stoves
- Geo-Thermal Heating
- Servicing

Tel: 01840 213196 Mob: 07968 984305
98 HIGH STREET, DELABOLE, PL33 9AQ



- Central Heating & Underfloor Heating
- Solar Heating
- Bathroom Installations & Tiling
- Water Harvesters
- Septic Tanks
- Drainage

12/18

Happy Birthday Bessie Brown

Happy Birthday to Mrs Bessie Brown of St Kew Highway.

90 Years Young!

Love from:

Hazel, Elizabeth, Avice, your six grandchildren and your four great-grandchildren.

XXXX



Trevathan Farm Christmas Fayre

Join us on **Saturday 1st December** for our Christmas Fayre, from 10.00 am till 3.00 pm.

Complimentary mulled wine and mince pies will be on offer, as well as tastings of delicious Christmas goodies.

Browse through our ranges of gift ideas whilst trying some delicious festive treats.

Take this opportunity to order our home-made Christmas puddings and mince pies, along with

turkeys, ham, beef, cheeses, hampers, fruit and vegetables etc.....We can have them already for you to collect nearer the big day. Look forward to seeing you on the

1st December

It will be sure to get you in the Christmas spirit!

WISHING EVERYONE A MERRY CHRISTMAS AND A HAPPY NEW YEAR



A professional laundry service that meets your high expectations

HOLIDAY LETS, BED & BREAKFAST, HOTELS, RESTAURANTS

Call us on 01840 938010

Or for more information please visit our website
www.thelaundryroomcornwall.co.uk

Email: sayhello@thelaundryroomcornwall.co.uk

Tregath Business Park, Camelford, Cornwall PL32 9TX

Andreas Construction Ltd Building & Roofing


Landscaping / Patios	Roof Repairs
Property Maintenance	Re-Roofs
Extensions	Flat Roofing
Kitchens & Bathrooms	Delabole Slating
Conservatories	Slate Hanging
Loft Conversions	Lead Work
Barn Conversions	
Bespoke New Builds	Digger & Dumper Hire

All work is always to the highest of standards.
Any job undertaken.
Please call for a free quote.

07967 816968 01208 851387

andreas-construction.com

Andreas_construction@icloud.com

Find us on 

St. Kew Community Gardens Association

The View from the Allotments

..... but I have to admit that it's a pretty shabby view at the moment. It's difficult to reconcile just how productive the plots are with how shabby and unkempt they are looking at the moment – ours, that is, not everybody's! Some of our neighbours put us to shame as they have already turned everything over, strimmed the paths, dug in our (free) manure and generally weeded the place within an inch of it's life, whereas our two strips are a mass of weeds.

Earlier on I did take down the bean wigwams and cut down all the corn stalks, which started to make the place look loved and tended. But then, what with the weather and visitors and time, I seem to have neglected things a bit. But, and it is a very big BUT, these neglected plots are giving us masses of produce for ourselves and for others.

I walk round to the "lotty" about three or four times a week and come back with leeks, parsnips, cavolo nero, kale and brussels sprouts. Up until a week or so ago, I was also lifting some 'new' potatoes – I had bought some seed potatoes with a view to having them at Christmas but they produced much more quickly and we have really enjoyed them. I think I mentioned in an earlier newsletter that our sweet-corn have been magnificent this year and I have several pairs wrapped up in the freezer – I don't blanch them or anything but just wrap them in cling-film in twos and put them away. In the old days, I used to boil them up, four at a time in large sauce-

pans and you could barely see across the kitchen for steam! But it's not necessary, so I don't do it. Same with broad beans, runners and peas – I just chop them and put them in plastic bags. Runners lose their crispness a bit but are fine for stews and casseroles.

Talking of cooking, I was speaking to a fellow tenant and comparing recipes for pumpkin and squash and things and she tells me she mixes parsnip with potato for a really delicately flavoured mash. We often mash swede and carrot together which is also good and Tony has been experimenting with our wonderful Queensland Blue pumpkins to produce a rich and creamy soup. He uses our own onions, own potatoes, lots of pumpkin flesh, chicken stock from the last roast carcass and a spoon of curry powder to liven it up. Even if you don't have your own pumpkins or squashes to hand, it's worth a try with a "boughten" one. Delicious.

Well, writing these notes have made me feel guilty enough to take advantage of the dry weather and go round and put in an hour or so on the weeds. Maybe next month I can give myself a pat on the back and tell you all that the place is looking neat and tidy again! Maybe!

We've still got a couple of vacancies which we'd love to fill, so please give me a ring if you would like to come over and have a look. We have just welcomed a new plot-holder but would love to see a couple more for the new year.

Judith Mott,
judithmott@btinternet.com
Tel: 01208 841312

Mr W. J. Sweet

**General
Builder**

07526254892



**You are invited to:
The Alpha Course**

A friendly and informal chance to explore the Christian faith, ask questions and share your point of view. Each evening starts with supper, and includes a short film and time for discussion. All are welcome.

1st October-26th November, 7pm starting with supper
St Kew Parish Hall

Contact: Geraldine Ashton: 07957 609085
email: Gezzalou@aol.com

For Sale

Yamaha Electric Keyboard & Case: £70

Jupiter Clarinet: £80

Fender Squire Strat. Electric Guitar & Case and
Fender Frontman 15G Amplifier: £95

For further details please phone: 01208 880344



**ST KEW HIGHWAY COMMUNITY
HALL
WISH ALL THEIR USERS A MERRY
CHRISTMAS AND A HAPPY NEW
YEAR**



Allen Valley Singers

The leaves are off of the trees in the Avenue but the branches make interesting shapes, so it is still a pleasure to gaze at them. They give us variety and beauty all the year round. The choir is perfecting its own seasonal songs and carols for the Christmas concerts.

In most recent years, the choir has sung at Christmas-time for the folks attending and indeed living, in Basil Manor, 'on the moor'. Our welcome has always been of the highest and we have had joy spending time with those often with emotional or physical problems, who so enjoyed our visits. Sadly this year, the house has had to close as there are not enough funds to effect necessary repairs and to run the establishment. It is so sad when essential support has to be withdrawn through lack of funds and we are so sad not to meet our friends there this year. We can only hope that an alternative support has been provided and that those lovely people are happily settled.

We are excited about singing at Sian's wedding on 1st December at St. Kew Church. Her mother, Colleen Waugh is our webmaster and also a valued member of the 'Middle' section of the choir. The timing means that the report of this wonderful event

will be in the next publication, as will the details of the concert we shall be giving at Wyndhurst Orchard Retirement Home in Wadebridge, another of our regular Yuletide visits. Friday 7th December is our 'date' for singing at the Parish Hall at St. Kew, followed on the 18th December by a really jolly evening for songs and carols at the Red Lion Inn at St. Kew Highway. Do join us there for Christmas Cheer from 7.30 p.m. onwards. It will be a true start to all of the Christmas festivities.

Contact out Musical Director - Janette Man on 01208 841784 to book us for concerts or any event, weddings, christenings, even sadly, funerals, in all of which we are highly experienced. Also if you would like to join us on a Practice evening to listen to our music and to have a chat with Jan, please do so on Tuesday evenings from 7.25 to 8.45 p.m. at St. Kew Highway Community Hall. You may even be inspired to join us. We 'break up on December 18th (the pub evening) and re-start on January 15th, 2019.

We wish you all a very Happy Christmas and all good wishes for the New Year. Our motto is, 'Go Forth With A Song' and that is the watchword for 2019.

Dr. Joyce Hargrave-Wright (reporter)

WANTED

Senior lady's helper

For a mix of personal care, companionship & general domestic duties.

Some weekend hours leading to partial maternity cover spring 2019 & being part of a 3-way rota thereafter.
Driver & references essential.

01208 880135

Editor's note: Re-advertised as unfortunately we left the telephone number off last month. Apologies!



**ST KEW PARISH HALL
WISH ALL THEIR USERS A MERRY
CHRISTMAS AND
HAPPY NEW YEAR**



2019
St Kew Parish
Supper
Saturday 9th February,
7 for 7:30pm
Parish Hall
3 course meal with
entertainment.
All welcome!
Tickets £12 adults, £5 children
Buy in advance from
Rob Soley 841 366,
Pippa Bishop 841 630,
Joanna Pratt 841 420,
or Andrew Campbell 841 115

Puzzle Page

Codeword

22	10	5	15		14	4	25	24	24	15	17	
25		10		7		17		17		7		14
4	25	7	16	10	16	25	24	15		6	9	24
9		15		20		16		5		9		25
7	26	24	14	13	15	11	11		4	3	25	7
		10		24		15		16				23
2	10	4	5	11	15		4	10	7	15	12	25
10				3		9		14		7		
20	25	8	15		12	3	14	24	10	19	26	15
26		10		18		14		25		26		8
17	9	16		15	21	24	15	7	14	10	8	15
15		15		15		15		24		17		7
	4	9	12	1	25	17	15		22	15	14	24

A
B
C
D
E
F
G
H
I
J
K
L
M
N
O
P
Q
R
S
T
U
V
W
X
Y
Z

7			5				3		
	1			4					
		4	9				1	5	
		8	1	3		7			
	9	6	8		7	3	2		
		7		6	4	9			
9	4				6	5			
				8			6		
8					1				4

mp13

Nonogram

I	A	A
C	R	E
N	N	T

How many words of 4 letters or more can you find? You must use the centre letter in each word. No plurals or proper nouns are allowed. There are 57 listed in the solution which includes a nine letter word to find.

1	2	3	4	5	6	7	8	9	10	11	12	13
		Y										
14	15	16	17	18	19	20	21	22	23	24	25	26
				Q				Z				

COUSIN CONNIE'S MUM

Street lamps were lit by gaslight in the 14-18 war
 Connie's mum's job now - that men had done before
 Carrying her pole, at each lamp she'd lift it high
 Open up the jets to illuminate the sky
 Each and every night at dusk she'd trudge the gloomy streets
 Familiar of sight as the bobbies on the beat
 The money she was paid did not provide a lot
 But her babes were fed and warm, slumbering in their cot
 Dreadful news beset her - Uncle George shot dead in France
 Soldiering on her being numb, lit lamps in ghostly trance
 Bitter cold, two days no food mind awash with grief

She collapsed beneath the street light, like a fallen leaf

Knocker-up had found her with the pole across her chest
 Neighbours gathered round and bore her home to rest
 The streets were dark - and she laid two days in a coma
 Cousin Connie's Mum then died of acute pneumonia.

Jean Richardson



Souper Lunch

The October and November lunches raised a combined £190 for Children in Need. Thanks to everyone involved.





J.T.Martin Plumbing and Heating

Qualified for the installation, servicing
& maintenance of

OIL FIRED HEATING SYSTEMS AND
APPLIANCES

Unvented Hot Water System Installations and
Upgrades

OIL BOILER BREAKDOWNS AND REPAIRS

Tel: Mobile: 07812 127257

12/18

Ron Bendell Driving School

Changing the world of driving,
one lesson at a time.....



Ron Bendell
ADI

Mobile: 07539933615
Office: 01208 880691
Email: ron@rbsom.co.uk

www.ronbendelldrivingschool.co.uk

R Mears & Sons Chimney Sweeps

Established over 30 years



Thorough vacuum &
brush cleaning.

Full CCTV investigations.

Chimney linings, pots,
cowlings & bird
protection fitted.

Solid fuel appliances,
Rayburns, woodburners
and stoves installed and
serviced

Tel: 01840 261221

Mob: 07737 533392

www.sweepcornwall.co.uk

12/18



Cole Rayment & White

WADEBRIDGE • ROCK
CAMELFORD
PADSTOW

Contact us for a Free Valuation

01208 813595

www.crw.co.uk

12/18

THE ESTAS

ESTATE AGENT
AWARDS 2018

GOLD WINNER

BEST LOCAL AGENCY GROUP
SOUTH WEST

Guiser

I'm a town-craw and I prepare
to dance at the turning of the year
I know the words of the solstice song
for I'm a guiser and I belong

I come out after the shortest day
to chase the Old Year's spirits away
I'm much older than jackanory
for I'm a guiser, hear my story

it's not for the red-tops or a tv shoot
when I daub my face with coal and soot
this is not some ancient lark
I'm a proper guiser for the Light and Dark

so welcome to my darking party
widdershins it's our malarkey
bang the drum and make your mark
join the guisers in the light and dark
yes, join us guisers of the Light and Dark.

David Penhale

(Note: 'Mummer's Day in Padstow takes place on Boxing-Day and New Year's Day every year. It is a celebration of mid-winter and the end of the shortest day. Traditionally members of the community blacked-up (a tradition that is found elsewhere and in wider Britain) and covered their faces in coal dust. The idea was to disguise their identity in guising-type (disguising) activities'.

Extract from 'Celtic Cornwall' by Alan M. Kent; pub. Halsgrove press, 2012)

GILL'S RECIPE OF THE MONTH

Hot Citrus Pudding in its own juices

Ingredients

- 3 oz/75g softened butter
- 3 medium eggs separated
- 6 oz/175g caster sugar
- 3 oz/75g self-raising flour
- Grated zest and juice of 1 orange and 1 lemon
- Grated zest and juice of 2 limes
- 7 fl oz/200ml milk

Method

- Pre-heat the oven to gas mark 4, 180° c.
- Whisk the butter and sugar together until pale in colour. It wont go light and fluffy because there is more sugar than butter.
- Beat the egg yolks and whisk them into the mixture.
- Sift the flour and lightly fold into the mixture alternating it with the combined citrus juices, zest and lastly the milk. Don't worry if it looks a little curdled at this stage.
- Pour the mixture into a greased deep baking dish.

- Bake on the middle shelf of the pre-heated oven for 50 minutes, by which time the top should be golden brown in colour.

Lovely served with clotted cream or ice cream.

Although this pudding is served hot, it is just as nice cold, if it lasts that long!



'KEW & A'

Twenty Questions & Answers

This month: Rob Soley, St Kew.

Childhood Hero: David Byrne (singer, songwriter, frontman of the band Talking Heads etc..).

Hobbies: Woodwork (without proper joints!).

Favourite Music: Bach, Folk, Punk.

Favourite Book: 'The Baroque Cycle' by Neil Stephenson.

Favourite Film: 'Love Actually' (dir. Richard Curtis, 2003).

Favourite TV Programme: 'Outnumbered' (BBC sit-com, 2007-14).

What's good about living in your village?
The church, the pub, Aunt Avice's, the people, the sea.

What would you improve? Re-open the local railway line linking to London.

I'm very good at.... Making sheds, huts, greenhouses.

I'm very bad at.... Keeping in touch, social media, internet.

Editor's note: Our apologies for misspelling Chris Gardner-Medwin's name in last month's Kew & A.

A phrase I use too often is.... 'Hurrah!'

Three people, dead or alive, I'd invite to dinner are.... Archbishop Desmond Tutu, Maya Angelou (writer), John Peel (the late-lamented DJ).

I'd like to be stranded on a desert island with.... Charles Darwin.

I'm embarrassed by.... Playing the fiddle in the pub (thankfully a rare event!).

My proudest moment was.... My wedding day.

The best things about Cornwall is... The Rumps, Lundy Bay caves, surfing, Bodmin Moor, Bossiney, cream teas, music at St. Endellion, the Port Isaac Choral.

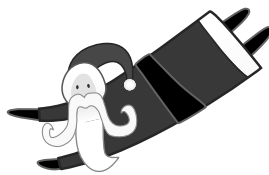
The worst thing about Cornwall is.... There's not a lot of groundwater (I'm a hydrogeologist), limited options and opportunities (plus housing!) for younger folk.

Which of our country's laws would you change? MP's *should* be allowed to wear armour in Parliament.

An over-rated public figure is.... Nigel Farage.

In another life I would be.... A funky folk-fiddle player.

The editorial team would like to wish all our readers, advertisers, contributors, and distributors a happy Christmas and a healthy, peaceful and prosperous New Year.



Puzzle page solutions

7	6	9	5	1	8	4	3	2
5	1	3	6	4	2	8	9	7
8	2	4	9	7	3	6	1	5
2	5	8	1	3	9	7	4	6
4	9	6	8	5	7	3	2	1
1	3	7	2	6	4	9	5	8
9	4	1	7	2	6	5	8	3
3	7	2	4	8	5	1	6	9
6	8	5	3	9	1	2	7	4

Nonogram

Acre, area, aria, care, cart, earn, near, race, rain, rant, rate, rein, rent, rice, tire, tare, tarp, tear, tern, tier, tire, arena, arian, atra, calm, carat, caret, cater, crane, crate, inert, inner, irate, nicer, raita, react, tara, trace, train, trice, arcane, arnica, canter, carnet, cretin, intern, nectar, recant, retain, retina, tinner, tanner, trance, cannier, certain, entrain, INCARNATE.

B	I	K	E	S	C	A	T	E	R	S	N	R	N	A	C	A	N	D	I	D	A	D	E	J	O	T	A	O	A	N	A	N	Z	A	I	F	I	C	K	L	E	C	I	N	E	M	A	I	N	S	O	Y	N	S	I	G	A	V	E	M	Y	S	T	I	Q	U	E	V	U	I	W	S	A	U	V	E	R	O	D	E	X	T	E	N	S	I	V	E	N	E	E	T	R	N	T	S	E	S	T
---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---	---

Codeword

Group Travel

Enterprise Park, Midway Road, Bodmin
Cornwall PL31 2FQ. Tel: 01208 77989



BODMIN M.O.T. CENTRE at Group Travel

Class 4, 5 and 7. Trade enquiries available upon request. Tel: 01208 77989

2018 COACH EXCURSIONS

8th DEC - BATH CHRISTMAS MARKET
16th DEC - MOUSEHOLE & ANGARRACK LIGHTS

2019 SPRING TOUR
26th APR – 1st MAY - ISLE OF MAN

PLUS MANY MORE EXCITING EXCURSIONS IN 2019 INCLUDING
THE POPULAR EXETER CANAL CRUISE

16 TO 70 SEAT COACHES AVAILABLE FOR PRIVATE HIRE. CORPORATE/ VIP, EVENTS & CONFERENCES, WEDDINGS (CAN INCLUDE STAG & HEN PARTY PACKAGE), HOLIDAY TRANSFERS, FUNERALS, DAYS OUT, GROUP TOURS, GOLFING HOLIDAYS & SPORTING EVENTS.

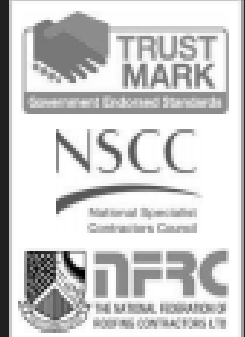
FOR BOOKINGS AND A BROCHURE PLEASE CALL

01208 77989 / 01208 72669

Website: grouptravelcoachhire.com Email: grouptravelcornwall@btconnect.com

Based in
Wadebridge

Cornish Roofing Company Ltd
Covering Cornwall



ALL ROOF WORK UNDERTAKEN

Flat Roofing • Solar • Tiling • Heritage • Leadwork • Repairs
Rag, Reclaimed and Natural Slating

Wadebridge, Cornwall **Tel: 01208 816991**
info@cornishroofing.co.uk www.cornishroofing.co.uk



Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



Martin Brooks - 07812 959 879
martin@northcornwallpilates.co.uk
www.northcornwallpilates.co.uk

12/18

Western Supply



Timber & Builders Merchants Paint & Decorating Supplies

Atlantic Road
Delabole

Tel: 01840 212580

www.westernsupply.co.uk



(open 7 days a week, Sat & Sun mornings only)

12/18

ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

November for December 1918

Home Front



The General Election of 1918 was the first to be held after the Representation of the People Act had been passed earlier in the year, which gave women over thirty the right to vote. Polling was held on 14 December, although the count did not begin until 28 December. The reason for the four-

teen day gap was to allow soldiers and sailors still serving overseas to vote.

The close of war brought with it many new aspects of social life. Servicemen were seeking work and there was assistance through various organisations such as: The Officers' Association, Comrades of the Great War, and the National Federation of Discharged and Demobilised Sailors and Soldiers. These organisations became amalgamated under the name The British Legion, which still exists today.

The Bible Society

When war broke out on 4 August 1914 every member of the British Armed Forces received a New Testament as a standard part of his kit – uniform, gun, boots, Bible. The Bible Society was among several organisations that worked tirelessly to provide copies of the scriptures for soldiers, sailors, airman, prisoners-of-war, conscientious objectors, and those invalided out of the front line. Over the 4 years of the war, the Bible Society printed and distributed some 9 million Bibles in 80 different languages. "Soldiers are happy to have something sacred with them in the hope it might stop bullets." said Dr Snape. "It also connected soldiers with their loved ones emotionally and devotionally as they may have agreed to read the same texts. It was hugely consoling for individual soldiers."

Random

Immediately the news of the Armistice became known, the Executive of the Licensed Victuallers Association met and recommended in the interest of good order and seemly conduct, that the sales of spirits should be suspended throughout the day, and not to open in the evening. This happened without significant incidents.

Over 2 billion letters and cards were delivered in Britain by the Post Office. The demands on the service saw the end of the 'Penny Post' set up in 1840, as the price of a single letter was raised to 1½ pence.



The War - "It was unprecedented in its intensity and violence, its human and material cost, and its global scale. It extinguished three empires, re-drew the maps of three continents, and brought

about Bolshevik and German superpowerdom and – depending on whom you listen to – sowed the seeds of fascism, appeasement, another world war, and a Cold War as well." Source: Hidden Shores of the 1st World War by Jackie Storer (British Library).

Land Girls' Christmas Carol

LAND Girl, sweep the stable clean
By thy lantern's feeble gleam!
In a stable, mean and low,
Lay a Baby long ago.

Make it pure and clean and sweet,
For a King and Saviour meet.
Land Girl, e'er thou close the door,
Turn, and look within once more.





ST KEW GARDENING CLUB

After a successful garden show, it's time to think of the future. Do members want a social evening in January?

With the ending of the speaker evenings through poor attendance, would members like to go for days out instead, visit a garden or nursery etc. or do anything else in the forthcoming year?

The committee is open to all ideas so please get in touch. You can either email on:

stkewgardenignclub@hotmail.com, phone the chairman on 01208 880007, or speak to a committee member.

RG



ST KEW HIGHWAY METHODIST CHURCH

Preachers for December

2 nd	Mrs Delarre Irving
9 th	Carol Service. 4.00pm, followed by tea & St Minver band coming to play. No morning service.
16 th	Fellowship lead by members
23 rd	Rev Alistair Sharp, Communion
30 th	Rev Alistair Sharp

We wish all in the area a very happy Christmas and a peaceful New Year.

January's services are shown on the next page.

Refuse collection over Christmas and New Year

As we go to print Cornwall Council's waste management team haven't decided on the changes to collections over the holiday period. Please check their website over the next couple of weeks for details.

Events outside our Parish

Regular events at St Endellion

Endelienta Poetry Group, Book Club and Family Make Club. Please visit the website, or phone or email for details.

December

7th & 8th - Christmas Carols, Pencarrow

Come along and join us for an evening of carols from Old Cornwall with the Washaway Gallery Choir in our beautiful drawing room. Enjoy a glass of warm mulled wine and a home-made mince pie included in the price.

7th – performance starts at 7.00pm

8th – performance starts at 2.15pm

Tickets £8.50, available from Peter Meanwell Tel: 01208 78393 e-mail: meanwell1@btinternet.com

22nd BeachCare Christmas beach clean.

Join Polzeath BeachCare team on their last beach clean of 2018, and celebrate with mulled wine and mince pies.

Meet at 9:30am in the main beach car park. Bring clothing and footwear suitable for the weather conditions.

More information about these events can be found on the following websites:

endelienta.org.uk

pencarrow.co.uk

polzeathmarineconservation.com



House Sitters

- Long and Short stays
- Experienced and references available
- House and pet sitting

07543828360

jhterracan@gmail.com



**ST KEW HIGHWAY
METHODIST CHURCH**

Services held in the Community Hall at 9.30am.

Preachers for January

- 6th Rev John Harrod
- 13th Rev Sally Long
- 20th Brian Parkman
- 27th Rev Alistair Sharp, United Covenant Service with St Kew Church

Catholic Church Services

Wadebridge

St Michael's Church
Tel:01208 72833
Mass Sundays 8.30am
Confessions
Friday 10.30-11.00am

Tintagel

St Paul The Apostle
Tel:01840 770663
Mass Mon-Thur 10am
Fri & Sat 6pm
Sunday 10.00am
Confessions:
Before/after Mass.
Other times on request.

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

Reflections

Aunty Dot's 90th birthday party was a surprise party. Our family travelled from all over the country to be there, 'up north'. We all went because we love her & wanted to honour her. Dot knew she was going out for dinner with her daughter, but her face was a picture when she arrived for dinner and saw over twenty family members and friends waiting for her, singing happy birthday! She was delighted, so proud of us all and truly blessed. It was a joy for us all to meet up with family and friends young and old that we hadn't seen for ages and there was a great sense of fun and fellowship, not to mention plenty of food and drinks and birthday cake!

However, the party didn't just magically happen! It took a lot of preparation from everyone to make sure it went well, starting early, putting a lot of thought into the organization of it all. It wasn't just practical preparation either, hearts and thoughts & remembering Dot was important so that we all honoured her in our own way including special gifts and speeches.

**St James the Great
at St Kew**



Calendar for December

- Sat 1st 11.00am, Wedding. Rev Dr Elizabeth Wild.
- Sun 2nd *Advent 1.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild and Henry Gompertz.
- Sun 9th *Advent 2.* 9.30am, All Age Worship 6pm, Carol Service with Ord Geraldine Ashton.
- Sun 16th *Advent 3.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild.
- Sun 23rd *Advent 4.* 9.30am, All Age Worship.
- Mon 24th 4.30pm, Christingle with Ord Geraldine Ashton.
11.30pm, Midnight Mass with Rev Dr Elizabeth Wild and Ord Geraldine Ashton.
- Sun 30th 9.30am, Holy Communion with Can Judith Pollinger

Calendar for January 2019

- Sun 6th *Epiphany.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild.
- Sun 13th *Baptism of Christ.* 9.30am, All Age Worship.
- Sun 20th *Epiphany 3.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild.
- Sun 27th 9.30am, United Covenant Service at St Kew Highway Community Hall.
- Mon 28th 7.30pm, Parochial Church Council (PCC) meeting. Venue tbc.

It got me thinking about our Christmas preparations. Practical preparations are important - who we will spend Christmas with, food, drinks, decorations and gifts. It all takes time, energy & thought. However, if we are to get the most out of Christmas we also need to prepare our hearts to honour the birthday of our Lord and Saviour, Jesus Christ. When we prepare our hearts as well as our homes we find the reason for the season and start to consider things like the love of God for us, the blessing of God & the peace & joy that can only come from relationship with God through Jesus, the gift given to us at Christmas. Not only do we experience the fellowship & fun of the season but also we sense Jesus' presence in our hearts and his joy, delight and pride in us as his children. Giving time to this preparation means we can honour Jesus' birthday in our own personal way. I pray you will all enjoy the preparation of this Christmas season & experience all that God has for you as you honour his birthday this year.

Every Blessing.

GA

We receive such great support from **Wadebridge School** who recently donated a huge amount of food as part of their non-uniform day where every student and teacher in the school contributed at least one item of food. Their assembly all week focused on the Foodbank and the work we do in the community. Pictured here are the Sixth Form students and their donation.



Thank you to the **Red Lion Pub at St Kew Highway** for hosting another fantastic Quiz Night. We had a fun night and appreciate all your donations for the Foodbank.

Your gift-filled shoeboxes are on their way. We're really grateful to everyone who kindly donated to this year's Teams4U shoebox appeal. All your lovely gifts will be sent to deprived children and families in Romania, Belarus, Bosnia, and the Ukraine. Your shoebox will be gratefully received and will make a huge difference this Christmas.

Tesco Collection

We had our Christmas hats on spreading some festive cheer at our Tesco collection. We received lots of donations which will help to create some special Christmas hampers for local people who are nominated by the professional agencies we work with.

Are you worried about money?

With Christmas on its way, it's a really busy time at the Foodbank helping people in crisis in our community. There is also a lot of concern about the impact of Universal Credit and the changes in the benefit system. If you or someone you know, needs some help and support, come and join our **FREE & FRIENDLY Moneybox Course**. The course will start in Bodmin in January and is for anyone who is a tenant, unemployed and aged 16+. It will help with budgeting, managing your finances and help to improve your confidence. We are a friendly bunch and the courses are for 6 sessions, one day per week from 9.15am to 2.30pm to fit in with the school term. If you would like more details, please contact us on 01208 815374 or email contact@wadebridgefoodbank.org. It's a great way to learn in a relaxed environment.

Wishing you a very happy Christmas and a peaceful New Year from us all at the Foodbank.

Wadebridge Foodbank, Unit 2 Trevanson Street,
Wadebridge PL27 7AR Tel. 01208 815374
Registered Charity No. 1166301
Email: contact@wadebridgefoodbank.org
Website: www.wadebridgefoodbank.org

Last week our speaker was not able to come along and so 3 of our ladies demonstrated 3 different handmade Christmas decorations. The members were able to try their hand at what was on offer:

Reindeer faces made out of clothes pegs to hang on the tree, complicated by the use of a glue gun. Baubles involving hand felted wool on a table tennis ball - this involved soapy water and some embellishments to add at the end. Finally a paper folding technique to create a Christmas tree out of a magazine, or if you have a lot of patience, then perhaps using a paperback book!

Talented ladies and something that everyone could try! It was great to have the opportunity to chat to the members as you went from table to table. Over the last few weeks some of our members have got together to create our entry for the Winter Fayre

at the Royal Cornwall Show. The theme for the competition was '100 years of Voices for Women' and our entry was based on an Edwardian afternoon tea where they were getting ready to support the Suffragette movement. Well done all those that assisted with this - St Kew won first prize and get to look after the cup for another year! Congratulations Everyone!

Next month we don't have a meeting as it is our Annual Christmas Dinner and this year we will be travelling over to Chapel Amble for the evening.

On Wednesday 9th January 2019 we start the year with a talk by the Surfers Against Sewage. Come and hear about this project and their campaigns to protect our beaches and coastline. All welcome at 7pm at the St Kew Highway Community Hall.

On behalf of St Kew WI, we would like to wish you all a happy and peaceful Christmas and our best wishes for 2019.

Alison

Events Diary - December

- 5th 'Tea and Toast', Parish Hall, 8.45 - 11.00am.
Bellringing practice, 7.30 - 9.00pm.
- 6th Chair Aerobics, Community Hall, 2.00pm.
- 7th Souper Christmas Lunch, Community Hall 12.30pm.
- 13th 'Tea and Toast', Parish Hall, 8.45 - 11.00am.
Bellringing practice, 7.30 - 9.00pm.
- 14th Chair Aerobics, Community Hall, 2.00pm.
- 19th 'Tea and Toast', Parish Hall, 8.45 - 11.00am.
Bellringing practice, 7.30 - 9.00pm.
- 20th Chair Aerobics, Community Hall, 2.00pm.

January

- 18th Souper Lunch, Community Hall, 12.30pm.
- 27th Quiz at the Red Lion Inn for Children's Hospice South West. See advertisement in this month's issue for details.

News from St Kew Parish Hall

Our next fundraiser is the raffle draw on 7th December starting at 7.30pm.

We will be joined by the Allen Valley singers. They will perform some of their repertoire and Christmas carols. Do come and join in the Carol singing.

Kathy

To book the hall, please contact Joanna Pratt on 01208 841420.

The Regal in Wadebridge

Tel: 01208 812791

www.wtwwcinemas.co.uk



January

- 11th Stan & Ollie
Ad Astra
- 18th Glass
Mary Queen of Scots

Live Screenings: book online or contact the Cinema.

January

- 5th Andre Rieu's 2019 New Year's Concert. 7.00pm.
- 6th Andre Rieu's 2019 New Year's Concert. 3.00pm
- 15th 'The Tragedy of King Richard the Second' by W. Shakespeare, with Simon Russell-Beale. NT, live (from the Almeida) 7.00pm.
- 22nd 'The Queen of Spades' (Tchaikovsky), Royal Opera House, live, 6.45pm
- 30th 'La Traviata' Royal Opera House, live, 6.45pm.
- 31st 'I'm Not Running' by David Hare. NT, live, 7.00pm.

Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 3rd, 17th & 31st December and 14th & 28th January, but may be subject to change over the festive period. Please see Cornwall Council's website.

ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

(Registered Charity No 294140)

- | | | | |
|---------------|---|-----------------|---------------|
| Sun: | Methodist Church Service | Marion Dingle | 01208 841388 |
| Mon: | Yoga 10.30am | Fiona Crompton | 01208 851735 |
| | Pilates 2.30pm - 5.15pm | Martin Brooks | 07812 959 879 |
| Tues: | Allen Valley Singers 7.15pm - 9pm | Janette Man | 01208 841784 |
| | Pilates 1.15pm-2.30pm | Martin Brooks | 07812 959 879 |
| Wed: | 1st, 3rd and 5th in month - | | |
| | West Country Embroiderers 10am - 3pm | Pat Scarborough | 01841 521323 |
| | 1st in month - St Kew Playing Field Trust | | 7.00pm |
| | 2nd in month - St Kew WI 7pm | Becky Allen | 01208 841798 |
| | 3rd in month- Gardening Club 7.30pm | Richard Godden | |
| Thurs: | Chair Aerobics 2pm | Pat | 01208 841260 |

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**



CHRISTMAS SOUPER LUNCH

Our Christmas Souper Lunch will take place on Friday 7th December at 12.30 in the St Kew Highway Community Hall. You are all most welcome. This is a community event where you could meet old friends or make new ones!



Do come along and see for yourselves!

Don't leave behind a tangled mess



Many people are reluctant to make wills. It is a common mistake to think your nearest and dearest will "get it all." We are here to help, talk to Sproull.

SPROULL

SOLICITORS

01208 72328

www.sproulllp.co.uk

Disputes | Family | Property | Wills

Parish Council News

Chairman: Cllr J Lethbridge

Clerk: Cindy Powell,

Rockhurst, Trethburgy, St Austell, PL26 8YF

Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.00pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

St Kew Parish Council Meeting held on Tuesday 13th November 2018 at 7.00 pm in the Parish hall.

Present: Chairman J Lethbridge, Cllrs A Godden, T Mott, J Rowe, R Godden, J Rickard, B Finnemore Cornwall Councillor S Knightly and 10 members of the public.

The speeding traffic through Pendoggett was raised again. The Council are looking into the installation of speed cameras, this would be very costly and the local landlord had offered to contribute towards the cost.

The uneven platform at the top of the steps by St Kew Church is still a concern. The Council had written to the church over the condition of the stones on the platform and requested a meeting, but no reply was forthcoming. The clerk was requested to write again.

Councillor Stephen Knightly reported that the Bridge Surgery and the Camel Estuary Practice are to merge into one building on the site of the bus park in Southern Way. The reason for this was thought to be so that they could offer a greater range of services. The Council was assured that this would not effect St Kew Highway surgery in any way.

St Kew does not have a neighbourhood plan. The Council has always thought that the cost and effort required was not worth the benefits gained. Recently it has been shown that the planning officials can and do ignore the plan and approve developments, contrary to neighbourhood plans, on what they class a

"Rural exception sites". Councillor Knightly said that this was not the case and they do take into account the plan. The majority of the Council still felt that St Kew would gain little from such a plan.

Planning Applications

PA18/08963 - Mr A Martin, Duchy of Cornwall, Carglaze Barn, Carglaze Lane. Conversion of redundant barn and construction of small extension.
Recommend approval.

PA18/09041 - St Austell Brewery, St Kew Inn, St Kew Churchtown. Proposed beer terrace with Pagoda off existing beer garden.
Recommend approval.

PA18/09059 - Mr & Mrs Kooman, Brookfields, Hendra Lane, St Kew. Conversion of two stable units into holiday accommodation.
Recommend approval.

PA18/08171 - Mr & Mrs Prescott, Great Brighter Farmhouse, Great Brighter Lane, St Kew. Retrospective consent for use of land for 2 shepherds huts and erection of shower unit.
Recommend approval.

Planning Decisions

PA18/08313 - Mr A Hawkey, Penpont Farm, Chapel Amble
Approved.

RG

Mobile Post Office

The mobile Post Office calling points each week are as follows:

Monday

St Merryn	08.45-10.00
Rock	11.00-12.30
St Kew Highway (Community Hall)	13.30-15.00

Tuesday

Tintagel	09.30-11.30
South Petherwin	12.45-13.45

Wednesday

Tintagel	09.30-11.30
Port Isaac	12.30-13.30
St Issey	14.00-15.00

Thursday

St Merryn	08.45-10.00
Rock	11.00-12.30
St Kew Highway (Community Hall)	13.30-15.00

Friday

Tingagel	09.30-11.30
South Petherwin	12.45-13.45



Pengenna
Manor

TICKETS:

01208 612221

www.pengenna.co.uk



Pengenna Christmas Party Night! Saturday 15th December at 7pm

Feast on a delicious 3 course dinner from guest chefs The Round Kitchen, sup spiced mulled wine, revel in the Festive atmosphere and dance the night away to a funky live band (TBA). Tickets £42pp to include welcome drink, 3 course dinner and live music. The new Cowyard Bar (cash and cards taken) will be open throughout the evening.



St Kew Inn

*A beautiful 15th century Inn, bursting with character.
We serve delicious home made food using the best local produce
You will always find a friendly welcome in this traditional local "pub"*

St Kew Inn, Church Town, St Kew, Wadebridge. Tel: 01208 841259
email: stkewinn@btconnect.com

CORNISH ROCK GIN



DISTILLED & CRAFTED IN NORTH CORNWALL

Made with unique botanicals
and Cornish spring water

 WWW.ROCKGIN.ROCKS

PENVOSE COTTAGE . ST TUDY . BODMIN CORNWALL . PL30 3NP Call: 01208 851718

STOCKED LOCALLY AND ALL ACROSS THE COUNTY

The Red Lion, St Kew Highway
Trevathan Farm Shop, St Endellion
Butter Milk Confectionery, Port Issac
Golden Lion, Port Issac
Oystercatcher, Polzeath
St Kew Inn, St Kew
The Cornish Arms, Pendoggett
Wadebridge Wines, Wadebridge
Spar Stores, Polzeath
Old Custom House, Padstow
The Little Gin Shack, Wadebridge
No 1 Rock Road, Rock
Padstow Farm Shop, Padstow
Trebetherick Stores, Trebetherick
St Tudy Community Shop, St Tudy
Bin Two, Padstow
Ark, Atlantic Highway A39
Port Gaverne Hotel, Pilchards Café
Stargazy Inn, Port Issac
The Molesworth Arms, Wadebridge
St Mabyrn Inn, St Mabyrn



Bellringing News

In October, St. Kew took part in their first round of the East Cornwall League Competition at Pelynt Church, against Roche and Lostwithiel. St. Kew came first with 29½ strokes, 2nd place Roche with 48 strokes and Lostwithiel third place with 53½ strokes. Our next competition is on the 23rd November at St. Neot against Lansallos, Withiel/St. When and Egloshayle.

On Sunday 11th November we rang for the evening service to mark the end of World War 1, one hundred years ago. We were joined by our fellow ringers Ian and Jean from St. Minver Church, Julian from Tintagel and Dave, Ken, Stewart and Gemma from St. Kew.

Photo taken by Fran Finnemore

