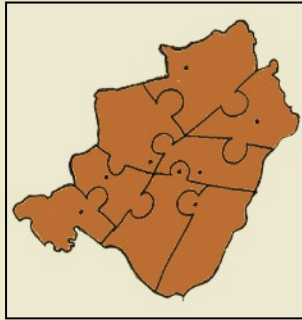


# Pieces of Eight



Feb 2017 Issue 227  
News, views and issues  
from: Chapel Amble,  
Pendoggett, St Kew, St  
Kew Highway, Trelill,  
Tregellist, Trequite,  
Trewethern

FEBRUARY

Email: [stkewmag@gmail.com](mailto:stkewmag@gmail.com)



*Photograph by Ed Pickard  
A Great Tit waiting for lunch to arrive.*

**Your free guide to news and events within and around St Kew Parish**

**Pieces of Eight** is an independent community magazine, published ten times a year. Volunteers produce and deliver the magazine to all households in St Kew Parish, and to local shops and pubs. We can post issues to households outside the parish at a cost of £10.00 per annum.

### Contacting the Editorial Team

Please use [stkewmag@gmail.com](mailto:stkewmag@gmail.com) for ALL emails, and type the name of the editor you wish to contact in the subject line.

Other contacts:

Advertising Manager: **Position vacant** at the moment. Please email the editors and one of us will get back to you.

Treasurer: Richard Godden, 1 Lane Park, St Kew, PL30 3HF

Tel 01208 880007

### Your Editorial Team

Your editorial team share the responsibilities of editing sections of the magazine:

Steve: Parish Council and Playing Fields

Philippa: History page and Childrens page

Linzi: School and Pre-school

David: Events and Poet in Residence

Nicky & Mike: Advertisement pages, WI, Gardening, Foodbank, Churches page, diary page, and feature articles.

### Copy date for the March issue is:

**Monday 13th February**

Please let us know if you need to reserve space after the copy date.

### Note to readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight!

This shows advertisers that the magazine is *the* place to reach customers.

### Advertising Rates

We have held advertising rates unchanged for several years now but due to rising print costs (even with our own laser printer) we have reluctantly decided to increase our rates for 2017. The current rates are shown below.

We aim to cover the print costs of each edition with advertising revenue. We print 10 issues a year (no January or August editions). New advertisers are most welcome, however please email the editors at [stkewmag@gmail.com](mailto:stkewmag@gmail.com) before sending copy or payment to ensure space is available, and to confirm the cost of your advertising. Local charitable and church adverts from within the Parish are carried free, sized as space permits.

Advertising copy may be e-mailed to [stkewmag@gmail.com](mailto:stkewmag@gmail.com) or placed in our post box in the Spar shop at St Kew Highway. Please ensure it reaches us by the copy deadline! Advertising remittances (cash, or cheque made payable to St Kew Parish Magazine), should be sent by the publication deadline to the Treasurer. Please do not put money or cheques in the Spar post box.

**Please note that adverts must be paid for in advance and in full BEFORE they can appear in the magazine.**

Page size	For 1 issue	For 10 issues
1/8	£6.00	£39.00
1/4	£10.00	£77.00
1/2	£16.00	£132.00
Full page	£30.00	£240.00

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**Judy Gray, our advertising manager,** has had to stand down from this role due to ill health.

The Pieces of Eight team, past and present, would like to thank her for the years of voluntary service that she has given the magazine. Through her record-keeping for invoicing, tracking payments and keeping the editors up to date for the advertising requirements each month, she was a valuable member of the team. She also was happy for us to take over her kitchen every month for bagging the magazines and providing tea. Good luck for the future Judy, and thank you for all your help.

*Sandra*  
(A previous editor)

## Editorial

Happy New Year! It is nice to be back after our winter break! I'm writing this on a beautiful sunny day, after a chilly start of course - it is still mid-January after all, but hints of spring are already in the air. The Robins are singing their hearts out looking for mates and proclaiming their territory, the daffodils and snowdrops are already poking through the dead leaves and the primroses are getting ready for their curtain call. Too soon to think about summer perhaps but definitely a good day to take large lungfuls of clean fresh air.

We are very sad that Judy has decided to step down as Advertising Manager. She has done an amazing job in countless ways and will be a very hard act to follow. We wish her well as she spends more time with her family and hopefully leads a less stressful existence! Thank you Judy for all you have done.

I am sure everyone is finding it very inconvenient having the petrol pumps at St Kew Highway still out of action. The prospect of the Post Office and Shop also being under threat is a very real worry to us all. We hope for a speedy resolution for everyone's sake.

*Philippa*

## Pieces of Eight Vacancy - Advertising Manager

As mentioned above, Judy our Advertising Manager has hung up her pens after many years sterling service to the magazine. We are now looking for a volunteer from the community who can spare just a few hours a month to fill this important role - without our advertisers we won't have a magazine!

The job involves sending out invoices to our advertisers at the beginning of each year (the bulk of this has been done for 2017), chasing payments, keeping an up to date list of advertisers and payments, acting as a point of contact for new and existing advertisers, posting the magazine out to subscribers outside the Parish, and attending the monthly distribution/committee meeting (with free tea and biscuits!) after the magazine has been printed.

If you'd like to volunteer, or would like more information, please email us at [stkewmag@gmail.com](mailto:stkewmag@gmail.com) with your name and contact details and we'll get back to you.

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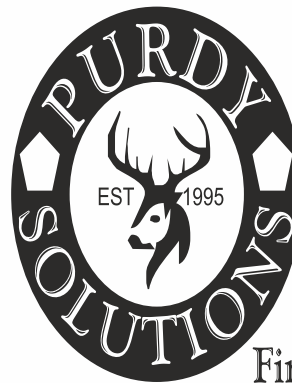
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## **The Historical Society**

### **Notification of the Annual General Meeting of the St Kew Historical Society**

You are cordially invited to the Eighth Annual General Meeting on Thursday 9th March 2017.

**Thursday 9th February 2017, 7.30pm St Kew Parish Hall**

The AGM will be held in St Kew Parish Hall at 7.30pm, light refreshments will be provided.

**St Kew Historical Society Presents:**

RSVP to the Secretary, John Raybould 01208 841682

A talk and presentation by **Terry Faull:**

#### **"The Poldark Inheritance - Recording Cornwall's Mining Heartlands"**

*John Raybould  
Secretary, St Kew Historical Society  
djohnraybould@btinternet.com*

All are welcome, members free of charge, guests £3.00 per person. All funds go to preserve the future of our History Society and the important historical items of St Kew.

*All talks are held at St Kew Parish Hall at 7.30pm*

An old chap from Newlyn went to the GP. "Doctor" says the old boy, "I am sweating buckets and I feel right beheemed\*".

"Flu?" asks the doc. "No" says the old chap. "I rode here on my bike like I always do."

*\*A Cornish dialect word for sickly, in case you were wondering.*



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# Children's Corner



## WORD SEARCH

Can you find these winter wonderland words in the grid?

ICE-SKATING SNOWFLAKES TOBOGGAN  
SLEDGE GLOVES SCARF MITTENS  
HOT CHOCOLATE POLAR BEAR

t	v	p	o	l	a	r	b	e	a	r	x
o	m	w	r	k	l	m	b	g	f	h	k
b	i	c	e	-	s	k	a	t	i	n	g
o	t	s	x	z	c	q	w	d	p	l	l
g	t	x	z	g	a	b	n	m	j	k	o
g	e	q	w	e	r	r	t	y	u	h	v
a	n	a	e	a	f	s	s	d	f	g	e
n	s	l	e	d	g	e	i	u	y		s
o	p	v	d	r		t	k	l	c	b	v
p	s	n	o	w	f	l	a	k	e	s	l
w	z	d	r	t	y	u	u	i	p	o	t
h	o	t	c	h	o	c	o	l	a	t	e

Colour me in!

Join the dots for a big surprise!!

### EASY SHORTBREAD

#### Ingredients

125g/4oz **butter**

55g/2oz **caster sugar**, plus extra to finish

180g/6oz **plain flour**

#### Method

Heat the oven to 190C/375F/Gas 5.

Beat the butter and the sugar together until smooth.

Add the flour and stir until smooth.

Roll out to a thickness of 1cm/1/2in.

Cut into rounds or fingers and place on a baking tray. Sprinkle with caster sugar and chill in the fridge for 20 minutes.

Bake in the oven for 15-20 minutes, or until golden-brown. Set aside to cool on a wire rack.



### Pendoggett's Annual Collection for St Petroc's in Bodmin

During December the villagers of Pendoggett collected breakfast items for the residents of the St Petroc's hostels in Bodmin. Yet again, a staggering amount was given and the residents were very pleased both with the everyday items and the treats donated.

*Linda Monk and Kathy Alford*

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# The Puzzle Page

## codeword

10	5	12	19	20	2	25	3		5	10	1	20
5		17		1		20				5		14
13	16	13	12	20	13	12	20		20	14	11	16
7				22		21		14		19		13
16	15	15	22	20	13	2		25	5	2	21	16
		20		20		12		20		25		22
25	16	5	12	2	12		26	5	1	5	18	3
20		6		5		2		2		14		
8	17	20	20	25		24	11	21	12	19	20	25
17		13		3		21		9				20
21	25	21	12		17	13	4	21	23	23	20	15
25		13				26		2		5		21
20	15	26	20		25	20	14	3	14	1	20	15

A  
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X  
Y  
Z

S	3			7			8					
U			7		1					6		
D			4	8								
O	5					6	7	9				
K			8		2		3					
U			9			1				4		
							5	7				
	6					3		2				
			1				4					8

## nonogram

L	E	T
R	C	G
N	A	E

How many words of 4 letters or more can you find? You must use the centre letter in each word.

No plurals or proper nouns are allowed. There are 55 listed in the solution which includes 1 nine letter word to find.

1	2	3	4	5	6	7	8	9	10	11	12	13
	T											
14	15	16	17	18	19	20	21	22	23	24	25	26
					E		M					

## GILL'S RECIPE OF THE MONTH

### Rogan Josh Pasta

- 250g dried tagliatelle, or fresh if preferred
- 1 onion, chopped finely
- 400g lamb mince
- 2 tablespoons rogan josh curry paste
- 300g passata
- 175g cherry tomatoes halved
- 2 tablespoons chopped fresh coriander

### Method

Put the tagliatelle into a saucepan and cover with boiling water. Bring to the boil and simmer for 10 - 12 minutes or until al dente.

Meanwhile heat a lidded pan, spray with cooking spray and cook the onion for a few minutes until it begins to soften.

Add the lamb mince and curry paste and cook on high for 1 minute stirring constantly. Stir in the passata and cherry tomatoes, and bring to the boil. Cover and simmer gently for 5 minutes.

Drain the pasta and add to the lamb sauce along with the coriander. Toss to coat the pasta in the sauce and serve immediately.

The lamb mince can be replaced with beef mince or vegetarian mince as required.



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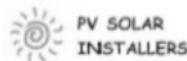
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FEBRUARY 2017

# Red **News** Lion

What's happening at the Lion this February?

OPEN MIC

WEDNESDAY 1st  
8:30pm  
ALL WELCOME

VALENTINES DINNER

TUESDAY 14th

SPECIAL MENU  
Ask for details

SUPPER CLUB

THURSDAY 16th

ITALIAN BUFFET

QUIZ NIGHT

SUNDAY 26th 8:00pm  
for the  
St Kew Highway  
Allotments

SUNDAY 26th

SUNDAY SESSIONS  
LIVE MUSIC  
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EVERY MONDAY  
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or  
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**MAD MONDAY** two courses £10 5:30 till 8:00

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[www.redlionstkew.com](http://www.redlionstkew.com)



## The future of radio. Now.

The Gig in the Garden, an event held jointly by St. Kew Inn and North Cornwall's radio station NCB Radio has confirmed the donations made after last year's successful event.

GITG was proud to have been instrumental in raising the final sum of £1,000 needed to install a FLEET defibrillator at St. Kew which is now in place and operational.

In addition, the event was able to support St. Kew Playing field Trust with a donation of £1000, St. Kew and Port Isaac Schools with donations of £500 each and St. Kew Pre-School and Port Isaac Playgroup £250 each. In addition, funds raised were sufficient to pay the first year's running cost for the defibrillator and to help NCB Radio with a donation of £200.

Sarah Allen of St. Kew Inn said "We are really grateful to all those who came along to the event and enabled us to support some great local organisations. Many thanks also to all who helped to organise the event both before and on the day".

Full details of donations and other information about the Gig in the Garden can be found on the Gig in the Garden Facebook page. If you have any queries please contact Jenny Brown at NCB Radio on [jenny@ncbradio.co.uk](mailto:jenny@ncbradio.co.uk).



On Friday 25th November St Kew WI held a coffee morning at Woodlands, the home of Gill Glynne-Jones.

It was very successful and got everybody into the Christmas Spirit, with a little help from a glass of sherry! Gill raffled a Christmas cake (made by herself) which raised £60.00 for Penhaligon's Friends, which received a lovely thank you letter.

The Christmas Lunch at Trehellas House Hotel was well attended and enjoyed by all. We are now back after our Christmas break and it is good to see one or two younger members returning and we would welcome new members along.

Gill G-J

## *Doyden*

*Late at night and a nor-easterly roaring  
with the taste of salt rain in the air  
and a watery grave on the shards of the Rumps,  
Pentire, Carnweather again.*

*You gamble on the gale for one good hand  
as candles flicker in cliff-top windows,  
beacons for every wandering barque  
on the rock and roll of the tide on the sand.*

*No poker look can bluff this time,  
as the croupier deals you his Portquin stare  
and 'Best go whilst there's a road to travel out on.  
No more credit. Beware.'*

*But the clatter of the die is too tempting,  
you hock your half-hunter and pray to the moon,  
invite the white bones to tumble a double  
believing this game can be won and soon.*

*As you lose the trick there's a pistol click,  
Outside, the faces of long-lost sailors  
stare blankly in from the dark,  
confirming your folly.*

David Penhale

## Parish Council News

**Chairman:** Cllr Richard Godden

**Clerk:** Cindy Powell, 6 Greenhill Villas  
Wadebridge PL27 6HN Tel: 01208 815591  
Email: [clerk@stkewparish.org.uk](mailto:clerk@stkewparish.org.uk)



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.30pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

### **St Kew Parish Council Meeting held on Tuesday 10th January 2015 at 7.30 pm in the Parish Hall.**

Present: Chairman Councillor R Godden, Councillors J Lethbridge, T Mott, J Rowe, A Godden and B Finnemore. Cornwall Councillor S Knightly, and four members of the public in attendance.

Apologies received from: B Hawken, S Liddiard, J Rickard and Cornwall Councillor A Penny.

The Chairman reported on a meeting with Oliver Jones head of highways at Cormac on the state of the roads in St Kew. Mr Jones said that budget constraints, lack of funds and the pressure to have potholes repaired within 48 hours (otherwise litigation could result) meant that they were not always repaired to a standard he would like. Doing this left little funds available for other road maintenance and repair work. There were 24 potholes on St Kew on the system to be repaired and would be done in the next two weeks. Mr Jones advised lobbying our local MP for more funds to be made available from the Government.

The council has received a reply from Scott Mann MP on the closure of the surgery at St Kew Highway on Thursdays. The letter is on the council's website: [www.stkewparish.org.uk](http://www.stkewparish.org.uk).

Councillor S. Knightly requested that details of the dog barking problem at Lanow to be forwarded to him.

A request from Helston Town Council for support in bringing the Tour of Britain cycle race to Cornwall. The council replied with their support.

Notification has been received that a ban has been placed on the release of balloons and lanterns from land owned by the County Council.

### **Planning Applications**

PA16/11346

Miss C Mably. Land south west of Treamble, Chapel Amble. Detailed application for a dwelling on pre-approved site. **Supported.**

### **Planning Decisions**

PA16/10359

Mr & Mrs Ian Sutcliffe. Land south of Menhay, Pendoggett. **Approved.**

PA16/09964

Mr & Mrs Foley. The Institute, Chapel Amble. **Approved.**

PA16/09752

Mr & Mrs Yeo. Land at Whitehall Estate. **Approved.**

PA16/08107

Mr & Mrs Cleave. Land south of Tregildrens Farm. **Approved.**

## **ST KEW PARISH COUNCIL**

**Chairman:** Cllr R Godden

**Clerk:** Cindy Powell, 6 Greenhill Villas, Wadebridge, Cornwall PL27 HN  
Tel: 01208 813339 Email: [clerk@stkewparish.org.uk](mailto:clerk@stkewparish.org.uk)  
[www.stkewparish.org.uk](http://www.stkewparish.org.uk)

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**CLOSING DATE - Saturday 2nd April 2017**



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2014-2015

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## Tails from Ellistee Boris

I am sorry to have to report that my guile on tablet taking didn't work and I'm back to having the contents of my tablets sprinkled on my breakfast. This is extremely annoying and frustrating as I get no treats until it is all eaten. Mistress can be so cruel at times.



She went away for the festive season and left me with Gail at the kennels. Gail is great and really understands dogs so I had a good time, but I thought it bad that mistress should leave me behind, so when she collected me I pretended not to recognise her, but couldn't keep that up either once I got home to all the homely smells.

I think I'm in love! And with a beautiful blonde. Usually I would avoid big dogs, especially boisterous Labradors, but on my walks I have met Amber several times. She is a lovely blonde bitch and not at all boisterous. There is also another little bitch that I meet quite often....why is it that these girls aren't as interested in me as I them?

As I'm getting older I can only presume that I have lost my sex appeal. (Thanks to the vet and mistress that is not all I have lost!)

Happy sniffing and tail wagging!

*Boris*

## Roly's Purrings

As I mentioned in my last letter the cattery and neighbours are no longer any use when we need to visit family up country. Before my first trip she took me to the vet and discussed drugging me for car journeys. Did she listen when the vet told it might make me feel very odd? Of course not.



On my first long journey I was quiet to start with, strapped into the front seat facing my loved one, but my opinion of her changed rapidly! After an hour I really did feel most peculiar & complained very loudly for the next 150 miles. Serves her right! No more cat Valium for me since thank goodness.

I've found I much prefer being strapped in the rear middle seat facing forwards. Much more comfortable, and I can get to doze most of the way, but with a regular whinge just to keep them on their toes.

The real breakthrough came on one trip when they stopped for bacon sandwiches. Well I was out of that basket like a shot (I like the basket door open when we stop, to stretch the old legs). Standing on the middle arm rest, I can keep an eye on the bacon supply and of course regular purring encourages sharing.... Toodle Pip!

*Roly*

## ST KEW FLOWER FESTIVAL

5<sup>th</sup> to 7<sup>th</sup> MAY 2017

We would like to invite your company/society/club to create a flower arrangement that showcases your organisation.

**The theme of the Flower Show is  
'Your Favourite Poem'**

This is a community event that will take place in St James the Great, St Kew and the funds raised will help to improve the church's facilities. The weekend will include a concert on Sunday evening by the Tintagel Orpheus Male Voice Choir. Refreshments will be available throughout the day and we will have a raffle with wonderful prizes!

Please get in touch if you'd like to get involved:

Pip Campbell: [pipcampbell@sky.com](mailto:pipcampbell@sky.com)  
Victoria Grand: 01208 815 675  
Jennifer May: 01208 880 131  
Philippa Harkness: [philippaharkness@me.com](mailto:philippaharkness@me.com)

## Introducing 'Beards and Babes'

St Kew Highway

(Previously The Hair Place)

'Beards & Babes' have taken over the hair salon at St Kew Highway and will be having an official open day on Monday 13th February.

Tara has 6 years barbering experience working in a busy shop in Falmouth, and will also be offering 'cut throat' wet shaves. Tara also cuts & styles ladies hair.

Stylist Freya has 15 years experience in cutting, colouring, fashion colours, colour correction and hair up - including bridal hair.

For more information please phone:

01208 841470

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- 6<sup>th</sup> MAY BADMINTON HORSE TRIALS
- 16<sup>th</sup> MAY TAMAR CRUISE & MOUNT EDGCUMBE ESTATE
- 15<sup>th</sup> JUNE RIVER DART CRUISE & STEAM TRAIN
- 9<sup>th</sup> AUG BRITISH FIREWORK CHAMPIONSHIPS
- 18<sup>th</sup> AUG ROSEMOOR GARDEN SHOW

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## Puzzle page solutions

9	3	1	2	7	4	6	5	8
7	6	5	1	3	8	2	4	9
4	8	2	6	9	5	7	1	3
6	7	9	3	8	1	5	2	4
1	4	8	5	2	9	3	7	6
5	2	3	4	6	7	9	8	1
2	9	4	8	5	6	1	3	7
8	5	7	9	1	3	4	6	2
3	1	6	7	4	2	8	9	5

### Nonogram

acer, acne, acre, cage, cane, cant, canter, care, careen, caret, carn, cart, carte, cartel, cater, cent, central, centre, cereal, clan, clang, clanger, claret, clean, cleaner, clear, cleat, crag, crane, crate, create, creel, crenate, enact, engage, glance, glance, lace, lacer, lance, lancer, lancet, lectern, nacre, nectar, neglect, race, react, recant, recent, rectal, RECTANGLE, trace, trance, treacle.

D	E	L	C	Y	C	R	E	G	E	D	E
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C	T	T	A	F	E	F	E	F	E	F	E
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M	R	E	S	E	S	E	S	E	S	E	S
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CodeWord



## DECEMBER EVENTS

### Cross Country

On the 1<sup>st</sup> December, several children from KS2 (years 3,4,5 & 6) braved the wintry conditions to take part in the second of a series of cross country events at Wadebridge School.

### I Bounce, Bodmin

We had a whole school trip when all of the children had a session bouncing at the new bounce park in Bodmin, where they had lots of fun and got very tired!

### School Choir

The School Choir performed at The Horizon Club in Bodmin. This was the 2nd year they had attended this event and the children really enjoyed showcasing their talents once again.

### School Play

We had our amazing and fun school play "Ali Baba and the Bongo Bandits". We had 3 performances over 2 days and everyone who took part and who watched really enjoyed it. Every performance was followed by our PTA Christmas Play, where we sold lots of handicrafts, homemade cakes and biscuits. There was an amazing raffle and the parents socialised over tea and coffee.

### Nativity

We also had our annual Nativity - this year it was "Mary's Knitting" at St James' Church followed by homemade mince pies back at the school.

## Hall for Cornwall

We made our annual visit to see the Pantomime of 'Jack and the Beanstalk' at the Hall for Cornwall followed by lunch at Fraddon. Oh yes we did.....

## JANUARY EVENTS

### From A Railway Carriage

On Tuesday 10<sup>th</sup> January, Class 2 launched their new topic 'From a Railway Carriage' by taking a train journey from St Columb Road to Luxulyan Valley (the train tickets were kindly funded by Great Western Railways). The children and staff (including two trainee teachers) all had an enjoyable day, experiencing first-hand the many things that can be seen from a train. Thanks to Rebecca from Great Western Railways and Jim from Luxulyan Friends for organising the tickets and allowing us to use the Memorial Institute, where we had our lunch.

### St. Petrocs

Sarah Fowle, from Class 2, did a sleep out in December, to raise awareness of the homeless situation and to raise £560 for St Petrocs in Bodmin. She has also been collecting adult outdoor clothing. Very well done to her.

### Guide Dogs For The Blind

Class 3 are today having a visit from Guide Dogs for the blind, which is being organised by one of our student teachers, Emma. Next week, the children are making biscuits to sell to parents to raise money for Guide Dogs for the Blind.



It's great to see all the children back after a very busy Christmas period. As you can imagine the children were all very excited at the end of term.

They enjoyed a trip to 'The Eden Project' to visit Father Christmas, had a Christmas roast dinner, watched the primary school nativity play in the Church, made their own craft nativity scene and received a letter each from Father Christmas after



writing to him with a list of what they would like. Of course the elf was watching them over the last couple of weeks to see good, kind behaviour and they all passed!

Our big fundraiser was 'Breakfast with Santa'. It was a great success. The cooked breakfast smelt lovely and it was good to see lots of families turn up. The hall was buzzing with the Christmas atmosphere, with activities for the children, a visit to Santa, raffle and craft table. We raised £426.00. Thank you for everyone's support.

This term the children have settled back in well. We are looking at winter, birds, Chinese New Year, Valentines Day and focusing especially on literacy, letter sounds and spelling their names.

We have places available so if you are interested or would like to look around and find out more about our setting please contact Hayley on 01208 841821.



## Pilates Classes in North Cornwall

St Kew Community Hall  
Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



### What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

### How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



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12/17



## ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

### February Services

Feb 5 <sup>th</sup>	Church Fellowship
Feb 12 <sup>th</sup>	Rev John Harrod, Communion
Feb 19 <sup>th</sup>	Church Fellowship
Feb 26 <sup>th</sup>	Rev Sally Long

### Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,  
www.wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

### Catholic Church Services

#### Wadebridge

St Michael's Church  
Tel:01208 72833  
Mass Sundays 8.30am  
Confessions  
Friday 10.30-11.00am

#### Tintagel

St Paul The Apostle  
Tel:01840 770663  
Mass Mon-Thur 10am  
Fri & Sat 6pm  
Sunday 10.00am  
Confessions:  
Before/after mass.Any  
other time on request.

## St James the Great at St Kew



### Calendar for February 2017

Sun 5 <sup>th</sup>	9.30am	Holy Communion with (4 <sup>th</sup> before Lent)	Revd Elizabeth Wild.
Sun 12 <sup>th</sup>	9.30am	All Age Worship with (3 <sup>rd</sup> before Lent)	Lay Prebendary David Foster.
Sun 19 <sup>th</sup>	9.30am	Holy Communion with (2 <sup>nd</sup> before Lent)	Revd Elizabeth Wild..
Sun 26 <sup>th</sup>	9.30am	All Age Worship with (Sunday before Lent)	Rob Soley.

Wednesday 1<sup>st</sup> March is Ash Wednesday:

10.00am - Holy Communion & Ashing at St Minver with Revd Elizabeth Wild.  
7.00pm - Sung Eucharist & Ashing at St Endellion with Revd Andrew Lewis.

### March 2017

Sun 5 <sup>th</sup>	9.30am	Holy Communion (Lent 1)	with Revd Elizabeth Wild.
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## Time

### Where does time go?

A moment ago it was Christmas and we were trying to resolve a lovely problem - how can you get 150 children, 248 adults, a live donkey, and a baby lamb into a church which seats 180? Well you can, just! And now we are looking at, and preparing for, Lent and Easter.

Lent: a time of.... giving up, abstaining, taking up? We all treat it differently. So here is something to think about - our use of time. Time flies by, and in all the rushing around we can forget what a gift it is. We have been given time, the question is how do we use it? Over the years here are some quotes from wiser people than me:

A man who dares to waste one hour of time has not discovered the value of life. *Charles Darwin, The Life & Letters of Charles Darwin*

Time is what we want most, but what we use worst. *William Penn*

The future starts today, not tomorrow. *Pope John Paul II*

I wasted time, and now doth time waste me. *William Shakespeare, Richard II*

The right time is any time that one is still so lucky as to have. *Henry James*

It's not that we have little time, but more that we waste a good deal of it. *Seneca*

For everything there is a season, and a time for every matter under heaven. *Ecclesiastes*

Do any or all of these strike a bell in your life? I once went on a course during which we were to have a talk on "Time management in General Practice", the speaker turned up 15 minutes late! I never did put into practice anything he said.

So at this time of year instead of just rushing around, take time to reflect and think for a while on time and how we use it. It is a gift, are we thankful for it?

*David Elliott (Reader, North Cornwall Cluster)*

# ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

February – March 1917

## Peace Negotiations

Various attempts to find some kind of common ground to begin peace negotiations by both the Central Powers (Germany, Austria-Hungary, Turkey) and the Entente Powers (Britain, France, Russia and Italy) failed during January 1917 owing to the incompatibility of war. France demanded the restoration of the Alsace Lorraine regions, which Germany refused to surrender. Russia demanded Constantinople, the Turkish capital, which was naturally highly objectionable to the Turks. Italy and Austria-Hungary also had conflicting requirements.

## Home Front

Throughout WW1 Britain imported food by ship. To bring about the surrender of Britain through starvation, the German Navy attempted to destroy all nation's ships using their submarine fleet. By the end of 1916 U-Boats were sinking about 300,000 tons per month. In February 1917, they torpedoed 230 ships and the following month a record 507,000 tons of shipping was lost. Initially, the government encouraged the population to voluntarily ration themselves but this failed. Food prices rose and by October 1916 coal was in short supply and rationed.

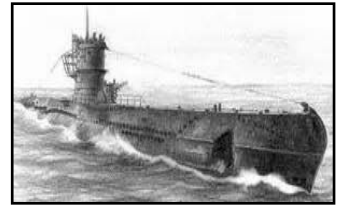
Any area that could grow food was converted to allotments and livestock were kept in people's back gardens.

One submarine commander was an Austro-Hungarian Georg Ludwig von Trapp. His later marriage to his children's tutor and their escape from Nazi Germany provided the inspiration for the musical *The Sound of Music*.

Sinkings of shipping around the Cornish coast mirrored the wider picture.



On 1 February, German U-55 attacked the cargo ship SS *Essonite* sailing from Caernarfon to Rochester, which was sunk 3 miles NNW of Trevoze Head; ten sailors were lost. On the same day, U-55 also scuttled the fishing boat *Ada* and sank boat *Inverlyon*. The following day the Russian sailing vessel *Pomoschnick* was scuttled. On 6 February, 3 miles NNE of Gurnard's Head the U-55 torpedoed SS *Saxon Briton* with more loss of life. The following day around 40 miles SW of Scillonian U-55 sank wheat-carrying SS *Yolan* losing all 33 hands. As part of the Admiralty's drive to counter the horrendous state of affairs, 4 additional naval aircraft arrived in Cornwall to augment the aerial anti-submarine patrols.



One significant sinking was that of Steam Ship (SS) *Laconia*. At the outbreak of the war the Cunard Ocean Lines SS *Laconia* was turned into an armed merchant cruiser and based at Simonstown, South Africa. She patrolled the South Atlantic and Indian Ocean until April 1915, after which she was involved in operations to capture the colony of German East Africa, and then returned to serve with Cunard. It was on her voyage from the USA to England that she was torpedoed by U-50 on 25 March 1917 and sunk 160 miles off Ireland. Twelve people were killed, six crew and six passengers, including Americans. The sinking stirred up opinion in the USA against Germany and influenced the USA to join the war. Interestingly, the wreck was located in 2009 and then ensued the argument between Britain and the USA as to who was entitled to claim the contents of her hold of 852 bars of silver, 132 boxes of silver coins, from Mexico and South America, worth £3m.



Though outside our Parish we've found out that 'The Grace Notes' will be returning to St Endellion Church, Saturday 18th February, 7.30pm.

Jazz, Disco, Funk, Mowtown and Soul from The Grace Notes with their wonderful lead singer Ley Adewole. Please see [www.endellienta.org.uk](http://www.endellienta.org.uk) for further details.

## A mistake found during proof reading

Robins are signing their hearts out instead of Robins are singing their hearts out!  
Clever Robins in Cornwall must be the air!



## STOP PRESS

As we go to print news is in that January's Souper Lunch raised a fantastic figure of £100 for the British Lung Foundation.

[www.blf.org.uk](http://www.blf.org.uk)



We'd like to wish everyone a very Happy New Year! Thank you to everyone for your support and kind donations throughout 2016. With your generosity, we are able to help our community and make an impact on people's lives. We currently have plenty of sugar, beans and soup at the moment, but we are short of **longlife fruit juice, tea and tinned tomatoes.**

It was a very busy time at the Foodbank in the run up to Christmas. We delivered our special Christmas Foodboxes to 70 families who were referred to us by a professional organisation to enable them to participate in Christmas celebrations that they may otherwise wouldn't have been able to. We also received a lovely Christmas box full of food as part of an advent campaign whereby the family donated an item every day throughout December. Such a lovely idea and much appreciated by our Foodbank.

On average we provide approximately 1,360 meals every week and since April this year we have fed 2,216 people, this brings a total of nearly 17,000

people fed from our Foodbanks since we opened our doors in 2009. Cornwall is considered to be a wealthy county however the harsh reality is that poverty is evident within our communities.

With the support of the professional services, we reached some of the most vulnerable people, during the colder season families can struggle to pay their fuel bills and are often faced with the decision to 'heat or eat'. The demand for our Foodbanks is especially high in the winter and continues to rise year on year and there is a constant demand for the valuable service we provide.

Wadebridge Foodbank  
Unit 2, Trevanson Street, Wadebridge PL27 7AR  
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Email: [contact@wadebridgefoodbank.org](mailto:contact@wadebridgefoodbank.org)  
[www.wadebridgefoodbank.org](http://www.wadebridgefoodbank.org)

*Registered Charity No. 1166301*



Let me start by wishing everyone a happy new year on behalf of our members.

We were delighted that our entry for the Winter Fair (formerly the primestock show) was awarded joint 1st prize with Bodmin Gaolbirds WI. Our entry was put together by 8 members so a great group affair.

We were thrilled and are now thinking about our entry for the Royal Cornwall Show.

Our speaker was not able to come to our January meeting and so we had a do-it-yourself night. We all brought an antique item and shared a story about it, then we played a couple of team games - find the newspaper article and then a confectionary quiz: *What are wobbly infants? Answer: Jelly Babies.*

In February our speaker is going to talk about decorated eggs. Visitors welcome at 7.00pm on Wednesday 8th February.

**St Kew Garden Association**



Our social evening was held on 18<sup>th</sup> January where we each brought some food which we shared between us, ate together and enjoyed each others company. Our sincere thanks to Connie Skewes who organised and co-ordinated it with the able assistance of Jane Powell -- WELL DONE both of you.

The Inter-village Quiz evening this year will be hosted by St Tudy. It will be held in St Tudy Village Hall starting at 7.30pm on Monday 13<sup>th</sup> February.

All teams appreciate support from their own club on these occasions so please make the effort to come and support us.

Our speaker evening on Wednesday 15<sup>th</sup> February will be given by Nick Bacon on "**Planting up containers and baskets**".

This will be held in St Kew Community Hall from 7.30pm. All are welcome.

*Sheila Shergold, Publicity Officer*



## Allen Valley Singers

Well, here we are in 2017. We enjoyed the end of our Autumn season, with an evening at the Red Lion pub in St. Kew Highway with Christmas songs and carols that were shared by the choir and the audience. We were singing a Lullaby when our Musical Director turned round to face the listeners and saw her new little Grandson Jack, carried towards her by his parents. This was a lovely moment and a complete surprise, which brought out a few tissues for moist eyes.

Our last concert was in St. Merryn church enjoyed by choir and the audience alike in this warm and welcoming atmosphere. Then, for the last time in 2016, we sang our Christmas songs and also shared well-loved carols with all those in the church. We finished the evening with mince pies and a chance to chat, giving us a really happy evening.

Our programme is already beginning to grow for 2017 including a visit later on in the year from the Bristol Ladies' choir - a return concert to our successful visit to Bristol last year.

If you would like to join our choir, or book us for concerts, weddings or any other event please contact our Musical Director, Janette Man, for all details, telephone 01208 841784.

There is always a welcome for you on Tuesday evenings from 7.15-7.45 p.m. at St Kew Highway Community Hall to give you a chance to meet us and hear our music.

*Joyce Hargrave-Wright (Dr.)  
Publicity/Reporter*

## 'KEW & A'

### Twenty Questions & Answers

**This month:** John Raybould, Secretary of various local organisations, including the History Society.

**Childhood Hero:** *My granddad, a WWI veteran; and Roy Rogers.*

**Hobbies:** *Sea-fishing and learning guitar.*

**Favourite Music:** *Folk, Blues and Rock.*

**Favourite Book:** *'Longitude' by Dava Sobel*

**Favourite Film(s):** *The 'Godfather' series, 'Jaws', and 'Alien' & 'Aliens'.*

**Favourite TV Programme:** *'The X Files'.*

**What's good about living in your village?** *All the amenities, and all the residents – a friendly helpful bunch.*

**What would you improve?** *Traffic control on Trelill Road.*

**I'm very good at....***trying to help people.*

**I'm very bad at.....***being patient.*

**A phrase I use too often is.....***'Yes, no problem'.*

**Three people, dead or alive, I'd invite to dinner are...** *Lonnie Donegan, Bob Dylan and Pete Flasket.*

**I'd like to be stranded on a desert island with....** *My better half, my guitar and Pete Flasket (my guitar-teacher).*

**I'm embarrassed by.....***my impatience.*

**My proudest moment was...***seeing our grand-children grow-up and achieve their potential.*

**The best things about Cornwall are....***its beaches, scenery, fine towns and people.*

**The worst things about Cornwall are....***archaic infrastructure and rubbish broadband.*

**Which of our country's laws would you change?.....***Murphy's (or 'sods')!*

**An over-rated public figure is....***any pompous politician, or so-called 'celeb'.*

**In another life I would be.....***an improved me!*

## Events Diary

### February

- 1st Bell ringing practice 7.30-9.00pm  
 2nd Chair aerobics, Community Hall 2.00pm  
 8th Bell ringing practice 7.30-9.00pm  
 9th Chair aerobics, Community Hall 2.00pm  
 10th Quiz Community Hall 7.45pm  
 13th **COPY DATE for the March magazine**  
 15th Bell ringing practice 7.30-9.00pm  
 16th Chair aerobics, Community Hall 2.00pm  
 17th Souper lunch, Community Hall 12.30pm  
 18th The Grace Notes, St Endillion 7.30pm  
 22nd Bell ringing practice 7.30-9.00pm  
 23rd Chair aerobics, Community Hall 2.00pm  
 24th Quiz, Community Hall 7.45pm  
 25th Magazine Collection for Distributors

### News from the Parish Hall

We raised **£820** in our Christmas raffle and many thanks to everyone who supported us. The money raised will be put towards finishing our garden project.

Our AGM takes place on 16th March 2017 in the hall at 7.30pm. Everyone is welcome.

To book the hall, please contact Joanna Pratt on 01208 841420

## ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

(Registered Charity No 294140)

- |               |   |                 |                              |
|---------------|---|-----------------|------------------------------|
| <b>Sun:</b>   | Methodist Church Service                  | Marion Dingle   | 01208 841388                 |
| <b>Mon:</b>   | Yoga 10.30am                              | Fiona Crompton  | 01208 851735                 |
|               | Pilates 2.30pm - 5.15pm                   | Martin Brooks   | 07812 959 879                |
| <b>Tues:</b>  | Allen Valley Singers 7.15pm - 9pm         | Janette Man     | 01208 841784                 |
|               | Pilates 1.15pm-2.30pm                     | Martin Brooks   | 07812 959 879                |
| <b>Wed:</b>   | 1st, 3rd and 5th in month -               |                 |                              |
|               | West Country Embroiderers 10am - 3pm      | Pat Scarborough | 01841 521323                 |
|               | 1st in month - St Kew Playing Field Trust |                 | 7.00pm                       |
|               | 2nd in month - St Kew WI                  | 7pm             | Becky Allen 01208 841798     |
|               | 3rd in month- Gardening Association       | 7.30pm          | Sheila Shergold 01208 851241 |
| <b>Thurs:</b> | Chair Aerobics                            | 2pm             | Pat 01208 841260             |

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL  
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

## The Regal in Wadebridge

Tel: 01208 812791

12/17



### February

- 3rd Rings  
Resident Evil: the final chapter (3D)  
 10th Fifty Shades Darker  
The Lego Batman Movie (3D)  
 17th The Great Wall (3D)  
 24th Hidden Figures

*Please check our website for the next Autism friendly screening - watch newly released films with friends and family in an inclusive environment.*

**Live screenings** Book online or contact the cinema

- 2nd Amadeus (NT) live 7.00pm  
 8th Woolf Works (Royal Ballet) Live 7.15pm  
 16th Saint Joan by George Bernard Shaw (NT) Live (with Juliet Binoche) 7.00pm  
 28th The Sleeping Beauty (Royal Ballet) Live 7.00pm

Please ring or check our website for more details  
[www.wtwcinemas.co.uk](http://www.wtwcinemas.co.uk)

## Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 30th Jan, 13th & 27th February.

## CHARITY QUIZ NIGHTS IN THE COMMUNITY HALL

*Fridays at 7.45pm*

10<sup>th</sup> and 24<sup>th</sup> February in aid of RNLI.



## Souper Lunch



**Friday 17th February**  
12.30pm in the Community Hall.

*The Christmas lunch raised £75 for Save the Children Syrian appeal.*



## We're hiring!

We're looking for a new breakfast cook to look after our lovely guests. Most Saturdays and Sundays between May and October, usually 3 hours each day. £8 per hour. Applicants must be personable, professional and friendly and have quality b&b, pub or hotel experience. To apply email your details and current CV to: richard@pengennamanor.co.uk

### Pengenna Manor

Trelill  
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www.pengennamanor.co.uk



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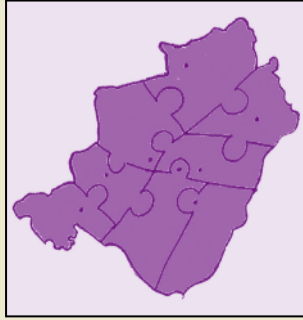
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Visit us at Bodmin, Camelford or Wadebridge

# Pieces of Eight



March 2017 Issue 228  
News, views and issues  
from: Chapel Amble,  
Pendoggett, St Kew, St  
Kew Highway, Trelill,  
Tregellist, Trequite,  
Trewethern



Email: [stkewmag@gmail.com](mailto:stkewmag@gmail.com)



**Camelias**  
*Photograph by David Balmford*

**Your free guide to news and events within and around St Kew Parish**

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**Pieces of Eight** is an independent community magazine, published ten times a year. Volunteers produce and deliver the magazine to all households in St Kew Parish, and to local shops and pubs. We can post issues to households outside the parish at a cost of £10.00 per annum.

### Contacting the Editorial Team

Please use [stkewmag@gmail.com](mailto:stkewmag@gmail.com) for ALL emails, and type the name of the editor you wish to contact in the heading.

Advertising Manager: **Position vacant** at the moment. Please email the editors and one of us will get back to you.

Treasurer: Richard Godden, 1 Lane Park, St Kew, PL30 3HF, Tel 01208 880007

### Copy date for the April issue is: Monday 13th March

Please let us know if you need to reserve space after the copy date.

### Note to readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight! This shows advertisers that the magazine is *the* place to reach customers.

### Editorial

Welcome to the March edition, the days are definitely getting longer and, with the clocks going forward at the end of the month, more long awaited light in the evenings. Hopefully we can leave the cold, wet and windy weather behind and look forward to some warmer spring weather.

I feel sure that many of us have found it very inconvenient having the local services closed, however it looks as though light is at the end of the tunnel with new owners opening in the near future.

It is understood that the reopening will not include the Post Office. A Post Office has been in place here for many years and we feel that it will be a massive loss for the community. A public meeting and petition are being organised and these may happen before this reaches you. We wish the new owners every success here in St Kew and we hope that they can find time to work with the community going forward.

It is our intention to provide a copy of the magazine online, and later in the year hopefully provide many back copies as well. The magazine can be found on [www.stkewparish.org.uk/PO8.html](http://www.stkewparish.org.uk/PO8.html). *Many thanks to the Parish Council for allowing us to use their site.*

Steve

### Advertising Rates

We aim to cover the print costs of each edition with advertising revenue. We print 10 issues a year (no January or August editions). New advertisers are most welcome, however please email the editors at [stkewmag@gmail.com](mailto:stkewmag@gmail.com) before sending copy or payment to ensure space is available, and to confirm the cost of your advertising. Local charitable and church adverts from within the Parish are carried free, sized as space permits. Advertising copy may be e-mailed to [stkewmag@gmail.com](mailto:stkewmag@gmail.com). Please ensure it reaches us by the copy deadline! Advertising remittances (cash, or cheque made payable to St Kew Parish Magazine), should be sent by the publication deadline to the Treasurer. **Please note that adverts must be paid for in advance and in full BEFORE they can appear in the magazine.**

Page size	For 1 issue	For 10 issues
1/8	£6.00	£39.00
1/4	£10.00	£77.00
1/2	£16.00	£132.00
Full page	£30.00	£240.00

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers, the management committee, who reserve the right to refuse or alter any material supplied. The magazine does not accept any responsibility for any issues arising from advertisements.

## **Cornwall Exterior Cleaning**



### **HOMEOWNERS:-**

We are a small company specialising in all aspects of external cleaning both for domestic and commercial properties.

We can provide a wide range of cleaning which include gutters, walls, conservatories, paths and driveways.

We use gutter vacs to clear debris and our high reach poles will easily clean over Conservatories.

Our pressure washing is carried out to keep all hard surfaces both clean and safe.

Softwash cleaning is a highly effective cleaning process and is used to clean render, roofs, pebble dash, concrete and brick.

We use a high grade biocide which has long lasting results without damaging the surfaces. In addition, all our cleaning solutions have a low environmental footprint and are user friendly.

All technicians are fully trained and have public liability insurance

### **ESTATE AGENTS:-**

First impressions can be key to successful selling and to ensure this we offer a full external house package to fit your Requirements.

### **LANDLORDS:-**

External maintenance is important to keeping your property in good repair – overflowing gutters, mouldy walls need not be a problem as we can look after your property for you.

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**Mobile – 07921 957356**

**Or email:**

**[enquiries@cornwallexteriorcleaning.co.uk](mailto:enquiries@cornwallexteriorcleaning.co.uk)**

2/18



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12/17



St Kew Highway  
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MARCH 2017

# Red Lion

What's happening at the Lion this March ?

OPEN MIC

WEDNESDAY 1st March  
8:30pm  
ALL WELCOME

MOTHERING SUNDAY  
26th March  
SUNDAY LUNCH  
SPECIAL  
2 course Lunch £15  
Roast all the trimmings  
& a dessert

SUPPER CLUB  
THURSDAY 16th  
All Welcome

QUIZ NIGHT

SUNDAY 26th 8:00pm  
for the  
Air Ambulance

SUNDAY 26th

SUNDAY SESSIONS  
LIVE MUSIC  
2:00 till 5:00

EVERY MONDAY  
Two courses for only £10

Starter and main  
or  
Main and dessert

**MAD MONDAY** two courses £10 5:30 till 8:00

## Every Monday night

Red Lion Inn St Kew Highway PL30 3DN

[www.redlionstkew.com](http://www.redlionstkew.com)

# CHILDREN'S CORNER

## Make these delicious mini cheese and tomato quiches

### Ingredients

- 2 large tortilla wraps
- 4 eggs
- Chopped vegetables
- 6 slices of salami
- 3 cherry tomatoes, cut in half
- basil leaves

### Method

Heat the oven to 180/gas 4. Use a 12cm glass or cutter to cut circles from the tortilla wraps, you'll need 6. Use them to line the muffin tin pushing the tortilla into the holes to make a case.

Beat the eggs with some chopped vegetables (onion, pepper, peas) and pour into the muffin cases. Add a slice of salami and a cherry tomato.

Bake for 15 minutes until the egg has set and doesn't wobble. Sprinkle a few basil leaves on top if you like them.

## Colour me in!!



## Spring Word Search

S	U	N	S	H	I	N	E	O	P
S	D	G	J	K	S	S	L	V	N
C	L	L	X	R	N	N	T	B	E
Y	D	A	F	F	O	D	I	L	S
V	M	M	L	Z	W	E	S	U	T
W	D	B	K	A	D	O	B	Z	V
B	U	T	T	E	R	F	L	Y	B
D	F	M	B	A	O	S	N	D	F
Z	X	C	A	S	P	M	Y	T	U
C	H	I	C	K	S	Z	C	V	T

See if you can find these spring words in the grid:

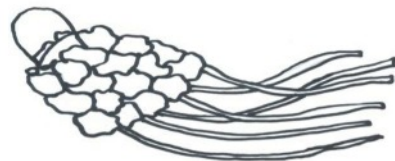
DAFFODILS  
BUTTERFLY  
SNOWDROPS  
CHICKS  
NEST  
SUNSHINE  
LAMB



## Try making this windsock!

### You will need:

- A paper cup
- A hole punch
- String and some ribbons
- Cotton wool balls
- Glue and sellotape



Cut the bottom out of the paper cup. Make two holes with the hole punch, thread the string through it and tie together. Stick the ribbons to the inside of the top of the cup with glue or sellotape. You can use lots of different colours to make it look like a rainbow.

Put glue on the outside of the cup and stick on the cotton wool balls so that it is all covered and looks like a fluffy cloud (oops... mine looks like a jelly-fish!!) Wait for it all to dry.

When it is ready go outside and hold it up and see if the ribbons blow in the wind. What direction is the wind blowing?

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Mob: 07976 960518  
e-mail [cathybray@hotmail.co.uk](mailto:cathybray@hotmail.co.uk)  
Haywood, St Mabyn, Bodmin PL30 3BU

12/17

**Garden Services**



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etc...

Stephen Lambert  
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**Sunday 26<sup>th</sup> March**

**Annual Charity Easter Egg Hunt**

Wednesday 5<sup>th</sup> April £3 per child  
bookings essential Tel: 01208 880164



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Booking essential.

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12/17

# Puzzle Page

## codeword

18		24		10		5	21	21	17	3	6	16
14	18	25	19	21	13		16		2		8	
14		21		12		9	24	17	9	25	11	21
21	6	17	21	12	17		18		6		12	
8		9		18			25	21	12	1	21	14
17	18	23	21	3	7	6	15		12		25	
21		21			21		21			6		23
	7		6		6	5	25	6	17	1	26	21
22	6	11	11	21	13			8		12		6
	4		7		11		6	20	9	23	21	8
20	6	5	6	25	21	15		7		21		13
	25		17		6		5	18	9	8	20	21
21	13	1	15	18	25	17		25		15		25

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U				2	8	6						
D	5											9
O		2			4		1					
K	6			5								2
U			9								3	
	1											5
				7	3	1						
			6					4	8			

## nonogram

P	C	T
O	R	S
T	E	A

How many words of 4 letters or more can you find? You must use the centre letter in each word.

No plurals or proper nouns are allowed. There are 111 listed in the solution which includes **1 nine letter** word to find.

1	2	3	4	5	6	7	8	9	10	11	12	13
						H						
14	15	16	17	18	19	20	21	22	23	24	25	26
				O						P		

## Please help us! Pieces of Eight is still looking for an Advertising Manager

*We are looking for a volunteer from the community who can spare just a couple of hours a month to fill this important role - without our advertisers we won't have a magazine!*

The job involves sending out invoices to our advertisers at the beginning of each year (this has been done for 2017), chasing payments, keeping an up to date list of advertisers and payments, acting as a point of contact for new and existing advertisers, posting the magazine out to subscribers outside the Parish, and attending the monthly distribution/committee meeting (with free tea and biscuits!) after the magazine has been printed.

If you'd like to volunteer, or would like more information, please email us at [stkewmag@gmail.com](mailto:stkewmag@gmail.com) with your name and contact details and we'll get back to you.



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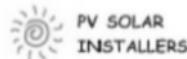
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Tel: 01840 213196 Mob: 07968 984305  
98 HIGH STREET, DELABOLE PL33 9AQ

# GILL'S RECIPE OF THE MONTH

## Chocolate Brownie Cake

This is a really good pudding to bake at the weekend, and perfect for Mother's Day. It's easy to make as most of the ingredients go into one pan; just keep an eye on the children using the hob! Tasting good homemade sweet treats encourages children to regard the shop-bought versions as inferior and less exciting compared to making their own.

### Ingredients

- 100g butter
- 175g caster sugar
- 75g brown or muscovado sugar
- 125g chocolate (plain or milk)
- 1tbsp golden syrup
- 2 eggs
- 1 tsp vanilla essence
- 100g plain flour
- ½ tsp baking powder
- 2 tbsp cocoa powder

Grease and line a 20cm cake tin, and the heat oven to 180c.

### Method

- Place butter, caster sugar, chocolate and golden syrup in the pan and melt gently on a low heat until it is smooth and lump free.
- Remove from heat.
- Break the eggs into the bowl and whisk until light and frothy.
- Add the eggs vanilla essence, flour, baking powder and cocoa powder to the chocolate mixture and mix thoroughly.
- Put the mixture into the greased and lined cake tin and place in the middle of the oven and bake for 25-30 minutes.
- Remove and allow to cool for 20-30 minutes before cutting into wedges and serving.

Serve with cream or ice cream and plenty of fresh fruit.



## The Historical Society

### Notification of Annual General Meeting St Kew Historical Society

You are cordially invited to the Eighth Annual General Meeting Of The St Kew Historical Society Thursday 9th March 2017

Venue St Kew Parish Hall, 7.30 pm

Light refreshments will be provided

RSVP to the Secretary, John Raybould on 01208 841682  
djohnraybould@btinternet.com

*All the meetings are held at St Kew Parish Hall at 7.30pm*



### ST KEW FLOWER FESTIVAL 5th to 7th May 2017

We have had a fantastic response from everyone but there is still time to join in this exciting event.

The theme of the Festival is "Your Favourite Poem" If you'd like to take part by creating a display, or if you'd like to help in other ways such as stewarding, raffle prizes, catering or sponsoring a display please get in touch:

Pip Campbell: pipcampbell@sky.com  
Victoria Grand: 01208 815675  
Jennifer May: 01208 880131  
Philippa Harkness: philippaharkness@me.com



**Site: - Trelill Road, St Kew Highway, Bodmin, Cornwall, PL30 3DP**

**Managing Trustees : *Chairman: Robert W Knight, Treasurer: David Edwards, Philip Scott, Jacqui White, Robert Eggins, Trevor Wellington, Jeanette Rowe, Jeremy Chancellor, Youth Rep Ryan Rowe & Gerry McGowan***

St. Kew Playing Field Trust – Charity Registered Number: 1103642 Polrode Mill Cottage, St Tudy, Cornwall PL30 3NS

It has been a quiet winter with few games being played - Highway haven't played since December whereas United played against Union on Sunday 22nd of January.

St Kew United were 3 ahead in the first ten minutes thanks to the fitness and agility of attacker Martin Jago who proceeded to score 4. At half time a confident St Kew went into the changing room 5 nil up, a slight change of players and a tired St Kew went on to beat Union (one of the better teams in the league) 6-4, a mighty win for the lads.

Both teams have reached the final of the league shield competition. This was due to be played at the end of January but due to the weather conditions the game was postponed, however it will be played towards the end of the season. We will let you know the new date, please come

along and watch as this will likely be a classic encounter.

I was also very pleased with the work done on the grounds and pavilion by messrs Meehan, Carthew, Allen and Conn, shifting 4 tons of stone and digging out both land drains and installing mains water and drainage for the pavilion.

*Gerry McGowan  
Club Football Manager*

## **Aunt Avice's Pasty Shop**

Avice's shop will celebrate 17 years of operation in March 2017. The shop is very much part of the fabric of St Kew Highway and the surrounding area, providing a range of tasty home made products for all of us to enjoy. The shop is open 6 days a week selling not only wonderful pasties, but also mouth watering Egg, Bacon and Parsley pie, fantastic sausage rolls, quiches and a large range of delicious cakes.

The team working alongside Avice in the shop making the tasty fare and providing brilliant customer service are husband Peter, daughter Melissa, uncle Harold, Linda and Sally.

I asked Avice about the closure of the garage forecourt and the shop, she said it made her

feel so sad as it has become so much quieter with not so many people stopping at the services and that it has impacted her business. However, she said she thanks everyone who has come along and supported her including many customers from further afield who have phoned before visiting.

Congratulations from all of us at the magazine on 17 successful years and we wish Avice and the team many more successful years to come.

The news we have just before going into print is that a new company will be re-opening the forecourt and shop, hopefully this will happen in the near future, this is great news for the community, we wish them all well.

**Steve**

## WANTED

### SENIOR LADY'S HELPER

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Please email the editors at the magazine on [stkewmag@gmail.com](mailto:stkewmag@gmail.com) and they will pass the information on to us. Thank you!

### *The Truth About Rice*

As rice is grown in water, and much of that water contains arsenic, rice is the cereal that contains the most arsenic.... high levels in fact. However that does not mean that rice is poisonous, as long as it is cooked correctly. Rice should be soaked overnight in fresh cold water as this will remove the majority of the arsenic. Strain the rice and wash thoroughly in running water. Then cook with about 5 times as much water to rice. Only a trace of the arsenic will remain.

### **Endelienta Events at St Endellion – March 2017**

#### **Helen Chadwick Song Theatre: House of Light Saturday 11 March**

Singer, songwriter and composer Helen Chadwick presents a heart-warming quartet concert of her gorgeous a capella harmony songs with settings of inspirational poems. Also, **Singing Workshop** (without scores) in the afternoon, **3 - 5pm**.

#### **Bournemouth Symphony Orchestra Brass Ensemble Thursday 30 March**

The BSO Brass quintet love connecting with audiences and giving concerts in small rural villages. The programme ranges from Bach to A Nightingale

Sang in Berkeley Square – so something for everyone. Cornish young brass talent join the ensemble for a few of the pieces.

The concerts are in St Endellion church and start at 7.30pm. All tickets are £10, available online at [www.endelienta.org.uk](http://www.endelienta.org.uk); or by telephone 07787 944935.

#### **David Marl: Pilgrims 22 April to 7 May St Endellion Hall. Open weekends. Entry free**

An exhibition of exquisite small acrylic paintings exploring the magical reality between dream and belief and the meaning of our existence in this world.

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### **Food Bank Extra Money Box Course**

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The first course is one day per week for 6 weeks in term time and starts soon in Bodmin, if you would like any further details please give us a call on 01208 815374.

# Parish Council News

**Chairman:** Cllr Richard Godden

**Clerk:** Cindy Powell, 6 Greenhill Villas  
Wadebridge PL27 6HN Tel: 01208 815591  
Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.30pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

## St Kew Parish Council Meeting held on Tuesday 14<sup>th</sup> February 2017 at 7.30 pm in the Parish Hall.

Present: Chairman Councillor R Godden, Councillors J Lethbridge, T Mott, J Rowe, A Godden, B Hawken, S Liddiard, J Rickard, Cornwall Councillor A Penny, and one member of the public in attendance.

Apologies received from: B Finnemore, J Mott, PCSO Drennan and Cornwall Councillor S Knightley.

The public discussion concerned St Kew Highway losing the Post Office service in the shop.

The Post Office service is very important for the community and the wider area for a number of reasons, but it is understood that the new owners of the shop and garage will not be providing one.

A public meeting is being arranged to discuss the situation will take place in the Community Hall on Thursday 23<sup>rd</sup> February 7pm, a petition will be raised to gather support for the Post Office.

The Parish Council are concerned about the situation and agreed to write to the new owners about it.

County Councillor Andy Penny informed the meeting that the Bodmin library had relocated to the Chy Trevail offices and that it was being well attended, and also that the former public toilets in Port Isaac are undergoing works to convert part of the building into a shop and possible Post Office.

PCSO Drennan provided a written report highlighting the crime figures for the December and January period. 3 crimes were recorded: 1 burglary, 1 blackmail and 1 threatening behaviour.

## Planning Applications

### PA17/00060

Mr Andrew Harper, Coast Homes Ltd, Wenrin, Chapel Road, Chapel Amble.

Demolition of single storey garage and construction of extension. Replace windows and insulation and roof lights to main roof. **Recommended approval.**

### PA17/00700

Mr S Hancock, Treamble Rd from Chapel Amble Road to Gutt Road, Chapel Amble.

Proposed detached dwelling.

**Recommended refusal.**

## Planning Decisions

### PA16/10204

Mr & Mrs Boyne, Tomfanny Farm, Tregellist, St Kew.

Construction of two storey extension.

**Approved.**

### PA16/11346

Miss C Mably, Treamble, Chapel Amble.

Erection of 3 bedroom dwelling.

**Approved.**

The Parish Council approved a grant for each of the 3 defibrillators in the parish to assist with maintenance costs.

The Parish Council decided it would provide a display in the St Kew flower festival.

The meeting was informed that the company who provide the audit service for the parish is closing, a new auditor will need to be adopted at the next meeting.

## 2017 St Kew Parish Supper beats off the January blues

People from across the eight villages converged on the Parish Hall on Saturday 21 January to eat, drink and sing the January blues away.

The tables were dressed with flowers and candles, the food was all deliciously homemade and donated by volunteers, there was a mind-bending Cornish place names quiz, a raffle, and the evening was rounded off with a series of floral choral singalong songs – looking forward to the St Kew Flower Festi-

val (set for the 5 – 7 May Bank Holiday weekend in the church. Make a note in the diary!).

At the end of the night we were blown away by a blast from the bagpipes before everyone helped clear the hall in the blink of an eye!

Together we raised **£1,007** which will be split between our lovely parish hall and church. Hurrah!

A huge thank you to all of the table layers, cooks, servers, washer uppers, quiz- whizzers, musicians and eaters, and finally, thanks to Kim Appleby for the fantastic photos!



### At St. Piran's Oratory A poem for St. Piran's Day, March 5<sup>th</sup>

It's the morning after the storm and  
I'm sifting through pre-Christian remains  
in this secret house amongst the dunes -  
not enough stone to build an upper room -  
when I hear you clattering about outside.  
I pause to watch you hunker down  
from the prevailing westerly,  
blue hessian cloak soaked and torn -  
you're drying off by a bleary fire of  
old ship's timbers and thorny furze.

Sole survivor, it would appear  
yet haloed in the morning light.  
With such a slow and stubborn effort,  
you start to grind from your granite quern,  
grain by grain with all your might,  
making bread for a world new-born.

*'At St. Piran's Oratory' first appeared in Wave-Hub – New Poetry from Cornwall, ed. Alan M. Kent, published by Francis Boutle, London, 2014*



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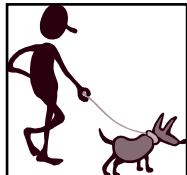
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## Tails from Ellistee Boris



Really odd! The last few weeks the Mistress and others have been talking about Trump, and I think she might be referring to the problems that I have with my rear end that I can't help. She has also sprayed the kitchen with some awful smelling stuff to eliminate what she calls that awful doggie smell. What does she expect. I am an old dog and have a bit less control over these things (and I think she is the same) and more or less confined to the kitchen during the day. I quite enjoy living with what she calls a doggie smell, but I have to put up with flowery sweet smells. Grrr.

I haven't seen my lady loves for some time, perhaps they are avoiding me because I don't smell doggie enough.

I have a friend called Bailey that I haven't seen for a long time because he lives in Suffolk. I recently found some dog treats called Bailey - strawberry flavoured, so I sent him some. Hope it is appreciated.

Happy sniffing and tail wagging!

*Boris*

## Roly's Purrings



I'm writing this 'up country' and it's very cold and snowy. In my younger days I enjoyed going out in it, chasing the flakes and seeing where other animals had been. Nowadays I'm much happier staying indoors on a comfy chair, with the use of a litter tray so I don't have to venture outside until the weather warms up.

There's been some big excitement in the family this week. Apparently the middle child "went up a mountain with a girlfriend and came down with a fiancée!" No idea what that means but everyone seems happy. We left sunny Cornwall so we could celebrate with them. I say "we", I wasn't invited to their lunch and when they eventually got back there were no pussy bag for me. There was some nice fruit cake they had with their coffee later on and I had to use my paw to get my share, nothing wrong with my aim though I say it myself - a swift right hook with claws out. I was told it wasn't suitable and had my piece taken away. I did get my own back by licking the plate clean when no one was watching. I was fine, don't know what all the fuss was about.

*Roly*

## ST KEW HIGHWAY COMMUNITY HALL

Reg.Charity No.294140

The Hall offers a variety of activities for the community and for all age groups. During the day there is a choice of Yoga, Pilates, or chair aerobics for the less able. There are also art classes and a thriving Cornish Embroidery group. On Tuesday evening the Allen Valley singers meet, and I am sure would welcome new members. Wednesday evenings are reserved for meetings: the WI, the Gardening club and the Playing Field group. These groups would also welcome new members. Finally, on every other Friday we have a quiz to raise money for worthwhile causes.

We could offer more activities if there is anyone who would like to start something new. The Hall is also available for events such as parties, fund raising events, jumble sales, fetes etc. There is a small committee that supports all these things, and we would also welcome newcomers. Please come to our AGM and find out more.

## NOTICE OF THE ANNUAL GENERAL MEETING TO BE HELD ON

WEDNESDAY 26<sup>th</sup> APRIL 2017 at 7.30pm  
IN THE COMMUNITY HALL

You are cordially invited to the above meeting. All residents of St Kew Parish aged 18 and upwards are entitled to attend and VOTE at the Annual General Meeting.

Please come along and enjoy a glass of wine and other refreshment and have your say about what you want from YOUR village hall and select the people you want to run it. All the members of the management committee retire from office at the end of the meeting and a new board of trustees elected by you takes over. Younger members of the community are also very welcome to attend and may stand for election onto the management committee to advise what the younger residents of the community would like to happen at the hall for them.

4/17 AGM

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## 2017 COACH EXCURSIONS

- |   |   |
|---|---|
| 11 <sup>th</sup> APR - WEST SOMERSET RAILWAY & DUNSTER CASTLE | 25 <sup>th</sup> JUL - MYSTERY TOUR                             |
| 6 <sup>th</sup> MAY - BADMINTON HORSE TRIALS                  | 8 <sup>th</sup> AUG - PAIGNTON ZOO                              |
| 16 <sup>th</sup> MAY - TAMAR CRUISE & MOUNT EDGCUMBE          | 9 <sup>th</sup> AUG - FIREWORK CHAMPIONSHIPS                    |
| 29 <sup>th</sup> MAY - EASTBOURNE (5 days, 4 nights)          | 18 <sup>th</sup> AUG - ROSEMOOR GARDEN SHOW                     |
| 15 <sup>th</sup> JUN - DART CRUISE & STEAM TRAIN              | 15 <sup>th</sup> - 17 <sup>th</sup> SEP - BLENHEIM HORSE TRIALS |
| 8 <sup>th</sup> JUL - BARBURY CASTLE TRIALS                   | PLUS MORE TO BE ADDED.  |

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## STOP PRESS

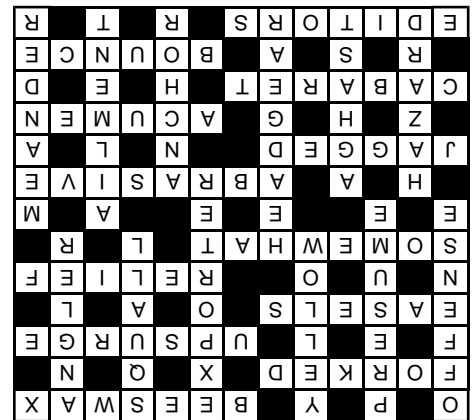
The February Souper Lunch was held on Friday 17th. Lay Prebendary David Foster opened with a prayer and the jolly gathering were treated not only with soups from Pam Hall, Cherrel Raybould and Diane Garland but also home-made rolls and tarts by Cherrell and colourful cup-cakes by Pam. A home delivery was made to Sybil and Fred Crahart. Charitable giving produced £80.50 which was mutually agreed to be

forwarded to the Brandon Trust at Bodmin. The Brandon Trust is a charity supporting adults and children with learning disabilities and autism. They believe that all people with learning disabilities should be able to live a life of freedom with fewer limitations. They work with people who can inspire and enable those they support to set themselves free to they can reach for their dreams and be all they can be. The Souper Lunchers will be looking at other local charities to support.

## Puzzle page solutions

2	3	1	4	9	5	7	6	8
9	4	7	2	8	6	5	1	3
5	6	8	3	1	7	2	4	9
8	2	3	6	4	9	1	5	7
6	1	4	5	7	3	8	9	2
7	5	9	1	2	8	6	3	4
1	9	2	8	6	4	3	7	5
4	8	5	7	3	1	9	2	6
3	7	6	9	5	2	4	8	1

**Nonogram** acer, acre, actor, arose, aster, caper, captor, care, carp, car, pet, cart, castor, cater, coarse, coaster, core, corp, corpse, corset, crate, crept, crest, crop, escarp, escort, opera, orate, orca, offer, pacer, pare, parse, part, pastor, part, pattered, bear, pert, pore, port, poster, potter, prate, presto, prose, prostrate, protect, protest, race, rape, rapt, rasp, rate, react, reap, recast, recast, roset, repeat, repost, rest, roast, rope, rose, rota, rotate, rote, scar, scare, scarp, scatter, score, scrap, scrape, seaport, sear, sector, soar, sore, sort, spacer, spar, spare, spatter, spear, SPECTATOR, spore, sport, spouter, sprat, star, stare, start, store, strap, taper, tare, tarot, tart, taster, tear, toaster, trace, tract, trap, treat, trot, tsar



**Codeword**

# The 1883 Restoration of St James The Great, St Kew



There has been a place of Christian worship in St Kew since the 6<sup>th</sup> century when St. Docco founded a monastery at “Lanow”, the ancient name for St Kew. In fact St Kew is the first recorded place in Cornwall when St Sampson recalls his visit to Lanow in the “Annals of St Samson” c962 where he mentions his visit to Lanow. The actual location in St Kew is uncertain.

The first vicar to St Kew, Raymond de Lanhoho was appointed in 1283 and our Church was built in 1498.

By 1882 the building was in need of restoration. The Bishop of Truro, Dr Benson insisted that any monuments, glass, figures and fabric should be repaired, not replaced, if possible. The architects Messrs. Hine & Odgers of Plymouth were engaged to design the restoration and oversee the work. Mr Bone of Liskeard was employed as the main contractor and work began in 1882.

Unfortunately Victorian ideas of restoration were very different to those of today and several items were removed, including the high backed enclosed pews in the North and South Chapels belonging to the Braddons of Skisdon and Lanow farm.

The barrel ceiling was originally plastered with yellow washed timbers, the plaster was removed and replaced with the wood we see today and the timbers cleaned. The angels in the roof of the Chancel attached to the bosses of the timbers were re-gilded and replaced. The floor of the Chancel was replaced with Maw’s tiles, the most important tile manufacturer in the country.

New choir stalls were made to the architects’ design by the contractor Mr Bone, and Angels carved by a Mr Trevenen were mounted on the ends of three of the stalls.

The original screen separating the Chancel from the Nave and Aisles was renewed but incorporating some of the original screen which can be seen at the South Chapel:



The original screen separating the Chancel from the Nave and Aisles was in a poor state and was renewed, but did incorporate some of the original which can be seen at the South Chapel. New parclose were erected to separate the Chancel from the North and South Chapels. The Chancel at St James the Great is of an unusual length.

In the North Chapel the window now known as the Passion window, and internationally recognised, was in a very poor state. The missing glass was found in two boxes covered in grime and Messrs. Fouracre and Watson of Plymouth were entrusted to put the many hundreds of pieces together, decipher the subject and replace them in the window. The result being an almost perfect 15<sup>th</sup> century window, illustrating a portion of the life of our Lord. As reported at the time this is probably the window referred to in the accounts of the Bodmin Mayor and Church c1469 when it was sold to St Kew. This Chapel then became the Vestry.



Fragments of glass were also replaced in the east window of the South Chapel. This “Jesse” window

shows the root of the tree and virgin head (Solomon and a king holding a sceptre). In 1883 it was said to be the most perfect medieval glass in Cornwall and was only one of two Churches in Cornwall to house medieval glass.



The South Chapel then housed the organ. Two new windows were incorporated in the restoration, one to the memory of the Braddon family of Skisdon and the other to the West family of Pollangarrow.

New gates to the Chancel screen were donated by Mrs Every.

In the Nave the few existing pews were removed and a new floor provided - wood under the pews and Delabole slate for the aisles. New pews were made, with two of them incorporating four of the original pew ends.



Several of the capitals of the granite columns were repaired. At the rear of the Nave a new floor was laid with wood blocks in a herringbone pattern over a concrete base. The much damaged and repaired font was placed on an ornate granite cross on this floor. Around the Lectern slate memorial slabs were placed on the floor in roughly their original position.

A new screen was made, using the redundant glass from within the Church, and erected between the Nave and the Bell Tower. The walls of the Church had been plastered, but had been badly stained by the damp, so it was removed, and the stonework re-pointed.

The Church Plate is of unique interest and includes a silver chalice of English manufacture dated 1598 - a magnificent example of renaissance art in silver. The bowl was possibly renewed in 1883 by Messrs. Singer and Sons of Frome Somerset who also made the Altar Cross.

By the 9<sup>th</sup> February 1883 it was reported that the restoration was well underway and on 24<sup>th</sup> July 1883 the Church was re-opened with several services being held during the day. These were attended by many dignitaries and Bishop Benson, ending with a tea on the lawns of Skisdon.

The total cost of the restoration was £2000 (the equivalent to £220,000 today). This was largely raised through the efforts and leadership of Nicholas Every, the vicar of the parish.

The above information is taken directly from published accounts of the time.

For further information about the up to date fabric, contents and memorials within the Church please read the excellent "Tour Guide" produced by William Garland available in the Church.

*Jim Godden 2017*



# School News

[www.st-kew.cornwall.sch.uk](http://www.st-kew.cornwall.sch.uk)

email: [secretary@st-kew.cornwall.sch.uk](mailto:secretary@st-kew.cornwall.sch.uk)

Tel: 01208 841306

## GUIDE DOGS FOR THE BLIND

In January Class 3 had a visit from The Guide Dogs for the Blind which was organised by one of our placement students, Miss Johns, from Plymouth University. Two blind people and one guide dog came along and the pupils were encouraged to ask any questions that they wanted to. The pupils raised £34.19 by baking biscuits to sell at home time to the whole school.



## JULIUS CAESAR

Lucy Ellinson, from The Royal Shakespeare Company, came into school to work on a production of Julius Caesar with Class 3. They will be performing this at The Hall for Cornwall on 28<sup>th</sup> March.

## SWIMMING

This term children in years 3,4, 5 and 6 have swimming lessons, as part of the National Curriculum, at Wadebridge Leisure Centre. The children took part in a Swimming Festival on 25<sup>th</sup> January.

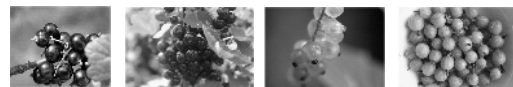
## CLUBS

As is usual at St Kew, we offer a wide variety of lunchtime and afterschool clubs. These include gardening where the children work outside or in the poly tunnel and a number of football clubs. During the last week before half term there was a game where the boys and girls played against each other and there has also been a game against Wadebridge Primary. There is a basketball club, run by coaches

from Plymouth Argyle and also a netball club. We have lunchtime choir club and cookery club. For the first time, we have also had a board games club and a study club.

## OUTDOOR LEARNING

The children have been enjoying the cold and sunny weather and have been lifting and moving the rhubarb, as well as the raspberry, gooseberry, blackcurrant, redcurrant and white currant bushes. They have all been re-planted together in a 'fruit area.' Pete, the gardener, is requesting manure for the garden. If you can provide any, please contact the office. Thank you.



## CLOTHES RECYCLING

The PTA arranged for a collection of good quality clothing and accessories to be collected by The Salvation Army - 131kg of clothes and accessories was collected on 27<sup>th</sup> January.

## JOHNNY COWLING EVENING AT TREVATHAN STRAWBERRY FARM – 18<sup>TH</sup> MARCH

The PTA have arranged the above event. Tickets are £14 to include a pasty and are now available to buy from St Kew School, Trevathan Farm or Cole, Rayment & White in Wadebridge.



The children have had a busy few weeks exploring the outside world. We have been looking at the weather, covering the winter topic. Creativity and imagination has been used in making snowmen, bird pictures, bird feeders and bird food.

All the children found it fascinating to find the water in the outside water tray completely frozen in the cold spell we have recently experienced.



Brrrrr...

Fundraising has been successful lately. We held a cake stall at St.Kew Primary school which raised £86 and a Valentines raffle which raised £164.

Over the following weeks we will be holding another cake stall on the 31st March and we have plans for a children's disco, table top sale and The Ten Tors event. Please look out for posters and look on our Facebook page for these events.

The toddlers session on a Tuesday has changed from the afternoons to the mornings starting at 9.30a.m. If you have a baby/toddler and would like to meet new parents then please come along to this session.

We have places at the Pre School available for children aged 2 - 4 years. If you are interested or would like to come and look around then please contact Hayley on 01208 841821.

## Pilates Classes in North Cornwall

St Kew Community Hall

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12/17



## ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

### March Services

March 5th	Rev Peter Smith
March 12th	Rev Sally Long
March 19th	Rev John Harrod, Communion
March 26th	Rod Harrison

### Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,  
www.wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

### Catholic Church Services

#### Wadebridge

St Michael's Church  
Tel:01208 72833  
Mass Sundays 8.30am  
Confessions  
Friday 10.30-11.00am

#### Tintagel

St Paul The Apostle  
Tel:01840 770663  
Mass Mon-Thur 10am  
Fri & Sat 6pm  
Sunday 10.00am  
Confessions:  
Before/after mass.Any  
other time on request.

## St James the Great at St Kew



### Calendar for March 2017

Sunday 5 <sup>th</sup> (Lent 1)	9.30 am. Holy Communion with Revd Dr Elizabeth Wild. Elizabeth Gowing will talk on The Ideas Partnership.
Friday 10 <sup>th</sup>	3 pm. Wedding Blessing and Baptism with Revd Dr Elizabeth Wild
Sunday 12 <sup>th</sup> (Lent 2)	9.30 am. All Age Worship with Rob Soley and Lay Preb David Foster. and Fairtrade Fortnight
Saturday 18 <sup>th</sup>	1-4.30 pm. Fountain Youth Group the Vicarage St Minver.
Sunday 19 <sup>th</sup> (Lent 3)	9.30 am. Holy Communion with Revd Dr Elizabeth Wild.
Sunday 26 <sup>th</sup>	9.30 am. <b>Mothering Sunday</b> All Age Worship with Marcus Jones and Rob Soley.

### April

Sunday 2 <sup>nd</sup> (Lent 5)	9.30 am. Holy Communion with Revd Dr Elizabeth Wild with Lay Preb David Foster preaching.
------------------------------------	---

## Spring Cleaning

As I write this the first daffodils are starting to bloom, the days are at last beginning to lengthen, the air is becoming brighter and we know that spring will soon be upon us. There is a feeling of expectancy, just like Mole in *The Wind in the Willows* who could feel that "spring was moving in the air above and in the earth below". It is the time when look forward to the new life which will soon clothe the fields and decorate the hedgerows. Perhaps just like the Mole we may well even contemplate some spring cleaning!

We are about to begin the period in the church's year known as Lent; traditionally a time when we examine our own beliefs. These days very few people genuinely strictly fast as Christians once did but some of us may choose to go without some luxury in our lives; perhaps chocolates and sweets, cake or alcohol. But why do we do this, what's the point? In the days when to fast meant one meal a day with no meat it was a hard thing to do. Although perhaps even that doesn't sound too bad until we remember that there would have been nothing imported so that the only fresh food would have been those vegetables which were around in

the countryside at the end of winter and the grain that was stored in the barns. It makes giving up chocolate sound pretty feeble doesn't it?

So what does Lent mean to you?

For Christians it is time when we look forward to Easter. We use this time examine our own beliefs and by denying ourselves something, no matter how trivial, we take time to look at ourselves, our faith and the way we live. We think about what is really important to us and what really matters in our daily life. It all sounds a bit hard but in reality it is amazingly liberating. Just like a spot of spring cleaning!

*David Foster*

# ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

## March – April 1917

### From the Parish Magazine:

#### March

"The Vicar said [at the Ladies Working Party] the conditions under which we were presently living, when sorrow or anxiety has entered nearly every home, made it impossible for us to go on working with the zeal and enthusiasm which at another time would possess our efforts. The possibility of further sadness in the coming months suggested the thought (this is in conjunction with the architect's report) that it would be well and advisable to postpone our bazaar [St James Fete]. Several ladies and gentlemen spoke, each supporting the idea of postponement. It was then decided unanimously to postpone the bazaar, and to cease the working parties for a while.

*British Red Cross* – After the above decision, the ladies considered the desirability of working for the Red Cross. Mrs Braddon [Skisdon] said she had had a letter from Lady Falmouth earnestly soliciting the making of garments for the soldiers. After some discussion, it was decided that they should form themselves into a society, with Mrs Braddon as president, and Mrs Jackson as secretary; and that the ladies meet in the Institute [Every Institute, now a private house] to work for this object. This is just an opportunity when valuable help can be rendered for aiding our soldiers in making and sending warm garments, so greatly needed in the hospital. There must be many in the parish who will be only too willing and anxious to help in their leisure time at home. Mrs Braddon or Mrs Jackson will be pleased to give information as to necessary garments and supplying wool.

*In Memoriam* – As these notes are being written for the printer, there comes the sad news of the death in hospital of Douglas Long, after a short illness. Douglas only left St. Kew some few weeks ago, to fulfil his obligations to King and country – now he has joined the greater army of waiting souls. Our sympathy goes out to Mrs Long, of Lanow, who was deeply attached to Douglas. He is to be buried in St. Kew churchyard, Saturday, March 10<sup>th</sup>." Comment: The Commonwealth War Graves Committee annually maintain his grave stone which is located 10 yards directly from the church main door at the edge of the land bordering Willow Mill.



#### Elsewhere

On the world stage outside the World War 1 main campaign areas, America's conflict with Mexico played a little known but important part in the Great War. There was much more to the troubles in the south than just "a band of bandits", as most Americans tended to believe. Germany recognised that a substantial part of the Mexican population, including women and children, considered themselves at war with the USA. While America desperately tried to stay out of the world war, German Foreign Minister Arthur Zimmermann secretly invited Mexico into an alliance as a belligerent. As a scheme to keep US Forces occupied on their own border, Zimmermann offered to help Mexico regain her lost territories of Texas, Arizona and New Mexico. Intercepted and decoded by British naval intelligence and made available to the USA was Zimmermann's telegram to Mexico, which was released to the American press on 1 March 1917. As a proposed assault on US territory, it convinced Americans of German hostility to this country. One month later America declared war on Germany.

(Source website: *Heritage of the Great War*)

*William Garland*



Did you know that it costs more than £2,000 per month to run our Foodbank. Without the much-needed income from the StoreHouse Shop we rely on donations and funding to sustain the work we do. Demand for emergency food in our community continues to rise and we have fed 2,871 local people in crisis since April last year. If you would like to help the work of the Foodbank or become a Foodbank Friend by setting up a monthly Standing Order, please contact us on 01208 815374.

**Dinner Dance:** Get ready to dig out your dancing shoes for our Dinner Dance which is provisionally

booked for the Saturday 6th May 2017 at the Royal Cornwall Showground. The chefs from Keep Cornwall Fed will be our caterers and their vision is that for every meal bought, they will provide a free meal for people who are in need.

**Save the date:** Come & join us for our Fun Camping Weekend at Mother Ivey's Bay Holiday Park from the 16th-18th June 2017. I'm afraid we can't guarantee the sunshine but we can promise it's a beautiful location and a great weekend.

**We are currently running low on long-life fruit juice, long-life milk, tinned tomatoes, tinned potatoes and soap & shampoo.**



Our speaker for February, was Vicki Rogers and she came to talk to us about decorating eggs. She brought a wonderful array of eggs for us to see, both decorated and also in their original state once they had been blown - how they varied in size from a pigeon's egg to an ostrich egg. Once Vicki had started to decorate eggs, it has become a passion and she enters competitions and also decorated specially commissioned eggs.

She had brought boxes of things so that we could have a go - how talented we were, once we got the

glue to work and made the decision on what lace, beading, ribbons or other filigree items we wanted.

The group discussed ideas for the entry for the Royal Cornwall Show - still at an early stage - but something to think about.

The next meeting will be our Annual General Meeting on Wednesday 15th March at 7 pm.

The programme for next year is looking quite exciting. We seem to have grown in size and are delighted to report that we now have 18 members - varying in age!

Come along and join us we are a friendly bunch!



### St KEW GARDEN ASSOCIATION

I am sorry to say we could not get a team together for the inter-village Quiz held at St Tudy on Monday 13<sup>th</sup> February due to illness, holidays, and in my case, my sister being taken seriously ill in Sussex. Our speaker evening on Wednesday 15<sup>th</sup> February was given by Nick Bacon on "Planting up containers and baskets".

Nicks advice when planting containers is to put a few slug pellets into the base of the container, some broken up polystyrene (for drainage) painted with coffee as this is lethal to any slugs that escape the pellets.

Fill the container with compost. If you use home made compost it should consist of 20% clay soil, leaf mould (at least 6 months old and crushed up), grass, water from the bottom of an aquarium if you have one (the fish flakes that you feed to the fish that drop to the bottom and go slimy is a fertiliser), 3-4 comfrey leaves if you have them, slow release

feed pellets and spent compost can be added to make up volume.

If primroses (polyanthus) are used remember blue ones go over quickly, yellow ones attract the birds who will then pick the plants to pieces including any buds that form. It is advisable to use Mycorrhizal fungi in the bottom of the plant holes to encourage vigorous root growth. The other plants he used were Lamium, Tete-a-Tete (miniature daffodils), Chionodoxa (poor mans snowdrops).

When watering the container or basket make sure the leaves are kept dry (water in under the leaves) as it can cause botrytis - a kind of mould that forms on the plants. Once planted the container should not need to be fed for six months. Pelleted feed, Miracle Grow and comfrey feed should be used.

There will be gardener's question time with Nick Bacon in March with the A.G.M. in April.

*Sheila Shergold, Publicity Officer*



## Allen Valley Singers

We have some interesting concerts this year, one of which is providing some singing interludes when National Champions, the Chough Wheelchair Dancers, perform at St. Merryn's Church Hall on Saturday, April 1<sup>st</sup>. Tea will be available at 2.p.m, followed by an afternoon's entertainment which promises to be really enjoyable, so please join us, you will be very welcome. No entrance fee but contributions for funding will be appreciated.

On Saturday, 8<sup>th</sup> April, we have a concert with the Bristol Ladies Choir, who are travelling down to Cornwall from Bristol for a return concert to that which we were fortunate to share with them last year. They are spending the weekend locally, so as to enjoy the scenery and delights of Cornwall. So be part of the audience and have a wonderful evening of music at the lovely and historic church at St. Kew, with the concert starting at 7.30 pm.

Tickets, including refreshments, will be available at the door or from any choir members, prior to the concert.

Events are being arranged already, well into the Autumn, which gives us an exciting year and of course, a corresponding work load. New songs, revision of known songs always delight us however, that is what we are all about, the love of music.

Please contact our MD Janette Man, telephone 01208 841784 if you would like to join our choir, book us for concerts, weddings, or any event that music would be enhanced by our music and singing.

You are very welcome to join us on Tuesday evenings from 7p.m.-8.45 p.m. to meet us, listen to us and have a chat with our M.D. We meet at St. Kew Highway Community Hall.

All Best Wishes.

*Dr. Joyce Hargrave-Wright (Publicity/Reporter)*

## 'KEW & A'

### Twenty Questions & Answers

**This month:** Sue Joiner, ex-Geography teacher at Wadebridge Community School, and environmentalist.

**Childhood Hero:** *Pat Baines, English butterfly swimmer.*

**Hobbies:** *Yoga, gardening, walking, travel.*

**Favourite Music:** *Reggae and Blues.*

**Favourite Book:** *'Waterlog' by Roger Deakin.*

**Favourite Film:** *'Little Miss Sunshine'.*

**Favourite TV Programme:** *Currently 'Goggle-box'.*

**What's good about living in your village?**

*The people (mostly friendly) and its connectivity (the shop, the proximity to the main-road out of Cornwall, etc).*

**What would you improve?** *Enforce a traffic speed restriction on Trelill Road.*

**I'm very good at....** *putting people in touch with each other (ref. my name!)*

**I'm very bad at.....***throwing un-needed things out.*

**A phrase I use too often is.....***'this is driving me mad'.*

**Three people, dead or alive, I'd invite to dinner are....***Patti Smith, Keith Richards, Germaine Greer.*

**I'd like to be stranded on a desert island with....** *Sam Elliot (the US film star)*

**I'm embarrassed by.....***over-pretentiousness.*

**My proudest moment was....***gaining my M.A. at Exeter University.*

**The best things about Cornwall are....***the sea, beaches, and ancient landscape.*

**The worst things about Cornwall are....** *August tourism and lack of care about trees.*

**Which of our country's laws would you change?** *Women's loss of pension-rights if they re-marry.*

**An over-rated public figure is.....***Jeremy Hunt.*

**In another life I would be.....***a career horticulturalist or environmentalist.*

## Events Diary

### March

- 1st Bell ringing practice 7.30-9.00pm  
 2nd Chair aerobics, Community Hall 2.00pm  
 8th Bell ringing practice 7.30-9.00pm  
 9th Chair aerobics, Community Hall 2.00pm  
 10th Quiz Community Hall 7.45pm  
 11th House of light St Endellion 3-5pm  
 13th **COPY DATE for the April magazine**  
 15th Bell ringing practice 7.30-9.00pm  
 16th Chair aerobics, Community Hall 2.00pm  
 17th Souper lunch, Community Hall 12.30pm  
 22nd Bell ringing practice 7.30-9.00pm  
 23rd Chair aerobics, Community Hall 2.00pm  
 24th Quiz, Community Hall 7.45pm  
 25th Magazine Collection for Distributors  
 29th Bell ringing practice 7.30-9.00pm  
 30th Bournemouth SO Brass ensemble St Endellion 7.30pm

### News from the Parish Hall

Our AGM takes place on 16th March 2017 in the hall at 7.30pm.

Our calendar for the next year will be set out at this meeting. Everyone is welcome.

To book the hall, please contact Joanna Pratt on 01208 841420

## The Regal in Wadebridge

Tel: 01208 812791

12/17



### March:

- 3rd Logan - 3D  
 10th Kong: Skull Island - 3D  
 17th Beauty & the Beast - 3D  
 24th King Arthur: Knights of the Round Table Power Rangers  
 31st The Smurfs: the Lost Village - 3D

*Please check our website for the next Autism friendly screening - watch newly released films with friends and family in an inclusive environment.*

### Live screenings

- 9th (Thurs) 'Hedda Gabler' by H. Ibsen - NT Live - 7pm  
 30th (Thurs) 'Madame Butterfly' - Royal Opera House Live - 7.15pm

Book online or contact the cinema

Please ring or check our website for more details  
[www.wtwcinemas.co.uk](http://www.wtwcinemas.co.uk)

### Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 27th Feb, 13th and 27th March.

## ST KEW HIGHWAY COMMUNITY HALL

### ONGOING EVENTS

(Registered Charity No 294140)

- Sun:** Methodist Church Service Marion Dingle 01208 841388  
**Mon:** Yoga 10.30am Fiona Crompton 01208 851735  
 Pilates 2.30pm - 5.15pm Martin Brooks 07812 959 879  
**Tues:** Allen Valley Singers 7.15pm - 9pm Janette Man 01208 841784  
 Pilates 1.15pm-2.30pm Martin Brooks 07812 959 879  
**Wed:** 1st, 3rd and 5th in month -  
 West Country Embroiderers 10am - 3pm Pat Scarborough 01841 521323  
 1st in month - St Kew Playing Field Trust 7.00pm  
 2nd in month - St Kew WI 7pm Becky Allen 01208 841798  
 3rd in month- Gardening Association 7.30pm Sheila Shergold 01208 851241  
**Thurs:** Chair Aerobics 2pm Pat 01208 841260

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL  
 CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

### CHARITY QUIZ NIGHTS IN THE COMMUNITY HALL

*Fridays at 7.45pm  
 10th and 24th March  
 in aid of RNLI*



## Souper Lunch



### Friday 17th March

12.30pm in the Community Hall.



## We're hiring!

We're looking for a new breakfast cook to look after our lovely guests. Most Saturdays and Sundays between May and October, usually 3 hours each day. £8 per hour. Applicants must be personable, professional and friendly and have quality b&b, pub or hotel experience. To apply email your details and current CV to: richard@pengennamanor.co.uk

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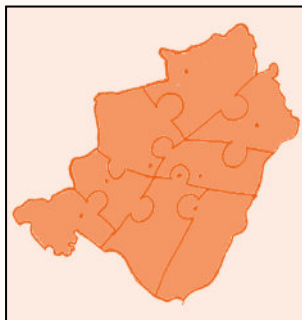
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**Visit us** at Bodmin, Camelford or Wadebridge

# Pieces of Eight



April 2017 Issue 229  
News, views and issues  
from: Chapel Amble,  
Pendoggett, St Kew, St  
Kew Highway, Trelill,  
Tregellist, Trequite,  
Trewethern

Email: [stkewmag@gmail.com](mailto:stkewmag@gmail.com)



## APRIL



**Starlings getting ready to leave for a summer in northern Europe**

*Photograph by David Balmford*

**Your free guide to news and events within and around St Kew Parish**

<b>Contents</b>				
5	St Kew Pre-school.	16	Letters from Boris & Roly,	22
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				Pendoggett poetry, save our Post Office.
				Foodbank, WI & Garden
				Allen Valley Singers, 'Kew & A'.
				Diary and events page.

**Pieces of Eight** is an independent community magazine, published ten times a year. Volunteers produce and deliver the magazine to all households in St Kew Parish, and to local shops and pubs. We can post issues to households outside the parish at a cost of £10.00 per annum.

### Contacting the Editorial Team

Please use [stkewmag@gmail.com](mailto:stkewmag@gmail.com) for ALL emails.

Advertising Manager: **Position vacant** at the moment. Please email the editors and one of us will get back to you.

Treasurer: Richard Godden, 1 Lane Park, St Kew, PL30 3HF, Tel 01208 880007

### Copy date for the May issue is:

**Monday 17<sup>th</sup> April**

Please let us know if you need to reserve space after the copy date.

### Note to readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight! This shows advertisers that the magazine is *the* place to reach customers.

### Editorial

I recently completed a Moving Forward from Cancer course, with a group of 15 women all having had the best treatment possible for breast cancer.

In one session we were asked about our future goals:

- Several wanted to help others in the same situation as ourselves,
- one wanted to hold a Macmillan coffee morning - we will obviously all be round to support her,
- one even said she wanted to do a welding course but cancer had got in the way of her plans to make metal sculptures in her garage (her husband is seriously worried apparently....).

Everyone looks forward to the future as are we, but we have been changed by our experience both physically and mentally. The one thing I can take forward is not to get stressed by the little things, and enjoy life to the full in the present, as you never know what is ahead of you. Something we should all take on board?

Nicky

The on-line version of the magazine can be found on [www.stkewparish.org.uk/PO8.html](http://www.stkewparish.org.uk/PO8.html).

*Many thanks to the Parish Council for allowing us to use their site.*

### Advertising Rates

We aim to cover the print costs of each edition with advertising revenue. We print 10 issues a year (no January or August editions). New advertisers are most welcome, however please email the editors at [stkewmag@gmail.com](mailto:stkewmag@gmail.com) before sending copy or payment to ensure space is available, and to confirm the cost of your advertising. Local charitable and church adverts from within the Parish are carried free, sized as space permits. Advertising copy may be e-mailed to [stkewmag@gmail.com](mailto:stkewmag@gmail.com). Please ensure it reaches us by the copy deadline! Advertising remittances (cash, or cheque made payable to St Kew Parish Magazine), should be sent by the publication deadline to the Treasurer. **Please note that adverts must be paid for in advance and in full BEFORE they can appear in the magazine.**

Page size	For 1 issue	For 10 issues
1/8	£6.00	£39.00
1/4	£10.00	£77.00
1/2	£16.00	£132.00
Full page	£30.00	£240.00

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If you feel that any of our services could be of interest to you please telephone and we would be happy to discuss your requirements.

**Mobile – 07921 957356**

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St Kew Highway  
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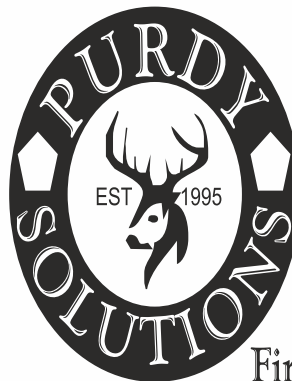
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The weeks are going by very quickly and the children have been very busy enjoying the outside play when they can between the rain showers.

We have had a toy shop set up to support the children's learning in maths and communication, have been learning numbers to support counting and also writing numbers.

The children have been learning all about St.Piran's Day - making delicious pasties and the Cornish flag. Over the next couple of weeks we will be looking at Mother's Day and Easter.

The toddler session on a Tuesday changed from the afternoons to the mornings and this has been a great success. Lovely to see parents and their toddlers joining us each week and getting involved in painting, singing activities and mixing with the



pre-school children.

We have been providing cooked lunches for the children on a Thursday and Friday which has also been very successful. The children have all got involved helping to prepare their lunches - learning about healthy eating, using a peeler to peel potatoes and vegetables and cutting skills to cut fruit for crumbles.

March was a busy month for fundraising including a cake sale in Padstow War Memorial Hall and a cake sale at St.Kew Primary School. We held a table top sale at the Parish Hall and a bag2school collection plus a Mother's Day Raffle. All money raised is to help and support the children's learning.



We have places at the Pre-School available for children aged 2-4 years. If you are interested or would like to come and look around then please contact Hayley on 01208 841821.



Open 9.00 am – 3.00 pm Monday to Friday. Age 2-3 only £4 per hour, Age 3- 4 just £3.80

Funding Available for children ages 2-4.



Ofsted Rated Good

July 2016

**Do you have an appointment to go to? Need childcare for just an hour or two? St. Kew Pre-school are now offering flexible childcare to fit in with you.**

**Whether you use us regularly or are entirely new to our setting. Give us a call to find out more!**



### Baby & Toddler Group

Every Tuesday 9.30-11.00 am (term time only). £2.50 + £1 per sibling. Includes snack, refreshments & various activities.



St. Kew Parish Hall, St. Kew, Bodmin, PL30 3EP. Tel:01208 841821

Email: preschool@st-kew.cornwall.sch.uk www.stkewpreschool.org.uk

Charity no. 1039567

# CHILDREN'S CORNER

## Easter Bunny Cakes

### Ingredients:

- o 190g caster sugar
- o 190g butter
- o 3 medium eggs
- o 190g self raising flour
- o 454g white ready to roll icing
- o 1 tbsp runny honey
- o 200g white chocolate



### For the decorations:

- o White mini marshmallows
- o Strawberry laces
- o Chocolate chips

### Method:

- o Pre-heat oven to 180C/350F.
- o Beat butter and sugar until pale, whisk in flour.
- o Line cupcake tin with paper cases and pour in mixture to about ¾ full.
- o Bake for 18-20 minutes.
- o Allow to cool. Cut off the top of the cakes so that they are flat and cut the lid in two for the ears.
- o Roll out icing and cut rounds the same size as the cakes and place on cakes.
- o Spread some honey on the icing circles, grate the white chocolate and sprinkle it on the honey.
- o Make two holes in the icing for the ears.
- o Use mini marshmallows or cut leftover icing for the teeth.
- o Snip the strawberry laces to make whiskers and use the chocolate chips for eyes and noses. Yum! And so sweet as well!

## Daffodils, by William Wordsworth

I wandered lonely as a cloud  
That floats on high o'er vales and hills,  
When all at once I saw a crowd,  
A host, of golden daffodils;  
Beside the lake, beneath the trees,  
Fluttering and dancing in the breeze.

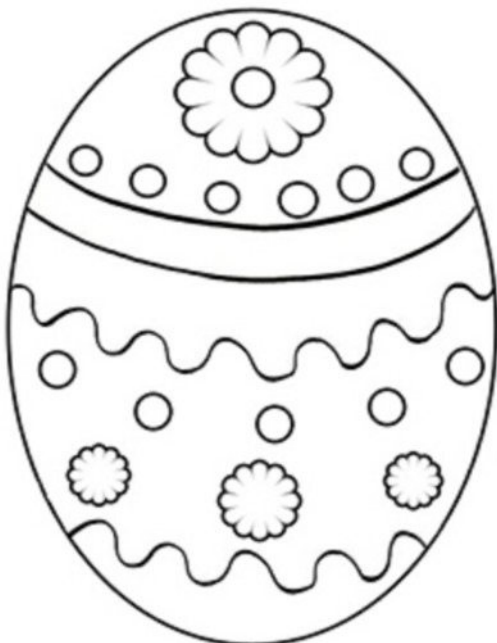


## Spring has sprung!!

Can you find the following words in the grid?

DAFFODIL      EASTER EGGS      TULIP  
PRIMROSE      CLOUDS              LAMBS  
SUNSHINE      CHIRPING              BUDS

Colour the Easter egg in



D	D	A	F	F	O	D	I	L	N
S	B	V	C	S	Q	R	Z	X	I
U	E	W	E	F	G	F	G	L	N
N	W	B	U	D	S	W	B	A	B
S	T	Y	G	H	P	R	T	M	E
H	N	B	V	F	D	S	A	B	A
I	E	T	W	Q	E	R	Y	S	S
N	V	U	N	G	H	J	K	Y	T
E	C	L	O	U	D	S	X	C	E
C	V	I	W	E	Q	B	R	V	R
J	I	P	R	I	M	R	O	S	E
K	P	N	H	Y	T	E	B	M	G
Q	W	E	R	U	Y	T	H	M	G
C	H	I	R	P	I	N	G	T	S

APRIL 2017

# Red Lion

What's happening at the Lion this APRIL ?

OPEN MIC

WEDNESDAY 5th April  
8::00pm  
ALL WELCOME

EASTER WEEKEND  
Saturday & Sunday  
Open all Day  
12:00 till Late

Serving food all Day

SUNDAY ROAST  
SIRLOIN OF BEEF  
with all the trimmings  
2 course £12  
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# Puzzle Page

## codeword

22	3	24	3	14	1	19	18		8	26	12	3
	7		17			24		25		8		24
21	3	10	6		18	8	21	8	12	6	24	10
	15		9			16		12		9		3
18	10	3	2	18		19	24	8	15	1	14	24
	1		12			3		6		24		10
21	14	3	3	5	3		2	12	3	26	22	3
14		11		3		12			14		3	
3	12	3	4	6	10	3	26		1	23	24	18
6		21		12		22			10		3	
26	6	14	8	1	12	3		26	8	6	14	11
10		1		10		24			15		6	
13	6	23	20		6	26	1	14	6	21	12	3

A  
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X  
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Z

S	6		9	4		7	
U		3	2			1	
D							6
O	8			6		9	
K		1		3			5
U			4		7	5	
	5						
		7			2	4	
	9		1	8			3

## nonogram

E	T	I
T	G	N
A	I	S

How many words of 4 letters or more can you find? You must use the centre letter in each word.

No plurals or proper nouns are allowed. There are 37 listed in the solution which includes **1 nine letter** word to find.

1	2	3	4	5	6	7	8	9	10	11	12	13
							I				L	
14	15	16	17	18	19	20	21	22	23	24	25	26
				S								

## The View from St. Dennis

From here to here the landscape leers a grin,  
year on year it takes no prisoners,  
just like the Romans who came but couldn't win,  
with the sullen locals getting on their nerves.

Black bin-liners flap in hawthorn trees  
like immemorial ravens, crows, jackdaws,  
cawing that the land is on its knees  
with lethal air and poisoned field and moor.

For here, in God's acre, long ago  
it deluged blood upon the nameless stones.  
Now promises of work and jam tomorrow  
echo the blasted tips like old ring-tones.

But that won't stop the Silver Band  
marching steadfast to the Promised Land.

*David Penhale*

From 'Wave Hub: New Poetry from Cornwall',  
ed. Alan M.Kent, pub. Francis Boutle, London, 2014

*We omitted to credit David as the author of last month's poem. Apologies.*



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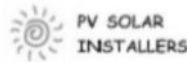


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# GILL'S RECIPE OF THE MONTH

## Simnel Cake

### Ingredients

- 8ozs SR flour. Pinch of salt
- 1/2 tsp nutmeg and same of cinnamon
- 12ozs currants
- 4ozs sultanas
- 3 ozs mixed peel
- 6 ozs butter
- 6ozs caster sugar
- 3 eggs
- Milk to mix

### For the Almond paste:

- 12ozs caster sugar
- 8ozs ground almonds
- 1 egg
- Lemon juice.

### Method

- Make up the almond paste, take a third of it and roll it into a round the size of the your cake tin.

- Sieve the dry ingredients and add the fruit and chopped peel.
- Cream fat and sugar until light and fluffy. Beat the eggs and slowly add to the mixture.
- Stir in flour, fruit, adding a little milk if necessary.
- Put half the mixture into the tin and smooth the top. Place the almond paste and then the remainder of the cake mix on top.
- Bake in oven at 325F for about 3 hours. Time depends on the thickness of the cake.
- Leave to cool and cover the top of the cake with the remaining almond paste rolled out in a circle. Any paste left over can be made into balls and placed round the edge of the cake.
- Brush the top with beaten egg & place under a hot grill to brown.
- Place a yellow ribbon around the cake.



## ST JAMES CHURCH ELECTORAL ROLL 2016 - 2017

The Church Electoral Roll is the church's register of electors, which is the list of those qualified to attend and to vote at the Annual Parochial Church Meeting where elections take place for the Parochial Church Council and the parish's representatives on the deanery synod. The system is intended to enable parishioners at every level to be in touch with the Church as a whole and to play their part in decision-making.

Briefly, to be eligible to be placed on the roll, the applicant should be: baptised, at least 16 years old, and a member of the Church of England (CE), or of a church in communion with the CE. There are some other rules too complicated to list here.

Those parishioners who are on the current list will be accepted for the 2017 list unless they ask to be removed.

If there is anyone in the Parish who wishes to be placed on the Church Electoral Roll for the first time should contact Andrew Campbell for a registration form. It would be appreciated if all completed forms be returned, or left in the church, as soon as possible, certainly before the date of the APCM, which is on Thursday 6<sup>th</sup> April at 7.30pm in the Parish Hall.

*Andrew Campbell*

Churchwarden and Church Electoral Roll Officer,  
01208 841115 or [andrew\\_campbell9@sky.com](mailto:andrew_campbell9@sky.com)

## Events in early May at St James the Great church

Thursday 4<sup>th</sup> - Sat 6<sup>th</sup> Flower Festival  
Sunday 7<sup>th</sup> 9.30am Holy Communion  
with Revd Dr Elizabeth Wild,  
with Archdeacon Audrey  
preaching.

Archdeacon Audrey will carry out an administrative inspection of the church on Tuesday 9<sup>th</sup> May from 11am and will take lunch at the St Kew Inn.

Parishioners may wish to meet the Archdeacon at the Sunday Service, or at the Inn on Tuesday.

## The Grenaways...Following An Ancient Path...

The Grenaways, are an alt-folk band from North Cornwall. They could be said to be mining the rich veins of inspirational ore that course through their home turf, adding a sense of their own ties to the region and especially it's Celtic heritage. But, they are a band set for far wider horizons than just Cornwall with a massive and alternative sound billowing through their musical sails...

They are rootsy storytellers, unique in the folk style, with songs that are rich in nautical undertones, influenced so much by the sea, the people and coastal living.

Last year The Grenaways released, 'Skath Vyghan', on Elevate Records, which means, 'Little Boat', in Cornish and also features a second song written in Cornish called, 'Cornish Girl'.

On January 20 this year they won Kan Rag Kernow, the song for Cornwall competition held at the Penventon Hotel in Redruth with their new song, 'Ster Kosel', which means, 'Quiet Stars', in Cornish. As a result they will now represent Cornwall at the Pan Celtic Festival in Carlow, Ireland from 18-20 April.

Kris Lannen who lives in our parish wrote Ster Kosel and is one of the lead vocalists, and rhythm guitarist in the band. The other members of the band live close by in North Cornwall.

It is fantastic that a local band is enjoying so much success, who knows in the coming month they may have the best song at the Pan Celtic Festival and then onto France to represent Cornwall at the Festival Interceltique De Lorient which is one of the biggest Celtic Festivals in the world and attracts up to 700,000 people each year.

We wish them every success in the future and at the forthcoming festivals, we are sure they will do very well.

Here's where you can see The Grenaways in Cornwall over the next few months:

**Sat 1 April 7.30pm // The Melting Pot // Redruth**

**Sat 15 April 8.30pm // Falmouth Folk & Cider Fayre // Events Square // Falmouth**

**Sat 29 April 7.30pm // Sennen Village Hall**

**Sat 13 May 6.30pm // St Ives Food & Drink Festival // Porthminster Beach**

**Sat 27 May 6pm // Kindred Spirits Festival // Launceston**

**Sat 30 Sept 7pm // Looe Music Festival // Looe**

You can follow the Grenaways on:

[www.thegrenaways.com](http://www.thegrenaways.com)

[www.facebook.com/thegrenaways](https://www.facebook.com/thegrenaways)

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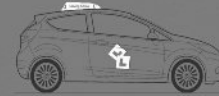
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### St. Kew Nature Club dates



The dates for this year arrived just as we were going to press. Here is quick advance notice of the ones in **May**:

14 <sup>th</sup>	14.00-16.00	Pond dipping
27 <sup>th</sup>	21.00-23.00	Moth trapping and bat Detecting

Please contact Trevor Renals for further details at [stkewnature@gmail.com](mailto:stkewnature@gmail.com), or call on 01208 880893

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## SOUPER LUNCH

On the third Friday of every month a Souper Lunch is held in the Community Hall at 12.30 pm. This is completely free and consists of a delicious home made soup and roll, a cake/dessert, and a cup of coffee/tea.

A voluntary donation can be made which is donated to a charity which is chosen by those participating. This is not a soup kitchen, but an opportunity to get together with others, meet new people and enjoy good company, good food and support a worthy cause.

## Parish Council News

**Chairman:** Cllr Richard Godden

**Clerk:** Cindy Powell, 6 Greenhill Villas  
Wadebridge PL27 6HN Tel: 01208 815591  
Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.30pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

### **St Kew Parish Council Meeting held on Tuesday 14<sup>th</sup> March 2017 at 7.30 pm in the Parish Hall.**

Present: Chairman Councillor R Godden, Councillors T Mott, A Godden, B Finnemore, S Liddiard, J Rickard, and three members of the public in attendance.

Apologies received from: J Lethbridge, J Rowe, R Hawken, PCSO Drennan and Cornwall Councillor S Knightley.

The meeting started with a public discussion, the first item raised concerned people using a field near St. Kew Highway for riding motorcycles and quad bikes. It was felt that the noise created was unacceptable and asked for the council to look into the situation so that it does not become a regular occurrence.

It was also mentioned that at a similar time a quad bike without number plates was seen on public roads near to the field.

The second item raised concerned a future possible development at the St. Kew Golf Course.

### **Planning Applications**

#### **PA17/01352**

Mr Lanaway, Classic Car Trim Products, Coldnorthcott, St Teath Road, St Teath.  
Extension to existing workshops.

### **Recommended Approval.**

#### **PA17/01208**

Mr Lanaway, Coldnorthcott, St Teath Road, St Teath.  
Removal of existing temporary storage sheds and container with replacement permanent storage shed.

### **Recommended approval.**

### **Planning Decisions**

#### **PA17/00060**

Mr Andrew Harper Coast Homes Ltd, Wenrin, Chapel Road, Chapel Amble.  
Demolition of single storey garage and construction of extension. Replace windows and insulation and roof lights to main roof.

### **Approved**

The meeting voted to approve new auditors.

The meeting agreed to arrange work to be undertaken to tidy the top end of the church yard.

### **The Parish / Town Council Elections will take place on Thursday 4 May 2017**

## **ST KEW PARISH COUNCIL**

**INVITES TENDERS FOR FOOTPATH CUTTING  
IN ST KEW and CHAPEL AMBLE**

**PLEASE CONTACT THE CLERK FOR FULL DETAILS**

**CLOSING DATE 1st June 2017**

**Clerk:** Cindy Powell, 6 Greenhill Villas, Wadebridge,  
Cornwall PL27 HN  
Tel: 01208 813339 Email: clerk@stkewparish.org.uk

## **THE ANNUAL PARISH MEETING**

**will be held on**

**Tuesday 25<sup>th</sup> April 2017  
at 7.30 p.m.**

**In the Parish Hall**



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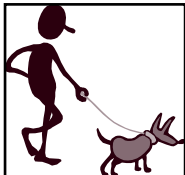
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## Tails from Ellistee Boris

As I write, Spring is supposed to be here. The flowers know it, the birds know it, but I don't think that the weather does. It is still very cold and very wet. I don't like it!



It was my birthday in February, not that it was different from any other day, but I knew something was afoot when she gave me fish and chips for my tea. Mind you, she took the batter off the fish and only allowed me four chips. Still it was very yummy. Whatever a birthday is, I would like some more of those.

Well! All the talk about me, Trump and the nasty smells in the kitchen seems to have faded. The main topic of conversation with the visitors now seems to be about a post office or rather the lack of it. I have no idea what a post office is. I know what post is, as I used to bark at a person who pushed it through a hole in our front door. Whatever a post office is, it has my mistress agitated. I don't like that. Please will someone put it right!

Oh well I seem to be running out of space, so: Happy sniffing and tail wagging.

*Boris*

## Roly's Purrings

I'm writing this on a sunny but cold day - Boris and I obviously don't write on the same day.



I like nothing better than resting on the rug in the lounge, under floor heating on and the sun toasting my toes. Ok, I do get hot and have to have a drink. I really don't like to see strands of fur floating in my bowl (it may be mine but a boy has standards) so I flick it out making a "right mess" so I'm told. My other option is to sit by my bowl moaning continuously until they change my water, you'd have thought after nearly 19 years they would understand "cat language". I understand them, especially when I hear them saying "time that cat went outside for some fresh air". I sneak off quietly to my bed and hope they don't notice me.

There's been lots of birds in the garden tweeting away but they don't seem to take any notice of me. It would seem I'm no longer a threat, how DO they know? Another cat in my garden is a different matter - I rush (yes, I can when I want to) off the window cill making all sorts of impressive cross noises and watch them from inside the glass door. I would go out and see them off but my family won't let me. Apparently they are worried I might get hurt in the scuffle so I have to be content with lots of verbal abuse from the safety of the house.

Toodle pip!

*Roly*

## St Kew Highway Community Hall

Reg. Charity No. 294140

### NOTICE OF THE ANNUAL GENERAL MEETING TO BE HELD ON

**WEDNESDAY 26<sup>th</sup> APRIL 2017 at 7.30pm  
IN THE COMMUNITY HALL**

You are cordially invited to the above meeting. All residents of St Kew Parish aged 18 and upwards are entitled to attend and VOTE at the Annual General Meeting.

Please come along and enjoy a glass of wine and other refreshment and have your say about what you want from **YOUR** village hall and select the people you want to run it. All the members of the management committee retire from office at the end of the meeting and a new board of trustees elected by you takes over. Younger members of the community are also very welcome to attend and may stand for election onto the management committee to advise what the younger residents of the community would like to happen at the hall for them.

## St James The Great Church at St Kew

The Annual Parochial Church Meeting will be held in the Parish Hall at 7.30pm on Thursday 6th April 2017. It is at this meeting that the parishioners choose the churchwardens. Therefore, all parishioners are welcomed to attend.

This year there are vacancies on the Church Parochial Church Council (PCC) for:

- Churchwarden (to replace William Garland who is retiring).
- Treasurer (currently carried out by Andrew Campbell, Churchwarden).

There are also other important appointments within the PCC that need to be filled:

- Secretary
- Fabric Officer

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29<sup>th</sup> MAY - EASTBOURNE (5 days, 4 nights)  
15<sup>th</sup> JUN - DART CRUISE & STEAM TRAIN  
8<sup>th</sup> JUL - BARBURY CASTLE TRIALS  
25<sup>th</sup> JUL - MYSTERY TOUR

8<sup>th</sup> AUG - PAIGNTON ZOO  
9<sup>th</sup> AUG - FIREWORK CHAMPIONSHIPS  
18<sup>th</sup> AUG - ROSEMOOR GARDEN SHOW  
15<sup>th</sup> - 17<sup>th</sup> SEP - BLENHEIM HORSE TRIALS  
4<sup>th</sup> NOV - BRIDGWATER CARNIVAL  
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Website: [grouptravelcoachhire.com](http://grouptravelcoachhire.com) Email: [benneymoon@btinternet.com](mailto:benneymoon@btinternet.com)

## AGM of St James' Trust

The AGM of the Trust will take place at 7.30pm in the Parish Hall on 12th May 2017. All are welcome.

4&5/17

Kathy

*The platypus lays eggs and produces milk.*

*Therefore it is the only animal to make it's own custard.....*

## STOP PRESS

**SOUPER LUNCH 17TH MARCH HAS RAISED £92.20 FOR Carrick MIND at Penryn. Full report in Mays edition.**

## Puzzle page solutions

4	9	6	1	8	7	5	3	2
1	8	7	5	3	2	4	6	9
5	3	2	6	4	9	8	1	7
3	2	4	9	7	5	6	8	1
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8	7	5	4	6	1	9	2	3
9	5	8	7	1	3	2	4	6
7	4	3	2	5	6	1	9	8
2	6	1	8	9	4	3	7	5

**Nonogram** aegis, ageist, agent, angst, easing, eating, gain, gait, gate, giant, gnat, ignite, ingest, INSTIGATE, ant, glist, gnaw, q, M, C, STEPS, UNICORN, stage, stating, stinging, tang, tanglest, tasting, signing, sing, singing, sitting, snag, stag, sage, sang, sating, seating, setting, sign, signet, sing, singe, sitting, tanglest, tasting, stage, stating, stinging, tanglest, tasting, teasing, testing, tinge.

E	L	B	A	R	O	D	A	K	W	A	H	
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**CodeWord**



# School News

[www.st-kew.cornwall.sch.uk](http://www.st-kew.cornwall.sch.uk)

email: [secretary@st-kew.cornwall.sch.uk](mailto:secretary@st-kew.cornwall.sch.uk)

Tel: 01208 841306

## NETBALL

Seven Year 5 pupils represented St Kew School at a local Hi 5 Netball tournament. They came back triumphant with a shield and a medal each having won all six matches that they had played. This was especially impressive due to them playing against much larger schools (Wadebridge, St Breock & St Minver). They have now qualified for the next level of competition. Thanks to Emma and Kate for coaching, transporting and supporting them.



## WADEBRIDGE FESTIVAL OF MUSIC AND SPEECH

We have had many children competing in this festival again this year with Aiden, Zienna, Bella, Harry, Abbi, Adele, Toby, Paige, Kate, Rosie and Jago reciting poem entries, and Isaac, Tristan, Leo and Jago performing in the guitar quartet class. Kate and Isaac, Tristan, Leo and Jago came first in their classes, and the boys have been asked to perform at the gala on Saturday evening once again! Well done to every one of the children who took part - it takes a lot of confidence to stand on stage and perform in front of an audience.

## CLEAN EARTH ENERGY AWARD

St Kew School were most grateful for the wonderful donation of £2,000 from Clean Earth Energy. It will support a whole school educational visit and the

balance will go towards installing eco-friendly hand dryers.



## OUTDOOR LEARNING & GARDENING

Each class have planted one potato into a clear plastic container which they are going to keep in each classroom. The aim is for the children to be able to see the potato grow both downwards and upwards!



We all love the daffodils, tete-a-tete and crocuses that are coming up all around school....

## Dog Agility

Some years ago, when the media started advertising the plight of the dog rescue centres, I had a dream to rescue a collie and do some dog agility just for fun. Well I found a collie, but it didn't work out as I thought it would. We had always had pet dogs and I thought I knew how to manage a new dog. How wrong I was! Fortunately I had already booked into classes with a dog trainer and things started to improve. This training also involved dog agility. I enjoyed the agility and found a more competitive club which enabled me to enter some competitions in Cornwall.

Well 4 dogs later (one of these belonged to my daughter) I travel many miles and enter 2-3 day shows which involves camping sometimes in just a field with only a portaloo as an amenity.

I only have a tent but most competitors have very nice caravans and do it in luxury.

The sport has grown in popularity over the last few years and there are many shows to choose from.

Many dogs that have had a troubled start in life find that agility training is a fun way to gain confidence and become a happy dog. Whether you compete or not is up to you. There are junior classes which is a lovely way for children to bond with their dog.

More information can be found on the Kennel Club website: [www.thekennelclub.org.uk](http://www.thekennelclub.org.uk)

*Jackie*  
07967 023526



## ST KEW FLOWER FESTIVAL 5th to 7th MAY 2017

### A DATE FOR YOUR DIARIES

The theme of the Flower Show is  
"Your Favourite Poem"

This is a Community event that will take place in St James the Great, St Kew and funds raised will help to improve the church's facilities.

The weekend will include a concert on Sunday evening by the Tintagel Orpheus Male Voice Choir, refreshments will be available throughout the day and we will have a raffle with wonderful prizes!

Please get in touch if you'd like to get involved:

Pip Campbell: [pipcampbell@sky.com](mailto:pipcampbell@sky.com)  
Victoria Grand: 01208 815675  
Jennifer May: 01208 880131  
Philippa Harkness: [philippaharkness@me.com](mailto:philippaharkness@me.com)



**St.Kew Bellringers** participated in the East Cornwall Winter League Bellringing competition for the first time this year. This involves travelling to different towers to ring against two other towers at a time. The final was on the 18th of March at Linkinhorne. Going into the final we have 7 points and the top team have 15 points. All 12 teams ring together at the final. Look out for our results on our Facebook page.

We have 6 weddings to ring bells for so far this year and several visiting towers have booked to ring our bells. Our new bell ropes that we fitted in October are bedding in nicely and we recently rang a muffled peal for a funeral last month.

Our two learners Stewart and Katie are now learning to ring call changes and we also have our youngest learner Jacob learning to ring a single bell.

Anyone who would like to learn to ring the bells or just have a go on a Wednesday evening are more than welcome. We start at 7.30pm through to 9.00pm. Contact Ken Godden on 07968 481520 or message us on our Facebook page.

### FOOD BANK - EXTRA

If you would like to help the work of the Foodbank or become a Foodbank Friend by setting up a monthly Standing Order, please contact us on 01208 815374

### Money Box Course

Please see page 12 of the March Magazine for details. The first course is 1 day per week for 6 weeks in term time and starts after Easter in Bod-

min, if you would like further details please give us a call on 01208 815374.

Wadebridge Foodbank, Unit 2 Trevanson Street,  
Wadebridge PL27 7AR Tel. 01208 815374  
Registered Charity No. 1166301  
Email: [contact@wadebridgefoodbank.org](mailto:contact@wadebridgefoodbank.org)  
Website: [www.wadebridgefoodbank.org](http://www.wadebridgefoodbank.org)

## ST ENDELLION EASTER FESTIVAL

8 – 16 April  
At St Endellion church



9 concerts, including lunchtime prom and late-night concerts, over 9 days

Come and join us for a programme which is perfectly poised for the narrative of Holy Week, as it passes from Palm Sunday, through Maundy Thursday and Good Friday to the celebration of Easter Day. The programme begins with another **Come and Sing**, led again by Oliver Tarney, featuring Parry's 'I was Glad' and Handel's Coronation

Anthems. There are two wonderful chamber concerts at the start of the festival week, and two late night treats. The **St John Passion** will be performed on Good Friday and Easter Saturday as this year's central work, and our other two main concerts will include **Poulenc's Lenten Motets**, **Tchaikovsky's String Serenade**, **Vivaldi's Stabat Mater** and, on Easter Day, **MacMillan's Christus Vincit**, **Haydn's Cello Concerto in C** and **Brahms 1st Symphony**. We have a strong line-up for our **Thoughts for the Day** including Annie Vernon (Maid in Cornwall) and Janet Townsend MBE and the St Kew lunchtime prom will feature **Peter Parker**, author of a new book on **AE Housman** in conversation with **Patrick Gale**.

For full programme visit [www.endellionfestivals.org.uk](http://www.endellionfestivals.org.uk).  
To book tickets, call the box office on 07771 796643

## Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



Martin Brooks - 07812 959 879  
martin@northcornwallpilates.co.uk  
www.northcornwallpilates.co.uk

12/17

# Western Supply



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12/17



**ST KEW HIGHWAY  
METHODIST CHURCH**

Services held in the Community Hall at 9.30am.

**April Services**

- 2<sup>nd</sup> Peter Smith
- 9<sup>th</sup> Rev Sally Long
- 14<sup>th</sup> Good Friday. 2.30 Meditation, Rev Peter Smith
- 16<sup>th</sup> Easter Sunday. Communion, Rev Peter Smith
- 23<sup>rd</sup> Rev Sally Long
- 30<sup>th</sup> 4.00pm Chapel anniversary, Rev Carole Holmes.  
No morning service.

**Wadebridge Christian Centre**

Molesworth Street, Wadebridge. Tel 01208 813110, [www.wadebridgechristiancentre.org](http://www.wadebridgechristiancentre.org)  
We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

**Catholic Church Services**

<b>Wadebridge</b>	<b>Tintagel</b>
St Michael's Church	St Paul The Apostle
Tel:01208 72833	Tel:01840 770663
Mass Sundays 8.30am	Mass Mon-Thur 10am
Confessions	Fri & Sat 6pm
Friday 10.30-11.00am	Sunday 10.00am
	Confessions: Before/after Mass. Other times on request.

**St James the  
Great at St Kew**



**Calendar for April**

- Sunday 2<sup>nd</sup> 9.30 am. Holy Communion with Revd Dr Elizabeth Wild with Lay Preb David Foster preaching. (*Lent 5*)
- Thursday 6<sup>th</sup> 7.00pm. Annual Parochial Church Council meeting in the Parish Hall.
- Sunday 9<sup>th</sup> 9.30am. All age Passion Play. (*Palm Sunday*)
- Thursday 13<sup>th</sup> 1.15pm. Lunchtime Concert.
- Fri 14<sup>th</sup> 12 noon - 3pm Service of Three (*Good Friday*) Hours (2 - 3pm Taize music) with Lay Preb David Foster at St Endellion.
- Sunday 16<sup>th</sup> 9.30am. Holy Communion with Revd Canon Judith Pollinger. (*Easter Day*)
- Sunday 23<sup>rd</sup> 9.30am. All age Worship with Marcus Jones and Rob Soley. (*Easter 2*)
- Saturday 29<sup>th</sup> 12 noon. Wedding with Revd Dr Elizabeth Wild officiating.
- Sunday 30<sup>th</sup> 9.30am Holy Communion with Revd Dr Elizabeth Wild with Geraldine Ashton preaching. (*Easter 3*)

**From darkness to light and the story of Easter**

As I write this I am sitting in fog, dark fog. "It's supposed to be Spring!" I cry pathetically. As a person who is seasonally affected it feels as though the winter will never be over and the spring-time will never arrive. The fog clings to me as though winter is holding me back in its dark grip and yet spring-time is beckoning. The shops are filled with Easter eggs, the fields with lambs, there are signs of hope, but where is the light? Where is the Sun on my face? Will it ever arrive? After a long day at work and driving home bemoaning my predicament suddenly there comes a shaft of light, the clouds separate and the sky is blue, the grass is green and the daffodils look glorious. It has arrived, at last and what a difference a day makes!

It causes me to think about the unpredictability of life, with all its ups and downs. Our times of fog, darkness and difficulty, when hope seems lost and it feels like it will never end. And yet all can be changed in a day when there is a breakthrough and suddenly we can be built up, strengthened and encouraged and hope returns once more.

As Christians we are reminded as we go through lent of Jesus' dark times through the wilderness and even darker time through Holy week as he went through the humiliation and pain of the crucifixion

and death and hell. It encourages us that we are not alone and that he understands everything we go through and more. We also think about the bewilderment and grief which paralysed Jesus' disciples and the fear that their fate would be the same. We walk with them through their waiting from Good Friday to Easter Sunday as they pray and fast and grieve their loss.

Then with great joy we join with them and millions of others around the world praising God because Jesus, our Saviour is alive! He doesn't stay dead! There was breakthrough, from darkness to light and from death to life! What a difference a day makes! And yes, we celebrate the feast. Not only at Easter but everyday thereafter as we walk in faith and the new life that we have because of Jesus.

It is a reminder for us all that there is hope and a new season. The winter is gone and the spring-time is here and the darkness, however it may feel, doesn't last forever.

The fellowship of believers at St. James the Great in St.Kew and the North Cornwall Cluster of Churches would like to wish you a very happy, blessed, chocolate-filled and hopeful Easter and invite you to share with us in our services.

Blessings.  
Geraldine Ashton.

## ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

### April - May 1917

#### **The United States of America joins the war**

Following a speech by President Woodrow Wilson, where he stated, 'The world must be made safe for democracy', the US Congress voted to join the war on 6<sup>th</sup> April 1917. 24 million men registered for the draft, almost a quarter of the total population. The Americans then turned against anything Germanic. Sales of sauerkraut collapsed and was renamed 'liberty cabbage', Bismarck doughnuts were renamed 'American beauties' and German Shepherd dogs became Alsatians.

#### **Western Front**

In April 1917 two military offensives took place: the British, Canadian and Australian troops at Arras and the French along the River Aisne.

The British attack at Arras was intended to draw in the German reserves, allowing the French to strike a decisive blow against the Hindenburg Line at Chemin des Dames. In near blizzard conditions, the British bombardment began on 9<sup>th</sup> April.

The Canadians were able to score notable successes at Vimy Ridge from 9<sup>th</sup> April to 12<sup>th</sup> April. However, France's attack a week later was to prove a disaster. The Germans had plenty of warning through the careless distribution of the plans, and when the attack opened on 16<sup>th</sup> April, 40,000 Frenchmen became casualties.

It was at Vimy Ridge that Sergeant Thomas Owen Warne was killed on 9<sup>th</sup> April serving with the 13<sup>th</sup> Regiment of the Canadian Infantry (Quebec), part of four divisions of Canadian Corps fighting side by side for the first time. He had emigrated to Canada some eight years earlier. He was the grandson of Thomas Warne, who is buried in St James the Great churchyard, and son of Thomas and Mary Warne, both buried at the Chapel Amble cemetery. Sergeant Thomas Owen Warne is remembered on the Vimy Ridge Memorial, Nord Pas de Calais, France.

A fellow Cornishman, Frederick Crahart, MM, was to die later on 28<sup>th</sup> April 1917 with one of the other Canadian Divisions.

Lance Corporal Frederick Crahart, MM, of the 5<sup>th</sup> Battalion of the Canadian Infantry (Saskatchewan Regiment) was aged 22 when he was killed on 28<sup>th</sup> April 1917. Fred was born at St Kew, the son of John and Annie Crahart. The family had lived at Treharrock Cottages where John was a Teamster and where Annie died in 1908, aged 42, and is buried at the Chapel Amble cemetery. Fred was brother to William (who was to be killed in action on 7<sup>th</sup> June 1917), Thomas Henry, Bessie, Ethel May, Ernest Howard, Samuel Harold, and Elizabeth Maud.

Although the Canadian Corps had successfully taken Vimy Ridge, difficulties in securing the southeastern flank had left the position vulnerable. To rectify this British and Canadian troops launched an attack towards Arleux-en-Gohelle on 28<sup>th</sup> April. Arleux was captured by Canadian troops with relative ease, and it was here that Frederick Crahart was killed. According to the parish magazine of October 1917:

"Mr John Crahart, of Treharrock Cottages, was recently the recipient of a letter from the War Office informing him of the honour won by his son, Lance Corporal Fred Crahart, for his splendid behaviour and gallantry in the Battlefield. It appears when part of his company was held up by machine-gun fire, Lance-Corporal F Crahart set out with four other grenadiers to attack the gun from a flank. His four comrades fell, and he alone attacked the German gunners, bombing the crew out and putting the gun out of action. It is difficult to speak sufficiently highly of such magnificent bravery; such deeds make us mourn the loss of such splendid men. We understand that Mr Crahart has received a command to proceed to London to receive the medal (Military Medal, MM) from the authorities which would have been presented personally to his son Fred had he not already given his life for his country. We are proud of all our men."

After the war, the highest point of Vimy Ridge was chosen as the site of the Canadian

National Vimy Memorial. The 200 acre preserved battlefield park that surrounds the monument encompasses the grounds over which the Canadian Corps made their assault. France granted Canada the land at Vimy Ridge in perpetuity for the purpose of a battlefield park and memorial in 1922, in recognition of Canada's war efforts.



It bears the names of 11,169 Canadian dead (including Thomas Owen Warne and Frederick Crahart) and the missing, presumed dead.

### **Prisoners of War**

During the Great War, the Netherlands, as one of the few remaining neutral states, interned all soldiers from both sides who happened to cross

the border. The internment camps were spread all over the country.

The sailors pictured below came from Antwerp, where the British Naval Brigade in 1914 tried to stop the German invasion. When the German war machine overran the Antwerp defences, the Naval Brigade fled to Holland. The sailors were interned immediately and brought to Groningen.

In the camps they enjoyed some freedom and were allowed to visit Dutch friends outside the camp. Boredom was their greatest enemy which is why some took to knitting. Others made photograph frames out of Dutch cigar boxes. Of course many of these soldiers tried to get away, to join their forces, or just go home.



RN Knitters Bored, Groningen Camp 1917

Source website: *The Heritage of the Great War*

### **Pendoggett Poetry Evenings**

The poetry evenings with open mic have moved to St Tudy Inn, second Tuesday of each month starting on 14<sup>th</sup> March. The Spoken Word Evenings start at 8.00pm. All are welcome to come and listen or to read.

The St Tudy Inn has a wonderful reputation for good food, thanks to chef Emily Scott. The Inn is in the Good Food Guide for this year, in the Michelin Guide, and was one of the top 50 Gastropubs for 2016.

Emily is going to offer a 'Poets Pot Luck' for £10 each month but needs to know how many are coming, and how many are vegetarian. Please book in advance on 01208 850656.

### **SAVE OUR POST OFFICE**

A very successful meeting was held in the Community Hall on the 23<sup>rd</sup> February with over 100 people attending.

With that support we were able to get the ball rolling towards saving the Post Office, and things are looking fairly promising.

Many people signed the petition there and then, and many others took them away to get more signatures.

We already have over 300 signatures.

*Judy*

I would just like to add my thanks to everyone that came to the meeting and have signed the petition.

*Marion*

**PLEASE RETURN ALL PETITION FORMS,  
WHETHER FULL OR NOT BY THE 10<sup>TH</sup> APRIL  
TO:**

**AUNT AVICE  
MARION DINGLE - 12 WHITEHALL  
JUDY GRAY - TRETAWN COTTAGE**

**THANK YOU ALL!**

### URGENT APPEAL

Last month we received 1.3 tonnes of food in kind donations, however we distributed 2.2 tonnes of food to people referred to us. Our Foodbank can provide a lifeline for people in need and we support them throughout their crisis, whether it's sudden illness, redundancy or struggling to survive on a low income. We are experiencing a high demand for our service and this means that our resources are being stretched and we are appealing for food donations. This month we need **long-life fruit juice, long-life milk and tinned tomatoes, tinned potatoes, pasta, rice, tea, coffee and toiletries (including soap & shampoo).**

### JACQUI WHITE - STAR OF CORNWALL



We are incredibly proud of our Foodbank Manager Jacquie White who has won the Outstanding Achievement Award at the Cornwall Star Awards. The event was hosted by DC Media, publishers of the Cornish Guardian and honoured people from all walks of life from across Cornwall who were rewarded and celebrated for their remarkable achieve-

ments. Jacquie works so hard to help people within our community and co-ordinates the valuable work of the Foodbank

### DINNER DANCE CHARITY FUNDRAISER

Get ready to dig out your dancing shoes for our Dinner Dance on **Saturday 6<sup>th</sup> May 2017** at the Pavilion Centre, Royal Cornwall Showground. The chefs from Keep Cornwall Fed will be our caterers and their vision is that for every meal bought, they will provide a free meal for people who are in need.

### SAVE THE DATE

If you're already thinking of warm and sunny weather, we have the perfect holiday destination! We will be holding another Camping Weekend at Mother Ivey's Bay Holiday Park from the **16<sup>th</sup>-18<sup>th</sup> June 2017**. I'm afraid we can't guarantee the sunshine but we can promise it's a beautiful location and a great weekend.

**Please see Page 19 for our contact details.**



The Annual General Meeting sees our committee continuing in their roles - other than Mrs Audrey Webb. Audrey has worked tirelessly on our committee in many roles and usually keeps us on the straight and narrow when we wander off the WI guidelines.

She has cooked many items for our show entries - sausage rolls, celebration cakes and lots of other delicacies. Of course this isn't goodbye as she remains a member.

We have a plan now for our entry for the Royal Cornwall Show. What a wealth of talent!

Our meeting in April will be on Wednesday 12th and some of our members are having a sharing of craft ideas with the group. We will also be looking at our Federation resolutions.

Why not come and share with us - we are a range of ladies who enjoy coming together and trying new things. St Kew Highway Community Hall at 7pm on 12th April.

*Alison Gill*



### St KEW GARDEN ASSOCIATION

The question and answer session on Wednesday 15<sup>th</sup> of March with Nick Bacon (formally head plantsman at Trelawnly Garden Centre) was very interesting, with many topics covered from planting to pest control.

The Annual General Meeting will be held on Wednesday the 19<sup>th</sup> April at St Kew Highway Community Hall at 7,30 pm. As well as club members, all are welcome. Topics discussed will be events for the forthcoming year and planning for the St Kew Garden Show in September. Anyone willing to come and offer their support or input will be most welcome.

Richard Godden



## Allen Valley Singers

I live in an Avenue which at this moment, is covered with daffodils. So cheery in themselves but also augur the coming of lighter days and the warmth of the sun, if we are lucky!

The choir will soon be holding their AGM, on the 28<sup>th</sup> March. This is an important meeting as it is at this time that decisions are made for all aspects of choir life and therefore is a chance for all members to give their opinions and suggestions. Any choir members who feel that they would like to contribute further have the opportunity of putting their names forward to potentially serve on the Committee.

On the 8<sup>th</sup> April, at St. Kew Church (St. James), we will be joined by the New Harmony Ladies Choir, Bristol. They are returning our most successful visit to their city two years ago and we are delighted that they are singing with us again. Entry to the concert is free, though important fund raising will be afforded from contributions and the results of the excellent raffle. We welcome you all to join us at 7.30pm for this special evening of music and song.

We have also been invited to perform in a charity concert at St. Breward in May (details tba).

Also in May, we are taking part in the St. Kew Church Flower Festival. Each entrant designs and portrays a theme, so this event will be a spectacular sight. So please remember Sunday May 7<sup>th</sup>, as another important date in your diary!

Janette Man our Musical Director, is always happy to discuss our repertoire and the activities of the choir. Come and join us for an evening to talk with her, also listen to our music and even join in our warm-up, which is so vital but fun as well. You may well be inspired to join us and be part of this successful and cheerful choir. Contact Jan, Telephone 01208 841784 if you would like to book the choir for weddings or any event that would be enhanced by our music. Our accompanist, Steve Tyrrell, a brilliant pianist, is also an accomplished organist if required in the case of a church wedding.

We meet at St Kew Highway Community Hall, on Tuesday evenings 7.15 – 8.45 pm.

*(Dr.) Joyce Hargrave-Wright (Publicity/Reporter)*

## 'KEW & A'

### Twenty Questions & Answers

**This month:** Mike Pickard one of our editors, who is happily retired.

**Childhood Hero:** *Edmund Hillary.*

**Hobbies:** *Walking, gardening, reading.*

**Favourite Music:** *Blues, Country and Bluegrass.*

**Favourite Book:** *'Rebecca' by Daphne Du Maurier*

**Favourite Film:** *Apocalypse Now*

**Favourite TV Programme:** *Monty Python's Flying Circus.*

**What's good about living in your village?** Its proximity to the beautiful North Cornwall coastline.

**What would you improve?** Get the pot holes filled!.

**I'm very good at...** *Cooking.*

**I'm very bad at.....** *Tolerating bad drivers.*

**A phrase I use too often is.....** *'Doesn't he know what the indicators are for?'*

**Three people, dead or alive, I'd invite to dinner are....** *Robert Plant, Nigel Slater, Oliver Cromwell.*

**I'd like to be stranded on a desert island with....** *An ocean going yacht!*

**I'm embarrassed by.....** *The level and quality of political debate in this country.*

**My proudest moment was....** *Birth of our first child (and the other two obviously!)*

**The best things about Cornwall are...** *the clean air, slow pace of life, the coastline and, best of all, Proper Job beer.*

**The worst things about Cornwall are....** *Summer holiday time - especially Polzeath beach, Chelsea tractors and queues into Wadebridge.*

**Which of our country's laws would you change?** *Introduce proportional representation and reduce the minimum voting age to 16.*

**An over-rated public figure is....** *Nigel Farage Piers Morgan come equal first.*

**In another life I would ....** *Have studied early medieval history at university **not** chemistry.*

## Events Diary

### April

- 5th Bell ringing practice 7.30 - 9.00pm  
 6th Chair aerobics, Community Hall 2.00pm  
 7th Quiz, Community Hall 7.45pm  
 12th Bell ringing practice 7.30 - 9.00pm  
 12th WI, Community Hall 7.00pm  
 13th Chair aerobics, Community Hall 2.00pm  
 17th **COPY DATE for the May's magazine**  
 19th Bell ringing practice 7.30-9.00pm  
 19th Gardening Soc, Community Hall 7.30pm  
 20th Chair aerobics, Community Hall 2.00pm  
 21st Souper lunch, Community Hall 12.30pm  
 21st Quiz, Community Hall 7.45pm

**22nd-7th May weekends and 1st May.  
 Exhibition - David Marl: Pilgrims 11.30-4.30 St  
 Endellion Hall**

- 26th Bell ringing practice 7.30-9.00pm  
 27th Chair aerobics, Community Hall 2.00pm  
**28th Magazine Collection for Distributors**  
**28th Dutch Serenade At Endellion 7.30pm**

### News from the Parish Hall

Our next fund raiser is our Spring Fair and coffee morning and this will take place on 13th May 2017 starting at 10.30am.

There will be a cake stall, a huge plant stall, bric a brac, games and a raffle. See you there.

Kathy

To book the hall, please contact Joanna Pratt on 01208 841420

## ST KEW HIGHWAY COMMUNITY HALL

### ONGOING EVENTS

(Registered Charity No 294140)

- |               |   |                 |                              |
|---------------|---|-----------------|------------------------------|
| <b>Sun:</b>   | Methodist Church Service                  | Marion Dingle   | 01208 841388                 |
| <b>Mon:</b>   | Yoga 10.30am                              | Fiona Crompton  | 01208 851735                 |
|               | Pilates 2.30pm - 5.15pm                   | Martin Brooks   | 07812 959 879                |
| <b>Tues:</b>  | Allen Valley Singers 7.15pm - 9pm         | Janette Man     | 01208 841784                 |
|               | Pilates 1.15pm-2.30pm                     | Martin Brooks   | 07812 959 879                |
| <b>Wed:</b>   | 1st, 3rd and 5th in month -               |                 |                              |
|               | West Country Embroiderers 10am - 3pm      | Pat Scarborough | 01841 521323                 |
|               | 1st in month - St Kew Playing Field Trust |                 | 7.00pm                       |
|               | 2nd in month - St Kew WI                  | 7pm             | Becky Allen 01208 841798     |
|               | 3rd in month- Gardening Association       | 7.30pm          | Sheila Shergold 01208 851241 |
| <b>Thurs:</b> | Chair Aerobics                            | 2pm             | Pat 01208 841260             |

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL  
 CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

## The Regal in Wadebridge

Tel: 01208 812791

12/17



### April:

- 7th Going in Style  
 The Boss Baby - 3D  
 14th Fast & Furious 8  
 21st Unforgettable  
 28th Guardians of the Galaxy - 3D

Please check our website for the next Autism friendly screening - watch newly released films with friends and family in an inclusive environment.

### Live Screenings:

- 6th Twelfth Night - NT, Live - 7pm  
 11th Jewels - Royal Ballet, Live - 7.15pm  
 20th Rosencrantz & Guildenstern Are Dead - NT, Live (with Daniel Radcliffe) -7pm  
 26th Julius Caesar - RSC, Live - 7pm

Please ring or check our website for more details  
[www.wtwcinemas.co.uk](http://www.wtwcinemas.co.uk)

## Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 27th March, 10th and 24th April.

## CHARITY QUIZ NIGHTS IN THE COMMUNITY HALL

Fridays at 7.45pm  
 7th and 21st April

*In aid of a local charity yet to be decided upon*

## Souper Lunch



**Friday 21<sup>st</sup> April**

12.30pm in the Community Hall.



## We're hiring!

We're looking for a new breakfast cook to look after our lovely guests. Most Saturdays and Sundays between May and October, usually 3 hours each day. £8 per hour. Applicants must be personable, professional and friendly and have quality b&b, pub or hotel experience. To apply email your details and current CV to: richard@pengennamanor.co.uk

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[www.pengennamanor.co.uk](http://www.pengennamanor.co.uk)



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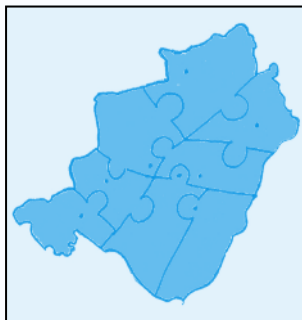
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Visit at Bodmin, Camelford or Wadebridge



# Pieces of Eight



May 2017 Issue 230  
News, views and issues  
from: Chapel Amble,  
Pendoggett, St Kew, St  
Kew Highway, Trelill,  
Tregellist, Trequite,  
Trewethern

Email: [stkewmag@gmail.com](mailto:stkewmag@gmail.com)

## Back in business!

But it's not all good news... please see our roving reporters' articles on pages 19 & 24.



Photograph by David Balmford

Your free guide to news and events within and around St Kew Parish

<b>Contents</b>				
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				St Kew shop update
				Foodbank, WI & Garden
				Diary and events page

**Pieces of Eight** is an independent community magazine, published ten times a year. Volunteers produce and deliver the magazine to all households in St Kew Parish, and to local shops and pubs. We can post issues to households outside the parish at a cost of £10.00 per annum.

### Contacting the Editorial Team

Please use [stkewmag@gmail.com](mailto:stkewmag@gmail.com) for ALL emails.

Advertising Manager: **Position vacant** at the moment. Please email the editors and one of us will get back to you.

Treasurer: Richard Godden, 1 Lane Park, St Kew, PL30 3HF, Tel 01208 880007

### Copy date for the May issue is: **Monday 15th May**

Please let us know if you need to reserve space after the copy date.

### Note to readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight! This shows advertisers that the magazine is *the* place to reach customers.

### Editorial

April seems to have been a busy month in our household. One son has been made redundant and is moving back home while he decides what to do next, another is selling and buying a new house, and our daughter needs us to help with decorating and renovating her house, and so it goes on. Parenting really is for life!

Over Easter we went to Pencarrow for a relaxing walk followed by tea in the garden. Looking across at the other tables I spotted a family I thought I knew but hadn't seen for many years. After a quick change of glasses (old age catching up) to make sure it was them, I went over to say hello. They weren't on holiday but have recently retired here only a few miles from us. It's such a small world isn't it?

On a sadder note we have been told of the death of a popular local man. After a fight with cancer Russell Richards lost the battle on Easter Saturday. A good neighbour and friend he will be missed by many of us. Our condolences go to his family, especially Diane. RIP Russell.

*Nicky*

The on-line version of the magazine can be found on [www.stkewparish.org.uk/PO8.html](http://www.stkewparish.org.uk/PO8.html).

*Many thanks to the Parish Council for allowing us to use their site.*

### Advertising Rates

We aim to cover the print costs of each edition with advertising revenue. We print 10 issues a year (no January or August editions). New advertisers are most welcome, however please email the editors at [stkewmag@gmail.com](mailto:stkewmag@gmail.com) before sending copy or payment to ensure space is available, and to confirm the cost of your advertising. Local charitable and church adverts from within the Parish are carried free, sized as space permits. Advertising copy may be e-mailed to [stkewmag@gmail.com](mailto:stkewmag@gmail.com). Please ensure it reaches us by the copy deadline! Advertising remittances (cash, or cheque made payable to St Kew Parish Magazine), should be sent by the publication deadline to the Treasurer. **Please note that adverts must be paid for in advance and in full BEFORE they can appear in the magazine.**

Page size	For 1 issue	For 10 issues
1/8	£6.00	£39.00
1/4	£10.00	£77.00
1/2	£16.00	£132.00
Full page	£30.00	£240.00

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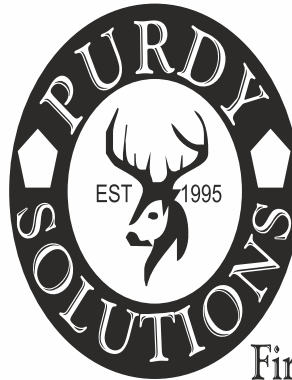
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## Souper Lunch

On Friday 17th March the Souper Lunch at the St Kew Community Hall saw a good number attend. We welcomed back Sybil and Fred Crahart and Cherrel Raybould (who had been unwell) and missed Pat, Pam and Molly, who were otherwise engaged. Lay Prebendary David Foster started with a prayer, and we are grateful to Diane, Leonie and Philippa for their soups. In line with our current policy of giving to local charities, the agreed charity

this month was Carrick MIND at Penryn. MIND is a mental health charity that offers information and advice to people with mental health problems and lobbies Government and local authorities on their behalf. They also work to raise awareness and understanding of issues relating to mental health.

The next Souper Lunch is on Friday 19<sup>th</sup> May.

Welcome one and all.

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## Local Defibrillators

The parish now has three operational Defibrillators: One in the phone box in Chapel Amble, one at the St Kew Inn and one at the Red Lion Inn at St Kew Highway.

Earlier this year the defibrillator at the Red Lion was called into action. A member of a passing group of military personnel was taken unwell. As well as contacting the emergency services, they looked to obtain medical assistance at the surgery. As it was during the afternoon the surgery was closed. They then went to the Red Lion to get the defibrillator as they suspected it may be required. They took the defibrillator away, a little while later they returned it saying that the emergency services had attended and that they had not needed to use the one from the Red Lion. They left thanking Steve from the Red Lion for his help. We don't have any more detail, but we hope the person involved made a full recovery.

We are fortunate to have three of these devices in our parish. Hopefully they won't be needed often but if they are we know where we can find one!

Our thanks go to the many people who support them.



## The Historical Society

Following the 2017 AGM the following Elected Members Committee is as agreed by all present:

*President and Vice Chairman: Mr Jim Godden*

*Chairman: Mrs Sandy Chadwick*

*Archivist & Temporary Joint Treasurer: Ms Kim Appleby*

*Secretary & Temporary Joint Treasurer: John Raybould*

*Committee Members: June Bentley, Tom Chadwick & Barry Cuff.*

All committee members agreed to stand for 2017/18 and where elected unopposed.

All current members are reminded that renewal membership fees are now due - still £12.00 per person for the year. Can I ask that fees are paid to any committee member as soon as possible please. Just another quick

reminder - could all members on the email list let know if they me wish to remain as members and be advised of talks and activities. Of the 20 or so e-mails sent out only 2 replies have been received. **Please remember The History Society still wants you and will not survive without local support.**

Our next meeting is **Thursday May 11<sup>th</sup> 2017**. We hope to have a speaker this evening following a short committee meeting. In any case come along and check us and our archives and items of interest out.

### All talks at St Kew Parish Hall, 7.30pm

All welcome, members free of charge, guests £3.00 per person. All funds go to preserve the future of our History Society and important historical items of St Kew.

Thanks to all

*John Raybould, Secretary*



NEWS FROM

# St Kew School

Inspiring and achieving success for all



Tel: 01208 841306

[www.st-kew.cornwall.sch.uk](http://www.st-kew.cornwall.sch.uk)

Email: [secretary@st-kew.cornwall.sch.uk](mailto:secretary@st-kew.cornwall.sch.uk)

Well, it's been a busy month here at St Kew School! Here are some of the highlights – but don't forget, you can keep up to date with all the school news in our weekly newsletters, published on our website: [www.st-kew.cornwall.sch.uk](http://www.st-kew.cornwall.sch.uk)

## LONDON RESIDENTIAL

Year 6 pupils recently enjoyed a jam-packed week in the capital, sleeping onboard the Lord Amory in Docklands and visiting the London Eye, Tower of London, a West End show, the Houses of Parliament and more! Phew! As always, the children were a credit to the school and a pleasure to be with. Check out the photo gallery on the website to see more of their London antics.

## HEALTHY WEEK

Whilst the Year 6 children were away, the rest of the school took part in Healthy Week – looking at maintaining a healthy and active lifestyle. Fun activity sessions included Zumba, Clip and Climb indoor climbing wall, golf taster sessions from The Point, swimming and orienteering. There was a Healthy Eating trail with Tesco, and cooking sessions in the Wild Tribe kitchen, where popcorn, lemon drink and bread were made and cooked over the open fire in our straw bale roundhouse.

## SPORTING SUCCESS

Congratulations to the KS1 children who took part in the recent cross country event at Wadebridge School, for many of whom it was their first event. Special congratulations to Zienna (4th, Year 2) and Aiden (10th, Year 1). Congratulations also to Abbi (Year 5) who qualified for the County Cross Country Finals. A fantastic achievement!

After winning the recent Wadebridge cluster tournament unbeaten, the Netball team competed in the North Cornwall High Five Final at Budehaven School. They won their pool, beating Delabole 13-0 and Kilkhampton 3-2, before narrowly losing to Bude 2-0 in the semi-final. A great achievement for a small school!

## WHAT A BUNCH OF WALLYS!!



The final day of the Spring term brought a truck load of 'Wallys' to school: our theme for St Kew Book Day.

All of the children and the staff dressed as 'Where's Wally' and took part in a book-related events to create a buzz

for reading. The day was rounded off with parents and carers joining us for the termly homework celebration assembly, which included some extra special treats. Class 3 performed the scene from their recent performance at Hall for Cornwall in the Royal Shakespeare Company production of Julius Caesar (Yes really! More on that next month..) and Class 2 assisted Sue Field from Mazed North in regaling us with traditional Cornish tales. The children have been working with artists and storytellers from Mazed to create their own stories based on traditional tales, and their work was of such a high standard that it was recently on display in Bude Castle Museum.

For more information on Mazed, visit [www.mazedtales.org](http://www.mazedtales.org).

## LEARNING TOGETHER

Is your child starting school in September 2017? If so, we'd love to invite you to **Learning Together** - our bi-weekly sessions for children, parents & carers. Join us for fun activities, crafts and story time - a great way to introduce your child to the school environment, for you to meet the staff and children at St Kew and find out a little more about why we think it is such a special place to learn and grow. **Learning Together** is open to all children who are starting school in September 2017, even if you've not made up your mind about where to go!

Dates for 2017: **10th & 24th May, 7th & 21st June, 5th & 19th July**. Please contact the school office for more information and to sign up.



The children had a busy end of term with lots of fun Easter activities.

These included decorating Easter bonnets, egg and spoon races in the garden and, of course, we had to make chocolate Easter nests which went down a treat.

The Easter break has gone by very quickly and going into the last term of the school year brings lots of gardening activities, and preparation for our older children getting ready to leave for Primary School. *Please see the previous page for information on St Kew School's Learning Together programme.*

We are looking forward to our first week back with a trip to St Kew Church where Marcus and his team will be doing Easter activities with the children. It's always great to have the opportunity to involve the children with other groups in our Parish

so that they gain a greater understanding of the world around them.

Last month our fundraising was very successful and we very much appreciate all the support from the community who supported our table top sale at the Parish Hall, and our bag2school collection of unwanted clothes.

Two teams from the Pre-School have entered the 'Ten Tors' for our next fundraiser on the 14th May. Please go to our Facebook page for pictures and details on how to sponsor the teams.

We have places at the Pre-School available for children aged 2-4 years. If you are interested or would like to come and look around then please contact Hayley on 01208 841821


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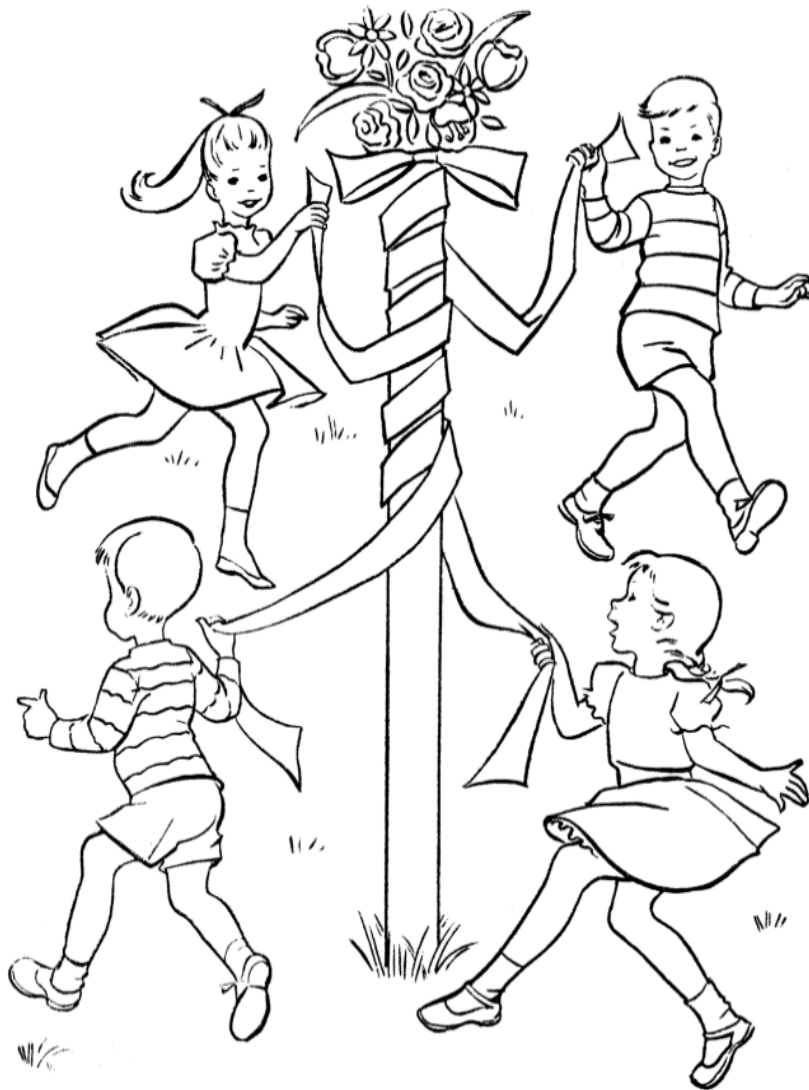


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[www.thehoundslounge.co.uk](http://www.thehoundslounge.co.uk)

[www.doggydaywalks.com](http://www.doggydaywalks.com)

# CHILDREN'S CORNER



## THE MAYPOLE

The Maypole is a tall pole with coloured ribbons attached from the top. Each person takes a ribbon and dances around the pole.

Originally it is thought that people danced around a tree to celebrate the return of the summer.

This usually takes place on the May Day Bank Holiday and is a sign that sunshine is just around the corner!

Colour in the picture of the children dancing and having fun.

### May Day

Can you find these May time words in the grid?

SUNSHINE  
DANCING  
COLOURS  
SMILE

FLOWERS  
RIBBONS  
CLOUD  
MAYPOLE

S	M	I	L	E	R	B	F
C	L	O	U	D	I	G	L
O	F	H	U	K	B	W	O
L	D	C	V	B	B	Q	W
O	M	A	Y	P	O	L	E
U	C	F	G	W	N	V	R
R	L	P	F	A	S	Z	S
S	U	N	S	H	I	N	E
K	D	A	N	C	I	N	G

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Home Produced Beef, Lamb and Free Range Eggs  
Fresh Fruit and Veg, local Bread & Cheeses, Gifts and  
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Don't forget we serve Breakfast 9am - 11am,  
Lunch from 12 noon - 3pm

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12/17

# Puzzle Page

## codeword

	1	20	13	12	25	16	20		10	5	20	2
12		26		18		5		13		16		4
23	26	16	6	9	16	20		24	24	3	20	1
26		19		16		12		25		3		20
20	14	21	26	12		6	5	16	17	25	7	
12				4		7		19		20		18
6	20	2	4	5	17		6	21	24	1	17	7
21		8		21		22		16				12
	19	20	1	12	25	24		24	11	21	20	5
6		20		5		21		16		12		4
25	4	25	12	18		21	16	6	6	25	20	1
4		20		20		20		25		24		20
15	24	1	20		19	26	12	7	4	5	17	

A  
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V  
W  
X  
Y  
Z

	9			3	4							
1			7							6		
		8			5							
5					8							2
		7	6		4	3						
2				9								1
			2			7						
	6					1						9
		1	3								8	

## nonogram

M	S	S
L	I	B
M	Y	O

How many words of 4 letters or more can you find? You must use the centre letter in each word.

No plurals or proper nouns are allowed. There are only 20 listed in the solution which includes **1 nine letter** word to find.

1	2	3	4	5	6	7	8	9	10	11	12	13
			I									
14	15	16	17	18	19	20	21	22	23	24	25	26
							T		B			

## Gold Boats Leaving

On this rocky coast Time stands still –  
as bezants change hands, set princes free,  
so castles rise in chrome and glass

granite harbours resound to traders  
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Deep in the hold of every boat  
enough Tolgus gold to blind Levant.

From Sennen to Padstow and beyond Hartland  
sailors mourn another May

their lover's wreaths of fresh white blossoms  
floating on the departing waves.

David Penhale  
April 2017



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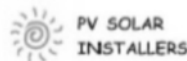


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# GILL'S RECIPE OF THE MONTH

## Crab Cakes

A delicious restaurant-style snack or starter. Serves 4 as a starter.

- 200g mixed crab meat.
- 100g fresh breadcrumbs, plus extra if needed.
- 2 tbsp mayonnaise.
- 1 tbsp red Thai curry paste.
- Small pack coriander roughly chopped plus a few leaves to serve.
- 1 lime zested and half juiced.
- Bunch spring onions half sliced and half shredded.
- 3 tbsp sunflower oil.
- 1 carrot finely shredded, to serve.
- Sweet chilli sauce, to serve.

## Method

To make the crab cakes tip the crab meat, breadcrumbs, mayonnaise, curry paste, coriander, lime zest, lime juice and sliced spring onions into a bowl.

Mix together until well combined - the mixture should be spoonable and not too sloppy. If it is too wet, add some more breadcrumbs to bring it to the right consistency.

Heat the oil in a frying pan. Divide the mixture into four and shape into patties, then fry for three minutes on each side until golden and crisp.

Scatter some carrot, the shredded spring onion and coriander leaves over the plate and serve the crab cakes on top with a pot of sweet chilli sauce as a dipping sauce on the side.

## St James the Great Church at St Kew

On Tuesday 9<sup>th</sup> May Archdeacon Audrey will carry out an administrative inspection of the church from 11 am and will take lunch at the St Kew Inn.

Parishioners may wish to meet the Archdeacon at the Sunday Service or at the Inn on Tuesday.

Thursday 25<sup>th</sup> May is Ascension Day. This commemorates the ascension of Christ into Heaven, forty days after he had risen from the dead, and is therefore held on the 5<sup>th</sup> Thursday after Easter.

Often referred to as Holy Thursday, it is one of the major festivals of the Christian Church and has been around in one form or another since at least the fourth century.

## Great Cornish Cake Bake Sale



The WI are holding a cake sale in aid of Cornwall Hospice Care on Saturday 6<sup>th</sup> May at 10.30. Location: Near the garage at St Kew Highway, just look out for the signs!

Our hospices receive little public funding and provide amazing care and support for families.

**ALL WELCOME, PLEASE COME AND BUY SOME TREATS.**

## Did you know.....

...that the telephone kiosk by the St James church car park is Grade 2 listed?

It was listed on 26 May 1993 by Historic England. It is made of cast iron and is a 'K6' telephone kiosk designed by Sir Giles Gilbert Scott. It is number 75 of the 100 buildings listed in St Kew. Grade 2 listing means it is of national importance, and of special architectural interest. Sir Giles Gilbert Scott (1880-1960) was an English architect known

for his work on Liverpool Cathedral, Waterloo Bridge, Battersea Power Station, parts of the House of Commons and, of course, the iconic telephone boxes. He was also the son, and grandson, of equally famous architects.

The K6 design is the Jubilee kiosk, introduced for King George V's silver jubilee in 1935, and is the type that eventually became a fixture in almost every town and Village in Britain.

*William*

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**ST KEW FLOWER FESTIVAL**  
**Friday 5<sup>th</sup> to Sunday 7<sup>th</sup> MAY 2017**  
**10.00am - 5.00pm**

Do come along and see the beautiful displays created by our community!  
The theme is "My Favourite Poem" and we are very excited by the entries we have received!  
There will be refreshments and cream teas throughout the day and lunch will be available between 12.00 and 2.00pm. We also have some great prizes for our raffle!

Sunday 7.30pm - Concert by Tintagel Orpheus Male Voice Choir  
(retiring collection – no tickets required)  
There will be refreshments and the raffle will be drawn.

The Flower Show will take place in St James the Great, St Kew and funds raised will help improve the Church's facilities.

**ROCK INSTITUTE**

An exhibition of New Paintings  
By  
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Friday 26<sup>th</sup> May-Sunday 4<sup>th</sup> June  
10.00am-5.30pm



'CORNISH WINDOW - Blue Jug and Gold Bowl' (Oil on panel)

**'KEW & A'**

**Twenty Questions & Answers**

**This month:** Philippa Harkness, one of our editors.

**Childhood Hero:** *My uncle Peter. He was in a band, was handsome and so cool and could walk on his hands all round the garden.*

**Hobbies:** *Gardening, cinema, driving.*

**Favourite Music:** *(at the moment) Soundtrack of La La Land.*

**Favourite Book:** *(at the moment) A Divided Spy by Charles Cumming.*

**Favourite Film:** *My Cousin Vinny.*

**Favourite TV Programme:** *(at the moment) Designated Survivor.*

**What's good about living in your village?** *It's peaceful.*

**What would you improve?** *The potholes!*

**I'm very good at...** *Organising.*

**I'm very bad at.....** *Saying no.*

**A phrase I use too often is.....** *Oh Philippa! (in annoyance).*

**Three people, dead or alive, I'd invite to dinner are....** *Isabella I of Castille, William Wilberforce, Vivaldi.*

**I'd like to be stranded on a desert island with....** *Some good books.*

**I'm embarrassed by.....** *Racism.*

**My proudest moment was....** *Designing and planting my garden.*

**The best things about Cornwall are...** *The beaches.*

**The worst thing about Cornwall is....** *Nothing.*

**Which of our country's laws would you change?** *Prison sentences for petty crimes.*

**An over-rated public figure is....** *Nigel Farage.*

**In another life I would....** *Be a better person.*



## **Allen Valley Singers**

On 1<sup>st</sup> April, the Singers were privileged to be invited to join with The Chough Wheelchair dancers at a joint concert at the St. Merryn Church Hall. These talented ladies meet in St. Newlyn East and are guided in the production of complicated patterns by Margaret Oliver. We sang a number of songs from our repertoire and the whole company then ate our fill of a welcome cup of tea and some delicious cakes. I did wonder why the ladies were leaving their wheelchairs and stranding them empty in the middle of the floor. Then several of the choir members, including our Musical Director found themselves gently pulled toward the chairs and lo and behold, there was a new team of dancers! There was somewhat of a difference however, as we soon found out. Margaret lined them up and instructed them in some simple manoeuvres. There was a distinct lack of knowledge about where their right and left sides were situated about their bodies. Margaret asked them to move once to the right. It was unbelievable, as with 'right' and 'left' being unknown, they knocked into each other and moved the chairs every way but the way Margaret had directed. They became marginally better but apart from being great entertainment, we all learned that the Chough Dancers were much more skilful than we had ever imagined.

On Saturday 8<sup>th</sup> April, we were in concert with the New Harmony Ladies Choir from Bristol. We had visited them in Bristol previously and as a return visit, these ladies with friends and relatives travelled to Cornwall to spend a day or two in the county, culminating in the making of superb music with both of the choirs. We all had a communal meal at the church hall and I have to say a sincere thank you to the AVS ladies who provided the food and for all their effort that goes into arranging such an event. We welcomed our visitors in the church hall of St.

James the Great, in St. Kew, followed by a joint rehearsal and finally a joyous concert. Separately, the two choirs sang a selection of songs including our Bristol friends spirited versions of 'Razzle Dazzle'(Kander and Ebb) and 'The Banana Boat Song' ( Burgess and Attaway), with a rousing though meaningful 'Skyfall', (Adele Atkins and Paul Hepworth), from Allen Valley Singers. The two choirs joined together in three songs, 'Song of Peace' (Mary Donnelly), 'Feeling'Groovy' (Paul Simon) including the final tour de force of, 'You Raise Me Up' (Graham and Lovland'). The church rang with the music and ended a highly successful day.

We must give credit to the two Musical Directors, Janette Man (Allen Valley Singers) and Rachel Phillips, (New Harmony Ladies Choir) and their accompanists, Steve Tyrrell (AVS) and Gus Tredwell (NW), for providing such truly enjoyable and quality performances.

Presents were exchanged between the choirs at the end of the concert which were greatly appreciated and richly deserved. I have to say on a personal note, that I am one of those unfortunates in life, who is not a raffle winner. However this concert finally 'came forth' and I am now the proud owner of a raffle-won plant!

Our next concert will be at St. Breward Church on Saturday 20<sup>th</sup> May at 7.30 p.m. Please join us.

Contact our Musical Director Janette Man, Telephone 01208 841784 if you would like to join our choir. Come and join us for a visit and to chat with Jan and to meet us and listen to our music. Contact her also, if you would like to book the choir or would like us to enhance a wedding or any other event. If you were planning a church wedding, our pianist Steve Tyrrell is also an excellent organist.

All best wishes.

*Dr. Joyce Hargrave-Wright (Publicity)*

### **Prebendary Judith Pollinger has told us about these events coming up:**

7.30pm Friday 28th April at St Endellion Church: Concert - Kamerkoor Collegium Utrecht. Cost £10.

10am - 3pm Saturday 29th April at St Endellion Church: 'Painting as Pilgrimage' day led by David Marl who also has an exhibition in St Endellion Church Hall. Cost £10.

10am - 3pm Saturday 13th May at St Endellion Church Hall: Poetry Workshop led by Alyson Hallett. Cost £15.

7.30pm Saturday 28th May at St Endellion Church: Concert - Misbehavin' Elemental. Cost £10.

Saturday 20th May to Sunday 4th June at St Endellion Church Hall: Exhibition - Paul Jackson, Ceramist.

7.30pm Friday 2nd June at St Endellion Church: Concert - Corineus Quartet. Cost £10.

10am - 3pm Saturday 24th June: Reflective day 'A different way of being Christian' Revd Dr John Binns, authority on Orthodox Christianity. Cost £10.

6pm Friday 7th July at St Endellion Church Hall and Church: Fundraising Reception and concert with Helen Porter. Cost £25.

Many thanks.

*Judith*

# Parish Council News

**Chairman:** Cllr Richard Godden

**Clerk:** Cindy Powell, 6 Greenhill Villas  
Wadebridge PL27 6HN Tel: 01208 815591  
Email: [clerk@stkewparish.org.uk](mailto:clerk@stkewparish.org.uk)



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.30pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

## St Kew Parish Council Meeting held on Tuesday 11<sup>th</sup> April 2017 at 7.30 pm in the Parish Hall.

Present: Chairman Councillor R Godden, Councillors T Mott, A Godden, B Finnemore, J Lethbridge, J Rowe, R Hawken, S Liddiard, J Rickard, Cornwall Councillor S Knightley, and a number of members of the public in attendance.

Apologies received from: PCSO Drennan.

The meeting started with a brief update from Cornwall Councillor S Knightley.

The public discussion concerned the planning application for Barton Farm, a number of people shared their views with regard to the application.

### Planning Applications

#### PA17/02094

Mr & Mrs Stephens, Barton Farm, Trelill Road. Extending existing derelict barn from single storey to two storeys into granny annexe to existing converted barn.

#### Recommended refusal

#### Planning Decisions

#### PA17/01208

Mr Lanaway, Coldnorthcott, St Teath Road, St Teath. Removal of existing temporary storage sheds and container with replacement permanent storage shed.

#### Approved

#### PA17/0700

Mr S Hancock, Land SW of Treamble, Chapel Amble. Proposed detached dwelling.

#### Refused

The meeting discussed and accepted the annual accounts.

The meeting was informed that the agreed work to tidy the top end of the churchyard has been delayed until the wild flowers have seeded.

The meeting agreed to make a grant to the Parish Hall to help with the costs of improving the driveway and car park.

## ST KEW PARISH COUNCIL

INVITES TENDERS FOR FOOTPATH CUTTING  
IN ST KEW and CHAPEL AMBLE

PLEASE CONTACT THE CLERK FOR FULL DETAILS

**CLOSING DATE 1st June 2017**

**Clerk:** Cindy Powell, 6 Greenhill Villas,  
Wadebridge, Cornwall PL27 6HN  
Tel: 01208 813339 Email:  
[clerk@stkewparish.org.uk](mailto:clerk@stkewparish.org.uk)  
[www.stkewparish.org.uk](http://www.stkewparish.org.uk)

## Important information for our lovely distributors....

Our printer has now found a new home but we will be more restricted on when we can use it, and may not be able to print on the same days each month. As a result, in future we will deliver your bundle(s) of magazines to you once printed (like last month). Please could you then return your bags to Aunt Avice and we will collect them ready for the following issue.

Please could you also make sure we have an up to date email address and telephone number for you. Just email us at [stkewmag@gmail.com](mailto:stkewmag@gmail.com). We would love to keep you up to date with what's going on but we have a lot of gaps in our contact list. Many thanks!



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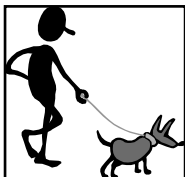
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## Tails from Ellistee Boris



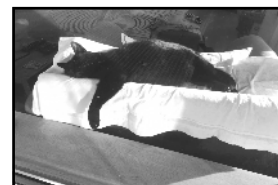
Please do not try to read this fast, as I can now only write slowly, I am definitely slowing down, but can still get quite excited when I meet a nice little girlie dog on my daily (sometimes twice daily, if I'm lucky) walk. Last week I chased one little girl in circles round her mistress which was great fun.

Apparently I hear that there are 80 beaches that are closed to me during the summer, and that some people are grumbling about this. I know that there are still beaches open to dogs in the summer, because I went there when I was younger, so why the grumbles? My mistress is cross - not because the beaches are closed but because they are closed due to irresponsible owners who do not pick up poo. I have to poo somewhere and that is usually in the garden, but when I am out, she has a little green bag to pick up what I have done. I remember many occasions in the past when she has offered one of these little bags to people who are not considerate and give all dogs a bad name. On a brighter note we had visitors last week which was very nice as I got a lot of attention. There are more coming next week, so more treats and fussing. Goodie Goodie.

Happy sniffing and waggie tails.

*Boris*

## Roly's Purrings



Before I need another snooze I thought I'd tell you about my week.

Firstly on Thursday some rats arrived in their cage - Snap and Crackle so I was told. They were swiftly taken upstairs away from me in case I showed any interest. As if - they smelt funny!

Then on Saturday morning before I'd even had my second breakfast Frank and Isabelle the young cats arrived in their carriers and again were taken upstairs. Rather funny actually as my owners weren't even up. So we were all kept apart which worked well for me as I rested outside in the sun, then shade as I kept getting hot

The youngsters could run around about inside until I went back in. The house did smell a bit odd but also smelt of their owner who I love, I've known him all my long life so didn't worry me.

Come the evening the youngsters were getting restless and I was put out in my bedroom to have my supper so I didn't have to say hello, though I understand Frank was showing great interest in my munching noises behind the closed door!

They were all taken away the next morning when thankfully everything returned to normal.

Toodle pip!

*Roly*

## St. Kew Nature Club dates

### May

14th 14.00-16.00 Pond dipping.  
27th 21.00-23.00 Moth trapping and bat detecting.

### June

3rd 21.00-23.00 Moth trapping and bat detecting.  
11th 14.00-16.00 Detecting mini beasts.  
18th 14.00-16.00 Wildlife photography.  
24th 21.30-23.30 Moth trapping and bat detecting.

### July

9th 14.00-16.00 Identifying and photographing wild flowers.  
22nd 21.00-23.00 Moth trapping and bat detecting.  
29th 21.00-23.00 Moth trapping and bat detecting.

I look forward to seeing many of you at the events this year. I regret that you will be unable to park on the village common in future, so please find a parking place on the road that doesn't inconvenience neighbours or passing traffic.

Groups are limited to 15 people, so please reserve your places early.

Please contact Trevor Renals for further details at [stkewnature@gmail.com](mailto:stkewnature@gmail.com), or call on 01208 880893

### A buff-tip moth



# Group Travel

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## 2017 COACH EXCURSIONS

29<sup>th</sup> MAY - EASTBOURNE (5 days, 4 nights)  
15<sup>th</sup> JUN - DART CRUISE & STEAM TRAIN  
8<sup>th</sup> JUL - BARBURY CASTLE TRIALS  
25<sup>th</sup> JUL - MYSTERY TOUR  
8<sup>th</sup> AUG - PAIGNTON ZOO  
9<sup>th</sup> AUG - FIREWORK CHAMPIONSHIPS

18<sup>th</sup> AUG - ROSEMOOR GARDEN SHOW  
15<sup>th</sup> - 17<sup>th</sup> SEP - BLENHEIM HORSE TRIALS  
21<sup>st</sup> - 24<sup>th</sup> SEP - DERBYSHIRE, PEAKS & DALES  
15<sup>th</sup> - 17<sup>th</sup> SEP - BRIDGWATER HORSE TRIALS  
4<sup>th</sup> NOV - BRIDGWATER CARNIVAL  
24<sup>th</sup> - 27<sup>th</sup> - TURKEY & TINSEL IN PORTHCAWL

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## Update on the Post Office at St Kew Highway

As we went to press we understand that there will **not** now be a Post Office in the new shop. Euro Garages have apparently offered Post Office Counters the kiosk, but they do not consider it to be a viable proposition. Appeals are now being made to Post Office Counters, to South West MPs, and to anyone else who might be in a position to help us reinstate the service.

If there are any petition papers still out there please return them as soon as possible as these are a vital tool in the campaign to reinstate the Post Office.

We are not giving up!

## Puzzle page solutions

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**Nonogram**  
bios, bliss, boil, bossily, imb, limbo, limbos, limb, limsy, miss, missy, moll, myosis, oily, sibyl, silo, slim, slimy, soil, SYMBOLISM.

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# ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

## May & June

### Home Front

On 26<sup>th</sup> April the second German destroyer raid on Ramsgate took place overnight. This was followed on 7<sup>th</sup> May by the first moonlight air raid on London by a single German aeroplane, and on 25<sup>th</sup> May the first great aeroplane raid on England took place at Folkestone, Kent. There were 290 casualties, over half being civilians.

### United States

The Compulsory Service Act became law in the USA on 18<sup>th</sup> May, and the following day it was decided to send a Division to France immediately. The small US army then consisted of 145,000 men and was to enlarge gradually to 4 million.

### Western Front

With the mutiny of the French army the main burden on the Western Front fell on the British. Although the British Army entered upon what they had hoped to be the final and decisive campaign of the war, the Arras battle impeded progress. However, the British pressed on with fruitless assaults and sacrifices until 16<sup>th</sup> May, when they stopped. At this point 158,000 casualties occurred among British and Empire forces. Significantly, morale among these forces remained intact. Then the centre of gravity was transferred to the north at Messines. This was to be a strict siege operation – the capture of a fortified salient at the minimum cost of lives. The initial bombardment and wire cutting was carried out during the period 21<sup>st</sup> to 28<sup>th</sup> May.

Although not on the St Kew War Memorial, because he was living at St Tudy at the time of his death, the St Kew born George Arthur Parsons, a Private of 6<sup>th</sup> battalion of the Duke of Cornwall's Light Infantry (6 DCLI), was killed on 7<sup>th</sup> May 1917.

Serving with the DCLI he was involved from the beginning of January 1917 in operations including Arras and is buried at the Wancourt British Cemetery. His father William was born at St Eval and his mother Elizabeth (formerly Kellow) was born at St Kew as was her father, also a William. Elizabeth and her sister Mary at one time were domestic servants at Benbole Farm.

George Arthur Parsons had siblings William, Maud, Joseph and Ruth – all born at St Kew.



Wancourt British Cemetery

## FOODBANK CHARITY FUNDRAISING DINNER

Come and join us at our Fund Raising dinner on **Saturday 6<sup>th</sup> May 2017** at the Pavilion Centre, Royal Cornwall Showground.

The chefs from Keep Cornwall Fed will be our caterers and their vision is that for every meal bought they will provide a free meal for people who are in need.

The cost is only **£35 per head** for a great dinner and live entertainment from The amazing Grace Notes with their special Motown Jazz Disco Soul sound.

Tickets are now on sale and available from: Wadebridge Foodbank (Open Mon-Thurs 10am 1pm), or from the fabulous Wadebridge Wines (open 6 days a week).



## ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

### May Services

7<sup>th</sup> Anita Baker  
14<sup>th</sup> Rod Harrison  
21<sup>st</sup> Rev Peter Smith communion  
28<sup>th</sup> Church Fellowship

### June

4<sup>th</sup> Rev John Harrod

### Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,  
[www.wadebridgechristiancentre.org](http://www.wadebridgechristiancentre.org)  
We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

### Catholic Church Services

#### Wadebridge

St Michael's Church  
Tel:01208 72833  
Mass Sundays 8.30am  
Confessions  
Friday 10.30-11.00am

#### Tintagel

St Paul The Apostle  
Tel:01840 770663  
Mass Mon-Thur 10am  
Fri & Sat 6pm  
Sunday 10.00am  
Confessions:  
Before/after Mass.  
Other times on request.

## St James the Great at St Kew



### Calendar for May 2017

Fri 5<sup>th</sup> - Sun 7<sup>th</sup> Flower Festival - see page 14.  
Sun 7<sup>th</sup> (Easter 4) 9.30 am. Holy Communion with Revd Dr Elizabeth Wild. Archdeacon Audrey Elkington preaching.  
Sun 14<sup>th</sup> (Easter 5) 9.30 am. All Age Worship with Rob Soley.  
Sun 21<sup>st</sup> (Easter 6) 9.30 am Holy Communion with Rev Dr Elizabeth Wild.  
Thurs 25<sup>th</sup> 7pm Ascension Day Holy Communion with Revd Dr Elizabeth Wild.  
Sat 27<sup>th</sup> 12 noon Wedding: Hannah Grundy and Richard Treleaven. Revd Prof A Lewis.  
Sunday 28<sup>th</sup> (Easter 7) 9.30 am All Age Worship with Rob Soley. Geraldine Ashton preaching.

### June

Sunday 4<sup>th</sup> (Pentecost) 9.30am Holy Communion with Rev Dr Elizabeth Wild.  
Saturday 10<sup>th</sup> 2pm Wedding Alexandra Walls and Bertie Readhead. Cannon Judith Pollinger.

## Reflective Days?

The work of the North Cornwall Arts and Spirituality charity Endelienta in staging concerts, art exhibitions, residencies for writers, artists and composers, community activities and a book festival is becoming more and more widely known and appreciated, but what are the Endelienta reflective days?

As their name implies, these provide an opportunity to spend a day in reflection, but on a particular subject related to arts and spirituality. The days, usually a Saturday, are held at St Endellion and are led by people who are either skilled practitioners in that area, or who have particular knowledge or interest in the subject.

Among the reflective days held during the last few years have been ones on the Modern Novel, D.H. Lawrence, the composer George Butterworth, A Midsummer Night's Dream, First World War Poets and the Book of Common Prayer, as well as poetry workshops and a workshop on the Community of Taizé.

In April, Quaker Carol Miller led a day on 'Praying the Psalms' and artist and priest David Marl, whose paintings are being exhibited in

St Endellion Church Hall (and later in Truro Cathedral) also led a reflective day on the subject of 'Painting as Pilgrimage.'

Poet Alyson Hallett, who took part in the residency programme last year, will lead a workshop on the 13<sup>th</sup> May and on 24<sup>th</sup> June Revd Dr John Binns, an authority on Orthodox Christianity will present his subject.

People are welcome to attend all or part of the day and the cost is usually £10. Each day begins with coffee and biscuits in St Endellion Church Hall, before going over to the church. Those who come will need to bring a picnic lunch.

Further details and booking can be obtained from: Judith Pollinger by phone on 01208 880181, [rev.judith@btinternet.com](mailto:rev.judith@btinternet.com), or alternatively from the website [www.endelienta.org.uk](http://www.endelienta.org.uk).

## St Kew Highway's Lovely New Shop and Petrol Outlet

Early this year somebody said 'The petrol station is closed. No petrol! They've gone bankrupt!' SHOCK HORROR! Then suddenly the shop had closed – our shop – CLOSED! A bit like the the old Victorian song – the fire went out – then the lights went out! Suddenly we had no petrol – no shop – no post office – nothing – like being on a desert island'. Thank goodness for Aunt Avice and her pasties, still struggling on.

Then – the place was sold – taken over – so many rumours. Yes – a big firm had come to the rescue – Euro Garages – a country wide concern. Over the past weeks they have moved in big time and gutted the old shop. Freezers, air conditioning, muck and rubble. What were they doing to our shop? Then – this week – the shop opened and oh wow!



There is so much room and vast quantities of stock; everything you could possibly want from papers and magazines, maps to get you from here to John O' Groats, all those little bottles of magic to keep your car running, birthday cards, chocolates and sweets, teddies and toys, mobile and computer accessories, freezers full of frozen food, bread, butter, milk and even a corner for the pets. There is still work to do and still shelves to fill but it's going to be a super store when it's all complete.

The facilities too are much improved. The toilets are now accessed from within the shop and outside there is a charge free cash dispenser. Even the new main doors slide open automatically so that you don't have to wonder whether to push or pull!

We will have a Gregg's Bakery later in the year and a Subway Sandwich Bar by the end of April.

The same gang of friendly faces are still working there and the whole area is open 24 hours. Pat Perry, who continues as Shop Manager, said that Spar will continue to source the groceries but the range is hugely improved. She herself admitted to being amazed!

The big question is of course the future of the Post Office. ***Please see page 19 for the latest situation as we went to press.***

The Area Manager, Mr Mark Irvine explained that some petrol shortages were being experienced for lack of local outlets but that he was expecting new tankage dreckly.

When all the jobs are complete and all the dust has settled the whole Parish and the wider local area will have an excellent village shopping facility. We drove past the area at lunch time on Easter Saturday and the whole place was heaving.

***Thank you and well done Euro Garages!***



*From our roving reporters David & Betty Balmford*

*"I haven't had any electric for a while now as I just can't afford it"*

*"I'm on Universal Credit and I haven't received any money for 7 weeks"*

*"After an operation on my ankle, I am unable to work and have to rest and because of this I have seen a huge increase in my electric bill which has been a real struggle"*

These are just some of the quotes from people in crisis in our community.

Our end of year statistics show that the demand for our service is increasing year on year however the food donations are currently in short supply. There is a constant demand for food boxes from people in our community who are in need and struggling to afford to pay their increasing bills and feed themselves and their

families. During the last financial year (April 2016-March 2017) we distributed **26.5 tonnes of food**, however we only received 23 tonnes of food in donations so we are now using our last reserves.

**This is an urgent appeal for food as we are currently struggling to fill our food boxes and help feed people in our community. We are in desperate need of rice, tinned tomatoes, tinned potatoes, tea, biscuits, etc.**

The demand for our services is only going to increase with the introduction of Universal Credit. We provide approximately **1,580 meals per week** and in the last financial year we fed **3,443 people** in Bodmin, Camelford, Wadebridge and the surrounding rural areas.

**Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374**  
Registered Charity No. 1166301

**Email: [contact@wadebridgefoodbank.org](mailto:contact@wadebridgefoodbank.org) Website: [www.wadebridgefoodbank.org](http://www.wadebridgefoodbank.org)**



At our April meeting the group heard of the resolutions which have been chosen for the National meeting. One focusses on the loneliness which many people live with, it may be that they are old, new mums, widowed or a widower and may find it difficult to get out and meet people. Some may just be lonely in a group as they don't feel they fit in. We discussed some of the practicalities surrounding this and how sometimes efforts to befriend people can be misunderstood.

The second resolution relates to the issues of plastic soup - although we are more aware of litter and also the dangers of some toiletries having plastic beads in them, there is a growing problem of plastic fibres from manmade cloth working their way into our

water system through washing and ending up in the sea and inside sea creatures. So, two very different themes but very interesting and something that interested all of our group, we agreed to support both issues.

Following this, Audrey Copus showed us some different ways of showing off our Spring flowers. Instead of just putting our daffodils into a vase in a mass - there were some lovely arrangements, it always looks so simple when Audrey shows us her lovely ideas. Afterwards we all tried out our skills at making one of the popular cup cake designs which the professionals are using - a chrysanthemum from cut marshmallows.

The next meeting is on Wednesday 10th May, when Jane Hanscomb will speak on herbs and spices in cooking and health. Come and join us at 7.00pm.

*Alison*



## St KEW GARDEN ASSOCIATION

The annual general meeting which was held on Wednesday 19 April was attended by 17 people.

The association has seen several changes in the year. Sheila Shergold who has worked very hard for many years has stepped down from handling publicity but remains a committee member. Heidi Vage has resigned as Show Secretary. This change will allow her to follow her interest in Dog Agility.

Richard Godden was re-elected as Chairman and the committee is joined by Barbara Ballock who has recently moved into St Kew Highway and takes on the role of handling Events.

The next event will be the Annual Plant Sale which takes place on Saturday 6 May at 10.30am in the Community Hall at St Kew Highway and all will be welcome.

*Sue Wilson*

## Events Diary

### May

- 3rd Bell ringing practice 7.30 - 9.00pm  
 4th Chair aerobics, Community Hall 2.00pm  
 5th Quiz, Community Hall 7.45pm  
 6th Cake Sale, St Kew HW 10.30am  
 10th Bell ringing practice 7.30 - 9.00pm  
 11th Chair aerobics, Community Hall 2.00pm  
 15th **COPY DATE for June's magazine**  
 17th Bell ringing practice 7.30-9.00pm  
 17th Gardening Soc, Community Hall 7.30pm  
 18th Chair aerobics, Community Hall 2.00pm  
 19th Souper lunch, Community Hall 12.30pm  
 19th Quiz, Community Hall 7.45pm  
 24th Bell ringing practice 7.30-9.00pm  
 25th Chair aerobics, Community Hall 2.00pm

### AGM of St James' Trust

The AGM of the Trust will take place at 7.30pm in the Parish Hall on 12th May 2017. All are welcome.

### News from the Parish Hall

Our next fund raiser is our Spring Fair and coffee morning and this will take place on 13th May 2017 starting at 10.30am. There will be a cake stall, a huge plant stall, bric a brac, games, and a raffle. See you there.

*Kathy*

To book the hall, please contact Joanna Pratt on 01208 841420

## ST KEW HIGHWAY COMMUNITY HALL

### ONGOING EVENTS

(Registered Charity No 294140)

- |               |   |                 |                          |
|---------------|---|-----------------|--------------------------|
| <b>Sun:</b>   | Methodist Church Service                  | Marion Dingle   | 01208 841388             |
| <b>Mon:</b>   | Yoga 10.30am                              | Fiona Crompton  | 01208 851735             |
|               | Pilates 2.30pm - 5.15pm                   | Martin Brooks   | 07812 959 879            |
| <b>Tues:</b>  | Allen Valley Singers 7.15pm - 9pm         | Janette Man     | 01208 841784             |
|               | Pilates 1.15pm-2.30pm                     | Martin Brooks   | 07812 959 879            |
| <b>Wed:</b>   | 1st, 3rd and 5th in month -               |                 |                          |
|               | West Country Embroiderers 10am - 3pm      | Pat Scarborough | 01841 521323             |
|               | 1st in month - St Kew Playing Field Trust |                 | 7.00pm                   |
|               | 2nd in month - St Kew WI                  | 7pm             | Becky Allen 01208 841798 |
|               | 3rd in month- Gardening Association       | 7.30pm          | TBA                      |
| <b>Thurs:</b> | Chair Aerobics 2pm                        | Pat             | 01208 841260             |

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL  
 CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

## The Regal in Wadebridge

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12/17



### MAY

- 5<sup>th</sup> The Zookeeper's Wife  
 Sleepless  
 12<sup>th</sup> Alien: Covenant  
 19<sup>th</sup> King Arthur: Legend of the Sword - 3D  
 26<sup>th</sup> Pirates of the Caribbean: Salazar's  
 Revenge - 3D

Please check our website for the next Autism friendly screening - watch newly released films with friends and family in an inclusive environment.

**Live Screenings:** Book on-line or contact cinema

- 11<sup>th</sup> 'Obsession' – NT Live, 7.00pm  
 18<sup>th</sup> 'Who's Afraid of Virginia Woolf?'  
 By Edward Albee NT Live, 7.00pm  
 24<sup>th</sup> 'Antony and Cleopatra' by William  
 Shakespeare RSC live, 7.00pm

Please ring or check our website for more details  
[www.wtwcinemas.co.uk](http://www.wtwcinemas.co.uk)

## Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 8th & 22nd May, 5th June.

## CHARITY QUIZ NIGHTS IN THE COMMUNITY HALL

5<sup>th</sup> & 19<sup>th</sup> May, 2<sup>nd</sup> June  
 Fridays at 7.45pm

In aid of Lucys Luscious  
 Lovelies walking the walk  
 for Breast Cancer

## Souper Lunch



**Friday**

**19<sup>th</sup> May**

12.30 pm in the Community  
 Hall.



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Hannah & Liam by Toby Lowe Photography



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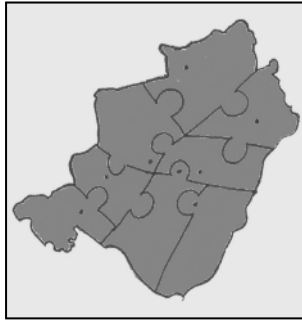
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# *Pieces of Eight*



**June 2017 Issue 231**  
**News, views and issues**  
**from: Chapel Amble,**  
**Pendoggett, St Kew, St**  
**Kew Highway, Trelill,**  
**Tregellist, Trequite,**  
**Trewethern**

**Email: [stkewmag@gmail.com](mailto:stkewmag@gmail.com)**

# JUNE



A bumblebee on a rosemary bush  
*Photograph by Ed Pickard*

**Your free guide to news and events within and around St Kew Parish**

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**Pieces of Eight** is an independent community magazine, published ten times a year. Volunteers produce and deliver the magazine to all households in St Kew Parish, and to local shops and pubs. We can post issues to households outside the parish at a cost of £10.00 per annum.

### Contacting the Editorial Team

Please use [stkewmag@gmail.com](mailto:stkewmag@gmail.com) for ALL emails.

Advertising Manager: Please email Steve at [stkewmag@gmail.com](mailto:stkewmag@gmail.com)

Treasurer: Richard Godden, 1 Lane Park, St Kew, PL30 3HF, Tel 01208 880007

### Copy date for the July issue is:

**Monday 19<sup>th</sup> June**

Please let us know if you need to reserve space after the copy date.

### Note to readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight! This shows advertisers that the magazine is *the* place to reach customers.

### Editorial

As we approach mid-summer and the arrival of the summer season, it's good to see our local shop and petrol station open again, under new management. However, the changes have **not** received universal approval (see Bob's letter on p.18), and the continued absence of the Post Office is causing much concern, especially to those without transport.

Via [postoffice.co.uk](http://postoffice.co.uk) 'Want to Run a Post Office?', our outlet is advertised as **available**, to a suitable franchise. According to their map, it's one of a number of Post Offices in Cornwall offering similar opportunities. Locally, however, there appears to be a dis-connect between the Post Office and the new owners: **Euro Garages**, who apparently **want** the Post Office re-established. Those seeking a positive outcome can contact them either via e-mail: [enquiries@eurogarages.com](mailto:enquiries@eurogarages.com), or telephone: **01254 585111**.

The **Post Office** can be contacted on e-mail: [customercare@postoffice.co.uk](mailto:customercare@postoffice.co.uk) 'Serving the local community' is their slogan, so perhaps they will follow through on that commitment at the Highway.

Here's hoping for a sunny summer for all - with the re-opening of a much-needed local facility.

*David Penhale*

See [www.stkewparish.org.uk/PO8.html](http://www.stkewparish.org.uk/PO8.html). for the online version.

*Many thanks to the Parish Council for allowing us to use their site.*

### Advertising Rates

We aim to cover the print costs of each edition with advertising revenue. We print 10 issues a year (no January or August editions). New advertisers are most welcome, however please email the editors at [stkewmag@gmail.com](mailto:stkewmag@gmail.com) before sending copy or payment to ensure space is available, and to confirm the cost of your advertising. Local charitable and church adverts from within the Parish are carried free, sized as space permits. Advertising copy may be e-mailed to [stkewmag@gmail.com](mailto:stkewmag@gmail.com). Please ensure it reaches us by the copy deadline! Advertising remittances (cash, or cheque made payable to St Kew Parish Magazine), should be sent by the publication deadline to the Treasurer. **Please note that adverts must be paid for in advance and in full BEFORE they can appear in the magazine.**

Page size	For 1 issue	For 10 issues
1/8	£6.00	£39.00
1/4	£10.00	£77.00
1/2	£16.00	£132.00
Full page	£30.00	£240.00

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers, the management committee, who reserve the right to refuse or alter any material supplied. The magazine does not accept any responsibility for any issues arising from advertisements.

## **Cornwall Exterior Cleaning**



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### **LANDLORDS:-**

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**Or email:**

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## Russell Richards

Thank you very much to everyone who attended Russell's funeral service on May 10th 2017 at Bodmin Crematorium and helped to give him the send off he so rightly deserved, and to all the people who sent their apologies for not attending.

Thanks too for the many cards with messages of kindness, support and sympathy throughout his illness.

I am so grateful to all my neighbours and others in the village who helped me through the past eighteen months.

Special thanks to Doctor Garland, Doctor Mckendrick, Tess and the Port Isaac nurses for all their wonderful care.

Kind regards  
Diane Richards.

## Aunt Avice's Pasty Shop

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- \*Local Preserves & Honey.



## St Tudy Community Shop and Post Office

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Saturday 8am – 2pm  
Sunday 9am – 12 noon  
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12/17



# NEWS FROM St Kew School

Inspiring and achieving success for all



Tel: 01208 841306  
www.st-kew.cornwall.sch.uk  
Email: secretary@st-kew.cornwall.sch.uk

All the news and highlights from St Kew School – but don't forget, you can keep up with all the school antics in our weekly newsletters, published on our website: [www.st-kew.cornwall.sch.uk](http://www.st-kew.cornwall.sch.uk)

## SHAKESPEARE COMES TO ST KEW

Year 6 pupils Isaac and Kate have been given the opportunity of a lifetime to perform with the Royal Shakespeare Company at Stratford-Upon-Avon in June! They were chosen from the Year 4, 5 & 6 pupils who took part in a performance of Julius Caesar at the Hall for Cornwall, part of the RSC's Regional Schools Shakespeare Festival. St Kew were one of eight schools from Cornwall to take part, working with RSC actor and director Lucy Ellinson, who ran drama workshops at school and assisted with direction and staging.



To have the RSC come to St Kew, and for the children to be directed by them on stage at the Hall for Cornwall was a great experience, and has really made history and literature come alive. Class 3 have immersed themselves in the world of Julius Caesar, studying the Romans as their topic for the term and rewriting some of the famous speeches from the play in contemporary language. Kate and Isaac will now join the other students selected from Cornwall, together with children from six other regions across the UK, to take part in a special RSC performance of Julius Caesar at the Swan Theatre in Stratford-upon-Avon in June!

## SPORTS DAY AND SUMMER FAIR INVITATION

Fingers crossed for sunshine on Friday 16<sup>th</sup> June,

it's our sports day and summer fair. Please do join us from 2.30pm for games, stalls, cream teas, raffle and lots and lots of fun!

## ST KEW BECOMES (MORE) ACE!

On 1<sup>st</sup> May, St Kew School joined the Atlantic Centre of Excellence Multi-Academy Trust and is now (formally) known as St Kew ACE Academy. A word from Mrs Rachel Murray, who has now been formally appointed as Head of School:

"I am delighted to have been appointed Head of such a caring, family-orientated school where children are supported to achieve their best in every learning opportunity, both inside and outside of the classroom. We have a wonderful community at St Kew, and I am fortunate to work with talented, committed team of staff and volunteers who enable all our children to fulfil their potential. I believe that joining the ACE MAT will help us on our journey from Ofsted 'Good' to 'Outstanding' and look forward to working with them."

**Starting School in September?**

Come and join our Learning Together sessions at St Kew School:  
Wednesdays - 10th & 24th May, 7 & 21st June, 5th & 19th July

Fun and informal bi-weekly sessions for children and parents/carers, all designed to introduce you and your child to the school environment.

GAMES, FUN ACTIVITIES, CRAFTS AND STORYTIME  
Try our Wild Tribe sessions - enjoy marshmallows around the campfire!

Meet staff and children and find out more about what makes St Kew such a special place to learn and grow

Get to know the types of activities your child will engage with in school  
Try painting, sand and water play, chalk drawings, construction kits

To book your place, please email [secretary@st-kew.cornwall.sch.uk](mailto:secretary@st-kew.cornwall.sch.uk)

Open to all children starting school in September 2017

ST KEW SCHOOL 2017 / 18



A busy month again for the children at Pre-School. We have been looking at and singing lots of nursery rhymes. The children have created lots of models and pictures of their favourite nursery rhymes which were then displayed in St.Kew Church for their Flower Festival. The display looked wonderful and we are very proud of all the children's hard work.



We enjoyed a trip to 'The Play Barn' at Chapel Amble. All the children had fun playing in the ball pool and enjoyed learning all about the different farm animals. They had the chance to look at sheep, pigs, chickens and guinea pigs. Thank you to Mr and Mrs Hawkey for having us there for the day.

We have been busy in the garden planting sunflowers and bedding plants. We are hoping to see lots of colours over the next few weeks.

The children have also been helping with lots of ideas to turn our outdoor shelter into a shop. Ideas have included a pet shop, sweet shop, ice-cream shop and fruit/vegetable shop.

Our older children started their first 'Learning Together' session at St.Kew Primary School which helps support their transition for September. They all enjoyed seeing class 1, meeting the teachers and children and joining in activities.

Two teams from Pre-School have entered the 'Ten Tors' which took place on Sunday 14th May. Congratulations to everyone for completing the 13 miles over Bodmin Moor and we will let you know how much was raised in the next issue.



We have places available at the Pre-School for children aged 2-4 years. If you are interested or would like to come and look around then please contact Hayley on 01208 841821.

## ST KEW FLOWER SHOW

The Flower Festival at St Kew was a great success. 28 local groups took up the challenge of choosing their favourite poem and creating a flower arrangement. Thursday dawned with a flurry of activity in the Church, flower arrangers busy with Oasis, secateurs and props of all shapes and sizes. The arrangements that eventually emerged were amazing in their variety – some elegantly simple, some incredibly elaborate and some slightly tongue-in-cheek.

As visitors arrived on Friday a most delicious scent greeted them as they entered the church.

Everyone seemed to enjoy the choice of poems, some familiar ones and some new discoveries. The arrangements were commented on and discussed and there was a real buzz in the air. The stewards greeted, answered any questions and informed the visitors – thank you to Barbara Sadler and her team of WCE. Suzie, Pippa, William and Diane, Brenda, David, Rob, Meg and Hills, Marcus, Pip and Andrew, David and Sue.

The show was enhanced by a very enjoyable musical programme arranged by Jennifer May. Many thanks to Michael Wild, Dianne Bartlett, Avril Heard, Angeline Edney, Pam Thurlow, Gill Gowan and Tony Priest for playing so beautifully.

Leonie Loreilhe organised a delicious café with home made lunches, refreshments and cream teas kindly donated by Rodda's and all set up in a delightful way

in the parish hall. Her helpers provided a friendly and efficient service. Cherrel, David and Sue, Diane, Geraldine, Victoria, Liz, Gemma, Nicky, Maggie, Anne, Meg, Pippa, Pip, Philippa – thank you!

Everyone seemed to want to get involved and we had the most amazing helpers – flower arrangers, musicians, cooks, servers, washer uppers, stewards, publicity, programme printing, photographer and raffle prize donations!

A HUGE thank you to everyone who got involved, gave of their time and most importantly visited, commented, discussed and enjoyed it all. We raised **£2,361,56** which is amazing and will greatly help with the upkeep of our church.



# CHILDREN'S CORNER

## Oaty Delights

### Ingredients

- 75g rolled oats.
- 75g self-raising flour.
- 75g butter, melted.
- 75g sugar.
- 25g sultanas.
- 25g cranberries.

### Method

Easy peasy!!

- Put all the ingredients into a bowl and mix well.
- Roll into small balls and place on a greased baking tray.
- Bake for 10 minutes or until golden brown (180c or 356F).
- Cool on a wire rack.



**Colour us in!**

F	G	P	T	E	R	R	I	E	R
H	J	M	U	C	V	E	D	C	D
H	W	B	S	G	A	X	P	Q	A
U	Z	E	X	C	F	B	O	G	C
S	L	A	B	R	A	D	O	R	H
K	V	G	O	U	J	M	D	L	S
Y	B	L	X	N	W	F	L	G	H
U	I	E	E	F	D	Y	E	K	U
A	Z	S	R	Q	W	K	M	H	N
D	X	S	P	A	N	I	E	L	D
C	H	I	H	U	A	H	U	A	T

## Doggy Word Search

- Labrador
- Boxer
- Beagle
- Pug
- Husky
- Poodle
- Chihuahua
- Terrier
- Spaniel
- Dachshund

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12/17

# Puzzle Page

## codeword

		6				6		19			7			
21	2	7	17			4	9	16	22	4	1	8	14	
	7		4			13		4		11		24		
		22	16	11	4	13		26	10	2	7	19	4	
		24		24		16				13		4		
2	1	24	20	16	18	4	20			16	24	13	2	
			7			24		4		24			9	
		12	4	2		1	16	8	23	1	2	17	4	
		16		17				7		18		2		
18	25	5	2	7	4		4	13	10	4	7			
	5		13		19		2		16		15			
20	4	1	16	3	4	1	18			12	24	11	4	
			8		1		4					4		

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X  
Y  
Z

S	7			9				6		
U		2	4			3		8		
D			8	1			5			
O	9					2		3		
K			6			5	1			
U		3		8		4			7	
			5			6	4			
	6		4				3	7		
	4					9				1

## nonogram

H	A	E
I	T	G
R	L	C

How many words of 4 letters or more can you find? You must use the centre letter in each word.

No plurals or proper nouns are allowed. There are 83 listed in the solution which includes **1 nine letter** word to find.

1	2	3	4	5	6	7	8	9	10	11	12	13		
				U			C							
14	15	16	17	18	19	20	21	22	23	24	25	26		
			M											

### SPRINGTIME IN THE GARDEN

Warm sunshine and a gentle breeze,  
I go about my work with ease  
Around the garden, not a care  
Enjoying all the flowers there.

When all at once the world turns white,  
I'm cold and wet, my legs held tight.  
Tossed to and fro and round and round  
Which way is up, and where's the ground?

Then suddenly I'm free once more,  
And fall exhausted to the floor  
Glad to find I'm still alive.  
I didn't think I would survive.

There really ought to be a sign  
"NET CURTAINS ON THE WASHING LINE"  
But then I prob'ly wouldn't see,  
Because I'm just a little bee!

*Jean Plater*



### WI cake sale for Cornwall Hospice Care

Thank you to everyone who provided such a wonderful array of cakes on Saturday 6th May. We raised **£183.00** for Cornwall Hospice Care from all of the lovely people visiting the garage and shop. Thank you so much!

**Harbour Sessions:** Over the next few months St James The Great Church in St Kew will be hosting some of Cornwall and the UK's best original music. Kris Lannen from The Grenaways with support from Harbour Brewing Co. will be curating these events, seeking out singer-songwriters and bands that are causing a stir in the UK's music scene and setting the stage for them in the magical setting of this beautiful ancient Cornish building. **The first Harbour Session of 2017 is on Friday 30 June at 7.30pm and features WILLIAM THE CONQUEROR & ALEX HART. Tickets £11 from Eventbrite, £15 on the door.**



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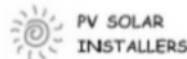
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drink in our beer garden.*

*If you are looking for somewhere to stay we also have 7 en-suite rooms available.*

*Look out for details of our Table Top sale on Sunday June 18th 12 noon - 3 o'clock*

*All money raised will be going towards the Pendoggett Defibrillator appeal.*

*Tables are £10, please contact the pub for details or to book one.*

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**North Coast Collective  
Exhibition at Rock Institute  
16–23 June 2017**

**North Coast Collective** is a select group of Cornwall based artists, makers and musicians. This event is open daily from 10am-6pm and will feature furniture, contemporary jewellery, paintings and reworked lighting. All are welcome to the preview night with live music from the stunning folk duo Harbottle and Jonas on Saturday 17 June from 6.00pm onwards.

During the week Artists **Ness Lannen** and **Debbie Trant** will be running sketch book workshops at Porthilly Beach finishing with an informal tea and chat at the Institute. These workshops are suitable for everyone from the beginner to the artist wishing to revisit the essentials. For more information and to book a place on a workshop please contact via email: [studio@nesslannen.co.uk](mailto:studio@nesslannen.co.uk).

The four painters at this exhibition all evoke diverse narratives of the local land and seascapes. **Nina Brooke** splits her time between her studios in Rock and London where she exhibits regularly. Bordering on abstraction her sea swimmers paintings offer the viewer a less explored perspective of the shore. **Ness Lannen's** response to her surroundings is captured in her work, she believes that landscape can represent,

contain and produce many and varied emotions within us. **Isabelle Roberts** work uses texture and random marks to draw attention to those often subtle moments where 'otherness' can be encountered. The body in movement is also a constant theme in her 2D and 3D work. The constantly changing colours and extraordinary light and movement of the sea and sky inspire **Debbie Trant**. Her evocative landscapes reflect the beauty she sees around her.

The makers featured at Rock employ traditional and contemporary techniques. Using simple but expressive lines, **Katy Luxton** employs hand techniques and 3D printing to create tactile, playful, wearable jewellery. She takes her inspiration from mathematical models, geometric shapes and the interwoven curves, circles and figures produced by a spirograph.

**Reworked** produce unique, original and eclectic lighting, up-cycled from salvaged materials. Creating a new lease of life for lost treasures and curiosities.

**Tykki Duw Upholstery** combines the finest fabrics with traditional skills and modern techniques to transform once-loved objects into beautiful functional pieces.

The exhibition is open daily at Rock Institute, Rock PL27 6LQ. For more information please email [studio@nesslannen](mailto:studio@nesslannen) or see our Facebook page North Coast Collective.

**'KEW & A'**

**Twenty Questions & Answers**

**This month:** Wendy Randall, landlady of The Red Lion, St Kew Highway

**Childhood Hero:** *Steve Holland, Aussie Olympic swimmer.*

**Hobbies:** *Reading and gardening.*

**Favourite Music:** *Funky House.*

**Favourite Book:** *Anything by Kate Morton, for example The Forgotten Garden.*

**Favourite Film:** *August Rush (directed by Kirsten Sheridan).*

**Favourite TV Programme:** *NCIS & the Olympic Games (obviously every 4 years).*

**What's good about living in your village?** *The friends I've made.*

**What would you improve?** *Not sure I should answer this, might be bad for business.*

**I'm very good at...** *Smiling.*

**I'm very bad at.....** *House chores.*

**A phrase I use too often is.....** *"I'll do it later".*

**Three people, dead or alive, I'd invite to dinner are....** *My Mum and Dad, and my mother in law (she died before we could meet).*

**I'd like to be stranded on a desert island with....** *Hugh Jackman.*

**I'm embarrassed by.....** *Really loud obnoxious people.*

**My proudest moment was....** *My kids.*

**The best things about Cornwall are...** *The amazing landscape & scenery; being able to drink red wine all year round.*

**The worst thing about Cornwall is....** *Wet weather, road works.*

**Which of our country's laws would you change?** *Make voting compulsory.*

**An over-rated public figure is....** *Most reality so-called "stars".*

**In another life I would....** *Be a sports commentator.*



## Allen Valley Singers

What a joy St. James' the great church looked at the time of the St. Kew Flower Festival as it housed 28 wonderful displays designed and built by local organisations. The theme of the show was 'My favourite poem', with the Allen Valley Singers choosing to highlight the sea, with their inspiration being the poem 'The Mermaid of Zennor', by Andrew Hide, depicting the love story of a mermaid and village lad. We were allotted the font as our 'area' and the shape of its structure, led to a superb arrangement of blue, purple and white flowers depicting the sea, winding its way from the beautifully executed mermaid at the top, to the down to earth man's cap, at the bottom. Grateful thanks must be given to Colleen Waugh, Janet Tiplady, Janette Man and Carol Finch for giving their time and creativity to this most successful display.

I was particularly impressed by the imagination shown in the use of the part of the church allotted to each organisation. For instance the narrow winding stairs were used to great effect with tumbling red and white roses and a large wooden seat was a perfect background for a beautiful picture of an old man in his chair.

The MD and husband Richard then led the way to the church hall and the refreshments where I was persuaded to partake of a large piece of cream and jam sponge. What better ending to my visit than that.

Next month you will read of the wedding in St. Merryn's Church, in which we are singing on 20<sup>th</sup> May, and on the same day we are entertaining at St. Breward's Church. You could say that we will be having a very busy day.

Our recent AGM was successful, and as always is the chance for discussions to take place alongside the important elections. It was with pleasure that the present committee under the able leadership of Chairman Diana Prentice, agreed to continue their roles. There were two changes. Patricia Haley our Secretary, has handed her reins to Norma Shanta, and Audrey Warne has decided to have a well earned rest after many years as Treasurer. Both ladies have worked very hard and we thank them heartily and wish them many years of continuing their singing with the choir. We were delighted to welcome and accept the kind offer of Richard Man, who has taken on the job of Treasurer. Our Chairman and MD gave their reports on the past year, both of which were very positive and the choir's President gave general thanks to the choir, to the Committee and to all those supporters who contribute so much, particularly Carol Grove, Allen Rase and Richard Man.

A huge vote of thanks was given for Steve Tyrrell, our accompanist, a wonderful pianist, organist and music arranger, and who gives endless support to us all. Jan and Steve have a professional musical rapport that makes our singing enjoyable and successful.

If you would like to join our choir, or make a booking for a concert, a wedding or any event, please contact our Musical Director, Janette Man, Telephone 01208 841784.

We meet on Tuesdays at St. Kew Highway Community Hall from 7.15 pm - 8.45 p.m. Come and join us for a visit and have a chat with Jan and listen to our music.

All best wishes.

*Dr. Joyce Hargrave-Wright (Publicity)*

## St. Kew Nature Club dates

### June

3rd	21.00-23.00	Moth trapping and bat detecting.
11th	14.00-16.00	Detecting mini beasts.
18th	14.00-16.00	Wildlife photography.
24th	21.30-23.30	Moth trapping and bat detecting.

### July

9th	14.00-16.00	Identifying and photographing wild flowers.
22nd	21.00-23.00	Moth trapping and bat detecting.
29th	21.00-23.00	Moth trapping and bat detecting.

### August

6th	1400-1600	Detecting mini beasts.
13th	1400-1600	Wildlife photography.
19 <sup>th</sup>	2100-2300	Moth trapping and bat detecting.
10 <sup>th</sup>	1400-1600	Wildlife photography.
16 <sup>th</sup>	2100-2300	Moth trapping and bat detecting.

I look forward to seeing many of you at the events this year. I regret that you will be unable to park on the village common in future, so please find a parking place on the road that doesn't inconvenience neighbours or passing traffic.

Groups are limited to 15 people, so please reserve your places early.

Please contact Trevor Renals for further details at [stkewnature@gmail.com](mailto:stkewnature@gmail.com), or call on **01208 880893**

### A Buff-tip moth



# Parish Council News

**Chairman:** Cllr John Lethbridge

**Clerk:** Cindy Powell, 6 Greenhill Villas  
Wadebridge PL27 6HN Tel: 01208 815591  
Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.30pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

## St Kew Parish Council Meeting held on Tuesday 9<sup>th</sup> May 2017 at 7.30 pm in the Parish Hall.

Present: Chairman Councillor R Godden, Councillors T Mott, A Godden, B Finnemore, J Lethbridge, J Rowe, S Liddiard, J Rickard and a member of the public in attendance.

Apologies received from: R Hawken.

The meeting started with the election of a new Chairman. John Lethbridge was elected as chairman, John welcomed everyone to the meeting which then moved on to the election of officers.

Anthony Godden was elected Vice Chairman and Richard Godden was elected as the Responsible Financial Officer. A full list of officer appointments will be contained in the May minutes.

### Planning Applications

None

### Planning Decisions

#### PA17/01352

Mr Lanaway, Coldnorthcott, St Teath Road, St Teath. Extension to existing workshops.

### Approved

The Schedule of Monthly Accounts for April 2017 were discussed and approved.

A report on Annual Audit was discussed, the following summary was received from our auditors:

#### **“Observations and Conclusion**

*Having undertaken a comprehensive Internal Audit of St Kew Parish Council’s accounting records and*

*system of internal control, we have concluded that, based on our inspection, the Parish Council has maintained an effective and accurate system of internal control arrangements for the accounting period 2016/17.*

*The Parish Council’s ‘Internal Audit Report’, part 4 of the Annual Return, has been duly completed and signed. We are of the firm opinion that the control objectives set out in that report have been achieved within the financial year to a high standard and thereby easily meets the needs of the Council.*

#### **Acknowledgement**

*Aalgaard Renshaw Business Solutions Ltd would like to take this opportunity to thank the Members of St Kew Council for their instruction in relation to this matter. A special mention is given to the Chairman, Richard Godden for his co-operation during the audit.”*

*Carolyn May (Director)*

*Jacquelyn Peskett (Director)*

*Aalgaard Renshaw Business Solutions Ltd*

It was agreed that a working party will be arranged to clean up the bus shelter in St Kew Highway. Lots of rubbish is left in the bus shelter, it does make you wonder why the waste bin nearby is not used.

### Chapel Amble Post Office.

**If you need a post office please remember us!**  
We are pleased to serve everyone, our Post Office is open every day: Monday, Wednesday, Thursday & Friday 9.00 - 5.30, half day Tuesday 9.00-1.00pm and Saturday 9.00 - 12.30.

Parking in the Village is easy!  
*Sorry but we cannot do car tax or passports.*  
Hope this helps you.

*Barry Cuff*

### For Sale

Wooden Play House, suit 2 – 5 years.  
Dimensions: 3’6” x 3’1” x 3’ 9”  
£50:00.

Also a large quantity of pre-school wooden Fisher Price, Matchbox, ride on toys and vehicles.

Please call 01208 850531



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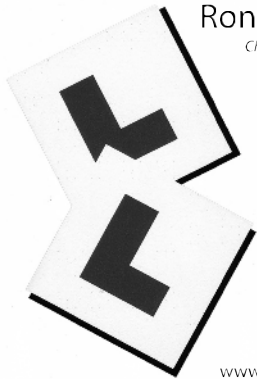
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12/17



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Ron Bendell  
ADI



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Office: 01208 880691

Email: [ron@rbsom.co.uk](mailto:ron@rbsom.co.uk)

[www.ronbendelldrivingschool.co.uk](http://www.ronbendelldrivingschool.co.uk)

# Cole Rayment & White

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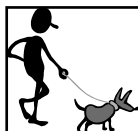
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2014-2015

12/17

## Tails from Ellistee Boris



What a state people get into! As a dog I have few needs, but I do get cross when I am not understood. I need food. Mind you I would like to choose for myself but what I am given is adequate and I must admit I do get the treats which are yummy. I like to go out and sniff through the grass and greet others of my kind. Not all, but most of them. I also have a cosy bed where I am left undisturbed until I am ready to greet the day. All that is done for me and I am happy. It seems to me that people are not always looked after as well as I am. All the people who have been talking to my mistress recently are upset because some of the things that make them feel comfortable and happy have been taken away. I don't recognise these things 'cos they are not doggie but they are called a Post Office, a lottery, wine and beer, fresh cream, Cornish cream, milk and eggs and Cornish products. My mistress is always there for me and it makes me sad that I can do nothing to help her and her friends in this situation. Can anyone help to get 'fings to wot they used to be?'

Happy sniffing and waggie tails.

*Boris*

## Roly's Purrings



I'm writing this a few days away from my 19<sup>th</sup> birthday. Do cats get presents I wonder? A nice piece of fish or chicken would be good. I also like bacon, sausage and everything else I'm told isn't cat food. The special biscuits from the vet I have to eat are soooo boring.

They say I'm going deaf. I'm sure I'm not - I heard her open a sachet of my special treat wet food when I was fast asleep, I just chose to ignore them at times!

The youngest of the family (other than me) has moved everything he owns into our garage, and the upstairs is now in a real state. They had cake (from the Hospice Care cake sale) while emptying the van, and so did I - it was delish. What a wet Saturday that was, I stayed safely indoors. The following day was lovely, hot and sunny and so much better for the old joints. It's really good having him home again. With someone else to pander to my every need, what could be better?

Toodle pip!

*Roly*

## LETTER TO THE EDITORS

As a resident of St Kew Highway I am as pleased as anyone that the service station and shop have re-opened. However, is it just me that does not recognise the new super emporium described in last month's magazine?

No Post Office, no National lottery, no booze, no local/Cornish products or produce, newspapers jumbled up outside in all weathers and sky high prices. It seems quite clear that the whole enterprise is designed to cater only for passing trade and is more suited to motorway services.

I would humbly suggest that Euro Garages engage Meg Godfrey as a consultant as she is an expert in how to run a village shop for the benefit of all potential customers, including residents and holiday visitors. Oh, but I do like the automatic doors!

*Bob Plater.*

## Friends of Bodmin Hospital Fete To be opened at 2.00 pm on 24<sup>th</sup> June.

This is the League's biggest fundraiser of the year, and their mission is to supply services and equipment for the patients and staff of the hospital not supplied by the NHS. Please come!

## WANTED!

For

## ST JAMES FETE

**SATURDAY 22<sup>nd</sup> JULY 2017**

**BOOKS    BOTTLES    BRIC A BRAC  
CAKES JUMBLE PLANTS    AND  
PRODUCE  
NEARLY NEW CLOTHING (must be clean)**

## COLLECTION POINT

**Please either leave items at the back of  
the church during the week beginning  
17<sup>th</sup> JULY or direct to the Fete WELL  
BEFORE 2 pm on Saturday 22<sup>nd</sup>.**

6&7/17

# Group Travel

Enterprise Park, Midway Road, Bodmin  
Cornwall PL31 2FQ. Tel: 01208 77989



## BODMIN M.O.T. CENTRE at Group Travel

Class 4, 5 and 7. Trade enquiries available upon request. Tel: 01208 77989

### 2017 COACH EXCURSIONS

8<sup>th</sup> JUL - BARBURY HORSE TRIALS

25<sup>th</sup> JUL - MYSTERY TOUR

8<sup>th</sup> AUG - PAIGNTON ZOO

9<sup>th</sup> AUG - FIREWORK CHAMPIONSHIPS

18<sup>th</sup> AUG - ROSEMOOR GARDEN SHOW

15<sup>th</sup> - 17<sup>th</sup> SEP - BLENHEIM HORSE TRIALS

21<sup>st</sup> - 24<sup>th</sup> SEP - DERBYSHIRE, PEAKS & DALES

22<sup>nd</sup> OCT - HALLOWEEN @ MORWELLHAM

4<sup>th</sup> NOV - BRIDGWATER CARNIVAL

24<sup>th</sup> - 27<sup>th</sup> NOV - TURKEY & TINSEL IN PORTHCAWL

25<sup>th</sup> NOV - CLARKS VILLAGE CHRISTMAS SHOPPER

9<sup>th</sup> DEC - BATH CHRISTMAS MARKET

17<sup>th</sup> DEC - MOUSEHOLE CHRISTMAS LIGHTS

17<sup>th</sup> DEC - OLYMPIA

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CORPORATE/ VIP, EVENTS & CONFERENCES, WEDDINGS (CAN INCLUDE STAG & HEN PARTY PACKAGE),  
HOLIDAY TRANSFERS, FUNERALS, DAYS OUT, GROUP TOURS, SPORTING EVENTS & GOLFING HOLIDAYS.

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Website: [grouptravelcoachhire.com](http://grouptravelcoachhire.com) Email: [benneymoon@btinternet.com](mailto:benneymoon@btinternet.com)

## GILL'S RECIPE OF THE MONTH

### Creme Brulee

- 3 egg yolks
- 2 ozs caster sugar
- 1/2 pt single cream
- Demerara sugar

#### Method

Break egg yolks in a basin and blend thoroughly with the sugar.

Bring cream almost to the boil, pour slowly on to the egg yolks stirring all the time.

Strain the custard into a shallow china dish which has been well buttered and place in a Bain Marie or water bath.

Place in an oven on a low heat (gas 2, 150c) and bake for 45 minutes, cool the custard and then allow to chill.

About an hour before serving, sprinkle the top with brown sugar and brown quickly under pre-heated grill. Turn the dish to allow even browning.

When cold the sugar will be crisp, serve with fresh strawberries or raspberries and pouring cream. Delicious!

### A Sad Little True Story

For those of you like me who can remember 1944 – there was a war on. Money in those days was divided into Pounds, Shillings and Pence, 12 pennies to a shilling, 20 shillings to the pound.

My cousin, Alan, was four years old. He and his baby brother, Ian, both had birthdays in April. Our granny and grandpa lived in Durham; grandpa worked “down the pit” (the coal mine). They were not rich. Granny had sent with her birthday cards, to my aunt and uncle in Birmingham, a new crisp pink 10 shilling note. My

aunt, thrilled, showed this to Alan saying 'Look what granny has sent for your birthday! Half is for you, half for Ian.' Ian was about a year old. 'We'll go and buy something with it next week.'

She put the cards with the others leaving the precious 10 shilling note on the table. Alan, being an enterprising four year old, took the 10 bob note and very carefully tore it in half. Putting half in his pocket he gave the other half to baby Ian who was sitting peacefully in his pram. Ian ate it.

*Betty Balmford*

## Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



Martin Brooks - 07812 959 879  
martin@northcornwallpilates.co.uk  
www.northcornwallpilates.co.uk

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# Western Supply



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(open 7 days a week, Sat & Sun mornings only)

12/17

JUNE 2017

# Red Lion

What's happening at the Lion this JUNE ?

OPEN MIC  
WEDNESDAY 7th JUNE  
8:00pm  
ALL WELCOME

THURSDAY 15th JUNE  
THE  
TRIGG MORRIS  
DANCERS  
ARE HERE  
8:00pm until 9:00pm

SUNDAY ROAST  
SIRLOIN OF BEEF  
PORK, TURKEY  
with all the trimmings  
Vegetarian option always  
available

SUPPER CLUB  
THURSDAY 15th JUNE  
All Welcome

SUNDAY  
25th JUNE  
Food all Day  
**SUNDAY SESSIONS**  
**LIVE MUSIC**  
2:00pm till 5:00pm

**QUIZ NIGHT**  
SUNDAY 25th 8:00pm  
All welcome

**MAD MONDAY** two courses £10 every Monday

## "SUMMER at the Lion"

Red Lion Inn St Kew Highway PL30 3DN

[www.redlionstkew.com](http://www.redlionstkew.com)

# ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

## June/July

### From the Parish Magazine

"British Red Cross – It is requested that all the work that is now being finished be returned to Skisdon on or before June 18<sup>th</sup>. There has been sent from head-quarters considerable more work to be done and workers are earnestly asked for. We understand that owing to the great fighting now going on, and the number of wounded, great demands are being made for these articles."

It should be remembered that although the major battles are well recorded, there were many minor skirmishes that were recorded but didn't attract as much attention in the press. Remember also that our boys from St Kew were involved in many of these major battles and side-shows, and were wounded. In order to save paper, the July 1917 edition of the St Kew Parish Magazine included St Endellion Parish News.

### United States Forces

On 13<sup>th</sup> June (before he headed for the Western Front) General Pershing, the head of the American Expeditionary Force, visited Paris where he was given an ecstatic welcome by its citizens. Before 1917 the United States had never participated in European politics, nor had it ever fought a major war outside North America. On 25<sup>th</sup> June General Pershing greeted the first troops to land in France as they stepped ashore.

### Western Front

In the first 6 months on the Western Front the Allies claimed to have brought down 1,401 German aircraft and 52 kite balloons, while the Germans claimed to have destroyed 955 British aircraft and 45 kite balloons.

### Messines

Messines was a vantage point on the Flanders plain, held by the Germans from late 1914. It proved impervious to conventional Allied assault; consequently, it was decided to tunnel under Messines and to detonate mines. British, Australian and Canadian tunnelers worked for a year to dig these mines and place 600 tons of explosives. On the eve of the battle General Plumer stated: "*Gentlemen, we may not make history tomorrow, but we will certainly change the geography.*" History was made and the geography of the land was changed. The battle of Messines started on 7<sup>th</sup> June and at 3.10am nineteen mines were blown. Apparently, the detonation was felt as far away as southern England. The initial detonation was followed by an artillery barrage and an all-out infantry attack. A German counter attack failed. The battle of Messines concluded on 14<sup>th</sup> June, and was considered a major success in spite of incurring over 26,000 British, Australian and New Zealand casualties. It was estimated that over 10,000 German troops were killed and 7,000 taken prisoner.

It was on 7<sup>th</sup> June 1917 that William John Crahart of Treharrock Farm was killed serving with the Auckland Regiment of the New Zealand Expeditionary Forces. He was born at Lanteglos, son of John and Annie Crahart. The family moved to Treharrock where, in 1911, John was Cow Man, and William was Horse Man. William was brother of Fred (who was killed at Vimy Ridge on 28<sup>th</sup> April 1917), Thomas, Bessie, Ethel, Ernest, Samuel and Elizabeth. He is related to Fred Crahart who lives at Highway.

William



## The Historical Society

**St Kew Historical Society proudly presents:**

### Vietnam to Cambodia

A Journey Through Time By Bicycle - an illustrated talk on his historical journey by St Kew's own Mr Rob Soley.

### St Kew Parish Hall

**Thursday 15th June 2017, 7.30pm**

Look out for Future Events!

Coming up: A walk through Chaple Amble - discover the hidden gems of this protected village in our

parish with a stroll around the highways and byways of St Kew Parish. Discover and find out WHY? Weird local names - of places, fields and buildings. (Outside events subject to weather of course).

All members on our e-mail list will be notified. Also check our Facebook page.

### All talks at St Kew Parish Hall, 7.30 pm.

All welcome. Members free of charge, guests £3.00 per person. All funds to preserve the future of our History Society and important historical items of St Kew.

Thanks to all

John Raybould, secretary.



## ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

### June

4 <sup>th</sup>	Rev John Harrod
11 <sup>th</sup>	Rev Peter Smith
18 <sup>th</sup>	Anita Baker, Communion
25 <sup>th</sup>	Rev Michael White

### Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110, [www.wadebridgechristiancentre.org](http://www.wadebridgechristiancentre.org)  
We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

### Catholic Church Services

#### Wadebridge

St Michael's Church  
Tel:01208 72833  
Mass Sundays 8.30am  
Confessions  
Friday 10.30-11.00am

#### Tintagel

St Paul The Apostle  
Tel:01840 770663  
Mass Mon-Thur 10am  
Fri & Sat 6pm  
Sunday 10.00am  
Confessions:  
Before/after Mass.  
Other times on request.

## St James the Great at St Kew



### Calendar for June 2017

Sun 4 <sup>th</sup> (Pentecost)	9.30 am. Holy Communion with Rev Dr Elizabeth Wild.
Sat 10 <sup>th</sup>	2.00 pm. Wedding, Alexandra Walls and Bertie Readhead. Canon Judith Pollinger.
Sun 11 <sup>th</sup> (Trinity)	9.30 am. All Age Worship with Rob Soley and Lay Prebendary David Foster.
Sat 17 <sup>th</sup>	2.00 pm. Wedding, Louise Down and Thomas Eddy. Canon Judith Pollinger.
Sun 18 <sup>th</sup> (Trinity 1)	9.30am. Holy Communion with Rev Dr Elizabeth Wild.
Thurs 22 <sup>nd</sup>	7.30 pm. Mothers Union at St Endellion Hall.
Sat 24 <sup>th</sup>	12 noon. Wedding Laura William son and David Tozer. Rev Dr Elizabeth Wild.
Sun 25 <sup>th</sup> (Trinity 2)	9.30 am. All Age Worship with Rob Soley and Marcus Jones.
Sun 2 <sup>nd</sup> July	9.30 am. Holy Communion with Rev Dr Elizabeth Wild.

### Flowers, Festival and Felicity

Were you lucky enough to find your way to the St Kew Flower Festival? If so, you will no doubt understand my enthusiasm for what the community of St Kew gave us. While contemplating this, I came across these words in a prayer of Thomas Traherne's: Is not sight a jewel? Is not hearing a treasure? Is not speech a glory?

Thomas Traherne was a poet, priest and mystic who grew up at the time of the Restoration. Born in 1636, he died aged 37. In his short life he searched for something more than what his Puritan education and the impact of the Cromwellian period gave him; and found it when he moved to the country. Before that he said he was "swallowed up in the miserable gulf of idle talk and worthless vanities. I lived among dreams and shadows, like a prodigal son feeding upon husks with swine."

But then, on moving to the country, he comes to himself and resolves to spend all of his time in search of what he calls "felicity", happiness, and to be guided by 'an implicit faith in 'God's goodness'.

Flower festivals offer us a special time to reflect on God's glory. It was there at St Kew. Each arrangement was inspired by a poem, beautifully written out, alongside. One could marvel at the time, ingenuity, creativity and thought given to illustrate each poem. Our hear-

ing, blessed by the evocative sound of the piano as we walked round, was crowned on the Sunday with the buoyant voices of the Tintagel Male Voice Choir. The natural beauty of the flowers enhanced the poetry, the music enhanced our enjoyment, and the stewards warmed our hearts by their presence and welcome.

But that is not all. For home-made cakes, quiches and cream teas were offered in the hall as well! (Traherne leaves out the joy of the palate!). A complete community enterprise and balm to the soul.

In his prayer, quoted above, Thomas Traherne goes on to say, "O my Lord, pardon my ingratitude and pity my dullness who art not sensible of these gifts. The freedom of thy bounty hath deceived me. These things were too near to be considered. Thou presented me with thy blessings, and I was not aware".

But In St Kew, in those few days in May, it was as if Love bade us welcome to appreciate the wonder of what surrounds us, and how the truth of God can be made known to us, by the loving gestures of a community working together to help us realise afresh the blessings of God's inestimable favours.

*Sue Barlow*



### Fundraising Dinner

We danced the night away to The Grace Notes and had a fabulous time at our Foodbank Dinner & Dance raising much-needed funds to continue our work within the community. The chefs from Keep Cornwall Fed were our caterers for the night and their vision is, that for every meal bought, they will provide a free meal for people in need. Huge thanks go to The Royal Cornwall Pavilion Centre for hosting the event, to everyone who came along, and to all the businesses who gave auction prizes and supported this event.

### Come along to Camelford for our next Moneybox Course

With support from the European Social Fund, we are working with Eccabi and Cornwall Housing to run a SMART Tenants MoneyBox Course. This is a course for anyone who is a tenant and will help people to budget, build their confidence and manage their finances. Courses are for 6 sessions, one day per week from 9.30 to 2.30 to fit in with the school term. It starts on Monday 5<sup>th</sup> June in Clease Hall, Camelford. If anyone would like more details, please contact us on 01208 815374 or email [contact@wadebridgefoodbank.org](mailto:contact@wadebridgefoodbank.org)

### Camping Weekend

Dig out your camping gear for our FUN CAMPING WEEKEND at Mother Ivey's Bay Holiday Park from Friday afternoon 16<sup>th</sup> June to Sunday afternoon 18<sup>th</sup> June. Prices for the weekend are £23.00 for a non-electric pitch or £25.00 for an electric hook up. If you don't fancy camping you can also bring your picnic and swimming gear and come along for the day at a cost of £10.00 per family. Gary Dutton butchers will be barbecuing on Saturday evening and we have face painting during the day. The play area is always open and the football pitch is waiting for all those with lots of energy, or just chill out, this is the perfect holiday destination! We may not be able to guarantee the sunshine but we can promise it's a beautiful location and a great weekend!

Tickets are now on sale from Wadebridge Foodbank (open Monday-Thursday 10.00 am-1.00 pm).

Tel 01208 815374 or email us at [contact@wadebridgefoodbank.org](mailto:contact@wadebridgefoodbank.org)

Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR  
Registered Charity No. 1166301



Herbs and spices - how many uses! What an informative evening!

Jane Hanscomb came along and brought an abundance of fresh herbs and also some jars of spices. These were passed around and we were able to look and smell each one. It was interesting to hear of the origins of many spices from the East and how the Crusaders brought spices to our country. Women growing herbs and using them for healing purposes many years ago were considered to be witches in some villages. We heard how saffron is the most expensive spice. Jane told many tales, one example is that parsley takes so long to grow as it has to go down to hell first. What strange folklore we have!

The competition this month was a holiday souvenir and one of our members brought a bell to tie on your rucksack to scare off bears when in the Rockies.

A part of the evening was dedicated to our Royal Cornwall Show entry, this year the theme is "Home sweet Home" and it is involving lots of people. So good that we can join together to make a real team effort.

Next month we are going on an outing to Trecarne Farm, near Delabole. The WI has promoted fair price for milk in recent years. This dairy farm has been brought up to date with a robotic milking parlour and cow beds for the herd. Definitely the modern way of farm life. Meet at the hall at 6.00 pm on Wednesday 14th June.

If you want to join us then either email [stkewwi@gmail.com](mailto:stkewwi@gmail.com), message us on our Facebook page or ring 01208 841469.



### St KEW GARDEN ASSOCIATION

The Plant and Produce sale was held on 6th May at St Kew Highway community hall.

A good selection of strong and healthy bedding plants of both vegetables and flowers were offered for sale. Also for sale were some delicious home

made cakes. Two lovely house plants reached record prices of £10 each.

Thank you to all who gave generously to the sale.

Our next big event will be the annual Flower Show to be held in the Parish Hall in St Kew on 2nd September.

*Sue Wilson*

## Events Diary - June

- 1st Chair aerobics, Community Hall 2.00pm  
 2nd Quiz Community Hall 7.45pm  
 7th Bell ringing practice 7.30 - 9.00pm  
 8th Chair aerobics, Community Hall 2.00pm  
 14th Bell ringing practice 7.30 - 9.00pm  
 15th Chair aerobics, Community Hall 2.00pm  
 16th Souper lunch, Community Hall 12.30pm  
 16th Quiz, Community Hall 7.45pm  
 19th **COPY DATE for July's magazine**  
 21st Bell ringing practice 7.30-9.00pm  
 21st Gardening Soc, Community Hall 7.30pm  
 22nd Chair aerobics, Community Hall 2.00pm  
 24th Bodmin Hospital Fete in the grounds 2.00pm  
**26th Magazine being printed this week**  
 28th Bell ringing practice 7.30-9.00pm  
 29th Chair aerobics, Community Hall 2.00pm  
 30th Quiz, Community Hall 7.45pm  
 30th Music at St James the Great 7.30pm, see p.10

### News from St Kew Parish Hall

We are grateful to those who supported our Spring Fair on Saturday 12th May and helped us raise an amazing **£274**. This money will be used to help finish our garden project. Our next fund raiser is a quiz and curry night on 23rd September.

*Kathy*

To book the hall, please contact Joanna Pratt on 01208 841420

## The Regal in Wadebridge

Tel: 01208 812791

12/17



### June

- 2<sup>nd</sup> Wonder Woman - 3D  
 Baywatch  
 9<sup>th</sup> My Cousin Rachel  
 The Mummy  
 16<sup>th</sup> Church  
 Rough Night  
 Gifted  
 23<sup>rd</sup> Transformers - the Last Knight - 3D  
 30<sup>th</sup> Despicable Me 3 - 3D  
 Baby Driver  
 The House

Please check our website for the next Autism friendly screening - watch newly released films with friends and family in a an inclusive environment.

### Live Screenings, book on-line or contact cinema

- 4<sup>th</sup> British Museum presents Hokusai - 3pm  
 7<sup>th</sup> 'The Dream'/'Symphonic Variations'/  
 'Marguerite & Armand' - Royal Ballet, Live  
 7.15pm  
 10<sup>th</sup> 'Peter Pan' - NT (recorded) - 2.30pm  
 22<sup>nd</sup> 'Salome' NT Live - 7pm  
 28<sup>th</sup> 'Otello' Royal Opera House Live - 7.15pm

Please ring or check our website for more details  
[www.wtwcinemas.co.uk](http://www.wtwcinemas.co.uk)

## Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning June 5th and 19th, and July 3rd.

# ST KEW HIGHWAY COMMUNITY HALL

## ONGOING EVENTS

(Registered Charity No 294140)

- |               |  |                 |               |
|---------------|--|-----------------|---------------|
| <b>Sun:</b>   | Methodist Church Service                   | Marion Dingle   | 01208 841388  |
| <b>Mon:</b>   | Yoga 10.30am                               | Fiona Crompton  | 01208 851735  |
|               | Pilates 2.30pm - 5.15pm                    | Martin Brooks   | 07812 959 879 |
| <b>Tues:</b>  | Allen Valley Singers 7.15pm - 9pm          | Janette Man     | 01208 841784  |
|               | Pilates 1.15pm-2.30pm                      | Martin Brooks   | 07812 959 879 |
| <b>Wed:</b>   | 1st, 3rd and 5th in month -                |                 |               |
|               | West Country Embroiderers 10am - 3pm       | Pat Scarborough | 01841 521323  |
|               | 1st in month - St Kew Playing Field Trust  |                 | 7.00pm        |
|               | 2nd in month - St Kew WI 7pm               | Becky Allen     | 01208 841798  |
|               | 3rd in month- Gardening Association 7.30pm | Sue Wilson      |               |
| <b>Thurs:</b> | Chair Aerobics 2pm                         | Pat             | 01208 841260  |

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL  
 CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

## CHARITY QUIZ NIGHTS IN THE COMMUNITY HALL

2nd , 16th & 30th June  
 Fridays at 7.45pm

*(The charity hadn't been decided as we went to print)*

## Souper Lunch



### Friday 16<sup>th</sup> June

12.30 pm in the Community Hall. Last one until September!  
 21<sup>st</sup> April lunch raised £70 for local ladies taking part in London walk for Breast Cancer.

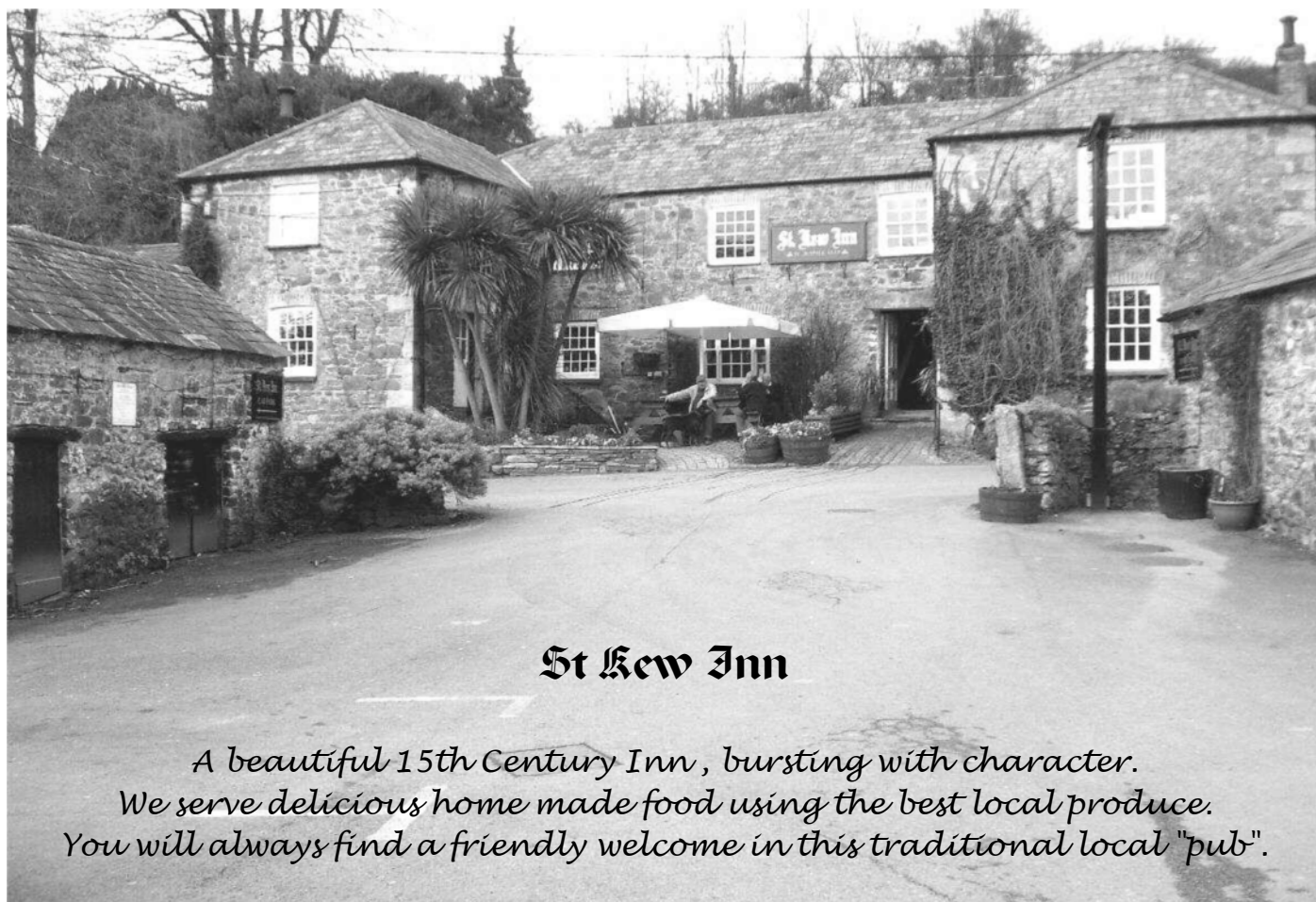


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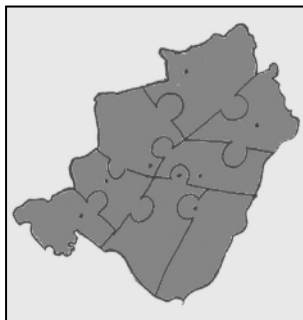
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# Pieces of Eight

JULY



July 2017 Issue 232  
News, views and issues  
from: Chapel Amble,  
Pendoggett, St Kew, St  
Kew Highway, Trelill,  
Tregellist, Trequite,  
Trewethern

Email: [stkewmag@gmail.com](mailto:stkewmag@gmail.com)



Roses and Fuchsias

*Photograph by David Balmford*

**Your free guide to news and events within and around St Kew Parish**

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				Churches page
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				Foodbank, WI & Garden
				Diary and events page

**Pieces of Eight** is an independent community magazine, published ten times a year. Volunteers produce and deliver the magazine to all households in St Kew Parish, and to local shops and pubs. We can post issues to households outside the parish at a cost of £10.00 per annum. See [www.stkewparish.org.uk/PO8.html](http://www.stkewparish.org.uk/PO8.html) for the on-line version. *Many thanks to the Parish Council for allowing us to use their site.*

### Contacting the Editorial Team

Please use [stkewmag@gmail.com](mailto:stkewmag@gmail.com) for ALL emails.  
Advertising Manager: Please email Steve at [stkewmag@gmail.com](mailto:stkewmag@gmail.com)  
Treasurer: Richard Godden, 1 Lane Park, St Kew, PL30 3HF, Tel 01208 880007

### Copy date for the September issue is:

**Monday 14<sup>th</sup> August**

Please send us your article or advert as soon as possible, ideally **before** the copy date. If your article or advert is going to be late please let us know in advance. Many thanks!

### Note to readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight! This shows advertisers that the magazine is *the* place to reach customers.

### LETTER TO THE EDITOR

11<sup>th</sup> June

Firstly, thank you to Bob Plater for his excellent letter in last month's edition expressing and highlighting the views of so many that St Kew Highway Services no longer meets the needs of local people.

Not only are we missing all the things that he listed, but despite the lovely photo on the front page of your May edition the outside of the premises is a disgrace. Builder's rubble from earlier in the year is still there. The flower beds and pots that were always beautifully tended by Meg are neglected, full of weeds and looking ugly. The Kiosk is also very unsightly full of what can only be

### Editorial

I'm writing this as we are sweltering in 30+ degree heat, which does make concentrating rather difficult! It's no good waiting until it cools down because the house just doesn't seem to.

There's a busy few months coming up, when the children break up from school and holidaymakers arrive to enjoy our lovely part of Cornwall.

This month we've added a 'What's on, Home and Away' section as there seem to be lots of lovely events just outside the parish that we don't always hear about, not to mention events within the Po8 borders that perhaps don't get enough publicity. If you have an event in the parish, or know of one in the surrounding area you think readers would be interested in please send us brief details via [stkewmage@gmail.com](mailto:stkewmage@gmail.com).

Printing the magazine ourselves keeps our costs down but it does involve many hours work over several days. A mid-month Monday copy date helps to make sure the content is as up to date as possible, but it does only give us a few days to pull the magazine together, edit it and proof check it before printing starts at the weekend. All this ensures that the magazine is ready for distribution by the end of the month. Regular contributors and advertisers can really help us here by letting us have their copy **as soon as it is available rather than waiting for the copy date or a reminder**. Many thanks for your cooperation.

Po8 will be back at the beginning of September, in the meantime we hope you all have a lovely summer!

*Nicky*

described as junk!

Apart from all that; delivery of petrol seems to cause problems, people have had difficulty obtaining cash from the cash machine, there is no frozen food or decent ice cream, and to top it all the toilets as I write are out of order.

I agree with Bob. At least the sliding door is an improvement on the old heavy one.

**On a positive note, the ongoing negotiations for the reinstatement of the Post Office are looking a little more positive!**

*Judy Gray.*

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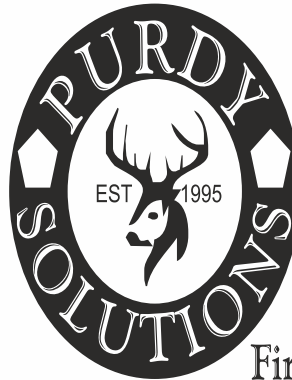
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# NEWS FROM St Kew School

Inspiring and achieving success for all



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www.st-kew.cornwall.sch.uk  
Email: secretary@st-kew.cornwall.sch.uk

All the news and highlights from St Kew School – but don't forget, you can keep up with all the school antics in our weekly newsletters, published on our website: [www.st-kew.cornwall.sch.uk](http://www.st-kew.cornwall.sch.uk)

## **SPORTS DAY – FUTURE OLYMPIC STARS IN THE MAKING!**

Our annual Sports Day arrived on Friday 16<sup>th</sup> June and brought with it beautiful sunshine and a chance for the children to show off their talents in all manner of races. All the children from Reception to Year 6 took part in an Obstacle and Sprint race, with the younger children in the school entertaining the audience with the Dressing up race, sack, and egg and spoon (hard-boiled so no mess!). We were delighted to have been joined by the Pre-School in these races and it was delightful to see some of our future pupils confidently running in each of their races. The older children (7 to 11 years old) chose to compete in two races picked from the sack, egg and spoon, skipping and three-legged: a much loved favourite among the children and yourselves I expect! With numerous 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> rosette stickers given out, good sport stickers for all and an ice pole to finish you would've thought the races were done. BUT... we couldn't forget about the grown-up's races could we? This year an Obstacle race needed to be negotiated and with a few trips and falls many survived uninjured! Helping Hands, our school PTA, then held their Summer Fair with bacon baps, cream teas, stalls (many of these run by our Year 5 and 6 children) and treats a-plenty.

## **MINACK THEATRE**

On Friday 23<sup>rd</sup> June we travelled to Porthcurno to the Minack Theatre to watch the matinee performance of 'The Emperor's New Clothes'. Travelling on an air-conditioned coach down to that end of the county, the children took lunch on the beach before making their way up to the theatre for the show, enjoying a pot of Cornish ice cream in the intermission. As always, the children were amazing ambassadors for the school and thoroughly enjoyed the performance. We would like to say a huge thank-you to 'Clean Earth Energy' who have recently provided the school with a community award which enabled us to take the children on this trip, travel in style and experience an open-air theatre in a stunning setting.

## **ST KEW NEEDS YOU!**

On Saturday 15<sup>th</sup> July, we are holding a Work Day at school. We are lucky enough to have brilliant outdoor facilities which are well used by the children, but we've got even more planned, and we have been working with the children to design and develop the 'wild' area at the back of the school to enable it to be better used all year round. In preparation however, there is much that needs to be tidied, painted, cleared and generally got ready – which is where you come in!

**We would like to invite parents and carers, children, wider friends and family, grandparents – whoever would like to help – to come along on Saturday 15<sup>th</sup> July, from 10.00 am – 4.00 pm.**

We need help with:

- General clearing and tidying up around the school.
- Cutting back of hedging and shrubs.
- People with large cars / vans / trailers that could do runs to the tip with rubbish.
- Painting fencing.
- Maintenance and DIY.

People able to lift and those that are handy with tools would be especially welcome – if we have any keen builders / DIYers / tree surgeons that could donate some time, we do have some specific jobs that need doing that we would really appreciate some assistance with, such as trimming trees, fixing gates, building a bird hide etc.

If you are able to help, please can you ring the school office. You don't have to come all day – any time you could give would be appreciated. Children are welcome to come too and play / help (at your own risk) and the PTA will be providing refreshments and lunch with Mrs Murray (rumour has it) providing cakes!

## **ST JAMES' FETE**

We are looking forward to supporting the Fete on Saturday 22<sup>nd</sup> July and will be running a few stalls for children. We would be delighted to see you there and would love for you to come and make yourselves known to us and find out more about what goes on here at St Kew: an ACE Academy!



We cannot believe how quickly this school year has gone, and only five weeks left before we finish for the summer holidays as I write this piece. The children have been enjoying the summer term making the most of the lovely sunshine planting flowers, herbs and beans in the garden. They have all been watering and taking care of the plants and practicing their counting by measuring on a stick every week how tall their sunflowers have been growing.



Everyone have also been using letters making marks in the sand and learning to find the correct letters in their names. We have been making picnics to eat out in the garden and, of course, lots of water-play. The children have found ducks and boats in the water, as well as cars and dinosaurs!

Lots of imagination has been used with the toys in the water tray which is great to see.

For this last half term we are taking the children to St.Kew Primary School one afternoon a week to take part in activities and they have also taken part in the sports day which was enjoyed by all children. This helps the older children of our setting with their transition to primary school in September.

We would like to say good bye to seven children who will be leaving us at the end of term to move onto primary school. Amy, Florence, Edith, Caitlin and Locryn will be starting St.Kew Primary and Rohan and Lilia who will be starting at St.Tudy Primary School. It has been a pleasure having them all and we wish them well in their new schools.



We have places available at the Pre-School for children aged 2-4 years. If you are interested or would like to come and look around then please contact Hayley on 01208 841821.

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If you have any unwanted books, bottles, bric a  
brac, nearly new clothing (clean!) or jumble  
**WE NEED IT!!**

We also want plants and produce and lots and lots  
of cakes!

### COLLECTION POINT

Please either leave items at the back of the church  
during the week beginning 17<sup>th</sup> July or direct to the  
Fete **WELL BEFORE** 2 pm on Saturday 22<sup>nd</sup>.

**Many thanks and see you there!**

# CHILDREN'S CORNER



## FUN SUMMER GAMES (For the hot days!!)

### Frozen T-shirt Race



Put some wet t-shirts in plastic bags, and then stick them in the freezer overnight. The next day, have a race to see who can defrost and pull on a frozen t-shirt the fastest.

This is a fantastic game for one of those swelteringly hot days we have in Cornwall!

## FUN SUMMER GAMES (For the rainy days!!)

### Bubble wrap fun



Put down some newspaper on the kitchen floor. Take some bubble wrap and wrap it around your feet like boots. Put some paint on the soles of your feet and begin stomping on the newspaper to create a colourful picture.

Beware! This can get messy!

Make a road out of bubble wrap and listen to your cars roaring down the road as the bubble wrap pops!



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# Puzzle Page

## codeword

18		9		11				23		8		5	
10	24	21	4	3	2			3	24	18	19	25	2
21		4		24		14			21		22		21
26	19	26	26	4	10	12			7	21	13	21	24
22		18		23		3			22		13		21
11	26	19	14		16	2	22	16	6				
6		11		22		18		3		21		11	
			4	1	25	26	21		21	20	22	3	
5		13		17		18		18		3		4	
4	7	22	21	19		25	18	15	21	24	1	11	
3		10		24		12		19		21		2	
16	4	24	23	21	3		13	26	4	14	10	21	
2		21		7				21		21		7	

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							I		R			

									8
9		1		4		2			
			6		7		5		
		2					3		
5			9	3					4
	8						6		
	7		5		8				
		4		1		9			6
3									

## nonogram

C	I	O
E	N	R
E	S	G

How many words of 4 letters or more can you find? You must use the centre letter in each word.

No plurals or proper nouns are allowed. There are 58 listed in the solution which includes **1 nine letter** word to find.

## At Stone Barn

Here in the shadow of Endellion's tower  
these inland boats  
recall lost voyages

in the restless summer wind  
they creak and groan  
long for a course by different stars

aground between oceans  
in a rusting anchorage  
still they yearn for that new horizon

as swallows carve their daring geometry  
parabola heaven about the masthead  
cut a path down to the sea

like setting sail cross Yarnigoat Parc  
beneath a skyful of larks.

David Penhale  
June 2017



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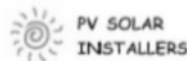
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## News about the car park in St Kew Churchtown

We hope you all have seen the huge improvements to the car park next to the church in St Kew Churchtown. The Trustees of St James' trust would like to thank Dave Finnemore and Dick Godden for donating their time and effort to make this project possible.

Dave cleared out the weeds and bushes, repaired the fences, levelled the ground and spread the scalping to repair the surface of the car park. Dick made the new money box which Dave installed.

Again, many thanks to Dave and Dick for improving our car park.

*St James' Trust Trustees*

## Chapel Amble Post Office

### If you need a post office please remember them!

They are pleased to serve everyone, their Post Office is open every day: Monday, Wednesday, Thursday & Friday 9.00 - 5.30, half day Tuesday 9.00- 1.00pm and Saturday 9.00 - 12.30.

Parking in the Village is easy!

## SOUPER LUNCH



The Souper Lunch on 19 May was held as usual at the Community Centre.

Soups were kindly provided by Leonie Soley, Philippa Harkness and Cherell Raybould who also produced the rolls and strawberry sponge, and Pam Hall produced a Bread & Butter Pudding. Marcus Jones, Reader, said the grace, and our thoughts were with Pat, who is unwell and Fred and Sybil Crahart, who were otherwise engaged and unable to be with us.

Charitable donations given was £75 which it was agreed should be forwarded to The Dreadnought Centre at Redruth. This is a charity working with children and young people aged 7 – 19 who are experiencing difficulties in their lives, be it emotional, physical or behavioural, and also put positive adult role models into the young lives and empowering them to make decisions for themselves.

*William*

## 'KEW & A'

### Twenty Questions & Answers

**This month:** Sarah Allen, landlady of St Kew Inn, St Kew.

**Childhood Hero:** *My Grandad.*

**Hobbies:** *Netball, walking Harry (my dog).*

**Favourite Music:** *70's & 80's.*

**Favourite Book:** *The Harry Potter books by J.K.Rowling.*

**Favourite Film:** *Musicals like 'The Sound of Music' and 'Grease'.*

**Favourite TV Programme:** *'Friends' (series).*

**What's good about living in your village?** *The locals.*

**What would you improve?** *Having a Post Office.*

**I'm very good at....** *being right.*

**I'm very bad at....** *being on time*

**A phrase I use too often is....** *"Shut up Mike".*

**Three people, dead or alive, I'd invite to dinner are....** *David Beckham, Brad Pitt and George Clooney.*

**I'd like to be stranded on a desert island with....** *My dog Harry.*

**I'm embarrassed by....** *My time keeping.*

**My proudest moment was....** *Having the pub.*

**The best things about Cornwall are...** *The beaches.*

**The worst thing about Cornwall is....** *The traffic in the summer.*

**Which of our country's laws would you change?** *Enforce 'a life for a life'.*

**An over-rated public figure is....** *Keith Lemon.*

**In another life I would....** *Audrey Hepburn.*



## Allen Valley Singers

A wedding and a concert in one day is a tall order but with our Cornish Plaid scarves for this formal occasion, we all travelled to St. Merryn Church to sing at the wedding of Jennifer Helen Szweda and George John Edward Pask. The bride entered the church to a violin solo played by Rebecca Love.

Along with the guests we sang 'All things bright and beautiful', 'Jerusalem' and 'Give me joy in my heart'. During the signing of the registers we sang Psalm 23 (Howard Goodall) and 'Candle on the Water' (Al Kasha and Joel Hirschhorn). All the music was played by Steve Tyrrell, our accompanist, who also played Mendelssohn's Wedding March as the bridal party left the church. We then jumped into cars to drive to St. Breward for a concert in aid of the church funds. We grabbed a cup of tea, changed our scarves for colourful turquoise ones and were ready for the second event of the day.

The audience were entertained by a wide variety of talent. Richard Man charmed the audience with a selection of his own poems based on 'The Natural World'. His apt and imaginative titles to his four poems, were 'Seasoning', 'Midsummer's Sunset', 'Last Supper' and 'The Storm'. They were amusing and nostalgic and thoroughly enjoyable.

The St. Breward Handbell Ringers delighted us with their selection of well-known tunes and we sang 'Frere Jacques' along with them. With her clear voice and professionalism Roxy Moran sang 'Rolling in the Deep' (Adele) and 'Warwick Avenue' (Duffy). Allen Valley Singers presented a mixture of styles ranging from 'You'll be in My Heart' (Phil Collins) for which Maureen Murray was our excellent soloist, to

'You Raise Me Up' (Brendan Graham and Rolf Lovland), and a rousing finale of 'Skyfall' (Adele).

Refreshments completed the whole enjoyable evening, though for some reason or another we felt very tired the next day!

The world is very insecure at the moment, frightening even and these oases of singing, music and poetry are very important to the participants and audiences. If we can be transported to a different world for a short while, it has to be an advantage to our happiness and health.

We now look forward to future concerts, particularly when we entertain at Tywardreath Hall (Par) later in the year but more about this in a future edition of Po8.

If you would like to join our successful and happy choir please contact our Musical Director, Janette Man, on 01208 841784. If you would like to book us for a concert, enhance your wedding (or any other occasion) with our singing also contact our MD. Our pianist Steve Tyrrell, can offer his exceptional talents as an organist, should they be required for an event.

We meet at the Community Hall in St. Kew Highway on Tuesday evenings from 7.15 pm – 8.45 pm. On the last Tuesday of each month, we hold a raffle at the end of the Practice, to raise essential funds. So come to meet us, listen to the music, meet our MD, and have a slice of cake and a cup of tea or coffee together with a raffle ticket!!

*Joyce Hargrave-Wright (Dr.) Publicity/Reporter*

### St. Kew Nature Club dates

#### July

- 9th 14.00-16.00 Identifying and photographing wild flowers.
- 22nd 21.00-23.00 Moth trapping and bat detecting.
- 29th 21.00-23.00 Moth trapping and bat detecting.

#### August

- 6th 14.00-16.00 Detecting mini beasts.
- 13th 14.00-16.00 Wildlife photography.
- 19th 21.00-23.00 Moth trapping and bat detecting.
- 10th 14.00-16.00 Wildlife photography.
- 16th 21.00-23.00 Moth trapping and bat detecting.

#### September

- 3rd 14.00-16.00 Identifying and photographing wild flowers
- 10th 14.00-16.00 Wildlife photography
- 16th 21.00-23.00 Moth trapping and bat detecting

I look forward to seeing many of you at the events this year. I regret that you will be unable to park on the village common in future, so please find a parking place on the road that doesn't inconvenience neighbours or passing traffic.

Groups are limited to 15 people, so please reserve your places early. Please contact Trevor Renals for further details at [stkewnature@gmail.com](mailto:stkewnature@gmail.com), or call on **01208 880893**

#### A Buff-tip moth



# Parish Council News

**Chairman:** Cllr John Lethbridge

**Clerk:** Cindy Powell, 6 Greenhill Villas  
Wadebridge PL27 6HN Tel: 01208 815591  
Email: [clerk@stkewparish.org.uk](mailto:clerk@stkewparish.org.uk)



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.30pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

## St Kew Parish Council Meeting held on Tuesday 13<sup>th</sup> June 2017 at 7.30 pm in the Parish Hall.

Present: Chairman Councillor J Lethbridge, Councillors R Godden, T Mott, A Godden, B Finnemore, J Rowe, S Liddiard, J Rickard, R Hawken. County Councillors Carol Mould and Stephen Knightley, and members of the public were in attendance.

The meeting started with the Chairman greeting the county councillors to the meeting.

The councillors reported that following the recent elections the cabinet was up and running. They also reported about changes to the way county councillors are involved in planning decisions, and also about a committee that will oversee the introduction of a community infrastructure levy for Cornwall which is likely to be introduced later this year. The following is an extract from the Cornwall Council web site:

'The Community Infrastructure Levy (CIL) came into force across England and Wales in April 2010. It allows local authorities to raise funds from developers undertaking new building projects in their area. The money can be used to help fund a wide range of infrastructure that is needed as a result of development. This may include new or safer road schemes, flood defences, schools, health facilities, park improvements, green spaces and leisure centres.'

A letter regarding Chapel Amble Cemetery was read out - it gave an update on works that had been undertaken and thanked the parish council for its ongoing support.

The meeting was then adjourned to allow members of the public to discuss and put forward their views with regard to planning application **PA17/04918** for Penny Hayle in St. Kew Highway. The meeting was reconvened and the council members discussed the application. After the discussion a vote was taken that decided to recommend refusal of the application.

The recently advertised tender for footpath maintenance was discussed and the contract was awarded.

Bus stop clean up: Please see page 21.

It was mentioned that fly tipping had taken place on at the playing field and also on the Whitehall estate.

Members of the public have contacted councillors about door to door sales by young people who say that they are attempting to change their lives by moving away from the area they live and selling household goods. As with anyone who calls unannounced please be vigilant and always ask for some form of proof of identity.

### Home Library Service.

Do you have problems getting to the library because of a disability, poor health, accident or caring responsibilities?

The Home Library service will deliver books, Large Print books and Talking books to your door – FREE!

For more information telephone 0300 1234 111, visit [www.cornwall.gov.uk/library](http://www.cornwall.gov.uk/library) or fill in a form at your local library.

### Royal Voluntary Service.

Could you lend a hand?

Just a few hours a month is all it takes to make a difference. Why not share your love of books with isolated and lonely older people in your local community by becoming a Home Library Service volunteer.

If you would like to find out more, please get in touch.

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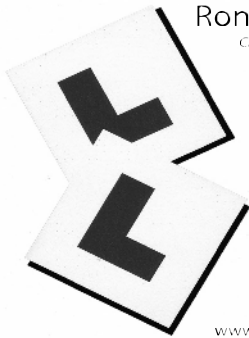
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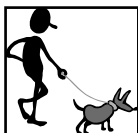
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## Tails from Ellisteel Boris



Oh dear lackerty, bow, wow, wow!

A couple of weeks ago Mistress and I were pottering about in the garden when I did something really stupid and undignified. I fell into the pond and couldn't get out. I made a few whimpering noises hoping that she would come and rescue me. I was very wet, cold and frightened, when a large pair of gloved hands came, they didn't smell right, so I bit them (well nearly). They went away and mistress came and she helped me out and gave me a rub down with a nice warm towel. She told me I was silly. It was she in the first place, with her gardening gloves on!! I am not going near water again....ever. Then the weather decided to change and I can't go out without getting wet. Grrrrr. I have been told that there was a mighty thunderstorm. Didn't hear a thing, 'cos I am slightly deaf and I sleep under the stairs but my sympathy to all my doggie mates...hope it wasn't too bad for you.

Must sign off now as, although I can't run as well as I used to, there is a cat in the garden. Now I can't have that can I?

Happy sniffing and waggie tails.

*Boris*

## Roly's Purrings



I've just had my birthday, so where were all the treats I was expecting? Do you know what I was given? A new litter tray! Honestly what was she thinking? Though if I'm honest the old one had seen better days, and I did keep getting told off for what I thought was my excellent aim at the small area on the end that was broken! So that fun has been taken away. Like Chip, I wasn't disturbed by the storm. I used to hate them in my youth and would hide under a bed where I felt safe, usually with my brother. Have I mentioned him? He was called Socks because he had 4 white feet. I've already outlived him by nearly 5 years. I was always the 'quiet one', he did all the asking for food and attention but I soon realised I had to do the asking or wait until they decided it was time for meals. Over the years I've purrified my complaints - I'm now very noisy and demanding so I'm told. I've also been called a 'grumpy old man' at times, I've no idea what one of those is!

Toodle pip!

*Roly*

# GILL'S RECIPE OF THE MONTH

## Pepper and lemon crusted salmon with asparagus

- 400g pack of asparagus.
- 1 tbsp olive oil.
- 4 salmon fillets, about 140g each, skinned.
- 2 lemons.
- 50g/2ozs butter, melted.
- 6 tbsp coarse breadcrumbs.
- 1 tbsp coarsely ground or crushed peppercorns.
- Small bunch chopped chives, to serve.

### Method

Heat oven to 200c/180c fan.

Cook the asparagus in a pan of boiling salted water for 1 minute, drain, then run under the cold tap for a few seconds. Drain again, toss in olive oil and spread out in a single layer in a large ovenproof roasting tin.

Check the salmon for bones then arrange on top of the asparagus.

To make the crust, finely grate the zest of 1 lemon, then add this to the butter, breadcrumbs and

pepper and sprinkle liberally over the salmon. Cut the lemons into wedges. Nestle two thirds of the wedges around the fish then squeeze the juice from the remainder directly over the fish.

Roast the fish for 12-15 minutes or until it is just cooked through. It should be opaque and firm.

Sprinkle with chives then serve immediately with buttered new potatoes.

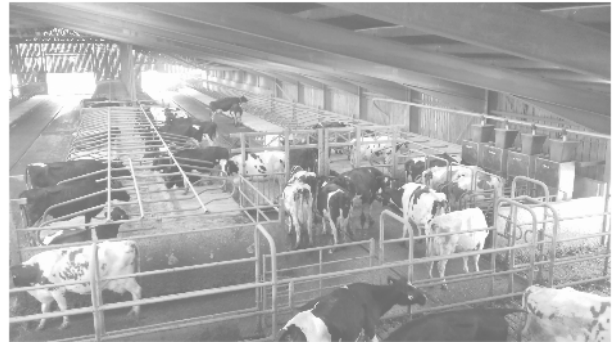




Lots of things to tell you about this month!

Grateful thanks to those who put together the Royal Cornwall Show exhibit. Altogether we came 19th out of 31. Well done ladies - everyone did a great job!

For our June meeting we travelled up to Trecarne Farm, near Delabole to see their robotic milking system. They have 170 cows which are milked when they want to be - they live in cubicle housing with the freedom to go out into the field whenever they want. The cows are fed freshly cut grass each day and choose when to be milked. Each cubicle has a rubber mattress which is cleaned each morning. The height of luxury! We saw modern farming techniques with some very happy cows.



Next month we have Emma Scott talking about willow work. If you fancy joining us, we would be delighted to see you. 7.00pm on 12th July at St Kew Highway Community Hall.

Our Tea in the Garden will be at Treskilling, Trell Road on Saturday 29th July. Come and join us between 2.30 and 4.30.

## Harbour Sessions

Over the next few months St James The Great Church in St Kew will be hosting some of Cornwall and the UK's best original music. Kris Lannen from The Grenaways with support from Harbour Brewing Co. will be curating these events, seeking out singer-songwriters and bands that are causing a stir in the UK's music scene and setting the stage for them in the magical setting of this beautiful ancient Cornish building.

**The first Harbour Session of 2017 is on Friday 30 June 7.30 pm and features...**

**WILLIAM THE CONQUEROR & ALEX HART - TICKETS £11 EVENTBRITE OR £15 ON THE DOOR**

Indie-Americana trio **William The Conqueror** are set to release their debut album 'Proud Disturber Of The Peace' via Loose on 4th August 2017 joining a roster of esteemed label mates including Courtney Marie Andrews, Sturgill Simpson and The Handsome Family. Hailing from the coast of Cornwall, multi-instrumentalists Ruarri Joseph, Harry Harding and Naomi Holmes channel classic blues and singer

songwriter influences through a grunge/indie filter drawing influences from bands and artists as diverse as The Doors, Ryan Adams and The Lemonheads. Mark Guarino from the Guardian described them as "stomping country rock veering into stoner grunge". Praised for their grit and authenticity by the likes of the Guardian and NPR's Ann Powers, the three piece have already made their mark across the pond in Nashville performing at the influential AmericanaFest which led to a nomination for best song at the UK Americana Awards and a chance to share the stage with the likes of Jools Holland and Van Morrison.

<https://www.youtube.com/watch?v=rU89dTxpwIQ>

**Alex Hart** is a singer/songwriter based in Plymouth, who describes her sound as "Westcountry Country". Having performed at illustrious venues such as Ronnie Scott's and the Troubadour in London, Alex is a seasoned performer who has been gigging from a very young age.

She performs either solo or with her band 3BF, and has recently gained many new fans since supporting Turin Brakes at the Lyme Folk Weekend in Lyme Regis and playing on a rooftop overlooking the opening ceremony of the Paralympics in 2012.



# Annual Charity Sewing Day

West Country Embroiderers (Wadebridge) held their annual charity sewing day at the Community Hall on 7<sup>th</sup> June. This year, members elected to spend the day producing 3 different items for use at Treliske Hospital. These were heart cushions and drainage bags for ladies who undergo breast surgery at the Mermaid centre, and crocheted/knitted octopi for premature babies. (These tiny creatures help to soothe babies in intensive care). By the end of the day approximately 100 drainage bags were completed together with 62 cushions and 12 octopi.



West Country Embroiderers meet at the Community Hall on the first and third Wednesday of each month. Their usual meetings allow members to explore all forms of embroidery in a friendly and supportive group. Examples of their work were on display at the recent St Kew Flower Festival as shown in the photo on the right.



For further information contact Pat Scarborough on 01841 521323

## Pendoggett Defibrillator Fundraising

The table sale started the fund raising for a defibrillator for the village of Pendoggett. This took place on Sunday 18<sup>th</sup> June in the garden of the Cornish Arms in the village. This was the first attempt to raise funds and in excess of £420 was made, an amazing start. The next event will be an auction of household goods, donated by a couple leaving the village. This will take place on 11th July in the Cornish Arms starting at 8.00pm.

Many thanks to everyone who contributed, from the fund raising team.

*Kathy*

## SOUPER LUNCH

**Friday 16<sup>th</sup> June**

The last lunch before the holidays raised £100 for the Grenfell Tower fire fund, via the Red Cross.

## CLEVER ANAGRAMS

ELECTION RESULTS \_ LIES, LET'S RECOUNT  
ASTRONOMER – MOON STARER  
THE EYES – THEY SEE  
THE MORSE CODE \_ HERE COME DOTS  
SNOOZE ALARMS - ALAS, NO MORE ZS  
DECIMAL POINT – I'M A DOT IN PLACE  
ELEVEN PLUS TWO – TWELVE PLUS ONE

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### 2017 COACH EXCURSIONS

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8<sup>th</sup> AUG - PAIGNTON ZOO

9<sup>th</sup> AUG - FIREWORK CHAMPIONSHIPS

18<sup>th</sup> AUG - ROSEMOOR GARDEN SHOW

15<sup>th</sup> - 17<sup>th</sup> SEP - BLENHEIM HORSE TRIALS

21<sup>st</sup> - 24<sup>th</sup> SEP - DERBYSHIRE, PEAKS & DALES

22<sup>nd</sup> OCT - HALLOWEEN @ MORWELLHAM

4<sup>th</sup> NOV - BRIDGWATER CARNIVAL

24<sup>th</sup> - 27<sup>th</sup> NOV - TURKEY & TINSEL IN PORTHCAWL

25<sup>th</sup> NOV - CLARKS VILLAGE CHRISTMAS SHOPPER

9<sup>th</sup> DEC - BATH CHRISTMAS MARKET

17<sup>th</sup> DEC - MOUSEHOLE CHRISTMAS LIGHTS

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## BUS SHELTER CLEANING SQUAD!



At the Parish Council meeting on 13<sup>th</sup> June it was reported the the bus shelter had been thoroughly cleaned following the previous month's meeting, and that it had remained tidy with people using the temporary waste bin provided.

It was agreed that a new waste bin will be purchased for the shelter.

## Afternoon Cream Tea

In aid of The Sunrise  
Centre and Headland Unit,  
Treliske Hospital

2.00 pm Saturday 19<sup>th</sup> August  
2017

St Kew Highway Community Hall.  
Cream Teas, Cake Stall, Raffle, etc.



In aid of two very worthy causes so we hope  
to see you there!

Donations can be made to Shirley Rowe:  
01208 841257

## *The Historical Society*



The History Society met on Thursday 15<sup>th</sup> June and were treated to a very interesting presentation by Rob Soley on his charity cycle ride through Vietnam and Cambodia in aid of the Cornwall Air Ambulance. He went back in time through that region's history and it helped us all to understand some of the issues they have faced in recent, and not so recent, times. It was fascinating.

**St Kew Historical Society  
Proudly Presents:  
Thursday July 13 2017**

A walk through Chapel Amble, Discover the Hidden Gems of This Protected Village in Our Parish. A stroll around the highways and byways of St Kew Parish, discover and find out WHY? Weird local names - of places, fields and buildings. (Outside events subject to the weather of course) All members on e-mail list will be notified. Also check our Facebook page.

Meet at approximately 7.00 pm Chapel Amble main car park.

*John Raybould, secretary.*

# WHAT'S ON, HOME AND AWAY

<u>Date</u>	<u>Whats on and Where</u>	<u>When</u>
<b>June</b>		
Friday 30th	Marie Curie Garden Party at Pencarrow House, Washaway Harbour Session, St James the Great Church	11.00 am - 4.00pm 7.30pm
<b>July</b>		
Saturday 1st	Concert by Tamesis Chamber Choir - St Endellion Church	7.30pm
Wednesday 5th	Bell ringing practice, St James the Great	7.30 - 9.00pm
Thursday 6th	Chair Aerobics, Community Hall	2.00pm
Friday 7th	Endelienta fundraising evening & concert at St Endellion Church	6.00 - 9.00pm
Saturday 8th - 15th	Delabole Carnival Week	Various
Sunday 9th	The Claze - live music at the Red Lion Inn, St Kew Highway	3.00 - 5.00pm
Wednesday 12th	Bell ringing practice, St James the Great	7.30 - 9.00pm
Thursday 13th	Chair Aerobics, Community Hall	2.00pm
Friday 14th	Quiz night, Community Hall	7.45pm
Saturday 15th	Endelienta Ensemble at St Endellion Church	7.30pm
Sunday 16th - 22nd	St Teath Carnival Week	Various
Wednesday 19th	Bell ringing practice, St James the Great	7.30 - 9.00pm
Thursday 20th	Chair Aerobics, Community Hall	2.00pm
Saturday 22nd	St James the Great Church Summer Fete, at Trescobel	2pm
Sunday 23rd	Gumbo Flyers, Haywood Cider Farm, St Mabyn	3.00pm
Tuesday 25th - 4th August	St Endellion Summer Music festival	Various
Wednesday 26th	Bell ringing practice, St James the Great	7.30 - 9.00pm
Saturday 29th	WI Tea in the Garden, Treskilling, Trellill Road Wadebridge Carnival Day	2.30 - 4.30pm 12.00 noon
Sunday 30th	Sunday Sessions Live Music, Red Lion Inn, St Kew Highway Quiz in aid of Search and Rescue, Red Lion Inn, St Kew Highway	2.00-5.00pm 8.00pm
<b>August</b>		
Wednesday 2nd	Bell ringing practice, St James the Great	7.30-9.00pm
Wednesday 9th	St Endellion Church fete, Rectory Garden Bell ringing practice, St James the Great	2.00pm 7.30-9.00pm
Friday 11th	'Hits from the Blitz', Wadebridge Lions, Pencarrow House	7.00pm
Wednesday 16th	Bell ringing practice, St James the Great Miracle Theatre presents - 'The Third Policeman', Pencarrow House	7.30-9.00pm 7.30pm
Friday 18th	Childrens Hospice Garden Trail, Pencarrow House	2.00pm
Saturday 19th	Cream Tea in aid of the Treliske Sunrise Centre & Headland Unit, Community Hall Reflective Day, hymns at St Endellion Church	10.00am - 3.00pm
Wednesday 23rd	Bell ringing practice, St James the Great	7.30pm - 9.00pm
Thursday 24th - 28th	Cornwall Folk Festival, Wadebridge, various venues	Various
Wednesday 30th	Bell ringing practice, St James the Great	7.30 - 9.00pm

Please be aware there may be a charge for some of these events.

## Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



Martin Brooks - 07812 959 879  
martin@northcornwallpilates.co.uk  
www.northcornwallpilates.co.uk

12/17

# Western Supply



## Timber & Builders Merchants Paint & Decorating Supplies



Atlantic Road  
Delabole

Tel: 01840 212580

[www.westernsupply.co.uk](http://www.westernsupply.co.uk)

(open 7 days a week, Sat & Sun mornings only)

12/17

# ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

## July/August

### Western Front

Passchendaele, or the Third Battle of Ypres, fought between June and November 1917, cost over half a million casualties. The aim of this offensive was to break through the German lines and drive northwards to the coastal ports from which German U-boats were reported to be operating and to take railway hubs.

The initial attempt in June 1917 to dislodge the Germans from the Messines Ridge was successful, but the main assault north-eastwards, which began at the end of July, quickly became a dogged struggle against determined opposition and rapidly deteriorating weather. The infantry attacked on 31<sup>st</sup> July after 10 days of shelling to soften up the Germans, across an 18 kilometre front. The constant shelling had churned the clay soil and smashed the drainage systems and consequently only small gains were achieved. Within a few days, the heaviest rain for 30 years had turned the soil into a quagmire, producing thick mud that clogged up rifles and immobilized tanks. It eventually became so deep that men and horses drowned in it. It wasn't until 16<sup>th</sup> August that the attack was resumed.



By this time St Kew-born Percy Edward May had died on 8<sup>th</sup> August. 202118 Private Percy Edward May of the 1<sup>st</sup>/4<sup>th</sup> Battalion of the Berkshire Regiment (1/4 Berks) was aged 34 when he was killed. He was born at St Kew, the third son of John and Bessie May of Amble (in the next house to Richard Andrew, who was to die on 31<sup>st</sup> May 1918. His father was John May, born 1847 at Lanhydrock and married Bessie Giles, born 1852 at St Kew, in 1874. In 1881 they were farming 70 acres at Trewethern and by this time had had: Mary Elizabeth, Albert John, and Mabel Lilian, all born at St Kew. In the 1891 census the family was living in Churchtown, St Kew; with additional children: Percy E, born 1882,

Edith and Wilfred George. The family moved to Chapel Amble, where in 1911, John is a Horse Trainer, Percy (aged 29) a Grocers Assistant. Percy's mother and father are buried at St James Churchyard, middle section, together with his younger brother Wilfred George. Percy Edward is remembered on his parent's memorial as well as being commemorated at the Menin Gate Memorial for the Missing, Panel 45, Ypres, Belgium.



According to the Parish Magazine September 1917: "With no small sorrow we have to record the death of two more parishioners – who have given their all for King and country". One was Private Percy May – see previous obituary; the article continues: "Percy joined up in April 1916 and for some time had been in immediate touch with the enemy. On 8<sup>th</sup> August, he was in the trenches, when suddenly a bomb or shell dropped in the trench; exploding, it killed him and some more comrades instantaneously. It must be no little consolation to his relatives to remember he died fighting for his country. We hope in some tangible way to commemorate his death, and those of our parishioners who have obeyed the call. It was not the Vicar's privilege to know Percy intimately, but his popularity and good reputation are well known to all in the parish. He was ever ready to do anything for his church and neighbours generally. His good works will live after him."

### Mesopotamia

In 1914 Baghdad was the headquarters of the Turkish Army in Mesopotamia and was the ultimate objective of the Indian Expeditionary Force 'D'. The city finally fell in March 1917. After the capture of Baghdad, British operations were widened to stem threats from Turkish forces.

*Continued .....*

On 28<sup>th</sup> July 1917 in Mesopotamia, 160342 Sapper Percy Hawken of the 300<sup>th</sup> Electrical and Mechanical Company, the Royal Engineers died, aged 25. He was the son of Sydney and Ellen Mabel Hawken of Tregear, and husband of Nora Ann Hawken of Pendoggett, with whom he had two daughters Beatrice and Christine. Nora Hawken died 7<sup>th</sup> January 1976 and is buried in the middle section of the St James Churchyard alongside the memorial to her husband and daughter Christine who died 3<sup>rd</sup> February 1923 aged 7 years. Percy Hawken's death is commemorated at the Baghdad (North Gate) War Cemetery, Grave XII B 15. According to the parish magazine September 1917: "Mrs Percy Hawken was recently the recipient of a letter from the War Office telling her of the death of her husband in hospital in Mesopotamia. P Hawken had fallen ill from dysentery and malaria: he was making a recovery, but great physical weakness proved too much

for him, and he passed through the veil into the great beyond. The terrible climate of Mesopotamia has claimed for death too many of our gallant men. Mrs Hawken is left with two little children to face the world in her young widow-hood. We, indeed, do sympathize with her in her great trouble and bereavement."

At present 4,160 Commonwealth casualties of the First World War are commemorated by name (including Percy Hawken) in the cemetery. The War Cemetery website records in June 2009 that the Cemetery is in a sensitive area in the Waziriah area of the Al-Russafa district in Baghdad. However, since 2009 and the fall of Saddam Hussein many headstones have been repaired. There are now 4,463 casualties listed in the cemetery.

*William*



**walkthewalk**<sup>®</sup>  
uniting against breast cancer



Raising money and awareness for vital breast cancer causes.



Debs, Lianne and Kathryn at 8.30 am on Sunday 14<sup>th</sup> May, after completing the 'Moonwalk,' by walking 26.2 miles around London, starting and finishing at Clapham Common.

**THANK YOU!**

We would like to thank the communities of St Kew and St Kew Highway for all of their help in helping us raise money which goes towards breast cancer charities. To date, between us, we have raised just over £1,500.

Thanks goes to 'The Souper Lunch', arranged by William Garland, at St Kew Highway on 21st April; 'The St Kew Highway Community Hall Quizzes', chaired by Judy Gray, on 5th and 19th May at which we had great fun competing for Curly Wurlys and Smarties; Steve and Wendy at 'The Red Lion' who held a quiz for us on Sunday 28th May and 'St Kew Products' who gave us packets of biscuits which we sold and gave out at some of our events. Our coffee morning, which was very well attended, raised over £400 and people stayed to chat with old and new friends for quite some time at The Parish Hall. A special thank you goes to Nicky and Cherrel who helped out at many of our events and our families for their support and patience!

Many people have kindly sponsored us and although it is unlikely that they will see this, lots of rugby supporters bought our fundraising badges on the train from Bodmin Parkway to London, via Ivybridge!

We are very appreciative of everyone's support, kindness and interest in our adventure. **THANK YOU ALL!**

Debs, Lianne and Kathryn

JULY 2017

# Red Lion

What's happening at the Lion this JULY ?

OPEN MIC

WEDNESDAY 5th JULY  
8:00pm  
ALL WELCOME

LIVE MUSIC

**THE CLAZE**  
As heard on BBC radio

Sunday 9th July  
3:00 till 5:00

**SUNDAY ROAST**

SIRLOIN OF BEEF  
TURKEY BREAST  
with all the trimmings

Vegetarian option always  
available

**LUNCH**  
**Now**

WEDNESDAY / SUNDAY

**DINNER**  
7 NIGHTS

SUNDAY  
30th July

Food all Day  
**SUNDAY SESSIONS**  
**LIVE MUSIC**

2:00pm till 5:00pm

**QUIZ NIGHT**

SUNDAY 30th 8:00pm  
All welcome

This month for  
**Search & Rescue**

**Off Licence take out beer & wine**

## "SUMMER at the Lion"

Red Lion Inn St Kew Highway PL30 3DN

[www.redlionstkew.com](http://www.redlionstkew.com)



**ST KEW HIGHWAY  
METHODIST CHURCH**

Services held in the Community Hall at 9.30am.

**July**

2<sup>nd</sup> Rev Peter Smith  
9<sup>th</sup> Church Fellowship  
16<sup>th</sup> Rev John Harrod  
23<sup>rd</sup> Rod Harrison  
30<sup>th</sup> Rev Peter Smith

**August**

6<sup>th</sup> Anita Baker  
13<sup>th</sup> Rev John Harrod  
20<sup>th</sup> Rev Sally Long  
27<sup>th</sup> Rev M White

**Wadebridge Christian Centre**

Molesworth Street, Wadebridge. Tel 01208 813110, [www.wadebridgechristiancentre.org](http://www.wadebridgechristiancentre.org)  
We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

**Catholic Church Services**

**Wadebridge**

St Michael's Church  
Tel:01208 72833  
Mass Sundays 8.30am  
Confessions  
Friday 10.30-11.00am

**Tintagel**

St Paul The Apostle  
Tel:01840 770663  
Mass Mon-Thur 10am  
Fri & Sat 6pm  
Sunday 10.00am  
Confessions:  
Before/after Mass.  
Other times on request.

**Extraordinary Time**

Just as the world is beginning to look forward to the delights of summer (weather permitting), long evenings, Wimbledon Tennis, cricket, summer holidays the church begins what is known as Ordinary Time. From Christmas through to Whitsun the church maintains a pattern of worship closely mirroring the course of Our Lord's life on earth, from his birth to his passion, death and resurrection on Easter Day. It then continues to recall Christ's resurrection appearances until the moment when he returned to his Father in heaven and the coming of the Holy Spirit on his followers at Pentecost or Whitsun, this year celebrated on June 4th.

This glorious succession of festivals and commemorations is then followed by a long sequence of Sundays after Trinity stretching into the autumn, called Ordinary Time. This sounds rather dull as though we could now afford to sit back for a bit. But the term is misleading. The truth of the Gospel is that the incarnation of Our Lord, God's coming

**St James the  
Great at St Kew**



**July**

Wednesday 5<sup>th</sup> 7.30 pm. Healing Service. Preb Judith Pollinger.  
Saturday 8<sup>th</sup> 12.30 pm. Wedding, Rachel Symons and Samuel Bishop. Rev'd Dr Elizabeth Wild.  
Sunday 9<sup>th</sup> 9.30 am. All Age Worship. (Trinity 4)  
Sunday 16<sup>th</sup> 9.30 am. Holy Communion, Rev'd Dr Elizabeth Wild. (Trinity 5)  
Thursday 20<sup>th</sup> 9.30 – 11.30am. Assisted Ministry Development presentation to Bishop Tim at St Minver.  
Saturday 22<sup>nd</sup> 2.00 pm. St James Fete at Trescobel.  
Thursday 25<sup>th</sup> Feast Day of St James the Great.  
Sunday 23<sup>rd</sup> 9.30 am. All Age Worship. (Trinity 6)  
Sunday 30<sup>th</sup> 9.30 am. Holy Communion, Preb Judith Pollinger. (Trinity 7)

**August**

Sunday 6<sup>th</sup> 9.30 am. Holy Communion, Rev'd Dr (Transfiguration) Elizabeth Wild.  
Sunday 13<sup>th</sup> 9.30 am. All Age Worship.  
Sunday 20<sup>th</sup> 9.30 am. Holy Communion, Preb Judith Pollinger.  
Sunday 27<sup>th</sup> 9.30 am. All Age Worship

**September**

Sunday 3<sup>rd</sup> 9.30 am. Holy Communion, Rev'd Dr Elizabeth Wild.

among us, changes everything. In a sense nothing can ever be ordinary again. For those who make the commitment to Christ which is made for us in our baptism and confirmed at our confirmation the ordinary is transformed by God's grace.

We are immediately reminded of this by the fact that the Thursday after Trinity Sunday, this year on June 15<sup>th</sup>, is kept as the feast of Corpus Christi, the feast of thanksgiving for Holy Communion. As we continue to reflect upon the gift of the Holy Spirit to the church, and therefore to each one of us, we renew our commitment to the gospel and to one another as we go out into the world in fulfilment of Christ's words in our gospel "to make disciples of all nations". But in doing this we are not alone, for "remember, I am with you always, to the end of the age". Christ comes to us in the bread and wine of the eucharist not merely for our own comfort but to strengthen our hands for his work.

*Andrew Lewis*



Site: - Trelill Road, St Kew Highway, Bodmin, Cornwall, PL30 3DP

Managing Trustees : *Chairman: Robert W Knight, Treasurer: David Edwards, Philip Scott, Jacqui White, Robert Eggins, Trevor Wellington, Jeanette Rowe, Jeremy Chancellor, Youth Rep Ryan Rowe & Gerry McGowan*

St. Kew Playing Field Trust – Charity Registered Number: 1103642 Polrode Mill Cottage, St Tudy, Cornwall PL30 3NS

## A new addition to the playing field pavilion

Wendy and Steve Randall of the Red Lion kindly donated a large clock for the pavilion which looks brilliant.

The picture shows Wendy Randall with Jeanette Rowe and Jeremy Chancellor with the recently installed clock.



## Puzzle page solutions

7	6	5	3	2	1	4	9	8
9	3	1	8	4	5	2	6	7
2	4	8	6	9	7	1	5	3
6	9	2	1	8	4	7	3	5
5	1	7	9	3	6	8	2	4
4	8	3	7	5	2	6	1	9
1	7	9	5	6	8	3	4	2
8	5	4	2	1	3	9	7	6
3	2	6	4	7	9	5	8	1

U  
K  
O  
D  
S

ciné, coin, cone, conger, corn, co-  
sine, cringe, crone, econ, encore,  
gene, generic, generics, genie,  
genre, gone, green, grin, groin,  
icon, ignore, iron, nice, niece,  
noise, nose, nosier, once, RECOG-  
NISE, region, reign, rein, resign,  
resin, ring, rinse, risen,  
scene, score, scoring, scorn, screen,  
seeing, seen, senior, sign, since,  
sincere, sine, sing, singer,  
siren, sneer, snog, snore, song,  
sonic.

**Nonogram**

D	E	E	D	E	H
C	A	R	P	E	T
T	B	R	Y	U	E
A	D	I	E	U	G
W	F	J	O	O	T
K	S	I	O	T	E
S	L	U	M	C	H
I	O	P	T	I	F
L	U	L	L	A	B
E	A	R	M	E	I
B	R	E	A	T	H
O	Z	S	P	Q	W

**Codeword**

### Tesco Collection

On average, our Foodbanks provide 1,600 meals per week to people in need in our community. During the last financial year we received a fantastic 460 shopping trolleys worth of food (that's a staggering 23 tonnes) however we gave out 26 tonnes – the equivalent to 520 shopping trolleys.

We no longer put bags of sugar in the boxes and we have plenty of beans and custard (thanks to Ambrosia) but we urgently need many other items: particularly pasta sauce, tinned veg, biscuits and long life fruit juice.

Maintaining the required stock levels is a constant struggle and every can really does help. Our wonderful volunteers will be at the Wadebridge Tesco Store on Friday 30<sup>th</sup> June and Saturday 1<sup>st</sup> July collecting for our foodbank so please come and see us there.

### Calling all lovely Asda Shoppers

If you shop in Asda, you can now vote for the Foodbank by dropping a green token or two into our collection. Each and every penny we receive means we are able to help someone in need and provide 3 days' worth of nutritionally balanced meals. A crisis

can happen to anyone, sudden illness or redundancy can leave people struggling to feed themselves and their families and you can help by choosing the Foodbank. Thank you so much to the Bodmin Asda Store for supporting our charity.

### More than food

A SMART Tenants Money Box Course is for anyone local, who is a tenant and could do with help to budget and manage their finances. It will also help to build confidence and self esteem and move towards further training, volunteering and employment. We are working with support from the European Social Fund, and trainers from Eccabi and Cornwall Housing. Part one is for 6 sessions, one day per week from 9.30 to 2.30 to fit in with the school term and certificates are awarded at the end. If anyone would like more details, please contact us on 01208 815374 or email [contact@wadebridgefoodbank.org](mailto:contact@wadebridgefoodbank.org)

Wadebridge Foodbank, Unit 2 Trevanson Street,  
Wadebridge PL27 7AR  
Registered Charity No. 1166301

## Tea in the garden



Saturday 29<sup>th</sup> July 2017

2.30pm – 4.30pm

Treskillig, Trelill Road, St Kew Highway

St Kew WI



**St KEW GARDEN  
ASSOCIATION**

### Important Message

The email address and telephone number shown on the entry form on the back of the

Annual Show Schedule are incorrect. They should read as follows:

**Phone number: 01208 841058**

**email: [welshdaisy1@hotmail.co.uk](mailto:welshdaisy1@hotmail.co.uk)**

Apologies!

## The Regal in Wadebridge

Tel: 01208 812791

12/17



### FILMS

#### July

(June 30<sup>th</sup> 7<sup>th</sup> 14<sup>th</sup> 21<sup>st</sup> 28<sup>th</sup>)  
Despicable Me 3 - 2D  
Spider-Man: Homecoming - 3D  
Cars 3  
War for the Planet of the Apes - 3D  
Dunkirk  
Captain Underpants - 3D

#### August

4<sup>th</sup> 11<sup>th</sup> 18<sup>th</sup>  
The Emoji Movie: Express Yourself - 3D  
Annabelle: Creation  
The Dark Tower  
The Nut Job 2: Nutty by Nature

Please check our website for the next Autism friendly screening - watch newly released films with friends and family in an inclusive environment.

### LIVE SCREENINGS

#### July

Thurs 20<sup>th</sup> Angels in America, Part 1: Millennium Approaches, NT Live 7.00pm  
Sat 20<sup>th</sup> Andre Rieu's 2017 Maastricht Concert, 7.00pm  
Thurs 27<sup>th</sup> Angels in America, Part 2: Perestroika, NT, live 7.00pm

#### August

Weds 9<sup>th</sup> Titus Andronicus, RSC, Live 7.00pm  
Thurs 31<sup>st</sup> Yerma, NT, Live 7.00pm

**Don't forget to book online or contact the cinema**

Please ring or check our website for more details  
[www.wtwcinemas.co.uk](http://www.wtwcinemas.co.uk)

### News from the St Kew Parish Hall

Our next fund raiser is a quiz and curry night on 23rd September 2017 starting at 7.30pm.

We hope you can join us.

*Kathy*

To book the hall, please contact Joanna Pratt on 01208 841420

### Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 3rd, 17th & 31st July, 14th and 21st August.

## ST KEW HIGHWAY COMMUNITY HALL

### ONGOING EVENTS

(Registered Charity No 294140)

<b>Sun:</b>	Methodist Church Service	Marion Dingle	01208 841388
<b>Mon:</b>	Yoga 10.30am	Fiona Crompton	01208 851735
	Pilates 2.30pm - 5.15pm	Martin Brooks	07812 959 879
<b>Tues:</b>	Allen Valley Singers 7.15pm - 9pm	Janette Man	01208 841784
	Pilates 1.15pm-2.30pm	Martin Brooks	07812 959 879
<b>Wed:</b>	1st, 3rd and 5th in month -		
	West Country Embroiderers 10am - 3pm	Pat Scarborough	01841 521323
	1st in month - St Kew Playing Field Trust		7.00pm
	2nd in month - St Kew WI	7pm	Becky Allen 01208 841798
	3rd in month- Gardening Association	7.30pm	Richard Godden
<b>Thurs:</b>	Chair Aerobics 2pm	Pat	01208 841260

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL  
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

### CHARITY QUIZ NIGHTS IN THE COMMUNITY HALL

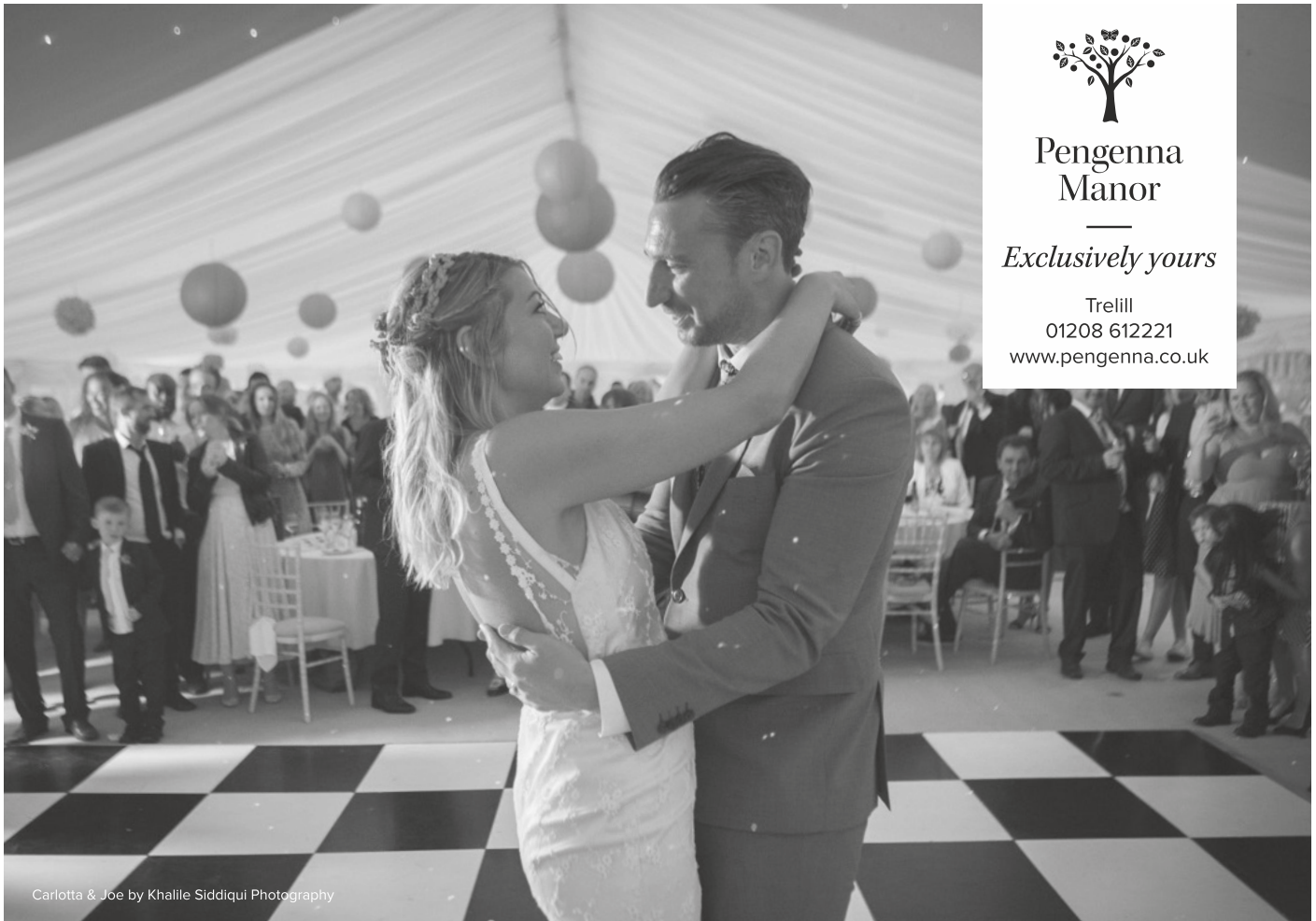
Fridays July 14th at 7.45pm

**No date set for August as  
we went to print.**

## Souper Lunch



Souper lunches will resume in September. Watch this space.....



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Carlotta & Joe by Khalile Siddiqui Photography



## **St Kew Inn**

*A beautiful 15th Century Inn, bursting with character.  
We serve delicious home made food using the best local produce.  
You will always find a friendly welcome in this traditional local "pub".*

**St Kew Inn, Churchtown, St Kew, Wadebridge. tel: 01208 841259 email: [stkewinn@btconnect.com](mailto:stkewinn@btconnect.com)**

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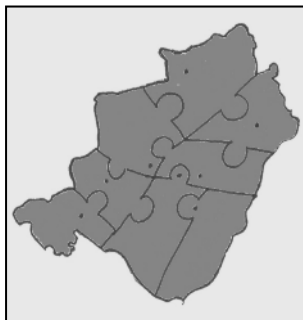
Visit online: [www.sproulllp.co.uk](http://www.sproulllp.co.uk)

Email: [reception@sproulllp.co.uk](mailto:reception@sproulllp.co.uk)

Visit at Bodmin, Camelford or Wadebridge



# Pieces of Eight



September 2017 Issue 233  
News, views and issues  
from: Chapel Amble,  
Pendoggett, St Kew, St  
Kew Highway, Trelill,  
Tregellist, Trequite,  
Trewethern



September 

Email: [stkewmag@gmail.com](mailto:stkewmag@gmail.com)



**A leap of faith.....**

*Photograph by Ed Pickard*

**Your free guide to news and events within and around St Kew Parish**

# Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January or August) covering local news, views and events in the St Kew parish area. Volunteers produce, print and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

We can post issues to households outside the parish at a cost of £10.00 per annum. There is also an on-line edition hosted by the Parish Council which can be found at [www.stkewparish.org.uk/PO8.html](http://www.stkewparish.org.uk/PO8.html). (*We are very grateful to the Parish Council for allowing us to use their site*).

## Editorial

Welcome back! We hope everyone has had a good summer break. We look forward to some lovely September days now!

According to National Geographic mass production of plastics began just six decades ago, but has now created 8.3 billion metric tons - most of it in disposable products that end up in the rubbish.

Plastic takes more than 400 years to degrade, so most of it still exists in some form. Only 12 percent has been incinerated. We only recycle 30% in Europe.

So let's try to make wise choices when shopping. Try to buy loose rather than packaged goods. Take a water bottle from home. Remember that take-away coffee cups are not usually recyclable.

And some unlikely culprits are plastic straws, toothbrushes and cotton buds. There are alternatives we could choose.

So, be wary of plastics and let's keep them out of the ocean, and off our beaches!

*Philippa*

*If you are interested in the local marine environment, the Polzeath Marine Conservation Group runs the Polzeath Marine Centre, organises regular events and beach clean-ups, and supports the Polzeath Voluntary Marine Conservation area. There's lots more information on their website. Find out more at [www.polzeathmarineconservation.com](http://www.polzeathmarineconservation.com). Dates for beach clean-ups for the rest of the year can be found on page 9.*

## Contacting the Editorial Team

We can be contacted by email at **[stkewmag@gmail.com](mailto:stkewmag@gmail.com)**. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

## Copy date for the October issue is:

***Monday 18<sup>th</sup> September***

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Could all contributors please send us your copy or advertisement as soon as possible, ideally **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Many thanks!

## Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight! This shows our advertisers that the magazine is *the* place to reach local customers.

*Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers, the management committee, who reserve the right to refuse or alter any material supplied. The magazine does not accept any responsibility for any issues arising from advertisements.*

## **Cornwall Exterior Cleaning**



### **HOMEOWNERS:-**

We are a small company specialising in all aspects of external cleaning both for domestic and commercial properties.

We can provide a wide range of cleaning which include gutters, walls, conservatories, paths and driveways.

We use gutter vacs to clear debris and our high reach poles will easily clean over Conservatories.

Our pressure washing is carried out to keep all hard surfaces both clean and safe.

Softwash cleaning is a highly effective cleaning process and is used to clean render, roofs, pebble dash, concrete and brick.

We use a high grade biocide which has long lasting results without damaging the surfaces.

In addition, all our cleaning solutions have a low environmental footprint and are user friendly.

All technicians are fully trained and have public liability insurance

### **ESTATE AGENTS:-**

First impressions can be key to successful selling and to ensure this we offer a full external house package to fit your Requirements.

### **LANDLORDS:-**

External maintenance is important to keeping your property in good repair – overflowing gutters, mouldy walls need not be a problem as we can look after your property for you.

If you feel that any of our services could be of interest to you please telephone and we would be happy to discuss your requirements.

**Mobile – 07921 957356**

**Or email:**

**[enquiries@cornwallexteriorcleaning.co.uk](mailto:enquiries@cornwallexteriorcleaning.co.uk)**

12/17



**CORNISH COOKER  
CONVERSIONS LTD**

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... ELECTRICKIT**

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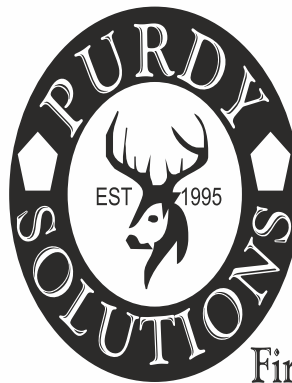
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All the news and highlights from St Kew School – but don't forget, you can keep up with all the school antics in our weekly newsletters, published on our website: [www.st-kew.cornwall.sch.uk](http://www.st-kew.cornwall.sch.uk)

**THANK YOU ST KEW: WHAT A WONDERFUL COMMUNITY YOU ARE!**

On Saturday 15<sup>th</sup> July, we held our Work Day at school where we were lucky enough to have around 30 volunteers (parents and friends of the school) to help us have a big clear up!

Being blessed with this amazing amount of help we completed all of the jobs on the list including removing block-built vegetable patches and an old pond, trimming the hedges, starting to paint the quiet garden fence, and a general tidying up of many areas of the school. All volunteers, including a selection of current and future pupils, were rewarded with bacon baps and refreshments provided by Helping Hands, our wonderful PTA and a selection of cakes just to keep the troops going! This work allowed us to plan for and begin.....

**THE EXCITING FUTURE OF ST KEW SCHOOL AND PRE-SCHOOL!**

Our brilliant outdoor school facilities are being altered to include St Kew Pre-School from October/November this year and we will be working with The Eden Project to design and develop the 'wild' area at the back of the school to enable it to be used all year round as an outdoor Pre-School facility. Across the ACE Trust, there is a widespread passion for Outdoor Learning and we will be working with the team to enhance the experiences of the children in Pre-School to incorporate the outdoor environment into their curriculum. The freedom of an outdoor learning experience, where the children will be able to explore many new learning opportunities, learn to take risks and use this unique environment to engage in a meaningful way will provide a richly resourced, natural space where children will be able to develop in all areas of learning.

We look forward to these developments and would be delighted for you to join us at this event, please see the details in the invitation below.

## New Pre-School Open Day

**FRIDAY 29TH SEPTEMBER, 10AM - 12.30PM**

---

Come along and see our new outdoor Pre-School. The space and the curriculum has been designed and developed in conjunction with the Eden Project. Find out more about what makes St Kew such a special place to learn and grow.





The summer term went really quickly with lots of fun activities outside in the sunshine. We spent time preparing our 8 children who were leaving us for school. Each and every one of them has left pre-school with independence and confidence in their next adventure. We held our end of term party with lots of fun and games, also lots of yummy food provided by parents. We also had a presentation ceremony for each child who was leaving us, it was a happy occasion as we know they will enjoy their time at school, we wish them all the very best!

It was also an occasion to say goodbye to our colleague Gemma, who has now left pre-school to pursue her next job. The children presented her with

a card they had made along with various gifts including vouchers and a planter in the shape of a tractor!! We thank Gemma for all her hard work over the years, we will all miss her!

Our toddler group has been growing from strength to strength which has been great to see.

All the staff and committee would like to thank all those who have supported us through all our fundraising events which are vitally important for the running of the pre-school.

We hope that everyone is enjoying the summer holidays, we return on Wednesday 5th September. Many exciting and positive changes will be happening for the pre-school from September, watch this space.....

We have places available at the pre-school for children aged 2-4 years. If you are interested or would like to come and look around then please contact Hayley on 01208 841821.

## **ARTS & CRAFTS CHARITY EVENING**

**At the LANARTH HOTEL, ST  
KEW HIGHWAY**

**SATURDAY 7<sup>th</sup> OCTOBER  
2017**

**Starting at 6.30pm**

In aid of St Kew Highway Football Team and Mental Health Charities.

Locally sourced, hand crafted products for sale including sculptures, photography, paintings, soft furnishings and others.

Raffle at 8.00 pm followed by  
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All welcome, see you there.

Anyone interested in a table,  
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<https://www.eventbrite.com/e/haunt-the-woods-rue-st-james-church-st-kew-tickets-36200295057>

### **The Worlds Easiest Quiz....or is it?**

1. How long did The Hundred Year's war last?
2. Which country makes Panama hats?
3. From which animal do we get cat gut?
4. In which month do the Russians celebrate the October Rising?
5. What is a camel's hair brush made of?
6. The Canary Islands are named after which animal?
7. What was King George VI's first name?
8. What colour is a purple finch?
9. Where are Chinese gooseberries from?
10. What is the colour of a black box in a commercial airplane?

Answers next time?

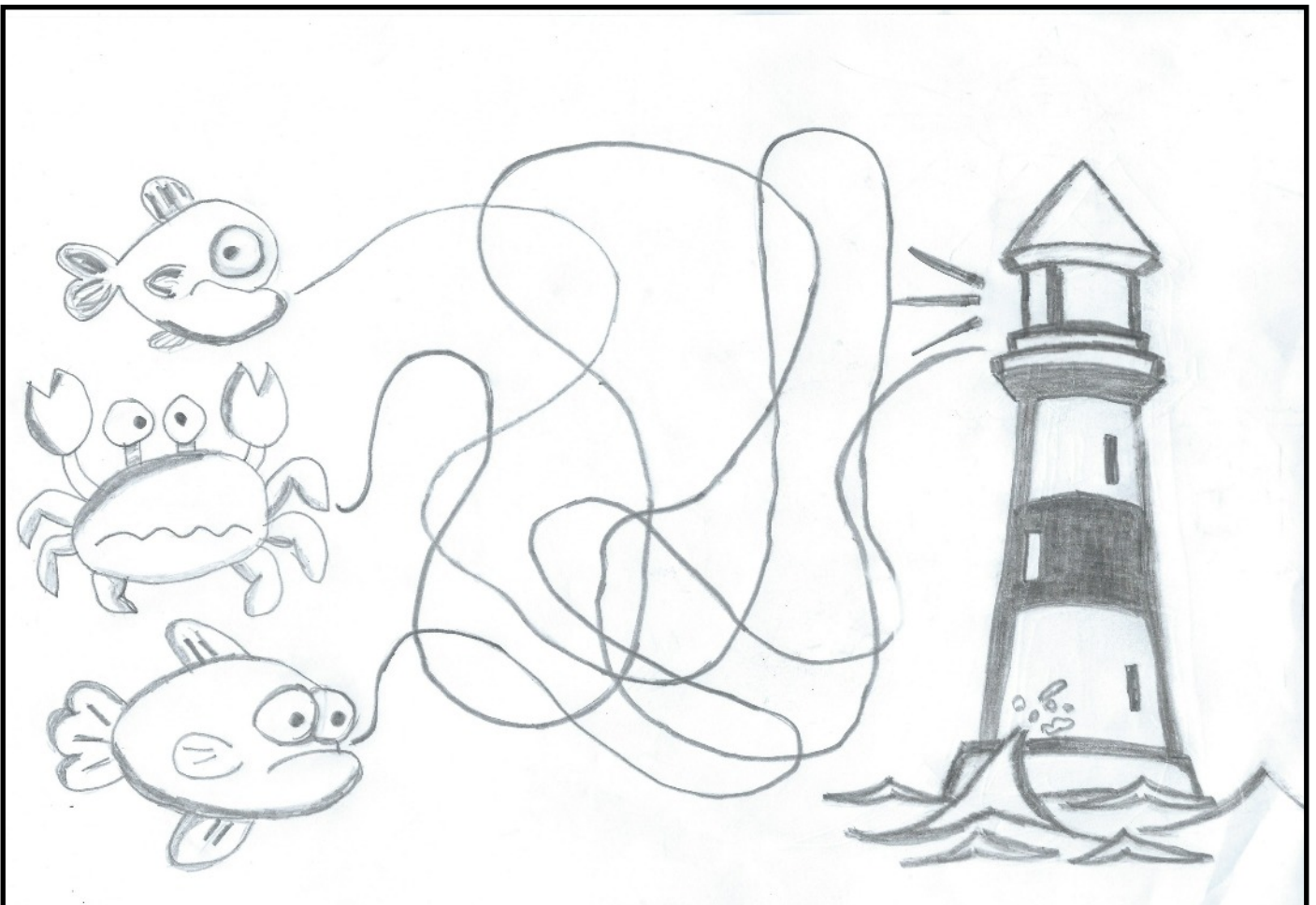
# CHILDREN'S CORNER

## ANIMAL ALPHABET

Is there an animal for each letter of the alphabet? Try and see how many you can find.

A		N	
B		O	
C		P	
D		Q	
E		R	
F		S	
G		T	
H		U	
I		V	
J		W	
K		X	
L		Y	
M		Z	

Who will reach the Lighthouse first? Find me and colour me in!



# Puzzle Page

## codeword

14	20	24	11	25	6	3	4		23	6	3	4
	18		25		19		9		9		14	
	8	18	26	6	21		19	9	25	22	10	
	26		6				1		24		20	
3	4	6	4		10	6	9	18	4	26	19	13
			6		9		4				9	
12	9	18	18	6	24		26	15	2	9	18	4
	14			5		16		9				
8	9	22	25	6	4	4	6		14	20	9	17
	5		18		20			1			16	
	6	19	8	20	12		22	19	9	7	6	
	15		9		6		26		22		18	
14	13	9	24		19	26	8	18	6	4	4	20

A  
B  
C  
D  
E  
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G  
H  
I  
J  
K  
L  
M  
N  
O  
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R  
S  
T  
U  
V  
W  
X  
Y  
Z

		2	6			1		
					3			5
	4			9				7
	8		4					6
	9		2	7				3
	1		5					8
3				8				1
7			9					
		1			6	9		

## nonogram

R	O	V
A	N	E
I	R	C

How many words of 4 letters or more can you find? You must use the centre letter in each word.

No plurals or proper nouns are allowed. There are 47 listed in the solution which includes **1 nine letter** word to find.

1	2	3	4	5	6	7	8	9	10	11	12	13
							B					
14	15	16	17	18	19	20	21	22	23	24	25	26
				R								I

## EVENTS OUTSIDE OUR PARISH

### September

- 16<sup>th</sup> Polzeath Mega Beach clean. Meet at the Polzeath Marine Centre at 3.00pm.
- 17<sup>th</sup> Mists and Mellow Fruitfulness. Baroque chamber music, St Endellion Church, 3.00pm.
- 17<sup>th</sup> Taize service by Candlelight, St Endellion Church, 6.00pm.

### October

- 5<sup>th</sup>-8<sup>th</sup> North Cornwall Book Festival. St. Endellion.
- 15<sup>th</sup> Taize service by candlelight, St Endellion Church, 6.00pm.
- 20<sup>th</sup> Polzeath Beach Clean, 9.30am on the beach
- 28<sup>th</sup> Reflective Day. 'The Image of the Unicorn in Christian spirituality', St Minver Church 10.00am - 3.00pm.

### November

- 15<sup>th</sup> Polzeath Beach Clean, 9.30am, on the beach
- 19<sup>th</sup> Taize service by candlelight, St Endellion Church, 6.00pm

### December

- 9<sup>th</sup> Reflective Day on 'Stanley Spencer' at St Endellion Church. 10.00am - 3.00pm.
- 16<sup>th</sup> Polzeath Christmas Beach Clean, 9.30am, on the beach.

For Reflective days please book by contacting [rev.judith@btinternet.com](mailto:rev.judith@btinternet.com) or 01208 880181.

For more details please go to the following websites:  
 Concerts: [endellionta.org.uk](http://endellionta.org.uk).  
 Book Festival: [ncornbookfest.org](http://ncornbookfest.org).  
 Beach Clean: [polzeathmarineconservation.com](http://polzeathmarineconservation.com).

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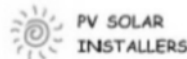
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<http://www.concernwadebridge.org.uk/the-john-betjeman-centre>.

If you would like to join in, or just come and have a look, please contact Peter Fordham by telephone on 01872 279792.

*U3A (The University of the Third Age), is an international movement whose aims are the education and stimulation of mainly retired members of the community—those in their third 'age' of life. Charity number 288007*

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### Fishing Lesson

We clocked up our early years down by the jetties,  
watched the big clay-boats dock and load,  
dressing us up in coats of white dust,  
we were prepped like surgeons and sci-fi lab techs,

Dan-dared to operate on a bright shiny future  
that glimmered just out of reach.  
But we couldn't care less about forensic scalpels;  
tomorrow could wait – we fished for Now!

Ignoring the tiddlers that skittered through weeds,  
we peered for the outline surface-break,  
calculated the tidal push, hooked  
on the one that must not get away.

On reflection, by the banks of that river  
so much slipped our grasp and got away,  
and how we were scattered with the sudden evening rain,  
each hurrying home down green-lanes in the dark.

And now I'm angling with bated breath,  
to cast and re-cast, to fish for today,  
but somehow the reel has a mind of its own  
and I'm hooked line and sinker on the past.

*David Penhale  
August 2017*



## **Allen Valley Singers**

I noticed today in the newspapers that advertisements are already persuading the buying of school uniform for the Autumn term. As August has only just started, it would be nice to think that for a few weeks parents and children could withdraw from the everyday humdrum of life and could relax and enjoy some freedom without that pressure.

Having said that, I am breaking my own precept, to inform the world that the choir is returning on Tuesday, September 5<sup>th</sup>, ready for new music and revision of the known. Each month we have a social time when we practice but also incorporate a raffle, to help with our funding and, of course, the important and added pleasure of delicious cakes and tea. We are having such an evening on Tuesday 26<sup>th</sup> September. We invite all of you out there to join us for that evening to listen to our music, to partake of wonderful confectionery, and take part in the raffle.

We are incorporating a 'recruiting' ethos into the evening and would welcome all those with an interest in music and singing, to join the choir. So, listen, watch, eat, and meet us all and perhaps you too may decide to become a member of the Allen Valley Singers. Just turn up, 7.15-8.45 p.m. at the St. Kew Highway Community Hall on Tuesday 26<sup>th</sup> September.

We have our Autumn programme well on the way and we are particularly looking forward to our joint concert with Wadebridge Male Voice choir in October, details will be given nearer to the date.

If you cannot join us on that evening but would like to join our happy and successful choir, please contact our Musical Director, Janette Man, on 01208 841784. Also if you would like to book us for a concert or enhance any event by our music, also contact our MD. You would be welcome to visit us on any practice evening and have a chat to Jan and meet us, on any Tuesday.

*Joyce Hargrave-Wright (Dr.) Publicity/Reporter*

## **'KEW & A'**

### **Twenty Questions & Answers**

**This month:** Jean Plater, St Kew Highway

**Childhood Hero:** *My older sister.*

**Hobbies:** *Gardening, sudoku & puzzles.*

**Favourite Music:** *Popular classics.*

**Favourite Book:** 'Skivvy' by Margery Lawrence.

**Favourite Film:** 'Gone with the Wind'

**Favourite TV Programme:** 'Only Fool and Horses.'

**What's good about living in your village?** *Good neighbours.*

**What would you improve?** *I'd return the village shop to Meg Godfrey.*

**I'm very good at....** *Ironing shirts.*

**I'm very bad at....** *Throwing things away.*

**A phrase I use too often is....** *'I've got nothing to wear'..*

**Three people, dead or alive, I'd invite to dinner are....** *Winston Churchill, Kenneth Williams and Emmeline Pankhurst*

**I'd like to be stranded on a desert island with....** *Someone who could make a boat out of a tree trunk.*

**I'm embarrassed by....** *Giving up driving.*

**My proudest moment was....** *Getting Lawrence Llewelyn-Bowen to open the extended Community Hall.*

**The best things about Cornwall are...** *The scenery and fresh air.*

**The worst thing about Cornwall is....** *Cyclists.*

**Which of our country's laws would you change?** *Immigration.*

**An over-rated public figure is....** *Theresa May.*

**In another life I would....** *Have been a barrister.*

## Parish Council News

**Chairman:** Cllr John Lethbridge

**Clerk:** Cindy Powell, 6 Greenhill Villas  
Wadebridge PL27 6HN Tel: 01208 815591  
Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.30pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

### St Kew Parish Council Meeting held on Tuesday 8th August 2017 at 7.30 pm in the Parish Hall.

Present: Chairman J Lethbridge, councillors T Mott, A Godden, R Godden, J Rowe, J Rickard. and 22 members of the public.

The meeting opened with a presentation of this years' Parish Award to Tessa Coombs who has been Receptionist/Dispenser/Phlebotomist for the past 17 years at St Kew Highway Surgery. She was presented with a Certificate by the Chairman on behalf of the Parish, thanking her for her contribution.

The Chairman announced that with regret two councillors had resigned their position on the council. The Clerk has written letters of thanks to them both for their service. Cornwall Council has been informed and Casual Vacancy notices will be posted on the Boards.

There were several complaints regarding the shop at St Kew Highway services. The new owners are not operating the shop as a local community store, but are catering for passing trade, with a lack of basic essentials. The accumulation of products outside makes disabled access almost impossible, and the forecourt is dirty, with litter and weeds growing. The Clerk will write to the shop manager, with a copy to Euro Garages and Highways.

It was pointed out that the shop still has a Post office sign outside. Clerk to write to the Post Office to ascertain if this is going to be removed.

### Planning Applications

#### PA17/01878

Mr James Wilson, Higher Trevinnick St Kew. Construction of two new sustainable holiday let lodges. **Recommended approval**

#### PA17/07085

Mrs D Vernon, Barton Villa, Trelill Road, Trelill. Conversion of garage into Bedroom accommodation. **Recommended approval**

#### PA17/04918

Mr A McWilliams, Pennyhayle, St Kew Highway. Extension to provide additional living space with bedroom accommodation within a new roof structure incorporating balconies. Construction of a single storey garden room with a sedum flat roof. **Recommended refusal**

**Land at St Kew Highway.** An email was received asking the Parish Council to consider a possible future application for dwelling or dwellings in St Kew Highway bordering the disused railway bridge. No decision could be made until the application and plans are received, but it should be pointed out that the land is prone to flooding with surface water.

### Planning decisions by Cornwall Council

#### PA17/05226

Mr Hill, Possett Cottage, Hendra Lane, St Kew. Erection of independent double garage. **Withdrawn**

### Tessa Coombs with her Parish Award





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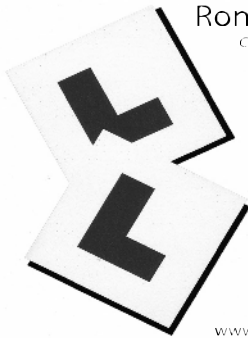
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ADI

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Office: 01208 880691

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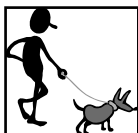
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12/17



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## Tails from Ellistee Boris



Just come home from a fantastic holiday, in a special hotel just for dogs. Excellent room service, with meals being delivered to my room, regular walks on grass, the opportunity to mix and chat with other dogs, and a lot of fuss and attention from the "maids".

Very glad, however, to be home with familiar smells and the home routine. I had a slight setback while I was away and am a bit slower than I was and sometimes get a bit disorientated, but otherwise fine. I have to persuade mistress to take me up the lane at least twice a day. I give her plenty of hints, like running backwards and forwards to the gate, but she keeps saying I must just wait. There seems to be a lot of 'must justing' in our house.

I think that mistress had a good time too. She and her friends keep laughing about her fall going into a place called Ginniss. I don't know why they find it so funny. Apparently she was supposed to fall on her way out. Doesn't make any sense to me!

Anyway, Happy tail wagging and sniffing 'til next time

*Boris*

## Roly's Purrings



Where's my lunch?

It's raining yet again. I'm fed up with this weather, but on the plus side the family are home to pander to my every need instead of being out.

I understand the middle child is camping in the mud with the Explorer Group he runs 'up country', yuck! Last month I mentioned my brother Socs, if we were outside we often worked together as a team to see off the neighbouring cats, he was bigger than me so I let him go first!

When we were called in we responded to our names but also to a whistle, or the one we usually waited for - shaking biscuits in our bowls! We were also taught to sit and put a paw up for treats. So it's not just dogs who can be taught tricks. Percy, the family guinea pig, was also taught to run in a circle especially for dandelion leaves. Personally I don't like them but they were his favourite!

Toodle pip!

*Roly*

# GILL'S RECIPE OF THE MONTH

## Apple and blackberry cobbler

Serves 6

### Ingredients

- 1kg cooking apples, peeled, cored and cut into small dice
- 200g blackberries
- 100g demerara sugar
- Icing sugar for dusting

### For the cobbler:

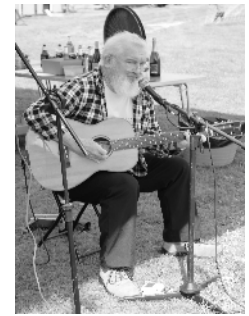
- 150g self raising flour
- 50g cold butter cubed, plus extra for greasing
- 1 egg beaten
- 50g caster sugar
- 4 tablespoons milk

You will need a 20cm round oven proof dish, greased with butter.

### Method

- Preheat the oven to 200 c
- Place the apples, blackberries and demerara sugar in the prepared dish and mix together.
- To make the cobbler, measure the flour and butter into a bowl and rub in with fingertips.
- Add the caster sugar, egg and milk to form a dough - it should be quite a soft dough.
- Spoon blobs of the cobbler mixture over the fruit
- Bake in oven for 30-35 minutes or until golden brown.
- Dust with icing sugar and serve warm with lovely clotted cream.





Site: - Trelill Road, St Kew Highway, Bodmin, Cornwall, PL30 3DP  
 Managing Trustees : *Chairman: Robert W Knight, Treasurer: David Edwards, Philip Scott, Jacqui White, Robert Eggins, Trevor Wellington, Jeanette Rowe, Jeremy Chancellor, Youth Rep Ryan Rowe & Gerry McGowan*  
 St. Kew Playing Field Trust – Charity Registered Number: 1103642 Polrode Mill Cottage, St Tudy, Cornwall PL30 3NS



This year's Family Funday and dog show was held on Sunday 30th of July, it was well attended and the weather stayed fine. A good time was had by one and all.

*Photos provided by Ryan Rowe.*

## HARBOUR SESSIONS

### WILLIAM THE CONQUEROR & ALEX HART, 30 JUNE

On Friday 30 June St James Church naturally lent itself to being the perfect venue for two of the South West's finest artists within the Americana genre, Alex Hart and William The Conqueror.

I guess something I get to see is a little more of what goes on behind the scenes and how the artists are affected by playing such a magical or even 'sacred' space like St James Church. A building where the ancient stone walls, articulately poetic stained glass windows and the beautifully carved wooden beams sing their own songs in breathtaking harmony with the voice of the artists from a very different time. A time without a desperate longing for fame, to gather thousands of likes on Facebook, or to somehow 'make it' as an artist...no this was a time where the artist's heart was devoted to their craft with the hope that what they created somehow transcended themselves.

You could see it in the sparkle in Alex's eyes and how it danced around an appreciative gaze, smiles wide and true as her soothing, angelic voice playfully enticed listeners in to her story. Perhaps it's in moments like these artists are able to reconnect with their music, their craft in its purest form, which

can so often get lost in the pressure to be known? You could hear it in the effortless tone of Ruarri's voice, skilfully woven through guitar riffs that literally made your skin tingle. William The Conqueror, who can be seen around the world playing as a 3 piece played as a duo with Ruarri keeping their soulful heart beating on the kick drum and bass player Naomi gracefully underpinning their rich sound with a velvet groove.

William The Conqueror's tag line and the name of their acclaimed new album is, 'Proud Disturber Of The Peace'...for me both Alex Hart and William The Conqueror tapped into something of the genuine artist in St James Church, perhaps capturing the spirit of those who had shaped such a captivating building...the peace was far from disturbed, but enhanced and honoured.

**The next Harbour Session is on Sat 9 September 7.00pm** and features the groundbreaking *Haunt The Woods*, fresh from incredible performances at Glastonbury, Boardmasters and festivals all over Europe.

They will be supported by Cornwall based singer-songwriter Rue who is also receiving rave reviews and is a favourite on the South West festival circuit.  
<https://www.eventbrite.com/e/haunt-the-woods-rue-st-james-church-st-kew-tickets-36200295057>

## St Kew Fete

Despite the intermittent downpours the Fete was a great success and raised £2,239.80 which will go towards paying for the church's insurance and is a very significant contribution. Barbara Gabriel and her Fete Committee would like to renew their thanks to all who helped make the afternoon such a success whether they were running a stall, organising a game, providing a fantastic tea or helping to set up and clear away. In true Cornish spirit no one let the weather get them down, the atmosphere was great and everyone had a very happy afternoon.

*Elizabeth Aziz opening the Fete, with Rebecca Parnell presenting a posy.*



*Punch and Judy by Teddy and Marcy Bourne*

## St Kew Nature Club dates September

3 <sup>rd</sup>	14.00-16.00	Identifying and photographing wild flowers
10 <sup>th</sup>	14.00-16.00	Wildlife photography
16 <sup>th</sup>	21.00-23.00	Moth trapping & bat detecting

I look forward to seeing many of you at the events this year. I regret that you will be unable to park on the village common in future, so please find a parking place on the road that doesn't inconvenience neighbours or passing traffic.



## St Kew Annual Garden Show

Entries must be in by the Wednesday before the show

At the Parish hall in St Kew on Saturday the 2<sup>nd</sup> of September 2017

Displays of Flowers, Vegetables, Handcrafts, Produce Cookery and Children's classes

**FREE ENTRY**

Raffle

Show opens at 4.00 PM

Prize giving and raffle at 5.00 PM

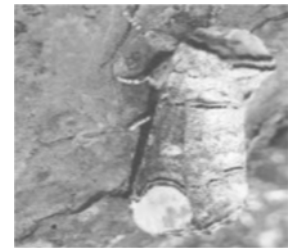


## St Kew Nature Club dates September

Groups are limited to 15, people, so please reserve your places early.

Please contact Trevor Renals for further details at [stkewnature@gmail.com](mailto:stkewnature@gmail.com), or call on 01208 880893

### A Buff -tip moth



## Puzzle page solutions

8	2	1	3	5	6	9	7	4
7	6	4	9	1	2	8	5	3
3	5	9	7	8	4	2	1	6
4	1	3	5	6	9	7	8	2
6	9	5	2	7	8	4	3	1
2	8	7	4	3	1	5	6	9
1	4	6	8	9	5	3	2	7
9	7	8	1	2	3	6	4	5
5	3	2	6	4	7	1	9	8



acne, acorn, cairn, cane, caner, canoe, CARNIVORE, carrion, carven, cavern, coin, colner, cone, corn, cornea, corner, coven, crane, crone, earn, icon, iron, ironer, nacre, naive, nave, near, nice, nicer, novice, ocean, once, oven, overran, ovine, rain, raven, ravine, rein, reran, riven, roan, vain, vainer, vane, vein, vine,

**Nogram**

O	T	B	L	N	A	C
R	G	I	E	A	M	
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Y	R	H	E	T	S	
O	N	K	E		I	
H	L	F	B	R	I	
C	A	L	R	U		
T	J	E	S	T	C	

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### 2017 COACH EXCURSIONS

15<sup>th</sup> - 17<sup>th</sup> SEP - BLENHEIM HORSE TRIALS  
21<sup>st</sup> - 24<sup>th</sup> SEP - DERBYSHIRE, PEAKS & DALES  
22<sup>nd</sup> OCT - HALLOWEEN @ MORWELLHAM  
4<sup>th</sup> NOV - BRIDGWATER CARNIVAL  
24<sup>th</sup> - 27<sup>th</sup> NOV - TURKEY & TINSEL IN PORTHCAWL  
21<sup>st</sup> - 24<sup>th</sup> SEP - DERBYSHIRE, PEAKS & DALES  
22<sup>nd</sup> OCT - HALLOWEEN @ MORWELLHAM

25<sup>th</sup> NOV - CLARKS VILLAGE CHRISTMAS SHOPPER  
9<sup>th</sup> DEC - BATH CHRISTMAS MARKET  
17<sup>th</sup> DEC - MOUSEHOLE CHRISTMAS LIGHTS  
17<sup>th</sup> DEC - OLYMPIA

2018

5<sup>th</sup> JAN - PETER PAN, THEATRE ROYAL, PLYMOUTH

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*Our Quality Pub Food*

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## Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



Martin Brooks - 07812 959 879  
martin@northcornwallpilates.co.uk  
www.northcornwallpilates.co.uk

12/17

# Western Supply



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12/17

## ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

September - October 1917

### From the Parish Magazine

*"British Red Cross – 'Our Flag Day' – A sale of flags will take place early in October. Each house will be canvassed, when it is hoped and expected all will make a small purchase, and in this way help this most splendid society, which is doing so much to relieve our suffering soldiers."*

### Western Front

"The mud at Passchendaele was so bad that if you fell off a duckboard you were done for." – a quote from the battlefield. A story going around at the time was about a chap who stooped down to pick up



an Australian hat he had spotted in the mud and wanted as a souvenir – only to find it was still attached to someone's head. He could see two eyes just peering at him out of the sludge and as he dragged the man out by his armpits, turned to him to say: "Steady does it Tommy – I'm on a horse!"

Politicians were appalled at what they saw as an increasingly unnecessary loss of life. General Haig insisted that the attack should continue. A change in tactics in the battles of Polygon Wood in September and Broodseinde in October meant ground was captured and the Germans retreated, mainly due to good observation work by the Royal Flying Corps and the quick response of the artillery.

### Death of Private Howard Hill.

17195 Private Howard Hill of the 2<sup>nd</sup> battalion of the Duke of Cornwall's Light Infantry died on 27 September 1917 aged 21. Although not mentioned on our parish war memorial because he was living at Grampound Road, Bodmin at the time of his death, he was born at St Kew. He is remembered on the Thiepval Memorial, Somme, France.

His father was Arthur, born at St Kew, and his mother Lena, born at Torpoint. Their children - William, Harry and Percy - were all born at St Kew.

The family lived at Amble and worked at Penpont Farm.

### THE POP-UP CINEMA AT PENGENNA RETURNS... WITH DIRTY DANCING! Wednesday 13th September 2017.

Join us for a fun-filled evening with music from the film, wood-fired pizza, ice cream cocktails, and an all American s'mores bar experience and get your 80's groove on!

**SYNOPSIS:** A teenage girl learns about love, adult responsibility, and how to do The Dirty Boogie in this romantic drama. In 1963, "Baby" Houseman (Jennifer Grey) is a 17-year-old spending the summer with her family at a resort hotel where she meets handsome Johnny Castle (Patrick Swayze), a dancer in the resort's floor show, and falls head over heels in love. When Johnny's dance partner Penny (Cynthia Rhodes), finds herself pregnant, Baby volunteers to learn her steps and take her place; however her father, Dr. Jake Houseman (Jerry Orbach), will have none of it. Dirty Dancing was a surprise box-office hit, and the soundtrack album was an even bigger success, spawning several hit singles and inspiring a top-drawing concert tour.

*Don't forget! This is an outdoor film performance so come prepared for all weathers - bring sunscreen, waterproof jackets (sorry, no umbrellas as they block the view for*

*others), warm clothing and a torch to find your way back to the car afterwards. Your ticket buys you a space on the lawn to watch the show so bring a chair or rug to sit on (chairs can be hired from us for £1) and you're very welcome to bring your own food and drinks (including alcoholic ones) as well as buying from our suppliers.*

**THE PERFORMANCE WILL GO AHEAD IN ALL WEATHERS UNLESS IT BECOMES UNSAFE TO DO SO.**



### The Historical Society

The Historical Society Committee Meeting will be on 14 September. The next open evening/talk will be on 12th October, guest availability permitting.

### All talks at St Kew Parish Hall, 7.30 pm.

All welcome. Members free of charge, guests £3.00 per person. All funds to preserve the future of our History Society and important historical items of St Kew.

Thanks to all

John Raybould, secretary.



## ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

### September

- 3<sup>rd</sup> Church Fellowship
- 10<sup>th</sup> Harvest Festival 4pm, Rev Sally Long
- 17<sup>th</sup> No Service, service at Rock
- 24<sup>th</sup> Rev M White

### Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,  
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

### Catholic Church Services

#### Wadebridge

St Michael's Church  
Tel:01208 72833  
Mass Sundays 8.30am  
Confessions  
Friday 10.30-11.00am

#### Tintagel

St Paul The Apostle  
Tel:01840 770663  
Mass Mon-Thur 10am  
Fri & Sat 6pm  
Sunday 10.00am  
Confessions:  
Before/after Mass.  
Other times on request.

## St James the Great at St Kew



### Calendar for September

The Church has set aside the period 1<sup>st</sup> September to 4<sup>th</sup> October as Creationtide and is dedicated to God as Creator and Sustainer of all life.

- Sunday 3<sup>rd</sup> 9.30am, Holy Communion, Rev'd Dr Elizabeth Wild.
- Sunday 10<sup>th</sup> 9.30am, All Age Worship with Rob Soley.
- Saturday 16<sup>th</sup> 12.30pm, Wedding. Emma Phillips and Carl McIlroy, with Rev'd Dr Elizabeth Wild.
- Sunday 14<sup>th</sup> 9.30am, Holy Communion, Rev'd Dr Elizabeth Wild.
- Saturday 23<sup>rd</sup> 2.00pm, Wedding. Katy Cleave and Jack Greenhalgh, with Rev'd Dr Elizabeth Wild.
- Sunday 24<sup>th</sup> 9.30am, All Age Worship, with Rob Soley.
- Saturday 30<sup>th</sup> 3.00pm, Wedding. Millie Kerr and Andy Cameron, with Preb Judith Pollinger.

### October

- Sunday 1<sup>st</sup> 9.30am, Holy Communion, Preb Judith Pollinger.  
6.00pm, Harvest Festival, with Geraldine Ashton and David Foster.
- Sunday 8<sup>th</sup> 9.30am, All Age Worship, with Rob Soley.

### Thought for the Day

The new school year in September was always full of promise with shiny black shoes and no holes in my charcoal trousers. The pencils were long and not bitten at the top, and my rubber and sharpener hadn't been lost yet. I loved the smell of the new exercise book with its pristine pages heralding a year of potential and hope. Having spent my seven years of primary school in five different schools, a new year meant new classmates as well as a new teacher.

By the end of September my shoes will be scuffed, my trousers will have a glue mark or two, the top of my pencil will have been gnawed away, I'm constantly asking to borrow someone's rubber or sharpener and as for my exercise books all I can say is that being left handed and dyslexic is going to leave its mark.

As a parent, it's my child's exercise book that I cherish with their developing hand-writing, their at-

tempts to make sense of the world, and their self-expression in story and in arts. It has their hard work and finger marks all the way through.

Harvest is a time of celebration and thankfulness of the hard work, toil, sweat, blood and tears of the past season that will sustain us through the winter months and to keep us in hope that spring-time will return once again.

Can we imagine that God holds our past life errors and all, as a loving parent does or are we imagining that God has a giant pen ready to judge, correct and comment on every move we make in the future?

For me harvest reminds us to both treasure our past and to value our future as divine gifts.

*Marcus Jones*

*Children and family worker  
North Cornwall Cluster of Churches*

### Asda Green Tokens

You can still vote for our Foodbank using your green tokens when you shop in Asda, Bodmin. We're doing well and really appreciate your support. Please keep on voting for us throughout September. Each and every penny we receive means we are able to help someone in need and provide 3 days' worth of nutritionally balanced meals. A crisis can happen to anyone, sudden illness or redundancy can leave people struggling to feed themselves and their families and you can help by choosing the Foodbank. Thank you so much to the Bodmin Asda Store for supporting our charity.



### Visit from the children at Hawksfield Nursery

This month we had a visit from the children and staff from Hawksfield Nursery who donated to our Foodbank. Thank you so much to all the parents who gave so generously.

### For Sale or Rent?

We are looking for premises so that we can hang our StoreHouse sign above a shop and offer second hand furniture & household goods once again. We receive a number of phone calls each week from people in desperate need of everyday items. Can you help? If you know

anywhere we can call home again or have any secure dry storage space please do let us know.



### Donation from Doc Martin

We are so grateful to have the support from the public and local businesses. This month we received a generous donation from the Production Team at Doc Martin.

### Are you ready for Universal Credit – it may affect you. Come along to our FREE Moneybox Course for advice and support.

As part of the European Social Fund, we are working with Eccabi and Cornwall Housing to run a SMART Tenants MoneyBox Course. This is a course for anyone who is a tenant, unemployed aged 16-64. It will help people to budget, build their confidence and manage their finances and find out how Universal Credit will affect them. Courses are for 6 sessions, one day per week from 9.30 to 2.30 to fit in with the school term. If anyone would like more details, please contact us on 01208 815374 or email [contact@wadebridgefoodbank.org](mailto:contact@wadebridgefoodbank.org)

It's a great way to learn in a relaxed environment and the next course starts in the Chestnuts Centre, Bodmin on Friday 15<sup>th</sup> September.

**Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374**

**Registered Charity No. 1166301**

**Email: [contact@wadebridgefoodbank.org](mailto:contact@wadebridgefoodbank.org) Website: [www.wadebridgefoodbank.org](http://www.wadebridgefoodbank.org)**



On 29th July, a very wet miserable afternoon, people gathered for our fundraising "Tea in the Garden" to raise funds for the Grenfell Tower Tragedy. A total of £240 was raised and forwarded on. In addition, the sampler from part of our display from the Royal Cornwall Show (*see photo*) is being raffled throughout the autumn to raise additional funds for this. Tickets are just £1 each - speak to a WI member or come along when we are holding an evening or event.

Last week a few ladies went on a walk on the night that it should have been our meeting. It was very sociable and they walked 'around the block' from the hall. Glorious sunshine but a little breezy. In September we are meeting on Wednesday 13th at the Community Hall at 7pm, Mr Geoff Provis will be talking about The Fishermen of Port Isaac. It should

be really interesting and so we look forward to anyone coming along to listen.

For any more information please call 01208 84179, email [stkewwi@gmail.com](mailto:stkewwi@gmail.com), or message us on our Facebook page.

Alison



### St KEW GARDEN ASSOCIATION

**Phone number: 01208 841058**

**email: [welshdaisy1@hotmail.co.uk](mailto:welshdaisy1@hotmail.co.uk)**

Apologies!

*See page 19 for details of the Annual Show.*

### Important Message!

The email address and telephone number shown on the entry form on the back of the Annual Show Schedule are incorrect. They should read as follows:

September 2017

# Red Lion

What's happening at the Lion this September ?

## OPEN MIC

WEDNESDAY 6th  
September  
8:00pm  
ALL WELCOME

## LIVE MUSIC

**SEA CHANGE**  
Straight from  
Wadebridge folk festival  
Sunday 10th September  
3:00pm till 5:00pm

## SUNDAY ROAST

SIRLOIN OF BEEF  
TURKEY BREAST  
with all the trimmings

Vegetarian option always  
available

## LUNCH

**Now**

WEDNESDAY / SUNDAY

## DINNER

7 NIGHTS

## SUNDAY

24th September  
Food all Day  
**SUNDAY SESSIONS**  
**LIVE MUSIC**  
3:00pm till 5:00pm

## QUIZ NIGHT

SUNDAY 24th  
8:00pm  
All welcome

## NEW WALLED GARDEN

COME AND LOUNGE AROUND ITS A SUN CATCHER

# "SUMMER at the Lion"

Red Lion Inn St Kew Highway PL30 3DN

[www.redlionstkew.com](http://www.redlionstkew.com)

## Events Diary - September

2 <sup>nd</sup>	St Kew Annual Garden Show	4.00pm
3 <sup>rd</sup>	Nature Club - Identifying and photographing wild flowers.	2.00-4.00pm
6 <sup>th</sup>	Bellringing practice	7.30-9.00pm
	Open Mic at the Red Lion	8.00pm
7 <sup>th</sup>	Chair aerobics, Community Hall	2.00pm
8 <sup>th</sup>	Charity Quiz, Community Hall	7.45pm
9 <sup>th</sup>	Harbour Sessions, St James	7.00pm
10 <sup>th</sup>	Nature Club, Wildlife photography 'Sea Change' at the Red Lion	2.00-4.00pm 3.00pm
13 <sup>th</sup>	Pop-up cinema - 'Dirty Dancing', Pengenna Manor	6.30pm (for 8.00pm)
13 <sup>th</sup>	Bellringing practice	7.30-9.00pm
14 <sup>th</sup>	Chair aerobics, Community Hall	2.00pm
16 <sup>th</sup>	Nature Club - Moth trapping and Bat Detecting	9.00-11.00pm
<b>18<sup>th</sup></b>	<b>*** Copy date for the October issue ***</b>	
20 <sup>th</sup>	Bellringing practice	7.30-9.00pm
21 <sup>st</sup>	Chair aerobics, Community Hall	2.00pm
22 <sup>nd</sup>	Souper Lunch, Community Hall	12.30pm
	Charity Quiz, Community Hall	7.45pm
24 <sup>th</sup>	Quiz at the Red Lion	8.00pm
27 <sup>th</sup>	Bellringing practice	7.30-9.00pm
28 <sup>th</sup>	Chair aerobics, Community Hall	2.00pm

### News from the St Kew Parish Hall

After more than forty years, the pre-school are leaving the Parish Hall and moving to the school. This means that the hall will be available during the day from the beginning of October, and also more easily used in the evening. If you can use this well equipped space, please contact our booking secretary, Joanna on 01208 841420.

Our next fundraiser is the quiz and curry night on 23<sup>rd</sup> September at 7.30pm. Bookings for this event should be made via Joanna.

Kathy

## ST KEW HIGHWAY COMMUNITY HALL

### ONGOING EVENTS

(Registered Charity No 294140)

<b>Sun:</b>	Methodist Church Service	Marion Dingle	01208 841388
<b>Mon:</b>	Yoga 10.30am	Fiona Crompton	01208 851735
	Pilates 2.30pm - 5.15pm	Martin Brooks	07812 959 879
<b>Tues:</b>	Allen Valley Singers 7.15pm - 9pm	Janette Man	01208 841784
	Pilates 1.15pm-2.30pm	Martin Brooks	07812 959 879
<b>Wed:</b>	1st, 3rd and 5th in month -		
	West Country Embroiderers 10am - 3pm	Pat Scarborough	01841 521323
	1st in month - St Kew Playing Field Trust		7.00pm
	2nd in month - St Kew WI 7pm	Becky Allen	01208 841798
	3rd in month- Gardening Association 7.30pm	Richard Godden	
<b>Thurs:</b>	Chair Aerobics 2pm	Pat	01208 841260

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL  
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

## The Regal in Wadebridge

Tel: 01208 812791



### September

8 <sup>th</sup>	American Made Logan Lucky
15 <sup>th</sup>	Victoria & Abdul (starring Judi Dench)
22 <sup>nd</sup>	The Kingsman: the Golden Circle
29 <sup>th</sup>	Goodbye Christopher Robin

*Please check our website for the next Autism friendly screening - watch newly released films with friends and family in an inclusive environment.*

### Live Screenings

31 <sup>st</sup> Aug	Yerma (NTL) 7.00pm
10 <sup>th</sup>	Jonas Kaufman, 'My Italy', 5.30pm
14 <sup>th</sup>	Carmen on the Lake, 7.00pm
20 <sup>th</sup>	The Magic Flute (ROH), 7.15pm
21 <sup>st</sup>	King Lear, Live from the Globe, 7.30pm

### Book online or contact the cinema.

Please ring or check our website for more details  
[www.wtwcinemas.co.uk](http://www.wtwcinemas.co.uk)

## Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 11<sup>th</sup> and 25<sup>th</sup> September.

**Remember that from the 11<sup>th</sup> September plastic pots, tubs and trays can be put in your red bag for recycling. Every house in our area should have had a leaflet explaining the changes.**

### CHARITY QUIZ NIGHTS IN THE COMMUNITY HALL

Fridays 8<sup>th</sup> and 22<sup>nd</sup>  
September, 7.45pm.

In aid of Cornwall  
Air Ambulance



## Souper Lunch



The next Souper lunch is  
**Friday 22<sup>nd</sup> September at  
12.30pm**

We look forward to seeing  
you all after the summer  
break.



Pengenna  
Manor

Trellill  
01208 612221  
[www.pengenna.co.uk](http://www.pengenna.co.uk)

## DIRTY DANCING

Wednesday 13th September

*Pop-up cinema returns to the Manor!  
Woodfired pizza, ice cream cocktails  
and an all-American s'mores bar.  
Food and music from 6:30pm,  
show starts 8pm once it gets dark.*

**TICKETS £15 ON THE NIGHT (£13 IN  
ADVANCE) AND MORE INFO NOW FROM  
Cornish Riviera Box Office at  
[www.crbo.co.uk](http://www.crbo.co.uk) or on 01726 879500**



## St Kew Inn

*A beautiful 15th Century Inn, bursting with character.  
We serve delicious home made food using the best local produce.  
You will always find a friendly welcome in this traditional local "pub".*

St Kew Inn, Churchtown, St Kew, Wadebridge. tel: 01208 841259 email: [stkewinn@btconnect.com](mailto:stkewinn@btconnect.com)

Life's tough sometimes



Relationship breakdowns and disputes about children or finance can be the most stressful time in your life. We are here to help, talk to Sproull.

**SPROULL**

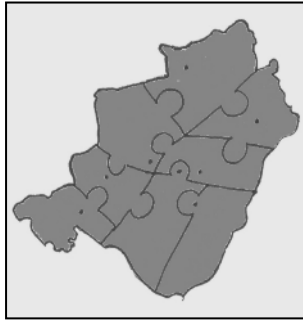
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Disputes | Family | Property | Wills

# Pieces of Eight



October 2017 Issue 234  
News, views and issues  
from: Chapel Amble,  
Pendoggett, St Kew, St  
Kew Highway, Trelill,  
Tregellist, Trequite,  
Trewethern

Email: [stkewmag@gmail.com](mailto:stkewmag@gmail.com)



**Fuchsias and orange berries of Pyracantha**  
*Photograph by David Balmford*

**Your free guide to news and events within and around St Kew Parish**

## Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January or August) covering local news, views and events in the St Kew parish area. Volunteers produce, print and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

We can post issues to households outside the parish at a cost of £10.00 per annum. There is also an on-line edition hosted by the Parish Council which can be found at [www.stkewparish.org.uk/PO8.html](http://www.stkewparish.org.uk/PO8.html). (*We are very grateful to the Parish Council for allowing us to use their site*).

### Editorial

As we enter a stormy autumn, summer's memories are already fading like bottled suntan. It's with a heavy heart that I welcome the current 'Season of floods, loud adverts and hungry chain-saws' (apologies to John Keats).

The local signs are obvious everywhere – first, giant advertising signs have sprouted along the A39 at the Highway creating a 'possible distraction to drivers'? I'm reliably informed the Parish Council 'have this one in hand'. Meanwhile, an ancient rookery is peremptorily felled in Trelights, and an old woodland habitat of mature trees is lopped down elsewhere in the parish.

Clearing ground for development happens every day in places like Rock, where it would seem planning laws don't hold: but **this** rural part of north Cornwall is **special**.

Many choose to re-settle here because of its rural wild edge, so if we are not to end up with another version of concrete suburbia, we need to fight to **safe-guard** what makes this place **unique**. We owe it to future generations. Therefore let us together all **take care of our environment** and be respectful of our neighbours - or one might just as well move up-country to places like Surbiton or even abroad: Costa del Sol anyone?

P.S. Sadly, the Spar shop continues to be without a Post Office and the owners, Euro Garages, who could help provide one, are proving hard to reach. Those who wish to persist can try [enquiries@eurogarages.com](mailto:enquiries@eurogarages.com) and/or Tel 01254-585111.

Dha weles.

David Penhale

### Contacting the Editorial Team

We can be contacted by email at [stkewmag@gmail.com](mailto:stkewmag@gmail.com). Please use this address for **ALL** correspondence, the in-box is checked regularly.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

### Copy date for the November issue is:

**Monday 16<sup>th</sup> October**

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Could all contributors please send us your copy or advertisement as soon as possible, ideally **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Many thanks!

### Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight! This shows our advertisers that the magazine is *the* place to reach local customers.

*Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers, the management committee, who reserve the right to refuse or alter any material supplied. The magazine does not accept any responsibility for any issues arising from advertisements.*

## **Cornwall Exterior Cleaning**



### **HOMEOWNERS:-**

We are a small company specialising in all aspects of external cleaning both for domestic and commercial properties.

We can provide a wide range of cleaning which include gutters, walls, conservatories, paths and driveways.

We use gutter vacs to clear debris and our high reach poles will easily clean over Conservatories.

Our pressure washing is carried out to keep all hard surfaces both clean and safe.

Softwash cleaning is a highly effective cleaning process and is used to clean render, roofs, pebble dash, concrete and brick.

We use a high grade biocide which has long lasting results without damaging the surfaces. In addition, all our cleaning solutions have a low environmental footprint and are user friendly.

All technicians are fully trained and have public liability insurance

### **ESTATE AGENTS:-**

First impressions can be key to successful selling and to ensure this we offer a full external house package to fit your Requirements.

### **LANDLORDS:-**

External maintenance is important to keeping your property in good repair – overflowing gutters, mouldy walls need not be a problem as we can look after your property for you.

If you feel that any of our services could be of interest to you please telephone and we would be happy to discuss your requirements.

**Mobile – 07921 957356**

**Or email:**

**[enquiries@cornwallexteriorcleaning.co.uk](mailto:enquiries@cornwallexteriorcleaning.co.uk)**

12/17



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**PLEASE CALL ALAN OR ELIZABETH ON 01208 812272**

**[www.ccconversions.co.uk](http://www.ccconversions.co.uk)**

12/17



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All aspects of home and garden maintenance  
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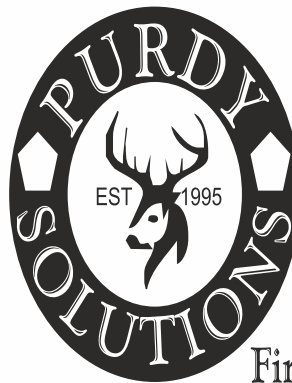
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### WE WANT TO SAY THANK YOU

On the 19th August we held a cream tea at St Kew Highway Community Hall in aid of the Sunrise Centre and Headland Unit at Treliske. With everyone's kind support we managed to raise £1,360 between the two very worthy causes. Shirley Rowe and Darren Milner presenting the cheques.



### UPHOLSTERY COURSE

We are holding another upholstery course on Sat 18th/Sun 19th November at Trewane Manor, Trelill, PL30 3HY You can either do the footstool project (just bring one metre of material – all the rest is provided) or bring along a chair you want to update.

Fun and very satisfying!  
Check out the website if you are interested [www.upholsterycoursesouthwest.com](http://www.upholsterycoursesouthwest.com) or contact [philippaharkness@me.com](mailto:philippaharkness@me.com) 01208 851 698

## Aunt Avice's Pasty Shop

REAL CORNISH PASTIES HOMEMADE EVERY DAY (except Sundays)

**FEELING HUNGRY?  
JUST CAN'T WAIT?  
COME TO AUNT AVICE'S  
THEY'RE ALWAYS FRESH BAKED!**

WE ARE AT UNIT 1, ST KEW SERVICES, ST KEW HIGHWAY. TELEPHONE ORDERS WELCOME: 01208 841895 OR 841740 (HOME)

**THESE ARE "THE REAL THING"**

12/17



St Kew Highway  
Tel: 01208 841470

12/17

## Clearview Solutions

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just call Rob to arrange a visit and no obligation quote

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St Kew 01208 841653

12/17

## YOUR AWARD WINNING LOCAL STORE !!!

We use local suppliers where possible eg.

- \*Barnecutt's fresh bread, cakes, pasties.
- \*Button's meats.
- \*Tinten potatoes.
- \*St Kew Biscuits.
- \*Trewithen Dairy products.
- \*Local Preserves & Honey.



## St Tudy Community Shop and Post Office

Monday to Friday 8am – 6pm  
Saturday 8am – 2pm  
Sunday 9am – 12 noon  
Deliveries can be arranged  
**TRY US FIRST !!!**

We stock fresh fruit and veg all delivered daily. Orders for fresh fish. Off Licence. Newspapers & Magazines Our own "brand" of dry goods as well as well known ones. We sell eggs, stamps, stationery, sweets, toiletries, coal, frozen food. **And lots more!**

12/17

All the news and highlights from St Kew School – but don't forget, you can keep up with all the school antics in our weekly newsletters, published on our website: [www.st-kew.cornwall.sch.uk](http://www.st-kew.cornwall.sch.uk)

### A FANTASTIC END OF LAST YEAR...

At the end of the last Academic Year we were even more delighted with the academic achievements of our Year 6 pupils, who are now enjoying their time at Wadebridge Secondary School! After having taken the SATs tests in May, we received the results of these in July and want to declare the wonderful results the children achieved. Children took reading, writing and maths assessments and as a whole group they achieved a 90%, 90% and 80% respectively, pass rate: smashing the national rates of 71%, 76% and 75% respectively! They truly are ACE!

### A WONDERFUL BEGINNING TO THIS ONE...

We have been delighted to welcome nine new children into their first year of school in Reception. I can report they have settled in beautifully as you can see from the smiling faces.



### AND AN INVITE TO YOU!

Our Harvest Auction and Pasty Supper is on Friday 13<sup>th</sup> October at 7pm in the school hall and we would like to extend an invite to you. If you would like to attend and bid for produce including products from our very own 'green-fingered' children, then please phone the school office or pop in and see us for more information.

RM

### HARBOUR SESSION 03 SATURDAY 21<sup>st</sup> OCTOBER JAM EXPERIMENT

Jam Experiment are a British 5-piece band that are based in London. They won the 2014 Jazz North Introduces Scheme, shortly after their debut gig supporting Liane Carroll. They have played at leading jazz festivals and venues across the UK, leaving audiences in awe. The line-up includes the winner of the inaugural BBC Young Musician Jazz Award, saxophonist Alexander Bone, trombonist Rory Ingham, Toby Comeau on piano/keyboard, Joe Lee on bass, and Jonny Mansfield on drums. Alexander Bone and trombonist Rory Ingham were both voted as runners-up in the best instrumentalist (respectively) of the year in the British Jazz Awards 2016, and both were nominated for "Rising Star" in the 2016 British Jazz Awards, with Bone crowned Rising Star.

Jam Experiment display a fresh, energetic and honest approach of original compositions and arrange-

ments. All band members write music for the band and contribute musical ideas equally, creating a beautifully varied set of music, and a very individual, cool and funky sound. This gig will be part of their 40 date UK Debut Album Launch Tour!

***"refreshing audience-friendly approach that embraces pop, jazz-funk and R&B" - Jazzwise***

***"Jam Experiment is 'feel good', accessible, intelligently crafted... and irresistible." - London Jazz News***

***"Their ability to connect with the audience was exceptional... This band are bound for great things. A joy!" - Claire Martin OBE, presenter of Jazz Line-Up on BBC Radio 3.***

## HARBOUR SESSION 02 HAUNT THE WOODS & RUE

On Saturday 9 September St James Church in St Kew Churchtown hosted the second Harbour Session featuring the mesmerising and poetic songs and soundscapes of the wonderful 4 piece band Haunt The Woods and the effortlessly soulful voice and jazz-style guitar of singer-songwriter Rue.

The concept of Harbour Sessions was dreamt up by Kris Lannen from The Grenaways with a vision to regularly showcase high quality original live music in what is the breathtaking venue of St James Church with its stunning natural acoustics, which were recognised by Port Isaac's own Fisherman's friends to record the vocals for their album 'Proper Job'. These events were given the name Harbour Sessions as they are sponsored by the local craft brewing company, Harbour Brewing Co, who provide a selection of their wide range of ales and lager, alongside cider from Haywood Cider Farm ... yes, there was a bar in the church!

It's very hard to put into words what those who attended this event experienced, it would be like trying to explain a painting like Monet's Water Lilies...all I can say is when I saw this painting in New York's MOMA I was so overwhelmed that I

literally wept because its beauty impacted me that much, to try and then describe it in words would only fall short.

Rue held the audience with a solo set of a mixture of finely crafted original songs and the odd well known cover given a quirky Rue twist...But I am sure even Rue would agree that Haunt The Woods worked with the magical setting of this ancient space to musically and harmoniously transcend time and they took us all with them. Anyway, like I said about Monet, words would only fall short, you really had to have been there to understand. It was very emotional night and one day when these guys are playing the Pyramid Stage at Glastonbury, we can say that we saw them at St James Church in St Kew.

Kris Lannen



### HARBOUR SESSIONS

**SATURDAY 21 OCTOBER 7pm**

St James the Great Church, St Kew

With local support TBC

Tickets early bird £7 through Eventbrite, £10 on the door.

[www.jamexperiment.com](http://www.jamexperiment.com)

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Facebook  
@thejamexperiment

Twitter  
@jamexperiment



children's hospice  
**SOUTH WEST**

Registered Charity No. 1003314

**Supporting  
Cornwall's Children's Hospice  
'Little Harbour'**

**STEVE'S FUN QUIZ**  
(It's different, find out why)

**SUNDAY 29TH OCTOBER**

**THE RED LION INN, ST KEW HIGHWAY**

7.30 for 8.00pm start

Only £2.00 per person

Bring a team (any number) or make up one on arrival. Raffle and 'heads or tails' for a bottle of wine.

All proceeds to Cornwall's Children's Hospice 'Little Harbour.'

To reserve a team table ring Wendy on 01208 441271. Enquiries: Bob Plater on 01208 841381.

# CHILDREN'S CORNER

Take an autumn walk and see how many of these things you can find

**A huge leaf**

Yellow?  
Red?  
Brown?



**Something smooth**



**A funny looking twig**



**A feather that a bird has left behind**



**Some juicy blackberries hiding in a bush.**



**A pine cone nestled in the leaves**



**Did you find any rubbish on your walk?**



**Could anything be recycled?**



**ARTS & CRAFTS CHARITY EVENING**  
**At the LANARTH HOTEL, ST KEW HIGHWAY**

**SATURDAY 7<sup>th</sup> OCTOBER 2017**  
**Starting at 6.30pm**

In aid of St Kew Highway Football Team and  
Mental Health Charities.  
Locally sourced hand crafted products for sale  
including sculptures, photography, paintings, soft  
furnishings and others.

Raffle at 8.00 pm followed by  
**LIVE MUSIC**  
All welcome, see you there.

**Anyone interested in a table, please  
contact Donna Hawke 01208 841678**

The Worlds Easiest Quiz answers from last month, quiz was on page 7 of September's Magazine.

- 1 116 years
- 2 Ecuador
- 3 Sheep and horses
- 4 November
- 5 Squirrel
- 6 Dogs
- 7 Albert
- 8 Crimson
- 9 New Zealand
- 10 Orange

What do you mean you failed? Me too! If you try and tell me you passed you lie!

JG

# Puzzle Page

## codeword

19		13		2			13		17		23	
7	14	1	10	20	17		17	5	16	21	7	12
26		23		10		7		7		7		23
14	25	4	10	11	7	13		16	23	4	23	20
9		20		18		3		25		23		21
25	18	10	19		24	11	25	18	23			
16		16		14		25		23		18		7
			22	7	19	21	6		1	23	19	26
7		21		13		21		8		8		10
22	1	23	19	9		7	18	15	10	11	20	16
7		26		19		19		10		16		24
17	23	2	21	25	13		14	20	25	13	9	17
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1	2	3	4	5	6	7	8	9	10	11	12	13
									O			
14	15	16	17	18	19	20	21	22	23	24	25	26
		N		D								

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U		5				2			4	
D		8	6		4		1			
O	7		9			6			8	
K										
U		2		5	1	8	4			7
			1		9		8	2		
	6		2						3	
	4					3				9

## nonogram

R	E	R
Y	M	O
P	A	T

How many words of 4 letters or more can you find? You must use the centre letter in each word.

No plurals or proper nouns are allowed. There are 48 listed in the solution which includes **1 nine letter** word to find.

## EVENTS OUTSIDE OUR PARISH

### October

- 5<sup>th</sup>-8<sup>th</sup> The 5<sup>th</sup> North Cornwall Book Festival. St Endellion.
- 5<sup>th</sup> Four Quartets with Flora Pethybridge and Ashley Ramsden. TS Elliot's masterpiece. 7.30pm.
- 6<sup>th</sup> 3 Daft Monkeys- Year of the Clown. World folk music to dance to. 7.30pm.
- 7<sup>th</sup> An evening with Liane Carroll. Best British Jazz Vocalist 2016. Performs from her new album and many other songs. 7.30pm.
- 15<sup>th</sup> Taize service by candlelight, St Endellion Church, 6.00pm.
- 20<sup>th</sup> Polzeath Beach Clean, 9.30am on the beach.
- 23<sup>rd</sup> Rock pool ramble. 1-3pm meet at the Marine Centre, PL27 6TA. More info. from 07779 896650.  
'Fake or Fortune' at Wadebridge & District Museum. 11.30-1.30pm. See advert on page 18.

25<sup>th</sup> Talk about the NT at Trevone Head. The Tube Station, Polzeath, 7.00pm, £2 for non members of the Marine centre.

28<sup>th</sup> Reflective Day. 'The Image of the Unicorn in Christian spirituality'. St Minver Church 10.00am - 3.00pm.

### November

15<sup>th</sup> Polzeath Beach Clean, 9.30am on the beach.

19<sup>th</sup> Taize service by candlelight, St Endellion Church, 6.00pm.

### December

2<sup>nd</sup> Reflective Day on 'Stanley Spencer' at St Endellion Church. 10.00am - 3.00pm.

16<sup>th</sup> Polzeath Christmas Beach Clean, 9.30am, on the beach.

For Reflective Days please book by contacting rev.judith@btinternet.com or 01208 880181.

For more details please go to the following websites:  
Concerts: endellienta.org.uk.  
Book Festival: ncornbookfest.org.  
Beach Clean: polzeathmarineconservation.com.

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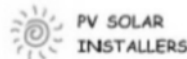
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### For Autumn

*(after John Keats)*

Season of floods and hungry chain-sawness!  
Close-cropping hedges and the ancient thorn,  
How man conspires his habit to cut and draw  
Fruit to the earth, blood-berrying the lawn;  
To cast aside the growth of numbered years  
To fill his hollow heart with bitterness and gall  
To swell the round of 'cheers!' with g-&-t's,  
Reminding friends how 'Summer ends in a Fall!' -  
Such wit at Nature's dying ends with fears  
Of Life's flower fading, scalds his face with tears  
And he curses lost fair-weather Summer's ease.

But who has not seen them scaffolding the sky  
With airy towers brim-full of glass and chrome,  
With an appetite to drink your cellar dry -  
So, Autumn, you stray and further roam;  
And on a chosen Sunday by the sea,  
Sleepy with the dregs of summers slow,  
You lay your drowsy head on soft Pentire,  
Gaze off into the sunset-west so free,  
To consider how the winds of heaven will blow,  
And floods will drown the harrow and the plough,  
And bring a vision of a land that's ringed in fire.

O, where are the poets to chime this final Truth?  
Don't pay it any mind: this Season will take all;  
While clouds still swirl across a stormy South  
And trump the tricks laid out by fake-news' call,  
A choric crying can be heard above this gale,  
Among the broken forests and smashed-up homes,  
Beyond the roaring river lie broken lives,  
Reaching out for help, a piteous wail!  
If this has come to pass, there's more to come:  
The raven and the chough now gyre and roam,  
And deep beneath the ocean, the whalefish  
dives.

David Penhale  
September 2017



## Allen Valley Singers

The choir is back after the August break and we are ready for the session ahead, with concerts and other events to be enjoyed. Our Musical Director and her husband have been to Africa for a few weeks, visiting Richard's sister and also friends that he knew from his Pietermaritzburg university days, which gave both of our explorers a better understanding of the real life of the peoples that they met. A very enlightening and descriptive diary emerged from this trip and will be a constant record of a memorable visit. I understand that Jan took part in some drumming and enjoying the local music. I wonder what we will be doing in our warm-up sessions?

Note for your diaries. We are performing in a joint concert with Wadebridge Male Voice choir at St. Merryn Church on Saturday 21<sup>st</sup> October. This evening promises to be highly enjoyable, with a

varied programme of songs, so do try to join us. Details, including the start time, will be advertised shortly. Information may also be obtained from the two choirs concerned.

The next report will give details of the concert we will have given at Tywardreath on the 15<sup>th</sup> September, also of our Practice evening, when we will have welcomed the public on 26<sup>th</sup> September. Included too, will be the dates of forthcoming events leading up to – dare I say it – Christmas.

If you would like to join our choir, please contact the Musical Director, Janette Man. Telephone 01208 841784. She is always happy to give you all details and in addition, invites you to visit us at St. Kew Highway Community Hall on Tuesdays, 7.15 p.m.-8.45 p.m., so that you can meet her and the choir members.

'Music makes the world go round' says the song. It certainly raises the spirits.

Joyce Hargrave-Wright (Dr.) Reporter.



## STOP PRESS

Souper lunch held on 22<sup>nd</sup> September.  
We raised £102.20 for Shelter Box Caribbean Appeal Fund



## 'KEW & A'

### Twenty Questions & Answers

**This month:** Mike Masters, landlord of St Kew Inn, Churchtown, St Kew.

**Childhood Hero:** *Seve Ballesteros.*

**Hobbies:** *Golf, surfing, fishing.*

**Favourite Music:** *'Stone Roses', 'Happy Mondays'.*

**Favourite Book:** *Any biography.*

**Favourite Film:** *'Star Wars'*

**Favourite TV Programme:** *'Phoenix Nights'.*

**What's good about living in your village?**  
*Supportive locals.*

**What would you improve?** ...*Transport links.*

**I'm very good at....** *Not a lot - ask my wife Sarah!*

**I'm very bad at....** *Most things - ask Sarah!*

**A phrase I use too often is....** *'I'm sorry, Sarah'*

**Three people, dead or alive, I'd invite to dinner are....** *Ian Brown ('Stone Roses'), Seve Ballesteros (golfer), Michael Peterson (surfer).*

**I'd like to be stranded on a desert island with....**  
*Harry (our dog), Sarah and plenty of wine (to cope).*

**I'm embarrassed by....** *My putting.*

**My proudest moment was....** *winning an argument with Sarah - though she won't agree.*

**The best things about Cornwall is...** *Community.*

**The worst thing about Cornwall is....** *Over-crowding.*

**Which of our country's laws would you change? .....** *Banning of 'Fake News'.*

**An over-rated public figure is....** *Any reality TV 'star'.*

**In another life I would....** *Be able to sing, instead of thinking I can.*

# Parish Council News

**Chairman:** Cllr John Lethbridge  
**Clerk:** Cindy Powell, 6 Greenhill Villas  
Wadebridge PL27 6HN Tel: 01208 815591  
Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.30pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

## **St Kew Parish Council Meeting held on Tuesday 12<sup>th</sup> September at 7.30pm in the Parish Hall.**

Present: Chairman A Godden, councillors T Mott, R Godden, J Rowe and B Finnemore. Cornwall Councillor Steve Knightly and 6 members of the public were also present.

Apologies received from J Lethbridge, J Rickard.

Matters that arose from the public discussion were: the 'slow' signs missing on the road after resurfacing at Church Terrace, St Kew, double parking on the one-way section of the road at Pendoggett, the new school sign at St Kew school, and the vegetation on the bridge in Chapel Amble.

Councillor Knightly reported that there was not a lot happening at Cornwall Council at the moment and he had very little to report on.

As there are more and more regulations coming through the Council agreed to join the Cornwall Association of Local Councils as they will help with any enquires.

The school sign was also raised by a councillor and it was agreed to first approach the school before reporting it to the County Council. The sign is too large and inappropriate for the area. It also needed planning permission.

Councillor Knightly agreed to enquire as to why the slow signs had not been replaced, and about the double parking.

The question of a bus being permanently parked in the car park at Chapel Amble was raised, along with parking on common land in general. It was agreed to replace the "no overnight parking" sign at the car park and write to the owner of the bus. Signs for parking on common land would be placed on next month's agenda.

**The council would like to remind everyone that parking on common land contravenes the Road Traffic Act and is therefore illegal. The greens are there for all to enjoy, parking on them will erode the grass and spoil the area for all.**

## **Planning Applications**

### **PA17/06277**

Mr Shaun Hawkey, The Olde House, Chapel Amble. Installation of 6 energy storage units.

**Recommend approval.**

### **PA17/07397**

Ms Jan Clark, Notemachine UK Ltd, St Kew Service Station, ATM machine installed without planning permission.

**Recommend approval.**

### **PA17/07398**

Ms Jan Clark, Notemachine UK Ltd, advertisement consent for illuminated ATM fascia and illuminated withdrawal sign.

**Recommend refusal**, on grounds of not in keeping with the rural location of the service station.

### **PA17/07025**

Mrs C Hill, The Bothy, Possett Cottage, Hendra, St Kew. Change of use to holiday let/annexe to existing property.

**Recommend refusal**, on grounds of over congestion of old farm-yard complex and noise.

## **Planning decisions by Cornwall Council**

### **PA17/07085**

Mrs D Vernon, Barton Villa, Trelill. Conversion of garage to living accommodation.

**Approved.**

### **PA17/04918**

Mr M C Williams, Pennyhayle, St Kew Highway. Extension and new roof structure to provide extra living accommodation.

**Approved.**

### **PA17/05904**

Mr & Mrs Goatman, 4 St Kew Road. Double storey extension.

**Approved.**

### **PA17/05257**

Mr & Mrs Monk, Lane End, Pendoggett. Change of use from annexe to living accommodation.

**Approved.**

### **PA17/06031**

Mr & Mrs Cleave. Demolition of agricultural building and change of use from agricultural yard to domestic curtilage.

**Approved.**



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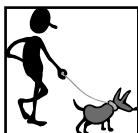
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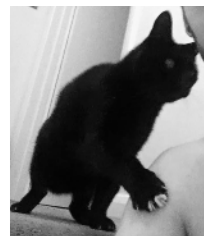


Between us mistress and I are a fine pair. I can't hear anymore and she can't see properly at the moment, it makes things very difficult for both of us. This grumpy old dog now wants to have a moan about the monstrous machines that race pass our house. Because I can no longer hear I don't know they are coming up behind me. They speed pass like dragons so close that it ruffles my fur, by the time I have got my breath back they are out of sight. There are other dogs, old people, children, cyclists, horse riders and many others using the Trelill Road. There's going to be a very nasty accident soon but nobody seems to do anything about it. I know it worries my mistress as she stops and looks before we leave the house so we don't get run over as I'm leading the way keen to get one with my walk.

Grumble over, keep those tails wagging.

*Boris*

## Roly's Purrings



Thank goodness, someone to give me some attention!

Decorating is happening! Honestly I'd hardly stepped indoors the other morning when 3 strange men arrived. So not liking the look of them, I went into the kitchen to find things weren't where they were, even MY CHAIR had moved! When did that happen? I was only outside for a short time. All very confusing for an old chap. Then my favourite person left me to go on holiday with a friend. My 'carers' weren't very good at speaking cat but to keep me happy I got fed my favourite food, so not all bad. She'd hardly been home when she went away again, what IS going on?

Having not been upstairs for months I went up, broke into the youngest's bedroom well that was good as I got lots of attention. So might do that again though I did hear him saying he'd wondered what was going on as the door swung open (I had barged in) and couldn't see anyone! Think I gave him a shock....obviously I've still got the knack! Toodle pip!

Roly

# GILL'S RECIPE OF THE MONTH

## Roasted Butternut Squash Soup

### Ingredients

- 3lb butternut squash, peeled and de-seeded, and cut into 1-2 in cubes.
- 1 large onion, roughly chopped.
- 2 medium carrots, peeled and chopped.
- 1 red pepper, de-seeded and cut into cubes.
- 4 tbsp olive oil.
- 1 tbsp runny honey.
- Knob of fresh root ginger, peeled and chopped.
- 2 1/2 pts vegetable stock.
- Salt and freshly-ground black pepper.

### Method

- Tip the squash into a large bag with the onion, carrots and red pepper. Sprinkle with half the oil, salt and pepper.
- Toss together until everything is coated.
- Tip into a large roasting tin and spread out to form a single layer. Use two tins if needed.

- Roast in oven for 40-45 minutes until tender and tinged brown.
- Drizzle over the honey 5 minutes before the end of cooking.
- Heat the saucepan over a medium heat and add the remaining oil and the ginger and cook for 1 minute.
- Pour in the stock. Bring to the boil and tip in the roasted vegetables and adjust the seasoning if required.
- Remove from heat and using a hand blender whizz the mixture until smooth.
- Return to the heat and warm through.
- Serve with hot crusty bread.



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## SAVE A BEE! By Betty Balmford

I entered this article some time ago. (Where do the years go?) Since then a number of people have told me they tried it and to their delight, watched it work. So here it is again in case you missed it last time.

I was about to stand on it! "No! Don't do that!" I turned to see Miss Josty, Science Mistress, behind me.

"But it's dying." I said. "I was only putting it out of it's misery."

She came and stood beside me. We gazed down at the huge bumblebee lying on its back, feebly moving its legs.

"Yes" ! she said. "It is dying but its not ill, its run out of fuel". She laughed. "Nectar"!

"When bees collect nectar from flowers it is carried back to the hive to make honey – everybody knows that – but at the same time it saves a little for itself. It needs sugar to move, to fly, to live. When a car runs out of petrol it stops. When a bee runs out of sugar *it* stops."

"Now, I'll show you something magic." With two pieces of paper she carefully lifted the bee onto a Petrie dish. (You can use a plate). "Pop down to the kitchen," she said and ask the dinner ladies for a teaspoonful of sugar."

Sounds easy now does it not, but there was a war raging in 1943 and sugar was like gold dust! Never the less, after explaining that it was for my teacher I was given the precious teaspoon of sugar. Miss Josty tipped about half of the sugar onto the side of a flat dish and added four or five drops of water to the sugar making a sweet syrupy pool of liquid.

She then, using the sheet of paper, carefully lifted the bee on to the plate and turned it over and pushed it gently head first towards the pool of fluid, almost touching. With a pencil she then dragged a little of the fluid towards the bee's head.

"We don't want it to fall into the syrup!" she said. "It makes an awful sticky mess of the wings. Now – watch!"

I did and suddenly its little red tongue came out to investigate and immediately started to suck up the fluid. Within a minute the wings began to quiver. We carried it, plate and all, outside and watched the magical recovery as legs and wings began to move. It even began to buzz and finally, gathering strength, it flew away. I remember thinking – "WOW!"

Over the years I have rescued many hundreds of bees. "Thank you, Miss Josty!" I have taught my sons the rescue trick and was delighted to hear my eldest explaining to his Son, my Grandson, the art of saving a bee.

This time of year when flowers begin to die back there is difficulty collecting enough nectar to last them the winter. Don't step on that dying bee. Try feeding it!



## Puzzle page solutions

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**LIVE MUSIC Sunday October 1<sup>st</sup> 3.00-5.00pm with Adrian Davis, why not stay and enjoy after your Sunday lunch**

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T: 01208 880335 or email: [contact@cornisharmspendoggett.co.uk](mailto:contact@cornisharmspendoggett.co.uk)

## Pilates Classes in North Cornwall

St Kew Community Hall

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- Targets the deep core stabilising muscles, improving balance and co-ordination
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- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

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Martin Brooks - 07812 959 879  
martin@northcornwallpilates.co.uk  
www.northcornwallpilates.co.uk

12/17

# Western Supply



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12/17

## ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

October - November 1917

### From the Parish Magazine

Reverend H Dalton Jackson writes: Our Roll of Honour. *'Greater love hath no man that this, that a man lay down his life for his friends.'* **R.I.P. Private Percy May and Private Percy Hawken.**

**Pte. Percy May** – With no small sorrow we have to record the death of two more parishioners – who have given their all for King and country. The sad news reached the quiet little hamlet of Amble announcing the death of Percy May whilst fighting in the trenches in France. Percy May joined up in April of 1916, and for some time had been in immediate touch with the enemy. On the 8<sup>th</sup> August he was in the trenches, when suddenly a bomb or shell dropped in the trench; exploding, it killed him and some comrades instantaneously. It must be no little consolation to his relatives to remember he died fighting for his country. We hope in some tangible way to commemorate his death, and those of our parishioners who have obeyed the call. It was not the Vicar's privilege to know Percy intimately, but his great popularity and good reputation are well known to all in the parish. He was ever ready to do anything for his church, and neighbours generally. His good works will live after him. We ask his relatives to accept our great sympathy in their sorrow.

(Percy May was born in 1882 at St Kew, the third son of John and Bessie May of Amble. They farmed at Trewethern, then lived at St Kew Churchtown. Percy was a Grocers Assistant before joining the forces. He served with the 1/4 Battalion of the Berkshire Regiment and his death is commemorated on the Menin Gate Memorial for the Missing as well as on his parent's memorial in the churchyard.)

**Pte. Percy Hawken**, Pendoggett – Mrs Percy Hawken was recently the recipient of a letter from

the War Office telling her of the death of her husband in hospital in Mesopotamia. P. Hawken had fallen ill from dysentery and malaria; he was making a recovery, but great physical weakness proved too much for him, and he passed through the veil into the great beyond. The terrible climate of Mesopotamia has claimed for death all too many of our gallant men. Mrs Hawken is left with two little children to face the world in her young widow-hood. We, indeed do sympathize with her in her great trouble and bereavement. Unfortunately, the writer of these notes cannot make allusion to any personal traits of Private Hawken, as he was unknown to him.

(Percy Hawken served with the 300 Electrical and Mechanical Company of the Royal Engineers and died on 28 July 1917. He was the son of Sydney and Ellen Mabel of Tregear and husband to Nora Ann of Pendoggett, father to Beatrice and Christine. Nora died 7 January 1976 and is buried in the churchyard alongside the memorial to her husband and daughter Christine who died 3 February 1923 aged 7 years. Percy Hawken's death is commemorated at the Baghdad (North Gate) War Cemetery.)

### The Western Front.

The British Second Army launched two offensives in October, although a period of wet weather made moving through the mud of Flanders' Fields extremely difficult during this fighting. The first attack made around Poelcapelle and 12 October, with little ground gained and casualties were heavy. British attacks were resumed on 30 October again with little to show in terms of ground gained until 6 November when the Canadians finally secured the village and Passchendaele Ridge, capturing the objectives from the Bavarian troops defending them.

*William*



### The Historical Society

**St Kew Parish Hall Thursday 12<sup>th</sup> October 2017 at 7.30 pm. Local Historian and raconteur Mr Terry Faull will give an illustrated talk on The Domesday Book in Devon and Cornwall**

Look out for Future Events!

**The Paul Holden Annual Lecture**

**Thursday November 9<sup>th</sup>, 2017  
Not to be missed**

All members on e-mail list will be notified Also check our Facebook page.

All welcome, members free of charge, guests £3.00 per person All funds to preserve the future of our History Society and important historical items of St Kew. All talks at St Kew Parish Hall, 7.30 pm

Thanks to all  
John Raybould, Secretary



**ST KEW HIGHWAY  
METHODIST CHURCH**

Services held in the Community Hall at 9.30am.

**October**

- 1<sup>st</sup> Rev Sally Long
  - 8<sup>th</sup> Anita Baker
  - 15<sup>th</sup> Rev Alistair Sharp, Communion
  - 22<sup>nd</sup> Rev Alistair Sharp
  - 29<sup>th</sup> Rev Michael White
- November**
- 5<sup>th</sup> Rev Dr John Harrod

**Wadebridge Christian Centre**

Molesworth Street, Wadebridge. Tel 01208 813110, wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

**Catholic Church Services**

**Wadebridge**

St Michael's Church  
Tel:01208 72833  
Mass Sundays 8.30am  
Confessions  
Friday 10.30-11.00am

**Tintagel**

St Paul The Apostle  
Tel:01840 770663  
Mass Mon-Thur 10am  
Fri & Sat 6pm  
Sunday 10.00am  
Confessions:  
Before/after Mass.  
Other times on request.

**St James the  
Great at St Kew**



**Church Calendar for  
October**

- Sunday 1<sup>st</sup> 9.30am, Holy Communion, Rev Canon Judith Pollinger.  
6.00pm, Harvest Festival, with Geraldine Ashton and David Foster (*Animal Welfare Sunday*).
- Sunday 8<sup>th</sup> 9.30am, All Age Worship, with Rob Soley.
- Sunday 15<sup>th</sup> 9.30am Holy Communion Rev Dr Elizabeth Wild.  
(*Healthcare Sunday*)
- Sunday 22<sup>nd</sup> 9.30am, All Age Worship, with Rob Soley.
- Sunday 29<sup>th</sup> 9.30am, Holy Communion Rev Canon Judith Pollinger.  
(*Summer Time ends*)

**November**

- Sunday 5<sup>th</sup> 9.30am Holy Communion Rev Dr Elizabeth Wild  
(All Saints Sunday)
- Sunday 12<sup>th</sup> 10.30am Service of Remembrance  
Rev Dr Elizabeth Wild and Geraldine Ashton.  
10.50am at the War Memorial.  
(*Remembrance Sunday*)

**Autumn, the time of new beginnings**

Autumn colours are very beautiful to my eyes, leaves of deciduous trees that turn from green to hues of orange or red and bronze, eventually falling to the ground and giving their goodness back to the earth. It signifies, like so many things in autumn the end of the season. Just recently, though, I have become more aware about the new things of autumn, noticing that it is also a time of fresh beginnings. We wait with baited breath for new series and dramas to begin on TV. Babies are born to parents bringing a fresh dynamic to existing families and lots of 'firsts' for new mums and dads. New jobs and promotions can abound for some and who can forget those Facebook posts? Photos of children who have just begun nursery or primary and secondary school, all in their brand new, slightly ill-fitting uniforms! I too have had a new beginning this autumn as I started training as a priest. On another spiritual level courses such as 'Alpha' have begun to help men and women of all ages dig deeper into the BIG questions about life and death and faith, about the love of God, the sacrifice of Jesus and the work of the Holy Spirit in the life of believers. Whatever those new beginnings are for each of us, one thing is for sure they certainly bring challenge. Jobs, schools, courses and babies may well make us question how we live and

what is important to us, how and what we prioritise and how we make room for the new while ending other things well. Rosh Hashanah is a Jewish festival that takes place in the autumn. It is the time of the Jewish New Year and before the celebrations of the new begin they have what is called the ten days of 'awe'. It is a time for people to deal with the unfinished business of the past year. A time for quiet reflection on lessons which could have been learned, an opportunity to re-set priorities, to sort out broken relationships, give to charity and generally tying up loose ends. Whether we are actually starting something new or not, we can all have a time of 'awe' allowing God to do a new thing within us. The quieting of autumn after a busy summer and before Christmas preparations start is a good time to do it. I pray that each of us will take the opportunity to have a time of 'awe' that will bring us much peace and order in our lives.

*Geraldine*

*The leaders and congregations of the North Cornwall Cluster of Churches wish you a blessed autumn and look forward to welcoming you and celebrating the Harvest season with you. For more details please see [www.northcornwallcluster.org](http://www.northcornwallcluster.org)*

### For Sale or Rent?

We are in urgent need of premises so that we can hang our StoreHouse sign above a shop and offer second hand furniture & household goods once again. We receive a number of phone calls each week from people in desperate need of everyday items and we'd love to be able to offer this valuable service. Can you help? If you know anywhere we can call home again or have any secure dry storage space please do let us know.

### Christmas Shoeboxes

We know it's only just Autumn but we have started to think about Christmas and helping others with a shoebox full of gifts. If you would like to get in to the Christmas spirit, we are looking for volunteers to help by wrapping boxes and checking the gift-filled shoeboxes. Please contact Jacqui White for further information.

**Are you ready for Universal Credit – it may affect you. Come along to our FREE Moneybox Course for advice and support.**

As part of the European Social Fund, we are working with Eccabi and Cornwall Housing to run a SMART Tenants MoneyBox Course. This is a course for anyone who is a tenant, unemployed & aged 16-64. It will help people to budget, build their confidence and manage their finances and find out how Universal Credit will affect them. Courses are for 6 sessions, one day per week from 9.30 to 2.30 to fit in with the school term. If anyone would like more details, please contact us on 01208 815374 or email [contact@wadebridgefoodbank.org](mailto:contact@wadebridgefoodbank.org)

It's a great way to learn in a relaxed environment and the next course starts in November.

Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374

Email: [contact@wadebridgefoodbank.org](mailto:contact@wadebridgefoodbank.org)

Website: [www.wadebridgefoodbank.org](http://www.wadebridgefoodbank.org)

Registered Charity No. 1166301



Our talk by Geoff Provis was based on his family history and the work of fishermen in Port Isaac. He told us about changes to fishing in the area and also the change to life of the village of Port Isaac now.

For October we are having a games night with a pasty and cider supper. Come along and meet a friendly group of ladies from in and around St Kew. On the 10th of October several members will go to the Hall for Cornwall for the Annual Autumn council, when one guest speaker will be famous author, Victoria Hislop. It should be an entertaining day. We are making plans for our Christmas meal out and also for starting our craft group again.

Please come along if you want to join a friendly, happy group of ladies.

Alison

We meet on the 2nd Wednesday of each month at 7pm in the St Kew Highway Community Hall.

St Kew WI was founded in 1922 and has celebrated its 90th birthday. Once a month we meet for varied evenings, sometimes with guest speakers or craft demonstrations. Every month members can enter the competition of the Best Flower from their garden. Also there will be a competition which relates, sometimes loosely, to the guest speaker's theme.

For any more information please call 01208 84179, email [stkewwi@gmail.com](mailto:stkewwi@gmail.com), or message us on our Facebook page.



### St KEW GARDENING CLUB

The Gardening Club holds speaker evenings on the third Wednesday of the month at St Kew Highway Community Hall at 7.30 pm. Open to all with free admission.

The speaker for the October meeting is to be announced. Watch the notice boards and the

magazine for further details of events.

The speaker for November the Porteath Bee Centre will be giving a talk on bees.

Everyone is welcome at the speaker evenings, they are not just open to club members and admission is free.

If you wish any more information concerning the club you can contact us on: [stkewgardeningclub@gmail.com](mailto:stkewgardeningclub@gmail.com).

## St Kew Garden Club Annual Show

After last year's disappointing show, we were very pleased with the excellent support for this year's show. The entries were up on last year and the quality and standard of entries was remarkably high.

Lots of tasty vegetables, beautiful flowers, mouth-watering cakes and cookery. Some of the handicrafts must have taken months to make. The entries for the photography class were very low this year, which was strange as last year it was the best-supported class.

Many thanks to all who helped with the setting up and running of the show, the judges for their time and the entrants, without them there would be not be a show at all.

Next year's theme for the photography and art classes are as follows:

Art class 125 - a native tree

Photography class 127 - a native tree

128 - a flowering tree,

129 - a fruiting tree.

Children's photography class 133 - a tree.

The Gardening Club hold speaker evenings on the third Wednesday of the month at St Kew Highway Community Hall at 7.30 pm.

This month's speaker (September) is Mr B Finnemore who will give a talk on pest control.

Watch the notice boards and the magazine for further details of events. Everyone is welcome at the speaker evenings, they are not just open to club members and admission is free. If you wish anymore information concerning the show or the club you can contact us on [stkewgardeningclub@gmail.com](mailto:stkewgardeningclub@gmail.com).

Below some images of the show.

RG



## Events Diary - October

- 1<sup>st</sup> Live music, Cornish Arms 3.00-5.00pm  
 4<sup>th</sup> Bellringing practice 7.30-9.00pm  
 5<sup>th</sup> Chair aerobics, Community Hall, 2.00pm  
 8<sup>th</sup> Quiz for Pendoggett defibrillator, Cornish Arms, 8.00pm  
 11<sup>th</sup> Bellringing practice, 7.30-9.00pm  
 12<sup>th</sup> Chair aerobics, Community Hall, 2.00pm  
 13<sup>th</sup> Harvest auction & pasty supper, school hall, 7.00pm  
**16th \*\*\* Copy date for the November issue \*\*\***  
 18<sup>th</sup> Bellringing practice, 7.30-9.00pm  
 19<sup>th</sup> Chair aerobics, Community Hall, 2.00pm  
 20<sup>th</sup> Souper Lunch, Community Hall, 12.30pm  
 21<sup>st</sup> Jam Experience, St James Church, 7.00pm  
 25<sup>th</sup> Bellringing practice, 7.30-9.00pm  
 26<sup>th</sup> Chair aerobics, Community Hall, 2.00pm  
 29<sup>th</sup> Charity quiz at the Red Lion, 8.00pm, see page 7.

### News from the St Kew Parish Hall

Thanks to everyone who attended our quiz and curry evening and made it a great success. Our next fundraiser is the draw which will take place on 1<sup>st</sup> December starting at 7.30pm in the Parish Hall. Tickets on sale soon.

The preschool will leave the hall soon so we are looking for possible users of the Hall during the day.

Kathy

To book the hall, please contact Joanna Pratt on 01208 841420.

## The Regal in Wadebridge

Tel: 01208 812791



### October

- 6<sup>th</sup> Blade Runner 2049  
 13<sup>th</sup> The Lego Ninjago Movie  
 The Snowman  
 20<sup>th</sup> Geostorm  
 Jigsaw  
 Happy Death Day  
 27<sup>th</sup> Thor: Ragnarok

*Please check our website for the next Autism friendly screening - watch newly released films with friends and family in an inclusive environment.*

### Live Screenings: book online or contact the Cinema

- 3<sup>rd</sup> 'La Boheme' ROH live 7.15 pm  
 5<sup>th</sup> 'Hamlet' (with Benedict Cumberbatch),  
 NT Encore 7.00 pm  
 11<sup>th</sup> 'Coriolanus' (with Sope Dirisu), RSC live  
 from Stratford, 7.00 pm  
 23<sup>rd</sup> 'Alice's Adventures in Wonderland'  
 Royal Ballet Live, 7.15 pm

Please ring or check our website for more details  
[www.wtwcinemas.co.uk](http://www.wtwcinemas.co.uk)

### Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 9<sup>th</sup> and 23<sup>rd</sup> October.

**Remember that from 11<sup>th</sup> September plastic food pots, tubs and trays can now be put in your red bag for recycling. Every house in our area should have had a leaflet explaining the changes.**

## ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

(Registered Charity No 294140)

- |               |   |                 |               |
|---------------|---|-----------------|---------------|
| <b>Sun:</b>   | Methodist Church Service                  | Marion Dingle   | 01208 841388  |
| <b>Mon:</b>   | Yoga 10.30am                              | Fiona Crompton  | 01208 851735  |
|               | Pilates 2.30pm - 5.15pm                   | Martin Brooks   | 07812 959 879 |
| <b>Tues:</b>  | Allen Valley Singers 7.15pm - 9pm         | Janette Man     | 01208 841784  |
|               | Pilates 1.15pm-2.30pm                     | Martin Brooks   | 07812 959 879 |
| <b>Wed:</b>   | 1st, 3rd and 5th in month -               |                 |               |
|               | West Country Embroiderers 10am - 3pm      | Pat Scarborough | 01841 521323  |
|               | 1st in month - St Kew Playing Field Trust |                 | 7.00pm        |
|               | 2nd in month - St Kew WI 7pm              | Becky Allen     | 01208 841798  |
|               | 3rd in month- Gardening Club 7.30pm       | Richard Godden  |               |
| <b>Thurs:</b> | Chair Aerobics 2pm                        | Pat             | 01208 841260  |

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL  
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

## Souper Lunch



The next Souper Lunch will take place on Friday 20<sup>th</sup> October at 12.30pm in the St Kew Highway Community Hall.

All welcome. We enjoy a bowl of home-made soup together and raise some money for a good cause.

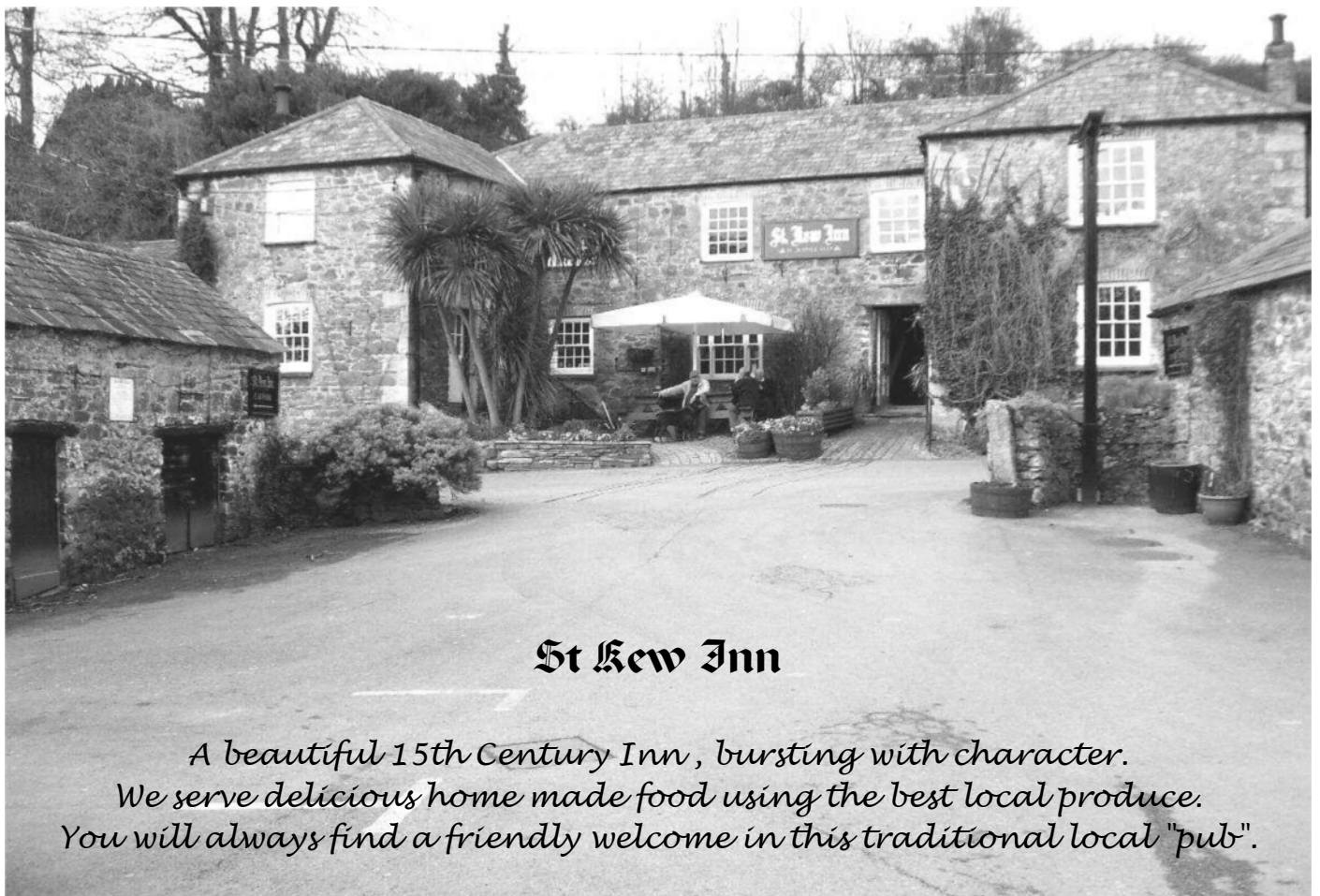


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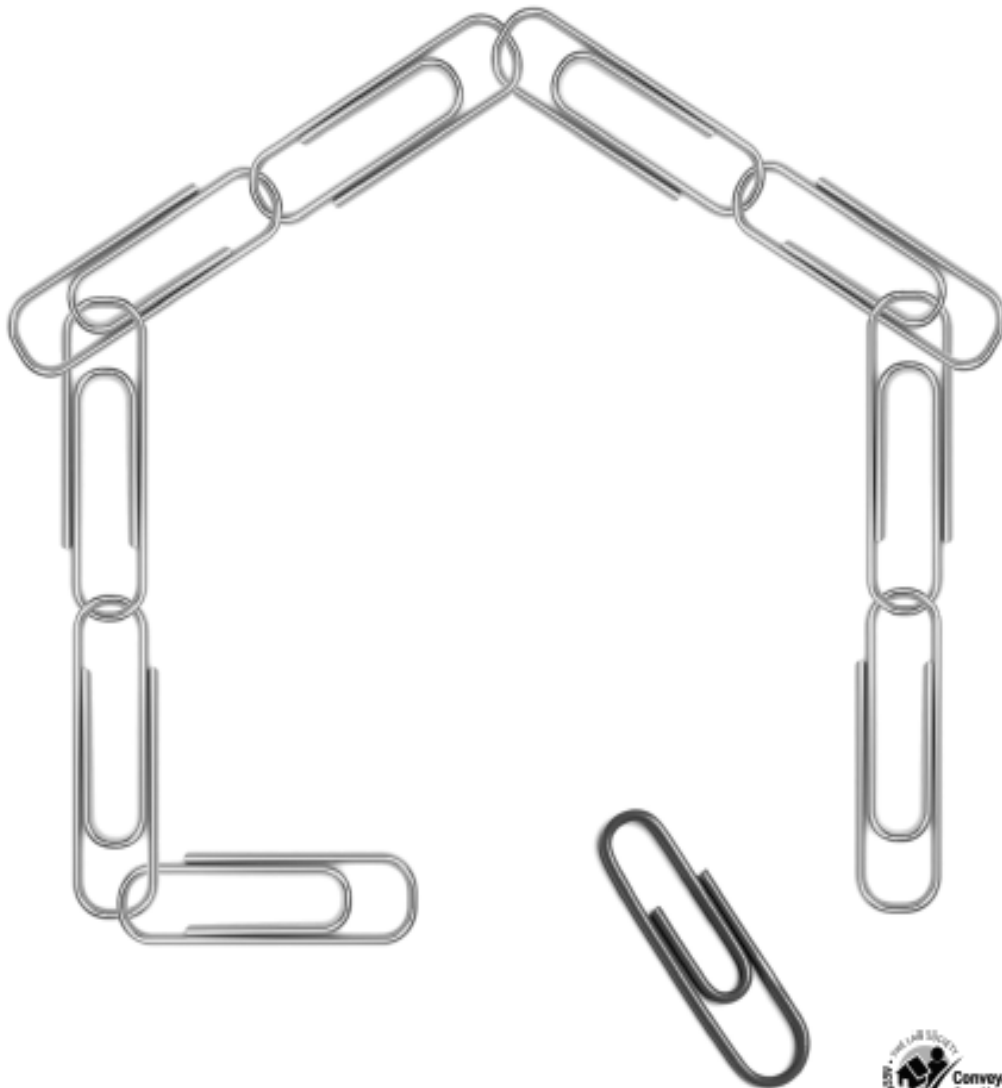


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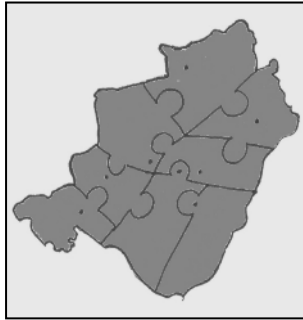
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# Pieces of Eight



November 2017 Issue 235  
News, views and issues  
from: Chapel Amble,  
Pendoggett, St Kew, St  
Kew Highway, Tröllil,  
Tregellist, Trequite,  
Trewethern

**NOVEMBER**



Email: [stkewmag@gmail.com](mailto:stkewmag@gmail.com)



**Polzeath Beach on a quiet autumn day**  
*Photograph by Nicky Pickard*

**Your free guide to news and events within and around St Kew Parish**

## Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January or August) covering local news, views and events in the St Kew parish area. Volunteers produce, print and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

We can post issues to households outside the parish at a cost of £10.00 per annum. There is also an on-line edition hosted by the Parish Council which can be found at [www.stkewparish.org.uk/PO8.html](http://www.stkewparish.org.uk/PO8.html). (*We are very grateful to the Parish Council for allowing us to use their site*).

### Editorial

*Autumn is here, as I write this I can see trees swaying as they are blown by the winds of Ophelia, it looks as though the storm will (hopefully) pass through our parish without causing too many problems other than dusty windows, a beautiful eerie red sky and a smell of burning (that could also be the wood burners being readied for colder days to come).*

*Whilst on the subject of trees it continues to fascinate me that a lot of the trees in North Cornwall are still a healthy shade of green with only a small minority starting to take on some of the glorious autumnal shades they display around this time of year. I mention this as recently we were visiting family and friends in the Midlands and Yorkshire where we were amazed by the colourful displays along our route and slightly saddened by the number of trees that had completely lost their leaves, as they seemed to me to be preparing rather early for the coming winter.*

*I hope the cold weather doesn't come for a good while yet as currently we still have great colours being displayed in the garden and yes, the grass is still growing, we will however be welcoming the shorter days and longer nights especially with the clocks going back an hour. (This might have already happened before you read this, however, depending how quickly we print the magazine this month you might just get to read it beforehand)*

*I guess I am just the same getting ready for winter, I had my flu jab, I have sorted out my hat, scarf, gloves, warm coat and boots. Let's hope I don't need them for some time to come so that more time can be spent outside in our wonderful parish and beautiful county.*

Steve

### Contacting the Editorial Team

We can be contacted by email at [stkewmag@gmail.com](mailto:stkewmag@gmail.com). Please use this address for **ALL** correspondence, the in-box is checked regularly.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

### Copy date for the November issue is:

**Monday 13<sup>th</sup> November**

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Could all contributors please send us your copy or advertisement as soon as possible, ideally **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Many thanks!

### Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight! This shows our advertisers that the magazine is *the* place to reach local customers.

*Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers, the management committee, who reserve the right to refuse or alter any material supplied. The magazine does not accept any responsibility for any issues arising from advertisements.*

## **Cornwall Exterior Cleaning**



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*If you feel that any of our services could be of interest to you please telephone and we would be happy to discuss your requirements.*

**Mobile – 07921 957356**

**Or email:**

**[enquiries@cornwallexteriorcleaning.co.uk](mailto:enquiries@cornwallexteriorcleaning.co.uk)**

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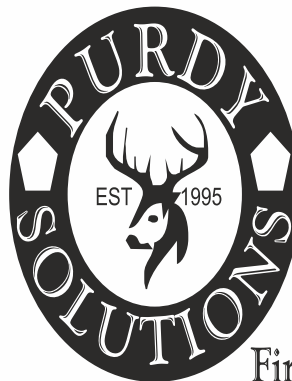
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At Trevathan farm we recently held a 'big coffee morning' for Macmillan cancer support. We were delighted with the support and would like to thank everyone who came along or donated prizes. We raised a amazing amount of £960. Hope to see you all again at next year's coffee morning!!!  
Jo & Mark

### UPHOLSTERY COURSE

We are holding another upholstery course on Sat 18th/Sun 19th November at Trewane Manor, Trellill, PL30 3HY You can either do the footstool project (just bring one metre of material – all the rest is provided) or bring along a chair you want to update.

**Fun and very satisfying!**  
Check out the website if you are interested [www.upholsterycoursesouthwest.com](http://www.upholsterycoursesouthwest.com) or contact [philippaharkness@me.com](mailto:philippaharkness@me.com)  
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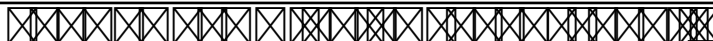
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All the news and highlights from St Kew School – but don't forget, you can keep up with all the school antics in our weekly newsletters, published on our website: [www.st-kew.cornwall.sch.uk](http://www.st-kew.cornwall.sch.uk)

### NEW BEGINNINGS

We have had a wonderful start to this academic year with the children returning to school last month ready and raring to learn. Topics being studied this term have been: 'All About Me' for Class 1 children (the Reception and Year 1 pupils); 'Games children play' for the Class 2 children (the Year 2 & 3 pupils) and 'Who are we? Why do we live here?' for the pupils in Class 3 (our Year 4, 5 & 6 children).

### HARVEST FESTIVAL

On Friday 13<sup>th</sup> October we were joined by friends and family for the annual St Kew Harvest. The children delighted the audience with an assembly of 'firsts' and 'seconds' for the telling of Harvest, with all three classes sharing a piece of information on Harvest Time. Class 1 (many of whom experienced their first stage performance) thrilled us with 'Dingle Dangle Scarecrow', Class 2 amazed us with many facts about Harvest time around the world and Class 3 took us down memory lane and back to the future with their investigations into Harvest long ago and now. The children, as always, did themselves proud with their confidence on stage and their ability to share seconds with the audience: an encore from everyone singing 'Harvest Samba' and Class 1 encouraging the audience to join them in 'Dingle Dangle Scarecrow'.



Later we were joined by Arthur White, as our Auctioneer for the evening, and the members of the school community as we auctioned off the wonderful donations given by the children at the assembly in

the morning. We raised approximately £400 for the Wadebridge Foodbank as they have been thinking about supporting those less fortunate than themselves. Our thanks to everyone who helped out on the night in order for us to raise this wonderful sum!

### SPORTING SUCCESSES

Congratulations to all of the children who took part in the first Key Stage 2 cross-country race of the school year. Tristan, Shanon, Nathan, Harry, Oliver, Archie, Zienna, Barny and Rosie thoroughly enjoyed the 'longer route' and showed great resilience on the challenging course. On Monday 9<sup>th</sup> October, 8 girls from Years 4, 5 and 6 represented the school at the Wadebridge Girls Football Festival. Abbi, Jenna, Adele, Willow, Sarah, Shanon, Sydney and our newest player Holly had a fun training session with football coaches followed by several matches against other local schools. They drew one match and won all of the others beating teams from much larger schools like St Breock and Wadebridge. Several of our girls were talent spotted and they all played as a really tight team. On Thursday 12<sup>th</sup> October our Year 6 girls had a thoroughly enjoyable day at RAF St Mawgan as part of the 'Our Girls Can' initiative, a hugely successful event designed to develop girls' confidence in PE and sport, encouraging them to be more physically active.

### SUPER SIX RESPONSIBILITIES

The Year 6 children have been given the opportunity to apply for the roles of 'Super Sixes' and Head Boy & Girl and have been asked to complete application forms and tasks to apply for these roles. As a school we feel it is important to recognise the responsibility that being the oldest pupils in the school brings, and to enable the children to develop skills for later life. We have been delighted to receive lots of applications and presentations from the children and amazed by the level of response to the criteria in the job description and the responsibility the children have stated they would show in these roles! We will be announcing the roles at the end of the half term.

What a wonderful start it's been! Our thanks to the children for doing such a wonderful job this term.

RM



There's no report from Pre-School this month but they are moving to St Kew School from 6<sup>th</sup> November. For more details please contact Pre-School: [preschool@st-kew.cornwall.sch.uk](mailto:preschool@st-kew.cornwall.sch.uk) for more details.



### **A small shoebox can have a big impact.**

We are feeling festive and starting to think about Christmas and how we can help others with a shoebox full of gifts. This year we are working with Operation Christmas Child to send gifts which will be sent outside the United Kingdom to children affected by war, poverty, natural disaster, famine, and disease. What goes into the box is fun, yet the impact it has on a child in a community is huge. **You can fill a shoebox with gifts for a boy or girl aged 2-4 years, 5-9 years or 10-14 years.**

Gift ideas for your shoebox: hat, cap, gloves or scarf, sunglasses, hair accessories, jewellery set, pens, pencils & sharpeners, crayons or felt pens,

stamps & ink pad sets, writing pads or notebooks & paper, solar calculators, colouring & picture books, dolls or stuffed toys (with CE label), toy trucks, harmonica, yo-yo, skipping rope, ball, small puzzles etc.

**A suggested donation of £5 will cover project expenses and shipping costs** to enable thousands of UK shoeboxes to be transported by lorry to Eastern Europe or by ship to Africa and Central Asia.

**Gift-filled shoeboxes can be dropped off during November at Wadebridge Tesco and at Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge (opposite Lidl). Open from 10am-1pm Monday-Thursday.**

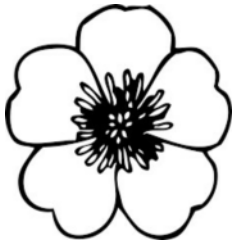
*See page 24 for the usual Foodbank update.*



Contact Julie on 01566 781339 or 07572 412421  
[juliewalters@uwclub.net](mailto:juliewalters@uwclub.net) Join us!  Julie's-Catering-Van

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# CHILDREN'S CORNER



## NOVEMBER WORD SEARCH

Try and find these words in the box below

Autumn  
Guy Fawkes  
Coats  
Hat

Bonfire  
Fireworks  
Gloves  
Clouds  
Remembrance

Sausage  
Poppy  
Umbrella  
Kite

Q	E	Q	Y	J	M	N	C	V	D	S	A	P	W	E	V
R	G	L	O	V	E	S	F	I	R	E	W	O	R	K	S
F	U	T	G	Y	P	E	W	E	R	J	U	P	C	X	V
C	Y	E	R	E	F	D	M	R	D	T	K	P	D	X	K
E	F	N	Y	H	F	G	B	E	F	G	J	Y	I	O	U
D	A	K	U	A	U	T	U	M	N	B	N	M	G	F	M
S	W	O	I	T	G	H	Y	E	T	W	T	E	T	R	B
X	K	L	M	S	X	S	W	M	B	C	V	W	G	F	R
W	E	J	C	X	D	F	K	B	O	N	F	I	R	E	E
S	S	H	W	A	J	P	B	R	P	H	G	F	T	R	L
B	H	S	J	S	A	U	S	A	G	E	B	K	J	V	L
H	V	D	R	A	B	Y	U	N	C	L	O	U	D	S	A
R	G	A	K	T	Y	M	K	C	O	A	T	S	G	T	F
F	S	S	Y	R	K	I	T	E	L	P	M	R	S	P	B



Save the Children.

**Camelford and District  
Save the Children group  
present:**

**CARACANA & THE SONGBIRDS**

**Saturday 18 November, 7.30pm**

**At the Camelford Hall, doors open 7.00pm  
Tickets £7.50 to include delicious snacks  
Bar and raffle.**

A delightful evening of foot-tapping music in the company of Caracana, a Cornish folk band whose material has influences from all the Celtic nations and Eastern Europe, and from the angel-voiced Wadebridge-based Songbirds, a group of nine women who sing a wide range of material, from songs from the shows to folk songs and lots in between.

**To reserve your ticket in advance, call 01840 214613.**

Tickets also on the door, but subject to availability.

# Puzzle Page

## codeword

11	17	26	22	13		1	10	20	2	4		
17		2		17		22		10		16		8
15	10	26	22	7		11	17	11	18	3	1	6
3		2				4		18		3		13
12	16	7	2	11	13	17	16	3		17	13	22
2				13		13		4		11		
8	17	7	2	16	9		23	10	11	18	10	12
		2		9		21		19				22
14	17	17		20	16	13	12	22	3	25	16	22
22		5		12		2				16		15
3	22	2	14	2	24	19		10	13	22	24	10
4		7		24		2		13		3		13
		22	7	19	22	7		11	2	4	22	7

1	2	3	4	5	6	7	8	9	10	11	12	13
						D			A			
14	15	16	17	18	19	20	21	22	23	24	25	26
										N		

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8				5			
		9		1		3	
5			7				2
		6	3		4	9	
1					9		8
	1			9		6	
				7			4
	6				3	5	

## nonogram

E	N	C
I	T	A
H	L	C

How many words of 4 letters or more can you find? You must use the centre letter in each word.

No plurals or proper nouns are allowed. There are 63 listed in the solution which includes **1 nine letter** word to find.

## EVENTS OUTSIDE OUR PARISH

### October

25<sup>th</sup> Talk about the NT at Trevone Head. The Tube Station, Polzeath, 7.00pm, £2 for non-members of the Marine centre.

28<sup>th</sup> Reflective Day. 'The Image of the Unicorn in Christian spirituality'. St Minver Church 10.00am - 3.00pm.

### November

4<sup>th</sup> Galini Piano trio, St Endellion, 7.30pm.

4<sup>th</sup> - 10<sup>th</sup> Dec

2<sup>nd</sup> Endelienta Open Exhibition weekends 11.30 - 4.30pm.

5<sup>th</sup> Service to Remember Departed Loved Ones, St Endellion Church, 4.30pm - see page 19.

15<sup>th</sup> Polzeath Beach Clean, 9.30am on the beach.

18<sup>th</sup> Camelford and District Save the Children concert - Caracana plus The Songbirds, Camelford Hall, 7.30pm.

19<sup>th</sup> Taize service by candlelight, St Endellion Church, 6.00pm.

24<sup>th</sup> Flats and Sharps, St Endellion, 7.30pm.

### December

2<sup>nd</sup> Reflective Day on 'Stanley Spencer' at St Endellion Church. 10.00am - 3.00pm.

16<sup>th</sup> Polzeath Christmas Beach Clean, 9.30am, on the beach.

For Reflective Days please book by contacting rev.judith@btinternet.com or 01208 880181.

For more details please go to the following websites:  
Concerts: endellienta.org.uk.

Book Festival: ncornbookfest.org.

Beach Clean: polzeathmarineconservation.com.

Camelford and District Save the Children group - for advance tickets please phone 01840 214613.

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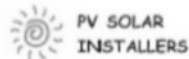
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A Sunday lunchtime roast is now available

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(valid until December 30<sup>th</sup>)

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Monday - Thursday evening 2 MAIN COURSES FOR £15 (Excludes steaks)

Friday - Sunday evening a FREE BOTTLE OF HOUSE WINE with any two main courses

A 4 course Christmas menu £19.95 available November 27<sup>th</sup> - Dec 24<sup>th</sup>

Christmas menu available on our website & in the pub. Booking required

### **LIVE MUSIC**

Sunday afternoon November 5<sup>th</sup> 3:00pm - 5:00pm

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Friday evening November 17<sup>th</sup> from 9:00pm

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## Allen Valley Singers

This month we will be visiting Tywardreath to entertain an afternoon club and also a joint concert with the Wadebridge Male Voice choir, both to be reported in the next publication. Sometimes it is difficult to marry print dates and our events, especially in several magazines and newspapers, so that they work smoothly and easily. That is the way of the world I guess, we all travel up and over and around to cover ground and rarely follow a straight path. These philosophical thoughts apply to the choir also, in that all teaching and learning comes from different directions and sources, particularly in music and singing. Variety is our watchword also and we try to cover the whole range of styles and eras of music, songs taken from the classics, folk music and standard 'show' and film songs, to current ballads and popular music of the day. Now of course, we have added

Christmas songs and carols to the Autumn repertoire for use in the concerts in which we will be entertaining in the run-up to the festive season.

If you would like to join our choir or would like to book us for a concert, a wedding or other event, please contact our Musical Director Janette Man, Telephone 01208 841784. We meet on Tuesday evenings between 7.15pm - 8.45pm at the St. Kew Highway Community Hall. You would be most welcome to join us at one of our Practices, listen to our music and have a chat with Jan.

Our website is up and running, so if you would like to know more about our history, our repertoire and our events, even hear a song, or just discover details about the choir, please look up [www.allenvalleysingers.org](http://www.allenvalleysingers.org)

Hope to see you soon. Joyce Hargrave-Wright (Publicity)



### STOP PRESS

Souper Lunch on 20<sup>th</sup> October raised £82.50 for Breast Cancer and they will be sending the cheque to the Mermaid Centre at Treliske Hospital. Many thanks to all.

## 'KEW & A'

### Twenty Questions & Answers

**This month:** Geoff Dennison, landlord of The Cornish Arms, Pendoggett.

**Childhood Hero:** Jimmy Greaves, Tottenham & England footballer.

**Hobbies:** Most sport, travel when I get a chance.

**Favourite Music:** A wide variety from sixties onwards especially The Who, The Stones & U2.

**Favourite Book:** Jonathon Livingston Seagull.

**Favourite Film:** Blues Brothers.

**Favourite TV Programme:** Very rarely watch TV.

**What's good about living in your village?** Really friendly & welcoming people, thank you.

**What would you improve?** Speed control on traffic driving through, 30 is the maximum speed not the minimum!

**I'm very good at....** Thinking up ideas.

**I'm very bad at....** Following them through to their conclusion.

**A phrase I use too often is....** 'Have you done this yet'

**Three people, dead or alive, I'd invite to dinner are....** Arthur Scargill, Billy Connolly & Alan Sugar

**I'd like to be stranded on a desert island with....** My wife.

**I'm embarrassed by....** Filling in forms like these.

**My proudest moment was....** Completing the Great North Run at 60 after having cycled 285 miles in the previous 3 days to get to the start in Newcastle upon Tyne.

**The best things about Cornwall is...** Its people & laid-back way of life.

**The worst thing about Cornwall is....** Trying to get things done quickly & being a long way from most places.

**Which of our country's laws would you change?** The lax penalties for supplying drugs.

**An over-rated public figure is....** Ricky Gervais.

**In another life I would....** Be a cat - looks a fairly easy life to me!

# Parish Council News

**Chairman:** Cllr John Lethbridge  
**Clerk:** Cindy Powell, 6 Greenhill Villas  
Wadebridge PL27 6HN Tel: 01208 815591  
Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.30pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

## St Kew Parish Council Meeting held on Tuesday 10<sup>th</sup> October at 7.30pm in the Parish Hall.

Present: Chairman J Lethbridge, Councillors T Mott, A Godden, J Rowe, J Rickard, B Finnemore, R Godden and 1 member of the public.

The council heard that the advertising boards and the entrance at Pennyhayle would be allowed for 5 months by the enforcement team at Cornwall Council. After much discussion and with the strength of feeling in the area, it was agreed to write to County Highways and Cornwall planning about the situation.

After contact with the St Kew school, the new large Academy sign will be replaced by a smaller one.

It was reported that the road markings at St Kew Service Station were worn away and unclear. The council to contact highways.

### Boundary review

The Boundary Commission is drawing up new boundaries for Cornwall. It will mean that your County councillors will be drastically reduced in number. Have your say, visit: [consultation.lgbce.org.uk](http://consultation.lgbce.org.uk)

The parish council still has vacancies for two councillors, if anyone is interested in taking a position on the council, please contact the clerk at [stkewparish@gmail.com](mailto:stkewparish@gmail.com)

### Planning Applications

#### PA17/08912

Mr & Mrs Derbyshire, Maidenland Cricks, St Kew. Proposed replacement garage with workshop and first floor hobbies room.

**Recommend refusal on grounds that it would be overbearing on a listed building and the site.**

#### PA17/08996

Listed building consent for above application.  
**Recommend refusal**

#### PA17/08139

Mr C Miller, Hazel Cottage, Chapel Amble. Demolish greenhouse and large dilapidated shed and replace with single story unit.

**Recommend refusal on grounds that the shed is in good condition and has recently been built. The proposed unit would be overbearing on the neighbouring properties and the council question the need for a kitchen and toilet in the unit if it is to be used as an office.**

### Planning decisions by Cornwall Council

#### PA17/07397

Ms Jan Clark, Notemachine UK Ltd, St Kew Service Station. ATM machine.

**Approved**

#### PA17/07398

Ms Jan Clark, Notemachine UK Ltd, St Kew Service Station. Illuminated ATM machine.

**Approved**

#### PA17/05084

Mr Campbell, Land NE of Tipton, St Kew, installation of a shepherds hut.

**Refused**

#### PA17/ 01878

Mr James Wilson, Higher Trevinnick, St Kew. Erection of two new sustainable holiday let lodges.

**Approved**

RG



**Don't forget the Quiz** at the Red Lion on 29<sup>th</sup> October 7.30pm for 8.00pm start. £2.00 per person.

Bring a team (any number) or make up one on arrival. Raffle and 'heads or tails' for a bottle of wine.

All proceeds to Cornwall's Children's Hospice 'Little Harbour.'

To reserve a team table ring Wendy on 01208 441271. Enquiries: Bob Plater on 01208 841381.



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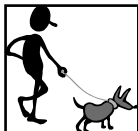
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## Tails from Ellistee Boris



All has gone very quiet. Someone has switched the sound off. I know that she talks to me as I can see her mouth moving and feel her voice when she presses her face against the back of my neck. It is a nuisance 'cos I don't always know where she is. I search around until I see her and then follow her. Silly little things that I miss; the birds singing in the garden, I know that they are there; her saying "Let's have a treasure hunt" she has to let me see that she is hiding things; "I'll be back soon" with a biscuit. I just have to guess now that the biscuit means that she is going out.

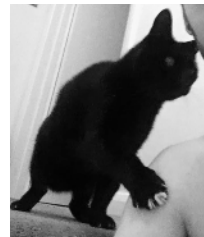
Never mind, I can still see and enjoy the sunshine. I can still bark when I see someone passing our gate and I can still enjoy all the interesting smells when we take our daily walks.

I would like to pass on a message to all drivers. Just give a thought when you are racing up a country lane, the person or animal in front of you may be deaf and not hear you coming.

Waggy tails as usual.

*Boris*

## Roly's Purrings



Thank goodness, someone to give me some attention!

Greetings to my many followers. I hope there are a few of you out there who read my stories. I don't get any fan mail - I wonder if Boris does?.

This month has been much quieter at home, we all seem to be back into our routines.

EXCEPT the other morning I got rudely awakened at **6.15** for my first breakfast, are there really two 6.15s in a day? She was off to a hospital appointment so needed to leave early. Why did she feel it necessary to wake me up? One of the others could have attended to my needs a few hours later. I ate my breakfast anyway - I wasn't silly enough to refuse - had a small complain about being left in my bedroom, but not too much as my heater was on and their heating wasn't! At least I wasn't put out, my days of taking the early morning air and doing a bit of bird and mouse catching are well and truly over! Toodle pip!

*Roly*

# GILL'S RECIPE OF THE MONTH

## Sweet and Sour Pork *serves 4*

### Ingredients

- 450g pork fillet, cut into small cubes
- 1 tbsp rice wine
- 1 tbsp dark soy sauce
- 6 tbsp plain flour
- 2 medium free range eggs, lightly beaten
- Sunflower oil for deep frying
- 1 tbsp cornflour
- 2 tbsp groundnut oil
- 2 red peppers, thinly sliced
- 1 bunch spring onions, sliced
- Large handful bamboo shoots
- 400g can pineapple chunks in unsweetened juice, drained

### For the sweet and sour sauce

- 3 tbsp cornflour
- 6 tbsp soft brown sugar
- 3 tbsp soy sauce
- 9 tbsp rice or white wine vinegar
- 3 tbsp tomato ketchup

### Method

- Place the pork in a bowl with the rice wine and soy sauce and set aside. To make the batter sift the plain flour into the bowl, pour the beaten eggs into

the centre and beat until the mixture is smooth. Set aside, preferably in the fridge.

- Fill a pan to 5cm deep with sunflower oil and heat to 180c or until a cube of bread turns brown in 30 seconds. While the oil is heating, make the sweet and sour sauce. Put the cornflour in a small pan and mix in 150ml of water, the sugar, soy sauce, vinegar and ketchup. Simmer gently on a low heat stirring for 3 minutes until thickened.
- Remove the pork from its marinade and discard the marinade.
- Put on a plate and dust with cornflour, then mix into the batter. Fry the pork in hot oil in 2 batches for two to three minutes per batch. When golden brown remove with a slotted spoon and drain on kitchen paper. Keep the pan of oil over a medium heat.
- Heat the ground nut oil in a non-stick frying pan or wok until sizzling hot. Add the red peppers and spring onions, stir fry for a minute then add the bamboo shoots and pineapple chunks, followed by the sweet and sour sauce.
- Return all the pork to the hot oil for a further 2 minutes while you bring the sauce up to the boil.
- As soon as the sauce is bubbling, lift the pork out of the hot oil with a slotted spoon, drain on kitchen paper, then add to the sauce.
- Serve with steamed rice.



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## ***The Historical Society***

**Proudly presents our annual return visit of special guest Mr Paul Holden, House and Collection Manager of Lanhydrock House (courtesy of the National Trust Bodmin).**

On Thursday November 9<sup>th</sup>, 2017, a talk on the 19<sup>th</sup> century Cornish architect Richard Coad of Liskeard.

Richard Coad (13<sup>th</sup> February 1825 - 1<sup>st</sup> November 1900) was a 19<sup>th</sup> century Cornish architect. Born in Liskeard, Cornwall, he was articled to Henry Rice of Liskeard and subsequently worked as assistant to Sir George Gilbert Scott from 1847 to 1864. He was clerk of workshop on the Albert Memorial in London and worked under Scott's supervision on improvements to Lanhydrock House near Bodmin in 1857. He returned to Liskeard in 1864 to open his own independent practice and opened a London office in 1868.

**This promises to be a fascinating evening and of great local interest!**

Our most recent talk was given by local historian and raconteur Mr Terry Faull on Thursday 12<sup>th</sup> October 2017 at 7.30pm. Our guest gave a most interesting illustrated talk on The Domesday Book in Devon and Cornwall. He talked about the genesis of the Great

Survey of the Kingdom ordered by William the Conqueror, the reasons he required this being mainly for taxation and proof of power, the speed in which it was carried out and the detail it contained. Later known as the Domesday Book, as it was considered valid and irrefutable until the end of time (Doom's Day) and was used as reference in a case of land dispute in the 1960s. The Great Survey can be viewed in its original form and in translation on various web sites and is well worth a look.

We welcomed once again on their annual visit to North Cornwall Mr Jim and Mrs Jill Dagg from Toronto Canada, representing the Toronto Cornwall Association, always a pleasure to see them.

**Look out for future events!**

**Annual Christmas get together with refreshments Thursday December 14<sup>th</sup> 2017**

All members on email will be notified and please also check our Facebook page. All talks at St Kew Parish Hall at 7.30 pm. All welcome, members free of charge, guests £3.00 per person, all funds to preserve the future of our History Society and important historical items of St Kew.

Thanks to all.

John Raybould, secretary.

## St James Bellringing News



The summer season has been an extremely busy time with our highest number of weddings to ring bells for this year - 8 in total.

We were proud to ring for the wedding of Katie Cleave from Tregellist as her father Micky Cleave was a ringer for St Kew for over 30 years and her Grandfather, John Tyrell, was also Captain of the tower for many years.

Our present Tower Captain Ken Godden also had the privilege of transporting the bride and groom, and guests, to the wedding reception with his vintage 1963 Fordson Super Major tractor and trailer.

Back in April, Stewart and Jacob Godden our youngest ringers completed their bellringing badge with St Mabyn cubs and scout group. They were the first group in the county to take part in this new badge. The bellringing badges were presented to the children at the Royal Cornwall Show by the Archdeacon. Congratulations to everyone at St Mabyn Scouts and Cubs.

Our other younger bellringer, Katie May, has been ringing for Sunday services and weddings. It's great to have some younger members showing great enthusiasm and commitment for bellringing.

In September we took part in the Bodmin Deanery Shield Competition held at Egloshayle Church, where we gained a very respectable 3rd place.

From October we will be competing for the second year in the East Cornwall Winter League ringing competition. Our first competition will be at St. Stephens Church on the 27th October. Watch this space for competition results.

We have restarted our winter practice nights on Wednesday evenings from 7.30pm - 9.00pm. Anyone who has learnt to ring in the past, or anyone who would be interested to learn to ring, or just have a go, are more than welcome to join us.

Please ring Ken Godden on 07968 481520, or Dave Finnemore on 01208 841481. We are in desperate need of new ringers as we are relying on ringers from other towers to help us.

*Gemma*

## Service to Remember Departed Loved Ones

A special service to remember loved ones who have died will be held in St Endellion Church at 4.30pm on Sunday 5<sup>th</sup> November. The service will last about 45 minutes and will include readings, prayers, music, an opportunity to light candles, and for names to be remembered aloud. Everyone is welcome to attend and tea will be served afterwards.

*JP*

*Tossing and turning in bed should be considered as exercise.*

## Priest 'marries' son!

Jonathan Pollinger and Sarah Murray in St Michaels Church, Porthilly. With Prebendary Judith Pollinger who conducted their wedding.



## In Penventinue Wood

Waiting for the fireworks  
we stripped the willow, strung the bow,  
and fired our arrows into the dark.

Holding high the spluttering candle  
in the cold November night,  
we weren't a gang – just a group of three,

flickering in and out of trees,  
fuses lit, so young and free.  
So who lit the signal of distress?

Tramping back through the hangar,  
wilfully breaking bracken and furze,

who vanished first through the narrow gate?

The eyes played tricks during 'Blind Man's Buff',  
complicated 'Simple Simon Says',  
altered the clock on 'What's the Time Mister Wolf?'

A rocket bloomed above the wood,  
cracked and spiralled red and white,  
our faces caught like Halloween ghosts,

up-turned in expectation and wonder.

*David Penhale*  
*October 2017*

# Group Travel

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### 2017 COACH EXCURSIONS

25<sup>th</sup> NOV - CLARKS VILLAGE CHRISTMAS SHOPPER

9<sup>th</sup> DEC - BATH CHRISTMAS MARKET

17<sup>th</sup> DEC - OLYMPIA

17<sup>th</sup> DEC - MOUSEHOLE CHRISTMAS LIGHTS  
2018

5<sup>th</sup> JAN - PETER PAN, THEATRE ROYAL

*Future excursions - Killerton House & Gardens, Scotland Spring Tour, Exmouth Sea Cruise, South Devon Railway, Widecombe Fair, Cotswold Wildlife Park, Dorset Steam Fair, Autumn Tour, Turkey & Tinsel and much more.*

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## Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



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martin@northcornwallpilates.co.uk  
www.northcornwallpilates.co.uk

12/17

# Western Supply



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## ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

### November

- 5<sup>th</sup> Rev Dr John Harrod
- 12<sup>th</sup> Gordon Rowe
- 19<sup>th</sup> Rev Alistair Sharp
- 26<sup>th</sup> Church Fellowship

### December

- 3<sup>rd</sup> Rev Sally Long

### Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110, wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

### Catholic Church Services

#### Wadebridge

St Michael's Church  
Tel:01208 72833  
Mass Sundays 8.30am  
Confessions  
Friday 10.30-11.00am

#### Tintagel

St Paul The Apostle  
Tel:01840 770663  
Mass Mon-Thur 10am  
Fri & Sat 6pm  
Sunday 10.00am  
Confessions:  
Before/after Mass.  
Other times on request.

## St James the Great at St Kew



### Church Calendar for November

- Sunday 5<sup>th</sup> 9.30am Holy Communion Rev Dr Elizabeth Wild.  
*(All Saints Sunday and 4<sup>th</sup> before Advent)*
- Sunday 12<sup>th</sup> 10.30am Service of Remembrance  
Ordinand Geraldine Ashton.  
10.50am at the War Memorial.  
*(Remembrance Sunday and 3<sup>rd</sup> before Advent)*
- Sunday 19<sup>th</sup> 9.30am Holy Communion with Rev Prof Andrew Lewis.  
*(2<sup>nd</sup> before Advent)*
- Sunday 26<sup>th</sup> All Age Worship with Marcus Jones.  
*(Christ the King and next before Advent)*

### For your diary in December

- Sunday 24<sup>th</sup> 11.00am - Cluster Holy Communion at St Miniver Church.  
4.30pm - Christingle and crib service with Ordinand Geraldine Aston.  
11.30pm - Midnight Mass with Rev Canon Judith Pollinger.

### Memory and Hope

In November, we enter a season of remembering. At All Saints, we remember those who have gone before us and shown us how to live fully – people we call saints. At All Souls, we remember all those who have died, and especially our loved ones, and on Remembrance Sunday we remember all who have died in wars and conflict, especially those serving in the armed forces.

Memory is an important way of keeping alive what is important from the past, and in our churches we do it quite a lot. Just before he died, Jesus asked his friends to remember him in a particular way. They were asked to remember him whenever they shared a meal together, breaking bread and drinking wine. We do this in a formal and symbolic way when we meet to celebrate holy communion in our churches, but perhaps we should be remembering Jesus every time we eat with members of God's family – not just meals out and special occasions, but lunches and afternoon teas as well!

Every time we share food with one another, we have a chance to remember the way that Jesus shared

his love and his life with all sorts of different people, often the sorts of people who were excluded by society. And if we really do this, today, then we will also be remembering all those people in our local communities and around the world who are struggling for food and going hungry.

For me, this kind of remembering is also a call to take action to make a difference in our world today. Remembering God's generosity in the past makes me want to reach out with that same generosity to those who are struggling today. In this way, for me, memory leads to hope. For when we remember the way that God's limitless love poured out to the most unlikely people in Jesus' lifetime, perhaps we can also imagine our churches and communities filled with the same generous love which wants the best for all those around us, and encourages us to do whatever we can to help.

If remembering the good enables us to do whatever good we can, then I think we can be filled with hope for the future.

*Revd Elizabeth*



Thank you for all you generous **Harvest Festival** donations. We rely on public support to help feed people in need and your support makes a real difference. With the weather turning colder there is an increased demand for food, and the number of people being referred to our Foodbank is up by 10% compared to the same period last year (*April – Oct*). This is expected to rise even more with the roll-out of Universal Credit. If you know someone who needs some support and advice, our **FREE Money-box Course** can help. We are working with Eccabi and Cornwall Housing as part of the European Social Fund. The course is for anyone who is a tenant, unemployed aged 16-64. It will help people to budget, build their confidence and manage their finances and find out how Universal Credit will affect them. Courses are for 6 sessions, one day per week from 9.30 to 2.30 to fit in with the school term. If anyone would like more details of the course, please contact us on 01208 815374

or email [contact@wadebridgefoodbank.org](mailto:contact@wadebridgefoodbank.org) It's a great way to learn in a relaxed environment.

### Tesco Collection

We're getting ready to dig out our Christmas hats and spread some festive cheer. We will be at the Wadebridge and Padstow Tesco stores for this year's Food Collection taking place on **Friday 1st December & Saturday 2nd December**.

### Dry Storage?

We are in urgent need of some secure dry storage space, if you can help or know of any, please give us a call on 01208 815374.

Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374

Email: [contact@wadebridgefoodbank.org](mailto:contact@wadebridgefoodbank.org)  
Website: [www.wadebridgefoodbank.org](http://www.wadebridgefoodbank.org)  
Registered Charity No. 1166301



At our October meeting, Frances and David came along and gave a session in Short Mat Bowling. Some of us were skilled, others needed a little more practice but it was a fun evening.

As St Kew WI is celebrating its 95th birthday, we had a celebratory cake, enjoyed some homemade Cornish pasties, and also had a celebratory drink of cider. What a feast.

On top of that, Gill had celebrated her Golden Wedding anniversary in July, and owing to holidays had not been at our last meeting, so she was

presented with a lovely arrangement by Becky, our President.

Next month, Gill will be demonstrating some homemade sweets - come along - there may be some samples!

We will be meeting on Wednesday 8th November at 7pm. Visitors always welcome.

For any more information please call 01208 84179, email [stkewwi@gmail.com](mailto:stkewwi@gmail.com), or message us on our Facebook page.



### St KEW GARDENING CLUB

At the September meeting we had a very interesting talk from Ben Finnemore on pest control. I think we all learnt a lot on what we should and should not do.

One interesting fact from the talk - if you catch a mouse, grey squirrel, or rat in a live trap it is illegal to set it free elsewhere, it must be destroyed. The reason is that the mouse and rat are vermin and the squirrel is a non-native species.

There was no speaker for the October meeting, the club had a discussion on the recent garden show.

November 15<sup>th</sup> meeting is at St Kew Highway Community Hall at 7.30 pm. We will have a talk from the Porteath Bee Centre, which I'm sure will be of great interest, not just to gardeners. Remember everyone is welcome at the club's speaker evening, it's free and you do not have to be a member to attend.

Contact the club on [stkewgardeningclub@gmail.com](mailto:stkewgardeningclub@gmail.com).

CHRISTMAS CHRISTMAS

[info@redlionstkew.com](mailto:info@redlionstkew.com)

01208841271



Ginger bread

# Red Lion News Flash

## NOVEMBER

**OPEN MIC**  
Wednesday 1st  
All welcome

**SUPPER CLUB**  
Thursday 16th  
(Presentation from  
*Fever Tree*)  
**FOOD**  
Winter Warmers  
**COMFORT FOOD**

## **FOODBANK QUIZ**

Sunday 19th

*Join us and enjoy an evening of fun to get your minds working*  
**ENTRY AN ITEM OF FOOD**  
*All monies go to Foodbank*

Christmas is nearly upon us, book your Christmas party or function now!

**SUNDAY NOVEMBER 26th from 4:30pm Christmas begins!**

We turn our lights on, Santa arrives with gifts for all the children, we have a theatrical mummies group performing their Christmas style panto for the children. Then they are lead out to our snow covered courtyard when the cannon sounds and the lights magically sparkle

**DECEMBER 24th CHRISTMAS EVE**

*Come and enjoy our Christmas themed special event menu under the lights with the log fires blazing.*

**DECEMBER 25th**

**CHRISTMAS DAY LUNCH**

A five course lunch with all the atmosphere you'd expect on the big day with our specially designed menu.

**DECEMBER 26th**

**BOXING DAY**

We open at 6:00pm for dinner bookings, with our special Christmas Quiz starting at 8:00pm



**BOOK EARLY FOR OUR NEW YEARS EVE DINNER DANCE** with live music from Steve Winchester and our 1,2 or 3 course menu to suit your tastes

Merry Christmas  
Steve and Wendy

## Events Diary - November

- 1<sup>st</sup> Bellringing practice, 7.30-9.00pm  
 2<sup>nd</sup> Chair aerobics, Community Hall, 2.00pm  
 5<sup>th</sup> Live music, Cornish Arms, Pendoggett 3.00-5.00pm  
 8<sup>th</sup> Bellringing practice, 7.30-9.00pm  
 WI, Community Hall, 7.00pm  
 9<sup>th</sup> Chair aerobics, Community Hall, 2.00pm  
 13<sup>th</sup> \*\*\* Copy date for the December issue \*\*\*  
 15<sup>th</sup> Bellringing practice, 7.30-9.00pm  
 Gardening Club, Community Hall, 7.30pm  
 16<sup>th</sup> Chair aerobics, Community Hall, 2.00pm  
 17<sup>th</sup> Souper Lunch, Community Hall, 12.30pm  
 17<sup>th</sup> The Freewheelin' Duo. Cornish Arms,  
 Pendoggett, 9.00pm  
 19<sup>th</sup> Charity quiz at the Red Lion, 8.00pm  
 22<sup>nd</sup> Bellringing practice, 7.30-9.00pm  
 23<sup>rd</sup> Chair aerobics, Community Hall, 2.00pm  
 26<sup>th</sup> Santa and Christmas lights being turned on  
 The Red Lion, 4.30pm

### News from St Kew Parish Hall

Thanks to everyone who attended our quiz and curry evening and made it a great success. Our next fundraiser is the draw which will take place on 1<sup>st</sup> December starting at 7.30pm in the Parish Hall. Tickets on sale soon.

The pre-school will leave the hall soon so we are looking for possible users of the Hall during the day.  
 Kathy

To book the hall, please contact Joanna Pratt on 01208 841420.

## The Regal in Wadebridge

Tel: 01208 812791



November

- 3<sup>rd</sup> A Bad Mom's Christmas  
 Murder on the Orient Express  
 10<sup>th</sup> Paddington 2  
 17<sup>th</sup> Justice League  
 24<sup>th</sup> Daddy's home 2  
 The Star  
 25<sup>th</sup> Olaf's Frozen Adventures Plus Frozen

*Please check our website for the next Autism friendly screening - watch newly released films with friends and family in an inclusive environment.*

### Live Screenings: book online or contact the Cinema

- 16<sup>th</sup> 'Follies'-National Theatre live 7.00pm  
 28<sup>th</sup> 'A Woman of No Importance' Oscar Wilde (from the Vaudeville Theatre, West End, with Eve Best & Anne Reid) 7.15pm

Please ring or check our website for more details  
[www.wtwcinemas.co.uk](http://www.wtwcinemas.co.uk)

### Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 6<sup>th</sup> and 20<sup>th</sup> November.

*Remember that plastic food pots, tubs and trays can now be put in your red bag for recycling. Every house in our area should have had a leaflet explaining the changes.*

## ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

(Registered Charity No 294140)

- |               |   |                 |               |
|---------------|---|-----------------|---------------|
| <b>Sun:</b>   | Methodist Church Service                  | Marion Dingle   | 01208 841388  |
| <b>Mon:</b>   | Yoga 10.30am                              | Fiona Crompton  | 01208 851735  |
|               | Pilates 2.30pm - 5.15pm                   | Martin Brooks   | 07812 959 879 |
| <b>Tues:</b>  | Allen Valley Singers 7.15pm - 9pm         | Janette Man     | 01208 841784  |
|               | Pilates 1.15pm-2.30pm                     | Martin Brooks   | 07812 959 879 |
| <b>Wed:</b>   | 1st, 3rd and 5th in month -               |                 |               |
|               | West Country Embroiderers 10am - 3pm      | Pat Scarborough | 01841 521323  |
|               | 1st in month - St Kew Playing Field Trust |                 | 7.00pm        |
|               | 2nd in month - St Kew WI 7pm              | Becky Allen     | 01208 841798  |
|               | 3rd in month- Gardening Club 7.30pm       | Richard Godden  |               |
| <b>Thurs:</b> | Chair Aerobics 2pm                        | Pat             | 01208 841260  |

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL  
 CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

## Souper Lunch



The next Souper Lunch will take place on Friday 17<sup>th</sup> November at 12.30pm in the St Kew Highway Community Hall.

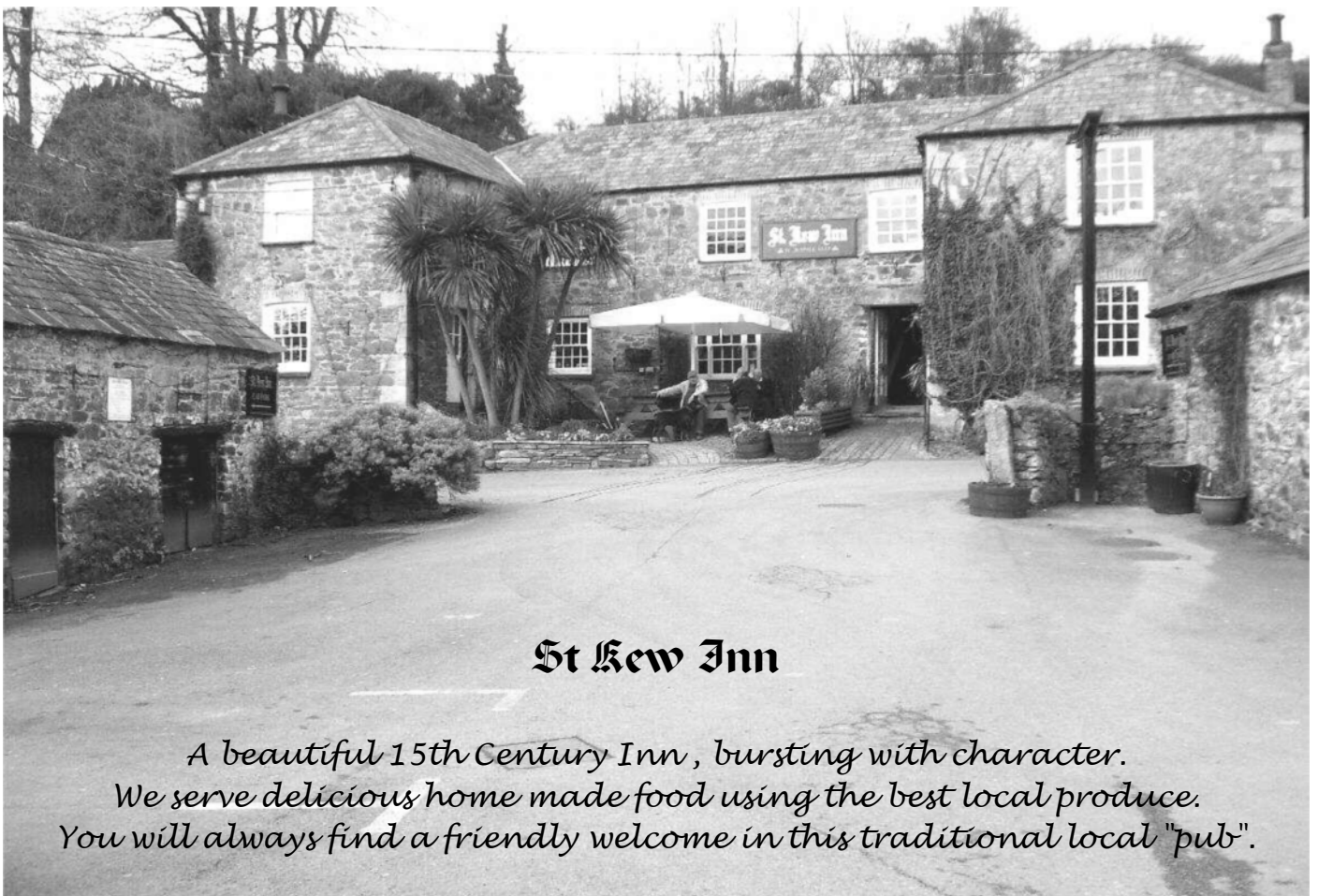
All welcome. We enjoy a bowl of home-made soup together and raise some money for a good cause.



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Disputes | Family | Property | Wills

# *Pieces of Eight*



December 2017 Issue 236  
News, views and issues  
from: Chapel Amble,  
Pendoggett, St Kew, St  
Kew Highway, Trelill,  
Tregellist, Trequite,  
Trewethern

Email: [stkewmag@gmail.com](mailto:stkewmag@gmail.com)



***The bumper Christmas and New Year edition***



**Sunset over Trelill**

*Photograph by Ed Pickard*

**Your free guide to news and events within and around St Kew Parish**

# Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January or August) covering local news, views and events in the St Kew parish area. Volunteers produce, print and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

We can post issues to households outside the parish at a cost of £10.00 per annum. There is also an on-line edition hosted by the Parish Council which can be found at [www.stkewparish.org.uk/PO8.html](http://www.stkewparish.org.uk/PO8.html). (*We are very grateful to the Parish Council for allowing us to use their site*).

## Editorial



The Festive Season is upon us once again and we would like to wish everyone a very happy, peaceful and neighbourly Christmas!

We are very anxious to remain a free magazine and are very grateful to the Padstow Harbour Commission for kindly donating a printer to the organisations within the Parish. This will enable us to print the magazine more efficiently, reduce costs and and our time (of which there never seems to be enough!) So thank you!

We would also like to thank our contributors without their information you wouldn't know what's happening locally.

We would also like to thank our wonderful helpers who distribute the magazine to your door, whatever the weather. It is much appreciated by all.

We would welcome any feedback, letters, and articles that you might want to share with the community. This is your magazine, so do please let us know what you would like to read about.

We will be taking a break in January but will be back in February with all the news and views of our community.

We wish you a Happy Christmas and Joyful and Peaceful New Year.

The Editors:

Philippa Harkness - Children's page & History  
Steve Liddiard - Advertising manager  
David Penhale - Events & poet in residence  
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

## Contacting



## the Editorial Team

We can be contacted by email at [stkewmag@gmail.com](mailto:stkewmag@gmail.com). Please use this address for **ALL** correspondence, the in-box is checked regularly.

Or you can phone Nicky's mobile on **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

## Copy date for the Februarys issue is:

### **Monday 15<sup>th</sup> January**

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Could all contributors please send us your copy or advertisement as soon as possible, ideally **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.



## Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight! This shows our advertisers that the magazine is *the* place to reach local customers.

*Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers, the management committee, who reserve the right to refuse or alter any material supplied. The magazine does not accept any responsibility for any issues arising from advertisements.*

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### **LANDLORDS:-**

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**Or email:**

**[enquiries@cornwallexteriorcleaning.co.uk](mailto:enquiries@cornwallexteriorcleaning.co.uk)**

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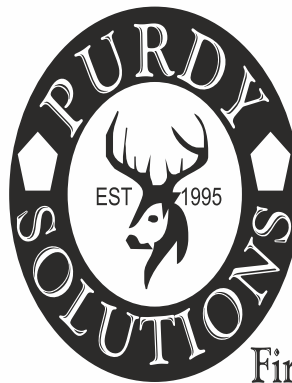
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Many thanks to everyone who contributed in any way towards 'Steve's Fun Quiz' in the Red Lion Inn on 29<sup>th</sup> October and helped to raise the grand sum of £245.00 for 'Little Harbour'.

Whilst you were warned on the posters it would be different, I know that some quizzers found it very different, particularly when Steve's new system of raffle prize distribution resulted in awarding a prize to the person who had donated it!

However, it was a fun evening and the money raised does go to a very worthy cause, where it is used not to provide 'extras' but towards the actual running costs of this charity-funded facility which provides essential care for Cornwall's life-limited children and their families.

Particular grateful thanks to Wendy & Steve for making such a successful and enjoyable event possible.

*Bob Plater*

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Saturday 8am – 2pm

Sunday 9am – 12 noon

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We sell eggs, stamps, stationery, sweets, toiletries, coal, frozen food. **And lots more!**

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All the news and highlights from St Kew School – but don't forget, you can keep up with all the school antics in our weekly newsletters, published on our website: [www.st-kew.cornwall.sch.uk](http://www.st-kew.cornwall.sch.uk)

### **MORE NEW BEGINNINGS**

After the wonderful start to the academic year, we can report that the zest for learning has continued at full speed! The Topics studied in this second half of the Autumn term (before the crazy excitement of Christmas comes upon us) are:

**Class 1** have been inspired by 'Starry Night' and the painting by Van Gogh as a stimulus for their work. They have investigated light and dark and the stars, planets and constellations.

**Class 2** have been 'Bright Sparks' – yes you heard right! – with a focus on electricity, magnets and the Wolf's version of The Three Little Pigs story.

In **Class 3**, 'Mysterious Materials' have been investigated with a focus on the environment, including recycling and the production of materials we use in everyday life.

### **READING IS FUNDamental!**

The children have been working towards their reading rewards scheme again this year, where they receive a star for each 'read' they complete at home. After 20 and 40 'reads' they get to choose a card from the reward box and when they complete their 60<sup>th</sup> read, the reward is a 'Tea Party' (chosen by the children themselves!) We had the first one on Friday 17<sup>th</sup> November and thoroughly enjoyed an afternoon of books, tea and cakes.

### **CHRISTMAS PLAY**

The children in Class 2 and 3 have been busy in the initial stages of preparation for this year's show of 'Porridge'. Tickets for the production on Thursday 7<sup>th</sup> December at 1.30pm & 7pm, and on Friday 8<sup>th</sup> December at 7pm can be obtained from the school office. It would be lovely to see the members of the St Kew community at these shows, especially the matinee on the Thursday, to share the talents of the children 'at the top of the hill'.

### **THE NATIVITY STORY**

Class 1 will be sharing the Nativity Story with the school and local community on Tuesday 19<sup>th</sup> December at St James' Church at 1.30pm and we would be delighted if you could come and join us. It's the final highlight of Christmas preparations at St

Kew and is not to be missed. Tickets are not required for this show and so please just turn up. We look forward to seeing you for 'Born in a Barn'.

### **STORY-TELLING PROJECT**

The children in Class 3 have started working with Endelienta on a Story Box project. They will be working with members of the community to make it an inter-generational project utilising the knowledge of 'older' locals! We are hosting a Community Coffee Morning on Monday 5<sup>th</sup> February where children will be sharing the work from the project and would like to extend a warm welcome to all members of the community to join us. Tea, coffee, cakes and biscuits will be provided. If you wish to join us please telephone the school so that we can organise the refreshments.

### **HEAD BOY & GIRL, and SUPER SIXES**

Presentations were given on the topic of 'Why it is great to be a pupil at St Kew' and as a result we appointed a Head Boy and Girl (Tristan & Abbi) AND a Deputy Head Boy and Girl (Jools and Jenna) who will be helping us with School Improvement. The Super Sixes are Toby, Adele, Kaya, Kyle, Lola, James and Leo who are already undertaking their responsibilities well. All of these pupils will be answering the telephones at the school during the lunchtime session so please be patient if you phone between these times.

What a busy term it has been for us all! The children delight us on a daily basis and make coming to work a pleasure. Rolling onto the end of term with Christmas we would like to wish you

**A VERY HAPPY CHRISTMAS!**

### OUR PRE-SCHOOL IS ACE TOO!

One of the most exciting pieces of news from the school is that Pre-School have made their move from the beautiful setting of the Parish Hall to the equally beautiful setting of the school grounds. We 'opened' officially on Monday 6<sup>th</sup> November and have 7 children on roll. Thomas, Eli, Katelyn, Theo, Freddy, Jacca and Nessa have thoroughly enjoyed exploring their surroundings whilst learning about Autumn, hedgehog homes and getting stuck in the mud in the newly constructed 'mud kitchen'.

The photo is Theo, Katelyn and Freddy planting herb seeds and watering them. When they have grown the children will use them in the mud kitchen.



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# CHILDREN'S CORNER



Please colour us in!



## HAPPY CHRISTMAS EVERYONE!!

Christmas is a time of giving. Why not fill a shoebox with goodies for someone who is not as lucky as we are! Please deliver direct to the Food Bank at 2 Trevan-son Street, Wadebridge PL27 7AR. Thank You!

Hidden in the magazine there are 15 Christmassy pictures, or are there more? Can you find where we've hidden them all?

To start you off, three can be found on this page..... This is one of them



CHRISTMAS

[info@redlionstkew.com](mailto:info@redlionstkew.com)

01208841271

# Red Lion News Flash

## DECEMBER

OPEN MIC  
Wednesday 6th  
All welcome

SUPPER CLUB  
Thursday 14th  
FOOD  
*Christmas of Old  
With a Twist*

CAROLS  
With the  
Allen Valley  
Singers  
Tuesday 19th

Boxing Day  
QUIZ  
Tuesday 26th

*Join us and enjoy an  
evening of fun to get your  
minds working*

Christmas is upon us, book your  
Christmas meal or function NOW it's  
not to late!

### DECEMBER 24th CHRISTMAS EVE

*Come and enjoy our Christmas themed special event menu under the lights with the log fires blazing.*

### DECEMBER 25th

#### CHRISTMAS DAY LUNCH

A five course lunch with all the atmosphere you'd expect on the big day with our specially designed menu.

### DECEMBER 26th

#### BOXING DAY

We open at 6:00pm for dinner bookings, with our special Christmas Quiz starting at 8:00pm



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Steve and Wendy

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**PLEASE NOTE - our last day this year is Saturday 23rd December. We will then re-open Friday 9th February.**

**Wishing you all a Happy Christmas and a Happy New Year**




Dont forget we serve Breakfast 9am-11am, Lunch 12noon-3pm. Coffee, tea, homemade cakes,ice cream etc served all day. Pop in -you will be sure of a warm welcome- open every day!! Book now for our **Traditional Sunday Roast**, choice of meats including a selection of homemade desserts.

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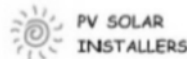
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***A VERY MERRY CHRISTMAS & A HAPPY NEW YEAR***  
*to all our customers old & new from Geoff, Karen and the team at*  
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*A 16th Century Inn*

Open all day every day from 11:30a.m  
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The Christmas menu is available to view on our website & in the pub and runs  
alongside our normal menu. Booking required

**A CHRISTMAS QUIZ FRIDAY DECEMBER 22nd at 8:30pm.**

Cash prizes plus Christmas extras

Entry is free - collection for the Pendoggett Defibrillator fund.

Please see our web site for details of our live music events

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**Website: [www.cornisharmspendoggett.co.uk](http://www.cornisharmspendoggett.co.uk)**



## Trevathan Farm and Restaurant

Trevathan farm shop and restaurant has everything you need for Christmas. Come and browse our selection of cards, wrapping paper, gifts, decorations, home-made Christmas cakes, Christmas puddings, mincemeat and mince pies, along with a selection of hampers. We can also offer bespoke hampers made to your individual needs.

Orders now being taken for Turkeys, Hams, Beef, Lamb, Sausages and much more.

From the first week in December we will be stocking a lovely selection of freshly cut non-drop Christmas trees and locally-made wreaths.

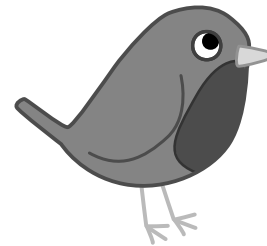
Why not plan a Christmas function at Trevathan farm? Enjoy a delicious 2 course meal including tea and coffee for £15.95 per person. Bookings essential. Available 1<sup>st</sup>-23<sup>rd</sup> December (excluding Sundays).

Tel: 01208 880164 for more information.



## ST KEW HIGHWAY METHODIST CHURCH

We wish all in the area a Very Happy Christmas and a Peaceful New Year



## 'KEW & A'

### Twenty Questions & Answers

**This month:** Barry Cuff, landlord of The Maltsters Arms, Chapel Amble.

**Childhood Hero:** 'Bill & Ben, the Flowerpot Men' (children's TV series, 1950's).

**Hobbies:** Bridge.

**Favourite Music:** Mozart.

**Favourite Book:** 'A History of the English-Speaking Peoples' by W.S.Churchill.

**Favourite Film:** 'Tunes of Glory' (1960, starring Alec Guinness & John Mills).

**Favourite TV Programme:** 'Dragons Den'.

**What's good about living in your village?** It's peaceful.

**What would you improve?** The broadband connection.

**I'm very good at....** Making plans.

**I'm very bad at....** Not carrying them out.

**A phrase I use too often is....** 'I don't know, ask Amber'.

**Three people, dead or alive, I'd invite to dinner are....** Winston Churchill, Margaret Thatcher & Tony Benn.

**I'd like to be stranded on a desert island with....** A fit female physiotherapist.

**I'm embarrassed by....** According to my staff, 'nothing'.

**My proudest moment was....** becoming landlord of 'the Maltsters Arms'

**The best things about Cornwall is...** The fresh air.

**The worst thing about Cornwall is....** Traffic in the summer.

**Which of our country's laws would you change?** Some licensing laws.

**An over-rated public figure is....** Any celebrity chef.

**In another life I would....** Be a sultan.



# Parish Council News

**Chairman:** Cllr John Lethbridge  
**Clerk:** Cindy Powell, 6 Greenhill Villas  
Wadebridge PL27 6HN Tel: 01208 815591  
Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.30pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

## St Kew Parish Council Meeting held on Tuesday 14<sup>th</sup> November at 7.30pm in the Parish Hall.

Present: Acting Chairman A Godden, Councillors T Mott, R Godden, J Rowe and B Finnemore. 2 members of the public were also present.

A presentation was given by a team of architects regarding the possibility of building affordable houses in St Kew Highway. Full details will be in next issue of the magazine.

Parking on common land is still a problem and the council is having signs made to try to preserve the grass.

The council was concerned that they do not get the police reports any more, they were told at the meeting that our PCSO had been seconded to Newquay.

Parish Awards time is coming and hopefully an entry form will be in next month's magazine. Please nominate anyone in the parish you feel deserves an award.

## Planning Applications

### PA17/09952

Mr & Mrs Pountrey, Meadow View, Tregellist. Retrospective application for a garden shed.

**Recommend approval**

## Planning decisions by Cornwall Council.

### PA17/06277

Mr Shaun Hawkey, The Olde House, Chapel Amble.

Installation of 6 x energy units.

**Approved.**

### PA17/02094

Mr & Mrs Stephens, Barton Farm, Trelill.

Extending existing derelict barn from single to two storey.

**Approved**

RG

**Members of the Council wish everyone a Merry Christmas and a Happy New Year.**



## SOUPER LUNCH, 17<sup>th</sup> NOVEMBER

The lunch raised £80 for Save the Children, in aid of the Rohingya refugee children.

St Kew WI wins first place in the WI competition at the Wadebridge Winter Fair.

Audrey Copus ( of St Kew Highway) is being presented the trophy by George Eustace, M.P



Congratulations!





## Allen Valley Singers

The evening came when Janette our Musical Director, asked us to bring in our 'Christmas File'. I feel that I have only just removed the holly from last year! We now have the known and also new Christmas songs to revise and learn and look forward to the concerts in a variety of venues, from Church, to Retirement Homes, to the seafront and even a pub. On the 13<sup>th</sup> of October we entertained our good friends of the Friday Club at Tywardreath Village Hall. Both the choir and the members thoroughly enjoyed this afternoon diversion, with the audience participation being a highlight. It was a very happy occasion.

On October 21<sup>st</sup>, we joined in a concert with the Wadebridge Male Voice Choir, which took place in St. Merryn Church. Considering the rain and very uncomfortable weather that evening, we applaud the choirs and the audience for getting to the church at all. The two choirs sang from their own repertoires, which made for a wide variety of music, appreciated by us all. Richard Man entertained us with poems, serious and amusing, for which we thank him.

Our future concerts include:

**December 2<sup>nd</sup>.** Basil Manor - always an adventure to arrive at this lovely old house on the moor.

**December 5<sup>th</sup>.** We will be at Wyndhurst Orchard Retirement Home with its warmth and constant welcome.

**December 9<sup>th</sup>.** Singing on the seafront at Padstow, is always a challenge, especially at 5.30 pm. We will have have two of everything on our persons as insulation from the cold. Nevertheless the atmos-

phere created by the appreciative audiences is always warm and we all have fun.

**December 11<sup>th</sup>.** Our joint Concert with the SAS Orchestra at Cleese Hall, Camelford which will be both a musical treat and a cheerful evening. Try not to miss that one – a 7.30 start.

**December 19<sup>th</sup>.** Carols at the Red Lion pub in St. Kew Highway. This is one of the best ways to celebrate the coming of Christmas, so you know where to be at 7.30 pm on that date!

We welcome new singers. If you feel you would like to join us, please contact our Musical Director Janette Man, on 01208 841784.

Come on a Tuesday evening, to the Community Hall at St. Kew Highway, 7.15-8.45pm to meet us and to have a chat with our M.D. You can also contact her for booking the choir for concerts and weddings, and for any event which you feel would be enhanced by music.

Our brilliant pianist Steve Tyrrell is also a fine organist in the case of our singing at any Church ceremony.

This will be the last report before the New Year. So we wish everyone a very happy Christmas and all good fortune for 2018.

Our website is up and running, if you would like to know more about our history, our repertoire and our events, hear a song, or just discover details about the choir, please go to:

[www.allenvalleysingers.org](http://www.allenvalleysingers.org)

Hope to see you soon.

*Joyce Hargrave-Wright (Publicity)*

## St. Kew Community Gardens Association

The AGM was held on Thursday 26 October, with members agreeing that the site and the individual plots had proved very productive this year.

### Best-kept plot competition

For the first time, the association had organised a competition to find the best-kept plot and awards were presented on the night to Phil and Carol Scott in first place (winning a year's free rental), Sue and Terry Carthew in second with a Trelawney voucher and Tony and Judith Mott in third place, also with a voucher. A special mention was made of Adam Pratt with his massive "wall of beans" – enough to feed the Parish, we reckoned.

### Allotments vacant

Due to members moving away, we now have five full-sized plots available. The plot dimensions are 14m

by 6m (ie 84 sq.m). The rental fee is £38 for a full year from 1 November 2017 to 30 October 2018.

The annual rental includes free water from three standpipes/troughs, free manure twice a year, and the use of the communal shed, community wheelbarrows, etc.

The site is small and friendly (only 32 plots), with members helping each other with chores, bartering fruit and vegetables and enjoying the fresh produce.

If you turn left at the Red Lion Inn and carry on down the Trequite Lane for a couple of hundred yards, you'll find it on the left hand side. We'd be glad to show anyone interested which plots are free.

Please contact Judith Mott (Secretary) on 01208

RED LION  
ST KEW HIGHWAY

JANUARY

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All welcome

AUSTRALIA DAY  
DINNER  
Friday 26th  
BBQ FISH MEAT VEG  
SALAD  
LIVE MUSIC  
Book your table now

QUIZ NIGHT  
Sunday 28th  
In aid of Camelford Rotary  
All welcome



**St James Calendar**

Although it is still only November, here are some dates for your diary for services early in 2018:

**January 2018**

- Sunday 7<sup>th</sup> 9.30am, Holy Communion with  
(*Epiphany*) Prebendary Dr Elizabeth Wild.
- Sunday 14<sup>th</sup> 9.30am, All Age Worship with  
(*Epiphany 2*) Marcus Jones.
- Sunday 21<sup>st</sup> 9.30am, Methodist Covenant  
Service at the Community Hall.
- Sunday 28<sup>th</sup> 9.30am, All Age Worship with  
(*Candlemass*) Marcus Jones.

**February 2018**

- Sunday 4<sup>th</sup> 9.30am, Holy Communion with  
Prebendary Dr Elizabeth Wild.  
(*2<sup>nd</sup> before Lent*)



**2018**

**St Kew Parish  
Supper**

**Saturday 3<sup>rd</sup> February,  
7 for 7:30pm  
Parish Hall**

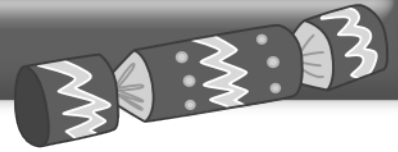
**3 course meal with  
entertainment.**

**All welcome!**

**Tickets £12 adults, £5 children**

**Buy in advance from**  
Rob Soley 841 366,  
Pippa Bishop 841 630,  
Joanna Pratt 841 420,  
or Andrew Campbell 841 115

# Puzzle Page



## codeword

	16		3		21		19	2	3		13	
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## nonogram

T	N	E
R	G	S
I	U	A



How many words of 4 letters or more can you find? You must use the centre letter in each word.

No plurals or proper nouns are allowed. There are 85 listed in the solution which includes **1 nine letter** word to find.



## EVENTS OUTSIDE OUR PARISH

January 2018

### December

- 2<sup>nd</sup> Reflective Day on 'Stanley Spencer' by Canon Mark Chapman at St Endellion Church. 10.00am - 3.00pm. Starts with coffee in Church hall at 10.00, contact Preb. Judith for details and to book a place.
- 10<sup>th</sup> Young Musicians from Wells Cathedral School, St Endellion, 3.00pm.
- 16<sup>th</sup> Polzeath Christmas Beach Clean, 9.30am, on the beach.

6<sup>th</sup> If Music be the Food of Love, St Endellion 7.00pm.

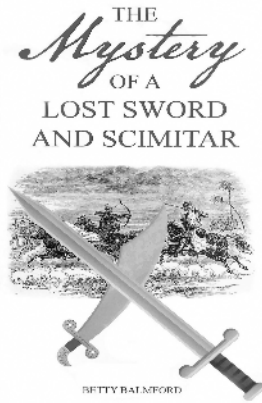
10<sup>th</sup> Beach clean Polzeath, 9.30am meeting in the car park on the beach

For Reflective Days please book by contacting [rev.judith@btinternet.com](mailto:rev.judith@btinternet.com), or 01208 880181.

For more details please go to the following websites:

Concerts: [endellienta.org.uk](http://endellienta.org.uk).

Beach Clean: [polzeathmarineconservation.com](http://polzeathmarineconservation.com).



## Local Author's First Book on Sale for Christmas!

### 'The Mystery of the Lost Sword and Scimitar' by Betty Balmford

*(Published by Spiderwize)*

It has often been said that 'we all have a novel inside us'; however, very few of us actually get around to writing it. Betty Balmford, resident of St. Kew Highway, is, however, the exception to that rule as she has done just that. Her novel is a cornucopia of inter-linked stories, written as she says, 'for all young persons under the age of 91 and still young at heart'.

The book begins with Luke, as he recalls a very special summer holiday he spent when he was 11 years old, at his friend, Guy Villiers, ancestral home in Oxfordshire. This provides us with the main setting: an old Tudor house full of secret passages and rumours of a long-lost treasure – one which can only be found by solving an ancient riddle.

The story also revolves around Guy's family history concerning the Knights Templar and the early Crusades. Thus we learn that the 'sword and scimitar' of the title are part of a large family treasure that was lost during the English Civil War.

How the two boys set about solving the mystery is at the heart of this very imaginative novel.

On the way, we are reminded just how fascinating a subject History can be, especially when narrated by the people who lived through the events.

Betty recalls that during the creative-process she was fortunate enough to be encouraged by the famous Oxford historian, Christopher Hibbert, who told her to 'get on and write it!' – still admirable advice to all budding novelists out there. His works are also acknowledged in a very useful bibliography at the end of the book.

Published just in time for Christmas, this book would make an ideal stocking-filler.

Available from Wadebridge Bookshop, price £8.95.

It is also available direct from Betty herself - tel: 01208-841507

*Review by David Penhale*

## HARBOUR SESSIONS...

### JAZZ EXPERIMENT // WINTER MOUNTAIN

2017 has been an amazing first year for Harbour Sessions at St James Church in St Kew with performances from these incredible artists: William The Conqueror, Alex Hart, Haunt The Woods, Rue, Jam Experiment, Logan, The Woodcarts, Sadie Horler & Winter Mountain

We actually decided to move the Jam Experiment show into the Parish Hall due to concerns about people still coming out while storm Brian was in full swing. But, Brian turned out to be more true to his name, like the mellow snail from the Magic Roundabout, which meant the crowds came out in force packing the Parish Hall to see and hear the beautifully crafted songs and stunning voice of local favourite Logan and the Jam Experiment cook up a jazz hurricane.

The last Harbour Session of this year on 11 November saw the launch of Winter Mountain's UK Tour. But, the audience at St James Church were first treated to two super-talented young support artists.

Local folk-duo, The Woodcarts, made up of sisters Martha (17) and Rosa (14), who you may have seen playing on the Fringe Stage at this year's Cornwall Folk Festival, rose to the occasion playing some mature originals and a creative cover of Ariana Grande's song 'Problem'. Next up was Exeter girl Sadie Horler, fresh from supporting Wildwood Kin on their UK Headline Tour. Again for her age (also only 17) she captivated the gaze of the candle-lit crowd with the maturity of her stage presence, song-writing and her uniquely quirky tone.

Finally, Winter Mountain, took the Harbour Session stage and played a classic set of hook-drenched folk-rock songs. But remaining true to his roots and years spent in Ireland, frontman Joe Francis was able to retain that sense of intimacy and story that can sometimes get lost in the bigger band sound. Joe enhanced that sense of strength in vulnerability by playing a couple of beautiful mid-set solo songs, including a moving performance of 'The Lucky Ones' which he recently played live on BBC Radio 2.

Looking back on our first year of Harbour Sessions it would be hard to pick out any one artist or band that has played as the highlight. As all have brought their art, their craft, their stories and shared them with us through music in easily one of the most awe inspiring venues in North Cornwall. Unfortunately, our culture, and in particular the music scene, has become so judgemental and more about who's in and out, than a time where we simply allowed the wonder and gift of music to wash through our soul. This was certainly not the case at any of the Harbour Sessions this year, they really felt like shared experiences of how music should transcend the moment and dance through our hearts and minds, triggering our imaginations and anchoring us to all that's genuine, sometimes painful, but beautiful in this life.

Here's to a wonder-filled 2018!

*Kris*



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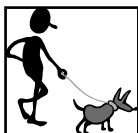
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12/17



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## The last Tails from Ellistee Boris



I am so sorry that Boris cannot send you a letter this month, for he is 'no' longer with us. BUT.....

He was a hairy fleabag who never did a stroke of work. Not only was he colour-blind, but he also could not tell the difference between the carpet and the couch. He would pretend that he found the word NO incomprehensible.

He would insist on sharing his unmelodious bark with the entire neighbourhood. For some reason he was afraid of tractors and motorbikes. They freaked him out.

He was utterly shameless. He was the laziest, dirtiest, most stubborn and presumptive creature I have ever known.

But to me he was perfect and I loved him.

R.I.P Boris (Chip)

## Roly's Purrings



This is more like it nice warm fire!

I must start with how sorry i was to hear 'Boris' is no longer with us.

The other week the hunt were outside my house, horses, people and lots of barking dogs, even I heard them ! The horses trotted off down the lane having sent one of the red coats on foot into the field to get some dogs back. Then horror of horrors there was a hound running round MY garden, barking but then ran off , I hope he found his friends I then had a Wren in doors, sensible I thought as much warmer than the chilly outside. Oddly enough the family didn't think so. Now had I been younger I would have helped them out by catching it ( lucky you aren't, I hear you say!) It disturbed my sleep by flying just above my head, after doors being opened the little bird flew outside....only to return a few days later. Wish they'd keep the patio door closed on sunny days then they wouldn't have this problem.

Happy Christmas to you all.

Toodle pip!

Roly



## GILL'S RECIPE OF THE MONTH



### Mince Pies

#### Ingredients

- 12 ozs Self-raising flour
- 8 ozs butter
- 2 ozs caster sugar
- 2 tbsp milk
- 1 jar mincemeat

#### Method

- Rub in the butter and sugar until like fine bread-crumbs (be careful not to over rub as it is very rich), and add the milk a little at a time.
- Roll into a ball and wrap in foil. At this stage it can either be frozen or put into the fridge, preferably overnight.
- When ready for use, just roll out and cut into rounds and place into pattie tins. Fill with mincemeat and roll out the remaining pastry. Use smaller cutters to cut rounds to cover the pies.
- Bake in a medium oven until nicely coloured.
- Turn out of the tins and leave to cool. When cool sprinkle with icing sugar.

- The mince pies can be frozen at this stage if required, but only if they have not been frozen before.



Happy Christmas!





# Lanow Logs

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## **The Historical Society**

On the evening of Thursday November 9<sup>th</sup> we had a talk on the 19th century Cornish by architect Richard Coad of Liskeard. Of great local Interest, this was a fascinating evening, unfortunately with an audience of only 9 people.

**The Annual Christmas get together with refreshments is on Thursday December 14<sup>th</sup> 2017**

All members on email will be notified and please also check our Facebook page.

All talks are at St Kew Parish Hall at 7.30 pm. All welcome, members free of charge, guests £3.00 per person.

All funds to preserve the future of our History Society and important historical items of St Kew.

Thanks to all.

*John Raybould, secretary.*



Good News! we've just found out Beards & Babes are now open Tuesday to Saturday.

Tuesday	8.00-3.00pm
Wednesday	8.00-3.00pm
Thursday	10.00-7.00pm - late night
Friday	8.00-3.00pm
Saturday	10.00-2.00pm

**Tara would like to wish  
all her customers  
a Merry Christmas and Happy New  
Year**



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### 2018 COACH EXCURSIONS

5<sup>th</sup> JAN - PETER PAN, THEATRE ROYAL  
22<sup>nd</sup> MAR - MYSTERY TOUR  
10<sup>th</sup> - APR SOUTH DEVON RAILWAY & DART CRUISE  
18<sup>th</sup> - 24<sup>th</sup> APR - SCOTLAND & THE ISLES

12<sup>th</sup> & 13<sup>th</sup> MAY - WINDSOR HORSE SHOW &  
LONDON EXPERIENCE  
22<sup>nd</sup> MAY - KILLERTON HOUSE & GARDENS  
19<sup>th</sup> JUN - HELFORD RIVER CRUISE

*Future excursions - Exmouth Sea Cruise, Dartmoor Zoo, Widecombe Fair, Dorset Steam Fair, Autumn Tour, Turkey & Tinsel, Longleat Festival of Light and much more.*

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3/18

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St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



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- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

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- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



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martin@northcornwallpilates.co.uk  
www.northcornwallpilates.co.uk

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12/17

# ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

December 1917

## From the Parish Magazine

*British Red Cross Society* – The following have been sent to head-quarters by Mrs Braddon (president) [Skisdon], Red Cross District 21: - Port Isaac, £9 12s 6d.; St.Kew, £8 3s 2d.; St Endellion.; Total, £20 0s 11d. The following goods have been acknowledged as being sent from our Parish:- 33 pairs day socks, 2 pairs stockings, 9 pairs bed socks, 14 comfort bags, 3 lavender bags, 3 face washers, 14 shirts, 16 vests, 12 mufflers.



The following is a summary of work, which is interesting reading: - *Summary of Work* for month ending October 27, 1917. Stores sent out by British Red Cross Society and Order of St John. 2,437 Hospitals, etc, in this country were supplied with 5,765 cases of stores. 9,446 cases were dispatched abroad as follows: Boulogne, 5,197, Calais 137, Havre 193, Rouen 332, Malta 518, Alexandria 966, Darresalem 5, Jassy 7, Petrograd 4, Rome 4, Paris 1, Salonika 202, Basra 5, Bombay 102, Odessa 1,500, Cairo 1, Dunkirk 263, Sierra Leone 3, Sundry Foreign Hospitals 6; Total 9446. *Garments.* – Received: Gifts 173,286, bought 127,910; total 301,196. Issued: Town & country 31,217, Abroad 199,209; total 230,426.

## Western Front

The world's worst train accident took place on 12 December 1917. A grossly overloaded troop train was derailed near the entrance of the station at Saint-Michel-de-Maurienne after running away down a steep gradient from the entrance of the Frejus Tunnel. The brake power was insufficient for the weight of the train.

About 800 deaths were estimated, with 540 officially confirmed.



## The Fall of Jerusalem

The taking of Jerusalem on 9 December was part of the campaign to defeat Turkey in the Middle East and the British and Australian achievement in capturing this symbolic location was a great boost for the Allies. The ancient city was under Christian control for the first time in 600 years.

## Russian Armistice

On 16 December the Russians agreed an armistice with Germany, Austria-Hungary, Bulgaria and Turkey, thus ending their involvement in the war. The Bolsheviks, led by Lenin (who was given safe passage to Russia by Germany), had achieved their aim of ending Russia's war. The defeat of Russia meant Germany would no longer be fighting on two fronts and so troops were released to take part in the Spring Offensive – Germany's last chance to win the war.



*Christmas Pudding 1917*

## **Christmas Notes from from the Armed Forces 1917**

*"One trip out that I remember particular well was Christmas 1917, when we struck very bad seas on the way out and we got green sea right through the wardroom galley. And everything, all the fresh food disappeared and we had a Christmas dinner of salt pork and rice, which wasn't very appetising. But the sailors of course had to have their fun on Christmas Day. And this ship, which used to have its guns on the main deck where they were quite useless, had had the guns shifted up onto the upper deck. Well that put another five degrees on the roll, which in any case was round about forty degrees! And this is what she was doing. Well they had to have their concert, so they brought a piano down – somehow – on to the aft deck, lashed it to a stanchion and they got cracking. But unfortunately, the lashing gave way in the middle and the piano took charge and the concert really finished up with the sailors chasing a piano all over the deck!"*

*"I remember the rainy season at Christmas time 1917 it was very wet and a wee bit cold too. And our 1917 Christmas dinner was eaten in a dump near Bethlehem. It was the usual bully beef eaten with a jack knife and a little drop of tea from a dixie made on a primus. And that was our Christmas dinner 1917!"*

*"Christmas day in the front lines was no joke, of course. Some of our boys who were off duty were in a shelter at the back of the trench, they were singing carols. That was on Christmas Day. I was on the firing step, looking over the no man's land. And two officers came along and they heard these carols and one said to the other, 'Could you*

*believe it: conditions such as these, and the boys were singing carols..."*

The year 1917 ended as it begun, in virtual stalemate. Each side knew the hostilities could not go on indefinitely, and 1918 would undoubtedly be a decisive period of the entire conflict.

### **January 1918**

#### **The Western Front**

At the beginning of 1918 it was obvious to the German High Command based in Belgium that they would have to get a major offensive under way against the British and French forces before the United States troops, who had already been building up in France, began to land in greater numbers – possibly over a million.

#### **Home Front**

The first German air-raid of 1918 occurred on 28 January when 13 Gothas and one Giant R-plane took off from Belgium. After 6 Gothas returned due to a heavy mist, the remainder arrived over London at 9pm and unloaded their bombs over a wide area. It is recorded that 47 people were killed and 169 injured. One Gotha was shot down and 4 sustained serious damage.

*William*

## **PIECES OF EIGHT - YOUR COMMUNITY MAGAZINE**

As you probably know our Pieces of Eight is printed ten times a year and is delivered to the majority of homes within the parish (some pick up from a convenient local collection point) and copies are left at local pubs, local businesses and the doctor's surgery. Some people who live outside the parish pay for a copy to be posted to them. The magazine is also available to view or download from the internet, we print close to 600 copies per month. The magazine is made up of articles from various societies, groups, the school and churches which are collated and edited into the magazine, the remaining space is taken up by mainly (but not entirely) local businesses any additional input comes from a small editorial team. The editorial team pull all of the threads together and get the magazine ready for printing. For the last twelve months the editorial team have also done the printing.

All the people who edit, print and distribute are volunteers and give their time and energy freely every time a magazine is produced, we are extremely grateful to all of those involved. All of the money to cover the costs for the production of the magazine comes from our advertisers (and a small amount of fund raising by the editorial team) without

whose support we would not be able to produce the magazine. Thank you to all of our advertisers and also to Avicé who provides a focal point for all of the distributors.

Currently the magazine is roughly 50% content and 50% adverts, recently we have had feedback from recipients of the magazine that they think that we have too many adverts and not enough local content. The editorial team are going to look at ways of addressing the balance by introducing a number of new regular features, we have a number of ideas that we hope you will find interesting. However, we are not going to be able to do this without participation from people within the parish. We will announce the new features in our first edition in 2018.

We hope that many local businesses continue to advertise with the magazine, without their funds we can't provide one and we hope we can get more people involved in helping us to continue producing a readable, useful magazine that people want delivering to their home.

As an aside it costs more than 50p per copy to produce the magazine, if you are able to view and or download from the Internet please let us know, it will save us money.

Seasons greetings.  
Steve



## ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

### December

- 3<sup>rd</sup> Rev Sally Long
- 10<sup>th</sup> Carol Service, 4.00pm followed by tea.  
No morning service.
- 17<sup>th</sup> Christingle, led by members
- 24<sup>th</sup> Church Fellowship
- 31<sup>st</sup> Church Fellowship

### Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,  
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

### Catholic Church Services

#### Wadebridge

St Michael's Church  
Tel:01208 72833  
Mass Sundays 8.30am  
Confessions  
Friday 10.30-11.00am

#### Tintagel

St Paul The Apostle  
Tel:01840 770663  
Mass Mon-Thur 10am  
Fri & Sat 6pm  
Sunday 10.00am  
Confessions:  
Before/after Mass.  
Other times on request.

## St James the Great at St Kew



### Church Calendar for December

- Sunday 3<sup>rd</sup> (Advent 1) 9.30am, Holy Communion with  
Prebendary Dr Elizabeth Wild.
- Sunday 10<sup>th</sup> (Advent 2) 9.30am, All Age Worship with Rob  
Soley.
- Sunday 17<sup>th</sup> (Advent 3) 9.30am, Holy Communion with Rev  
Prof Andrew Lewis.  
6.00pm, Carol Service.
- Sunday 24<sup>th</sup> at (Advent 4) 11.00am, Cluster Holy Communion  
St Minver.  
4.30pm, Christingle and Crib with  
Ordinand Geraldine Aston.  
11.30pm, Midnight Mass with Rev  
Canon Judith Pollinger.
- Sunday 31<sup>st</sup> (Christmas 1) 9.30am, Holy Communion with Rev  
Prof Andrew Lewis.

See page 17 for services in January and early  
February 2018.

### Welcoming Hope!

I never tire of the joy of Christmas. Our churches are filled to overflowing with people who come to celebrate the birth of hope into our world by singing carols and lighting candles and hearing the old, old story of Jesus' birth.

For some reason, this Christian festival has become one which includes an enormous number of people of all faiths and none. And what is wonderful about that is that it is just what the God who we meet in Jesus stands for!

This tiny baby who is so easy to love, grew into a man who welcomed people indiscriminately. He welcomed the poor and the disabled, the corrupt and the powerful, the sick and the outcast. He welcomed posh people and religious people, prostitutes and the financially shady. Still today, we can be challenged and encouraged by the extraordinary breadth of God's welcome, as seen in the life of Jesus.

So as we find ourselves again amongst the rustle of tinsel, drinking in the smell of mulled wine and mince

pies, I hope that in the midst of the busyness of gift giving and socialising, we might be able to catch a glimpse of the deep hopefulness at the heart of this festival.

Christmas may not be easy for all of us. Grief and changed circumstances, unhappy memories, strained finances and difficult family relationships can all take their toll. Yet, no matter how we come to this time of year, right in the middle of the mess and muddle of our humanity, lies the vulnerable newness of God's life, come to be with us whatever we face. In this tiny baby lies God's hope for the future of our world.

As we celebrate Christmas this year, may we also be ready to cradle this fragile hope into the new year and see it grow and bring life and light to all those who we meet.

*Revd Elizabeth*

**Huge thanks to the editorial team at the St Kew Magazine for all your support throughout the year, and for publishing our news each month.**

Are you ready for Universal Credit? With Christmas on its way, it's a really busy time at the Foodbank helping people in crisis in our community. There is also a lot of concern about the impact of Universal Credit. If you think it will affect you or someone you know, we can offer help and support with our FREE Moneybox course. The course is for anyone who is a tenant, unemployed and aged 16-64. It will help people to budget, build their confidence and manage their finances, and find out how Universal Credit will affect them. Courses are for 6 sessions, one day per week from 9.15am to 2.30pm to fit in with the school term. If anyone would like more details of the course, please contact us on 01208 815374 or email [contact@wadebridgefoodbank.org](mailto:contact@wadebridgefoodbank.org) It's a great way to learn in a relaxed environment.

A small shoebox can have a big impact. Thank you

to everyone who has kindly donated to this year's shoebox appeal. All your lovely gifts will be sent to Eastern Europe to arrive in time for Christmas. Your shoebox will be gratefully received by children affected by war, poverty, natural disaster, famine and disease, and will make a huge difference.

#### **Tesco Collection**

We've got our Christmas hats ready to spread some festive cheer. We will be at the Wadebridge and Padstow Tesco stores for this year's Food Collection taking place on Friday 1st December & Saturday 2nd December.

#### **Dry Storage?**

We are in urgent need of some secure dry storage space, if you can help or know of any, please give us a call on 01208 815374.

Wishing you a Happy Christmas and a peaceful New Year from us all at the Foodbank.

Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374  
Email: [contact@wadebridgefoodbank.org](mailto:contact@wadebridgefoodbank.org)  
Website: [www.wadebridgefoodbank.org](http://www.wadebridgefoodbank.org)  
Registered Charity No. 1166301



What a chocolate treat!

At our meeting on 8th November we were delighted to have one of our own members, Gill, demonstrating sweet making for Christmas. Chocolate oranges, mint chocolates, chocolate marzipan with walnuts, even chocolate brazils all for tasting!

But then it was our turn to make some of our own. Rum truffles - we all had a pair of gloves, and a



spoonful of mixture to make into a ball, followed by rolling in vermicelli! Then some of us placed some little holly leaves and berries to decorate - we were given a Christmas gift box to put them in - not sure if everyone took theirs home - here is a photo of mine!

In December we have our Christmas meal. This year,

as some of our members have work commitments, it will be in the evening. This is always a very pleasant evening & this year we are going to The Maltsters, Chapel Amble.

Our January meeting will be on Wednesday 10th January at 7pm and Katie Eddy will be coming to speak to us from Surfers against Sewage. One of our national resolutions this year is about Plastic Soup - there is a big problem at sea with the man-made fibres which are taken out of our clothing when we wash them.

Visitors welcome to come along to any meeting. On behalf of St Kew WI we wish you all a peaceful and joyous Christmas.

*Alison*

For any more information please call 01208 84179, email [stkewwi@gmail.com](mailto:stkewwi@gmail.com), or message us on our Facebook page.



#### **St KEW GARDENING CLUB**

The meeting on Wednesday the 15<sup>th</sup> of November, didn't go as planned when the speaker forgot to turn up. We will try again next year!!

There is no meeting in December. January's meeting is a social night at the Community Hall at St Kew

Highway. A speaker will be arranged for February's meeting - watch this space for details.

I would like to thank all our members for their help over the past year and wish all a Merry Christmas and a Happy New Year.

Contact the club on [stkewgardeningclub@gmail.com](mailto:stkewgardeningclub@gmail.com).

## Events Diary - December

- 6<sup>th</sup> Bellringing practice, 7.30-9.00pm  
 7<sup>th</sup> Chair aerobics, Community Hall, 2.00pm  
 8<sup>th</sup> Souper Lunch, Community Hall, 12.30pm  
 10<sup>th</sup> Supper Club Red Lion  
 13<sup>th</sup> Bellringing practice, 7.30-9.00pm  
 14<sup>th</sup> Chair aerobics, Community Hall, 2.00pm  
 19<sup>th</sup> Carols at the Red Lion w Allen Valley singers  
 20<sup>th</sup> Bellringing practice, 7.30-9.00pm  
 21<sup>st</sup> Chair aerobics, Community Hall, 2.00pm  
 22<sup>nd</sup> Christmas Quiz at Cornish Arms 8.30pm  
 26<sup>th</sup> Boxing Day Quiz at the Red Lion 8.00pm

### January

- 19<sup>th</sup> Souper lunch, Community Hall 12.30pm

### News from St Kew Parish Hall

Tickets for our Christmas draw are now on sale. The draw will take place on 1st December, starting at 7.30pm with a pasty supper. The preschool have left the hall so we are looking for daytime users of the hall.

Please keep an eye out for adverts for the Parish Supper.

Kathy

To book the hall, please contact Joanna Pratt on 01208 841420.

## The Regal in Wadebridge

Tel: 01208 812791



### December

- 1<sup>st</sup> Wonder  
 8<sup>th</sup> The Star  
 15<sup>th</sup> Star Wars - The last Jedi (2D)  
 16<sup>th</sup> Ferdinand  
 22<sup>nd</sup> Pitch Perfect 3  
 Jumanji: Welcome to the Jungle

### January

- 1<sup>st</sup> The Greatest Showman  
 5<sup>th</sup> All the Money in the World  
 12<sup>th</sup> Darkest Hour  
 Three Billboards Outside Ebbing, Missouri  
 19<sup>th</sup> Coco  
 The Commuter  
 26<sup>th</sup> Early Man

*Please check our website for the next Autism friendly screening - watch newly released films with friends and family in an inclusive environment.*

### Live Screenings: book online or contact the Cinema

#### December

- 7<sup>th</sup> 'Young Marx' (with Roy Kinnear)  
 NT Live - 7.00pm

#### January

- 16<sup>th</sup> 'Rigoletto' ROH live - 7.15pm

Please ring or check our website for more details

[www.wtwcinemas.co.uk](http://www.wtwcinemas.co.uk)

### Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 4<sup>th</sup> & 21<sup>st</sup> December.

1<sup>st</sup>, 15<sup>th</sup> & 29<sup>th</sup> January 2018.

'Real' Christmas trees collection in week of 8<sup>th</sup> January. Please check [www.cornwall.gov.uk](http://www.cornwall.gov.uk) for changes to collections over Christmas.

## ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

(Registered Charity No 294140)

- |               |   |                 |                          |
|---------------|---|-----------------|--------------------------|
| <b>Sun:</b>   | Methodist Church Service                  | Marion Dingle   | 01208 841388             |
| <b>Mon:</b>   | Yoga 10.30am                              | Fiona Crompton  | 01208 851735             |
|               | Pilates 2.30pm - 5.15pm                   | Martin Brooks   | 07812 959 879            |
| <b>Tues:</b>  | Allen Valley Singers 7.15pm - 9pm         | Janette Man     | 01208 841784             |
|               | Pilates 1.15pm-2.30pm                     | Martin Brooks   | 07812 959 879            |
| <b>Wed:</b>   | 1st, 3rd and 5th in month -               |                 |                          |
|               | West Country Embroiderers 10am - 3pm      | Pat Scarborough | 01841 521323             |
|               | 1st in month - St Kew Playing Field Trust |                 | 7.00pm                   |
|               | 2nd in month - St Kew WI                  | 7pm             | Becky Allen 01208 841798 |
|               | 3rd in month- Gardening Club              | 7.30pm          | Richard Godden           |
| <b>Thurs:</b> | Chair Aerobics                            | 2pm             | Pat 01208 841260         |

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL  
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

## Souper Lunch



Our Christmas Souper Lunch will take place on Friday 8<sup>th</sup> December at 12.30pm in the St Kew Highway Community Hall.

You are all very welcome. We enjoy a bowl of home-made soup together have a nice chat and a mince pie or two and raise some money for a good cause.

*Please join us*



Wishing you  
all a very  
**Merry Christmas**  
*and a Happy New Year!*

*We hope to see you here  
for a wedding or public event  
in 2018.*

Pengenna  
Manor

Trellill

01208 612221

[www.pengennamanor.co.uk](http://www.pengennamanor.co.uk)



## St Kew Inn

*A beautiful 15th Century Inn, bursting with character.  
We serve delicious home made food using the best local produce.  
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St Kew Inn, Churchtown, St Kew, Wadebridge. tel: 01208 841259 email: [stkewinn@btconnect.com](mailto:stkewinn@btconnect.com)



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