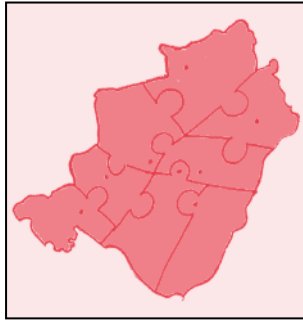


# Pieces of Eight



February 2018 Issue 237  
News, views and issues  
from: Chapel Amble,  
Pendoggett, St Kew, St  
Kew Highway, Trelill,  
Tregellist, Trequite,  
Trewethern

Email: [stkewmag@gmail.com](mailto:stkewmag@gmail.com)

## FEBRUARY



**St James the Great, St Kew**

*Photograph by David Balmford*

**Your free guide to news and events within and around St Kew Parish**

# Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

We can post issues to households outside the parish at a cost of £11.00 per annum.

There is also an on-line edition hosted by the Parish Council which can be found at [www.stkewparish.org.uk/PO8.html](http://www.stkewparish.org.uk/PO8.html). (*We are very grateful to the Parish Council for allowing us to use their site*).

## Editorial

I do hope you've all had a lovely Christmas and New Year.

Unfortunately the new year gales blew some slates from our roof but luckily no rain came in, this time! All fixed by one of our advertisers early the following morning - it was hardly light when they arrived. Thanks guys!

So many people are unfortunately going down with nasty viruses and flu. Let's hope a cold snap kills all the bugs off.

January is the time we invoice our advertisers for another year. We are pleased to say that we've had some lovely comments from our loyal advertisers saying how many of you use their services. Almost all of them have signed up for another year. Thank you all so much!

We've had some new articles this month which is brilliant - in fact there's not enough room for them all. Next month we will have an article about growing up in the 1920's - life was certainly very different from the experiences of today's children!

Although sadly the Nature Club will no longer be running, Trevor has kindly agreed to contribute a few articles over the year to satisfy your interest in the natural world and environment.

*Nicky*

The Editorial Team:  
Philippa Harkness - Children's page & History  
Steve Liddiard - Advertising Manager  
David Penhale - Events & Poet in Residence  
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

*PoE is printed by Parish Magazine Printing,  
Northmoor, Whitstone, Holsworthy, Devon, EX22 6TD.  
[www.communitymagazineprinting.co.uk](http://www.communitymagazineprinting.co.uk)  
01288 341617*

## Contacting the Editorial Team

We can be contacted by email at [stkewmag@gmail.com](mailto:stkewmag@gmail.com). Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

## Copy date for the March issue is:

***Monday 19<sup>th</sup> February***

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Could all contributors please send us your copy or advertisement as soon as possible, ideally **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

## Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight! This shows our advertisers that the magazine is *the* place to reach local customers.

*Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied. The magazine does not accept any responsibility for any issues arising from advertisements.*

## Cornwall Exterior Cleaning



### **HOMEOWNERS:-**

We are a small company specialising in all aspects of external cleaning both for domestic and commercial properties.

We can provide a wide range of cleaning which include gutters, walls, conservatories, paths and driveways.

We use gutter vacs to clear debris and our high reach poles will easily clean over Conservatories.

Our pressure washing is carried out to keep all hard surfaces both clean and safe.

Softwash cleaning is a highly effective cleaning process and is used to clean render, roofs, pebble dash, concrete and brick.

We use a high grade biocide which has long lasting results without damaging the surfaces. In addition, all our cleaning solutions have a low environmental footprint and are user friendly.

All technicians are fully trained and have public liability insurance

### **ESTATE AGENTS:-**

First impressions can be key to successful selling and to ensure this we offer a full external house package to fit your requirements.

### **LANDLORDS:-**

External maintenance is important to keeping your property in good repair – overflowing gutters, mouldy walls need not be a problem as we can look after your property for you.

If you feel that any of our services could be of interest to you please telephone and we would be happy to discuss your requirements.

**Mobile – 07921 957356**

**Or email:**

**[enquiries@cornwallexteriorcleaning.co.uk](mailto:enquiries@cornwallexteriorcleaning.co.uk)**

12/18



**CORNISH COOKER  
CONVERSIONS LTD**

**GET CONNECTED  
... ELECTRICKIT**

### **CONVERT YOUR AGA (OTHER RANGES TO FOLLOW) TO ELECTRIC WITH ELECTRICKIT & BENEFIT FROM**

- **DRASTICALLY REDUCED AGA RUNNING COSTS**
- **WARM IN WINTER, COOL IN SUMMER**
- **INDEPENDENT HOB AND OVEN CONTROL**
- **SPECIFIC OVEN TEMPERATURES TO SUIT YOUR RECIPE**
- **PROFESSIONAL INSTALLATION**

WE CAN ALSO HELP WITH OIL SERVICING & REPAIRS

**PLEASE CALL ALAN OR ELIZABETH ON 01208 812272**

**[www.ccconversions.co.uk](http://www.ccconversions.co.uk)**

12/18



### North Cornwall Pest Solutions

Controlling in your area

- Ants
- Cockroaches
- Fleas
- Flies
- Moths
- Moles
- Rabbits
- Rodents
- Wasp/Hornets

**BPCA Level 2 in Pest Management**

24hr call out

Fully insured

**07770677029**

[finnmore2000@aol.co.uk](mailto:finnmore2000@aol.co.uk)

Prompt, Discreet, Friendly Service



St Kew Highway  
Tel: 01208 841470

### St Pirans Garden Services

Hedge Cutting/Pruning

Strimming/lawn mowing

All aspects of home and garden maintenance

No Job too big or too small

Fully insured

**01208 221397**

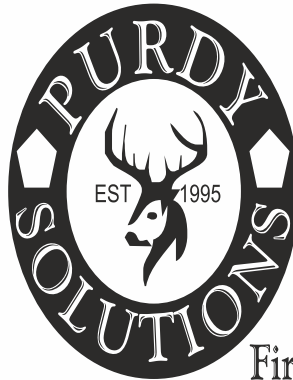
*Would you prefer to have a FEMALE to do your Painting & - can also Maintain your Garden & Power Wash your Patios, Decking, Walls, Driveways etc. with a Pressure washer*



*For free quote 'Phone: 07754 346457*

12/18

Your first step in property preservation and maintenance

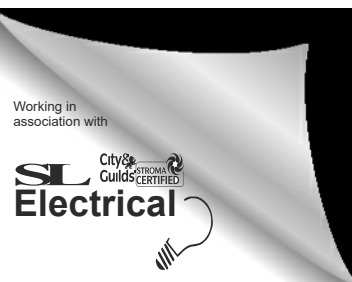


- Carpentry ◆
- Property Care ◆
- Kitchens ◆
- Bathrooms ◆
- Vinyl Flooring ◆
- Fire Door Maintenance ◆

T: 01208 841 528

M: 07816 899 649

E: [jandbathome@aol.com](mailto:jandbathome@aol.com)



# Aunt Avice's Pasty Shop

REAL CORNISH PASTIES HOMEMADE EVERY DAY (except Sundays)

**FEELING HUNGRY?  
JUST CAN'T WAIT?  
COME TO AUNT AVICE'S  
THEY'RE ALWAYS FRESH BAKED!**

WE ARE AT UNIT 1, ST KEW SERVICES,  
ST KEW HIGHWAY. TELEPHONE ORDERS  
WELCOME: 01208 841895 OR 841740 (HOME)

**THESE ARE "THE REAL THING"**

12/18

# Garden Services



Clearing  
Grass Cutting  
Hedge Trimming  
Hedge Laying  
Tree Work  
etc...

**Stephen Lambert  
CALL:  
01208 850241  
07891 828313**

12/18



We use local suppliers where possible eg.

- \*Barnecutt's fresh bread, cakes, pasties.
- \*Button's meats.
- \*Tinten potatoes.
- \*St Kew Biscuits.
- \*Trewithen Dairy products.
- \*Local Preserves & Honey.

# STCS

## St Tudy Community Shop and Post Office

Monday to Friday 8am – 6pm  
Saturday 8am – 2pm  
Sunday 9am – 12 noon  
Deliveries can be arranged  
**TRY US FIRST !!!**

12/18

We stock fresh fruit and veg all delivered daily. Orders for fresh fish. Off Licence. Newspapers & Magazines Our own "brand" of dry goods as well as well known ones. We sell eggs, stamps, stationery, sweets, toiletries, coal, frozen food. **And lots more!**

12/18



- Kiln Dried & Seasoned Firewood
- Coal & Smokeless Fuel
- Calor Bottled Gas
- Free Delivery
- Free Installation
- No Contracts

Great Regular-Reliable Service From a Cornish Family Owned Business.



**CALOR**



# 01208 816827

sales@loganslogs.co.uk  
www.loganslogs.co.uk

All the news and highlights from St Kew School – but don't forget, you can keep up with all the school antics in our weekly newsletters, published on our website: [www.st-kew.cornwall.sch.uk](http://www.st-kew.cornwall.sch.uk)

### THE END OF ONE AND THE START OF A NEW



After a showing of the many talents the children at school have in their Christmas Production of 'Porridge' and the Nativity 'Born in a Barn', we have moved on to...

### NEW YEAR BEGINNINGS

At the beginning of 2018, the children have been thinking about the 'Next Steps' in their learning by writing a 'Resolution' for our Next Steps Tree Display. They have been incredibly honest and we look forward to the pleasure of teaching them how to accomplish their goals! The Topics studied in each of the classes this term are:

The **Pre-School** children are learning all about 'Stories' and the things they can learn from these. So far, they have been looking at the Three Little Pigs and have been building straw, stick and brick houses in their construction site.

**Class 1** will also be inspired by 'Stories' this term in order to help them to learn more about their environment, everyday materials and other cultures.

**Class 2** will go to 'Ancient Civilisations' with a trip to Ancient Egypt where they will be looking at how people lived in 'the olden days'. In **Class 3**, 'Has there ever been a better time to live here?' has been the question to kick start the term with a focus on the Endelienta Story Box project. They have been working with members of the community to make it an inter-generational project utilising the knowledge of 'older' locals!

### OUTDOOR LEARNING

We have been working hard on creating more outdoor learning opportunities for the children and Class 3 have been creating shelters with natural

materials. Their brief: it must protect the inhabitants from the elements – some good examples are shown below!



### DO YOU HAVE GREEN FINGERS?

Pete Homans, our volunteer gardener, has decided that it is time for him to retire and will be finishing working with the children at St Kew in February. We have two polytunnels and many vegetable patches that we would like to continue to grow plants in but we are in need of volunteers to help us to continue in this venture. We would like to grow flowers, fruits and vegetables to supply both the school kitchen and create our own school shop. If you have the time, and would like to help the children continue to create a kitchen garden by volunteering at school, please contact Rachel Murray, Head of School via the school office or by email on [rachelm@st-kew.cornwall.sch.uk](mailto:rachelm@st-kew.cornwall.sch.uk)

*Please note: you will be required to complete a DBS check before working with the children.*

### AFTER SCHOOL CLUBS

We are always looking for ways to further enhance the opportunities for the children after school and would like to know if there are any hidden talents out there in our local community members? If you would like to pass your skills and knowledge onto the next generation, we would love to hear from you! *Please note: the same DBS requirements as stated above apply here also.*

**Julie's**  
MOBILE CATERING VAN



Contact Julie on 01566 781339 or 07572 412421  
juliewalters@uwclub.net Join us!  Julies-Catering-Van

Pulled Pork, Burgers, Bacon, Hot Dogs, Chips, Homemade  
Coleslaw, Wraps, Hot & Cold Drinks, Extras: Cheese,  
Mushrooms & Eggs  
Available for any event

Geoff, Karen and the team welcome customers  
old and new to the  
*The Cornish Arms, Pendoggett*



A 16<sup>th</sup> Century Inn

Open all day every day from 11:30 a.m  
offering Real Ales, Good Wines, and a large selection of  
Gins, Craft beers & Lagers plus Cornish Ciders

**Our Quality Pub Food is served everyday from 12 noon to 2.30 p.m & 5.30 p.m to 8:30 p.m.**

**A Sunday lunchtime roast is also available**

**A smaller appetite 2 course lunch menu Monday -Thursday for £7.95**

**Monday-Thursday evening 2 MAIN COURSE FOR £15 ( excludes steaks)**

**Friday-Sunday evening a FREE BOTTLE OF HOUSE WINE with any two main courses**

Free Parking • Beer Garden • 7 En-suite rooms • Free Wi-Fi

Well behaved dogs and children are welcome.

Please see our website for details of our live music events.

T: 01208 880335 or email: [contact@cornisharmspendoggett.co.uk](mailto:contact@cornisharmspendoggett.co.uk)

Website: [www.cornisharmspendoggett.co.uk](http://www.cornisharmspendoggett.co.uk)

# CHILDREN'S CORNER

Colour both pictures in



VALENTINES DAY IS ON THE 14<sup>th</sup> FEBRUARY EVERY YEAR  
CHINESE NEW YEAR IS ON THE 16<sup>th</sup> FEBRUARY THIS YEAR

## WOMEN'S WORLD DAY OF PRAYER (International and Interdenominational)

### All God's Creation is Very Good!

The interdenominational movement of the Women's World Day of Prayer invites everyone to attend one of over 5,000 services being held on **Friday 2nd March** with the title 'All God's Creation is Very Good!'

We will join an estimated 3 million people around the world that day in a service which has been written this year by the women of Suriname in South America. Starting in Samoa as the sun rises, and ending as the sun sets off the coast of American Samoa, the service will have been translated into more than 95 languages and 1000 dialects as we are reminded that we have responsibilities in caring for this wonderful world we live in.

With its vast rainforests and wealth of resources, Suriname asks us to pray for conservation and the protection of wildlife, through an awareness of pollution, misuse and abuse, as well as for the situation in Suriname and concerns for the future.

This is not simply a day of prayer for women, but for everyone who cares about our world and those who live in it.

**Our service will be held in St James the Great Church, St Kew at 2.30pm**

Fairtrade goods will be available to buy.

## ST KEW NATURE CLUB



It is with regret that I must announce that St Kew Nature Club will end. Due to restrictions on parking on the grass at Tregellist it is no longer practicable to meet.

I would like to take this opportunity to thank everyone who has supported the club over the last 20 years. There is a whole generation of young people who have had an opportunity to appreciate the wonderful environment we share in St Kew.

That environment will remain wonderful, and I hope you continue to enjoy it.

*Trevor Renals*

12/18

## Clearview Solutions

Offering the latest environmentally friendly water fed pole cleaning service for windows and frames conservatories fascias / soffits Guttering Caravans / motorhomes Decking Patios Pathways Algae removal Biocidal treatments etc just call Rob to arrange a visit and no obligation quote

07875639548

St Kew 01208 841653



**BREAKFAST. LUNCH. SUNDAY ROAST. CREAM TEAS. HOME MADE CAKES. CELEBRATION CAKES. ICE CREAM. HOME PRODUCED BEEF, LAMB & FREE RANGE EGGS. FRESH FRUIT AND VEG. LOCAL BREAD & CHEESES. GIFTS & CRAFTS.**

### Shop and Restaurant

**Re-opening Friday 9<sup>th</sup> February**

**7am.. Open 7 days a week**

**Bookings now being taken for Mothering Sunday**

**WINTER WARMER LUNCH**

**2 course lunch including tea or coffee only..£9.95**

**Offer available daily 9<sup>th</sup> -28<sup>th</sup> February excluding Sundays.**

Don't forget we serve Breakfast 9am-11am, Lunch 12noon-3pm. Coffee, tea, homemade cakes,ice cream etc served all day.

Pop in -you will be sure of a warm welcome- open every day!!




Book now for our **Traditional Sunday Roast**, choice of meats including home produced Beef followed by a selection of homemade desserts.

**Booking essential!**

Tel: 01208 880164. [www.trevathanfarm.com](http://www.trevathanfarm.com)

**CHILDRENS PLAY AREA. RIDE-ON TRACTORS AND**

**DIGGERS. PETS CORNER...**

Find us on the B3314 at St Endellion. Follow us:   

12/18

## AUTOTEC

**ST KEW HIGHWAY**

PL30 3ED

### MOT CENTRE

**full diagnostics**

Servicing & repairs

Tyres

**01208 841238**

**PROPRIETOR - A. EDDY** [autotec\\_stkew@aol.co.uk](mailto:autotec_stkew@aol.co.uk)



## KEN GODDEN Contractors



**Lawn Mowing - Fencing - Rustic Stonework**

**Tractor and Hedgetrimmer - Landscaping**

**Pasture Topping - Paddock Maintenance**

**Hay Making - Slurry Spreading - Bale Wrapping**

**Square/Round Baling - Rolling**

**07968 481520 / 01208 850743**

12/18

## ST KEW GOLF CLUB



- ★ PAY AND PLAY
- ★ Challenging 9hole/18 tee (Par 64)
- ★ Covered driving range
- ★ Pro Shop & Professional Tuition
- ★ Club Hire ★ Coffee Lounge

*2½ miles from Wadebridge on main A39 towards Camelford*

**St Kew Golf Club, St Kew Highway, Bodmin, Cornwall PL30 3EF. Tel/Fax: (01208) 841500**

12/17

## J.R.CLEAVE

### CARPENTRY & JOINERY

Mobile: 07598 699126

**THE MAKING OF BESPOKE FINE WOODWORK, HARD WOOD, SOFTWOOD DOORS, WINDOWS, FURNITURE, KITCHENS AND STAIRS**

*[jake.cleave@icloud.com](mailto:jake.cleave@icloud.com)*



12/18



12/18  
Create your dream...



## WADEBRIDGE KITCHENS

KITCHENS BEDROOMS STUDIES

Polmorla Road Wadebridge Cornwall PL27 7NB

Call us on 01208 813231 sales@wadebridgekitchens.co.uk | www.wadebridgekitchens.co.uk

# HOP OILS

Heating Oils, Farm Fuels, Tank Supplies



Unit 3, The Glebe  
Blisland, Bodmin, Cornwall PL30 4JE  
12/18 **01208 851195**

12/18

Your local Electrician.

## Ivan Jones Electrical Services Ltd



- Established 1995 -

Domestic - Commercial - Agricultural - Industrial

For all your electrical requirements

01840 213 683 - 07738 824 181  
Email: info@ijesltd.com

"A local service to national standards"



The Office. 30 High Street. Delabole. Cornwall.



## Colour Scheme Keith Parkyn

Painter & Decorator.  
Property Maintenance Interior &  
Exterior Work carried out.  
Laburnham, Wadebridge Road  
St Mabyn, PL30 3BQ



For friendly service & advice call:  
Tel: 01208 841828  
Mob: 07747 399503  
Free Estimates

12/18

# S. Goodman Plumbing & Heating

- All Aspects of Plumbing
- Oil Heating
- Biomass Heating
- Wood Burning Stoves
- Geo-Thermal Heating
- Servicing

12/18



- Central Heating & Underfloor Heating
- Solar Heating
- Bathroom Installations & Tiling
- Water Harvesters
- Septic Tanks
- Drainage

Tel: 01840 213196 Mob: 07968 984305  
98 HIGH STREET, DELABOLE, PL33 9AQ



## ST. KEW FARMSHOP & CAFÉ RE-OPENS FOR BUSINESS.

This December St. Kew Farmshop & Café, which is situated next to St. Kew Golf course on the A39, re-opened under new management.

Both the new managers are from farming families: Sarah Reskelly is local from Chapel Amble, and her partner, Josh Robinson, is from Somerset. Together they are aiming to provide quality farm-fresh local produce. Therefore currently they are sourcing cheeses from Amble Creamery, breads from Da Bara Bakery in Grampond Road, meats from Kittos of Par, and coffees and teas and soft drinks from speciality Cornish supplier in Falmouth and Penzance along with local suppliers of seasonal vegetables.

The décor is pleasantly contemporary in greys and pale blues, and the light and airy deli-café uses the same local produce to provide a range of made-to-measure sandwiches and delicious snacks – and Josh, who is a specialist pizza-maker, is using the purpose-built wood-fired oven to create a range of pizzas to suit all tastes.

They are open daily:

Monday - Saturday from 9am - 5pm, and 9.30am - 4.30pm on Sundays. Plus late night Friday evening opening from 6.30pm - 9pm.

The business is not currently licensed, but customers may 'bring your own bottle'.

There is also a facebook page-link: [facebook.com/StKewFarmshop&Cafe](https://facebook.com/StKewFarmshop&Cafe)

## Please can you help

I am trying to help an Italian man find his family here in Cornwall, as I have been touched by his story told by his friend who travelled over from Italy to try and find information for him.

His father, Antonio Guarini, was a POW in WW2 and was sent to Cornwall to work on farms around the Delabole & St. Teath area in June 1944. Antonio has since died in Italy and apparently he never forgot his family here in Cornwall and constantly talked about his twin sons.

He wanted his son, Franco, to find the two sons he had to leave behind when he returned to Italy in October 1946. The Government wouldn't allow him to return to England as he had refused to work in a munitions factory. The twin boys would have been born between April 1945 and October 1946.

Antonio and another prisoner, Francesco Sirago, lived and worked on a farm with a family in Delabole who consisted of the mother and father and twin

daughters who were around 18 years of age, and would have been born in about 1926.

I have been looking through records online and nothing matches, and have been delving through local Parish records for the birth of twin boys, and again, nothing as yet, but as the father was an Italian POW they may not be listed under our Parish information.

So, I would be delighted to hear from anyone who has any information on Italian POW's or possible families, or any information at all.

Many thanks.

*Pam Free*

Tel: 01208 850450

e-mail: [pam.free@live.co.uk](mailto:pam.free@live.co.uk)

*(We'd love to follow up on this story, please let us know the outcome - Ed)*

## From our Parish notice board - public information announcement.

The Independent Local Government Boundary Commission for England is asking for your views on its electoral review of Cornwall Council. The review will draw new council divisions boundaries across Cornwall. a) Do you have suggestions about where your division boundaries should be?

b) Which areas do you identify as your local community?

Review Officer (Cornwall)

LGBCE

14<sup>th</sup> floor, Millbank Tower

London, SW1P 4QP

Email: [reviews@gbce.org.uk](mailto:reviews@gbce.org.uk)

Deadline for response is 19 February 2018

## Magazine update - Richard Godden

Richard has been a member of the Pieces of Eight Magazine committee for many years and has been especially instrumental during the last couple of years during the transition to the current editorial / management team.

Richard is resigning from the position of Treasurer as of the end of January and will also be leaving the committee.

The members of the committee wish Richard all the very best for the future and thank him for all of the hard work, effort and long hours he has put in over many years.

Thank you Richard.

*Steve, Nicky, Mike, Philippa and David.*

### FRED CRAHART

*We have been saddened to hear of the death of Fred. He died at the age of 92, one of our oldest residents, he was known by many.*

*The Chapel at Rock was full to overflowing. A lovely, very Cornish service.*

*Our thoughts are with Sybil.*

### SOUPER LUNCH FRIDAY 19<sup>th</sup> JANUARY

Raised £92 for the Sunrise appeal, raising funds for The Sunrise Centre (Oncology dept) Truro.

### Wadebridge Foodbank Extra

There is also a lot of concern about the impact of Universal Credit. If you think it will affect you or someone you know, we can offer help and support with our **FREE Moneybox Course**. The course is for anyone who is a tenant, unemployed aged 16-64 and it will help people to budget, build their confidence and manage their finances and find out how Universal Credit will affect them. Courses are for 6 sessions, one day per week from 9.15am to 2.30pm to fit in with the school term.

If anyone would like more details of the course, please contact us on 01208 815374 or email [contact@wadebridgefoodbank.org](mailto:contact@wadebridgefoodbank.org) It's a great way to learn in a relaxed environment.

## 'KEW & A'

### Twenty Questions & Answers

**This month:** Richard Man, life-long teacher, resident of St Kew Highway.

**Childhood Hero:** *David Attenborough - having admired him since childhood.*

**Hobbies:** *Board games (eg chess and backgammon), maths, acting, poetry & languages.*

**Favourite Music:** *Frank Zappa - 'Peaches in Regalia', Bob Marley - 'No Woman No Cry'.*

**Favourite Book:** *'One Hundred Years of Solitude' by Gabriel Garcia Marquez.*

**Favourite Film:** *'Good Will Hunting' (dir.Gus Van Sant 1997) or any film featuring Robin Williams.*

**Favourite TV Programme:** *'Casualty'.*

**What's good about living in your village?** *Peace, close friends, the countryside, limited crime.*

**What would you improve?** *Direct community communication and involvement.*

**I'm very good at....** *Filling my drawers with ideas.*

**I'm very bad at....** *Keeping my desk tidy.*

**A phrase I use too often is....** *'I'm under control'*

**Three people, dead or alive, I'd invite to dinner are....** *Isaac Newton, Nelson Mandela, David Attenborough, (with Robin Williams as waiter!)*

**I'd like to be stranded on a desert island with....** *A rowing boat.*

**I'm embarrassed by....** *Other people's prejudice.*

**My proudest moment was....** *Forcing chess grand-master, Harry Golombek, to a draw.*

**The best things about Cornwall is...** *Its coastline.*

**The worst thing about Cornwall is....** *The distance from diverse cultures.*

**Which of our country's laws would you change?** *Assisted suicide should be allowed.*

**An over-rated public figure is....** *Michael Gove.*

**In another life I would be....** *A resident of Samos in the time of Pythagoras.*

# Parish Council News

**Chairman:** Cllr John Lethbridge  
**Clerk:** Cindy Powell, 6 Greenhill Villas  
Wadebridge PL27 6HN Tel: 01208 815591  
Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.30pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

## St Kew Parish Council Meeting held on Tuesday 12<sup>th</sup> of December 2017 at 7.30 pm in the Parish Hall.

Present: Chairman J Lethbridge, councillors T Mott, R Godden, J Rowe and B Finnemore. J Rickard and 1 member of the public was also present. Apologies: A Godden.

The budget was presented to the council by the Responsible Financial Officer and after discussion was accepted, with the precept set at £7,500.00. This meant that for the 6<sup>th</sup> year running the council has not raised its precept and remains one of the lowest spending in Cornwall, despite costs rising.

The ongoing problem of flooding and mud at Pennyhayle, St Kew Highway, has been reported on many occasions to CC but so far without resolving the problem.

### Planning Applications

#### PA17/10224

Mr K Turner. Approval of reserved matters on outline approval previously given.

**Recommend refusal**

### Planning decisions by Cornwall Council

#### PA17/08996 & listed building consent PA17/08912

Mr & Mrs Derbyshire, Maidenland, St Kew.

**Approved**

#### PA17/08139

Mr Miller, Hazel Cottage, Chapel Amble.

**Approved.**

## Meeting held on the 9<sup>th</sup> January 2018

Present: Chairman J Lethbridge, Councillors, A Godden, T Mott, B Finnemore, J Rickard, R Godden and 2 members of the public. Apologies: J Rowe.

A concern was raised about the deteriorating condition of the church steps by the war memorial

in St Kew. It was decided to write to the Church and request a meeting to decide what could be done. Councillors were please to see that after the council's request, the large signs marking St Kew Academy have been replaced with smaller ones.

### Parish Awards

There is an award form enclosed with this magazine for anyone who wishes to nominate a person for an award. Please return in a **sealed** envelope marked "Award" to any councillor or the clerk by the closing date.

### Planning applications considered.

#### PA17/11770

Mr & Mrs Cleave, The Lower Yard, Lower Trewiggett, St Teath. Change of use from former agricultural yard to domestic curtilage.

**Recommend approval**

#### PA17/11968

Mr K Godden, Trelulla Farm, Trelill. Prior notification of a new agricultural shed for the storage of hay and machinery.

**Recommend approval**

#### PA17/11669

Mr M Tiplady, Lana Vale, St Kew. Two storey extension with pitched roof and glazed link, and demolition of derelict garage. The council did not like the application and thought it was out of keeping with the area and existing cottage, but struggled to find a valid reason for recommending refusal.

### Planning decisions by Cornwall Council

#### PA17/07025

Mrs C Hill, Bothy Posset Cottage, Hendra Lane

**Refused**

#### PA17/10224

Mr K Turner, land north east of 10 Whitehall Estate

**Approved**

## St James Bellringing News



Unfortunately the New Year started with the sad news that one of our ringers has passed away over the Christmas period. Roger Richards of Trewetha who was Captain of St Endellion Tower also rang at St Kew for over 25 years. Roger was born at Poltreworgy Farm, Trelill then later moved to Trewetha. Many of us will remember Roger helping his uncle Jack Chapman at Tregoid Manor Farm, and driving buses for Prouts Coaches of Port Isaac. Roger was also a well respected ringer who was always very helpful in many ways. We think Roger has rung at all but

two towers in Cornwall and always supported other towers. Roger will be greatly missed.

On Friday 12<sup>th</sup> St Kew Ringers hosted the East Cornwall League Competition. Competing were Lanlivet, Lansallos and St Neot.

On Friday 19<sup>th</sup> St Kew will be competing at St Stephens Church against St Columb and St Germans.

Anyone interested in learning to ring the bells then please contact Ken Godden on 01208 850743 or message us on our Facebook page.

 **Allen Valley Singers**

The New Year is upon us and we are already starting the session with its revision of the old and the learning of the new music for the year that stretches before us. The Old Year finished in a mixed fashion as the dreaded lurgy (now called Australian 'flu I believe) laid some of us low. I was hit very forcibly with this virus and missed some of the Christmas choir events, which did not please me at all. They apparently managed very well without me!

On Monday 11<sup>th</sup> December, Allen Valley Singers joined with the Seriously (Awe)ful Symphonia at the Clease Hall in Camelford. With both the choir and the orchestra plus a good audience, the evening was highly successful - full of good music and cheerful entertainment. The conductor for the choir and the orchestra was Janette Man, so you could say that she had a busy evening. We salute her professionalism and that of our accompanist, Steve Tyrrell.

December 19<sup>th</sup> was the ultimate concert for the year 2017 and took place at the Red Lion Inn in St Kew

Highway. Again, a happy and enjoyable evening was had by the Singers and audience alike and a substantial sum was raised for the Memory Cafe in Wadebridge as nominated by the Red Lion.

Herewith a reminder to contact our Musical Director, Janette Man, if you would like to join the choir. New voices are always welcome, from the younger singers with their natural clarity to the older and experienced. All are valuable and make for a well rounded choir.

Visit us on Tuesday evenings at the Community Hall in St Kew Highway from 7.15 pm to 8.45 pm, listen to our music and have a chat with Jan. Contact her also if you would like to book us for a wedding or any other event that would benefit from our music.

Jan's telephone number is 01208 841784.

All best wishes to you all for 2018.

*Joyce Hargrave-Wright (Publicity/Reporter)*

## **St. Kew Community Gardens Association**

### ***The View from the Allotments***

..... and a view is all it is at the moment, since very few of us have managed to do any meaningful work on the gardens over the past few weeks.

I would say that normally by this stage of the year, we would at least have turned over parts of the plots and dug in some manure but to be honest, the weather has been so depressing and the ground so heavy after all the rain that it doesn't really seem worth taking the fork out of the shed. Not to mention the 'orrible flu which has hit so many of us during the past two or three weeks, and saps all energy. Anyway, that's my excuse.

I do intend, however, to write a few paragraphs each month to let you know how our community gardens are doing and even though they're not doing much at the moment, there certainly will be some activity soon.

In the meantime, we are busily eating the produce we worked so hard to seed and plant and weed during the latter half of 2017. We personally will be eating purple sprouting broccoli, sprouts, cavolo nero (posh cabbage), massive leeks and huge parsnips, and I expect these to keep us going until April, as has been the case in previous years. And I am

delighted to report that the asparagus which we planted over two years ago seems to have bedded in well and I am promising myself some tender bundles to have with some smoked salmon in May. But I really must go and weed their beds again, just to encourage them.....

Last year we had our first 'best-kept plot' competition, with a cup and prizes handed out at our AGM. Our Judge, Jim Godden, was not looking for an immaculately tidy plot (just as well!) but rather searching for one which had clearly BEEN cropping for some time, WAS currently producing vegetables and fruit, and showed much promise of things TO COME. He felt that a good many of our plots were producing well and making good use of this community facility. Let's hope we can impress him again this year.

If anyone is interested in joining the association, we currently have four plots vacant at an annual fee of £38.

This fee includes free water from three standpipes, free manure delivered two or three times a year, and the use of the communal shed. All for £38 – not bad, eh?

Just call us on 01208 841312 or email [judithmott@btinternet.com](mailto:judithmott@btinternet.com) for further information.

# Puzzle Page

## codeword

12		5		26				4		21		15
15	7	15	13	8	26		2	15	26	18	9	25
21		11		14		3		21		2		18
14	15	2	13	8	6	18		12	21	13	15	19
8		18		12		2		18		21		10
20	18	18	16		17	13	2	9	13			
6		7		17		23		17		23		26
			17	13	21	12	16		13	8	15	2
5		1		9		15		25		12		9
2	18	9	20	11		17	22	9	21	12	8	11
15		11		15		17		24		13		8
21	20	6	8	20	21		21	24	12	18	21	13
11		15		13				10		25		10

1	2	3	4	5	6	7	8	9	10	11	12	13
							I			D		
14	15	16	17	18	19	20	21	22	23	24	25	26
						N						

A  
B  
C  
D  
E  
F  
G  
H  
I  
J  
K  
L  
M  
N  
O  
P  
Q  
R  
S  
T  
U  
V  
W  
X  
Y  
Z

S					2			6
U		1			5		8	
D		2			4	5		
O	7			6				1
K		3	2			4		
U		9						7
		5	3			2		
	6		4			9		
	8		1					

## nonogram

I	S	N
E	C	G
N	D	A

How many words of 4 letters or more can you find? You must use the centre letter in each word.

No plurals or proper nouns are allowed. There are 30 listed in the solution which includes **1 nine letter** word to find.

## EVENTS OUTSIDE OUR PARISH

### February

- 3<sup>rd</sup> Malija. 7.30pm at St Endellion Church. Mark Lockheart (jazz saxophonist), Jasper Hoiby (bassist) & Liam Noble (pianist). They are a sophisticated trio playing blue grass, tango, abstract grooves and shimmering landscapes delivered with flair and playful abandon. Tickets £10, accompanied under 16's free.
- 5<sup>th</sup> Beach clean at Polzeath. Meet 9.30 in the car park.
- 23<sup>rd</sup> Truro Cathedral Choir. 7.30pm at St Endellion. Sacred music and organ solos from across the centuries. Tickets £10.

Regular events at St Endellion:

Endelienta Poetry group, Book Club and family Make Club - please visit their website, or phone or email for details.

For Reflective Days please book by contacting [rev.judith@btinternet.com](mailto:rev.judith@btinternet.com), or 01208 880181.

More information can be found on the following websites:

Concerts: [endelienta.org.uk](http://endelienta.org.uk) or by email [tickets@endelienta.org.uk](mailto:tickets@endelienta.org.uk) or Wadebridge Bookshop (concert tickets only).

Beach Clean: [polzeathmarineconservation.com](http://polzeathmarineconservation.com).



## J.T.Martin Plumbing and Heating

Qualified for the installation, servicing  
& maintenance of

OIL FIRED HEATING SYSTEMS AND  
APPLIANCES

Unvented Hot Water System Installations and  
Upgrades

OIL BOILER BREAKDOWNS AND REPAIRS

Tel: Mobile: 07812 127257

12/18

## Ron Bendell Driving School

Changing the world of driving,  
one lesson at a time.....



Ron Bendell  
ADI

Mobile: 07539933615

Office: 01208 880691

Email: ron@rbsom.co.uk

[www.ronbendelldrivingschool.co.uk](http://www.ronbendelldrivingschool.co.uk)

## R Mears & Sons Chimney Sweeps

Established over 30 years



Thorough vacuum &  
brush cleaning.

Full CCTV investigations.

Chimney linings, pots,  
cowlings & bird  
protection fitted.

Solid fuel appliances,  
Rayburns, woodburners  
and stoves installed and  
serviced

Tel: 01840 261221

Mob: 07737 533392

[www.sweepcornwall.co.uk](http://www.sweepcornwall.co.uk)

12/18



# THE SIGN OF SUCCESS

## Contact us for a free valuation

## Views from our local MP Scott Mann

I greatly welcome the Prime Minister's recent speech where she outlined the Government's commitment to protecting the environment and clamping down on plastic waste.

Launching the Government's new Environment Plan, Theresa May highlighted our steps for a cleaner, greener Britain that will leave our environment in a better state than we found it for the next generation.

This includes a pledge to eliminate all avoidable plastic waste, encouraging supermarkets to introduce plastic-free aisles, extending the 5p charge for plastic bags to all retailers and issuing a consultation on taxing the most environmentally damaging plastics.

To date, we have used nine billion fewer plastic bags as a consequence of introducing the 5p charge. This has led to a reduction of 83 per cent and £95 million has been donated to environmental educational, and other good causes.

The Government has also launched a public consultation on introducing a bottle deposit return scheme which could significantly increase the amount that we recycle. A system already exists in Germany whereby customers get money or vouchers when returning plastic bottles, which means that they save money on their next shop as well as helping to protect the environment.

It is our duty to leave our planet in a better state for the next generation, with cleaner air, stronger protections for animal welfare and greener spaces. Readers will no doubt be aware of the challenges facing the NHS this winter,

which has seen longer waits at A&E and wards filling up with people suffering from winter illnesses.

In the lead up to this winter, the Government allocated an additional £100 million to A&Es across England, including £1.6m for the Royal Cornwall Hospitals Trust, £2.4m for Plymouth Hospitals Trust and over £800,000 for North Devon.

It is inevitable that during the winter the NHS faces extra pressure, however, after a recent meeting with NHS Kernow, I was told that one-third of people who turn up at A&E don't need to be there and should be going to minor injury units or GPs, and we need to get better at signposting people to the best place for their treatment.

Readers may also have seen recent reports that ten Minor Injury Units were likely to close in Cornwall, including three in North Cornwall. These reports, which were false and politicised, caused great concern amongst people in Cornwall, and NHS Kernow have assured me in person that there are no plans to close MIUs.

A much-needed review is currently underway into the county's health and social care systems, and this includes looking at how best to deliver local NHS services while integrating health and social care to make sure that people can be cared for in their communities instead of in hospital. The review is being undertaken by NHS Kernow, Cornwall Council and other parties, and the people of North Cornwall can be confident that I will hold these organisations to account and that I want an NHS which delivers high quality local services to everyone.

**Follow Scott Mann via his Website, Facebook and Twitter**

## GILL'S RECIPE OF THE MONTH

It is real 'Irish Stew with Crusted Dumplings' weather so here we go:

### Irish Stew with Crusted Dumplings

For the stew:

- 3lb (1.35 kg) neck fillets of lamb and best end of neck cutlets mixed
- 2 tablespoons seasoned plain flour
- 12oz (350g) onions, thickly sliced
- 8 oz (225g) carrots cut into chunks
- 2 medium leeks washed and sliced
- 1 large potato, peeled and cut into chunks
- 1 rounded tablespoon pearl barley
- Salt and pepper

For the dumplings:

- 6 oz (175g) self raising flour
- 3 tablespoon chopped parsley
- 3 oz (90g) shredded suet
- Salt and pepper

Chopped fresh parsley to garnish.

You will need a 6 pint casserole dish.

### Method

- Dry the fillets, trim any excess fat and cut into 4cm rounds. Dip them along with cutlets in the flour.
- Arrange layer of meat on base of the casserole followed by layer of onion, carrot, leek and potatoes. Season and continue layering until everything is in.
- Sprinkle in the pearl barley and pour in approximately 2 pints water and bring to the boil. Cover and simmer for 2 hours.
- About 15 minutes before the end of cooking time mix the flour and parsley with a seasoning of salt and pepper. Add sufficient cold water to make a stiff dough. Knead it lightly and shape into 12 dumplings.
- When the stew is ready, place the dumplings all over the surface, transfer the casserole to the highest shelf in the oven at 180c and leave for about 30 minutes until the dumplings are golden brown and crusty. Serve the meat surrounding the vegetables and dumplings with some of the gravy poured over.
- Sprinkle with chopped parsley and serve the rest of the gravy in a gravy boat.



# Lanow Logs

Nets, full & half loads

Are your logs at the correct moisture level of 20% or less ?

**IF NOT YOUR CHIMNEY IS IN DANGER**

Dry barn-stored logs with a moisture reading prior to delivery.

**GUARANTEED**

For dry logs without the kiln dried premium,

**ring Rob on 07967 683902**

Very competitive prices

Local business of over 100 years.



# Tea & Toast

For parents,  
carers & the  
community.

Includes a  
Toddler play  
Area

No  
charge

9-11 am Wednesdays St kew parish Hall

Starts 17<sup>th</sup> January



2018

## St Kew Parish Supper

Saturday 3<sup>rd</sup> February,

7 for 7:30pm

Parish Hall

3 course meal with  
entertainment.

All welcome!

Tickets £12 adults, £5 children

Buy in advance from

Rob Soley 841 366,

Pippa Bishop 841 630,

Joanna Pratt 841 420,

or Andrew Campbell 841 115



### St Kew AFC Duchy Division 4 Team 2017/18

Photo taken at St Kew before the league game against Lostwithiel on Saturday November 25th 2017.

Site: - Trellill Road, St Kew Highway, Bodmin, Cornwall, PL30 3DP  
 Managing Trustees : *Chairman*: Robert W Knight, *Treasurer*: David Edwards, Philip Scott, Jacqui White, Robert Eggins, Trevor Wellington, Jeanette Rowe, Jeremy Chancellor, Youth Rep Ryan Rowe & Gerry McGowan

Back row (l-r): Steve Terry (Assistant Manager), Sam Brown, Scott Robinson, Rolando Jimenez, Dave Irons, Adam Clements, Grant Fulton, Kelvin Hayes (Captain) and Connor Wilden (Manager).



Front row: Dom Dalley, Jack McGrath, Craig Terry, Jordan Carthew and Louis Wilden.

Photo by David Flower.

St Kew AFC joined the Duchy League this season and at the time of writing are in 5th position of League 4 which consists of 13 teams.

Copyright Photo Courtesy of David Flower [www.tintagelweb.co.uk](http://www.tintagelweb.co.uk)

St Kew AFC results so far: played 10, won 6, drawn 1, lost 3. Goal difference 0, points 19.

### The Eden Tree

Some poems write themselves, just seed and grow  
 as saplings push down roots and grip,  
 drawing water from the well below  
 to make strong timbers for the gospel ship.

And sailing back to ash, holm oak and beech,  
 is learning what a fall from grace can teach.

How seasons concertina, chant and sing,  
 so setting sail was easy, like child's play –  
 a girl reclines, stares up at summer scudding,  
 a boy whoops headlong through the hanger hay.

*David Penhale*

A sharp wind blows and scatters the crow's nest:  
 allotted time encompasses the place,  
 so tracing Penventinue's little forest  
 is like trying to recall a lost lover's face.

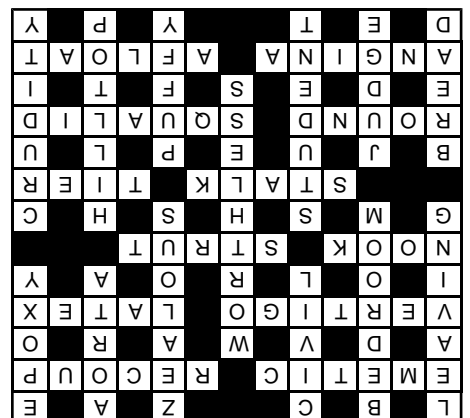
### Puzzle page solutions

8	3	9	1	2	7	6	5	4
2	6	7	4	5	8	9	3	1
4	1	5	3	9	6	2	7	8
1	9	6	5	4	3	8	2	7
5	8	3	2	7	1	4	6	9
7	2	4	6	8	9	3	1	5
6	7	2	8	1	4	5	9	3
3	4	1	9	6	5	7	8	2
9	5	8	7	3	2	1	4	6



acid, acne, ascend, ASCENDING,  
 asdic, cadge, cage, caged, cane,  
 caned, canine, caning, canned,  
 case, cased, casing, ceasing, ced-  
 ing, cine, dace, dance, dancing,  
 dice, disc, encasing, iced, nice,  
 scan, scanned, since.

**Nonogram**



**Codeword**

# Group Travel

Enterprise Park, Midway Road, Bodmin  
Cornwall PL31 2FQ. Tel: 01208 77989



## BODMIN M.O.T. CENTRE at Group Travel

Class 4, 5 and 7. Trade enquiries available upon request. Tel: 01208 77989

### 2018 COACH EXCURSIONS

22<sup>nd</sup> MAR - MYSTERY TOUR  
10<sup>th</sup> APR - OLYMPIA  
18<sup>th</sup> - 24<sup>th</sup> APR - SCOTTISH HIGHLANDS TOUR  
28<sup>th</sup> APR - TOBY'S GARDEN FESTIVAL, EXETER  
12<sup>th</sup> - 13<sup>th</sup> MAY - WINDSOR HORSE SHOW OR LONDON  
22<sup>nd</sup> MAY - KILLERTON HOUSE & GARDENS  
19<sup>th</sup> JUN - HELFORD RIVER CRUISE  
2<sup>nd</sup> - 6<sup>th</sup> JUL - LLANDUDNO TOUR

21<sup>st</sup> JUL - EXMOUTH SEA CRUISE  
4<sup>th</sup> AUG - COUNTRYFILE LIVE  
5<sup>th</sup> AUG - FESTIVAL OF BRITISH EVENTING  
17<sup>th</sup> AUG - ROSEMOOR FLOWER SHOW  
21<sup>st</sup> AUG - DARTMOOR ZOO  
25<sup>th</sup> - 26<sup>th</sup> AUG - DORSET STEAM FAIR  
31<sup>st</sup> - 2<sup>nd</sup> SEP - BURGHLEY HORSE TRIALS  
11<sup>th</sup> SEP - WIDECOMBE FAIR

16 TO 70 SEAT COACHES AVAILABLE FOR PRIVATE HIRE

CORPORATE/ VIP, EVENTS & CONFERENCES, WEDDINGS (CAN INCLUDE STAG & HEN PARTY PACKAGE), HOLIDAY TRANSFERS, FUNERALS, DAYS OUT, GROUP TOURS, GOLFING HOLIDAYS & SPORTING EVENTS.

FOR BOOKINGS AND A BROCHURE PLEASE CALL

01208 77989 / 01208 72669

Website: [grouptravelcoachhire.com](http://grouptravelcoachhire.com) Email: [benneymoon@btinternet.com](mailto:benneymoon@btinternet.com)

## SUMMIT LOGS

BE PREPARED FOR WINTER AND  
STOCK UP YOUR FIREWOOD WITH  
SEASONED LOGS FROM YOUR  
LOCAL SUPPLIER  
OUR PRODUCT HAS A LOW CARBON  
FOOTPRINT  
AS IT IS SOURCED LOCALLY FROM  
SUSTAINABLE WOODLAND

PLEASE CALL FOR MORE INFORMATION

01208 841391  
07860 784557

FREE DELIVERY IN THE WADEBRIDGE AREA  
STACKING SERVICE ALSO AVAILABLE

## Andreas Construction Building & Roofing

Landscaping / Patios	Roof Repairs
Property Maintenance	Re-Roofs
Extensions	Flat Roofing
Kitchens & Bathrooms	Delabole Slating
Conservatories	Slate Hanging
Loft Conversions	Lead Work
Barn Conversions	
Bespoke New Builds	Digger & Dumper Hire

All work is always to the highest of standards.  
Any job undertaken.  
Please call for a free quote.

07967 816968 01208 851387  
[andreas-construction.com](http://andreas-construction.com)  
[andreamjones@icloud.com](mailto:andreamjones@icloud.com)

Find us on

## Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



Martin Brooks - 07812 959 879  
martin@northcornwallpilates.co.uk  
www.northcornwallpilates.co.uk

12/18

# Western Supply



## Timber & Builders Merchants Paint & Decorating Supplies



Atlantic Road  
Delabole  
Tel: 01840 212580  
[www.westernsupply.co.uk](http://www.westernsupply.co.uk)

(open 7 days a week, Sat & Sun mornings only)

12/18

# ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

January – February 1918

## From the Parish Magazine

The Reverend H Dalton Jackson writes. "The year 1917, with all its hopes and possibilities, has gone. As we look back we realise what momentous happenings have taken place, both at home and on the battlefields of this world-wide war. Sorrow has crushed many; the hand of death has pressed heavily upon many houses in this parish. Yet, through it all, I trust we have realised something of the presence of our Saviour.

As we look forward into the unknown future let us remember the reassuring and comforting promise, "I will never leave thee, nor forsake thee." The future we do not know; but the promise we DO. The wish uppermost in the minds and hearts of all is that a victorious peace may be ours, and that the stricken world may know something of the peace and brotherhood of man."

## Home Front



Rationing. Although any area in the country that could grow food was converted to allotments, and livestock were kept in people's back gardens, malnutrition was returning to poor areas. The average weekly consumption of sugar and meat halved. Despite a policy of maximising food production (the wheat harvest of 1917 was the highest ever recorded), some commodities, such as potatoes, were often in short-supply. In late

1917, a fear spread that the nation was running out of food. Panic buying led to shortages and, in January 1918, the Ministry of Food decided to introduce ration cards and everyone had to register with a butcher and grocer. Rationing started with sugar, meat, butter, cheese and margarine.

## Western Front



Rations for the troops on the western front were something else! The static nature of the Western Front made it easy for the delivery of food to the men through a complex system of trains, motor vehicles, horse-drawn limbers and hand-carts.

Space in the supply lines was always at a premium, so compact, calorifically dense food with a long shelf-life suited the army best. Tinned bully beef was easier to store, transport and serve than fresh or frozen meat, and hardtack biscuit was preferable to bread. The rock-hard biscuit meant that even men with good teeth found it a challenge. The biscuit made better kindling than eating, and the meat was likened to mule. In fact, mule or horse meat did unofficially find its way into the rations, as many units ate the animal casualties of shelling rather than waste the meat.

*William*

## St Kew Historical Society Proudly Presents

St Kew Parish Hall  
Thursday 8<sup>th</sup> February 2018. 7.30pm  
Local historian and raconteur  
Mr Terry Faulk

Will give an illustrated talk on:

### *The Forgotten Garden at Lewtrenchard*

Please support this and other events, they are interesting, entertaining and informative. We need your support to safeguard the future of Your Historical Society.

Please see our AGM notification. You are all welcome

## Notification of Annual General Meeting

### St Kew Historical Society

St Kew Historical Society  
AGM

You are cordially invited to the  
Ninth Annual General Meeting Of  
The St Kew Historical Society  
Thursday 8<sup>th</sup> March 2018  
Venue: St Kew Parish Hall,  
7.30 pm

Light refreshments will be provided

RSVP to Secretary John Raybould 01208 841682

FEBRUARY

[info@redlionstkew.com](mailto:info@redlionstkew.com)  
01208841271

# Red Lion News Flash

## **FEBRUARY**

**OPEN MIC**  
Wednesday 7th  
All welcome

**VALENTINES  
DINNER**  
WEDNESDAY 14th  
BOOK NOW

**SUPPER CLUB**  
Thursday 15th  
FOOD  
MEDITERRANEAN

**QUIZ**  
SUNDAY 25th

Join us and enjoy an  
evening of fun to get your  
minds working

**ST PIRANS DAY  
DINNER**  
3rd MARCH

## FEBRUARY NEWS

**VALENTINES DINNER BOOK  
NOW**

AND **MAD MONDAY** IS BACK!

WHAT'S MAD MONDAY YOU ASK?

A 2 COURSE DINNER FOR ONLY **£12**

CHOOSE A STARTER AND MAIN OR

MAIN AND DESSERT

FOR ONLY **£12**

EARLY MARCH WE ARE PUTTING ON LIVE MUSIC AND A  
SPECIAL MENU FOR ST PIRANS DAY, SO COME ALONG  
AND HAVE SOME GOOD OLD FASHIONED CORNISH FUN.



OR WHY NOT JOIN US  
FOR OUR SUNDAY NIGHT  
QUIZ ALL WELCOME  
TEAMS OF ANY NUMBER



## ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

### Calendar for February

4<sup>th</sup> Rev Sally Long  
 11<sup>th</sup> N Houghton  
 18<sup>th</sup> Rev Alistair Sharp. Communion  
 25<sup>th</sup> Sally Long

### Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110, wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

### Catholic Church Services

#### Wadebridge

St Michael's Church  
 Tel:01208 72833  
 Mass Sundays 8.30am  
 Confessions  
 Friday 10.30-11.00am

#### Tintagel

St Paul The Apostle  
 Tel:01840 770663  
 Mass Mon-Thur 10am  
 Fri & Sat 6pm  
 Sunday 10.00am  
 Confessions:  
 Before/after Mass.  
 Other times on request.

## St James the Great at St Kew



### Calendar for February

Sun 4<sup>th</sup> 9.30am, Holy Communion with Rev Dr Elizabeth Wild.  
 (2<sup>nd</sup> before Lent)

Sun 11<sup>th</sup> 9.30am, All Age Worship.  
 (Sunday before Lent)

Weds 14<sup>th</sup> 10am, Holy Communion and Ashing at St Minver with Rev Dr Elizabeth Wild.  
 7pm Eucharist and Ashing at St Endellion with Rev Prof Andrew Lewis.  
 (Ash Wednesday)

Sun 18<sup>th</sup> 9.30am, Holy Communion with Rev Dr Elizabeth Wild.  
 (Lent 1)

Sun 25<sup>th</sup> 9.30am All, Age Worship.  
 (Lent 2)

**Calendar for March**

Fri 2<sup>nd</sup> 2.30pm, Women's World Day of Prayer.

Sun 4<sup>th</sup> 9.30am, Holy Communion with Rev Dr Elizabeth Wild.  
 (Lent 3)

### Reflection

When does winter end and spring start? Do you go by the meteorologists or the sun? So, is it March 1<sup>st</sup> or 21<sup>st</sup>? Or by the climate, and how many daisies there are on the lawn? The seasons, no matter how we decide, are changing, becoming blurred. This winter has seen spring plants out in December, summer plants lasting until Christmas, the grass still needing to be cut.

When I lived in Newcastle as a child, my mother said we'd lost spring and autumn, there was only summer and winter. As we approach 'springtime', a time of more light, hopefully a bit of warmth, of new growth, of leaf buds bursting open, of more colour in the garden, it is also a time to spring clean! A time of clearing up and cleaning out both inside and outside. C.S Lewis wrote "He gives them the seasons, each season different yet every year the same, so that spring is always felt as a novelty...."

The church calendar has the 40 days leading up to Easter as a time of reflection, called Lent.

The word Lent comes from the old English, 'lencten', which means 'spring' or 'lengthening days'. That reflection for some includes fasting, for others setting aside time to meditate and reflect on where we are in life. A time to step aside, to stop the business of life.

So, whenever spring arrives or has arrived, whether you have spring cleaned the house and tidied up the garden or not, take time out to look at your life whatever season it is in. Rejoice in the good, reflect on the bad, see what must be thrown out, what must be cleaned and polished. Enjoy the new growth in the garden of your life and the lengthening days.

*David Elliot*

We'd like to wish everyone a very happy & peaceful New Year.

Thank you to everyone who donated their Reverse Advent Calendars to our Foodbank. Your donations made a huge difference and helped local people in crisis. At Christmas we see an increase up to 40% in the number of people referred to our Foodbank by a professional organisation. Thanks to your donations, we were able to deliver our special Christmas boxes to 60 families in need of food.

For many families during the winter months, there just isn't enough money coming in. Higher energy bills as temperatures drop and the cost of extra meals when the kids aren't at school during the Christmas holiday, combined with year-round pressures like the rising cost of living, seasonal work and issues with the Universal Credit roll-out. Thanks to everyone who are donating their winter fuel allowance to someone in need.

We have now fed 20,240 people since we opened our doors in 2009. A lot of people see Cornwall as a luxury holiday destination but for the people living here, our statistics tell a different story. The harsh reality is that poverty is evident within our community. With the help from individual donors, all the surrounding schools including Wadebridge and St Kew ACE Academy and local businesses and the Council offices we are able to provide support.

Thanks to all the generous Tesco customers in Padstow and Wadebridge who donated at our Neighbourhood Food Collection which took place before Christmas. We had a



lovely visit from the pupils at St Kew ACE Academy who donated food from the money raised at their Harvest Festival.

For many people in food poverty, emergency food is just the first step in helping them access other services and support which can help get their lives back on track, so the impact of a food donation cannot be underestimated.

**Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374**

**Registered Charity No. 1166301**

**Email: [contact@wadebridgefoodbank.org](mailto:contact@wadebridgefoodbank.org) Website: [www.wadebridgefoodbank.org](http://www.wadebridgefoodbank.org)**



On Wednesday 10th January, we held our first meeting of the 2018 - unexpectedly owing to car problems, our guest speaker was unable to come along. Instead our speaker for February, Mr Rod Harrison was able to come along and share many anecdotes of his life as a milkman. Rod told many stories and was very amusing.

He then judged the competition for an item found on the beach - he gave first prize to Jackie's beautiful piece of wood, but gave third prize to his wife, she had brought a sponge - he didn't know it was an item from their home!

Next month sees us meeting on Valentine's Day, February 14th and the competition is to bring along a home-made heart - we are hoping that our speaker from Surfers Against Sewage will be able to come as we are very eager to hear about the problems caused by our use of plastic. You will have seen the news just this week from

Perranporth and the huge amounts of plastic items being washed up on beaches.

Just to share that in the Autumn our WI celebrated its 95<sup>th</sup> birthday - we are one of the oldest groups in the Cornwall Federation. In 2020 Cornwall WI will be 100 years old, so we were in very close to the start - what a forward thinking community. The WI give women a national voice - although times have changed over the years, many campaigns have made life considerably better for women across the country as a result of our resolutions.

We are planning our programme which starts in April so come along and join us in this New Year. We don't all do crafts or flower arranging but we are a very friendly bunch of ladies ranging in age from 20 to 85 - come and give us a try.

**Members were saddened to learn of the passing of Mr Fred Crahart, husband of our member and friend Sybil. Members stood for a minutes' silence to show their respect.**

Alison



## ST KEW GARDENING CLUB

We held our social evening on Wednesday the 17<sup>th</sup> January in the Community Hall at St Kew Highway and despite the terrible weather we all had a very enjoyable evening. Thank you to all who contributed to the food, which was of a very high standard, and the raffle prizes. Special thanks must go to Connie Skewes and Jane Powell for organising the event.

There will not be a meeting in February, but on Wednesday 14<sup>th</sup> March we will have a talk on bees from the Portreath Bee Centre, they have promised not to forget this time! Coming up, AGM Wednesday the 18<sup>th</sup> of April, all are welcome, including new members.

Contact the club on [stkewgardeningclub@gmail.com](mailto:stkewgardeningclub@gmail.com).

RG

## Events Diary - February

- 1<sup>st</sup> Chair aerobics, Community Hall, 2.00pm  
 3<sup>rd</sup> Parish Supper, Parish Hall, 7 for 7.30pm  
 7<sup>th</sup> 'Tea and Toast', Parish Hall, 9-11.00am  
 Bellringing practice, 7.30-9.00pm  
 8<sup>th</sup> Chair aerobics, Community Hall, 2.00pm  
 History Society, Parish Hall, 7.30pm  
 9<sup>th</sup> Trevathan Farm reopens  
 14<sup>th</sup> 'Tea and Toast' Parish Hall, 9-11.00am  
 WI, Community Hall, 7.00pm  
 Bellringing practice, 7.30-9.00pm  
 15<sup>th</sup> Chair aerobics, Community Hall, 2.00pm  
 16<sup>th</sup> Souper Lunch, Community Hall, 12.30pm  
 21<sup>st</sup> 'Tea and Toast', Parish Hall, 9-11.00am  
 Bellringing practice, 7.30-9.00pm  
 22<sup>nd</sup> Chair aerobics, Community Hall, 2.00pm  
 25<sup>th</sup> Quiz at The Red Lion, 8.00pm  
 28<sup>th</sup> 'Tea and Toast', Parish Hall, 9-11.00am  
 Bellringing practice, 7.30-9.00pm

### News from St Kew Parish Hall

Many thanks to everyone who bought raffle tickets and contributed to making our draw successful. We raised £730 for the maintenance of the hall. Our AGM will take place on Thursday 22<sup>nd</sup> March and everyone is welcome.

The Parish Hall would like to thank everyone who contributed to the Night Shelter appeal. The goods have been taken to St Petroc's in Bodmin for distribution to those in need.

*Kathy*

To book the hall, please contact Joanna Pratt on 01208 841420.

## The Regal in Wadebridge

Tel: 01208 812791



February

- 2<sup>nd</sup> Den of Thieves  
 Phantom Thread  
 Journey's End  
 9<sup>th</sup> Fifty Shades Freed  
 The 15.17 to Paris  
 16<sup>th</sup> Black Panther  
 Father Figures  
 23<sup>rd</sup> Finding Your Feet

*Please check our website for the next Autism friendly screening - watch newly released films with friends and family in an inclusive environment.*

**Live Screenings: book online or contact the Cinema**

- Weds 7<sup>th</sup> Tosca, Royal Opera House, live, 7pm  
 Weds 14<sup>th</sup> Twelfth Night, RSC, live, 7pm  
 Thurs 22<sup>nd</sup> Cat on a Hot Tin Roof by T. Williams.  
 NT, recorded, 7pm  
 Weds 28<sup>th</sup> The Winter's Tale, Royal Ballet, live  
 7.15pm

Please ring or check our website for more details  
[www.wtvcinemas.co.uk](http://www.wtvcinemas.co.uk)

### Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 12<sup>th</sup> and 26<sup>th</sup> February.

## ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

(Registered Charity No 294140)

- Sun:** Methodist Church Service Marion Dingle 01208 841388  
**Mon:** Yoga 10.30am Fiona Crompton 01208 851735  
 Pilates 2.30pm - 5.15pm Martin Brooks 07812 959 879  
**Tues:** Allen Valley Singers 7.15pm - 9pm Janette Man 01208 841784  
 Pilates 1.15pm-2.30pm Martin Brooks 07812 959 879  
**Wed:** 1st, 3rd and 5th in month -  
 West Country Embroiderers 10am - 3pm Pat Scarborough 01841 521323  
 1st in month - St Kew Playing Field Trust 7.00pm  
 2nd in month - St Kew WI 7pm Becky Allen 01208 841798  
 3rd in month- Gardening Club 7.30pm Richard Godden  
**Thurs:** Chair Aerobics 2pm Pat 01208 841260

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL  
 CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

## Souper Lunch

Our next Souper Lunch will take place on Friday 16<sup>th</sup> February at 12.30 in the St Kew Highway Community Hall.

You are all very welcome. We enjoy a bowl of home-made soup together, have a nice chat and raise some money for a good cause.



**DO JOIN US**



Pengenna  
Manor

*Exclusively yours*

Trelill  
01208 612221  
www.pengenna.co.uk



### St Kew Inn

*A beautiful 15th Century Inn, bursting with character.  
We serve delicious home made food using the best local produce.  
You will always find a friendly welcome in this traditional local "pub".*

St Kew Inn, Churchtown, St Kew, Wadebridge. tel: 01208 841259 email: [stkewinn@btconnect.com](mailto:stkewinn@btconnect.com)

Because accidents happen



If you have had an accident you may be entitled to compensation. We deal with most cases on a "No win No Fee basis." We are here to help, talk to Sproull.

**SPROULL**

SOLICITORS

01208 72328

[www.sproulllp.co.uk](http://www.sproulllp.co.uk)