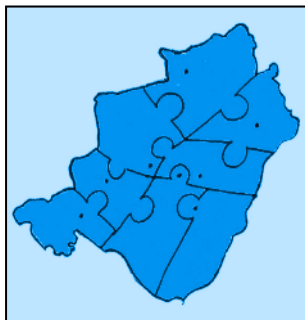


Pieces of Eight



July 2018, Issue 242

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern

Email: stkewmag@gmail.com



ST. JAMES
FETE
AT TRESCOBEL, ST.KEW
PL30 3HB
21ST JULY 2018
AT 2PM
STALLS CHILDREN'S RACES
GAMES PUNCH AND JUDY
ST. MINVER SILVER BAND

Your free guide to news and events within and around St Kew Parish



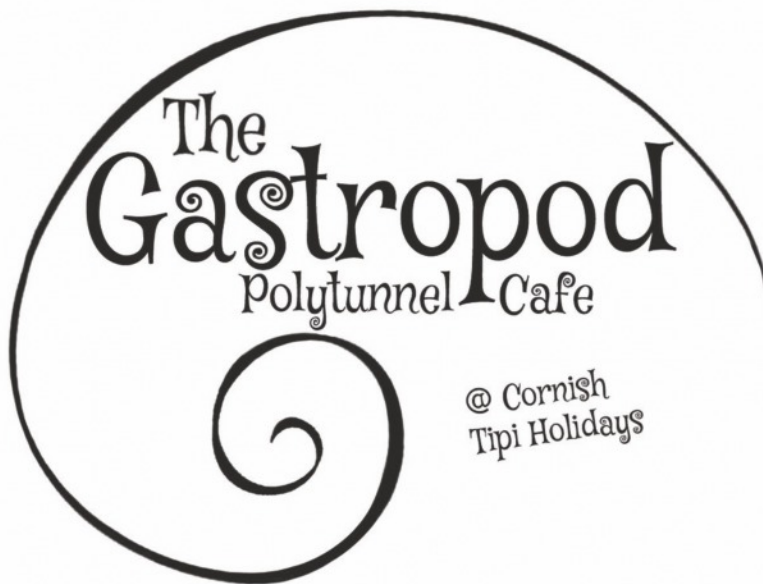
- Kiln Dried & Seasoned Firewood
- Coal & Smokeless Fuel
- Calor Bottled Gas
- Free Delivery
- Free Installation
- No Contracts

Great Regular-Reliable
Service From a Cornish
Family Owned Business.



01208 816827

sales@loganslogs.co.uk
www.loganslogs.co.uk



*Friday - wood-fired
pizza - 6pm onwards*

*Saturday and Sunday
Brunch 9am - 2pm*

*Open 7 days 09:00 -
14:00 from 7th July*

*To be notified about our upcoming evening events
please follow us on facebook or instagram*

*@CornishGastropod
@TheGastropodCafe*

07722 056121



**Winner of TripAdvisor
Certificate of Excellence Hall of Fame**
for winning certificates of excellence 5 years
in a row 2014,15,16,17 & 18

St Kew Highway

PL30 3DN

OPEN 7 NIGHTS A WEEK



**Book our new hidden
walled Garden**

Choose your favourite Night and
BOOK

Gin or Prosecco
Bbq
Tapas
Paella

Red Lion Inn St Kew Highway



PLEASE KEEP OUR LANES LITTER FREE - A QUICK COMPETITION!



WHERE AM I?

Do you know where this lane is in our parish?

Answers on a postcard please via our post box in Spar, or by email to stkewmag@gmail.com (with 'Where am I' as the heading). Answer in the next edition, along with the name of the person with the first correct answer drawn out of the hat.



An extra photographic treat this month.

We couldn't resist this amazing photo of a seagull captured as it flew in front of the moon, taken by David Balmford.

If you have a photo that showcases our local area or natural environment please let us know by email - your picture might even appear on a future cover.

Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their site*).

EDITORIAL

Welcome to the slightly larger and a little more colourful July & August 2018 edition of our Parish Magazine, we hope you continue to find the magazine informative and useful.

I find it amazing just how quickly times goes by, it hardly seems a moment since we were putting together the first magazine of the year back in January with its wet and windy days and long dark nights. Now here we are with a splendid (weather-wise that is) May and June behind us with the prospect of a long sunny summer ahead of us.

The summer is a busy time for many within the parish especially for the organisers of and the contributors to the St James' Fete and the St Kew Playing Field Trust Fun Day. I have always found the two events very enjoyable and entertaining. The two events also give us a chance to catch up and chat with people we might not have seen for a while. Let's hope that the weather is kind, and that both events are well supported. We will include reports for both events in the September issue. Dates for the events can be found on front and back covers of the magazine.

The summer brings many visitors and extra traffic to the parish, I hope our visitors enjoy their stay in Cornwall and have a fantastic time enjoying the sights and trying out the local produce and amenities.

The next magazine will be in September - the editorial team get a few weeks off to re-charge our batteries and enjoy the summer.

Enjoy.

Steve

The Editorial Team:

Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager & Treasurer
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the September issue is:

Monday 13th August

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Could all contributors please send us your copy or advertisement as soon as possible, ideally **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight! This shows our advertisers that the magazine is *the* place to reach local customers.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied. The magazine does not accept any responsibility for any issues arising from advertisements.

PoE is printed by Parish Magazine Printing, Northmoor, Whitstone, Holsworthy, Devon, EX22 6TD.
www.communitymagazineprinting.co.uk
01288 341617

Cornwall Exterior Cleaning



HOMEOWNERS:-

We are a small company specialising in all aspects of external cleaning both for domestic and commercial properties.

We can provide a wide range of cleaning which include gutters, walls, conservatories, paths and driveways.

We use gutter vacs to clear debris and our high reach poles will easily clean over Conservatories.

Our pressure washing is carried out to keep all hard surfaces both clean and safe.

Softwash cleaning is a highly effective cleaning process and is used to clean render, roofs, pebble dash, concrete and brick.

We use a high grade biocide which has long lasting results without damaging the surfaces.

In addition, all our cleaning solutions have a low environmental footprint and are user friendly.

All technicians are fully trained and have public liability insurance

ESTATE AGENTS:-

First impressions can be key to successful selling and to ensure this we offer a full external house package to fit your requirements.

LANDLORDS:-

External maintenance is important to keeping your property in good repair – overflowing gutters, mouldy walls need not be a problem as we can look after your property for you.

If you feel that any of our services could be of interest to you please telephone and we would be happy to discuss your requirements.

Mobile – 07921 957356

Or email:

enquiries@cornwallexteriorcleaning.co.uk

12/18



**CORNISH COOKER
CONVERSIONS LTD**

**GET CONNECTED
... ELECTRICKIT**

CONVERT YOUR AGA (OTHER RANGES TO FOLLOW) TO ELECTRIC WITH ELECTRICKIT & BENEFIT FROM

- **DRASTICALLY REDUCED AGA RUNNING COSTS**
- **WARM IN WINTER, COOL IN SUMMER**
- **INDEPENDENT HOB AND OVEN CONTROL**
- **SPECIFIC OVEN TEMPERATURES TO SUIT YOUR RECIPE**
- **PROFESSIONAL INSTALLATION**

WE CAN ALSO HELP WITH OIL SERVICING & REPAIRS

PLEASE CALL ALAN OR ELIZABETH ON 01208 812272

www.ccconversions.co.uk

12/18



North Cornwall Pest Solutions

Controlling in your area

- Ants
- Cockroaches
- Fleas
- Flies
- Moths
- Moles
- Rabbits
- Rodents
- Wasp/Hornets

BPCA Level 2 in Pest Management

24hr call out

Fully insured

07770677029

finnmore2000@aol.co.uk

Prompt, Discreet, Friendly Service



Your first step in property preservation and maintenance

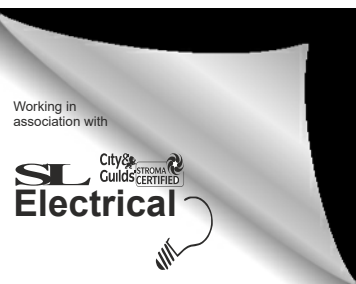


- Carpentry ◆
- Property Care ◆
- Kitchens ◆
- Bathrooms ◆
- Vinyl Flooring ◆
- Fire Door Maintenance ◆

T: 01208 841 528

M: 07816 899 649

E: jandbathome@aol.com



CONSTRUCTION SKILLS CERTIFICATION SCHEME

Would you prefer to have a FEMALE to do your Painting & *to do your*



- can also Maintain your Garden & Power Wash your Patios, Decking, Walls, Driveways etc. with a Pressure washer

For free quote 'Phone: 07754 346457



St Kew Highway
Tel: 01208 841470 or 07581197622

St Pirans Garden Services

Hedge Cutting/Pruning
 Strimming/lawn mowing
 All aspects of home and garden maintenance
 No Job too big or too small
 Fully insured

01208 221397

Aunt Avice's Pasty Shop

REAL CORNISH PASTIES HOMEMADE
EVERY DAY (except Sundays)

**FEELING HUNGRY?
JUST CAN'T WAIT?
COME TO AUNT AVICE'S
THEY'RE ALWAYS FRESH BAKED!**

WE ARE AT UNIT 1, ST KEW SERVICES,
ST KEW HIGHWAY. TELEPHONE ORDERS
WELCOME: 01208 841895 OR 841740 (HOME)

THESE ARE "THE REAL THING"

12/18

Garden Services



Clearing
Grass Cutting
Hedge Trimming
Hedge Laying
Tree Work
etc...

**Stephen Lambert
CALL:
01208 850241
07891 828313**

12/18

We use local suppliers where possible eg.

- *Barnecutt's fresh bread, cakes, pasties.
- *Button's meats.
- *Tinten potatoes.
- *St Kew Biscuits.
- *Trewithen Dairy products.
- *Local Preserves & Honey.

STCS

St Tudy Community Shop and Post Office

Monday to Friday 8am – 6pm

Saturday 8am – 2pm

Sunday 9am – 12 noon

Deliveries can be arranged

TRY US FIRST !!!

12/18

We stock fresh fruit and veg all delivered daily. Orders for fresh fish. Off Licence. Newspapers & Magazines Our own "brand" of dry goods as well as well known ones. We sell eggs, stamps, stationery, sweets, toiletries, coal, frozen food. **And lots more!**

12/18

W J Clancy Oil Fired Boilers and Ranges

www.wjclancy.co.uk

**Servicing and Repair of Domestic Oil Fired
Boilers, Agas and Rayburns.**

07792 595 719

oilwilliam@yahoo.com



Registered
Heating
Business



All the news and highlights from the top of the hill! Don't forget, you can keep up with all the school antics in our weekly newsletters, published on our website: www.st-kew.cornwall.sch.uk

This month we have thrown ourselves into 'Healthy Lifestyles' and are in the process of applying for the Healthy School awards from Cornwall Council. As part of our work on this we held 'Healthy Lifestyles Week' where the children took part in physical challenges and nutrition activities throughout the week. Keep reading to find out more!

Physical Activity Days

We were delighted to have a visit from Rob Mitchell (High Jump medal winner) from Sports for Champions to lead a sponsored event,



Morwenna from Star Makers for a dance session,



We were delighted to spend a day on Polzeath Beach on Wednesday with all the children having a surfing lesson from Surf's Up,

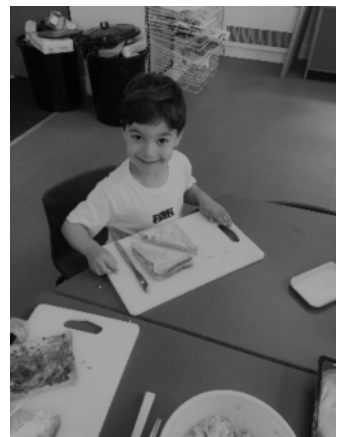


Plymouth Argyle Football Club delivered Ultimate Frisbee and Handball, nature trails were completed around the school, gardening sessions where weeding and planting were of equal focus and our annual Sports Day and Summer Fayre on Friday finished off the week in style!



Nutrition focus

Throughout the week the children became more Sugar Smart, understanding just how many sugar cubes are in their favourite foods, they made their own healthy packed lunches for the beach and went on a Fish Fact Finding mission on Thursday with David Sharland, a professional chef from Flying Fish Seafood. He



showed the children many different types of fish and cooked mussels for the children to taste as part of his work with the Royal Academy of Culinary Arts. We had mixed reactions as I'm sure you can guess! Our huge thanks to all those involved in this

week!

Auction of Promises

Remember our 'Auction of Promises' takes place on Friday 6th July where we will be auctioning 'Promises' that people have donated. These promises range from a family fishing trip in Newquay, a night in a Shepherd's hut to a vegan cake being prepared for you! We would love for you to join us for the event. If you would like more information about the event, or would like to make your own 'Promise' please call the school. We look forward to seeing you there!

Julie's
MOBILE CATERING VAN



Contact Julie on 01566 781339 or 07572 412421
juliewalters@uwclub.net Join us!  Julies-Catering-Van

12/18

Pulled Pork, Burgers, Bacon, Hot Dogs, Chips, Homemade
Coleslaw, Wraps, Hot & Cold Drinks, Extras: Cheese,
Mushrooms & Eggs
Available for any event

12/18

Geoff, Karen and the team welcome customers old and new to
The Cornish Arms, Pendoggett



A 16th Century Inn

Open all day every day from 11:30 a.m
offering Real Ales, Good Wines, a selection of 70 Gins,
and a range of Cornish beers, lagers and ciders.

**OUR QUALITY PUB FOOD IS SERVED ALL DAY
FROM 12 NOON UNTIL 8.30 p.m.
IN JULY AND AUGUST
CREAM TEAS AVAILABLE EVERY DAY 1.00-5.30 p.m**

LIVE MUSIC on Friday evenings
TINTAGEL KNIGHTS July 6th
TREE HOUSE July 13th & 27th
CALLUM FLEW Saturday July 22nd

Free Parking • Beer Garden • 7 En-suite rooms • Free Wi-Fi
Well behaved dogs and children are welcome.

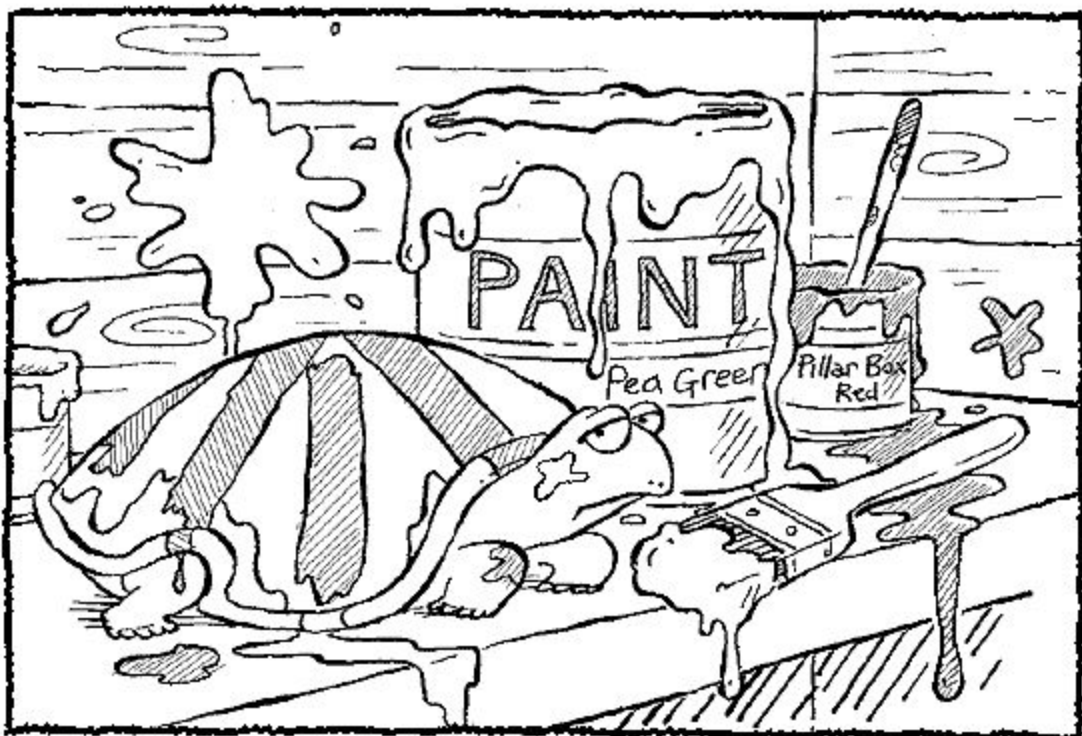
Tel: 01208 880335 or email: contact@cornisharmspendoggett.co.uk

CHILDREN'S CORNER

Mr Tortoise has got in a bit of a muddle with his painting!
Can you guess what colour paint he has used?

Colour the pictures in to show us.

Can you spot 20 differences between these pictures?



Endelienta

Fostering the Arts and
Spirituality in North Cornwall



Events at St Endellion July & August 18

Saturday 21 July The Endelienta Ensemble

Chamber orchestra of young musicians from London and Cambridge, conducted by Adam Hickox and Rees Webster, play Prokofiev Classical Symphony and Mendelssohn Symphony No. 4.
£10, accompanied under 16s free

Saturday 18 August Karitas

Three singers from Normandy bring us a gorgeous programme of medieval choral music (continental and English). Afternoon workshop 3-5pm, open to all.
Workshop & concert £15, concert only £8.
Accompanied under 16s free.

Book tickets online at www.endelienta.org.uk; by e mail: tickets@endelienta.org.uk; by phone 07787 944935; or from the Wadebridge Bookshop.

31 July – 10 August 60th St Endellion Summer Music Festival

Ten spectacular performances over ten days. The opera this year is Berlioz – La Damnation de Faust. There will be chamber, choral and orchestral, and late night concerts. For full details and booking information go to www.endellionfestivals.org.uk.

WOMEN'S WORLD DAY OF PRAYER

'ALL GOD'S CREATION IS VERY GOOD'

A service of prayer and song to be held in St James Church. St Kew on Friday July 13th at 2.30pm.

Service prepared by the Christian Women of Suriname.

Caring for God's creations is highly important and highly relevant to people of all ages and beliefs.

There will be Fairtrade goods for sale and refreshments available.

A WARM WELCOME TO ALL

Duchy Hypnotherapy Amanda Godfrey

Clinical Hypnotherapist and Psychotherapist
Registered member of the AfSFH, NBMP,
CNHC and the Hypnotherapy Directory

Tel: 07446 870 220

Email: amanda@duchy-hypnotherapy.co.uk
www.duchy-hypnotherapy.co.uk

Solution Focused Hypnotherapy based in
Wadebridge

Home visits can be arranged

Free Initial Consultation

For Sale



Surplus to requirements

A 4 pack of HP 364 Ink Cartridges and 2 single, a black and a magenta.

Please contact:
William Garland 01208 881134

FIRST PARISH LITTER PICK

Litter in the parish is still a problem! There is a litter picking event at the playing fields at St Kew Highway on **Saturday 23rd June 9-12 am**. Anyone interested please just attend.

This will start a session of litter picking events all round the parish with dates and times to be announced. To those who are responsible for the litter: just do the right thing - we all have a dustbin at home, put it in there.

12/18

Clearview Solutions

Offering the latest environmentally friendly water fed pole cleaning service for
 windows and frames
 conservatories
 fascias / soffits
 Guttering
 Caravans / motorhomes
 Decking
 Patios
 Pathways
 Algae removal
 Biocidal treatments
 etc
 just call Rob to arrange a visit and no obligation quote

07875639548

St Kew 01208 841653



BREAKFAST. LUNCH. SUNDAY ROAST. CREAM TEAS. HOME MADE CAKES. CELEBRATION CAKES. ICE CREAM. HOME PRODUCED BEEF, LAMB & FREE RANGE EGGS. FRESH FRUIT AND VEG. LOCAL BREAD & CHEESES. GIFTS & CRAFTS.



Shop and Restaurant
Open 9am..7 days a week.

PYO and ready picked Strawberries & Gooseberries ready now. Please ring to check availability

Book now for our **Traditional Sunday Roast**, choice of meats including home-produced beef followed by a selection of homemade desserts.

Booking essential!

Don't forget we serve Breakfast 9am-11am,
 Lunch 12 noon-3pm.

Tea, coffee, homemade cakes, ice cream,
 cream teas, etc served all day.

Open every day. Pop in, you can be sure of a warm welcome.

TEL: 01208 880164 www.trevathanfarm.com

CHILDRENS PLAY AREA. RIDE-ON TRACTORS AND

12/18

DIGGERS. PETS CORNER...



Find us on the B3314 at St Endellion. Follow us:

ST KEW GOLF CLUB



- ★ PAY AND PLAY
- ★ Challenging 9hole/18 tee (Par 64)
- ★ Covered driving range
- ★ Pro Shop & Professional Tuition
- ★ Club Hire ★ Coffee Lounge

2½ miles from Wadebridge on main A39 towards Camelford

St Kew Golf Club, St Kew Highway, Bodmin, Cornwall PL30 3EF. Tel/Fax: (01208) 841500

12/18

12/18

AUTOTEC

ST KEW HIGHWAY

PL30 3ED

MOT CENTRE

full diagnostics

Servicing & repairs

Tyres

01208 841238

PROPRIETOR - A. EDDY autotec_stkew@aol.co.uk



KEN GODDEN Contractors



Lawn Mowing - Fencing - Rustic Stonework

Tractor and Hedgetrimmer - Landscaping

Pasture Topping - Paddock Maintenance

Hay Making - Slurry Spreading - Bale Wrapping

Square/Round Baling - Rolling

07968 481520 / 01208 850743

12/18

J.R.CLEAVE

CARPENTRY & JOINERY

Mobile: 07598 699126

**THE MAKING OF BESPOKE FINE WOODWORK,
 HARD WOOD, SOFTWOOD DOORS, WINDOWS,
 FURNITURE, KITCHENS AND STAIRS**

jake.cleave@icloud.com



12/18



12/18
Create your dream...



WADEBRIDGE KITCHENS

KITCHENS BEDROOMS STUDIES

Polmorla Road Wadebridge Cornwall PL27 7NB

Call us on 01208 813231 sales@wadebridgekitchens.co.uk | www.wadebridgekitchens.co.uk

HOP OILS

Heating Oils, Farm Fuels, Tank Supplies



Unit 3, The Glebe
Blisland, Bodmin, Cornwall PL30 4JE
12/18 **01208 851195**

12/18

Your local Electrician.

**Ivan Jones
Electrical
Services Ltd**



- Established 1995 -

Domestic - Commercial - Agricultural - Industrial

For all your electrical requirements

0 1 8 4 0 2 1 3 6 8 3 - 0 7 7 3 8 8 2 4 1 8 1
Email: info@ijesltd.com

"A local service to national standards"



The Office. 30 High Street. Delabole. Cornwall.



Colour Scheme Keith Parkyn

Painter & Decorator.
Property Maintenance Interior &
Exterior Work carried out.
Laburnham, Wadebridge Road
St Mabyn, PL30 3BQ



For friendly service & advice call:
Tel: 01208 841828
Mob: 07747 399503
Free Estimates

12/18

S. Goodman Plumbing & Heating

- All Aspects of Plumbing
- Oil Heating
- Biomass Heating
- Wood Burning Stoves
- Geo-Thermal Heating
- Servicing



12/18

- Central Heating & Underfloor Heating
- Solar Heating
- Bathroom Installations & Tiling
- Water Harvesters
- Septic Tanks
- Drainage

Tel: 01840 213196 Mob: 07968 984305
98 HIGH STREET, DELABOLE, PL33 9AQ



Souper Lunch

The Souper Lunches continue to attract a good number of parishioners who obviously enjoy the company of each other. The last couple of Lunches raised the following for charity:

20th April: £91 for the Brandon Foundation in Bodmin, which is a charity supporting adults and children with learning difficulties and autism.

18th May: £80 for the British Lung Foundation.

22nd June: £108 for Devon & Cornwall Food Association.

The next Souper Lunch will be on Friday 23rd September.

There will be a warm welcome to all. Bring a friend.

A date for your diary: The Christmas lunch will be on Friday 7th December.

William



St Kew Gardening Club Annual Show

At the Parish Hall, St Kew.
1st September 2018, doors open at 4.00pm

Entries for the show must be in by the
29th July.



St James' Fete

21st July at 2.00pm

The St James' Fete this year will be held on Saturday 21st July at 2.00pm at Trescobel, courtesy of the Matheson family.

We would be grateful for items for the stalls; which can be left at the back of the church from 16th July.

Items required are: books, bottles, bric-a-brac, cakes, jumble, plants and produce, nearly new & previously-loved clean clothing.

Please donate!

St Kew Playing Field Trust

We Need Your Help!

For more than 18 years the Playing Field Trust committee have provided in St Kew Highway a playing field for the use of people of all ages in St Kew Parish and its surrounding area. Providing facilities for Cricket, Soccer and Rugby Union as well as play equipment and a variety of facilities for younger people. These include pitches, a pavilion, changing rooms, toilet block and a variety of adventure play equipment.

NOW WE NEED YOUR HELP!

Our committee needs strengthening with new, younger parents and teenagers with a vested interest in the future of the facilities in their parish. Can you spare just a few hours a year to help secure the future of this valuable asset for you, your children and, perhaps, their children?

Now put it in your diary: **Sunday 29th July 2018**, Annual FunDay and Dog Show. Fun for all the family! See back page for details.

Thank you!

Feedback Please!



This is the first time the whole print run of Pieces of Eight has been in A5 format. The Editorial Team would love to have your comments, thoughts and feedback on this format, and on the magazine more generally. We're open to all views, both for and against, and don't forget Pieces of Eight is **your** magazine and **your** views count!

Simply email stkewmag@gmail.com, or put pen to paper and drop a note into our post box at Spar at St Kew Highway, anonymously if you prefer.

Editor's note: The September edition will revert to A4 (pubs & shops A5) while we consider your comments.

St. Kew Community Gardens Association

The View from the Allotments

..... and with a very few exceptions, all our plots are flourishing.

Last month I expressed delight and pride that, despite our long and hard winter, we now seemed to be getting the plots under control. We reckon we're about a month behind but plants do catch up quickly and our plots are beginning to look quite acceptable.

We've planted three different sorts of peas – the "normal" Early Onward, a row of Mangetouts and a row of Sugarsnap. Then there are three sorts of beans – runners in two wigwams, green beans in a clever contraption Tony made out of left-over wood-and-net panels and a healthy-looking patch of broad beans, which we love.

In addition to this, we have a patch of courgettes, lots of onions which we're usually very good at, a few potatoes and some tomatoes in the greenhouse. And the parsnip seeds are just beginning to put forth shoots and of course we're eating lots of strawberries from our (sadly neglected but still productive) patch. We've also got several different patches of brassicas already planted out AND there will be a leek patch any day now. So you see, all our depression during the winter was unnecessary, as Nature will always catch up in the end.

The only problem is – Nature is also producing a magnificent crop of weeds! In some places the weeds are higher than the crop and we're tackling them as much as we can. But it's hard work, especially if you can't kneel down because of your knees and you can't bend because of your back! I'm exaggerating of course but sometimes it feels that way!

I had some visitors with me recently and took them over the site because they have an allotment back at home. It was good to see how many of our members are also well underway with their own crops. Adam's Great Wall of St. Kew (beans!) is looking very solid and Phil's neat strips of produce (he won the Best-kept Allotment last year) looking enviably efficient. One or two of the plots do need some attention but we're all very good at the site and quick to offer help if needed. So I am guessing that by the time we ask our Judge to come and look over the plots with a view to awarding this year's best-kept plot prize, he will be impressed with our efforts.

Must be off – need to free up another few yards of onions from the WEEDS!

Still got a couple of vacant plots, by the way, so do ask if you would like to see them.

Judith Mott, judithmott@btinternet.com,
Tel: 01208 841312



During the last financial year, over 29 tonnes of food was distributed. That's the equivalent of 420 shopping trolleys.

We fed 3,284 people last year, bringing our total to 21,462 people since we opened in 2009.

We received 1,269 referrals to our Foodbanks, this is a 4% increase compared to the previous year.

A crisis can happen to anyone. People are referred to our Foodbanks for many reasons, it could be due to sickness, redundancy or a change in circumstances.



We provide approximately 1,800 meals per week.



Thank you to everyone donating in the Bodmin ASDA Store, our collection point is behind the checkouts.

This month we are in need of: tinned tomatoes, tinned potatoes, tinned meat, long-life fruit juice and long-life milk.

Wadebridge Foodbank, Unit 2 Trevanson Street,
Wadebridge PL27 7AR Tel. 01208 815374
Registered Charity No. 1166301
Email: contact@wadebridgefoodbank.org
Website: www.wadebridgefoodbank.org



Allen Valley Singers

June already. The daffodils have gone and the roses are opening their buds. By the time this article is printed, the Singers will have visited Padstow to sing in their allotted spot, 6.30 to 8.30- p.m, adding to the choirs who have been entertaining all day. We have often performed at this venue, in all weathers, rain, hail, wind and sun and have always enjoyed our visit, as have the audience who are of course, moving and changing all the time.

We have been invited to sing at a christening later in the year and have already been booked for a wedding nearer to Christmas and you can be sure that all the details of these lovely events will be reported – such a joy.

We have also been invited to discuss details for a possible joint concert with the Cape Cornwall Male Voice Choir. It is always a pleasure to meet and sing with other choirs.

Sadly, we have members who are very poorly, either at home or in some cases, in hospital. Our thoughts particularly are with Pat London and Janet Tiplady and we send our thoughts and affection to them and to all those who are not at their best at the moment.

If you would like to join our choir and enjoy the wide variety of music, contact our Musical Director Janette Man (telephone 01208 841784) and perhaps join us for an evening to listen to our music and to have a chat with Jan. We meet on Tuesday evenings from 7.15 – 8.45 p.m. at St. Kew Highway Community Hall. Also contact Jan if you would like to book us for any event that would be enhanced by music. Steve Tyrrell is our brilliant pianist, and for church weddings he can also offer his services as an organist.

All best wishes.

Joyce Hargrave-Wright (Publicity)



Do you need help with budgeting? If so, we can offer help and support. We are currently working with Cornwall Housing and Eccabi as part of the European Social Fund running the **FREE Moneybox Courses**.

'I suffer from anxiety and wasn't sure if I could cope but everyone was so lovely'.

'I've been able to sleep better because I have been sorting out my finances'.

The course is available to anyone aged 16+ who is a tenant and unemployed. It will help with budgeting, building confidence and managing finances. If you would like more details please contact us on 01208 815374 or email contact@wadebridgefoodbank.org

Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374

Registered Charity No. 1166301

Email: contact@wadebridgefoodbank.org

Website: www.wadebridgefoodbank.org

(From 'a Cornish Lexicon'):

Men Gurta (noun)

that patient splintered
Stone of Waiting
up-top St. Breock Down;

next to the burnt-out red fiesta
rusting in the furze
(some Wadebridge heller's
dream of speed
like Midsummer's bonfires,
up in smoke);

where a faded
E-ON
sign
dangles from barbed-wire and twine,
(new clever-Venturers
who buy and sell(!)
the wind);

where Eternity still holds its breath
beneath a glitter of
wheeling stars.

David Penhale

Puzzle Page

codeword

19		1		23				14		7		26
25	1	24	7	12	3		8	17	12	15	1	25
12		19		25		20		25		12		1
14	4	25	1	4	20	2		6	18	7	5	1
21		7		10		7		1		3		3
1	4	20	2		19	12	14	13	3			
4		1		22		25		3		7		7
			11	13	18	18	10		14	20	7	4
9		22		16		12		14		8		2
2	13	12	14	4		22	7	20	4	17	7	18
12		1		25		4		7		12		1
14	7	18	24	13	3		20	18	7	25	1	4
21		23		4				26		1		1

A
B
C
D
E
F
G
H
I
J
K
L
M
N
O
P
Q
R
S
T
U
V
W
X
Y
Z

S		1		2			5		
U	6			3				9	
D			4			8			
O		2		5			7		
K		8			1	9		6	
U			7	4				3	
				6			2		
	5					7			4
		1				4		7	

nonogram

O	N	S
E	C	D
R	L	U

How many words of 4 letters or more can you find? You must use the centre letter in each word.
No plurals or proper nouns are allowed. There are 62 listed in the solution which includes **1 nine letter** word to find.

1	2	3	4	5	6	7	8	9	10	11	12	13
			T									O
14	15	16	17	18	19	20	21	22	23	24	25	26
					B							

Events Outside Our Parish

Regular events at St Endellion: Endelienta Poetry group, Book Club and family Make Club. Please visit the website, or phone or email for details. For June's events at St Endellion please see separate advert.

July

Wednesday 18th - Beach Clean at Polzeath beach with Polzeath Marine Conservation Group and National Trust. Meet in the car park at 9.30am. See polzeathmarineconservation.com for details.

Wednesday 13th - Open-air theatre production of Sense & Sensibility at Pencarrow House, check their website or visit the shop for details. Pencarrow House: pencarrow.co.uk

Thursday 26th - Launceston Agricultural Show www.launcestonshow.co.uk for details.

August

Friday 3rd - Marie Curie Garden Party at Pencarrow House.

Friday 3rd - Beach Clean at Polzeath beach with Polzeath Marine Conservation Group and National Trust. Meet in the car park at 9.30am. See polzeathmarineconservation.com for details.

Tuesday 14th The St Endellion & St Peter's, Port Isaac Fete in St Endellion Rectory Garden at 2.00 pm.

Friday 17th Wadebridge Lions present: 'Hits from the Blitz' with Company B at Pencarrow House, 7.00pm.

More information can be found on the following websites:
Concerts: endelienta.org.uk. or by email to tickets@endelienta.org.uk or from Wadebridge Bookshop (concert tickets only).



J.T.Martin Plumbing and Heating

Qualified for the installation, servicing
& maintenance of

OIL FIRED HEATING SYSTEMS AND
APPLIANCES

Unvented Hot Water System Installations and
Upgrades

OIL BOILER BREAKDOWNS AND REPAIRS

Tel: Mobile: 07812 127257

12/18

R Mears & Sons Chimney Sweeps

Established over 30 years



Thorough vacuum &
brush cleaning.

Full CCTV investigations.

Chimney linings, pots,
cowlings & bird
protection fitted.

Solid fuel appliances,
Rayburns, woodburners
and stoves installed and
serviced

Tel: 01840 261221

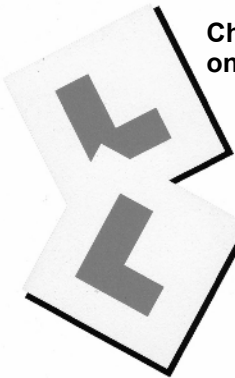
Mob: 07737 533392

www.sweepcornwall.co.uk

12/18

Ron Bendell Driving School

Changing the world of driving,
one lesson at a time.....



Ron Bendell
ADI

Mobile: 07539933615

Office: 01208 880691

Email: ron@rbsom.co.uk

www.ronbendelldrivingschool.co.uk



Contact us for a Free Valuation

01208 813595

www.crw.co.uk

THE ESTAS

ESTATE AGENT
AWARDS 2018

GOLD WINNER

BEST LOCAL AGENCY GROUP
SOUTH WEST

Andreas Construction Building & Roofing

Landscaping / Patios	Roof Repairs
Property Maintenance	Re-Roofs
Extensions	Flat Roofing
Kitchens & Bathrooms	Delabole Slating
Conservatories	Slate Hanging
Loft Conversions	Lead Work
Barn Conversions	
Bespoke New Builds	Digger & Dumper Hire

All work is always to the highest of standards.
Any job undertaken.
Please call for a free quote.

07967 816968 01208 851387
andreas-construction.com
andreamjones@icloud.com


Find us on 

CORNISH ROCK GIN



DISTILLED & CRAFTED IN NORTH CORNWALL

Made with unique botanicals and
Cornish spring water

 **WWW.ROCKGIN.ROCKS**

PENVOSE COTTAGE . ST TUDY . BODMIN
CORNWALL . PL30 3NP Call: 01208 851718

GILL'S RECIPE OF THE MONTH

Strawberries and Cream Layer

Ingredients

- 375g all butter pastry
- 4 tbsp icing sugar
- 450g/1 lb ripe strawberries
- 1 vanilla pod or 1 tsp vanilla extract
- 284 ml pot of double cream
- 140 g/ 5oz golden caster sugar

Method

- Heat oven to 220 °C
- Roll the pastry out to a square.
- Lay on a large baking sheet. Place another sheet on top and bake for about 20 minutes until golden brown.
- Heat the grill to high, dust the pastry with icing sugar and carefully caramelize under the grill, repeat again.

- While warm, cut the pastry biscuits into 12 neat rectangles, trimming the edges as you go.
- Halve or quarter the strawberries then dust with a little icing sugar and set aside.
- Split the vanilla pod and scrape the seeds into the cream, then whip lightly with the caster sugar until it holds its shape.
- To assemble, place a blob of cream on each plate and at jaunty angles, stack the biscuits cream and strawberries.

Perfect for a summer tea!

'KEW & A'

Twenty Questions & Answers

This month: William Garland, Pendoggett.

Childhood Hero: *Ferdy Forbes - School Rugby Captain.*

Hobbies: *Reading, researching writing projects & genealogy.*

Favourite Music: *Trad jazz, Big band, Choral, East/West crossover, C&W, Sacred Music & Transatlantic Sessions.*

Favourite Book: *(After the dictionary), 'The Valley of Decision' by Marcia Davenport.*

Favourite Film: *'Seven Brides for Seven Brothers' (1954, dir. Stanley Donen).*

Favourite TV Programme: *Any sport, especially rugby union games.*

What's good about living in your village?
The quiet.

What would you improve? *Make our road a no-through road!*

I'm very good at.... *Empathising - so I'm told.*

I'm very bad at.... *Anything mechanical or technical.*

A phrase I use too often is.... *Unrepeatable!*

Three people, dead or alive, I'd invite to dinner are.... *Les Dawson, 'Monsewer' Eddie Gray, St. Charles of Sezze (17th century Italian religious).*

I'd like to be stranded on a desert island with....
A pile of books, including the Bible and a Visitors' Book.

I'm embarrassed by.... *Praise.*

My proudest moment was.... *Winning my first athletics medal.*

The best things about Cornwall is... *The countryside and people who stop and chat.*

The worst thing about Cornwall is.... *Speed-limit-blind drivers.*

Which of our country's laws would you change? *Voting at elections should be made compulsory.*

An over-rated public figure is.... *Anyone who accepts an automatic bonus..*

In another life I would be.... *A sloth!*



ST KEW GARDENING CLUB

The plant sale held at the Playing Fields this year was a great success, with a larger turn-out than normal. Thanks to all who attended as this helps fund the garden show in September.

A little confusion at the start meant the the doors were opened before 10.30, we apologise to any

one disappointed at the time, it will not happen again.

Next event is the Garden Show on 1st September at the Parish Hall, St Kew, so get growing, sewing, baking and making and have a go, entry is free.

Schedules are available around shops and pubs. Cant find one? Ring 01208 880007 for more information.

Puzzle page solutions

8	1	3	2	9	6	5	4	7
6	7	2	3	4	5	1	9	8
5	9	4	1	7	8	6	2	3
4	2	9	5	6	3	7	8	1
3	8	5	7	1	9	4	6	2
1	6	7	4	8	2	9	3	5
7	4	8	6	3	1	2	5	9
9	5	6	8	2	7	3	1	4
2	3	1	9	5	4	8	7	6

closed, source, ulcer, uncle, unclose, unscour, scoured, scud, second, scorn, scorned, SCOUNDRIL, scolder, score, scored, locus, incre, once, ounce, scold, curse, cursed, decor, dunce, ecru, curdle, cure, cured, curl, curled, coursed, crone, crude, cruel, curd, corned, could, counsel, course, consul, cord, core, cored, corn, cold, colder, colous, cone, coned, cloud, clue, clued, code, coder, closed, closer, closure, cloured, censor, clod, clone, cloned, close,

E		E		P		T		D		K
S	A	L	M	O	N	C	L	A	R	E
E		I		A		T		R		I
H	O	I	S	T	F	A	C	T	U	A
H		Q		S		I		X		F
A		A		N		R		F		E
E	T	C	H	B	I	S	O	N		
K		A		Y		A		Y		K
S	T	R	E	T	C	H		G	L	A
I		B		R		C		R		I
R	E	M	A	I	N	Q		U	I	V
B		E		D		S		A		P

Nonogram

Codeword

Group Travel

Enterprise Park, Midway Road, Bodmin
Cornwall PL31 2FQ. Tel: 01208 77989



BODMIN M.O.T. CENTRE at Group Travel

Class 4, 5 and 7. Trade enquiries available upon request. Tel: 01208 77989

2018 COACH EXCURSIONS

4th AUG - COUNTRYFILE LIVE
5th AUG - FESTIVAL OF BRITISH EVENTING
21st AUG - DARTMOOR ZOO
25th - 26th AUG - DORSET STEAM FAIR
31st - 2nd SEP - BURGHLEY HORSE TRIALS
11th SEP - WIDECOMBE FAIR
15th SEP - TOBY'S HARVEST FESTIVAL
27th - 1st OCT - SHROPSHIRE BY COACH, RAIL & CANAL

3rd NOV - BRIDGWATER CARNIVAL
17th NOV - FESTIVAL OF LIGHT @ LONGLEAT
23rd - 26th NOV - TURKEY & TINSEL @ BOURNEMOUTH
24th NOV - CLARKS SHOPPING VILLAGE, STREET
8th DEC - BATH CHRISTMAS MARKET
16th DEC - MOUSEHOLE & ANGARRACK LIGHTS
2019
26th APR - 1st MAY - ISLE OF MAN SPRING TOUR

16 TO 70 SEAT COACHES AVAILABLE FOR PRIVATE HIRE. CORPORATE/ VIP, EVENTS & CONFERENCES, WEDDINGS (CAN INCLUDE STAG & HEN PARTY PACKAGE), HOLIDAY TRANSFERS, FUNERALS, DAYS OUT, GROUP TOURS, GOLFING HOLIDAYS & SPORTING EVENTS.

FOR BOOKINGS AND A BROCHURE PLEASE CALL

01208 77989 / 01208 72669

Website: grouptravelcoachhire.com Email: benneymoon@btinternet.com

Based in
Wadebridge

Cornish Roofing Company PLC *Covering Cornwall*



ALL ROOF WORK UNDERTAKEN

Flat Roofing • Solar • Tiling • Heritage • Leadwork • Repairs
Rag, Reclaimed and Natural Slating

Wadebridge, Cornwall **Tel: 01208 816991**

info@cornishroofing.co.uk www.cornishroofing.co.uk



Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



Martin Brooks - 07812 959 879
martin@northcornwallpilates.co.uk
www.northcornwallpilates.co.uk

12/18

Western Supply



Timber & Builders Merchants Paint & Decorating Supplies

Atlantic Road
Delabole

Tel: 01840 212580

www.westernsupply.co.uk

(open 7 days a week, Sat & Sun mornings only)



12/18

ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

From the Parish Magazine 1918

July

"School Religious Instruction. - The Inspector again visited our Schools, and he was very pleased with the result of his inspection. Mr Taylor also carried away with him an armful of beautiful flowers which the children had brought him. [These flowers must have been passed on to the Military Hospital at Devonport because the vicar received the following letter:

"Military Hospital, Devonport,

June 7, 1918.

Dear Sir, - We are most grateful for the very nice flowers, which arrived quite safely this morning. They travelled very well, and are giving so much pleasure in the wards. We are always so glad to have flowers, and the men thoroughly appreciate them.

With many thanks. - Yours truly,
C.M., for the Matron."

August

"The Western Front. – The Turning Point. – The wonderful fighting spirit of the allied forces under that splendid leader, General Foch, has put almost everything else in the background. With ever-increasing pride we have read, almost daily, of magnificent spirit of Frenchmen, British, Americans, and Italians, exhibited in this titanic struggle. As General Maurice says, we may regard General Foch's brilliant counter attack, as the turning point in the campaign of 1918. The Germans had crossed the river Marne, and were slowly, but apparently steadily, advancing to Eperuas, happy in the supposition that the French had used up their reserves, and had no troops to attack their lines. Suddenly, without any artillery preparation, General Foch launched an offensive of his own, which has transformed the situation. Taken by surprise, the enemy failed to withstand this assault, and saw the ground he had recently won slipping from his grip. Thousands of prisoners have fallen into the hand of the Allies together with some 400 guns. The first battle of the Marne in 1914 ruined the invader's plans; the second battle of the Marne in 1918 promises to be the opening phase of the final defeat of Germany.

The position of the enemy's masses, packed into a narrow salient of rough country less than twenty-four miles square, with poor communications, and harassed on three sides and from the air, is not enviable.

The U Boats!! – The Admiralty (British) returns for the month of June shows that the total losses of merchant tonnage from all causes was the smallest recorded for any month since September, 1916. The total for the past quarter of tonnage sunk was 946,578 tons, as compared with 2,236,934 for the quarter ending June, 1917. This is a cause of real thanksgiving, and speaks volumes for the bravery of our sailors in the Navy and Mercantile Service. But for the wonderful spirit of our sailors, it makes one shudder how we might have been on the brink of starvation."

Home Front

It was during a heat-wave, and the Chilwell Ammunition Factory was continuing around the clock. On 1st July 1918, the night shift had just started at 6pm when there was a huge explosion. 134 Nottingham workers were killed and hundreds injured. Many bodies were not found and a mass grave was dug at Attenborough Church. This was the biggest loss of life during a single explosion during World War 1. It was kept a secret at the time. The Inquiry Report was never published.

Western Front

After dithering during June, the German's committed all their remaining troops to an attack, in the Rheims area, against the Allies in what is called the second Battle of the Marne. This battle was fought between 15th July and 7th August. In what was to be the last offensive in the West, the German troops attempted a two-pronged attack across the Marne and advanced as far as Chateau-Thierry. When the Germans began their advance after an initial artillery bombardment, they found that the French had set up a line of false trenches, manned by very few soldiers. The real front line was further back and had been scarcely affected by the bombardment. When the Germans reached the real front line they were decimated by French, British, Italian, and American fire – the Germans were halted. The German thinking now was to withdraw to defensive lines last held in 1917! Petain, the French General, had predicted "If we can hold on until the end of June our situation will be excellent. In July we can resume the offensive, after that victory will be ours."

In July Allied attacks had shown the effectiveness of 'all arms' battle tactics: troops and tanks advancing behind an artillery 'creeping barrage' as ground-attacks aircraft swept overhead.

At Amiens these were put into operation with great effect from 8 – 11 August. The offensive began with British, Australian, Canadian and French troops attacking east of the city. This effectively was the start of the Allies Hundred Days Offensive. On the first day the Australians met their objectives by early afternoon, taking 8,000 prisoners. The Canadian Corps advanced the furthest: 8 miles. They took 5,000 prisoners. The advance slowed as attackers outreached their heavy artillery support and ran up against troops defending from their 1917 trench positions, but it had given an indication of how the war could be progressed. The Germany declared 8th August as a black day of the German Army; Lieutenant Ernest Rollings, MC, of the 17th Armoured Car Battalion declared "it was by far the best fighting day I have ever had."

By this time, it became clear that Germany was running out of both men and materiel. In Germany, the population was close to starving and industrial unrest was rife with opposition to the Kaiser's government spreading. It was the Allied counter offensives during August and September, planned by the French General Foch, the Allied Commander-in-Chief, that would lead Germany to ask for an armistice in November.

The Greatest Medical Holocaust in History – Spanish Flu.

The influenza pandemic of 1918–1919 changed the lives of between 20 and 40 million people around the world.. More died in a single year than were killed in the 4 years of the Black Death 1347–1351. In the Spring of 1918 the disease emerged in pockets across the globe and at first seemed as benign as the common cold. Soldiers in the trenches in France became ill with what was known as *la grippe*.

Although the illness was highly infectious, and the primitive, crowded conditions made rapid spread inevitable, recovery was swift and Doctors at first called it "three-day-fever".

However, it was realised this was no ordinary flu. Glasgow was the first British city to be affected, in May 1918, and within weeks the illness had spread south, reaching London by June. During the next few months 228,000 people died in Britain. Those most at risk were the sick and elderly, and the new illness disproportionately struck those aged 20–30.

The cause of the outbreak is unknown, but the war was most certainly a contributing factor. The war encouraged large-scale movements of people back and forth around the globe, which accelerated the spread of the virus. Also it is thought that the numerous war-ravaged regions of the world experienced poorer nutrition and less sanitary conditions, leaving their population especially susceptible.

At the same time, the spread of the disease directly affected the war itself. All sides lost soldiers to the flu outbreak, but Germany and Austria-Hungary were hit especially hard, with the armies of both countries severely weakened as the Allies were beginning to take the offensive.

The second wave of the disease began in France, Sierra Leone and the United States.

To be continued...

William

St Kew Historical Society

You are ALL invited to
"Take a Walk On the Wild Side"
A journey through time and the village of Trewethern
(between St Kew and Chapel Amble)

Your Tour Guide and event organiser – Ms. Kim Appleby.
Thursday 12th July 2018
Gather at Trewethern Green 7.00 pm

Wear boots and come prepared for the weather – and a visit to one of our two historic and ancient pubs!

We look forward to seeing you all.

John Raybould - Secretary



ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

July

- 1st No service at Highway. We are at Rock Methodist Church
- 8th Gordon Rowe
- 15th Nicky Houghton
- 22nd Rev Alistair Sharp
- 29th Rev John Harrod

August

- 5th Delarre Irving
- 12th Church Fellowship
- 19th Rev Alistair Sharp
- 26th Rev Sally Long

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110, wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

REFLECTIONS

As I write this in June, the African migrants refused permission to land in Italy are coming ashore in Valencia in Spain. Politics being what they are we should not be too surprised either that a new patriotic government in Italy is keen to be seen to be defending its shores against unwelcome visitors nor that an equally new socialist government in Spain is willing to be seen as including the marginalised. But from the point of the view of the rescued it is clear what is preferable, at least in the short term. How do we stand on this issue? Are we prepared to welcome the stranger and the migrant to our shores? Or are we anxious to defend ourselves against unwelcome visitors? Some would see the Brexit vote in these terms.

But is there a Christian perspective on this?

St Paul, writing to the newly converted congregation at Corinth, expresses the view that, for the Christian there is no longer a need to view other human beings "from a human point of view". By this he means that we should no longer see ourselves as in some sort of competition for resources with others

St James the Great at St Kew



Calendar for June

Sun 24th *Trinity 4.* 9.30am, All Age Service with Marcus Jones/Rob Soley.

Calendar for July

- Sun 1st *Trinity 5.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild.
- Weds 4th 7.30pm, Healing service with Canon Judith Pollinger.
- Fri 6th 1.00pm Wedding, Rev Dr Elizabeth Wild.
- Sun 8th *Trinity 6.* 9.30am, All Age Service with Rob Soley.
- Sat 14th 11.30am, Interment of Ashes, Rev Dr Elizabeth Wild.
Installation of a wooden angel on the internal roof.
- Sun 15th *Trinity 7.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild.
- Sat 21st St James Fete. 2.00pm, Trescobel, St. Kew. *Items for the stalls can be left at the back of the church from 16th July.*
- Sun 22nd *Trinity 8.* 9.30am, All Age Morning Worship with Ord Geraldine Ashton.
- Sun 29th *Trinity 9.* 9.30am, Holy Communion with Canon Judith Pollinger.

See next page for August and early September.

or in search of worldly success. Rather we should be able to see each other as God sees us, as equals and all of us equally in need of love. If we put love first, as God requires, then all other considerations fall into place. This is undoubtedly a tall order as we seem to be programmed as humans to seek our own well-being and that of those close to us. But that is why St Paul tells us that we should no longer look with human eyes, "from a human point of view".

This is what Bishop Curry, preaching at the royal wedding, meant by the power of love. Just as love can transform relationships between individuals so that they are willing to put the other's well-being before their own, so love, powered by God, can transform communities so that they, and each member of them, can offer to put others' needs before their own. Wouldn't we wish to live in such a world?

Andrew Lewis

Catholic Church Services

Wadebridge

St Michael's Church
Tel:01208 72833
Mass Sundays 8.30am
Confessions
Friday 10.30-11.00am

Tintagel

St Paul The Apostle
Tel:01840 770663
Mass Mon-Thur 10am
Fri & Sat 6pm
Sunday 10.00am
Confessions:
Before/after Mass.
Other times on request.

"A common mistake that people make when trying to design something completely foolproof is to underestimate the ingenuity of complete fools".

The late, great, Douglas Adams

St James the Great at St Kew



Calendar for August

Sat 4th 1pm, Wedding with Rev Dr Elizabeth Wild
Sun 5th *Trinity 10.* 9.30am, Holy Communion with Rev Elizabeth Wild and Ord Geraldine Ashton.
Sun 12th *Trinity 11.* 9.30am, All Age Worship with Ord Geraldine Ashton.
Sun 19th *Trinity 12.* 9.30, Holy Communion with Preb prof Andrew Lewis.
Sun 26th Trinity 13. 9.30am, All Age Worship with Marcus Jones.
Mon 27th 1pm, Wedding with Canon Judith Pollinger.

Calendar for September

Sun 2nd *Trinity 14.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild.



Congratulations to those who took part in our entry for the Royal Cornwall Show - 'Picnic on the Beach'.

We had the best placing we believe we have ever had - 9th, out of approximately 30 WIs. Well done everyone - it is lovely that so many of the group can take part in this, whether we thought we were every good at crafts or not!

Lynn Gould was our guest speaker came from Fowey, she is a Blue Badge Guide for the fishing town. What a lot of information we learnt, about the fishing and the port, the china clay involvement, boat builders, historic families including the Treffry Family, and Daphne Du Maurier. We are hoping to go on a visit to spot all of the places that Lynn showed us. Growing up near Fowey, I found it very interesting and so the time just flew by.

Our next meeting will be on Wednesday 11th July when Bridgit Presik will be coming to tell us about Complimentary Therapies. She works with reflexology, aromatherapy, Indian head massage and other forms of massage. This should be a very interesting

night - come along and find out about these alternative forms of treatment.

Our September meeting will be an evening with the Real Junk Food Project - should be an exciting evening. It's on 12th September.

Finally, we are hoping to hold an Archive night in August to look at all of our Records. It is always nice to look back on photographs and remember.

Don't forget new members are always welcome - we are a really friendly bunch of ladies - some of us work, some are retired but we have a lot of fun and enjoy spending time together. This was the first campaigning group for women - it is important to get our voices heard. Our campaign currently is supporting Mental Health.

Come along and meet us - 7pm on any group night at St Kew Highway Community Hall. Any questions then give our President a ring - 01208 841798.

Mobile Post Office

Monday

St Merryn	08.45-10.00
Rock	11.00-12.30
St Kew Highway (Community Hall)	13.30-15.00

Tuesday

Tintagel	09.30-11.30
South Petherwin	12.45-13.45

Wednesday

Tintagel	09.30-11.30
Port Isaac	12.30-13.30
St Issey	14.00-15.00

Thursday

St Merryn	08.45-10.00
Rock	11.00-12.30
St Kew Highway (Community Hall)	13.30-15.00

Friday

Tingagel	09.30-11.30
South Petherwin	12.45-13.45

Events Diary - JULY

- 4th 'Tea and Toast', Parish Hall, 8.45-11.00am
- 5th Chair Aerobics, Community Hall, 2.00pm.
- 11th 'Tea and Toast', Parish Hall, 8.45 - 11.00am.
WI, Community Hall, 7.00pm.
- 12th Chair Aerobics, Community Hall, 2.00pm.
- 18th 'Tea and Toast', Parish Hall, 8.45-11.00am
Gardening club
- 19th Chair Aerobics, Community Hall, 2.00pm.
- 21st Parish Fete, 'Trescobel', St Kew, from 2.00pm.

News from St Kew Parish Hall

Summer is a quiet time for us. Our next fund raiser is a quiz and curry night on 29th September starting at 7.30pm.

See you there.

Kathy

To book the hall, please contact Joanna Pratt on 01208 841420.

The Regal in Wadebridge

Tel: 01208 812791



July

- 6th Tag
- 13th Incredibles 2
Skyscraper
- 20th Mamma Mia- Here We Go Again
- 27th Mission Impossible -Fallout
Hotel Transylvania 3: Summer Vacation

August

- 3rd Ant-Man and the Wasp
- 17th Christopher Robin

Please check our website for the next Autism friendly screening - watch newly released films with friends and family in an inclusive environment.

Live Screenings: book online or contact the Cinema

July

- 5th 'Everybody's Talking About Jamie',
Live from London's Apollo Theatre -7.20pm
- 18th 'Romeo and Juliet'- RSC, live - 7.00pm
- 28th Andre Rieu Maastricht concert 2018
7.00pm

Please ring or check our website for more details
www.wtwcinemas.co.uk

Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 5th & 19th July, 2nd, 16th & 30th August

ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

(Registered Charity No 294140)

- | | | | |
|---------------|-------------------------------------------|-----------------|---------------|
| Sun: | Methodist Church Service | Marion Dingle | 01208 841388 |
| Mon: | Yoga 10.30am | Fiona Crompton | 01208 851735 |
| | Pilates 2.30pm - 5.15pm | Martin Brooks | 07812 959 879 |
| Tues: | Allen Valley Singers 7.15pm - 9pm | Janette Man | 01208 841784 |
| | Pilates 1.15pm-2.30pm | Martin Brooks | 07812 959 879 |
| Wed: | 1st, 3rd and 5th in month - | | |
| | West Country Embroiderers 10am - 3pm | Pat Scarborough | 01841 521323 |
| | 1st in month - St Kew Playing Field Trust | | 7.00pm |
| | 2nd in month - St Kew WI 7pm | Becky Allen | 01208 841798 |
| | 3rd in month- Gardening Club 7.30pm | Richard Godden | |
| Thurs: | Chair Aerobics 2pm | Pat | 01208 841260 |

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

Souper Lunch

June was the last lunch until Friday 21st Sept. Christmas Lunch will be on Friday 7th December!

You are all very welcome. We enjoy a bowl of home-made soup together, have a nice chat and raise some money for a good cause.





CLEAR YOUR
MIND OF
CAN'T

SPROULL

SOLICITORS

01208 72328

www.sproulllp.co.uk

Disputes | Family | Property | Wills

Parish Council News

Chairman: Cllr J Lethbridge

Clerk: Cindy Powell,

Rockhurst, Trethburgy, St Austell, PL26 8YF

Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.30pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

St Kew Parish Council Meeting held on Tuesday 11th June at 7.00 pm in the Parish hall.

Present: Chairman J Lethbridge councillors T Mott, R Godden, J Rowe and 15 members of the public.

The Chairman announced that the meeting was a special one, as we were here to present awards to two people who had given their time over many years to help the parish. He presented Shirley Rowe and Marion Dingle with a lifetime award for their efforts in running the Community Hall and other events in the parish.

The council meeting followed the presentation. Councillors heard what the boundary changes would mean. At present St Kew Highway was part of the Wadebridge East ward with the rest of St Kew, the changes would mean that it would be cut off from the rest of St Kew would be in the Wadebridge West St Mabyn ward. This would mean that the Parish council would still have to pay for two elections, costing £1,500 each.

We would ask the parishioners to help to get this overturned by commenting to Cornwall Council - the map and website address are shown below. The more that complain, the more chance of getting it changed back into one ward for the whole of St Kew.

Litter in the parish is still a problem. There is a litter picking event at the playing fields at St Kew Highway on Saturday 23rd June 9-12 am anyone interested please just attend. This will start a session of litter picking events all round the parish with dates and times to be announced. To those who are responsible for the litter, just do the right thing, we all have a dustbin at home, put it in there.

Marion Dingle and Shirley Rowe receiving their Parish Awards



Planning Applications

PA18/03637

Mr D Wellington, Land to the north of Trelulla, Trelill. Erection of a 4 bedroom detached dwelling and single garage.

Recommend approval.

PA18/03157

Mr & Mrs Garland, Campion Cottage, Pendoggett. Erection of prefabricated granny annexe for ancillary residential use.

Recommend approval

Planning decisions by Cornwall Council

PA18/02907

St Kew Inn trees. **Approved**

PA18/02964

K Godfrey St Kew Service station. **Approved**

PA18/02533

Mrs Priscilla Hannam, Pendoggett House.

Approved

PA18/00597

Fore Investments, Land west of Cornish Arms, Pendoggett. **Approved**

PA17/12200

Mr J Brown Land west of St Kew Golf Club.

Approved.

RG



Website for comments:
<https://consultation.lgbce.org.uk>



Pengenna
Manor

TICKETS:
01208 612221
www.pengenna.co.uk



Pop-up
supper for
August -
BBQ feast!
Details coming
soon

New at the Manor – regular pop-up supper nights in our brand new event space – The Cowyard Barn

Pop-up supper for July - pizza & prosecco night! Friday 20th July from 7pm

Feast on gourmet woodfired pizza from guest chefs Kernow Forno in our new barn and enjoy live vocals from talented Tintagel crooner Callum Flew. Tickets £20 to include prosecco welcome drink, choice of 12" pizza, choice of dessert, and live music. The new Cowyard bar (cash and cards taken) will be open throughout the evening.



St Kew Inn

*A beautiful 15th century Inn, bursting with character.
We serve delicious home made food using the best local produce
You will always find a friendly welcome in this traditional local "pub"*

St Kew Inn, Church Town, St Kew, Wadebridge. Tel: 01208 841259
email: stkewinn@btconnect.com

ST KEW PLAYING FIELD TRUST.

The Playing Field, Trelill Road, St. Kew Highway



SUNDAY 29th JULY FUNDAY & FAMILY DOG SHOW. 1.30 pm

ALL DAY BBQ FROM 12.00

Smash the crocks

Teddy Tombola, Splat the Rat. Other games

Children's Races

Car Boot.

Jumble and Bric-a-Brac.

Cake Stall

Cream Teas.

Refreshments.

Live Music.

Wadebridge Folk band



FOOTBALL PENALTY
SHOOT OUT
St. Kew Highway F.C.



Proceeds in aid of the continued development of our Playing Field.

Providing facilities for St Key Highway FC, Wadebridge Cricket and Camels Rugby.

St. Kew Playing Field Trust - Registered Charity Number: 1103642. Visit our website: www.stkewplayingfield.org

Trustees : Robert Knight, David Edwards, Rob Eggins, Jeanette Rowe, Philip Scott, Jacqui White, Trevor Wellington,

Gerry Mcgowan, Stephen Terry & Ryan Rowe