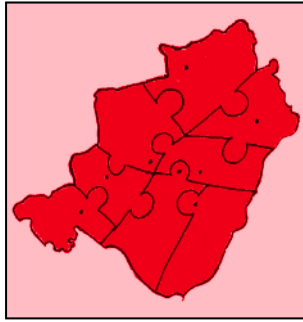


Pieces of Eight

JUNE



June 2018, Issue 241

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern

Email: stkewmag@gmail.com

Our shiny new Post Office - the official opening ceremony



Viv Adams, Post Office assistant and driver.



Scott Mann MP, St Breward Postmaster Darren Wills & Viv Adams.



Scott Mann MP, Darren Wills, Viv Adams, Cllr Brian Gisbourne (Chairman of St Minver Parish Council, Cllr John Lethbridge (Chairman of St Kew Parish Council) and customers.



Scott Mann MP, Darren Wills & Viv Adams

Slightly old news, but unfortunately these photographs arrived just after last month's magazine went to press.

Your free guide to news and events within and around St Kew Parish



THIS SUMMER

Summer

@ the Red Lion

*Why not hire for your private
bbq or drinks party, our new
walled herb garden*

DIARY DATES

OPEN MIC 6TH JUNE ~

FATHERS DAY SUNDAY 17TH JUNE ~

SUPPER CLUB THURSDAY 21ST JUNE

QUIZ NIGHT SUNDAY 24TH JUNE ~

FOR DETAILS 01208 841271

Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their site*).

EDITORIAL

Welcome to the June 2018 edition of Pieces of Eight.

Included this month is the press release and photos of the official opening of the mobile Post Office - it arrived just after we went to press last month. The fight is still on to get our own Post Office counter back but in the meantime we should support the van - I have been told they do have a supply of Euros for your holidays.

The new A5 format of the magazine has proved popular. After the first limited A5 test print run last month we've had a number of comments. Here are a few:

'I thought it would be difficult to read but not difficult at all', 'Much lighter to hold for my arthritic hands', 'Much prefer the smaller magazine' Visitors have also been heard to say it's easier to pop into their bag to take away to read.

Given the comments we thought we would give you all an opportunity to try the smaller format. We will therefore print all copies of July's bumper summer edition in A5 and would welcome your comments, both for and against. **Please do let us know what you think.**

In September we will go back to A4 for residents and A5 for the pubs and shops, then later in the year we will decide which format to use ongoing so your opinion counts!

The last couple of weeks have been hectic for us, with a lot of family visits, including to our daughter and her partner whose first baby is due imminently. Our first grandchild - exciting times!

The hottest spring bank holiday weekend ever and where were we? Up a ladder painting. Painting skirting boards now involves lying down as neither of us can kneel down comfortably any more!

Right, back to the knitting needles as soon as I've finished putting the magazine together.

Nicky

The Editorial Team:

Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager & Treasurer
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the July issue is: **Monday 18th June.**

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Could all contributors please send us your copy or advertisement as soon as possible, ideally **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight! This shows our advertisers that the magazine is *the* place to reach local customers.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied. The magazine does not accept any responsibility for any issues arising from advertisements.

PoE is printed by Parish Magazine Printing, Northmoor, Whitstone, Holsworthy, Devon, EX22 6TD.
www.communitymagazineprinting.co.uk
01288 341617

Cornwall Exterior Cleaning



HOMEOWNERS:-

We are a small company specialising in all aspects of external cleaning both for domestic and commercial properties.

We can provide a wide range of cleaning which include gutters, walls, conservatories, paths and driveways.

We use gutter vacs to clear debris and our high reach poles will easily clean over Conservatories.

Our pressure washing is carried out to keep all hard surfaces both clean and safe.

Softwash cleaning is a highly effective cleaning process and is used to clean render, roofs, pebble dash, concrete and brick.

We use a high grade biocide which has long lasting results without damaging the surfaces. In addition, all our cleaning solutions have a low environmental footprint and are user friendly.

All technicians are fully trained and have public liability insurance

ESTATE AGENTS:-

First impressions can be key to successful selling and to ensure this we offer a full external house package to fit your requirements.

LANDLORDS:-

External maintenance is important to keeping your property in good repair – overflowing gutters, mouldy walls need not be a problem as we can look after your property for you.

If you feel that any of our services could be of interest to you please telephone and we would be happy to discuss your requirements.

Mobile – 07921 957356

Or email:

enquiries@cornwallexteriorcleaning.co.uk

12/18



**CORNISH COOKER
CONVERSIONS LTD**

**GET CONNECTED
... ELECTRICKIT**

CONVERT YOUR AGA (OTHER RANGES TO FOLLOW) TO ELECTRIC WITH ELECTRICKIT & BENEFIT FROM

- **DRASTICALLY REDUCED AGA RUNNING COSTS**
- **WARM IN WINTER, COOL IN SUMMER**
- **INDEPENDENT HOB AND OVEN CONTROL**
- **SPECIFIC OVEN TEMPERATURES TO SUIT YOUR RECIPE**
- **PROFESSIONAL INSTALLATION**

WE CAN ALSO HELP WITH OIL SERVICING & REPAIRS

PLEASE CALL ALAN OR ELIZABETH ON 01208 812272

www.ccconversions.co.uk

12/18



North Cornwall Pest Solutions

Controlling in your area

- Ants
- Cockroaches
- Fleas
- Flies
- Moths
- Moles
- Rabbits
- Rodents
- Wasp/Hornets

BPCA Level 2 in Pest Management

24hr call out

Fully insured

07770677029

finnmore2000@aol.co.uk

Prompt, Discreet, Friendly Service



St Kew Highway

Tel: 01208 841470 or 07581197622

St Pirans Garden Services

Hedge Cutting/Pruning

Strimming/lawn mowing

All aspects of home and garden maintenance

No Job too big or too small

Fully insured

01208 221397

Would you prefer to have a FEMALE to do your Painting &

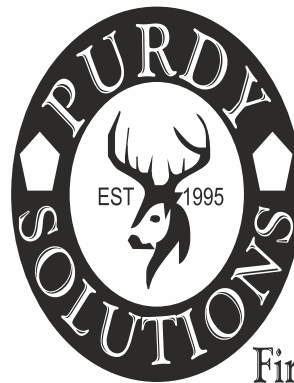
- can also Maintain your Garden & Power Wash your Patios, Decking, Walls, Driveways etc. with a Pressure washer

For free quote 'Phone:

07754 346457



Your first step in property preservation and maintenance



- Carpentry ◆
- Property Care ◆
- Kitchens ◆
- Bathrooms ◆
- Vinyl Flooring ◆
- Fire Door Maintenance ◆

T: 01208 841 528

M: 07816 899 649

E: jandbathome@aol.com

Working in association with



CONSTRUCTION SKILLS CERTIFICATION SCHEME

Aunt Avice's Pasty Shop

REAL CORNISH PASTIES HOMEMADE
EVERY DAY (except Sundays)

**FEELING HUNGRY?
JUST CAN'T WAIT?
COME TO AUNT AVICE'S
THEY'RE ALWAYS FRESH BAKED!**

WE ARE AT UNIT 1, ST KEW SERVICES,
ST KEW HIGHWAY. TELEPHONE ORDERS
WELCOME: 01208 841895 OR 841740 (HOME)

THESE ARE "THE REAL THING"

12/18

Garden Services



Clearing
Grass Cutting
Hedge Trimming
Hedge Laying
Tree Work
etc...

**Stephen Lambert
CALL:
01208 850241
07891 828313**

12/18

We use local suppliers where possible eg.

- *Barnecutt's fresh bread, cakes, pasties.
- *Button's meats.
- *Tinten potatoes.
- *St Kew Biscuits.
- *Trewithen Dairy products.
- *Local Preserves & Honey.

STCS

St Tudy Community Shop and Post Office

Monday to Friday 8am – 6pm
Saturday 8am – 2pm
Sunday 9am – 12 noon
Deliveries can be arranged
TRY US FIRST !!!

12/18

We stock fresh fruit and veg all delivered daily. Orders for fresh fish. Off Licence. Newspapers & Magazines Our own "brand" of dry goods as well as well known ones. We sell eggs, stamps, stationery, sweets, toiletries, coal, frozen food. **And lots more!**

12/18



- Kiln Dried & Seasoned Firewood
- Coal & Smokeless Fuel
- Calor Bottled Gas
- Free Delivery
- Free Installation
- No Contracts

**Great Regular-Reliable
Service From a Cornish
Family Owned Business.**



CALOR



01208 816827

sales@loganslogs.co.uk
www.loganslogs.co.uk

All the news and highlights from the top of the hill! Don't forget, you can keep up with all the school antics in our weekly newsletters, published on our website: www.st-kew.cornwall.sch.uk

Having experienced another month of activities where the children **Discover, Learn and Develop** we are also looking forward to a number of exciting opportunities this term.

Sporting Events

Our children continue to amaze us with their enthusiasm for trying new sporting activities. We have recently participated in the Camel Challenge Football festival...



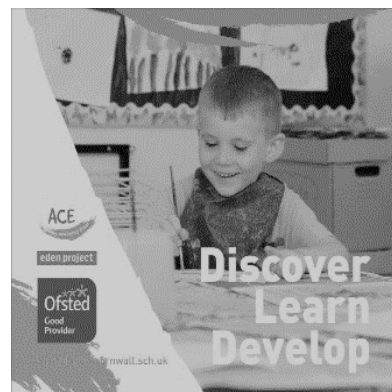
...and the Key Stage 1 Cross Country event.



Both teams of children performed well, winning matches, proving they are good sports people and being placed high in the Cross Country rankings. We are now looking forward to the 'Go Bike' event later this month – a cycling challenge similar to that of the professionals' Team Pursuit event.

Open Day

We held our Open Day on Thursday 10th May and were delighted to see many faces visiting the school. Visitors shared in class activities, both inside and outside the classroom to get a proper flavour of what goes on at the 'top of the hill' – showing why St Kew children look like this



and really do '**Discover, Learn and Develop**'!

School Council

Our School Council are busy working on choosing Class names and creating a project to enter for consideration to be awarded '**Healthy Schools**' status. We look forward to seeing the ideas they come up with to make every one of them 'healthier'.



Auction of Promises

On Friday 6th July we will be hosting a PTA fundraising event – an 'Auction of Promises'. This is an evening where the 'Lots' are Promises that people have donated. These promises can range from an evening of babysitting to a year of grass cutting, a celebration cake to a 3-course meal being prepared for you! We extend a warm welcome to you to make promises for people to bid for and to join us for the event. If you would like more information about the event, or would like to make your own 'Promise' please call the school. We look forward to seeing you there!

Julie's
MOBILE CATERING VAN



Contact Julie on 01566 781339 or 07572 412421
juliewalters@uwclub.net Join us!  Julies-Catering-Van

12/18

Pulled Pork, Burgers, Bacon, Hot Dogs, Chips, Homemade
Coleslaw, Wraps, Hot & Cold Drinks, Extras: Cheese,
Mushrooms & Eggs
Available for any event

12/18

Geoff, Karen and the team welcome customers old and new to
The Cornish Arms, Pendoggett



A 16th Century Inn

Open all day every day from 11:30 a.m
offering Real Ales, Good Wines, a selection of 60 Gins,
and a range of Cornish beers, lagers and ciders.

Our Quality Pub Food is served everyday from 12 noon to 2.30 p.m & 5.30 p.m to 8:30 p.m

OUR FULL MENU INCLUDING A ROAST IS NOW AVAILABLE ON SUNDAY LUNCHTIME

CREAM TEAS AVAILABLE EVERY DAY 1.00-5.30 p.m

A SMALLER APPETITES 2 COURSE LUNCH MENU
Monday -Friday for £7.95

LIVE MUSIC on Friday evenings, please see our website for details
Free Parking • Beer Garden • 7 En-suite rooms • Free Wi-Fi
Well behaved dogs and children are welcome.

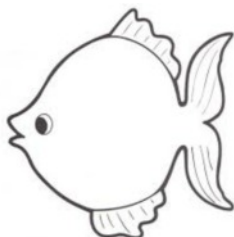
Tel: 01208 880335 or email: contact@cornisharmspendoggett.co.uk
Website: www.cornisharmspendoggett.co.uk We are also on facebook.

CHILDREN'S CORNER

How many different fish names can you find hiding in the grid?

Shark
Flounder
Nemo

Whale
Moby Dick
Cod

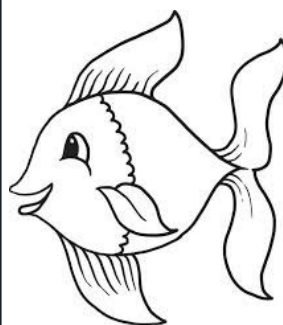


Goldfish
Pollock
Dory

Salmon
Trout
Swordfish

M	S	W	O	R	D	F	I	S	H
F	W	E	S	T	V	U	C	J	P
M	S	H	A	R	K	P	O	H	B
O	A	F	L	O	U	N	D	E	R
B	L	F	C	U	H	E	Q	W	E
Y	M	Q	Z	T	U	M	Y	T	R
D	O	R	Y	I	O	O	P	Z	X
I	N	M	B	W	H	A	L	E	C
C	P	O	L	L	O	C	K	Y	F
K	X	G	O	L	D	F	I	S	H

Colour me in!



Fishy Facts....

- Fish are vertebrate animals that live in water.
- Vertebrate means they have a spinal cord surrounded by bone and cartilage.
- Fish have gills that take oxygen from the water around them.
- Some flatfish use camouflage to hide out on the ocean floor!
- Fish have quite small brains compared to other animals.
- Some fish nibble parasites and dead skin off other fish - a cleaning service!
- There are over 3,000 kinds of fish!
- They have scales all over their bodies and often have a layer of slime to help them glide through the water!

St Kew Historical Society

Living Oral History - The Reminiscences of Mary 'Brom' Bromfield. District nurse and midwife in St Kew Parish for many years.

On the evening of Thursday 10th May an audience of more than two dozen members and guests were treated to memories, both amusingly poignant and quite hilarious, as Mary treated us to a journey into the past of training, nursing and midwifery from the 1930's to the 1980's - from Bedford to London to Port Isaac and Wadebridge, via most of North Cornwall.

This was recorded for the History Society - our first living-history session. We hope for many more from our local friends before it's too late.

Look out for our next entertaining evening at St Kew Parish Hall: Thursday June 14th at 7.30pm.

All members and guests are welcome to examine our archives, documents, books, maps and many items of local interest, presented by our archivist Kim Appleby, with a host of photographs and online research access.

John Raybould, Secretary

12/18

Clearview Solutions

Offering the latest environmentally friendly water fed pole cleaning service for
 windows and frames
 conservatories
 fascias / soffits
 Guttering
 Caravans / motorhomes
 Decking
 Patios
 Pathways
 Algae removal
 Biocidal treatments
 etc
 just call Rob to arrange a visit and no obligation quote

07875639548

St Kew 01208 841653



BREAKFAST. LUNCH. SUNDAY ROAST. CREAM TEAS. HOME MADE CAKES. CELEBRATION CAKES. ICE CREAM. HOME PRODUCED BEEF, LAMB & FREE RANGE EGGS. FRESH FRUIT AND VEG. LOCAL BREAD & CHEESES. GIFTS & CRAFTS.



Shop and Restaurant
Open 9am..7 days a week.

PYO and ready picked Strawberries & Gooseberries ready now. please ring to check availability

Bookings now being taken for Fathers Day lunch Sunday 17th June ...

Tel: 01208 880164

Book now for our **Traditional Sunday Roast**, choice of meats including home-produced beef followed by a selection of homemade desserts. **Booking essential!**

Don't forget we serve Breakfast 9am-11am,
 Lunch 12 noon-3pm.

Tea, coffee, homemade cakes, ice cream, cream teas, etc served all day.

Open every day. Pop in, you can be sure of a warm welcome.

TEL: 01208 880164 www.trevathanfarm.com
 CHILDRENS PLAY AREA. RIDE-ON TRACTORS AND

12/18

DIGGERS. PETS CORNER...



Find us on the B3314 at St Endellion. Follow us:

12/18

AUTOTEC

ST KEW HIGHWAY

PL30 3ED

MOT CENTRE

full diagnostics

Servicing & repairs

Tyres

01208 841238

 PROPRIETOR - A. EDDY autotec_stkew@aol.co.uk


KEN GODDEN Contractors



Lawn Mowing - Fencing - Rustic Stonework

Tractor and Hedgetrimmer - Landscaping

Pasture Topping - Paddock Maintenance

Hay Making - Slurry Spreading - Bale Wrapping

Square/Round Baling - Rolling

07968 481520 / 01208 850743

12/18

ST KEW GOLF CLUB



- ★ PAY AND PLAY
- ★ Challenging 9hole/18 tee (Par 64)
- ★ Covered driving range
- ★ Pro Shop & Professional Tuition
- ★ Club Hire ★ Coffee Lounge

2½ miles from Wadebridge on main A39 towards Camelford

St Kew Golf Club, St Kew Highway, Bodmin, Cornwall PL30 3EF. Tel/Fax: (01208) 841500

12/18

J.R.CLEAVE

CARPENTRY & JOINERY

Mobile: 07598 699126

THE MAKING OF BESPOKE FINE WOODWORK,
 HARD WOOD, SOFTWOOD DOORS, WINDOWS,
 FURNITURE, KITCHENS AND STAIRS

jake.cleave@icloud.com



12/18



12/18
Create your dream...



WADEBRIDGE KITCHENS

KITCHENS BEDROOMS STUDIES

Polmorla Road Wadebridge Cornwall PL27 7NB

Call us on 01208 813231 sales@wadebridgekitchens.co.uk | www.wadebridgekitchens.co.uk

HOP OILS

Heating Oils, Farm Fuels, Tank Supplies



Unit 3, The Glebe
Blisland, Bodmin, Cornwall PL30 4JE
12/18 **01208 851195**

12/18

Your local Electrician.

Ivan Jones Electrical Services Ltd



- Established 1995 -

Domestic - Commercial - Agricultural - Industrial

For all your electrical requirements

01840 213 683 - 07738 824 181
Email: info@ijesltd.com

"A local service to national standards"



The Office. 30 High Street. Delabole. Cornwall.



Colour Scheme Keith Parkyn

Painter & Decorator.
Property Maintenance Interior &
Exterior Work carried out.
Laburnham, Wadebridge Road
St Mabyn, PL30 3BQ



For friendly service & advice call:
Tel: 01208 841828
Mob: 07747 399503
Free Estimates

12/18

S. Goodman Plumbing & Heating

- All Aspects of Plumbing
- Oil Heating
- Biomass Heating
- Wood Burning Stoves
- Geo-Thermal Heating
- Servicing

12/18



- Central Heating & Underfloor Heating
- Solar Heating
- Bathroom Installations & Tiling
- Water Harvesters
- Septic Tanks
- Drainage

Tel: 01840 213196 Mob: 07968 984305
98 HIGH STREET, DELABOLE, PL33 9AQ

John Newton

Rachael, Patrick, Liz and Marion Mewton would like to thank everyone who attended John's funeral, kindly sent cards or thoughtfully conveyed other messages of condolence.

Whilst failing health required John to move to St Teath a couple of years ago, he remained a Pen-doggett man through-and-through having moved there with his parents in 1952.

The Mewton family wish to express particular thanks to their friend and true Christian, Peter Coster, for conducting John's committal and memorial services and also to Su Coster for her infinite compassion.

Patrick Mewton



St James' Fete

21st July at 2.00pm

The St James' Fete this year will be held on Saturday 21st July at 2.00pm at Trescobel, courtesy of the Matheson family.

We would be grateful for items for the stalls; which can be left at the back of the church from 16th July.

Items required are: books, bottles, bric-a-brac, cakes, jumble, plants and produce, nearly new & previously-loved clean clothing.

Please donate!

There's going to be a great fete!

The time is coming round for **Bodmin Hospital Fete** on **30th June**, and plans are in full swing!

We are delighted to say that we have the Bodmin Town Crier to open the proceedings and introduce the young X Factor star Benji Matthews to open the fete at 2.00pm.

There will be music galore and entertainment from the wonderful Tina Roberts, Firebird International, with, among other excitements, her amazing miniature performing stallion, Star. Kernow Party Karts will be there with their Karts, Wipeout, Bouncy Castle, and Toddler Playzone. Future Youth Dance of Bodmin will be performing some amazing dance routines. There will be a Miniature Steam Engine giving rides, and a family dog show, along with lots of other attractions and stalls.

The fete is being held on the land adjacent to previous years - the site which has housed the fete in past years is now being developed – but this development is such good news – a Mental Health Unit for Adolescents.

We do hope you will come and enjoy the fun and, at the same time, you'll be helping a very worthy cause – **OUR LOCAL HOSPITAL**.

The fete is organised by the Bodmin Hospital League of Friends who work to raise funds for the patients and staff in the hospital, purchasing equipment and services not supplied by the NHS. We endeavour to make the patient's stay in hospital a little more comfortable, and it would not be possible without the support of so many local businesses who help to sponsor the costs of the fete and a wonderful band of friends and helpers.

Sponsors to date are: Mid-Cornwall Brokers, Hawkins Motors, Gynn Construction, Bodmin Flooring Centre, Bodmin Funeral Services, Nutes Veterinary Surgery, West End Motors, Bridge Bike Hire, Regal Cinema, Sharps Brewery, Wadebridge Wines, Trehellas House, Ruses Gas, Moorpets and Brandon Hire. We are so very grateful to all of them.

League of Friends' Secretary, 01208 841552

St Kew Playing Field Trust

We Need Your Help!

For more than 18 years the Playing Field Trust committee have provided in St Kew Highway a playing field for the use of people of all ages in St Kew Parish and its surrounding area. Providing facilities for Cricket, Soccer and Rugby Union as well as play equipment and a variety of facilities for younger people. These include pitches, a pavilion, changing rooms, toilet block and a variety of adventure play equipment.

NOW WE NEED YOUR HELP!

Our committee needs strengthening with new, younger parents and teenagers with a vested interest in the future of the facilities in their parish. Can you spare just a few hours a year to help secure the future of this valuable asset for you, your children and, perhaps, their children?

On **Saturday 23rd June** from 9.00am – 12.00 we are holding an open morning and field clean-up. Why not come along, see what we are about, lend a hand and perhaps join our committee – it only takes an hour or so once a month, and one FunDay a year.

Come along and see us at the Playing Field, Trelill Road, St Kew Highway. Help with the clean-up, have a chat, a cuppa and a sandwich and find out more. We look forward to seeing you.

Now put it in your diary: **Sunday 29th July 2018**, Annual FunDay and Dog Show. Fun for all the family! Full details in the next edition of Pieces of Eight.

Thank you!

St. Kew Community Gardens Association

The View from the Allotments

..... and gosh, wow, my word - what a difference a month makes!

I wasn't exactly despairing, but was getting a bit depressed at our lack of progress. We reckoned we were a good month behind and talking to fellow plot-holders, that was the general opinion. But the past four weeks have seen several days of warm sunshine and only the occasional downpour, which means that the ground is drying out and we can actually produce whole patches which are ready for planting.

Tony has been growing broad beans in the greenhouse and we put them out a week ago to harden off and then I planted all 60 of them yesterday. Back-breaking, as I am not too good at kneeling, but it Will Be Worth It!

Last week we were in St. Columb Major and discovered a wonderful shop called Glanvilles, opposite the Silver Ball. We had been searching for runner-bean seeds and nobody had them, and chanced upon this shop which had packets of just about everything. They also had chunky grow-bags and very happy and healthy-looking tomato plants so we went away with a lot more than we intended. Going back for some bean-poles this week, when we're in the neighbourhood – a magical shop which seems to stock everything and as for the customer care – second to none. Meanwhile, up at the allotment, the skip is now on site and slowly filling up with rubbish – sadly other people's

as well as our own. Which allotment-holder do you know who would dump eight scrambler-bike tyres and two surf-boards?? But we are managing to clear quite a lot of old bits and pieces, and the site is slowly getting tidier. Having said that, Phil has used the surf-boards to make a little "walled" container and Andy has used the tyres to weigh down some plastic sheeting, while planting something (Courgettes?) in the centre of each tyre. We are nothing if not innovative.

It must be a sign of progress as Adam has his Great Wall of St. Kew up and the beans have already reached six inches all along the bottom. When in full bloom, it's quite a sight. He has also very kindly strimmed all along the lane fence – a big help.

We and Andy are proudly eating our own asparagus – what a flavour when you've just cut the spears barely half-an-hour ago. Further up the site, Adrian has made wonderful progress with a formerly deserted plot and his strawberry cage is a work of art. Monika and Babs' neat and attractive "back garden" is an example to us all. Mark has been digging hard and erecting a useful shed, so we've all been making use of the warmer, sunnier weather.

In fact, all up and down the site, work is visibly surging ahead and it raises the spirits, even if it destroys the back.

We've still got a couple of vacant plots by the way, so do ask if you would like to see them.

*Judith Mott, judithmott@btinternet.com
Tel: 01208 841312*

Pengenna Manor, Trelill

Exclusive local wedding and events venue Pengenna Manor near Trelill has announced a very exciting addition to its offering – The Cowyard Barn. This 200-year-old building has been restored and re-purposed to create a gorgeous permanent undercover space for all sorts of parties and events. It can seat up to 150 theatre style (for wedding ceremonies, film showings, meetings and presentations) and up to 100 seated for a dinner (for wedding receptions but also birthdays, anniversaries and parties), or host around 100 guests more informally.



The space has been left purposefully blank for guests to decorate and style with concrete floors and bare stone walls, but with the addition of atmospheric strings of festoon light bulbs amongst the old beams, and also some funky hidden feature lighting. Bespoke rustic trestle tables and wooden folding chairs are available, or organisers can hire-in their own furniture.

External caterers can set up a pop-up kitchen inside the barn, or in the courtyard outside. A very cool rustic bar clad in corrugated metal has been installed – and even this is on wheels so it can be re-located for total flexibility!



For evening events and parties the hidden feature lighting transforms into a colour changing disco mode and DJ's or bands can set up wherever they like with plenty of space for dancing the night away.

Richard Blewett, proprietor at Pengenna said: "We're so excited to be able to offer this fabulous new permanent event space that can be used to host all sorts of private event bookings as well as the different public events we stage here and it's funny to think that where we used to milk and calve the cows, guests will now be partying!"

For more information, extra photos, to book an appointment to discuss your event, or to find what their next public event is, visit the Manor's website at www.pengennamanor.co.uk

Parish Council News

Chairman: Cllr John Lethbridge
Clerk: Cindy Powell, Rockhurst, Trethurgy,
St Austell, PL26 8YF. 07988 481241
Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.30pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

The Annual Parish Meeting of St Kew Parish Council was held at The St Kew Parish Hall Tuesday the 8th May at 7.00pm

Present: Chairman J Lethridge, Councillors A Godden, T Mott, J Rickard, B Finnemore, J Rowe and R Godden. Two members of the public were in attendance.

In the chairman's address, he said that in the year the council had dealt with 43 plans, each one viewed by the council, and maintained the common land at Chapel Amble, Trequite and Tregellist. He also remarked that dealing with Cornwall Council was becoming more difficult as they seemed not to take into account the views of the local residents, and the enforcement action was next to useless.

Mr Shergold of Bokelly Bungalow raised that he was trying to re-form the Neighbourhood Watch for the Trelill area, and asked if the council could help in pushing it forward. The council agreed to contact the relevant authorities. Anyone interested in the scheme, please contact Mr Shergold.

There was no other business and the meeting closed at 7.20pm

The AGM of St Kew Parish Council Meeting held on Tuesday 8th May 2018 at 7.30 pm in the Parish hall.

Present were the councillors above and six members of the public.

The first item on the agenda was the election of officers, they were:

- Chairman - J Lethbridge.
- Vice-chairman - A Godden.
- Responsible Finance Officer - R Godden.
- Churchyard liaison Officer - R Godden.
- Tree Officer - Jenny Mcgann.
- Footpath co-ordinator - J Rickard, R Godden.
- Parish Hall representative - B Finnemore.
- Community Hall representative - John Lethbridge,
- Parish Magazine representative - Richard Godden.
- Playing Fields representative - J Rowe.
- Planning coordinator - Richard Godden.
- Community Network Coordinator - John Rickard.

In the adjournment section of the meeting, lack of parking at St Kew Highway Services especially around the Doctor's surgery was raised, the situation was becoming dangerous for people on foot crossing the forecourt. The council will write to Euro Garages and Mr Godfrey expressing their concern.

Parking of vans on the slip road at Pennyhayle was also brought to the attention of the council.

Parking on common land is still a concern and the council will be seeking legal advice on the problem.

The contractor who cuts the grass in the church yard reported that glass containers are being left on graves, these cannot be seen when covered in grass and smash when hit by grass cutting equipment. Please do not leave glass containers on or by the gravesides.

There is still a litter problem in the parish. If you see someone dropping litter from a vehicle, please try to get the registration number and report it to the council - we must try to stop this happening. To those who throw their litter from a vehicle, **TAKE IT HOME.**

Planning Applications

PA18/02356

Mr & Mrs Rochford, Little Brightor, St Kew Highway. Construction of 2 new-build holiday lets to support existing business.

Recommend approval.

Planning Decisions by Cornwall Council

PA18/02050

Mr & Mrs Boyne, Tomphanny Farm, Tregellist
Approved.

Only one tender was received for the cutting of the footpaths and Graham Tiplady was awarded the contract.

RG



Allen Valley Singers

Today there is real sunshine and - 'every day a beginning, spirits rise and their dance is unrehearsed', to paraphrase one of our songs, 'Evergreen'. People are smiling today.

The choir is learning new material for concerts ahead and especially look forward to the latter end of the year when we sing at the wedding of the daughter of one of our members, Colleen Waugh.

Wednesday June 13th is the date of our yearly 'Sing' at Padstow, between 6.30pm and 8.30pm. A full report will be contributed in the August publication. When compiling the programme, our MD announced that we needed at least 15 songs. Luckily we have plenty in our repertoire but I now realise how much material is eaten-up for concerts.

Singing is obviously the most important issue in a choir but there are many other factors which make up to a successful and well-run choir. For instance, I write these reports and out in the big wide world, there are other magazines and newspapers which take these reports, all with their involved staff. It is important to have a good rapport but sometimes it is not possible to put faces to names. I was lucky enough recently to be invited to a coffee morning at Trewane Manor in Trelill to meet all the folk connected with the 'Pieces of Eight' magazine who

serve the St. Kew area. It was such a pleasure to meet those with whom I have communicated for some years. Real people, real problems and real successes. A really enjoyable morning.

Another area we enjoy is meeting fellow choirs. It is a great treat to visit other singers and realise the breadth, styles and differences that there are, not only in the choirs of Cornwall, but all over the country, indeed over the world. Maureen Murray, one of our members, and I recently attended a concert at Pencarrow given by the 'Monday Choir', from Herefordshire. They had a great variety of songs and music including solos from a bass singer and a 'cellist. It was an interesting evening as our singing styles were very different and it is always possible to exchange ideas and techniques.

Contact our Musical Director if you would like to join us or book us for a concert or a wedding or any other important event. So ring Janette on 01208 841784 to have a chat with her and perhaps join us for an evening to listen to our music. We meet on Tuesday evenings from 7.15pm to 8.45pm at St. Kew Highway Community Hall.

All best wishes.

Joyce Hargrave-Wright (Publicity)

Mobile Post Office



Monday

St Merryn 08.45-10.00

Rock 11.00-12.30

St Kew Highway 13.30-15.00

(Community Hall)

Tuesday

Tintagel 09.30-11.30

South Petherwin 12.45-13.45

Wednesday

Tintagel 09.30-11.30

Port Isaac 12.30-13.30

St Issey 14.00-15.00

Thursday

St Merryn 08.45-10.00

Rock 11.00-12.30

St Kew Highway 13.30-15.00

(Community Hall)

Friday

Tintagel 09.30-11.30

South Petherwin 12.45-13.45

We urge everyone to make good use of it - we don't want to lose it again!

At an abandoned Sea-Garden

the morning fret is burnt away reveals
senecio, Cappa Blanca,
cotton lavender, the Cloth of Gold

squeals of children from the beach below
where waves threaten to wash them away

above
the sun is a blank
omnipotent

casts no shadow
on the midsummer dial
nothing to measure the gap between
distance and memory
save this sempervivum from that broken urn.

David Penhale

Puzzle Page

codeword

26	17	23	22	21	26	1	9		20	7	18	12
	6		21		6		26		7		6	
	14	26	6	19	19	26	16	13	17	26	5	
	3		17					8		9		26
9	6	10	7		8	25	26	6	19	6	1	9
			11		6		14				18	
18	6	1	15	23	1		6	4	6	17	26	6
	13				9		9		5			
5	23	3	26	18	23	9	26		24	21	14	15
	17		1		6				23		21	
	7	1	19	9	7	1	18	9	21	6	17	
	19		21		6		23		14		26	
19	25	23	26		26	5	2	7	1	26	19	19

A
B
C
D
E
F
G
H
I
J
K
L
M
N
O
P
Q
R
S
T
U
V
W
X
Y
Z

		5		9			7
	8			2		1	
				3	4		
		6		5			9
		7		1		2	
3				8	4	6	
		9	7				
		4		5			8
2			4			7	

nonogram

S	N	A
O	G	L
E	F	T

How many words of 4 letters or more can you find? You must use the centre letter in each word.

No plurals or proper nouns are allowed. There are 46 listed in the solution which includes **1 nine letter** word to find.

1	2	3	4	5	6	7	8	9	10	11	12	13
14	15	16	17	18	19	20	21	22	23	24	25	26
R				C					O			

Events Outside Our Parish

Regular events at St Endellion: Endelienta Poetry group, Book Club and family Make Club. Please visit the website, or phone or email for details.

For June's events at St Endellion please see separate advert.

Royal Cornwall Show

7th, 8th & 9th - Royal Cornwall Show at the Show Ground, Wadebridge. For more details please see the RCS website: royalcornwallshow.org

Beach Clean

Friday 15th - Beach Clean at Polzeath beach with Polzeath Marine Conservation Group and National Trust. Meet in the car park at 9.30am.

See polzeathmarineconservation.com for details.

Theatre

Wednesday 13th - Open-air theatre production of Sense & Sensibility at Pencarrow House, check their website or visit the shop for details.

Art Exhibition

Friday 25th May - Sunday 3rd June

David Penhale - Exhibition at Rock Institute Gallery, daily from 10.00 - 5.30pm

Save the dates - August:

Friday 3rd - Marie Curie Garden Party at Pencarrow House.

Tuesday 14th The St Endellion & St Peter's, Port Isaac Fete in St Endellion Rectory Garden at 2.00 pm.

Friday 17th Wadebridge Lions present: 'Hits from the Blitz' with Company B at Pencarrow House, 7.00pm.

More information can be found on the following websites:

Concerts: endelienta.org.uk. or by email to tickets@endelienta.org.uk or from Wadebridge Bookshop (concert tickets only).

Pencarrow House: pencarrow.co.uk



J.T.Martin Plumbing and Heating

Qualified for the installation, servicing
& maintenance of

OIL FIRED HEATING SYSTEMS AND
APPLIANCES

Unvented Hot Water System Installations and
Upgrades

OIL BOILER BREAKDOWNS AND REPAIRS

Tel: Mobile: 07812 127257

12/18

Ron Bendell Driving School

Changing the world of driving,
one lesson at a time.....



Ron Bendell
ADI

Mobile: 07539933615
Office: 01208 880691
Email: ron@rbsom.co.uk

www.ronbendelldrivingschool.co.uk

R Mears & Sons Chimney Sweeps

Established over 30 years



Thorough vacuum &
brush cleaning.

Full CCTV investigations.

Chimney linings, pots,
cowlings & bird
protection fitted.

Solid fuel appliances,
Rayburns, woodburners
and stoves installed and
serviced

Tel: 01840 261221

Mob: 07737 533392

www.sweepcornwall.co.uk

12/18



Cole Rayment & White

WADEBRIDGE • ROCK
CAMELFORD
PADSTOW

Contact us for a Free Valuation

01208 813595

www.crw.co.uk

THE ESTAS

ESTATE AGENT
AWARDS 2018

GOLD WINNER

BEST LOCAL AGENCY GROUP
SOUTH WEST

Andreas Construction Building & Roofing

Landscaping / Patios	Roof Repairs
Property Maintenance	Re-Roofs
Extensions	Flat Roofing
Kitchens & Bathrooms	Delabole Slating
Conservatories	Slate Hanging
Loft Conversions	Lead Work
Barn Conversions	
Bespoke New Builds	Digger & Dumper Hire

All work is always to the highest of standards.
Any job undertaken.
Please call for a free quote.

07967 816968 01208 851387
andreas-construction.com
andreasjmjones@icloud.com

Find us on 

St James Bellingring News



We were pleased to have five scouts from St.Mabyn join us on our Wednesday practice evening to learn to ring the bells for their bellringing badge. All the scouts rang the bells and had a tour of the bell tower. Also for a bit of fun they rang the hand bells. Rikki, the Scout Leader, took lots of pictures throughout the evening and a great video clip of one of our church bells ringing up close. Please have a look on our Facebook page to see these great pictures and the video clip.

We have finished our evening practice ringing on a Wednesday for the summer and will start again in October. Listen out for our ringing every Sunday morning at 9.00am before the Sunday service and there will be several weddings to ring for over the summer also. At the end of July we will be ringing to open St. James Fete and welcome anyone to pop over and have ago at ringing the bells throughout the afternoon.

For information on bellringing please contact Ken Godden on 07968 481520, or message us on our Facebook page.

GILL'S RECIPE OF THE MONTH

It's a beautiful morning, and thoughts turn to barbecues....

Barbecued Spare Ribs

Ingredients

- 3lbs spare ribs
- 1 tablespoon brown sugar
- 1 teaspoon salt
- 3 tablespoons tomato ketchup
- 2 tablespoons soy sauce
- 2 tablespoons runny honey
- 1 cup chicken stock

Method

- Thoroughly mix the salt, soy sauce, sugar, ketchup, honey and stock together.
- Mix the spare ribs in the marinade until well coated and leave for at least an hour, longer if possible.
- Either cook on the barbecue, turning from time to time, or in the oven at 180°C for about an hour, turning from time to time.
- Put the spare ribs on a serving dish.

- Dilute the marinade with a little extra stock.
- Either pour over the ribs or serve separately. If more sauce is required double the amount of stock.

Delicious served with a salad and some crusty bread to mop up the sticky sauce.



'KEW & A'

Twenty Questions & Answers

This month: Kym Hall.

Childhood Hero: Steve Austin - 'The Six Million Dollar Man' !!

Hobbies: Singing, gardening, crafting, reading, cooking - to start with.....

Favourite Music: Anything - I couldn't imagine life without music.

(Editor's note: Until 2004, Kym managed the last independent music record shop in Wadebridge).

Favourite Book: 'The Wind in the Willows' by Kenneth Grahame - superlative writing, gorgeous characters - timeless.

Favourite Film: 'Paris, Texas' (dir. Wim Wenders, 1984) and 'Jean de Florette' (dir. Claude Berri, 1986).

Favourite TV Programme: Anything foodie.

What's good about living in your village?
Natural sounds.

What would you improve? Water run-off.

I'm very good at.... Organising my work-load.

I'm very bad at.... Being in a crowd.

A phrase I use too often is.... "C'mon Kym, you can do this'.

Three people, dead or alive, I'd invite to dinner are.... David Attenborough, Mozart, and sister Sue who would come with some fabulous wine.

I'd like to be stranded on a desert island with....
A piano.

I'm embarrassed by.... Loud and lewd people.

My proudest moment was.... My son, of course.

The best things about Cornwall is... The scenery, and ever-changing patterns of colour.

The worst thing about Cornwall is.... Nope, can't think of anything significant.

Which of our country's laws would you change? Inheritance tax.

An over-rated public figure is.... Most of them.

In another life I would be.... An opera singer, or a pianist.

Events at St Endellion in June



Endelienta

Friday 15 June, 7.30pm

Bristol University Madrigal Ensemble.

As part of its annual tour to Cornwall, the highly popular Ensemble returns to St Endellion with a delightful mixed programme of madrigals and part songs.

Entry by suggested donation £5.

Saturday 16 June, 10.00am

The Endelienta Make Club for children and parents
This month: colourful mixed media workshop,
£5 per family.

Friday 22 June, 7.30pm

The Dante Quartet. One of the UK's finest ensembles, international award-winners the Dante Ensemble play Tchaikovsky No 1 in D; Shostakovich No. 4; and Beethoven Op 135.

£15 nave / £10 aisle. Accompanied under 16s free (aisle seats only)

Book tickets online at www.endelienta.org.uk; by e mail tickets@endelienta.org.uk; by phone 07787 944935; or from the Wadebridge Bookshop (concerts only)

Puzzle page solutions

6	2	5	1	4	9	8	3	7
4	8	3	5	2	7	1	9	6
9	7	1	8	6	3	4	5	2
8	4	6	2	7	5	3	1	9
5	9	7	3	1	6	2	4	8
3	1	2	9	8	4	6	7	5
1	6	9	7	3	8	5	2	4
7	3	4	6	5	2	9	8	1
2	5	8	4	9	1	7	6	3

Nonogram
agent, along, angel, angle, angst, tagot, tang, flag, flagon, FLAG-STONE, flange, flog, gale, gaol, gate, glean, gien, gloat, gnat, goal, goat, goes, golf, gone, lags, long, longest, nags, ogie, on-stage, sage, sago, slag, slang, slog, slogan, snag, snog, song, stag, stage, tang, tangle, tango, toga, tong.

S	S	E	N	I	G	D	E	E	O	H	S
E	R	O	M	U	S						
L	V	A	T	C	N	I	N	S	T	I	N
U	O				M	N	L				
Y					J	U	R	E	C	O	T
					D						B
A					Z	A	V	A	L	E	A
C					R						F
T					N						I
E					T						V
					P						L
					E						R
					A						E
					I						A
					W						E
					I						L
					C						O

Codeword

Group Travel

Enterprise Park, Midway Road, Bodmin
Cornwall PL31 2FQ. Tel: 01208 77989



BODMIN M.O.T. CENTRE at Group Travel

Class 4, 5 and 7. Trade enquiries available upon request. Tel: 01208 77989

2018 COACH EXCURSIONS

2nd - 6th JUL - LLANDUDNO TOUR

22nd JUL - EXMOUTH SEA CRUISE

4th AUG - COUNTRYFILE LIVE

5th AUG - FESTIVAL OF BRITISH EVENTING

21st AUG - DARTMOOR ZOO

25th - 26th AUG - DORSET STEAM FAIR

31st - 2nd SEP - BURGHLEY HORSE TRIALS

11th SEP - WIDECOMBE FAIR

15th SEP - TOBY'S HARVEST FESTIVAL

27th - 1st OCT - SHROPSHIRE BY COACH, RAIL & CANAL

3rd NOV - BRIDGWATER CARNIVAL

17th NOV - FESTIVAL OF LIGHT @ LONGLEAT

23rd - 26th NOV - TURKEY & TINSEL @ BOURNEMOUTH

24th NOV - CLARKS SHOPPING VILLAGE, STREET

8th DEC - BATH CHRISTMAS MARKET

16th DEC - MOUSEHOLE & ANGARRACK LIGHTS

2019

26th APR - 1st MAY - ISLE OF MAN SPRING TOUR

16 TO 70 SEAT COACHES AVAILABLE FOR PRIVATE HIRE. CORPORATE/ VIP, EVENTS & CONFERENCES, WEDDINGS (CAN INCLUDE STAG & HEN PARTY PACKAGE), HOLIDAY TRANSFERS, FUNERALS, DAYS OUT, GROUP TOURS, GOLFING HOLIDAYS & SPORTING EVENTS.

FOR BOOKINGS AND A BROCHURE PLEASE CALL

01208 77989 / 01208 72669

Website: grouptravelcoachhire.com Email: benneymoon@btinternet.com

Based in
Wadebridge

Cornish Roofing Company

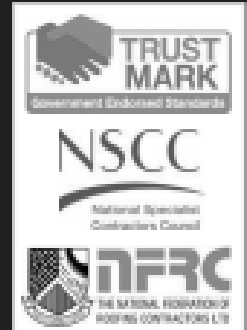
Covering Cornwall

ALL ROOF WORK UNDERTAKEN

Flat Roofing • Solar • Tiling • Heritage • Leadwork • Repairs
Rag, Reclaimed and Natural Slating

Wadebridge, Cornwall Tel: 01208 816991

info@cornishroofing.co.uk www.cornishroofing.co.uk



Pilates Classes in North Cornwall

St Kew Community Hall

Mondays 14.30 & 16.00 - Tuesdays - 13.15 - 14.30



What does Pilates do?

- Targets the deep core stabilising muscles, improving balance and co-ordination
- Improves muscle tone, strength and joint mobility
- Improves posture, alignment and overall body awareness
- Corrects muscle imbalances and encourages pain-free movement

How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



Martin Brooks - 07812 959 879
martin@northcornwallpilates.co.uk
www.northcornwallpilates.co.uk

12/18

Western Supply



Timber & Builders Merchants Paint & Decorating Supplies



Atlantic Road
Delabole
Tel: 01840 212580
www.westernsupply.co.uk

(open 7 days a week, Sat & Sun mornings only)

12/18

ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

May for June 1918

From The Parish Magazine

The Reverend H Dalton Jackson writes: "*The Pause Continues*. – To the surprise of many, the pause on the Western Front continues. Germany is said to have her men in shelters ready to spring forth. The weather has been favourable, and yet the attack has not taken place. But the attack is bound to come, and the position throughout the summer will be an anxious one. A cause for general thanksgiving is that the total Allied and neutral shipping losses for April were less than in any month since the "ruthless warfare." A solemn duty rests with us at home. On the events of the coming weeks the future of the war may depend. Let us then have recourse to God in private and public prayer. Special intercessions and prayers will be offered in church every Friday evening at 6.30 p.m. for a speedy and righteous peace to be established, and that an end may be put to the slaughter of the men who are the bulwark and mainstay of our community."

"*Prisoners of War*. – Humanity revolts at the narratives of returned prisoners of war from German hands. Everyone who has a relative or friend among prisoners is distressed to think that brave men should be treated with such brutality. France has abandoned the argument that to refuse to exchange helps the war. Italy has opened negotiations for exchange, and our Government will do well to anticipate public opinion by taking the necessary steps to secure the return of our soldiers to their homes."

Home Front

On 10th June 1918, the Representation of the People Act 1918 gave the vote to women over 30 years of age. Those between 21 and 30 years of age had to wait until 1928.

Western Front

After advancing to the River Marne, within 56 kilometres of Paris on 3rd June, the Germans experienced supply shortages, fatigue, lack of reserves, and many casualties, along with counter attacks by the newly arrived 2nd US Division and the reinforced

French troops. The US Marine Corps won a major battle of Belleau Wood on 4th - 6th June on the banks of the River Aisne; on the first day they lost 1,087 men – more than had been lost in the whole of the Marines' history. "Retreat? Hell, we only just got here." said Captain Lloyd Williams, US Marines. The French were so grateful they renamed the area *Bois de la Brigade de Marine*.

The German advance was halted on 6th June 1918 with some 100,000 casualties. Another German attack on 9th June based on the River Matz, was repulsed by the American and French-led combined Allied forces. The German leadership dithered.

At the first battle of Marne French troops brought 72 pigeon lofts with them as they pushed the Germans back and, despite the troops frequent change of location, all "on-duty" pigeons made it back to their lofts. The lofts could be in unusual places – even London buses were converted to house pigeons. Occasionally, individual pigeons found fame, one being 'Cher Ami', whose message-carrying exploits allowed 194 US troops to be rescued after being stranded behind enemy lines in 1918, a feat that earned the bird the *Croix de Guerre*.

Plonk. We have the troops fighting in France to thank for the word which is now generally used to describe most cheap wine. Encountering French white wine, the British soldier soon substituted the word 'plonk' for '*vin blanc*' and English speakers throughout the Commonwealth have been knocking back plonk from wine producing countries over the world ever since.

William

(Editor's note: I've always wondered about the origin of the word 'Plonk'. Thank you William!)



Souper Lunch

The report on May's Souper Lunch will be included in next month's edition.

MP "CUTS THE RIBBON" TO OFFICIALLY LAUNCH NEW MOBILE POST OFFICE

- New services for St Merryn, St Issey, St Kew Highway, Tintagel, South Petherwin, Port Isaac and Rock.
- New Post Office mobile service.
- Wide range of Post Office services available.
- Banking services for personal customers and small businesses.

Scott Mann, MP for North Cornwall, "cut the ribbon" today with Postmaster Darren Wills to officially open a new Post Office mobile service to help serve seven rural communities in Cornwall.

The travelling Post Office, which is aboard a specifically designed vehicle, now delivers vital Post Office services to people in St Merryn, St Issey, St Kew Highway, Tintagel, South Petherwin, Port Isaac and Rock all within Scott Mann's constituency.

This is the first time that a Post Office mobile van vehicle has operated on a permanent basis in Cornwall.

The mobile service can offer a wide range of services including banking on behalf of all the major banks, postal, foreign currency and financial services.

Mr Mann, said: "I am delighted that the first permanent Post Office mobile service restores vital Post Office services to seven communities in my constitu-

ency. The mobile service offers a wide range of services, which will really benefit these rural communities, including banking on behalf of all the major banks."

Postmaster Darren Wills and his team operate the mobile service provide a real lifeline to many Cornish communities.

Last year, Mr Wills, who is a local man and successful publican of The Old Inn & Restaurant St Breward for 18 years, saved his local village shop and Post Office from closing. When the previous Postmaster wanted to retire Mr Wills extended his double garage at the pub to host and relocate the newly built St Breward Stores and Post Office which opened in June 2017.

Mr Wills, said: "People are so delighted with the new Post Office mobile. They feel that it is a real lifesaver to their rural communities. They really appreciate the service."

Sarah Cottrell, Post Office Network Operations Area Manager, said: "Since the closure of Post Office services at these Cornish communities we worked hard to find a solution to enable us to restore services. A Post Office Mobile service is a tried and tested way of maintaining service to smaller communities in other parts of the UK."

Editors note: This is the Post Office's official press release.

Discover, Learn, Develop



Our pre-school is managed by a qualified teacher with a nature-based curriculum. Come and enjoy outdoor activities in our roundhouse, polytunnels and nature areas such as fire pit cooking, story telling and nature crafts.



Pre-school

All-year outdoor pre-school. Up to 30 hours funded childcare, with wraparound care available.

Little Kews

Starting Friday 22nd June
Every Friday during term time for ages 0-4s.
1:30-3pm. £5 per child



Call 01208 841306

Visit st-kew.cornwall.sch.uk



ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

May

27th Church Fellowship, led by members.

June

3rd Sarah Yardley.

10th Church Fellowship led by members.

17th Rev Sally Long.

24th Rev Alistair Sharp.

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

Catholic Church Services

Wadebridge

St Michael's Church
Tel:01208 72833
Mass Sundays 8.30am
Confessions
Friday 10.30-11.00am

Tintagel

St Paul The Apostle
Tel:01840 770663
Mass Mon-Thur 10am
Fri & Sat 6pm
Sunday 10.00am
Confessions:
Before/after Mass.
Other times on request.

St James the Great at St Kew



Calendar for May

Sat 26th 1.00pm, Wedding. Rev Dr Elizabeth Wild.

Sun 27th *Trinity Sunday.* 9.30am, All Age Service with Marcus Jones/Rob Soley.

Calendar for June

Sun 3rd *Trinity 1.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild.

Sun 10th *Trinity 2.* 9.30am, All Age Service with Marcus Jones/Rob Soley.

Sun 17th *Trinity 3.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild and Henry Gompertz.

Sun 24th *Trinity 4.* 9.30am, All Age Service with Marcus Jones/Rob Soley.

Calendar for July

Sun 1st *Trinity 5.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild.

Sat 21st St James Fete. 2.00pm, Trescobel, St. Kew. *Items for the stalls can be left at the back of the church from 16th July.*

Reflections

A few years ago, when we first moved to Cornwall, a man came to our house to help us with something or other. I offered him a cup of tea, which he accepted, and asked if he would like sugar. "Oh no" he said "I'm Cornish". I couldn't see the connection but then he explained that when the Wesley brothers were preaching in Cornwall in the mid to late 1700's they taught that, since sugar was a product of the slave trade, one shouldn't take sugar. The teaching was accepted and still holds as a tradition today even though Fairtrade sugar is available.

On a beautiful, sunny weekend day, as I watch my infant grandchildren play in the garden, surrounded by spring flowers and birdsong, I wonder what World they will inherit. What have previous generations, and this generation of us in particular, done to alter what our grandchildren can enjoy.

Environmental challenges, modern slavery and poverty are all part of the World that we live in.

But we can all make a difference. Buying locally to support our producers and reduce transport costs and pollution, buying Fairtrade to protect workers, and being "green" in our use of resources, particularly fossil fuels, will all make a contribution to the future for humankind and for the planet.

As we enjoy the beauty of spring in Cornwall and reflect on the wonders of the World that God has given us we might all reflect on how best we can play a part in stewarding that gift.

Henry Gompertz

Last chance to buy your tickets for our Camping Weekend at Mother Ivey's Bay Holiday Park.

£25 PER CAMPING PITCH FOR THE WHOLE WEEKEND (only non-electric pitches now available). Dogs are welcome (at an additional cost of £2 per dog). We're hoping for some lovely warm and sunny weather. Tickets are available from Wadebridge Foodbank (cash or cheque), at Unit 2 Trevanson Street PL27 7AR (opposite Lidl), we're open from 10.00am-1.00pm Monday to Thursday.

Saturday activities include:

11.00am - 1.00pm - Activities on the beach with Badger Forest School.

Late afternoon/early evening – Face Painting

From 6:30pm: Wild Bake Pizza.

Paella option from the Chefs at Keep Cornwall Fed
Hog Roast by Gary Dutton.

Live music from 'The Swing Empire' and jazz group 'Melange'.

ASDA Collection

Thank you to everyone who donated during our collection at the ASDA store in Bodmin. We provide approximately 1,600 meals per week to people in crisis so your donations make a real impact.

This month we are in need of.....

Long-life fruit juice, rice, tinned tomatoes, tinned potatoes and instant mash.

Are you ready for the new benefit system?

Join our FREE Moneybox Course to find out more.

Do you need help with budgeting? If so, we can offer help and support. We are currently working with Cornwall Housing and Eccabi as part of the European Social Fund running the **FREE Moneybox Courses**. Our next course starts on June 12th in Wadebridge.

'I suffer from anxiety and wasn't sure if I could cope but everyone was so lovely.'

'I've been able to sleep better because I have been sorting out my finances.'

The course is available to anyone aged 16+ who is a tenant and unemployed. It will help with budgeting, building confidence and managing finances. If you would like more details please contact us on 01208 815374 or email contact@wadebridgefoodbank.org

Wadebridge Foodbank, Unit 2 Trevanson Street, Wadebridge PL27 7AR Tel. 01208 815374

Registered Charity No. 1166301

Email: contact@wadebridgefoodbank.org

Website: www.wadebridgefoodbank.org



Several things to report on this month!

Our Cake Bake Sale in aid of Cornwall Hospice Care - we have sent £200, thank you to all those that purchased when we were selling our cakes down at the Garage. We were so pleased that we were able to use the Garage forecourt again - this year to keep our cakes in the shade!

At our May meeting, we were pleased to welcome two local ladies, Fran Finnemore and Judith Mott, for a dabble with art. They brought along materials and resources for us to have a go at some art. All of us were able to achieve something - some coloured pages from one of those lovely colouring books, some of us used pastels, others used charcoal and drew their own design, there were watercolour pencils, pots of blossom, pictures of cottages and different designs for us to copy or we could create something of our own.

If you look at our Facebook page you will be able to see a selection of the work. One comment from the group was that the level of concentration meant that there was no talking!

We continue to work at our Picnic on the Beach display for the Royal Cornwall Show competition - such hard work for those concerned, but we enjoy the social time together planning and making.

Next month our meeting is on 13th June at 7.00pm. Lyn Gould is coming to speak on Historical Fowey. This should be a very interesting evening - we are hoping to follow it up with a guided walk around Fowey during the summer.

If you are new to the village or know someone that lives close by, then tell them about us. We like to see new people, come along for an evening and meet us all.

Alison



ST KEW GARDENING CLUB

No club report this month

Events Diary - JUNE

- 6th 'Tea and Toast', Parish Hall, 8.45-11.00am
- 7th Chair aerobics, Community Hall, 2.00pm.
- 13th 'Tea and Toast' Parish Hall, 8.45 -11.00am
WI , Community Hall, 7.00pm.
- 14th Chair aerobics, Community Hall, 2.00pm.
- 16th Paella Night, Pengenna Manor, 7.00pm.
- 20th 'Tea and Toast', Parish Hall, 8.45-11.00am
- 21st Chair aerobics, Community Hall, 2.00pm.
- 22nd Souper Lunch, Community Hall, 12.30pm.
- 23rd Playing Fields. Open morning and field
clean-up, 9.00-12.00.
- 24th Quiz Night at the Red Lion. 8.00pm.

News from St Kew Parish Hall

Many thanks to everyone who attended our Spring Fair on Saturday 12th May and helped us raise **£293** for the running costs of the hall. Despite the poor growing season there was an excellent range of plants for sale.

Kathy

To book the hall, please contact Joanna Pratt on 01208 841420.

The Regal in Wadebridge
Tel: 01208 812791



JUNE

- 1st Book Club
- 8th Jurassic World – Fallen Kingdom 2D
- 22nd Ocean's 8

Please check our website for the next Autism friendly screening - watch newly released films with friends and family in an inclusive environment.

Live Screenings: book online or contact the Cinema

Tues 5th 'An Ideal Husband' - Oscar Wilde
Season, live - 7.15pm

Tues 12th 'Swan Lake' - Royal Ballet, live –
7.15pm

Please ring or check our website for more details
www.wtwcinemas.co.uk

Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning 4th & 18th June.

ST KEW HIGHWAY COMMUNITY HALL

ONGOING EVENTS

(Registered Charity No 294140)

- | | | | |
|---------------|---|----------------|------------------------------|
| Sun: | Methodist Church Service | Marion Dingle | 01208 841388 |
| Mon: | Yoga 10.30am | Fiona Crompton | 01208 851735 |
| | Pilates 2.30pm - 5.15pm | Martin Brooks | 07812 959 879 |
| Tues: | Allen Valley Singers 7.15pm - 9pm | Janette Man | 01208 841784 |
| | Pilates 1.15pm-2.30pm | Martin Brooks | 07812 959 879 |
| Wed: | 1st, 3rd and 5th in month - | | |
| | West Country Embroiderers | 10am - 3pm | Pat Scarborough 01841 521323 |
| | 1st in month - St Kew Playing Field Trust | 7.00pm | |
| | 2nd in month - St Kew WI | 7pm | Becky Allen 01208 841798 |
| | 3rd in month- Gardening Club | 7.30pm | Richard Godden |
| Thurs: | Chair Aerobics | 2pm | Pat 01208 841260 |

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

Souper Lunch

Our next Souper Lunch will take place on Friday 22nd June at 12.30 in the St Kew Highway Community Hall.

You are all very welcome. We enjoy a bowl of home-made soup together, have a nice chat and raise some money for a good cause.



PLEASE DO JOIN US



Pengenna
Manor

TICKETS:
01208 612221
www.pengenna.co.uk



Pop-up
supper for
July - pizza
night!
Details coming
soon

New at the Manor – regular pop-up supper nights in our brand new event space – The Cowyard Barn!

Pop-up supper for June - paella night! Saturday 16th June from 7pm

Feast on delicious paella from guest chefs Big Pan Parties in our new barn and enjoy live music from renowned Spanish guitarist Mark Barnwell. Tickets £20 to include sharing platter starter, paella main course, welcome drink and live music. The new Cowyard bar (cash and cards taken) will be open throughout the evening.



St Kew Inn

*A beautiful 15th century Inn, bursting with character.
We serve delicious home made food using the best local produce
You will always find a friendly welcome in this traditional local “pub”*

St Kew Inn, Church Town, St Kew, Wadebridge. Tel: 01208 841259
email: stkewinn@btconnect.com

Because accidents happen



If you have had an accident you may be entitled to compensation. We deal with most cases on a "No win No Fee basis." We are here to help, talk to Sproull.

SPROULL

SOLICITORS

01208 72328

www.sproulllp.co.uk

Disputes | Family | Property | Wills