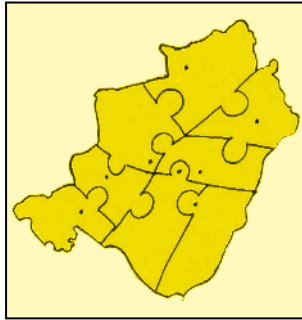


Pieces of Eight

MARCH



March 2018, Issue 238

News, views and issues from: Chapel Amble, Pendoggett, St Kew, St Kew Highway, Trelill, Tregellist, Trequite, Trewethern

Email: stkewmag@gmail.com

Pictures from the Parish Supper

Report inside



STOP PRESS

There will be a mobile Post Office service from 19th March on Mondays and Thursdays adjacent to the Community Hall between 1.00pm and 3.00pm. Also at Port Isaac in the overflow car park on Wednesdays 12.30 - 1.30pm.

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MOTHERS DAY LUNCH

11TH MARCH 12:00 NOON - 4:00PM

Your free guide to news and events within and around St Kew Parish

Welcome to Pieces of Eight

We are a free independent community magazine, published ten times a year (not January and August) covering local news, views and events in the St Kew parish area. Volunteers produce, edit and distribute the magazine to every household in the area, and to all the local churches, shops and pubs. We do hope you enjoy reading it.

We would love to hear from our readers - articles, letters, suggestions and other contributions are always welcome. Please see our contact details below.

There is also an on-line edition hosted by the Parish Council which can be found at www.stkewparish.org.uk/PO8.html. (*We are very grateful to the Parish Council for allowing us to use their site*).

EDITORIAL

Welcome to the March 2018 edition of our Parish Magazine, we hope you find it informative and useful.

As I look out of the window thinking about what to write about I can't help thinking that maybe spring is on its way.

The sky is blue and it's currently 10°C, the grass is growing (and so are the daisies), the snowdrops and daffodils are flowering, buds are appearing on the trees and the evenings are getting gradually lighter. It's a good job I wasn't writing this yesterday as I might not have been as inspired as we had a fog for most of the day which covered many of the signs of spring like we have today. It won't be long before we hear the sounds of lawn mowers and strimmers (which reminds me I must get the mower serviced or replaced). It also isn't too long before the clocks change giving us an extra hour of light in the evenings (even if it robs us of the hour in the morning).

With luck we will have a slightly drier year this year, giving the ground a chance to recover from its boggy state and flourish once again.

We would also like to thank the Spar shop for allowing us to put our postbox up again.

Steve

The Editorial Team:

Philippa Harkness - Children's page & History
Steve Liddiard - Advertising Manager & Treasurer
David Penhale - Events & Poet in Residence
Nicky Pickard - Main editor who puts the magazine together, assisted by husband Mike.

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www.communitymagazineprinting.co.uk
01288 341617*

Contacting the Editorial Team

We can be contacted by email at stkewmag@gmail.com. Please use this address for **ALL** correspondence, the in-box is checked regularly.

Alternatively you can phone Nicky's mobile - **07813 603776**. Leave a message if you can't get through and she will phone you back.

Advertisers should contact Steve, our Advertising Manager via this email address, putting 'Advertisement' in the subject line. Steve can provide information on advertising costs, space availability, formats, etc.

Copy date for the April issue is:

Monday 19th March

We aim to get the printed magazine out to our distributors before the beginning of the month of issue. Could all contributors please send us your copy or advertisement as soon as possible, ideally **before** the copy deadline. If your article or advert is going to be late it would be very helpful if you could let us know in advance.

Note to Readers

When responding to an advertisement, **please** mention that you saw it in Pieces of Eight! This shows our advertisers that the magazine is *the* place to reach local customers.

Views expressed in this publication are those of its contributors and do not necessarily reflect those of the Publishers (the management committee) who reserve the right to refuse or alter any material supplied. The magazine does not accept any responsibility for any issues arising from advertisements.

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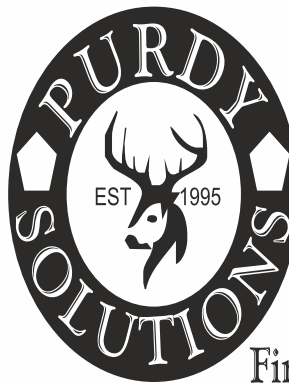
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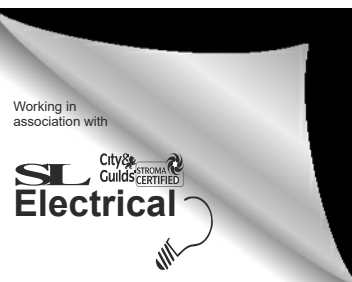


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All the news and highlights from St Kew School – but don't forget, you can keep up with all the school antics in our weekly newsletters, published on our website: www.st-kew.cornwall.sch.uk

NEW TOPICS

The Topics studied in each of the classes this term are: The Pre-School and Class 1 will be looking at the types of transport that travels on the Ground, in the Air and in the Water and will be taking a journey through History as they explore the very first types of vehicles in each of these categories. Class 2 will be looking 'Through a Window' with a focus on improving the local area. They will be using the book 'Window' as a stimulus and investigate different types of fossils. In Class 3, the 'Fairground' will be the location of their learning! They will be focusing their work on fairground rides and work towards making scale models of these rides.

SWIMMING FESTIVAL

An absolutely wonderful swimming festival was attended on Wednesday 31st January with the St Kew team coming 1st in the small schools group! A huge well done to Barny, Leah, Zienna, Jools, Harry B, Archie P, Oliver M, Sarah, James, Bethany, Kaya, Jacob, Toby, Tristan, Lola, Willow, Jenna and Abbi. You all showed great team spirit and amazing TALENT!!

READING IS FUNDAMENTAL!

The first tea party of 2018 saw 17 children attending to enjoy an Afternoon of Books and Cakes. They enjoyed hearing about something their friends had learnt from a book they have read, a slice of homemade cake and a cup of hot chocolate – Reading at St Kew is not just FUNDamental, it is FUN!!!



ENDELIENTA STORY TELLING PROJECT

The Class 3 children welcomed their parents and local community members to a Coffee Morning on Monday 5th February for the showcase of their art work and stories from the Story Telling project with Endelienta. They shared their amazing work, ate cake and thoroughly enjoyed themselves with the different generations of people attending.



COMMUNITY PLEA: DO YOU HAVE GREEN FINGERS?

We have two polytunnels and many vegetable patches that we would like to continue to grow plants in but we are in need of volunteers to help us to continue in this venture. We would like to grow flowers, fruits and vegetables to supply both the school kitchen and create our own school shop. If you have the time, and would like to help the children continue to create a kitchen garden by volunteering at school, please contact Rachel Murray, Head of School via the school office or by email (FAO Rachel Murray) on secretary@st-kew.cornwall.sch.uk

Please note: you will be required to complete a DBS check before working with the children.

AFTER SCHOOL CLUBS

We are always looking for ways to further enhance the opportunities for the children after school and would like to know if there are any hidden talents out there in our local community members? If you would like to pass your skills and knowledge onto the next generation, we would love to hear from you! Please note: The same requirements as stated above apply here also.

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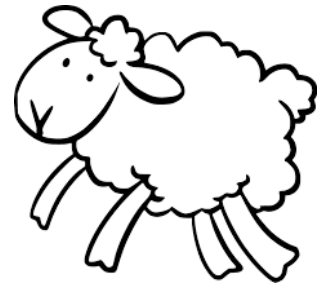
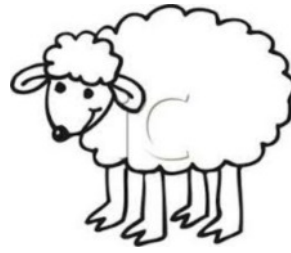
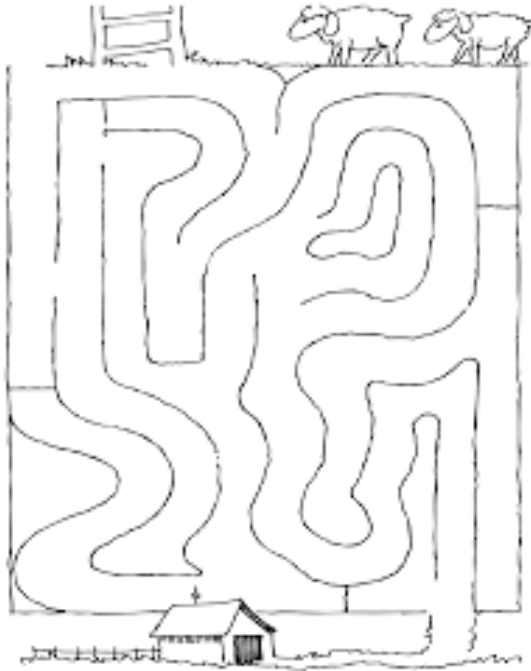
Tel: 01208 880335 or email: contact@cornisharmspendoggett.co.uk

Website: www.cornisharmspendoggett.co.uk

CHILDREN'S CORNER

Have you seen the little new-born lambs in the fields? Can you help these poor lost ones find their way home?

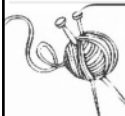
Colour us in!



Tea & Toast



St Kew Parish Hall



Knitting for others: novices and masters of knitting are invited to join us in making baby beanie hats for premature baby units and squares for blankets to give to those in need.

Tea & Toast Café

Every Wednesday morning 9am till 11am

Come & join us for some breakfast fellowship in the Parish hall behind St. Kew Church, every Wednesday at 9am or whatever time you drop the kids off at school.

Free tea/coffee and toast with toppings, and a great opportunity to have a natter & catch up with some old friends & meet some new ones. Play area for kids.

Over the weeks we will have newspapers & magazines to read & knitting/crafts to take part in. We are currently knitting small squares & tiny hats for Treliske neonatal unit, which is a part of the Mother's Union Initiative. No previous skill necessary!

Very informal & everyone is welcome. Look forward to seeing you there.

Geraldine

Ordinand, North Cornwall Cluster of Churches.

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The Red Lion at St Kew Highway supports local charity

The Red Lion raised funds for the Wadebridge Memory Cafe with a Christmas raffle and one of their monthly quizzes.

The photograph shows Wendy and Bella Randall of the Red Lion presenting a cheque for £500 to Wendy Dalley (Treasurer) and Paul Brocklebank (Chairman) of the Memory Cafe.

The Memory Cafe is open on the second and fourth Saturdays of the month between 2pm and 4pm at the John Betjeman centre.

For more information please contact Margaret on 07551 395188.



Fred Crahart



A celebration of the life of a man well known to thousands of customers and friends after running a taxi business in North Cornwall for over 60 years has taken place at Rock Methodist Church.

Fred Crahart, who died aged 92, was born in the family cottage at Pendoggett, the eldest of four, but lived most of his life at St Kew Highway. Water for the cottage had to be fetched from a nearby well, and he had to walk nearly two miles each way to school.

He helped his Dad and Granddad working on farms from around the age of 10, learning how to drive lorries for short distances. This started as soon as he was tall enough for his feet to reach the pedals, and allowed the others to keep working without stopping. Fred never actually took a driving test, despite driving for so many years and hundreds of thousands of miles – he obtained his licence before the test became a requirement. Leaving school at 14, he went to work on a farm for 10 shillings a week, then to Tregildren Quarry, Trelill, for 14 shillings, where he worked with his father.

At 18 he was conscripted into the Army during the Second World War. After training in Ireland he was deployed to the Far East, travelling in a troop ship (which he hated), and spending time in India, Sumatra and Hong Kong. He came back to the UK very poorly with tuberculosis and

weighing just eight stone, needing extensive treatment between 1947 and 1950 - a period when he nearly died. This put Fred off travelling away from Cornwall for the rest of his life, only occasionally crossing the Tamar into Devon.

In 1952, he started his taxi firm, operating from St. Kew Highway, alongside keeping chickens and pigs. His first car was an Austin 12, followed by Morris Oxfords and an Austin Cambridge. The director of Ford UK wrote a personal letter to him after Fred appeared in the local papers singing the praises of his 10 year old Ford Orion, which was still going well after 360,000 miles.

Fred worked full time until he was 73, but kept driving part-time until he was 88. He was a very courteous and careful driver, and took pride in keeping his cars impeccably clean.

Fred met Sybil Rush of St Teath in 1958 through chapel meetings, and they married on February 29 1964.

In 1962, Fred bought an orchard in the village where he and Sybil oversaw the building of their home, a bungalow named Polmarick, where they brought up their only child, Susan, born in 1968. When Sue married Steve Hambly in 1991 Fred would travel weekly up to her home in Saltash.

In recent weeks, Fred was driven around some of his old haunts, the cottage at Pendoggett and the quarry by his cousin Ken Finmore, and chuckle at how the quarry now hosts luxury tepee holidays. Fred had a fantastic day with his family on Christmas Day before he was taken into hospital, showing that, until the end, he lived life to the full.

He leaves a widow, Sybil, daughter Susan, grandchildren Ellen and James, and two sisters.

The celebration, followed by burial at Chapel Amble cemetery, was conducted by the Rev Alistair Sharp. Singing was led by The Shipwrecks Choir, the organist was John Godwin, and the eulogy was given by John Bennallick. Bearers were David Armstrong, Ian Gillbard, David Hambly, James Hambly, Paul Harris and Martin Langdon.

Funeral directors R J Bray & Son of Wadebridge.

Growing up in the 1920s

Last night I was reminiscing about my life as a young child in the nineteen twenties and was struck by the large change in the pace of life between then and now.

Our day would start with the arrival of the milkman in his pony cart with a milk churn on the back. We would go out with our largest jugs which he would fill with milk from the churn, using a long handled ladle. Once a week our next caller would be the 'Dust Cart' with the dustmen to empty our dustbins of rubbish. This was a large wagon drawn by two beautiful Suffolk Punch horses. They usually arrived at about midday and took their lunch break outside our house. They were given their lunch in two large nosebags slipped around their necks. This gave us children the chance to go out and stroke their lovely golden coats.

In the afternoon we might be visited by an organ grinder (no he didn't have a monkey but I'm told some did!). He would push his organ (which was like a huge musical box) to the side of the road and play music by turning a handle on the side. We would be given coins to put in his cap, which he'd placed on the pavement to receive contributions.

Late in the day we would see the lamplighter arrive on his bicycle, clutching a long pole. He would prop his bike against the lamppost and with his long pole reach up and switch on the gas supply to the lamp and produce a spark to ignite it.



A friend of mine tells me that the arrival of the lamplighter in her road was a signal to the children playing outside that it was time to return home.

Finally at the end of the day those arriving at the railway station would hire a cab - horse drawn of course!

How life has changed!

Meriel

Chapel Amble

Historic village trough returned to Pendoggett

The Pendoggett community braved a cold Saturday morning to come together as one to commemorate the return of their historic village blacksmith forge trough.

The noteworthy 15th century Cornish trough was used by successive generations of the Finnemore and Thyer families who operated the village blacksmith's forge throughout the 19th and early 20th centuries. After the forge's closure and conversion into a shop in the late 1940s, the trough was moved across the road to the Cornish Arms and placed on behalf of the community into the safekeeping of successive pub landlords where it remained a popular village feature until its sudden removal from Pendoggett in mid-2017.

Five-year old Locryn Finnemore, youngest grandson of David and Fran Finnemore, and the direct descendent of the blacksmith's family, cut the celebratory ribbon on behalf of his family, watched by proud great-aunt Heather Harris. Locryn's father, Ben, informed the assembled well-wishers that his relatives in Australia were delighted to learn of its return. Local historian William Garland, who has written an interesting book on the history of the Thyer family, spoke about their role in the local

community. Guest of honour was Port Isaac resident Terry Gifford who, as the oldest living person to be born in Pendoggett and who worked in the village for most of his life, kindly shared his memories of the sadly bygone colourful pub characters who often lent against the trough outside the Cornish Arms waiting for the doors to open again!

Firmly secured in its new position, the village looks forward to future generations admiring its history. As the Cornish trough might say "we have seen 'em come and seen 'em go, but I am back to stay!"



Patrick Newton

Parish Council News

Chairman: Cllr John Lethbridge
Clerk: Cindy Powell, 6 Greenhill Villas
 Wadebridge PL27 6HN Tel: 01208 815591
 Email: clerk@stkewparish.org.uk



The Parish Council meets in the Parish Hall, St Kew Churchtown at 7.30pm on the second Tuesday of each month. Members of the public are welcome to attend and address the meeting on any subject of concern.

St Kew Parish Council Meeting held on Tuesday 13th February at 7.30 pm in the Parish Hall.

Present: Chairman: J Lethbridge, Councillors T Mott, A Godden, R Godden, J Rowe, J Rickard. Cornwall Councillor S Knightley and 4 members of the public.

A member of the public enquired what was happening with the Post Office situation at St Kew Highway. The Council had not heard anything of late and would write to find the latest situation.

Please note ~ since the meeting we have heard that the Post Office is providing a mobile Post Office service commencing the 19th of March. This will call at St Kew Highway on Mondays and Thursdays at 13.00 to 15.00. It will also be at Port Isaac at the overspill car park on Wednesdays at 12.30 to 13.30.

With regard to the company that enquired about a possible interest in affordable housing at St Kew Highway, the Council has had no further contact.

We have had a couple of complaints regarding the 'no parking on grass' signs on Common Land around the parish. They are there to protect the green areas for us all to enjoy. Over the whole of the UK approximately 8,000 acres of grass common has been lost in the past two years by the pressure of parking vehicles.

The Council keeps reporting pot holes, but recently the reply back from Cornwall Council is that they are not all pot holes as they are not deep enough!!

Planning Applications

PA17/12023

Peter Nicholson, Panscape. Land SW of the Olde House, Chapel Amble. Raising of the footpath above flood levels. Path to remain public right of way.
Recommend approval

PA18/00267

LM & MJ Cleave, Meadow View, Tregellist. Removal of existing agricultural buildings and construction of two 4 bedroom dwellings.
Recommend approval

PA18/00597

Fore Investments (UK) Ltd. Land west of Cornish Arms, Pendoggett. Outline application for the erection of a 3 bedroom dwelling.
Recommend refusal, on grounds that if approved would considerably reduce parking in the car park to an extent that would either make the public house unviable or lead to parking in the road.

Planning Decisions by Cornwall Council.

PA17/09952

Mr K Godden, Trelulla Farm, Treill.
Approved.

PA17/09952

Meadow View, Tregellist Road.
Approved

RG

O	P	L	K	M	N	B	Y	T	G	O	L	N	B	V	S	F	S	Q	C
D	X	S	E	W	Y	H	M	P	L	W	Q	A	Z	X	U	H	U	F	T
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X	B	N	M	E	R	D	P	R	I	M	R	O	S	E	S	V	I	X	Z
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R	O	B	I	N	X	V	B	N	P	U	I	O	Y	T	R	J	E	H	N
L	O	K	J	H	G	R	D	F	Z	M	U	Y	Q	W	S	A	Z	X	R

WORD SEARCH

Find the hidden words:

- Spring
- Daffodils
- Lambs
- Snowdrops
- Clouds
- Sunshine
- Primroses
- Robin



Allen Valley Singers

As I write the snow is falling and the skies are very dark. The trees in the Avenue where I live are bare of leaves, as is right and proper this time of the year, but the shapes of the branches, especially with the snow resting on them, is strangely attractive. However, I still feel grateful that the daffodils that have appeared under the trees, are a promise that Spring and the sun may be just around the corner.

The choir are well underway with new songs, especially exciting because the new and the known will be used for events that are already arranged for this year. We already have been offered a slot on the Padstow Bandstand and this time the occasion will be in the late Spring and maybe this time we will not have the wind, the cold and the rain of previous years. I well remember the music of our MD flying off from the music stand and floating over the railings onto the beach below.

We are hopeful too of entering the Charity Big Event to be held at Wadebridge Town Hall on Friday 16th March, with a workshop prior to the public concert, which is from 7.00 - 8.30 pm. This will be a

fascinating concert as many choirs will be singing a song from their own repertoires. Watch out for public details of this evening.

We look forward too, to the wedding of Sian, the daughter of Colleen, one of our members and our webmaster. Under the baton of our valued M.D., Janette, we have the honour of singing at the wedding and of course the accompanist will be Steve Tyrrell, our brilliant pianist and organist.

We welcome two new members and we wish them all musical and social enjoyment with us.

If you would like to join us, please contact our M.D., Janette Man for all details. Telephone 01208 841784. Get in touch with her too if you would like to book the choir for concerts or weddings, or any event that would be enhanced by our music.

On our banner we have a motto. 'Go forth with a song'. So let us all do that!!

Joyce Hargrave-Wright (Reporter)

St. Kew Community Gardens Association

The View from the Allotments

..... and not much has changed since I wrote a month ago.

I have only seen one person round at the site in the past few weeks, which I suppose is an indication of how inviting the idea of gardening is at the moment! I do go there on a regular basis to get produce for ourselves and for friends, and when I lifted three leeks last week they came up with such enormous clods of earth it was difficult to carry them. That means, of course, that digging is virtually out of the question – even with an efficient motivator you wouldn't make much headway. In the meantime though, all our seeds have arrived and it is really annoying that we can't get going with anything. The only comfort is that we all seem to be in the same boat and I don't feel so guilty.

We did see another allotment recently which was clearly producing well. We were in Southern Spain for a (very cold) week and did a lot of walking and one day we stood on the roadside and watched two elderly chaps feeding a horde of cats in a garden way down the bank from the highway. We waited until the men staggered up the path, each carrying

large bags of vegetables. We spoke to them for a while and admired the cats and told them about our own allotments back in Cornwall. We were envying their ability to work the ground at this stage of the year and they dug in to their bags and came out with seasonal gifts for us – radishes and an avocado pear – all ripe and ready to eat. How about that on a cold day in February?

I comfort myself with the fact that we are using our own vegetables all the time – parsnips, leeks, purple-sprouting broccoli and sprouts, all of which appeared on the table during the past seven days. So we must be doing something right, and of course our onions have been magnificent and I hope we have as good a crop this year. Tony buys a variety which doesn't "bolt" and last year's crop was terrific. I think I planted 160, of which only two or three failed. AND we got prizes for them at the Parish Show.

I am keeping my fingers crossed that by the time April's Magazine appears, I shall be able to boast about how much we have tilled, mulched, seeded and planted. Until then, keep calm, and hope the rain stops before the hosepipe ban takes effect.

Still got four vacant plots by the way, so do ask if you would like to see them.

Judith Mott
judithmott@btinternet.com

Puzzle Page

codeword

16	24	17	3		8		11		17			9
	14		10	26	26	10	13	9	10	17	11	10
	21		4		26		6		18			17
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	6				14		8		10		14	
17	3	6	7	10	19		14	21	14	10	3	15
	10		6					11		10		
20	13	6	5	10	14		22	8	10	3	13	15
	6		22		24		13					1
26	12	10	6		19	6	21	14	3	21	10	13
6			11		21		8		10		5	
23	6	17	2	10	3	10	13	21	6		5	
14			8		15		15		25	14	8	23

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U	9			4				2	
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O	2				8			9	
K	4		3			7			
U	6								1
	8			2				5	
	3			7					

nonogram

G	V	T
R	I	N
O	E	H

How many words of 4 letters or more can you find? You must use the centre letter in each word.

No plurals or proper nouns are allowed. There are 64 listed in the solution which includes **1 nine letter** word to find.

1	2	3	4	5	6	7	8	9	10	11	12	13
		T			A						L	
14	15	16	17	18	19	20	21	22	23	24	25	26

SOUPER LUNCH

On 16th February we raised £85 for Shelterbox. Thanks to everyone who came along.

THANK YOU

Marion Dingle and the local community would like to thank the Parish Council for not giving up on the Post Office.

EVENTS OUTSIDE OUR PARISH

Concerts at St Endellion

Friday 16th March, 7.30pm

Juan Martin Solo

The supreme artist of the flamenco guitar in a concert of melodic beauty and rhythmic passion. Voted one of the top three guitarists in the world. Tickets £15 and £10 (accompanied under 16s free) from www.endelienta.org.uk or 07787 944935.

Saturday 31st March to Sun 8 April
St Endellion Easter Festival

A feast of choral and orchestral music, featuring Handel's Messiah, Beethoven's 3rd (Eroica) Symphony, and music by Bach, Brahms, Britten,

Butterworth, Chopin, Finzi, Holst, Ireland, MacMillan, Mozart, Mendelssohn, and Tchaikovsky.

Tickets £5 - £25. For booking details visit www.endellionfestivals.org.uk.

Regular events at St Endellion:

Endelienta Poetry group, Book Club and family Make Club - please visit the website, or phone or email for details.

Saturday 10th March 3.00pm

Mega Beach Clean at Polzeath beach with Polzeath Marine Conservation Group and National Trust. See polzeathmarineconservation.com for details.



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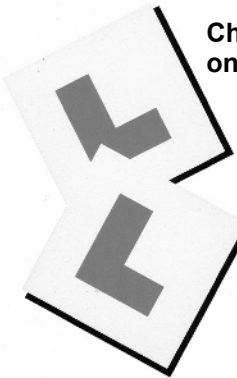
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12/18



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PARISH SUPPER

The Parish Supper took place on Saturday 3rd February in the St Kew Parish Hall and great fun was had by all.

We were treated to a delicious three course meal, with coffee and mints, all provided by Leonie, Pip, Nicky and their team of fantastic helpers and volunteer chefs. We had a quiz, sing-along songs from Michael, Jennifer, Katie, Geraldine and Rob, and bagpipes by Marcus to go out with a blast. We had a raffle and lots of chatting and laughter and good cheer.

Rob cheered everyone along with his usual style and it was another fantastic Parish Supper evening.

Many thanks to all who helped it to happen and to all who came along and enjoyed it. We raised £975 which gets split between the church and the Parish Hall.

Philippa

Two extracts from 'A Cornish Lexicon'

Drang (noun)

the slip-way below those stumbling steps
of the roly-poly sailor's walk
down dark Mixtow
which ends with a drunken splash
between pub and cobbled quay;

the drag of metallised scales that skate and
glitter
like fish-eyed day
scraped and clean
all rowed in boxes numbered for market;

the shout as day clangs shut
where billhook hanger meets jackdaw night.

Kieve (noun)

the artful pool that cleanses souls,
the holy basin where all quests begin;

a silvery-bell to warn all sailors
trim the sail
batten hatches
head for shelter
clutch the caul.

David Penhale

GILL'S RECIPE OF THE MONTH

Haddock au Gratin

Ingredients

- 1-½ lb haddock
- Salt and pepper
- ¼ lb button mushrooms

For the sauce:

- 1oz butter
- 1 rounded tablespoon flour
- ½ pt milk
- Grated cheese, breadcrumbs and butter

Method

- Skin the fish and cut into portions, place at the bottom of a buttered dish and season.
- Chop the mushrooms and place on top of the fish.

For the sauce:

- Make a roux with the butter, flour and milk, and extra cheese if you want a cheesy sauce, season to taste.
- Pour the sauce over the fish.
- Mix some grated cheese with the breadcrumbs (melted in butter) and sprinkle over the sauce.
- The sauce should be thicker than normal to allow for the dilution of the juices.
- Bake for 20-25 minutes at 350° F.

Other white fish such as cod or plaice can be used if preferred.

Mashed potato can be put on the top of the dish once cooked and placed under the grill to brown.

■ MARCH

info@redlionstkew.com

01208841271

Red Lion News Flash

MARCH

OPEN MIC
Wednesday 7th
All welcome

MOTHERS DAY
LUNCH
SUNDAY 11th
BOOK NOW

SUPPER CLUB
Thursday 15th
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Market Food*

QUIZ
SUNDAY 25th
in aid of the
Parish Magazine

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evening of fun to get
your minds working
Teams of any number*

MARCH NEWS

MOTHERS DAY LUNCH BOOK NOW

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FOR OUR SUNDAY NIGHT
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ANY NUMBER

It's for your mag
this month



'KEW & A'

Twenty Questions & Answers

This month: Sarah Reskelly, co-owner of St Kew Farm Shop.

Childhood Hero: *Scary Spice (Mel B from the Spice Girls).*

Hobbies: *Surfing.*

Favourite Music: *All genres with special favourites Rolling Stones, Drake, and Childish Gambino.*

Favourite Book: *'We Need to Talk About Kevin' by Lionel Shriver.*

Favourite Film: *Either 'Pulp Fiction' (dir. Q.Tarrantino, 1994 or 'Superbad' (dir. G. Mottola, 2007).*

Favourite TV Programme: *'Take Me Out'.*

What's good about living in your village?
St Kew Farm Shop!

What would you improve? *Fine the way it is.*

I'm very good at.... *Being hospitable.*

I'm very bad at.... *Being told what to do.*

A phrase I use too often is.... *'No worries!'*

Three people, dead or alive, I'd invite to dinner are.... *my nannie Connie, Amy Winehouse, Mrs Doubtfire (Robin Williams).*

I'd like to be stranded on a desert island with....
Bear Grylls (wilderness survivor).

I'm embarrassed by.... *Not a lot.*

My proudest moment was.... *opening the Farm Shop.*

The best things about Cornwall is... *Clotted cream.*

The worst thing about Cornwall is.... *The weather (currently raining 90% of the time!)*

Which of our country's laws would you change? *Nothing.*

An over-rated public figure is.... *Donald Trump.*

In another life I would be.... *Kim Kardashian.*

St Kew Historical Society

On Thursday 8th February Local Historian and Racer Mr Terry Faull gave an illustrated talk on 'The Forgotten Garden at Lewtrenchard'

A touching tale of the life and times of Sabine Baring-Gould, his wife Grace and his extended family.

Describing how they met and lived, how he became a renowned author of repute, Rector and Squire of Lewtrenchard and builder of a garden surrounding his manor for his wife's enjoyment.

The garden that became neglected and overgrown and subsequently lost after her death has only recently been rediscovered and recovered by the

forgotten garden society of Lewtrenchard, www.forgottengarden.co.uk (look it up).

This talk was most informative and entertaining, enjoyed by our usual audience of members and guests who look forward to future events.

Please support this and other events, they are interesting, entertaining and informative. We need your support to safeguard the future of your Historical Society.

Please see our AGM notification - you are all welcome.

Puzzle page solutions

2	6	4	5	3	1	9	7	8
5	9	3	8	4	7	1	2	6
7	1	8	2	6	9	5	4	3
9	3	5	1	7	4	8	6	2
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6	7	9	4	8	5	2	3	1
4	8	1	9	2	3	6	5	7
3	5	2	7	1	6	4	8	9



eight, envoi, gift, girth, give, given,
giver, goitre, grin, grit, groin, heir,
heroic, hinge, hint, hire, hive, hoe-
ing, hovering, ignore, inert, ingot,
inter, into, intro, invert, iron, neigh,
nigh, night, nitre, nitro, orient,
OVERNIGHT, ovine, region, reign,
rein, rhino, right, ring, riot, rite,
rive, riven, rivet, roving, their, thin,
rine, thing, thrive, tier, tiger, tine,
ting, tinge, tire, toeing, trio, vein,
vertigo, vetoing, vine, voting

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Nonogram

Codeword

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10th APR - SOUTH DEVON RAILWAY & TOTNES CRUISE
18th - 24th APR - SCOTTISH HIGHLANDS TOUR
28th APR - TOBY'S GARDEN FESTIVAL, EXETER
12th - 13th MAY - WINDSOR HORSE SHOW OR LONDON
22nd MAY - KILLERTON HOUSE & GARDENS
19th JUN - HELFORD RIVER CRUISE
2nd - 6th JUL - LLANDUDNO TOUR
22nd JUL - EXMOUTH SEA CRUISE
4th AUG - COUNTRYFILE LIVE
5th AUG - FESTIVAL OF BRITISH EVENTING

17th AUG - ROSEMOOR FLOWER SHOW
21st AUG - DARTMOOR ZOO
25th - 26th AUG - DORSET STEAM FAIR
31st - 2nd SEP - BURGHLEY HORSE TRIALS
11th SEP - WIDECOMBE FAIR
16th SEP - TOBY'S HARVEST FESTIVAL
27th - 1st OCT - SHROPSHIRE BY COACH, RAIL & CANAL
3rd NOV - BRIDGWATER CARNIVAL
17th NOV - FESTIVAL OF LIGHT @ LONGLEAT
23rd - 26th NOV - TURKEY & TINSEL @ BOURNEMOUTH
24th NOV - CLARKS SHOPPING VILLAGE, STREET

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- Improves muscle tone, strength and joint mobility
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- Corrects muscle imbalances and encourages pain-free movement

How do the classes work?

- Classes are limited to a maximum of 12 people. Small classes mean you receive good personal attention and ensure you are performing the exercises safely, and correctly.
- Classes are progressive and operate on a school term basis
- All equipment required is provided.



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12/18

ANNIVERSARY OF THE FIRST WORLD WAR (LEST WE FORGET)

February - March 1918

Home Front.

After the introduction of compulsory food rationing, coal was the next commodity on which action was required in order to conserve supplies, so a 'Curfew Order' was announced: no lights could be used for illuminating shop windows; no food to be cooked in any hotel, club, inn, restaurant or boarding house between 9.30pm and 5.00am; all lights in the dining room of these places must be put out at 10.00pm; no performances in theatres, music-halls, cinemas or other places of amusement shall be continued after 10.30pm.

Western Front

During the period 21st March – 5 April, the Germans attempted to win the war with their Spring Offensive, by a series of operations in Flanders. Reinforced with 500,000 troops from the Eastern Front, they made strong breakthroughs using gas, artillery, air power, and shock troops to bypass defensive positions in foggy conditions that hampered the defenders. 21,000 British prisoners were taken. French reinforcements were rushed in, while tired and hungry German troops slowed having driven well ahead of their supply lines, and sustained losses of over a quarter of a million casualties, so the offensive was halted.

We Will Remember Them

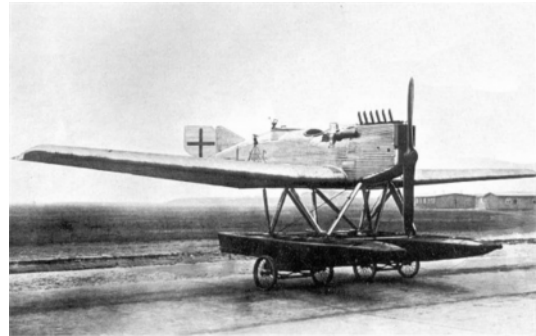
During the German advance, Private Reginald Harris was killed on 24th March 1918, aged 23. He was serving with the 7th Battalion of the Duke of Cornwall's Light Infantry. He was the son of Daniel and Ellen Mabel (formerly Hawken) who farmed, on own account, at Tregear, Pendoggett.



Reginald is commemorated on the Pozieres Memorial in Picardie, France.

First All-Metal Plane Developed

The German Hugo Junkers, Professor of Mechanics, designed the world's first all-metal plane in 1915 and the prototype was built in 1917 and began full production in 1918. It was made from a lightweight form of aluminium called duralumin. He also provided the Junkers CL-1, the best German ground attack plane of the war. After the Armistice Junkers established his own company - Lufthansa.



Drone Bombs

The first pilotless drone was designed for the US Navy in 1916 and developed by two inventors, Elmer Sperry and Peter Hewitt, as an unmanned aerial bomb. Measuring less than 19 feet across with a 12 horse-power motor, it weighed 175lbs and was stabilised and directed with gyroscopes and a barometer to determine altitude. The first flight in history occurred on Long Island on 6th March 1918. In the end, its targeting technique, 'point and fly', was too imprecise for it to be useful against ships during the war.



Notification of Annual General Meeting

St Kew Historical Society

You are cordially invited to the
Ninth Annual General Meeting of
The St Kew Historical Society

Thursday 8th March 2018

Venue: St Kew Parish Hall,

7.30 pm

Light refreshments will be provided

RSVP to Secretary John Raybould

01208 841682

St Kew Highway Community Hall

(Registered Charity No: 294140)

The Community Hall offers a variety of activities for the community, and for all age groups. During the day there is a choice of yoga and pilates, and chair aerobics for the less able. There are also art classes and a thriving Cornish embroidery group.

On Tuesday evening the Allen Valley singers meet and I am sure would welcome new members.

Wednesday evenings are reserved for meetings: the WI, the Gardening Club and the Playing Field group.

Once a month there is a Souper lunch which is run by the local church, and every Sunday morning the Methodist church hold services.

These groups would also welcome new members and we could offer more activities if there is anyone who would like to start something new.

The hall is also available for private events such as parties, fund raising, jumble sales, fetes, etc. There is a small committee that supports all these things and we would also welcome newcomers. Come to our AGM and find out more.

Notice of the ANNUAL GENERAL MEETING

To be held on

**Wednesday 25th April 2018 at 7.30pm
In the Community Hall**

You are cordially invited to the above meeting. All residents of St Kew Parish, aged 18 and above are entitled to attend and vote at the Annual General Meeting.

Please come along and enjoy a glass of wine and other refreshments and have your say about what you want from **YOUR** village hall and select the people you want to run it.

All the members of the management committee retire from office at the end of the meeting and a new board of trustees elected by you takes over.

Younger members of the community are also very welcome to attend and may stand for election onto the management committee to advise what the younger residents of the community would like to happen at the hall for them.

A local problem - rubbish in our lanes

My niece & I took the dog for a walk today, along a mile stretch of local (unclassified) road in St Kew parish. We were equipped with rubbish bags and gloves, and were on a purposeful mission to litter-pick the hedgerows, verges & road. The attached photo shows the results – in just 50 minutes!



We were pretty keen to do this before the spring growth hides a lot of nastiness in the hedges, and spurred on by the amount of rubbish I'd picked solo in the last couple of weeks (going along the same road in the opposite direction).

We'd find it rather disheartening for 'fresh' litter to build up again too rapidly, and wondered if: (a) locals might like to do similar on their local stretches of country lanes, and (b) the parish might like to push a 'bin your rubbish' policy to discourage litter being chucked out of car windows?

Plastics in the sea have been highlighted lately by programmes like Blue Planet 2, and we often hear of community litter-picks on beaches; but our green environment is often forgotten (not overlooking that wind and rainfall & streams can carry this rubbish into the sea!)

When I was a child there was a TV advert featuring a cartoon couple which made littering the countryside almost anti-social; for an area that relies on tourism and farming a return to this mind-set would surely be ideal? Perhaps we could lead the way...

Juliet Cleave





ST KEW HIGHWAY METHODIST CHURCH

Services held in the Community Hall at 9.30am.

Calendar for March

4th Rev Alistair Sharp
11th Church Fellowship
18th Rev Michael White
25th Rev Sally Long

Wadebridge Christian Centre

Molesworth Street, Wadebridge. Tel 01208 813110,
wadebridgechristiancentre.org

We are a lively, active, family church where everyone is welcome. We have a crèche and Sunday school, and all our children's workers are DBS checked.

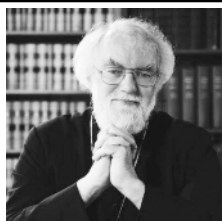
Catholic Church Services

Wadebridge

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Confessions
Friday 10.30-11.00am

Tintagel

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Fri & Sat 6pm
Sunday 10.00am
Confessions:
Before/after Mass.
Other times on request.



Religious poetry when the Church is in ruins: Henry Vaughan and the Seventeenth Century Crisis in the Church, led by Dr. Rowan Williams.

**Saturday 17th March, 10am
3pm, St Endellion Church.**

We are delighted that Rowan Williams, Master of Magdalene College Cambridge, former Archbishop of Canterbury and a poet himself, will present our March Reflective Day at St Endellion.

Henry Vaughan, (1621 -1695) was a Welsh metaphysical poet, author, translator and physician, chiefly known for the religious poetry contained in *Silex Scintillans*.

The day will begin with coffee in the Church Hall followed by the first session starting at 10.30am in the Church. Bring a picnic lunch. Cost £12.00. Book with Judith Pollinger, 01208 880181 or 07736 173519 or via www.endelienta.org.uk

NB: Please note that this day is expected to attract a large number of participants. If you are able to car-share in your travel arrangements, it would greatly ease the pressure on our available car parking spaces.

Judith Pollinger

St James the Great at St Kew



Calendar for March

Fri 2nd *Lent 2.* 2.30pm, Women's World Day of Prayer led by Diane Garland.
Sun 4th *Lent 3.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild.
Sun 11th *Mothering Sunday.* 9.30am, All Age service with Marcus Jones.
Sun 18th *Lent 5.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild.

Holy Week - Sunday 25th to Saturday 31st

Sun 25th *Palm Sunday.* 9.30am, All Age Service with Rob Soley.
Tues 27th 7pm, Tenebrae at St Michaels Church, Porthilly.
Thurs 29th *Maundy Thursday.* Holy Communion with Foot Washing and Vigil at St Peters Church, Port Isaac with Rev Dr Elizabeth Wild and Ordinand Geraldine Ashton.
Fri 30th *Good Friday.* 10.30am, All Age Passion Play.
12 noon, Reflections at the Cross at St Minver.
12-3pm, Service of Three Hours at St Endellion.
Sun 1st *Easter Sunday.* 9.30am, Holy Communion with Rev Dr Elizabeth Wild and Ordinand Geraldine Ashton.
4.30pm, Festival Evensong and Installation of Prebendaries, with Bishop Chris at St Endellion.

Preparing for Easter

Many people, including those who attend church, sometimes regard Lent as a rather dreary and depressing time, but that wasn't the intention. The keeping of Lent was always meant to be characterised by simplicity, self-discipline and joyful expectation, for the whole purpose of Lent is to prepare for the glorious celebration of Easter. So it's helpful to give up something during this time, as many people still do, and especially if it makes us more thankful for the many good things in our lives.

Lent always coincides with Spring, even when the weather isn't Spring-like!

So as well as perhaps giving up something you enjoy, why not a few moments to look around you, to pause to marvel at God's creation, and let that sense of wonder lead you into praise of the God who created it.

Judith Pollinger



It's not just about food.....

Our Foodbanks are currently in need of household cleaning products (*no bleach please*), men's and ladies deodorant and razors. All donations make a big impact!! There are a number of reasons why someone might be referred to our Foodbanks and they are not always what people think! It could be anything from a mum who has lost her job and is struggling to find work that fits around her children, or a sudden health condition which results in a long stay in hospital and incurs an increased spend in fuel and parking costs, or a builder who has been laid off and is waiting for his first benefit payment to come through while he looks for a new job. Foodbank volunteers talk with people in similar situations every day.

When people are referred to us for a food parcel, they've most likely tried everything they can to get back on their feet, but it just hasn't worked. That's why we're here to give them a cup of tea, a listening ear and some food. We work hard to give people hope and extra support so that they recover from their crisis.

ASDA-Thanks to everyone who donated at our Collection in the ASDA Store, Bodmin. All donations help to provide for people in need in our community.

Our Foodbank Manager, Jacqui, met Connor Donithorne who recently visited our Foodbank with a generous donation. Connor, from Wadebridge is a student at University and when he came back for the holidays, he decided to raise some money for us. Huge thanks to Connor's friends and family who donated a fantastic £165. Such a thoughtful and refreshing idea from a student who wanted to help his community.

Free Money Box Course

Find out how Universal Credit will help you if you are a tenant, unemployed aged 16-64. Please contact us for details.

CAMPING WEEKEND AT MOTHER IVEY'S BAY HOLIDAY PARK

If you're thinking of booking a mini-break this year, we have the perfect holiday destination! We will be holding our Fun Camping Weekend at Mother Ivey's Bay Holiday Park from the **15th-17th June 2018**. £25 PER CAMPING PITCH FOR THE WHOLE WEEK-END OR £28 FOR A PITCH WITH ELECTRIC HOOK-UP. We're hoping for some lovely warm and sunny weather. Tickets are available from Wadebridge Foodbank (cash or cheque), at Unit 2, Trevanson Street PL27 7AR (opposite Lidl), Tel. 01208 815374 we're open from 10am-1pm Monday to Thursday.

Email: contact@wadebridgefoodbank.org
Registered Charity No. 1166301
Website: www.wadebridgefoodbank.org



Our February meeting was held on St Valentines Day and so we looked at turning our hearts green. This is a WI campaign which started in 2017 and so we looked at the issue of the use of plastic in our homes and in our supermarkets.

We looked at the eco-problems the world is currently facing and hence looked at turning our hearts green!

In our national magazine there was an idea about making green hearts - these have flower seeds in them - they were to be left out in our community, hopefully one of you will have found them and planted them.

We are making plans for our next programme and looking to do some special evenings to invite people to - watch this space!

This month we have our Annual General Meeting - at 7pm on Wednesday 14th March.

We are always eager to welcome new members and hope that some of you may be interested - you don't need to be retired or to be able to "do" or be interested in crafts so come along and receive a good welcome.

Just to let you into a secret - we don't often sing 'Jerusalem' either!

Alison



ST KEW GARDENING CLUB

I don't think I've ever known it so wet for so long. There's not a lot us gardeners can do at present, only hope that it dries up soon.

There wasn't a meeting in February, but don't forget

21st March is the talk from Portreath Bee Centre. *Apologies - in February's magazine it said 14th.*

The AGM on April the 18th. All are welcome, including new members.

Contact the club on:
stkewgardeningclub@gmail.com.

RG

Events Diary - March

- 1st Chair aerobics, Community Hall, 2.00pm
 7th 'Tea and Toast', Parish Hall, 9-11.00am
 Bellringing practice, 7.30-9.00pm
 8th Chair aerobics, Community Hall, 2.00pm
 History Society, Parish Hall, 7.30pm
 14th 'Tea and Toast' Parish Hall, 9-11.00am
 WI, Community Hall, 7.00pm
 Bellringing practice, 7.30-9.00pm
 15th Chair aerobics, Community Hall, 2.00pm
 16th Souper Lunch, Community Hall, 12.30pm
 21st 'Tea and Toast', Parish Hall, 9-11.00am
 Bellringing practice, 7.30-9.00pm
 22nd Chair aerobics, Community Hall, 2.00pm
 Mothers Union at St Endellion Hall 7.30pm
 25th Quiz at The Red Lion, 8.00pm (for your mag)
 28th 'Tea and Toast', Parish Hall, 9-11.00am
 Bellringing practice, 7.30-9.00pm

News from St Kew Parish Hall

**The AGM of the Hall will take place on
 22nd March
 at 7.30pm in the Parish Hall,
 Everyone is welcome.**

Kathy

To book the hall, please contact Joanna Pratt on
 01208 841420.

The Regal in Wadebridge

Tel: 01208 812791



March

- 2nd Red Sparrow
 16th Peter Rabbit
 Tomb Raider
 23rd A Wrinkle in Time
 Pacific Rim: Uprising

Please check our website for the next Autism friendly screening - watch newly released films with friends and family in an inclusive environment.

Live Screenings: book online or contact the Cinema

- 6th 'Carmen' - ROH. Live 7.30pm
 20th Oscar Wilde Season - 'Lady Windermere's Fan' (Jennifer Saunders) 7.15pm
 22nd 'Julius Caesar' by W Shakespeare, NT. Live; David Calder, David Morrissey, Michael Fairley, Ben Wishaw, 7.00pm
 25th Wurlitza present 'A Cottage on Dartmoor' (dir. A. Asquith, 1929), 8.15pm (Special screening - black & white silent movie with **live music**)
 27th Leonard Bernstein Centenary Celebrations Royal Ballet. Live, 7.15pm
 28th Handel's 'Messiah' Bristol Old Vic. Live, 7.30pm

Please ring or check our website for more details
www.wtwcinemas.co.uk

Recycling

Recycling takes place on a variety of days in the same week within the parish. Recycling collections are in the weeks beginning **26th Feb, 12th and 26th March.**

ST KEW HIGHWAY COMMUNITY HALL ONGOING EVENTS

(Registered Charity No 294140)

- | | | | |
|---------------|---|----------------|------------------------------|
| Sun: | Methodist Church Service | Marion Dingle | 01208 841388 |
| Mon: | Yoga 10.30am | Fiona Crompton | 01208 851735 |
| | Pilates 2.30pm - 5.15pm | Martin Brooks | 07812 959 879 |
| Tues: | Allen Valley Singers 7.15pm - 9pm | Janette Man | 01208 841784 |
| | Pilates 1.15pm-2.30pm | Martin Brooks | 07812 959 879 |
| Wed: | 1st, 3rd and 5th in month - | | |
| | West Country Embroiderers | 10am - 3pm | Pat Scarborough 01841 521323 |
| | 1st in month - St Kew Playing Field Trust | 7.00pm | |
| | 2nd in month - St Kew WI | 7pm | Becky Allen 01208 841798 |
| | 3rd in month- Gardening Club | 7.30pm | Richard Godden |
| Thurs: | Chair Aerobics | 2pm | Pat 01208 841260 |

**IMPORTANT : BEFORE ARRANGING YOUR EVENT AT THE HALL
 CHECK AVAILABILITY AND BOOK WITH SHIRLEY ROWE 01208 841257**

Souper Lunch

Our next Souper Lunch will take place on Friday 16th March at 12.30 in St Kew Highway Community Hall. You are all very welcome. We enjoy a bowl of home-made soup together, have a nice chat and raise some money for a good cause.



PLEASE DO JOIN US



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Life's tough sometimes



Relationship breakdowns and disputes about children or finance can be the most stressful time in your life. We are here to help, talk to Sproull.

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